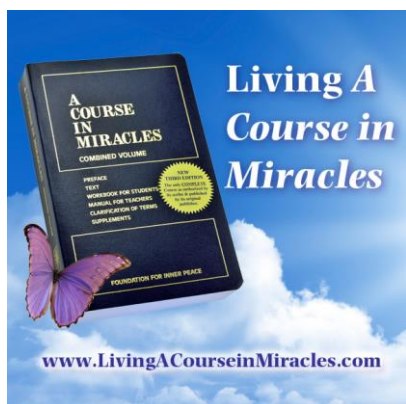


**January 28, 2014**



## **Your Decision to See!**



 *Jennifer Hadley*  
your daily shot of spiritual espresso

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*January 28, 2014*

## Your Decision to See!

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Hello! Hello, hello! Happy Tuesday!

I recognize most people listen on download. By the way, if you do listen on download from iTunes or wherever, if you would write a review at iTunes, more people will find it, because iTunes will point it out to them the more reviews it gets. So, you're being truly helpful having people find this podcast at iTunes, and I thank you for that!

I'm Jennifer Hadley, in case you don't already know. Maybe you're listening for the very first time. Welcome! Welcome, welcome! I'm so excited to be with you right now, and we always begin with a prayer.

### *Opening Prayer*

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I invite you to place your hand on your heart. Let's take that breath of Love and gratitude together and remember our true identity is perfect Love. This is who and what we are, and what we always will be, what we always have been. We cannot be anymore holy than we are right now. We are as holy as holy can be, and we're grateful to recognize this, to recognize right here and right now that we are One with the One, so we Partner UP with the Higher Holy Spirit Self, the I AM Presence, remembering that I AM that I AM.

So grateful and so thankful to remember the truth that sets us free, and to value the truth more than anything else, too. We place on the Holy Altar Fire of Divine Love any attachment, any craving, any aversion, any addictive-compulsive tendency that we have clung to that no longer serves

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us. We surrender it right now, and we're grateful to let it to, to let go and let God.

In grace and gratitude, we share the benefits of our healing and our expansion with everyone, because we're One with them. We are determined to see the truth and nothing but the truth.

We are deciding to see with holy vision, with Divine Eyes. This is our choice, this is what we are choosing with our free will, to align with Divine Will right now. Thy Will be done.

In grace and gratitude, we let it be. We allow it to be. And so, it is. Amen. Amen. Amen.

### *Seeing More Clearly With More Light*

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Alrighty! [laughs] Oh, my goodness! Alright, so first of all, report from the front, okay? Right now, just right now in this energetic moment in time, it's very intense. I'm sure you've noticed it. Perhaps you've been thinking, "I think I'm losing my mind!" Perhaps you're feeling or sensing that things are more difficult and more challenging than they usually are.

Well, here's what it really is -- it's there's more Light being revealed in this dimension. Why? Because more people are waking up, more people are choosing to recognize, "I **am** Love. Teach only Love for what is that you are. I **am** Love. I **am** Light, and I'm going to shine it, and I'm going to see with that Divine Vision. I'm going to see with Divine Eyes and shine the Light so that I **can** see."

This is exactly what is happening, and there's more Light being revealed in this dimension. What's happening, that quickening that's happening really is that what we couldn't see before, it **seemed** to be hidden. The negative beliefs, the patterns, the habits of negativity, of self-medication, of self-sabotage, our judgments, and opinions, all the things that are coming to Light now, that we are seeing **more** clearly now.

And maybe we're **not** seeing it clearly yet, but we're experiencing it more vividly, even though we don't have Clarity about it. Right now, we're **seeing** it more clearly. We're seeing it, "Oh, this does not work! This is not helpful to me!"

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Maybe you don't know what to do about it yet and it's just bothering you. It's bothering you in a way that feels like you've got to **do** something different, and maybe you're judging yourself. Maybe you're thinking, "Agh! I'm never going to be able to fix this! Oh, my God! It's this problem again, and again, and again, and again, and again!"

### *The Intense Cycle of Managing & Coping*

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It's hard to believe, sometimes, that this is the good news, this is **all** for our benefit, because imagine that you had some festering sore internally in your physical body, like a cancer, and you don't **know** that it's ravaging you from the inside, you don't **know** that it's festering. You don't **know** it. You can feel, "Eh, I don't feel as much vitality as I used to have. I don't feel myself the same I used to. I don't feel as balanced or as peaceful as I used to. But -- eh, what am I going to do about it? I don't know."

So, you just kind of **accept** it, right? Or maybe you just kind of **cope** with it, you just manage it, you find a workaround. "Eh, I don't have as much vitality anymore. I'm going to drink some more coffee. I'm going to take this herbal supplement that gives me a false sense of energy." We do stuff like **that**.

Ultimately, that's not going to work, because there's a festering sore inside. There's something going on inside that needs your attention.

Jeff, my engineer, is drinking soda. Sugar. [laughs] That's it. Drug of choice. [laughs]

Something like that is going on, but now you're starting to feel in a very, perhaps, dramatic way, "This is not working. **I** have to do something differently. **I** have to change this. This cannot continue." But you don't know yet **how**. You just know that you're feeling **so** much more uncomfortable than you have in the past.

What I would like you to know is my perception is, talking to many, many people and connecting with them all over the world -- because in my [\*Masterful Living\*](#) class, we have people all around the globe, and, by the way, you can still join us in my yearlong [\*Masterful Living\*](#) class -- because our focus in [\*Masterful Living\*](#) is really how to clear **all** this stuff out with ease and grace, and to really address it, and not just manage it and cope with it anymore, to really heal it.

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My yearlong [\*Masterful Living\*](#) class is all about learning how to take dominion over your mind so you can live the life you truly desire, and liberate from the habits of suffering, and bring benefit to your family, and your community, and to all beings, to be truly helpful.

Because it's so crushing and demoralizing to consistently make the same mistakes, and to judge ourselves for making the same mistakes, and then to self-medicate because you don't feel good about yourself. And then, of course, self-medication is self-sabotage, and then, of course, you feel even worse about yourself.

I used to be in that cycle very intensely, and right now, it seems like there's not enough time for **anything!** Right? There's just not enough time, or there's not enough money, or there's not enough bandwidth -- mental bandwidth, emotional bandwidth -- to do the deeper work.

However, what I see in my own life, and in everybody else's life that I'm talking to, if people don't **stop** managing, coping, and settling, it's just going to get more, and more, and more painful. Now, that's the case normally, but now, it's like there's a turbo charge on everything. So, right now is a time for everyone to be **more** introspective and to make this decision to see.

### *Making A Decision to See*

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Lesson 27 in *A Course in Miracles*, *Above all else I want to see*, this is what we are deciding, that we are interested in seeing the truth, in knowing the truth, and seeing Peace instead of what we are projecting with our mind. We are willing, and *A Course in Miracles* helps us to recognize, to take responsibility for, that everything that I **see** is a choice that I have made, and now I would like to see with Divine Eyes, Divine Vision. Yes! Yes! Yes! All we have to do is be determined to see, and then make that decision. We have to make that decision to see, in order to be able to see.

*"I am determined to see."*

Lesson 20, *I am determined to see*.

What I love in Lesson 20 is it says, Paragraph 3,

*"Your decision to see is all that vision requires."*

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This is what I'm recommending to all the folks of my classes right now, is to take that time to be contemplative. It seems like there's not enough time to be contemplative, but maybe you can do it the old-fashioned way. Be contemplative while you're doing the dishes. While you're doing the dishes, instead of thinking about something that's really meaningless, or while you're doing the laundry, folding the laundry, or while you're walking the dog, instead of talking on the phone or something like that to distract you, what about really becoming contemplative and talking with the Holy Spirit, the Higher Self, the Holy Self, the I AM Presence, and say, "Okay, I don't know **how** to change my life. I don't know **how** to get out of what feels like right now like the spin cycle or the wash cycle."? -- depends on where you are, it might feel like you're in the wash cycle or the spin cycle. For me, right now, I'd say I kind of like I'm in the rinse cycle. [laughs] -- to say, "I am determined to see. I'm making this decision that I would rather be able to see from that 5th Dimensional awake and aware perspective than continue to manage and cope."

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*I'm going to accept  
everything that's  
happened to me as being  
for my good,  
even though right now  
I'm not able to see,  
to comprehend,  
to understand how that  
could possibly be so.*

---

And, be willing to look at every place in your life where you're managing and coping. Now, here's the thing, the ego will say, "Oh, God's sakes! Don't look at that! That is just going to **depress** you. That is just going to **upset** you."

But the willingness to see it with Divine Eyes, and to recognize that in every single thing, every situation, in all circumstances, like it says in Paragraph 18 of Lesson 135,

*"What could you not accept, if you but knew that everything that happens, all events, past, present and to come, are gently planned by One Whose only purpose is your good?"*

What could you not **accept**?

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So, say “Okay, I’m going to **accept** everything that’s happened to me as being **for my good**, even though right now I’m not able to see, to comprehend, to understand how that could possibly be so. I am **willing** to see, I am determined to see.”

Again, Paragraph 3, Lesson 20 says,

*“Your decision to see is all that vision requires.”*

So, “I’m deciding to see. **Help** me to see. Help me to harvest the Wisdom from every experience I have had already, to accept that it has Wisdom for me to harvest in it, to release all judgment, and to fully accept the learning that is contained in every painful experience that I have rejected and judged as wrong or bad. I am now determined to harvest the Wisdom contained in all those experiences, so I don’t have to keep re-experiencing them.”

### ***Eliminating Conflict, Harvesting Wisdom***

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Because anyone who’s feeling stressed, or pushed, or out of sorts right now, it really is that our Higher Holy Spirit Self is giving us this opportunity to purify, to cleanse, to clarify, and to **eliminate** all sources of conflict. All conflict is in the mind.

So, if we **say** that we forgive -- and a lot of *A Course in Miracles* students do. We **say** that we have forgiven everything -- but we’re still clinging to our judgments and our beliefs about the past, then we are **not** experiencing the Freedom that living in truth brings. The truth is liberating, the truth sets us free, but if we’re entrenched in our beliefs, and our opinions and our judgments about what happened in the past, we have **not** forgiven. And, if we have not forgiven, we cannot access the learning that was encoded into every experience that we still judge.

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*The truth is  
liberating,  
the truth  
sets us free.*

---

If we don’t harvest the learning that was encoded into every experience for us that we’ve already had -- because we’d rather judge it and say it was wrong or bad -- then we are actually **forced** to keep repeating it in one way, shape, or form. And the primary way that **most** people repeat it is in their mind, thinking about it again, and again, and again.

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So, start to notice where your mind goes to the same hurts and resentments. It's like a splinter in your mind. It's like when you have a sore tooth and you just can't stop touching it to see if it's still sore. Right? Your tongue keeps running over it. "Oop! Yep! That still hurts. Yep! That still hurts. Yep! That still hurts." So, does that serve us? Of course, we **know** it doesn't serve us.

It's spiritually immature, and what it means is we have an internal conflict, and that conflict is we still are interested in the world of conflict that **we** have made with projecting our judgments and opinions, and experiencing them.

But right now, there is **so** much assistance from the invisible world if we just simply become determined to see. So, Lesson 20 is very, **very** helpful to us. It says here, in Paragraph 2,

*"You want salvation. You want to be happy. You want peace. You do not have them now, because your mind is totally undisciplined, and you cannot distinguish between joy and sorrow, pleasure and pain, love and fear. You are now learning how to tell them apart. And great indeed will be your reward.*

*"Your decision to see is all that vision requires. What you want is yours."*

So, in order to accept all these gifts of the Kingdom, we really just have to accept that decision to see. *"I am determined to see."*

We think that we don't have **time** for spiritual practice, or we don't know **how**, but the fact of the matter is, everything will be given to us **if** we're **willing** to do **some** practice, and not a practice driven by the ego, where we feel ashamed, we feel inadequate, we're not good enough.

Many spiritual students embark on a meditation practice, and it just keeps them entrenched with the ego and feeling like a failure until they give up, which is why I recommend a **prayer** practice. That's why I recommend *A Course in Miracles*. It is a mind training and it works.

And I **really** encourage you to get into a Study Group. If you go to [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com), we've got [a Study Group](#) listing.

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*In order to accept all  
these gifts of the  
Kingdom,  
we really just have  
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And, if you'd like support for the entire year from me and the [\*Masterful Living\*](#) community at [JenniferHadley.com](http://JenniferHadley.com), we're just getting started. You're **welcome** to join us. It's an awesome group of people, and we are **really** undoing the ego together! [JenniferHadley.com](http://JenniferHadley.com), [\*Masterful Living\*](#). Check it out, if you haven't already.

That music is the cue that it's time for me to take a break. I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity online radio, and I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

### ***Building Spiritual Muscle***

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Hey, hey, hey! I'm Jennifer Hadley. I'm back, and we're talking about vision, Divine Vision, seeing with Divine Vision, and the whole catalyst for our ability to see with Divine Vision -- very complicated. No, it's **not!** [laughs] It's very **simple**. It's just our **decision** to see, our **willingness** to see.

*A Course in Miracles* reminds us, and it's so often quoted, that our little willingness is all that's required. **All** that's required is that little willingness each day to Partner UP -- that's what I call it, to join with the Holy Spirit, to not go at it alone.

When we can see with Divine Vision, it's **so easy** to make the most loving choice, which brings so many benefits. The more we make the most loving choice, the easier everything gets. Everything, everything, everything! We become in tune with Love.

"Seek first the Kingdom, which is within, and all else will be added unto you."

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*When we can see  
with Divine Vision,  
it's so easy to  
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loving choice,  
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many benefits.*

---

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If you're trying to manifest stuff, to manage and cope with your life, your relationships, your finances, your career, your health, and well-being, and you're not in that Divine Partnership, being led and guided, you're probably **afraid** a lot of the time. You're probably worried a lot of the time.

That's the thing for me, is when I **decided**, I was determined to see, I decided I was willing to see with Divine Vision, things got very intense for a while, because started to see, "Oh! This stuff, all this stuff, doesn't serve me!" And there is a time when I didn't know what the next step was. It hadn't been revealed to me yet, so I had to be in that place of trust and faith, and I **built** that trust and faith while I was in that place of not knowing.

Now, in that place of not knowing, there was a lot of internal conflict, because I was **wanting** to be in trust and faith, but I wasn't **yet** in trust and faith. I was developing that muscle.

You know how when you start working out with a program, and it's a new program, like a workout program, and in the beginning your muscles are incredibly sore because they're doing things they haven't done before. Sometimes, you can work out, it doesn't **seem** like you're working that hard, but then the next couple of days you feel like you're crippled, you can barely move, you've hurt yourself. Well, actually you **are** strengthening your muscles, but it feels painful because you're doing something new.

It doesn't **need** to be painful in our spiritual transformation, but sometimes it does feel that way. If it feels painful, it just means you haven't **wholeheartedly** decided, and the conflict comes from still living with the old beliefs and the old ways, and you haven't fully made that transition.

### ***Conflict of What We Want***

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There's a lot of good about good, helpful pieces about that in Chapter 2, the section on *Fear and Conflict*, Page 28, 29 and 30 in my copy of the book. It's **really great** to recognize that all that internal conflict can go away. Paragraph 5 in the *Fear and Conflict* section,

*"Fear is always a sign of strain, arising whenever what you want conflicts with what you do."*

Right? Right now, **this** is what so many people are experiencing. They're experiencing a **profound** conflict between what they **want**, which is spiritual awakening, and also, many people say, "Oh! I **want** spiritual

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awakening, and I also want to be wealthy, and have a nice house, and have a great body, and have a great partner. I want! I want! I want all these things, **and** I want the Peace of God.” In their mind, the stuff is equated with the Peace of God. Right?

I remember one time I was counseling someone who said, “Can you help me manifest 3 million dollars?” As I always do, I said, “Well, yeah! But what’s the money **for**?” It’s almost always that the money is for their peace of mind. I said, “So, you think you can’t have peace of mind without the money, the house, the spouse, whatever it is?” They’re like, “Well, **yeah!**” Kind of a “Duh! Yeah, dummy! How can I have peace of mind and not have those things, and go bankrupt or any of those things?”

Well, many of us learn that actually having everything taken away from us is our route to peace of mind, because we’re not willing to give it up. It **has** to be **taken** from us, and that’s what the *Trust* section in Chapter 4 of *The Manual for Teachers* is all about. If we don’t start to value that which is truly valuable, it will begin to be taken from us so that we can shift our perspective.

### *The Illusion of Not Enough Time*

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Now, going back to this thing of so many people feel that they don’t have time for spiritual practice, let’s address this a little bit in our determination to see, in our decision to see, because many people, they might say, “Oh, I’m determined to see. I’ve made that decision to see. I know Lesson 20 in *A Course in Miracles*. Oh, yeah! I did that Lesson. I’m on it! I did that Lesson for a week! Okay? But, Jennifer, **time** is such an issue. I don’t have enough time for spiritual practice. I don’t have enough time to do this.”

Well, let’s just put that to rest, because that’s such a big bug-a-boo, and that used to be mine. That used to get in the way of my spiritual practice every day for **years**, because I really wasn’t determined to see.

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*I have decided I am  
willing to see that  
time is not real!*

---

Now, one of the things we have to accept baseline about this is, time is not **real**. I know it’s seem so real, but when we’re willing to accept that time is an illusion -- its part of the illusion, time and space, separation, are all part of the illusion, but they are not **real** -- when we say, “I am determined to

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see that time is not real. I'm **determined** to see it. I have decided I am willing to see that time is not real!" then it will be revealed to you.

That's one of the reasons why I really love Gary Renard's work in *The Disappearance of the Universe*, and actually, his subsequent books, because in those books, Arten and Pursah help Gary to understand that time is not real, time and space, and how it really works, and that's really helpful to us.

When I became willing to see with Divine Eyes, I started to have experiences where, literally, the clock stopped. Time stopped moving, but I was still having experiences, and I was having conversations with other people and watching the clock, and it was not moving. I had experiences of travelling from one place to another in my car and, knowing that having made that drive many times before, I knew how long it would take, and it did not take anywhere **near** what it should have taken. Like, a trip that should take 90 minutes took closer to 30 minutes.

Now, prior to that, I would have said it wasn't possible, but I saw that time and space --I was **willing** to understand that time and space are an illusion and I was willing to have it proven to me.

I've had many experiences like that since then to help me to really get -- but before I could have those experiences I had to really stop saying, "I don't have enough time. I don't have enough time. I don't have enough time." And so, the practice for me was, when I thought "I don't have enough time," I'd say, "Oh, Jennifer! That doesn't even make **sense**. Time is an illusion. How can you not have enough of it? You are eternal. You are infinite. It's not even **possible** for you to not have enough time. Time is not a real commodity. Of **course**, you have enough time."

Now, I want to get very practical. Okay?

I want to take a sip of my tea here. So yummy! I love my rainforest tea.

---

*You are eternal.*

*You are infinite.*

*It's not even possible for you to not have enough time.*

*Time is not a real commodity.*

*Of course, you have enough time.*

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### *Willingness & Determination to Wake Up*

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Do you find yourself taking care of everyone else? Do you find yourself -- there's always something more important for you to do than your spiritual practice, and **then** you say you don't have time, because there are other things that are more important to you? Or maybe you think that you can't do what you'd like to do because you don't have enough money, or you have this belief that you could have all the time in the world for a spiritual practice, but you don't know what the "**right**" spiritual practice is? Or, maybe you have a belief that it is not just possible for you.

Let me just say, I used to have all those beliefs, and I let everyone of those beliefs stand in my way, over and over and over again. Why? Because I was identified with the ego, and I truly did not **wish** to awaken. I was not **choosing** to awaken.

But as soon as I made that decision, "I AM waking up!" everything began to shift. "I AM waking up!" It's an I AM statement that has **so** much power. "I AM determined to see. I AM waking up. I AM seeing with Divine Vision. I AM choosing Love. I AM the Purity of Love. I AM willing to see now."

Just making those statements right now, I feel my whole heart open and **everything** is possible. We use **so** many excuses when we're identified with the ego. If you're making an excuse for **anything**, if you're making an excuse for playing small, if you're making an excuse for **why** you can't wake up, **why** you can't get it, **why** you can't do it, **why** you don't have enough time, or money, or anything, why you're so burdened, you're identified with the ego, because the Spirit doesn't **make** any excuses. The Spirit is **already** free.

For instance, in my yearlong [\*Masterful Living\*](#) class, I had two people that are a classic example. They started the year in the class, last year or the year before -- it happens every year. Every year there's at least one person like this, a mom with young kids. How about a mom with young kids, twins, who also has a job, who gets up at four o'clock in the morning in order to take care of their kids and do all the stuff, and do the work, do their

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*I AM determined to see.*

*I AM waking up.*

*I AM seeing with Divine  
Vision.*

*I AM choosing Love.*

*I AM the Purity of Love.*

*I AM willing to see now.*

---

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job. If **that** person can find time for a spiritual practice, it **can** be found. If the mom with little kids, working, taking care of a family, can find time.

A few minutes a day go **so far**. It's **all** about your determination to see. It's **all** about your **willingness** to stay committed, to **stay** dedicated, even just a little bit a day, but you're still in that dedication. You haven't given up.

That's why *A Course in Miracles* is 365 days. Some days, the Lesson is longer than others. Some days it's very sweet and simple.

Are you **determined** to see? Have you made that decision?

One of the reason I see **now** why I was guided to start my yearlong [\*Masterful Living\*](#) class is to help people, and to create a community where you're really **held** in the practice, so you're not on your own, and if you want support at any time of the day or night you can **get** it. How cool is that?

### *Spiritual Practice Saves Time*

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Now, one of the things I love so much about *A Course in Miracles* is it says it, over and over and over again, that doing these practices **saves** time. It's literally for the **purpose** of saving time, saving hundreds of years and lifetimes of misery and suffering.

Right now, there's a strong impetus for us to be **willing** to see. To the ego, it sounds crazy that spiritual practice could actually **save** time, but it **does**, because think of all the time you spend managing, and coping, and complaining, and blaming, and dealing with all the upsets, and then trying to manage and cope with **those** upsets, and trying to manipulate other people to do what you **want**, and thinking that, "Oh! I can't be happy unless this looks like this, until this goes like that, until they say -- this, until I have that. I can't be happy. I can't rest," and all these things.

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*To the ego, it sounds  
crazy that  
spiritual practice  
could actually  
save time,  
but it does.*

---

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And all of these things in the **external** world have to be manipulated, and even if you think of the physical body as being external, “My happiness depends on the health of my body, and my happiness depends on my finances, and how my spouse is talking to me today.”

What I’ve seen consistently, over, and over, and over again, year after year in my [Masterful Living](#) class -- because that’s my closest, I want to say, it’s like an incubator. [laughs] That’s the word Spirit is giving me! I’ve never used that word before, but it’s like an incubator where you get to watch things happen and grow.

I’ve seen so many people, they do **their** inner work, and through doing **their** inner work, their relationships with their children, with their spouse, with their body, with their career, and their boss, and their co-workers, and their neighbors --

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*Spirit can accomplish  
so much through you  
when you are willing.*

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**everything** changes. Relationships that have been entrenched in conflict for years and years, decades, even people who have not spoken to each other in decades, family members, people who haven’t spoken to family members in decades, they will have a conversation. After doing the practices for many months, they’ll have a conversation. They will reach out to that loved one. They will feel confident and willing to reach out, and their loved one is receptive and they have a good conversation, and now their relationship is being made holy.

Spirit can accomplish so much **through** you when you are willing. But if you are looking at it and seeing, in your mind’s eye, that it’s hardened, it’s difficult, it’s like concrete, you can’t move it, that there are all these things -- the time, the money and all of that -- that are not on your side, it **cannot** change. Let us be determined to see, so we make that decision today.

It’s time for me to take a break. I’m Jennifer Hadley. I’m inviting you to go to my website, [JenniferHadley.com](http://JenniferHadley.com). Look around. There’s so much free stuff for you there, and particularly, if you go to the [Events](#) page, you’ll see that I’m offering my yearlong course, my [Masterful Living, Spiritual Counseling Training and Certification](#), if you’d like that, and my retreat is coming at the end of February. [Masterful Living](#) retreat, open to anyone. Come check it out! [JenniferHadley.com](http://JenniferHadley.com).

## ***A Course in Miracles Weekly Radio Show*** **with Jennifer Hadley**

You're listening to *A Course in Miracles* on Unity Online Radio, and I'll be right back.

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. If you have a question or comment about today's program or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles Pledge* where you can join with a community of like-minded people who have pledged to live *A Course in Miracles* every day, in every way. Now back to *A Course in Miracles: Living the Love, Walking the Talk*.

### ***Intellectual Understanding Brings Living in Lack***

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I'm back! I'm Jennifer Hadley and we're talking about making that decision to **see** -- yes! -- to see with Divine Vision. Oh, my goodness!

I was sharing about how all the test cases that I experience in my yearlong [\*Masterful Living\*](#) class, where people really take this on and they decide to be willing to see that time and space are not real, they're willing to understand and really **apply** the teachings of *A Course in Miracles*, to really work it, and particularly to work it moment-by-moment, because just reading those Lessons, it doesn't do much.

In fact, what I have experienced and witnessed in so many people is that people can read those Lessons day after day for many, many, many years. Reading, reading, reading, and so they have an **intellectual** understanding of the teachings. And this is true with any spiritual teaching -- if all it is, is an **intellectual** understanding then, really, the ego is driving your spiritual practice, and you're not going to get much traction, you're not going to get much healing.

If you feel like you've been studying *A Course in Miracles* for a while and you're not getting so much healing, or maybe you'd just like some support, you might consider my yearlong [\*Masterful Living\*](#) class. People are still

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joining us all the time. We're just getting started, and all those details, like I said before the break, are at [JenniferHadley.com](http://JenniferHadley.com).

What I see each year -- and, of course, you don't need my class to do this. That's why I always talk about this, is you can definitely do this on your own -- is that if you think about how it is that spiritual practice saves time, it saves money, it saves getting upset, it works like this -- what I have experienced personally is that the **more** I purify my mind, the **more** I clarify my mind, the **more** willing I am to see with Divine Vision, **then** I don't **make** poor choices. I don't make choices that bring me forgiveness opportunities.

### *Pushed by Pain or Pulled by Divine Vision*

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One of the greatest benefits is this -- so, it used to be that a **huge** portion of my time and energy, each and every single day, was invested in going over and over and over a combination of old upsets and current upsets. So, I had certain patterns and beliefs. I had the strong belief that there was something wrong with me and that I wasn't good enough, a very, **very** strong belief system around that. I had, also, this belief that I was **bad**, that I was a bad person, like an evil person. It might seem crazy to you to hear me say that, but I **literally** had that belief.

And because I had that belief, I would make choices that would **affirm** that belief. I would be unkind to my loved ones, and I would be judgmental, and focus on attack thoughts all day long, attacking myself and attacking others.

So, because perception and projection go hand-in-hand, I was projecting those thoughts, and I was **experiencing** those thoughts. I would feel rejected and I would feel attacked. That's why I say all the time, the judger feels judged, the attacker always feels attacked, and the lover knows that they are beloved.

I made a clear, conscious **decision**. It's what I was talking about today, the **decision**. I made a conscious decision to become the lover so that I could **feel** beloved and **know** that.

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***I made a conscious  
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## *A Course in Miracles Weekly Radio Show* with Jennifer Hadley

Because I believed it intellectually from 20 years of spiritual study, I believed it on an intellectual level but I did not feel it in my heart -- because I was still judging myself -- so because I was still judging **myself** and others, so intensely and so frequently, I was experiencing conflict, and turmoil, and fear, and worry, and doubt, and shame, and blame, and regret, and resentment. And, thoughts of revenge filled my mind, all day long.

I invested so much of my precious life and energy and going over, and over, and over conversations from the past, what I would have said, what I should have said, what I could have said, and then I would rehearse unpleasant conversations from the future, thinking, "Okay, here's what I'm going to say if I get the opportunity." And so, I would rehearse those conversations from the future where I would get the better of someone, where I would be the victor.

All of these behaviors, all these thought patterns, all of this use of my mind, just kept me more and more entrenched in the negativity, in the worry, in the doubt, in the fear, and a deep sense of lack -- financial lack, emotional lack, lack in every possible way. I felt lacking in beauty, right? How do you be a radiant, beautiful woman, luminous, when your heart is filled with anger, resentment, and regret, and that's what you're focused on most of your day? I **couldn't** be radiant, and luminous, and beautiful when that was where my attention was. Not even possible! I didn't **want** to be seen. I didn't **want** to be noticed. I didn't feel comfortable, because I felt ugly **inside**.

My spiritual practice has eliminated **all** of that thinking. I'm not kidding you! And so, I'm not coping and managing with the circumstances and the situations. I don't fight with my friends, I don't fight with my family and then get upset about it and think about how to cope with it and manage it. I don't go self-medicate and hurt myself, and then I have to recover from the shame, and the blame, and the physical upset from doing it. I don't sabotage myself financially, or in relationship, or in my career anymore. I don't do those things.

## ***A Course in Miracles Weekly Radio Show*** with Jennifer Hadley

Do I still have room to grow? Do I still have things to let go of? **Every day!** Every day, and every day my life gets easier. Every day, there is more Clarity. Every day is a day of purification for me. But it doesn't feel painful. It feels **good**. It feels joyful. It feels wonderful. It feels loving. It feels powerful. It feels healing and nourishing. It's a time of deep transformation.

The pain is always **pushing** us to wake up, and the vision, Divine Vision, is always **pulling** us to wake up. We don't have to be waking up on the "pain plan". We can wake up on the "vision plan", and what is required is that **decision** to see.

It sounds crazy that spiritual practice actually saves time, but it does, and what I teach in my [Masterful Living](#) class is how to incorporate your spiritual practice, like in *A Course in Miracles*, all throughout your day, that it's a mind training, so that it doesn't take huge amounts of time. It **immediately** begins saving you time.

Oh! Boy, oh, boy! I just **know that** it works. I really do.

I encourage you to go to the [Masterful Living](#) page and read the testimonials, see if anything feels like it piques your interest. You can always check it out. If it doesn't work for you, you can withdraw from the class. You gave it a shot, you tried something. Maybe it will work for you, maybe it won't. Certainly, you don't need my help, but there I am if you'd like.

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*We don't have to be waking up on the "pain plan".*

*We can wake up on the "vision plan", and what is required is that decision to see.*

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### *Closing Prayer*

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It's time for us to pray.

I'm so grateful, so grateful for our fellowship. So grateful to share these beautiful teachings of *A Course in Miracles*. With our hand on our heart, we say, "I am determined to see. I am determined to see with Divine Vision, and to accept the Holy Vision for my life."

In grace and gratitude, I share the benefits with everyone. I allow it to be. And so, it is. Amen. Amen. Amen.

## ***A Course in Miracles* Weekly Radio Show with Jennifer Hadley**

Thank you! Have a great, grand and glorious week. Ease and grace all the way.

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

This program is brought to you in part by JenniferHadley.com, a global resource providing tools, insight, and support for those seeking to live *A Course in Miracles* every day, in every way. Online at wonderful. JenniferHadley.com.

While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.