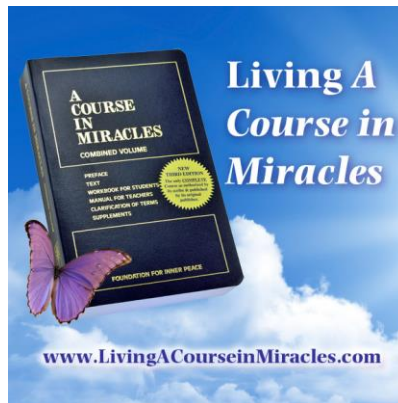


February 5, 2013



Getting Off the Hamster Wheel of Specialness





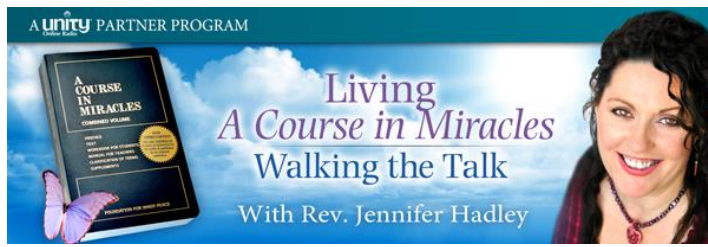
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Getting Off the Hamster Wheel of Specialness 4

Opening Prayer..... 5

Letting Go of Our Specialness 5

We Already Have the Peace of God..... 6

Which Will You Feed? 7

Relaxing Our Mind 8

Specialness is a Block to Love..... 9

We Already Have the Power..... 10

What is Your Need? 11

Love Offers Everything..... 12

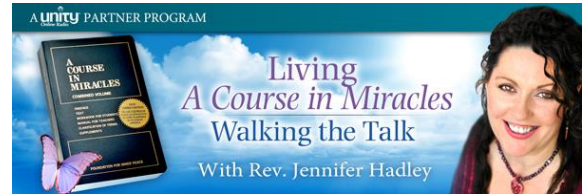
Cultivating Our Willingness 13

Valuing Our True Nature 15

Our Healing is the Reason 16

Having Compassion for the One 17

Closing Prayer 19



February 5, 2013

Getting Off the Hamster Wheel of Specialness

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Good morning! Good morning! Ah! So happy to be with you! So happy to have the opportunity to join together and be the two or more who are gathered.

You might be able to hear in the background I have the sounds of Hawaii! It's bit of a rainy morning. The frogs are still out because the sun is not up, and the crickets. You can hear all the sound effects that are being naturally produced by Mother Nature!

I'm here on a retreat on the Big Island of Hawaii with my friend, David Hoffmeister. It was his birthday, yesterday, actually. I didn't even realize until he mentioned it at breakfast. There was no specialness. We didn't celebrate his birthday. We just celebrated life and Love together, which was lovely!

I had a wonderful time going to the volcano here on the Big Island, and then having deep, deep conversations. Hours and hour of deep, deep conversations about our healing. Yes! Perhaps we'll do another retreat next year here in Hawaii. Wouldn't that be lovely?

I've got to tell you, this is one of the nicest spots for a retreat I've ever, ever even heard of. I think I'll make it an annual thing, like Gary Renard. He's coming here in June.

Opening Prayer

Let us begin with our prayer. I invite you to place your hand on your heart. Take this breath of Love and gratitude with me. Ah!

Let us be so grateful and thankful that we can choose Love, that we can tune our mind back to the default settings of Love, and Peace, and Joy, and Harmony. Let us be so grateful that we can wake up in our mind and **remember** the truth that sets us free.

We dedicate ourselves right now to that remembrance. We dedicate ourselves to our healing, and our awakening, and we share the benefits with everyone, because we are One with them.

In grace and gratitude, we let it be. And so, it is. Amen! Amen. Amen.
Amen.

Letting Go of Our Specialness

I love being able to pick a topic in the way that I do, which really what I do is I open the *Book, A Course in Miracles*, to a page and see what the Holy Spirit has for us. Sometimes I get clear direction and intuition, and I follow that, of course. But today I opened the *Book*, and the topic was *Specialness as a Substitute for Love. The goal of specialness.*

Yesterday, when we went to the volcano, we had a long talk about special relationships. Here we are, in the month of February. Last February, I just would like to let you know, last February my topic the entire month was about relationship, in a sense in honor of Valentine's Day, and that theme. One thing that I had a thought about a couple weeks ago, it's kind of stayed with me, is about specialness in this way.

There are two ways of cultivating specialness, and I think some of us don't even recognize one of them.

The most obvious one is we think we're "better than". We think that we're better than someone. We think we're special. We want to be special and, in fact, someone was talking about that yesterday. How do you let go of

wanting to be special, wanting to be unique, wanting to be seen, and noticed, and all of that? How do you let go of that?

What about the specialness if you're especially wrong, or bad, or not good, or stupid, or whatever it is? Specialness that comes from, perhaps, some kind of illness?

I noticed that one of the things that I perceived when my mom was so sick--well, when she first got diagnosed with a terminal illness. My parents told some people, and then there it becomes that specialness. She's "dying of cancer." She's got the terminal illness, and that creates a sense of specialness.

Specialness of all the ways in which we think there is something wrong with us. I notice that many people will say in conversation, even if you just met them, they'll say things like, "Well, my ADD won't allow me to do that," or "My ADD gets in the way." That diagnosis that someone has given them, they now claim, "Oh, this is **my** illness. It's **mine**." There's such an attachment to it.

I'm not being critical, because believe me, I do the same thing. There's only One of us here in this experience, One experienced as many. We can take a breath when we notice that we're interested in that specialness, because it really does create **so much** pain and suffering.

We Already Have the Peace of God

Let us move to the end of suffering. Let us make that our goal. The end of suffering is when we choose to remember that the separation never occurred. All suffering is a result of choosing thoughts of separation.

If we'd like to experience the Peace of God, we already have the Peace of God. But it's hidden behind the dark clouds of our specialness. You cannot cherish your specialness and be happy, too. So, at what cost will you cherish your specialness?

Now, here's the thing. I know that people, when they have an illness, or someone died in their life, that maybe that's the cause of their specialness. They're grieving, now. Maybe their specialness is they have an addiction experiencing happening. They feel addicted to something. Someone just ended the relationship. All the many ways that we can put a label on ourselves, and create a specialness around it, is creating our suffering.

We really can transform all of that thinking. Because it's really ego thinking. It's not our true identity. Our true identity has no use for specialness. Right? Our holiness has absolutely no use for specialness. Of what use would specialness be? No, specialness is the weapon of separation. The mass distraction. The mass destruction.

It's **so** helpful **just** to have an awareness, **just** to cultivate that awareness of, "Oh! Look! Right now, I can tell, in this conversation, I am looking to cultivate the specialness. I'm looking for someone to think, 'Oh, poor you!' and get special treatment." Or, "Oh, special you! You get special treatment!" We do that **all** the time, don't we? Right? Even spiritual teachers do it. That's right! Oh, we want special treatment from someone because we're special! We're so spiritual! We're so special!

This kind of thinking is **so** pervasive, and each one, no matter how small-- "I'd like special treatment because --" anything! Anything you can think of is going to create the suffering that **has** to go along with it.

Which Will You Feed?

Let us heal this thing at its root, right? Rather than feed it. I'm sure you've all heard the story of the two wolves. The grandfather talking to his grandchild, talking about the two wolves are having a battle. Which one's going to win? The child says, "Yeah, Grandpa! Which one is going to win?" He says, "The one that I feed. The one that I feed, that's the one that's going to win." There's the angry wolf and the loving wolf. Which one are you going to feed? This is how we choose each minute of every day.

I'm going to invite you right now to place your hand on your heart and just tune within, because all of our healing is an inside job. We do it together, but it's an inside job. And, thank goodness! Because that means we're not victims. We can choose our healing.

Just looking for, where are the places that you look to get sympathy or special treatment? Where are they in your awareness? Where are you looking to get special treatment or sympathy? Where are you looking to get recognition? Yes. Considering that. Hey, and here's a really good one. Believe it or not, are you looking to get appreciated? Are you looking to be appreciated? Is that important to you, to be appreciated?

I know in my many years as a spiritual counselor, I've heard many, many people complain that they're not being appreciated at work, or in their family, in their primary relationships, and this is a complaint. They're not being appreciated.

Well, first of all, of course we know perception is projection. So, are we appreciating ourselves? Are we honestly appreciating ourselves? Or are we looking for special treatment? If we're looking for special treatment, we can recognize it as that is actually something that's going to create our suffering. If we're looking for special treatment and we're not getting it, then there's suffering. You see? And often, the person who is upset that they're not getting special treatment or appreciation, many times that person can behave in a way that's a martyr.

I used to do that all the time. I used to do things in order to get appreciation and recognition. I would do things in order to get something. Giving to get. I was talking about this on the show recently.

Relaxing Our Mind

If you're giving to get, you're always going to be experiencing more suffering. Because that's not what Love is. Love doesn't give to get. Love shares, because it already has.

"...seek ye first the Kingdom" which is within, "...and all these things shall be added unto you."

It's already been given. Why are you trying to get something? It's already been given. There must be something wrong in the thinking, if I'm trying to get something that's already been given. "Allow me to express it, to reveal it, to activate it."

The thing is, we don't know how. We **think** we don't know how, because instead of discovering how to access the Kingdom, how to reveal the Kingdom in our lives, we're trying to get something. We're thinking that things should be different, so our opinions and our judgments about what isn't happening, what should be happening, what could be happening, fantasizing all these things, what they do is they **block** our experience of our natural Wisdom, our natural intelligence, our intuition, and all these faculties.

We can change our mind about pursuing these things. I call it “relax the mind.” Mm-hmm.

Yeah, it takes dedication, and that’s exactly what I offer in all of my classes, in all of the things I offer every day for free. Everything that I offer is about this relaxing of the mind so that the Love can flow, the healing can flow, the Harmony can flow. Because the Love, the healing, the Harmony, the Peace, the Joy, the Prosperity, the Abundance in their naturalness, it feels like a flow. Everything is available.

“...seek ye first the Kingdom” which is within “...and all these things shall be added unto you.”

Specialness is a Block to Love

In *A Course in Miracles* here in the *Text*, this is Page 499, Chapter 26. *Specialness as a Substitute for Love*. Isn’t that great?

“Love is extension. To withhold the smallest gift is not to know love’s purpose. Love offers everything forever. Hold back but one belief, one offering, and love is gone, because you asked a substitute to take its place. And now must war, the substitute for peace, come with the one alternative that you can choose for love. Your choosing it has given it all the reality it seems to have.”

You’ll see it when you believe it. It’s our investment **in** it that comes first. In order for us to have that Clarity of God that we seek, that Peace of God, **experience** that it’s already ours! If we’d like to have it in our experience, we must place our attention on it in our mind. If we’re looking for appreciation, if we’re looking to be special because of anything-- a negative thing or a positive thing-- it’s a block to what we truly, truly, truly want, I believe, which is to remember the truth that sets us free.

Well, gosh! We’re already here at the first break. I’m going to invite you to go to JenniferHadley.com and see all the free stuff that’s there. Check out my *Masterful Living* class if you’d like help undoing this specialness program in the mind.

I’m Jennifer Hadley, and you’re listening to Unity.FM Online Radio, *A Course in Miracles: Living the Love, Walking the Talk*. I’ll be right back.

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

We Already Have the Power

Ahh! So, the sun is rising here in Hawaii, where I am. So beautiful. I could just--it's like a painting. A moving painting. There's nothing special about it. It's just beautiful!

Specialness as a substitute for Love. Think about that just for a second. Would you be willing to entertain that Love really is the healer? That the healer is not outside of us? It's in our own loving heart. It's giving and receiving Love, being in the free flow of Love, sharing Love, that **is** what is our healer.

If we're focused on specialness, our special lack, or our special asset, or deficit, then are we focused on Love? No, we're not focused on Love, then. This is our opportunity to be willing to remember, over, and over again, Love is the healer. Specialness is not the healer. It's not the healer. It's never been the healer. Why would we value specialness over Love, when we're suffering, and Love is the healer? Why would we do that? I find myself asking these questions. Why would we do that?

It's because we, on some level, would like to control and manipulate the world. But here's the thing. This world of form that we're in, the 3D world of form, all thought produces form at some level. So, our thought, combined with our belief, produces a power that can literally move mountains.

So, don't we have that already? How about focusing it to move a mountain of our specialness? Focusing our heart and our mind together to move a mountain of our specialness?

Now, it's interesting because there's a false humility and true humility. I once had a conversation with a very, very, very successful celebrity. You won't guess who it is, probably, but anyway, a big movie star who had had some real quality time with the Dalai Lama. In my conversation with him, this was many years ago, I asked him, "What movie are you most proud of your work in?" He very abruptly said, "I have no pride in my work!" I felt that that was not true in that moment, but I **got** that now he had spiritualized the ego, from his time with the Dalai Lama, and so he was saying, "I have no pride!" But he didn't have to be pert with me, right? He

could have said, “Yeah, I’m really interested in cultivating that mind that has no pride in anything. Yeah. But I could tell you one of my favorite films, that I enjoyed.”

What is Your Need?

It’s interesting how even in our spirituality, and our desire to get our spirituality “right”, and more perfect, we can be unloving, and block Love. So then, “I’m special because I remembered not to be proud.” Right? “I’m special because I’m doing it right.”

That’s a big one for us spiritual seekers, isn’t it? We want to tell everybody else about our spiritual progress and our spiritual work, but it’s **so** important for us, as spiritual students, to check in when we have that temptation, and to ask ourselves, “What’s that coming from? Is that coming from a need for recognition? What could a need for recognition be but an opportunity to either affirm that there’s something lacking in me, and therefore I need recognition, or it could be an opportunity there to choose Love, the healer.” We could begin to look at it this way.

This is why, in the last part of the show, I invited you to look at where do you feel you need recognition, you need appreciation, you need acknowledgement, and you are righteously angry, upset, hurt, defensive because you’re not getting what you **need** from your family, your friends, your coworkers, your loved ones?

Now, I’m not suggesting that you become a doormat, because that’s a different kind of specialness, isn’t it? That’s the specialness of the martyr that I was talking about before the break.

Just cultivating that awareness. Where is it that you literally are keeping yourself on that hamster wheel of suffering through cultivating this feeling, this belief in, you need to be acknowledged, you need to be appreciated? Or you can be, just like I was talking about before, that you need to be recognized for your suffering. You need to be recognized for the illness, for the loss.

Now, here’s the thing. I’m not saying that if you’re feeling a loss, an illness, if you’re feeling unworthy, if you’re feeling “less than” and left out, I’m not saying there’s something wrong with you. Because there’s nothing wrong

with you. There's nothing wrong with anyone, and that's what we're waking up to.

But the ego mind that hungers for that specialness is always looking for the "better than", the "less than". Something right, something wrong. Something good, something bad. All the myriad, infinite ways of creating specialness.

So, if we open our mind to become aware of them, we can relax the mind and let them go. Because every place where we cultivate that **attachment** to specialness of **some** kind, **any** kind, we're cultivating our suffering. And haven't we seen that all over the place? Right? We've seen **so** many public figures go through that suffering.

One of the ones that comes to my mind is Christopher Reeve. He did some of that deep egoic healing work for all of us, because he was this big, handsome, strapping man who then becomes a quadriplegic. His specialness is gone now. He has a different kind of specialness. It's done a 180 on him.

If you seek for specialness of any kind, you're putting up blocks to Love. Love is the healer. All specialness cultivating any kind of specialness, valuing it at all, is creating your suffering.

Love Offers Everything

In my year-long *Masterful Living* class I invite the students to read three Sections over, and over, and over, and over again. In Chapter 2 of the *Text*, *Fear and Conflict* and *Cause and Effect*. Then, in the *Teacher's Manual*, the trust section in Chapter 4. Those three sections. I think between them all, there's maybe seven pages, eight pages. To read them again, and again, and again, because I think they can **so clearly** help us understand the misery that we make.

See? And the specialness relationship is just another form of validating that specialness that creates suffering, ultimately, in some way. The "You complete me," *Jerry Maguire* relationship.

Going back to the *Text* here. Love offers everything, so we don't need any specialness. Our true nature is Love, so we don't **need** anything. "...seek ye first the Kingdom", which is within, "...and all these things shall be added unto you." All needs met in God.

This you can really only discover through a willingness to stop thinking that you **need** things, and that you **want** things. We talked about this for a couple of shows recently.

This is Page 499, at the bottom.

“But an unrecognized belief is a decision to war in secret, where the results of conflict are kept unknown and never brought to reason, to be considered sensible or not. And many senseless outcomes have been reached, and meaningless decisions have been made and kept hidden, to become beliefs now given power to direct all subsequent decisions. Mistake you not the power of these hidden warriors to disrupt your peace.”

He’s talking like Yoda.

“Mistake you not the power of these hidden warriors to disrupt your peace.”

The decisions, the beliefs, that are hidden from our awareness, our conscious awareness, create much suffering. However, let me say this-- and we know this don’t we? That the false beliefs are active in our life, and this is one of the causes of great despair is we feel “I don’t even know what these false beliefs are! So how am I **ever** going to undo them? I don’t even know what they **are!**”

Cultivating Our Willingness

I can remember feeling that way. Here’s the good news! Many of the false beliefs that we have that seem hidden from us, and we’ve been--as I’m pausing there, I’m remembering some of the things that have come up this week on the retreat here in Hawaii with David Hoffmeister. Some people are recognizing their false beliefs. Why is it they’re suddenly coming into their awareness? Because here in this group there’s a great willingness. Yes, we’re talking about *A Course in Miracles* and spiritual practice, and God all day long, but it is their willingness. They’ve come here to the retreat to further anchor their willingness to choose Love instead of suffering.

In our connections with each other, and going to the volcano yesterday, and our having lunch, and breakfast, and dinner with each other, we’re getting an opportunity to practice nonjudgment, to practice compassion and Love, and so we’re having the experience of more Love with each other. Love is the healer.

Then what happens is, in an environment like this, the false beliefs bubble up into our awareness, and we can look at them and go, “Wait a minute! I don’t need to believe **that** anymore!” and we can make a holy offering of it. Then, poof! Seemingly, it’s gone! It’s no longer operating in our awareness.

Well, you see, then, I can feel that someone would be thinking, “Oh, but I can’t go to Hawaii, and so I won’t be able to have that experience.” Well, the thing is, you don’t **need** to go to Hawaii. There’s no **needs** here. Everything is met in God. The Kingdom **is within**. It’s not about coming together in Hawaii. It’s about cultivating the **willingness** to have a healing. The willingness to choose Love.

When we keep choosing Love, then whatever is needed for us to heal the false beliefs, the judgments, the opinions, all the ways in which we’re cherishing this specialness, will become apparent to us, because we’re focused on our willingness and choosing Love. Love is the healer. That’s how we get off the hamster wheel! We just start choosing Love!

If it feels excruciating to choose Love, to drop the opinion, to drop the blame, and the shame, and the judgment, and the thoughts of revenge, and attack, if making that shift feels excruciating--because sometimes it does. I know it did for me, feeling jealous, feeling angry, feeling resentful, constantly thinking, “It should be different.” “It should be different.” “It should be different.” “It should be different.” “It should be different.” Including all those specialness thoughts. “They should recognize me.” That’s the same thing as “It should be different.” In every single time I’m choosing that kind of thought, **I am** creating a **barrier** to the flow of Love which **can** heal my attachment to that thought.

This is why we cultivate our willingness to see the most loving choice and to choose it, even if it’s not easy. But we begin with just the **willingness** to see the more loving choices. Truly, cultivating that habit of waking up every day and saying, “Holy Spirit, help me to see clearly. Help me to know, and feel, and hear clearly.”

This is one of the reasons why I offer my *Daily Spiritual Espresso* and my daily prayers, so that you have a Prayer Partner if you’d like one. You have a daily reminder in your e-mail. You can listen to *Click and Pray* with me. You can call the prayer line. Many choices.

This is why I also offer that year-long class of *Masterful Living* for people who would like real support in strengthening their mind. I’m amazed at the

miracles and the breakthroughs that are happening in just a couple of weeks of *Masterful Living*. We're just getting started. People will be joining us for the next six weeks. You can be one of them if you choose.

If you haven't checked out my *Masterful Living* class, I invite you to go to JenniferHadley.com on the break. There's so many calls and audios there. You can download them and listen to them at your leisure.

It's time for me to take a break here. I'm Jennifer Hadley. You're listening to *A Course in Miracles*. We're living the Love, we're walking the talk right here on Unity Online Radio. I'll be right back.

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk*, with Reverend Jennifer Hadley. If you have a question or a comment about today's program, or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles Pledge*, where you can join with a community of like-minded people who've pledged to live *A Course in Miracles* every day, in every way. Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Yay! We're back! Ah. What a blessing, huh? What a blessing to come together.

I'm also going to point out to you that if you go to iTunes and search for me, there's tons of free stuff there. If you like and appreciate any of it, and would be willing to write a review, that would be great, because that's how more people find things, is because of the reviews. Of course, you can also share it in Facebook, and that helps more people find it, too. It's good karma. It's all free! Nice to share the free stuff!

Valuing Our True Nature

I love this. Check this out. This is page 500, Chapter 24, *The Goal of Specialness*.

"The secret enemies of peace, your least decision to choose attack instead of love, unrecognized and swift to challenge you to combat and to violence far more inclusive than you think, are there by your election."

In other words, the secret enemies of Peace, these little beliefs that go unrecognized--remember, any choice for separation is the choice for

separation, so it's going to create suffering. I can remember in myself, many years ago, thinking, "This is too hard to be vigilant over my thoughts! Holy moly! I do **not** have that kind of attention span! I don't have the ability to be vigilant over my thoughts. I don't have the ability to really watch over what I'm thinking!"

That's not true! We don't need to belittle ourselves. Our mind is the Mind of God. We have an incredible capacity. See? That's another way we get into specialness. "Oh, I don't have that ability! No, that's for mystics, and yogis, and people who have studied for many years." It's not true. It is **not** true at all! Let us not believe in that negative specialness.

We have the ability to remember our true identity which Pure Wisdom, Pure Clarity, the Purity of God, the Pristine Awareness of God. This is our true nature.

The reason why we think we don't have it is because we don't **value** it. That's all! it's not because we **don't** have it. It's because we don't **value** it. We give ourselves permission to think attack thoughts. Well, the attacker always feels attacked. Is that what you're interested in? A life of, "Oh! I'm creating a life of tremendous suffering, where I feel attacked and judged all the time!" The judger always feels judged. The attacker always feels attacked. The Lover always feels beloved. It's up to you what you will choose.

You get to choose what you'll experience through the thoughts that you choose to think! We like to say, "Oh, it's too hard! I can't do that! Oh, I can't be vigilant!" Well, okay! You choose.

I love that it says here, that these unrecognized "*secret enemies of peace, your least decision to choose attack instead of love...*"

This is what Jesus meant when He said "*...whatever you did for one of the least of...*" them "*you did for Me.*"

Our Healing is the Reason

The **least** thought of separation. "This is bad." "This should not be." "They should do it differently." Check this out! Even something like, "She should hold that in her other hand." "She should go that way in the next lane." "Don't take that exit! Take this one!" If there is a "should" in it, if there's an opinion or a judgment in it, these are the "little least decisions".

We can come to recognize them. “Oh, I’m really wishing that they would do it differently” is different than “They **should** do it differently.” And, if we’re wishing that they would do it differently, we can really get in there and ask, “Why? Why is that so important to me?” and we have opinions and judgments around it.

This is where my work is **every day**. Opinions and judgments come up into my mind every day, and if I believe them, I will feel upset, **every time**.

It says here, “*Do not deny their presence nor their terrible results. All that can be denied is their reality, but not their outcome.*”

Isn’t it great? We deny their reality. We remember that this is an illusion. And yet, their outcome is our experience in the illusion.

“The secret enemies of peace, your least decision to choose attack instead of love...”

Sometimes it can seem so, so hard to release a judgment of “They shouldn’t have stolen my car.” “They shouldn’t have fired me from that job.” “They shouldn’t have left me.” “They shouldn’t have given me that diagnosis.” But everything is Divinely Ordained for our learning. The perfect, perfect learning is in everything.

“...seek ye first the Kingdom”, which is within, “...and all these things shall be added unto you.”

Including the awareness of what a thing is for. We don’t know what anything is for. We might think that they made that mistake, and that diagnosis should never have happened. But it’s happening to **us** for a **reason**. They stole our husband for a reason, in a sense. Do you see? There’s a learning in it. If we think it shouldn’t have happened, then we lose track of the learning.

If we are in that place of specialness that “I have been a victim” or “I’m so special”, “I’m so wonderful”, “I’m not being appreciated” -- **all** the different many kinds of specialness, they all create that hamster wheel effect.

Having Compassion for the One

How do we get off it? We drop the weapon of mass destruction - the opinion, the judgment. We begin to cultivate the willingness to seek the Love from within, instead of without.

If we can't feel truly, truly loved by ourselves, if we're judging ourselves intensely, then we're going to think, "Well, others are going to judge us as well, so there won't be any Love for us. Our loved ones aren't going to Love us. So, if they can't Love us, maybe they can feel pity or sympathy for us? Or even empathy."

What about just moving into compassion for ourselves?

"I seem to be struggling now. I'm going to have compassion for myself. I'm choosing what David Hoffmeister calls the 'stinkin' thinkin' and I feel really attracted to it right now. I'm going to have compassion for myself." Maybe we can practice having compassion for ourselves by having compassion for someone **else**, because there's only One.

Now, the temptation will be, when we see someone who is in need of that specialness recognition, that we think, "Oh, they're so egotistical!" Now we've made them "wrong" and "bad". Again, there's our place to change our thinking.

"All that is ever cherished as a hidden belief, to be defended though unrecognized, is faith in specialness."

You only attack what you believe to be separate. You want something to be separate so that you **can** attack it.

"All that is ever cherished as a hidden belief, to be defended though unrecognized, is faith in specialness."

We place our faith in something. Our faith is our **belief**. Through that door of faith awakens **true** intelligence, Wisdom, Clarity, pristine awareness. So, if we put our faith in separation, in duality, in thinking that there's an "other", then we're totally missing the opportunity for our healing.

Let's not miss any more opportunities. Let's give up **all** attachment to **any** kind of specialness.

It's time for me to pray. I'm going to remind you once again, if you'd like to be my daily Prayer Partner or take advantage of any of the free stuff I offer, it's all over at my site at JenniferHadley.com. There's also tons of free stuff at iTunes. JenniferHadley.com.

Closing Prayer

Let's place our hand on our heart, and we give thanks that we **can** choose to release **all** attraction and attachment to specialness. Get off the hamster wheel through choosing Love. This is what we're choosing **right now**.

In grace and gratitude, we share the benefits with everyone, because we are One with them. We let it be. And so, it is. Amen. Amen. Amen.

I love you! Have a great week! Thanks for joining with me this morning. Have a beautiful and blessed day!