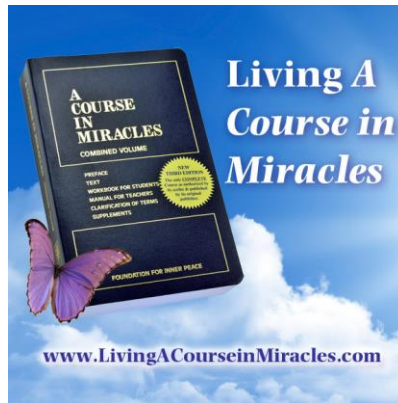


December 2, 2011



# ***Occupy PEACE! Constancy is a Quality of God***

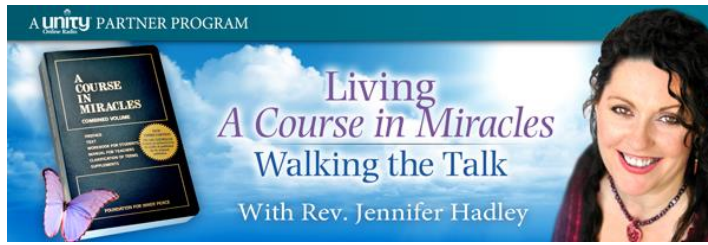


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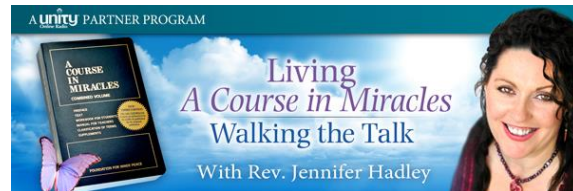
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**December 27, 2011**

## **Occupy PEACE! Constancy is a Quality of God**

Welcome to A Course in Miracles: Living the Love, Walking the Talk with Reverend Jennifer Hadley, a beloved teacher of the course, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      How good it is to be with you! We are on the eve of the winter solstice, so winter is upon us. I **love** the winter solstice, because it is the darkest day of the year, and so now we know the light is returning! Yay! Yes! Love that!

Really love, just love the sunlight. I'm a morning person. I'm not a night owl, and I enjoy the light of day, and I enjoy the Light of pure Spirit that is within!

This week we're talking about *Occupy PEACE! Constancy is a Quality of God*. Yay! I'm looking at Lesson 188 in the *Workbook*, which is on my page 357, and the Lesson is entitled "*The peace of God is shining in me now.*"

There's this relationship between the Peace and the Light of our Being. Right in the beginning, it says,

*"Why wait for Heaven? Those who seek the light are merely covering their eyes."*

Why **wait** for Heaven? It's right **here!**

*"Those who seek the light are merely covering their eyes."*

Of course, “eyes” metaphorically, so we’re tuning into the heart, because the Kingdom is **within**, the treasure is within our heart. That’s where it is, so let’s anchor ourselves in prayer.

### *Opening Prayer*

---

So grateful and so thankful right now for the Love of God that **is** our life. It is our **nature** to be “peace-full”, to occupy Peace. Taking this breath of Love and gratitude, we lift our vibration up above any thoughts we have of separation, of unworthiness or “not enough-ness”, lifting ourselves above any vibration or thought of lack or limitation whatsoever, and anchoring ourselves in an awareness of our perfection, our Wholeness, our true identity that we **are** Love and it **is** our Divine nature to occupy Peace.

We are saying, “Yes!” to our destiny right now. We’re saying, “Yes!” to our identity right now, shedding the false identity, and remembering ourselves **as** the living, loving truth, the Heart of God, the Mind of God in our own life. We are the Hands of God. Yes, we are!

In grace and gratitude, we share the benefits with everyone, because we’re One with them. Ah! Anchored in Love, we let it be. And so, it is. Amen. Amen. Amen.

### *Peace is Encoded Within Us*

---

Mmm! Yes! Thank you!

When we put our hands on our hearts like that and take those deep breaths, oh, I can just **feel** how we come together. It’s so beautiful! And what’s great is, we’re using the radio show to transcend time and space, so we’re using technology to assist us in deepening our spiritual practices of gathering together and being in Sacred Circle.

Because I really treat this radio show as Sacred Circle, and energetically I can feel we are the two or more who are gathered right now, you and I. So, it’s sweet, sweet, **sweet** nurturing! Yes! It’s good food, good medicine for our soul to be gathered together.

In this Lesson 188, Paragraph 5, I love this. It says here,

*“The peace of God can never be contained. he recognizes it within himself must give it. And the means for giving it are in his understanding.”*

This, to me, is the promise that was spoken to us in our heart, that the Peace of God is here in the Kingdom, which is **within**, and the means for our sharing it, are in our understanding. So, it's encoded into our Beingness.

I love this spiritual understanding, that we do not have to look **outside** ourselves. That time is over! We can't be fooled. We don't need to look to the teacher outside the book, outside--it really is within. We **are** the living Loving Heart of God. The Kingdom **is** within! Nothing **needs** to be added, and everything **is** added when we recognize, "Oh, it's already here!" Meaning that, when we finally will **accept** "It's **here**, not there!" then--**then!** --it all unfolds for us.

I've been talking about this a lot, and sharing a lot, a lot of my personal journey in different venues lately, as I'm preparing to begin my yearlong *Masterful Living Course* which starts January 3<sup>rd</sup>. *Masterful Living* is really a Sacred Circle of like-minded individuals who are willing to move out of collecting more information, and **being** the living truth, recognizing that everything that they need is encoded within them.

It's a unique way for us to walk together. It's a yearlong commitment that people make. Of course, sometimes people leave. They feel, for whatever reason, it's best for them to leave and that's, of course, fine.

### *Accountability & Responsibility*

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But, many people make this commitment for the year, and just making that commitment and keeping it week after week--and sometimes moment by moment--is life-changing for many people, because many spiritual seekers have not required of themselves to hold themselves **accountable** to what they **know** to be true. And, I find that this is a source of **tremendous** distress for so many spiritual seekers, and they don't even **know** this is the source of their distress. They think the distress is something caused by circumstances outside of them.

It's even true for ministers, and practitioners, and teachers who are teaching these principles, that they still can caught up in thinking the upset is something that's happening **outside** of them, and if circumstances would only change, they would be able to experience the Peace of God.

*“The peace of God can never be contained. Who recognizes it within himself must give it. And the means for giving it are in his understanding.”*

What I also take from that reading is that it is our **responsibility**, it is our “ability to respond” to circumstances and situations, to moments when we’re not feeling the Peace. We can respond from that deep well within the Kingdom, which is within, and find the Peace and share it with our brothers and sisters, that this is our Divine opportunity every moment. And sometimes, it can feel like an onerous responsibility, and in spiritual immaturity, we’ll shirk that.

My grandfather, my father’s father, Walter Thomas Hadley, was a salesman, and he was an excellent salesman. He started as a teenager, going door-to-door selling Hoover vacuums, and so he had a lot of doors slammed in his face. You know, back in the day when the Hoover salesman would come in and demonstrate the power of the vacuum cleaner.

Then, he did demos in department stores, so he really learned how to be masterful [laughs] through being a salesman, and I’ve always had a deep respect for salesmen, because a really good salesman **loves** connecting with people, loves people and sees the good in them. At least, that’s what my grandfather modeled for me.

He had a saying, as many salesmen do. He had **so** many sayings! He also grew up in the hills of Kentucky, so he came from that place where people had lots of sayings, and the saying was, “There are three kinds of people-- workers, shirkers and jerkers.”

And so, of course, I learned that I wanted to be a **worker**, that the workers were the people that my grandfather respected. And by having these three categories in his mind, he could **hold** himself to this standard of being a worker, being someone who contributes good, someone who is caring about other people, someone who is dedicated and devoted to the Living Word of God as his life. My grandfather really was, and so a powerful example of a tither, powerful example of someone who walked the talk, and who really valued being congruent, meaning that what he held in his heart he also held in his mind, and he walked his talk.

Of course, we all fall down, and it’s not about how **often** we fall down, even. It’s about how **consistently** we require of ourselves to get up and not **stay** fallen down.

This week, we're anchoring into occupying Peace. Peace is an Eternal Quality of God, and it is omnipresent and omnipotent. It is not something that comes and goes. Like, Love is not something you fall in and out of, like a vat [laughs] like a vat of fat, or something. You know, it's you don't fall in and out of Love. How **could** you? If Love is the ground of our Being, if Love is our true nature, our true essence, Peace **is** our true essence, how do we fall in and out of it? No. What it says here at the beginning of the Lesson, *"Those who seek the light are merely covering their eyes."*

You see? So, it is our responsibility to look within **and find** the Peace there. The Peace cannot be lost, and if it feels hidden, if it **feels** lost, then it is time for us to turn within.

What I feel is so valuable to me is, I came to the awareness I didn't **need** to have a book to turn within. I didn't **need** some ritual to turn within. I can **use** those things to **assist** me in preparation. I can assist with yoga, and I can use prayer, prayer Circle. I could use sacred dance. I can use drinking a glass of spring water as preparation for turning within.

But, what makes the difference is the turning within, the turning away from seeking outside, and looking for the answer in something I can touch with my hands, or feel with my body, or see with my eyes. But, instead, cultivating this inner sight.

And, of course, **we all** know this. We **all know this**, and the question is, really, are we the worker who is looking for the vein of gold that is within our heart? Are we doing that work of a sacred miner, mining the gold, mining the Peace? Is **that** what we're doing? Or, are we thinking someone is going to empower us, someone is going to somehow give it to us?

### *Mining for Our Spiritual Gold*

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One of my spiritual teachers has been Vincent Van Gogh. To me, his paintings **are** a teaching. His writing is quite beautiful, and fortunately for us he was a prolific writer, and he wrote letters to his brother, Theo, who really supported him and nurtured him.

Now, Vincent--if you don't know, Vincent Van Gogh, the artist, was initially-- he was planning on going into the priesthood. I won't go into his whole story, but he had a **profound** desire to know God **fully**. In one of his letters he spoke about the creative process and making progress.

And, to me you can really feel, in the quote I'm going to share with you, that he **knew**, absolutely, that his work was spiritual work, that his journey was a spiritual journey, his relationship with light, with the earth, with the people in the field, and grass in the field, and all of life was a spiritual connection, and his intention was to **capture** that in his paintings. To me, when I see-- particularly in person-- when I see one of his paintings, it is **so** healing, **so** nourishing. So, I invite you, if you are ever in a city or a place where there is a Van Gogh painting and you can go and be with it, and sit with it, I invite you to do that.

I want to share with you, this is one of my favorite quotes, and it's from Vincent in a letter to his brother, Theo. He says, "*To make progress is a kind of miner's work; it doesn't advance as quickly as one would like, and as others also expect, but as one stands before such a task, the basic necessities are patience and faithfulness. In fact, I do not think much about the difficulties, because if one thought of them too much one would get stunned or disturbed.*"

He's saying standing in this place of patience and faithfulness, with **high intention, that's** being in the readiness for the miracle to happen. So, this is how we are choosing to live. We're saying, "Yes!" We're the workers, not the shirkers and the jerkers.

There are many spiritual seekers who shirk the spiritual practice of simply being patient and standing in Faith. They move into complaining, to regret, to resentment, because they don't have the discipline to stand in patience and faithfulness.

Simply making that commitment to be patient, and faithfulness in your own life this day **is** a spiritual healing. It is a spiritual teaching. It is everything encoded into it. This day is perfectly aligned for us to be our true identity. And how wonderful is that?! How **wonderful** is that?! We **don't** have to look outside ourselves. It's here, right now.

I'm Jennifer Hadley, and you're listening to *Living A Course in Miracles; Walking the Talk* at Unity Online Radio.

Thank you for tuning in for *A Course in Miracles; Walking the Talk*. Here is your host, Jennifer Hadley.

### *Being Our True Nature*

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Welcome back! I'd like to also offer some support here for you, because we're in the thick of it with the holiday seasons, and sometimes it can feel very intense for people, because we get triggered. Meaning when we're triggered, what that is, that's the opportunity to heal something that's unresolved. So, when we get triggered, there's the sense that our Peace has been disturbed.

Actually, we could look it from a more spiritually mature point of view and say when we're triggered, our answered prayer is **here**, right now. It is here right now, because the deep desire of our heart is to **be** in line with the Peace of our true nature, to **be** the Love, to **be** the Joy, to **be** the Harmony, to **be** the Abundance, to **be** the Prosperity, to **be** the Wisdom and the Clarity, and the unconditional Wholeness of God. It is our true nature.

If we're triggered, and the sense is that the Peace has been disturbed, this is the moment to, if you will, pluck out whatever that thorn is. Now, sometimes I really feel that it comes from a past life, or something else, and sometimes it is **really** valuable to figure out what that is, and sometimes it's not.

For me, when there's a sense of feeling triggered, this is when I consciously attune inward and join with the Higher Holy Spirit Self, releasing any sense of separation, and rather than figuring out how to **get** Peace, opening my mind, "What is the healing that's here for me now? How can I engage with the healing right now? How can I bring it forth right now?"

Not trying to figure it out on my **own**, mentally, using my history as a guide. But, instead, being present in **this** moment now, to the guidance that is available to me from Pure Spirit now. Intuition, inspiration, guidance is always available if we will but listen.

### *The Peace of God is Our Destiny*

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This is why the **practice** of putting our hand on our heart, taking that breath of Love and gratitude, and as I say Partnering UP with the Higher Self, the Holy Self, which is not separate from me--in other words, remembering the Divinity of **all** life, that I am united with it.

One of the tools that I offer to people is my "Daily Power Prayer". I'm just going to share a little bit with you about that. If you've been listening to the

show all along, then you know that at my website, [JenniferHadley.com](http://JenniferHadley.com), you can sign up for my daily blog. Which some people don't know what a blog is. It's a writing, so it's an inspirational writing that I share on a daily basis, and you can subscribe to it. It will come to you in your e-mail.

Then the e-mail reminder also invites you to call and listen to the Power Prayer. Or, if you're outside the United States, you can click and go to the blog page on my site and listen to the prayer **there**. So, you can either click the phone number in the e-mail with the "Daily Power Prayer" or you can click the **link** to go to the website and listen to the Power Prayer. I'll give you the phone number now, and my website is [JenniferHadley.com](http://JenniferHadley.com), just my name, very simply.

And you can sign up for my "[Spiritual Espresso](#)", that's the name of my blog. It's so--my blog is so spiritual, it's actually I call it a "Splog"! [laughs] The phone number for the daily prayer, it's a Southern California number. There's no--I don't make any money from the call, it's a service I provide. It's just a regular toll call if you're outside the state of California. It's 760-569-6005.

Also, if you go to iTunes, you can find many free things that I offer at iTunes, **including** this radio show is at iTunes, so you can listen to earlier episodes. You can get all that for download, or listening on your computer or your smart phone, your iPod. Lots of things to support you.

If you are getting triggered or challenged during this holiday season, you **don't** have to go it alone. **I am** your Prayer Partner, and I have Prayer Partners all over the world, and we join together each and every day. I **love** having you as my Prayer Partner! It's so **powerful** when we are the two or more who are gathered.

Going back to what Vincent Van Gogh was sharing with us, to make progress is a kind of miner's work. We're mining that heart of gold within **our** heart. Day after day, what I find is that many people are not willing to occupy Peace. They are willing to do it if it's **easy**. If they don't have to give up their judgments and their opinions, **then** they are willing to occupy Peace. But, if it means that they have to give up their opinions and judgments, well, hmm-- maybe they're not so interested.

Oh! And, **therein** lies **tremendous** frustration, irritation. It is **affirming** the unwillingness when we choose to go into any kind of attack thought, whether we're attacking ourselves or others.

This is why, to me, it's so valuable when we can walk the talk together, where we can literally be in a Sacred Circle and hold each other in this loving space as Prayer Partners, as beloved sacred friends, walking this journey together, **intending** to be the Peace **now**. Not somewhere in the future, not in some distant, distant time, but **right now!** We are willing to **be** the Peace, to **be** the Love, to **be** the Joy in our own life. And, when we do, it strengthens that muscle.

If we choose to be a “shirker” or a “jerker” it strengthens **that** muscle, that it's not **important** to be loving, it's not **important** to be patient, it's not **important** to be kind. It's more important to be **right**. It's more important to control and manipulate. And then, a deep despair develops.

There are so many ways that the ego can convince us, with distractions, to turn away from the Peace of God, and it is our Divine **right**, it is our destiny, to occupy Peace, to **be** the Peace, to **live** as Peace.

What I can honestly say, over the years as I increased my commitment and built that muscle, not only is it **thousands** of times **easier--thousands** of times easier! --to the point where it's not even challenging **at all!** There is this unbridled Joy, which **is** our true nature, that I get to experience on a daily basis. **Authentic** Joy.

You see, Joy is unconditional, and yet the world would convince us that our Joy, our happiness, is based on circumstances. Such a **lie!** Such a **lie**, and it is **so powerful** when we join together and say, “We are no longer going to live that lie!”

Because, remember, we're always teaching the efficacy of our choices. So, if we are living this life where it's **okay** to complain about other people, and to **not** hold them in the highest and best, but instead to judge them, and to think less of them, to think that there's something wrong with them-- if we give ourselves permission to do that, there **will be** a deep despair, because we are doing the **very thing** that creates suffering, and we've given ourselves permission to do it.

You see, when we're in these holiday times, there is **more** opportunity, in a sense, than ever before--or, so it feels like, because the old patterns are getting triggered, which means they are up for healing, they're available for healing, they're in our face.

*The Healing is Now - Begin Today!*

---

The way I think of it is, it's as if these patterns are red hot, and we can address them. We can unwind them. We don't have to know ahead of time how to unwind them. We have to--because that's the thing, is people think they have to go take some class, or some course, or read some book, or have some anointment from some guru in order to unwind the patterns of separation. That's **ego!** That's pure ego! It's encoded within us! Our little willingness is **all** that's required to **begin** today, now, and to hold the commitment.

In a certain sense, maybe you've had the experience of quitting smoking, or quitting drinking, or quitting some addictive tendency, and you've realized you were better served by going "cold turkey" and shedding that vibration, shedding the sense of being congruent with **that instead** of Love, **instead** of Peace, **instead** of Harmony. There's great benefit.

Think of it this way--let's say that you are deficit spending in your budget. You haven't been living in a budget, and you've been deficit spending, and you can **feel** that you're creating all kinds of distress in your finances, and it's reverberating throughout your life.

The masterful person will **choose** to decrease spending and increase income in order to **quickly** bring down that debt and get back into balance. The same is true if we have been investing in that which is degrading--degrading to us and degrading to others. If we've invested in attack thoughts, no matter **how** invested we've become, we **can** divest ourselves right now. That's the beauty of it! Spirit is **now!** The healing is **now!** So, we can divest ourselves of those attack thoughts--"I'm not good enough." "You're not good enough." We can divest ourselves of **that**, and begin to invest in the patience, in the kindness, the small acts, building the strength, building the muscle, getting in shape, investing in Love, investing in Wholeness, investing in Harmony, bringing ourselves into balance.

The power of the Presence is beyond our ability to understand. It works miraculously! It does **not** require time. But, sometimes it does **appear** to require **tremendous effort** for us to put down the attack thoughts, simply because we have **held** them so closely for so long. We're so invested in the attack thoughts that we've literally allowed them to become part of our identity. This is what happens.

And so, people don't **realize** what's happened, and they are completely identified with a **false being**. They don't know **who they are** anymore! But Spirit knows. Their Spirit knows, their I AM Presence knows. **I AM that I AM**, eternally, forever. I AM that I AM. Our willingness to remember **that**, and to **align** with it, to **choose** that, **is our healing!**

So, every minute of our day can be a time of healing. It can be a time of Abundance, and Prosperity. And, there is a tremendous Joy that comes forth. Sometimes it's the Joy breaking forth because the Light is coming out. Then, you know, *A Course in Miracles* talks about the Light being hidden by the clouds of our attack thoughts. When the Light is being revealed, the clouds are dissipating, sometimes there **are** many thunderstorms, and sometimes there's a lot of rain. And, it is, to me, it's a healing, cleansing, clearing rain.

I have cried many, many tears of **release**, so grateful to release the identification with a false being that is not me! Everything in the world screams at us, "Don't be yourself! Yourself is not good enough! Your teeth aren't good enough! Your hair's not good enough! Your butt isn't good enough! Your legs aren't good enough! Your breath isn't good enough! Your breasts aren't good enough!" Whatever it is, isn't good enough! The world is constantly screaming, "Develop a false identity! Develop a false identity! In **that** is your savior!"

And, yet, every day wherever we go, Mother Earth is constantly reminding us, "Be yourself. Be a flower. Be a tree. They're not adorned! They are themselves. Look how magnificent they are! Be the sky! Be a mountain! Be a lake! Be yourself! **This** is where the Peace is."

We can occupy Peace. It **is** our true Self. We occupy ourselves. This is our Joy. This is our Divine opportunity. It's here, now!

What I invite you, as we're coming up for a break, I'm going to invite you to place your hand on your heart right now and take a deep breath, a healing breath, with me, a breath of Love lifting our vibration clearly into the Love. Looking within, is there a belief in a false identity, something that we **need** to be related to the body that we've become entranced with, that we've become hypnotized by, that we've become entrained with? Some idea that you need to **be** something you're not? That you need to be size 8 or whatever it is, and everything in you is rebelling against that? Would you be willing to **be** the Peace today?

I'm Jennifer Hadley, and you're listening to *Living A Course in Miracles; Walking the Talk*. We're doing it together on Online Unity Radio. I'll be right back!

You've been listening to *Living A Course in Miracles; Walking the Talk*, with Reverend Jennifer Hadley. If you have a question or comment about today's program, or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles Pledge*, where you can join with a community of like-minded people who have pledged to live *A Course in Miracles* every day, in every way. Now, back to *Living A Course in Miracles; Walking the Talk*.

### *Being Authentic in Our True Identity*

---

We **are** calling forth a healing! We're not just **talking** about it. We're walking the talk! We're calling forth the healing that **is** our birthright, that **is** our true identity.

I think that it's natural to shed a lot of tears when we align with our loving heart, when we give ourselves **permission** to release that false identity and the constant craving, craving, craving for things in the world, thinking that **they** will satisfy us. We can **never** be satisfied with a false identity!

It takes real courage to say, "I **am** going to release that habit of identifying with the false Self and perpetuating the ego in that way." What has been such a deep and profound healing for me, is recognizing that the false identity I'd created was **as a** spiritual seeker, **pretending** to seek but not being committed. Not being committed at all! Oh! Letting that go was **so healing** for me. It **still** is! I **still** discover, every day, the ways in which I feel attracted to being a false identity as a spiritual seeker, instead of being true to myself.

One of the ways that I learned to occupy Peace was, oh!-- to shed the **habit** of really caring what other people thought of me in terms of, did I meet the false image that **they** were holding of a spiritual seeker, or they were holding of me?"

For me, I'm a Science of Mind Practitioner and minister, trained in the Agape community and at the Holmes Institute. What I saw all around me was people who were--and **I** was one of them! -- I was **suffering** as a spiritual seeker because I was **in** service, giving service, and showing up in

classes and things in order to **look good**. I didn't **really** want to be of service all the time! I didn't **really** want to do a lot of that stuff, and I didn't enjoy a lot of it. But, I was doing it so that people would think I was a good person. I was doing it to feed the ego.

One of the big healings for me was when I said, "Okay, I am **not** going to perpetuate that anymore! I'm going to break with that, and I'm really going to go deep within, and see if I can figure out "**Who am I?**" and love myself!"

So, instead of giving service **outside** myself, I was being of service to humanity and to Love by discovering the authentic Self, discovering my true identity. So grateful and so thankful! **Oh!** I am **so** grateful and **so** thankful right now! Yeah! It's happening **now!** Mmm!

Every day presents us opportunities to simply look, "Am I a parrot? Or, am I being authentic? Am I being **real** right now? Is it really what I would choose, to go be of service in this way, or am I doing it because people will see me, people will watch me, people will give me kudos? Do I need to collect all those kudos? What good are they going to do me? Am I not just building up the false self? Isn't it much more powerful to be able to walk into a room of angry, resentful people and **be** an authentically loving presence? To be patient and kind at the Starbucks? To be patient and kind in the grocery store, on line, getting things gift-wrapped? To be patient and kind with a telemarketer?" Do we have to actually **go** somewhere to be of service? Can't we be of service every minute of every day, simply by occupying Peace, occupying Love, occupying our true spiritual identity?

For me, this is the liberation of my soul, liberating from that dweller, that ego presence, that false identity. I am **so** completely not interested in that anymore! And, every day, I can see there are hooks calling me to identifying with the ego, and every day there are so many **more** hooks calling me to identify with the Spirit. Yes! Yes!

So, how wonderful it is to be able to demonstrate the Peace and the Love each and every moment.

*"I feel the Love of God within me now."*

That's the next Lesson.

We started with Lesson 188,

*The peace of God is shining in me now.*

## *The Holy Messengers of God*

---

When we do that, and we are able to, as it says in Paragraph 6,

*“Sit quietly and close your eyes. The light within you is sufficient. It alone has power to give the gift of sight to you. Exclude the outer world, and let your thoughts fly to the peace within. They know the way. For honest thoughts, untainted by the dream of worldly things outside yourself, become the holy messengers of God Himself.”*

Honest thoughts become the holy messengers of God Himself” You see? And then when we can live **this**, then what awaits us is Lesson 189,

*“I feel the Love of God within me now.”*

The Love of God **is** peaceful. It **is** peaceful, and it is mighty and strong, and it has **no** opposites! So, the false identity is **not** the opposite. It is simply an illusion, so we’re endeavoring to recognize the **value** of being our true Self.

I’m inviting you right now to think of someone that you might encounter over the holidays who you experience with irritation or frustration. Would you be willing this holiday season to see them, instead, as a holy messenger **of your** loving heart, a holy messenger **from your** loving heart, to choose Peace? They are offering **you** the opportunity to get in touch with **your** willingness, your commitment, to **live in the Love and walk the talk!** They **are** the holy messenger of your past experiences, where you are still living in the past.

So, you come into the present now, giving thanks for the body acting like a “Divine Alarm Clock” ringing in alarm, saying, “Danger! Danger! Danger!” Do you choose to strengthen the pattern of separation, or will you choose Love?

The more challenging it feels, the more **healing** your loving choice is. And then, in that moment, as you are choosing Love, you can share the benefits with everyone, because you are One with them.

So, you can think of every mother, every child, every father, every grandparent, everyone who has ever felt frustrated or irritated for this reason, and let them **all** have a healing, and let the healing echo throughout all time and space.

We’re sharing the Light, which is **within**. You are the Light of the world. The Light that lights up every man, woman and child in this world, resides

within **you**. It's **not** outside yourself. **It is within you!** Yes! So, we don't have to go somewhere else to **get** the good stuff! We don't have to go somewhere else. The "seeking outside" can **end!**

Mmm! So grateful for this!

### *Closing Prayer*

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Let's turn within here and let us remember ourselves as a healing presence right now, that the Christ Presence lives within us. We recognize that Christ Child, because it is our true identity to live **as** the Love, **as** the Christ Presence.

We can occupy Peace! This is what we're choosing now. Not thinking that it's somewhere off in the distant future, but it's here **right now** for us, and we **are** sharing the benefits with everyone. We **are** occupying Peace.

In gratitude, we let it be. And so, it is. Amen. Amen. Amen. Amen.

Thank you, everyone! Have a beautiful, beautiful, beautiful holiday experience occupying Peace! I love you! Have a great week!