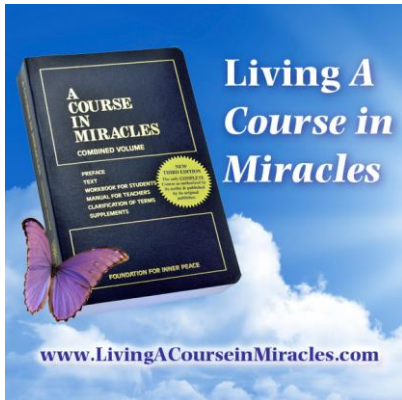


December 12, 2011



Occupy LOVE! Being Masterful Through the Holidays



 *Jennifer Hadley*
your daily shot of spiritual espresso

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December 13, 2011

Occupy LOVE! Being Masterful Through the Holidays

Welcome to A Course in Miracles: Living the Love, Walking the Talk with Reverend Jennifer Hadley, a beloved teacher of the Course, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Hey there! Good morning! It's morning for me, here in Los Angeles, and I'll tell you the truth-- I'm in my new robe! [laughs] I'll tell you, talk about manifesting!

Seriously! Before we pray in, I'll just tell my little story about manifesting. Maybe five years ago, I bought a pink chenille robe at Costco. I never go to Costco, but I was traveling. I was at my brother's house, and he and his wife have four kids, so they shop at Costco. I saw this pink chenille robe, and I grabbed it, and I have loved it. I have loved it! I haven't worshipped it, but I have enjoyed it! I'm not attached to it, but I did enjoy it.

I started thinking, "Oh! It's time for me to get a new robe! It's past time!" I thought, "Where am I going to find a pink chenille robe that I enjoy as much as this one?" because I really just appreciated it.

Well, I found one! I got it for my birthday last month, and it is a--it's 100 times the old robe! So, just setting that clear intention and holding that I could find it, I'm so happy! This new robe, now when I wear it, it's just a testimony to having Clarity about what you'd **like**, without wanting it, needing it, "Got to have it! My happiness depends on it!"

But just, "You know? I'd really enjoy being able to find that with ease and grace." It took me so little time to find it on the internet. I just searched and found it from a company called Soft Surroundings, and they have yummy soft things! So, if you're shopping for the holidays, I encourage you - check them out!

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I just love to share when I find something that I **really** enjoy, because I live a fairly, just a reserved life. I'm not a big "collect a lot of stuff" person. I'm really much more interested in having the time with Spirit than I am in shopping, so when I can make a purchase easily and gracefully, I'm happy about it! These are the small things that make life really enjoyable, especially around the holidays. You don't have to go into a store and look for something.

I love the way the internet can be a way that we can make life easier for ourselves, so we have more time for our spiritual practice. People, all the time, say if they had **more** time, they would do **more** spiritual practice. I find that that is a **story** they tell themselves that's not actually true, that there are things that they're investing their precious life in that are simply **not** of real deep value to them, and it's just occupying the mind and distracting.

And so, **today**, let us be mindful that we **can** release the distractions. There are so many distractions at holiday time, so today I'm saying let's occupy Love! Instead of having our minds be occupied, and fragmented, and distracted by a million things, let us fully occupy Love!

The "occupy" movement is happening, and some of us are participating, some of us are watching. Of course, watching **is** participating. All the quantum physicists know that.

We are, as spiritual seekers, spiritual students, we're occupying Love. That's the message of *A Course in Miracles*. Occupy your loving heart. "Seek first the Kingdom, which **is** within, and **all** else will be added unto you" which really means-- not a pink chenille robe of your dreams [laughs], but it really means your **full awareness**, that there is no separation, and that **you are** a spiritual Being, **fully, fully, fully** endowed with the **inheritance** of the Kingdom. That's what's added unto you.

And then you **can** actually recognize that everything you need and desire has already been preinstalled, and it's fully available for you to access and use. **That's** occupying Love and being masterful.

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Opening Prayer

Let's start with a prayer. I invite you to place your hand on your heart and to take a deep breath of gratitude with me. Let us **live** in Love, opening our hearts and minds to the very highest possibility that we **can** express and reveal, that we can **know**, that we can **occupy**. We Partner UP with the Higher Holy Spirit Self and invoke Divine Grace into our awareness, remembering that we're never alone. We're always united with each other and with all life.

We rejoice to remember our Divinity. We rejoice to occupy Love, and to release any attachment we have to creating suffering, separation, anxiety, worry, fear, doubt, blame, shame, anything that really has no place in our life anymore. We're letting it go right now. We don't have to figure out **how** to have a healing. Our little willingness is **all** that's required.

In grace and gratitude, we joyfully share the benefits of our healing and our expansion with everyone, **because** we are One with them, now and forever. In gratitude, we let it be. And so, it is. Amen. Amen.

It is Done to You as You Believe

In order to really occupy Love, one of the teachings of the *Course* can help us, and that is stated very clearly in Chapter 7, *The Gifts of the Kingdom*. If you're looking **outside** of yourself for the gifts-- and as holiday shoppers we are [laughs]-- but if you're looking outside of yourself for the good, if you're looking outside of

yourself for happiness,
for the things that will
make you happy, if
your happiness depends

***Everything you need and desire
has already been preinstalled***

on circumstances aligning, and you don't recognize that the Law of Cause and Effect is the **tool** that has been provided to you to assist you, then you are seeking but you will not find because you're not looking where the answer **lies**.

And, the answer lies in the Kingdom. It's already **there!** It's as if, as the *Course* says, you've forgotten that behind the clouds the sun is there. So, you're **looking** under the clouds for your good. But, the sun, which is that metaphor of the Light, the Love, it's **within**. The treasure is within, as the *Course* says.

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In “*The Gifts of the Kingdom*” Chapter 7, I really encourage you to study this. It’s so beautiful! I **love** the *Teacher’s Manual* and in Section II, which is called “*The Law of the Kingdom*”. Paragraph 3, it’s really talking about here the key, which is “It is done unto you as you believe.” -- the Law of Projection.” Some people focus on the Law of Attraction. I really think of it as the Law of Projection, and what it says in Paragraph 3 there, in that first sentence is,

“What you project you believe.”

What you project, you’re going to see, you’re going to experience. All thoughts produce form at some level, so the key to occupying Love is to be willing to see all of your brothers and sisters, **and yourself**, as the holy Beings that **you** are, that **we** are, that **they** are, and to release any attachment you have to seeing anyone as less than that. Because if you see anyone as less than holy, less than your brother and sister, less deserving of **their** inheritance, which is the Kingdom, then you have to see yourself that way, because All is One.

A Course in Miracles teaches us that all forgiveness is self-forgiveness. We recently were talking about forgiveness and self-forgiveness, and going into the holidays, there are

extra stresses that we all experience. Some of the extra stresses are we have a lot more tasks to do, so we have **less** time for “chillaxing”, relaxing, and hanging out and recovering. Many people, **instead** of having a meditation practice, **instead** of having a prayer practice, they have a practice of “chillaxing” in front of the television or yammering away on the phone.

Look--hey! I’m a human being! Believe me! I have had all these habits, and I still like to decompress watching a DVD or something like that. But I absolutely **know** if I would like to restore myself, I **must** get in touch with the Kingdom. For me, with this high intention of living masterfully that I live in every day of walking the talk and fully occupying Love, my intention is to embrace my whole life **as** my spiritual practice. So, even if I’m eating a meal, if I am going for a walk, if I’m talking to the person at the grocery store, if I’m driving in traffic, if I’m shopping online, everything I’m doing, I’m doing in that place of occupying Love.

***What you project,
you’re going to see,
you’re going to experience***

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We Are Never Alone

Throughout the day there's the opportunity to judge, to condemn, to attack, and one of the things that we can notice is, every time we **choose** attack, every time we **choose** to condemn, every time we **choose** to take offense instead of have compassion and understanding, then **we** feel disturbed.

The attacker always feels attacked. Another way of saying it is, the attacker always feels disturbed. The judger always feels judged. That's how I say it, and the judger always feels irritated, and frustrated, and disappointed.

The judger and the attacker will always feel that the good is eluding them. So, if you'd like to continue to feel that the good is eluding you, continue to attack, continue to judge.

That's why we have this practice of taking the breath of gratitude, putting the hand on the heart. When we start to **notice** that there's an upset, there's an irritation, a frustration, it's time for us to occupy Love. Because here's the thing--our life is **so** precious, and many of us have not been raised in a way to think of our life as precious.

Many of us hold this core belief that life is something that we're "getting through". "Life sucks, and then you die." You know? People walking around with that t-shirt on their body, right? That thought in their mind.

If you think about Dr. Emoto's messages from water experiments, where they tape the word or the thought to the bottle of water, or to the lake, or to the river, where they---or, even just **say** the message to the water, and then the water receives that imprint and it affects the shape of the crystal on a cellular level, a molecular level. The same is true for **you**.

So, if you're thinking that you've just got to get through this, you've just got to muscle through, in **that** thinking is embedded the core belief that you are **not** in a Divine Partnership with all of life! You are **separate**.

For me, it's such a **basic** fundamental thing for us to **always** remember we are never alone. We are **always** in a Divine Partnership. We can recognize it or not. And, if we cherish the **right** to attack, the **right** to judge, the **right** to take offense, we cherish that and hold that dear, we're **always** going to feel frustrated, irritated, upset and we're going to be cycling in that over and over again.

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Now what I know for myself is, I went through a long period of years where I felt like, “Oh! It’s so **hard!** It’s **hard** to be good! It’s **hard** to be loving! It’s **hard** to be compassionate!” and I would say that to myself all the time. And, I would say it to myself--I didn’t know it then, but I know it now-- I would say it to myself in order to **justify** when I didn’t feel like it, that it was so hard it was **beyond** my ability, that being loving and compassionate, consistently, was **beyond** my ability. I was **too much** of a sinner, **too much** of a novice, **too much** of a beginner. I wasn’t that holy.

The Dark Ages Are Over

Here’s the thing--you’re either holy or you’re not holy. You’re not “kind of holy” or “sort of holy”, “a little bit holy” [laughs] and, you’re not loved or unloved. You are loved by the Lover, the Beloved. You are loved by the One Who **invented** Love. The One Who invented Love is in Love with you. You **are** the beloved of the Beloved. You have an infinite supply of Love and support that is **always** available to you, unless you **choose** to think you’re separate, in which case, you will **believe** that that is not there for you, that the Infinite Love has gone away, that it is somehow too high for you to attain to.

But, the thing is this,
going back to the
metaphor of the sun-- the
sun is **always** there, and
when it’s nighttime,

We are always in a Divine Partnership.
We can recognize it or not.

when it’s cloudy, it’s--we have learned, it’s **always** there, that the sun is constantly there, always giving to us. Infinite, infinite, infinite!

But, we can pretend it’s not. The Dark Ages are **over**, my friend! They are over! So, let us occupy Love beginning today!

I’m Jennifer Hadley, and you’re listening to *Living A Course in Miracles: Walking the Talk* on Unity Online Radio. We’ll be right back!

Thank you for tuning in for A Course in Miracles; Walking the Talk. Here is your host, Jennifer Hadley.

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How to Be Masterful

Here we are! We're making that decision to occupy Love!

I love having things be very, very simple. So, when we're out in the traffic and doing the holiday shopping and things like that, and there's the sense of irritation and frustration because things are not going **we** think they **should** go, then we are saying, "You know, Divine Order has suddenly taken a break, and **I**, from my position of Wisdom and knowing, am saying it should be **different** than it is! I don't like this version of Divine Order. I want it to be my way!" When we're feeling that frustration and irritation because God is not doing what we would have God do, then in that moment it's time for us to tune into the Kingdom, our loving heart.

What happens
is, of course,
the more we
look at a

The One Who invented Love is in Love with you.

situation and say, "It's not how I want it! It's not how I want it! It's not how I want it! It's not how I want it!" the **more** frustrated and upset we feel. Of course! Thank goodness! Thank goodness! If we **didn't** feel that, it would mean the Law of Cause and Effect had suddenly taken a break, and then we'd all be--whoo! We'd all be in--I don't even know what! [laughs] Chaos! Total, **real** chaos!

But, when we feel that frustration or irritation, **right there** is the opportunity to have a healing. This is what I believe, is that the **patterns** of distress, the patterns of upset and disturbance are making themselves **known** when we **feel** upset and disturbed. These patterns are the result of our thinking, they're mental patterns, they're karmic patterns.

This is why *A Course in Miracles* is constantly telling us that practicing Love, and patience, and kindness, Partnering UP with the Holy Spirit, **saves time**. It saves time because it's **our** responsibility to unhook the patterns, the beliefs, that are **creating** that experience of frustration and irritation.

As I quote from the *Course* all the time, "All thought produces form at some level", the thoughts that we're thinking are what produce the irritation and the frustration, **not** the circumstances. If we think that shifting, managing, manipulating, and controlling the **circumstances** is going to bring the results that we want, then we will spend the **rest** of our lives trying to manipulate, manage and control the circumstances of our life without

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ever, ever remembering the Unity, the Oneness, without **ever**, ever looking above the clouds of **our own** making to see the sun that shines. The sun shines within our heart when we occupy Love.

This is why the focus of **all** the classes that I teach, every talk that I give, is about being masterful, it's about walking the talk. Because **so many** spiritual seekers are reading books and studying teachings, that they understand intellectually but they **do not** occupy in their heart.

What I know is that, for me, after having been a practitioner for several years and completing my ministerial studies, I reached a point where I felt such a **deep** sense of "This is not working. I'm studying all of these things and yes, I'm more awake and more alert, and I'm far more loving than I've ever been. But, I am **not** where I would like to be! I do not feel **free**, I do not feel liberated, I do not feel masterful, and **that** is what I'm interested in! I'm not interested in manipulating the circumstances of my life.

It was around that time that *The Secret* came out, that movie *The Secret*, and my minister, Michael Beckwith, was in that movie, and people I admire were in that

***The sun shines within our heart
when we occupy Love.***

movie. You know, the movie is **great**. There's nothing wrong with the movie. Obviously, it is just a **fraction** of what we could say **about** the Law of Projection. You know, but they called it the Law of Attraction, and so they just spoke a fraction of it. Just a fraction.

For me, I was interested in understanding the **whole** of Divinity, the **whole** of it, and remembering my true identity, so that has been the focus, for me, and I **share** from **my** experience, I share from what **I am** learning, and what is working for **me**.

Free Class & Workshop

In fact, I would invite you to go to my website, if you are interested. If you enjoy this show, if you go to my website, JenniferHadley.com and you click on the Home page there, I've got a link to [Masterful Living](#) which is my yearlong course that starts the first week of January, and it's really about walking the talk, and being in a Sacred Circle of like-minded souls who are really interested in putting the pedal to the metal and living this life of Love, really occupying Love. And, we do it together.

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What I'm inviting you to is I did a Preview call last Saturday on my [#1 Tip](#) for people who are feeling stuck and frustrated, and who would like to turbo charge their spiritual experience, their life and their practice. You can go and listen to it. It's totally free, 90 minutes right there in the middle of the *Masterful Living* page. You can also download it, and put it on your iPod, and take it with you, or your smartphone, your iPhone.

I'm doing another Preview call on **this** Saturday which is a teaching about the number one thing that keeps folks stuck, so you can go and register for that. It's totally free at [JenniferHadley.com on the Masterful Living](#) page.

Also, while you're there, you can get my [Get Over It! Workshop](#). A lot of people coming into the holidays, they are revisiting the opportunity that they have to release the resentments, the frustrations, the irritations, the unforgiveness of the past, and so that's what the *Get Over It!* workshop is for. So, I invite you to "get over it", so that you really **can** start 2012 in this place of expansion and liberation.

Recognizing Our Challenges

As we're getting close to the holidays and there are these extra stresses, let's also just recognize that some of the extra stresses come from eating sugar and drinking alcohol, as well as being out in parties, and stores, and traffic where people are not as awake, not as conscious, and so they're walking around in that vibration, sometimes, of feeling lonely, or feeling financially challenged to provide a good Christmas for their family.

But, surprisingly, a lot of lay-offs happen at the end of the year, so after people have spent a lot of money at the holidays they, then, get laid off right before Christmas and things, so there can be a lot of distress that people experience related to that.

Another thing that happens, a lot people make their transition at the end of the year, at the holidays. A lot of people who are in that transition period in hospice care and things, they hold on **through** Christmas, and then make their transition right at the end of the year.

Another thing that happens is a lot of people will blow out their finances at the end of the year, and then declare bankruptcy at the beginning of the year, so they're in a mode of being fiscally irresponsible, and they're creating this tremendous experience of blame and shame for themselves.

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People are walking around in all of that! People who have challenges overeating are tempted by all the holiday foods, the extra sugar, the fat, the alcohol, and there's a lot of unresolved hurt from past holidays, so people are self-medicating with food.

There's a lot of stuff going on and it is the perfect time to be **dedicated** to occupying Love and being a beneficial healing presence in **your** life, in **your** workplace, in **your** family, in **your** neighborhood.

One of the ways that you can turn your mind around, I'd like to share with you. It's really a beautiful teaching of mastery.

I'm going to take a sip of my tea here. Yum! Organic tea from the rainforest. Yay! I love it! Anyway--! [laughs]

Stories of Gifts & Opportunities

One of the things I'd love to share with you I got from my friend Chris Williams, who is also my marketing director. I love her very much, and she is a mother of five children! She and her wife have five children, four of whom are adopted, and they're all girls. An amazing family, amazing stories of what physical, emotional and mental stuff Love can heal, because these girls are just gorgeous!

One day, Chris took the girls to the track to work out. They're all soccer celebrities in their area, and a very athletic family. They were going to run laps at the track. It was early morning, I believe, and they were at the track, and the girls were thinking, "Ugh! I wish we didn't **have** to run these laps! I wish we didn't **have** to do this!" so they were moping and complaining about having to run the laps in order to be in shape for their soccer games.

While they were moaning and complaining, a man got out of his car. He was in a wheelchair, so he had

*It is the perfect time
to be dedicated to occupying Love*

one of those special vans, and he got into his wheelchair from the van, and out onto the track, and he was doing laps on the track in his wheelchair, and they were watching this.

Chris said to her girls, she said, "You know what? Look at that man! He **can't** run around the track. And here you are, you're complaining that

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you **have** to run around the track? You **get** to run around the track. You **get** to! You **get** to use your legs! You **get** to be healthy! You **get** this opportunity! This is **yours. Enjoy it!**

They saw what she was talking about, and they got out there on the track, and they **did** enjoy it. So, that's become a family thing for them, when they're feeling, "Oh, I **have** to do this!" they step into "I **get** to do this!"

So, if you're feeling like, "Oh! I **have** to decorate the house!" "Ugh! I **have** to do the shopping!" "I **have** to cook the food!" "I **have** to go to work!" **seriously** be willing to turn your mind around and say, "No! I **get** to! I **get** to decorate my house!" Some people don't have a home.

My friend, Laura House, who is a writer on the *Rosie O'Donnell Show*, she's also a meditation teacher. She told a beautiful story one time, where she was in India, making a sacred journey to India, and this group was on the bus, and they were looking at these houses in these villages as they were driving by in their air-conditioned bus.

People were--the guide was saying that the people's houses in this village were made of dung-- so, they're made of poo, bricks made out of dung. People beside her on the bus were saying, "Oh! Oh, these people live in a house made of poo, made of dung! Oh, my gosh! Oh, that's **awful!**"

Laura said she thought about it for a minute. She thought, "Wait a minute! These people are home **owners!** They own their **own** home! I don't own my own home. I'm a **renter!** These people actually have a home that they own! So, good for them!" We can change our perspective on things.

I'm going to tell one more story. It's funny, I hadn't intended to tell these. I think that somebody who's listening, that these will help them. This is another friend of mine. My friends have great stories. I have beautiful friends!

My friend, Marcia Wieder, she's a beautiful teacher, and she trains people to coach. She has a teaching that she does at DreamUniversity.com and she teaches, trains people to learn how to coach people to achieve their dreams. Next year her intention is to assist one million people in having their dreams come true. A million dreams project. I think it's just called *Million Dreams*, I think, is the name of her project.

Anyway, she was--let's see if I can tell this story in time for the break. She was on QVC selling one of her 14 books. While you're on QVC you can see

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all the numbers of, I guess, what your sales are like, and whether or not people are being motivated by what you're saying, so you can adjust your message and watch the numbers shift.

She sold about 2,000 books in her 20-minute segment or whatever, and she thought, "Oh, that's not bad!" But the producer of the show said to her, "You totally **tanked!** That's **terrible!** Those numbers are **horrible!** You just were **awful!**"

So, she was feeling very, very depressed about her performance on this. She went to the airport, and she was in the lounge at the airport and she was literally crying, thinking that she was a failure. She heard the sound of one of these motorized wheelchairs, scooters, go by her. She looked up, because when the scooter went by the person said, "Marcia? Is that you?"

She realized that it was a friend of hers, and someone she knew who, was also a motivational speaker, and, I think, an author. I don't know his name, but that he was a burn victim--maybe you know his name-- and had been severely disfigured by the burn, the experience he had, and he now traveled around the world, I guess, giving motivational talks.

She saw him, and he said, "Marcia, are you okay? What are you crying about? What's happening?" She realized, seeing him and his disfigurement, she realized, "What am I crying about? I'm crying about **nothing!** Absolutely **nothing!**" So that's what she said to him. She said, "Nothing! Absolutely nothing!"

It's all about **perspective!** It's all about perspective. What you **project**, you **believe**.

I'm Jennifer Hadley and you're listening to *Living A Course in Miracles: Walking the Talk* on Unity Online Radio. I'll be right back!

You've been listening to *Living A Course in Miracles: Walking the Talk*, with Reverend Jennifer Hadley. If you have a question or comment about today's program, or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles* Pledge, where you can join with a community of like-minded people who have pledged to live *A Course in Miracles* every day, in every way. Now, back to *Living A Course in Miracles: Walking the Talk*.

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Commitment & Constancy

Just sharing with you a few stories that help **me** to occupy Love.

It's been so helpful to me to **decide** to live masterfully, and to make that **commitment**. What I find with most spiritual seekers is, the most challenging thing for them is to make the **commitment** to occupy Love, to **be** masterful, to walk the talk.

Constancy is a quality of God, and I'm going to be talking about that next week, sharing about that. Our devotion to the One Who is devoted to us, that **is** devoted to us, this **is** our Divine Opportunity in every moment.

What I can say is, for **so** many years as a practitioner, as a spiritual seeker, and in ministerial school for years, I thought that it was okay to give myself permission to not always walk my talk, because I had this **belief** that it was **too hard** to stay committed. You know?

Think of it this way--let's say you set that you have a desire that you'd like to get in shape. That's something that many people have New Year

intentions around. Let's say you have the desire to get in shape, you have the desire to burn off some weight, some excess poundage. Let's say you have a desire to get married, to fall in love, to heal the family rifts, and to be a loving presence. **But**, you give yourself permission to be something **else** when you **feel** like it, when it's **convenient** for you.

One of the things that I think is **so painful** for **so** many spiritual seekers who are in community-- in the Unity community, in the Science of Mind community, in the Self-Realization Fellowship community, and all these different spiritual communities that we're all a part of-- and we will give ourselves permission to gossip, and to deride other people behind their back, to **withhold** Love and compassion, to judge and hold attack thoughts.

Then what happens, invariably, is we feel distressed afterwards. The judger always feels judged. The attacker always feels attacked. What happens, too, is we can often find ourselves in a place where we feel **weak**, and we also feel that our prayers aren't being answered, that somehow, we are **not** successful at praying.

It's all about perspective.
What you project, you believe.

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I have seen this with practitioners, and ministers, and spiritual seekers over, and over, and over again, that they have been **trained for years** of how to be excellent at prayer, but they haven't made the **decision** to occupy Love, to be masterful. They're learned. They've read all these books and taken all these classes, but there isn't one book or one class that they've taken that has **required** of them, or **asked** of them, to be committed, to be devoted. Not really. It's a **rare** thing to see that devotion and that commitment.

I've experienced--and believe me, I have **lived** in this space of judgment, and opinion, and attack where it was **so painful** for me that I continuously let myself down by not even being **willing** to be devoted or committed. I **didn't** cherish that. I gave myself the "out" whenever I felt like it. If I felt like gossiping, I would! You know, we'd say things like, "You know I know gossiping is low, and base, and everything, but I just--I **need** to share this story with you!" Yeah! Maybe not! Maybe not!

Remember, **all** thought produces form at some level. What you project you believe. Is that what we really want to **believe** about our minister, about our teacher, about our friend, about our coworker? Is that what we want to believe? Is that what we want to pour our precious, **precious** creative ability into?

Be committed to **not** using the power of the word to energize these things. What happened for me was, I couldn't stand the pain anymore of not walking the talk. And so, I made the commitment to live masterfully. It absolutely kicked my butt! It kicked my butt! But **now** it's just like being--if you take up a workout program, boot camp class, and you get in shape--well, now you're in shape, and it feels **good!** It feels good! You know, it wasn't **easy** to get there, but it feels **good** to get there, **and** it's so much easier to maintain.

That's the place we can work towards **together**, is keeping the commitment, making the decision and sticking by it.

Be Willing to Live the Course

What I've seen is, ministers and practitioners who will secretly say to me, or secretly **think**, that they are **not** powerful in speaking the word. They don't feel that their prayers have **strength** and **power**. Maybe they can pray for someone **else** and **see** a demonstration, but they don't seem to be

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able to do it for **themselves**. They're praying, and praying, and praying, and praying, and they are not **experiencing** the shifting, the healing, that they would like to see.

Maybe they're occupied with praying for "stuff", thinking that "stuff" is going to make them feel **free**, that "stuff" is going to make them feel **whole**, "stuff" is going to make them feel Peace, "stuff" is going to make them feel Joy, or Harmony, or Prosperity, or Abundance. In their heart of hearts, they **know** it's not true, and they keep praying for stuff. But, the stuff isn't manifesting the way they **want** it to, because they're seeking outside of themselves, they're seeking the **stuff** rather than the Kingdom.

This was **my** suffering of **knowing** better but not **doing** better, not being willing to **live** the teaching. Instead, becoming more interested in **memorizing** the teaching. There are a lot of *A Course in Miracles* people who are more interested in memorizing it than living it. Remember, it's a holographic teaching, so if you understand **any** part of it, you understand the **whole** of it.

Just take one part of it.

"Teach only love, for that is what you are."

Take **that** and spend a year working **that**. Seriously! Occupy Love! **Your** life will profoundly shift and change.

What I saw was, ministers, and practitioners, and **myself** in this place of feeling that their prayers weren't effective, their prayers weren't powerful. The way I expressed it is, they felt their "Hoodoo was doo-doo"! [laughs] The thing is, if you're in that place of "My hoodoo is doo-doo! I don't seem to have the mojo. There's some kind of mojo that other people have I don't have. I've got a little bit of mojo when it comes to praying for somebody **else**, but not for myself."

Sometimes, you know what happens then? That leads to the self-medication of the drinking wine late at night, and smoking cigarettes, and overeating, and the overindulging, and the internet porn and **all** the things that people do to medicate themselves.

But, the answer is simply, "Occupy Love. **Be** masterful. **Be** willing to see that the answer is **not outside** yourself. It is **not** in managing and manipulating the circumstances. It's in **your** ability to choose Love in every

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moment. That's what we're about here, in this radio show. That is my commitment to you.

Power Prayer Resources

I'm inviting you to also be my Prayer Partner! I record a new prayer every single day, and I send a blog every day. It's called "[My Spiritual Espresso](#)" which contains my [Power Prayer](#), and you can sign up for it at [JenniferHadley.com](#) on the Blog page. "[Spiritual Espresso](#)" is the name of it. It's a daily e-mail that you will get, a reminder to pray.

You can also call and put the Power Prayer number, the phone number, into your speed dial at home and in your cellphone. I'll give you the number right now - it's 760-569-6005. It's on the Prayer page at [JenniferHadley.com](#).

*Be willing to see
that the answer
is not outside yourself.*

Closing Prayer

Let's go into prayer right now. Let us occupy Love right now.

I invite you to place your hand on your heart and take a deep breath of gratitude with me, that the answer is not outside ourselves. It's not in a **book**. It's not in a **cave** with a guru. It's in our **heart**. The Kingdom **is** within, the Light **is** within, and right now we have a **full access** pass, and we're grateful to embody the Love, occupy Love, to be masterful, and to share the benefits with everyone, because we're One with them.

In grace and gratitude, we let it be. And so, it is. Amen.

Have a great week! I love you! Thanks for listening!