

January 27, 2015



Perfect Communication Skills

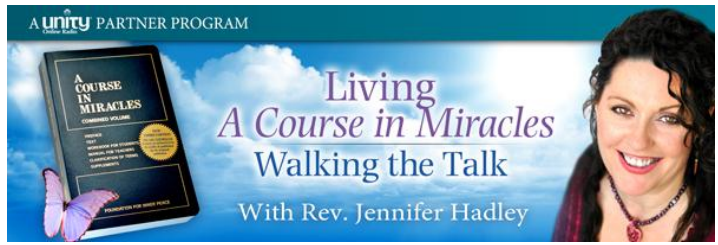


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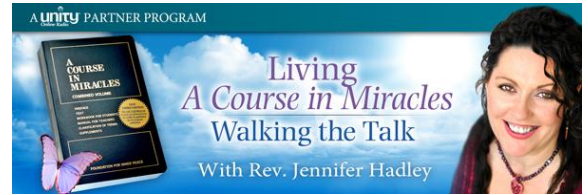
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January 27, 2015

Perfect Communication Skills

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives? Get ready to focus on your intent to be the Love, be the Peace through practical application. Here is your host, Reverend Jennifer Hadley.

Opening Prayer

Jennifer Good morning! It's a beautiful morning here in California. I'm so happy to join with you right now. For those of you who are listening for the first time or one of the first times, welcome. Welcome. I'm Jennifer Hadley. I've been offering this show in partnership with Unity since September, 2011.

There are a lot of shows in the archive. You can get them all for free at the Unity.fm website or at iTunes. If you search for Jennifer Hadley at iTunes, you'll literally come upon hundreds and hundreds of hours of free downloads. I invite you to go and enjoy them and share them with your like-minded friends. This broadcast, this radio broadcast coming to you live, We always begin with a blessing and a prayer. I invite you to place your hand on your heart.

We do this to remind ourselves that we're wholeheartedly interested in waking up, that we're wholeheartedly willing to accept the Atonement for ourselves, willing to see beyond the illusion, to know the truth that sets us free. We consciously choose to Partner UP with the Higher Holy Spirit Self. I'm going to share the prayer for Partnering UP that I wrote a version of my daily prayer for the folks who are in my yearlong *Masterful Living* class and

I shared it on my daily blog recently. I have a daily blog called *My Daily Shot of Spiritual Espresso*.

Here's the Prayer for Partnering UP:

"I am that I AM. I AM my I AM presence. I AM One with the One, and for this I AM truly grateful. In the name of my Beloved I AM. I ask that my Higher Holy Spirit Self, my I AM presence lead and guide me to be in the flow of Love in all moments of this day and in every area of my life.

I intend to be easily led and guided to choose the highest and best in each moment. I allow myself to receive the blessings that are mine to receive. I allow myself to recognize the most loving choices this day.

Higher Holy Spirit Self, please make the loving choices so attractive to me that I cannot mistake them. Help me to choose Love and to live my life as a joyful and abundant prayer of the heart. Help me to recognize my life is the Eternal Life of God.

I am dedicated to being a loving and beneficial presence on this planet. I choose to be truly helpful. I share the benefits of my healing and expansion with everyone because I AM One with them. I AM awakening to know my true identity and the true identity of my brothers and sisters.

We are One in Love eternally. And for this and all the blessings I received this day, I AM so very grateful. In the name of my Beloved I AM, I know that it is done. I allow myself to accept it, and so it is. Amen. Amen, Amen."

It Starts with Willingness

Yes. Thanks for joining me in prayer. Yeah! I love one of the key components of *A Course in Miracles* is that we're all One. One with God, One with each other. I love this as a daily practice of remembering the Oneness and affirming the Oneness. In Chapter 5, in Section I, *The Invitation to the Holy Spirit*.

It says, "*Healing is a thought by which two minds perceive their Oneness and become glad. This gladness calls to every part of the Sonship to rejoice with them,*

and lets God go out into them and through them. Only the healed mind can experience revelation with lasting effect, because revelation is an experience of pure joy. If you do not choose to be wholly joyous, your mind cannot have what it does not choose to be. Remember that spirit knows no difference between having and being. The higher mind thinks according to the laws Spirit obeys, and therefore honors only the laws of God. To Spirit getting is meaningless and giving is all. Having everything, Spirit holds everything by giving it, and thus creates as the Father created.”

Developing our communication skills, having excellent communication skills, that’s our topic today. To me, it begins with that willingness. It is that beautiful teaching of *A Course in Miracles*, “*To have, give all to All.*” So, getting is meaningless. It’s about beingness. When we allow ourselves to be, then we can truly share it. It’s through our desire to share it, our willingness to share it that we experience it, that we have it.

The ego so often is motivating us to hoard or to withhold. The ego has a constant soundtrack of lack, attack, and limitation and the Spirit has a constant broadcast of, “*To have, give all to All,*” which means to really see our brothers and sisters as they truly are, as God sees them. Since we’re One with God, if we see them as God sees them, we see them as they truly are. Then we see with God’s eyes.

Clearer Communication to Convey Truth

In Chapter 5, in the Introduction, this is a Chapter called, *Healing and Wholeness*.

It says, “It is impossible for a child of God to love his neighbor except as himself. That is why the healer's prayer is: Let me know this brother as I know myself.”
“Let me know this brother as I know myself.”

Everyone has a blessing to give us. We have a blessing to give everyone. If we withhold the blessing from anyone, we withhold it from ourselves. Such a simple teaching.

“It is impossible for a child of God to love his neighbor except as himself.”

“Let me know this brother as I know myself.”

One of the things that I’ve noticed that a lot of Light workers share with me is they don’t feel Joy. They have studied spiritual teachings for so long but they don’t feel Joy. They don’t feel a lightness of being. I surely understand that. It was exactly how I felt. What I know is the more I allow myself to live for my heart and to be the teaching, to share the teaching, extending to all, rather than to hoard, to withhold. The more joyful I feel, the more alive I feel, the more grateful I feel, the more I am living in Joy. Let me know this brother as I know myself. This is the way to develop the perfect communication skills. How beautiful.

So often in our relationships we have challenges because our communication skills are not so hot. Our experience on a daily basis that we say one thing but we actually believe another. We think another. Well, if we’re consciously saying one thing while we believe another, we must not be interested in clear communication. I mean, if we we’re interested in clear communication, we wouldn’t say something that wasn’t true. We wouldn’t pretend that we believe one thing when we believe another.

I send out e-mails about various things that I’m doing and inspiration and things like that, and there’s a whole plethora of offerings, classes, retreats and free things you can find at LivingACourseinMiracles.com and JenniferHadley.com and also at the PowerOfLoveMinistry.net, PowerOfLoveMinistry.net is, if you will, is the main body that supports the LivingACourseinMiracles.com classes and the JenniferHadley.com classes.

Everything I do is *A Course in Miracles* focused. How could it not be? Because it’s truth focused. I truly believe that *A Course in Miracles* is the clearest, most direct teaching of truth that I have come across. I love it. It so inspires me. I love to share from it. In everything that I’m offering, I’m consistently developing my own communication skills. It is why I share. That’s why this radio show exists. It gives me the opportunity to perfect my communication skills.

In all these offerings, it’s about this awakening to Joy and accepting the Atonement for ourselves, a chance to practice clearer and clearer communication. And so, communication is about giving and receiving in the human experience of it. But as it says here in *A Course in Miracles*, in

this Section I, Chapter 5 in the *Invitation to the Holy Spirit*, as I just read before, the Spirit getting is meaningless and giving is all. Having everything, Spirit holds everything by giving it, and thus creates as the Father create it.

Understanding that we are One with God, One with each is other is critical to waking up and to understanding this holographic teaching of *A Course in Miracles* and that we live in this holographic Universe where all is One.

God Power

In Chapter 7, *The Gift of the Kingdom*, it begins with the section called *The Last Step*. In here it says, “*The creative power of God and His creations is limitless, but they are not in reciprocal relationship. You communicate fully with God, as God does with you. This is an ongoing process in which you share, because you share it, you are inspired to create like God.*”

As we’re willing to share, from inspiration, we get to create like God. We’re inspired to create like God. Sharing the Love, that’s the only thing there is really, to share.

“*Yet in creation you are not in a reciprocal relation to God, since He created you but you did not create God. I have told you already that only in this respect your creative power differs from God’s. Even in this world there is a parallel. Parents give birth to children, but children do not give birth to their parents.*”

“*Parents give birth to children, but children do not give birth to parents. They do, however, give birth to their children, and thus give birth as their parents do.*”

“*If you created God and God created you, the Kingdom could not increase through its own creative thought. Creation would therefore be limited, and you would not be co-creators with God. As God’s creative thought proceeds from Him to you, so must your creative thought proceed from you to your creations. Only in this way can all creative power extend outwards. God’s accomplishments are not yours, but yours are like His. God created the Sonship and you increase it. You have the power to add to the Kingdom, though not to add to the Creator of the Kingdom. You claim this power when you become vigilant only for God and God’s Kingdom. By accepting this power as yours you have learned to remember what you are.*”

Let's remember what we are by accepting that we have this God power, this creative power, and let us not use it destructively. When we think thoughts of lack, attack and limitation, we're going to have experiences because we have the power to miscreate in this world by investing our attention and our awareness in communicating thoughts of lack, attack, and limitation. Then we're miscreating.

This is what it talks about in the *Cause and Effect* Section in Chapter 2, that we're not vigilant over our thoughts and we allow ourselves to miscreate through thinking thoughts of lack, attack, and limitation, thoughts of separation. So how do we put an end to all that is through being loving.

Now, going back to Chapter 5, Section I, Paragraph 2, it says...

Well, actually backing up to Paragraph 1, so talking about the Spirit, getting is meaningless and giving is all. Having everything, Spirit holds everything by giving it and thus creates as the Father create it. Well, this kind of thinking is totally alien to having things. Even to the lower mind, it is quite comprehensible in connection with ideas.

"If you share a physical possession, you do divide its ownership. If you share an idea, however, you do not lessen it. All of it is still yours although all of it has been given away."

I have a thought of compassion. I have thought of Love. I have a thought of Freedom. I share it with my brothers and sisters, and by giving it away, it's increased. It spreads. This is why I couldn't be still. This is why I had to share what I love in these teachings in *A Course in Miracles*.

Increasing the Love

In the *Manual for Teachers*, it tells us that when the teacher is ready to learn, that those will show up to being students. For me, I get to be the best student I could be by sharing. So, my invitation to you today is how can you share Love, compassion, kindness, forgiveness, generosity, and thereby increase its experience in this world. And your sharing might inspire others to share thereby increasing and increasing it ever more.

So many Light workers complain about the state of this world. They complain about people who are mean, and angry, and violent, and attacking. That doesn't increase the Love. That's not clear communication of the Kingdom. So today, we're developing our communication skills so that all we communicate is Love. We teach only Love because that's what we are.

I'm Jennifer Hadley. And if you're enjoying this radio show, you might go check out my website, JenniferHadley.com. Lots of free things there for you. We've got that *Living A Course in Miracles* retreat coming up in Baja, Mexico with Gary Renard, Jon Mundy, Regina Dawn Akers, David Hoffmeister, Maria Felipe, and myself. So many blessings for us to share.

You're listening to *A Course in Miracles* on Unity online radio. I'm Jennifer Hadley. We're walking the talk, we're living the Love. I'll be right back

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Word Spreading

Jennifer Hey, hey, hey! I'm Jennifer Hadley and our topic this week is communication skills, developing excellent communication skills. Just a couple of things I'd like to mention. Right now, on the Events page of JenniferHadley.com, there's some free classes that I'm giving away. One is my *Fortify Your Faith* class, it's a preview of my *Masterful Living* class but it's still a great free class. Then there's also on that same page, *Relationship Rescue*. *Relationship Rescue*. So those are free downloads for you. They're not going to be there forever, so I invite you to go and get them on the Events page on JenniferHadley.com.

There's also a bonus class that I did for my *Masterful Living* students called *New Year's Reboot*. *New Year's Reboot*. That's on a Love offering basis. You can click there and get that for a Love offering. What else? Also, you'll see there on the Events page, the Baja retreats. I'm doing two retreats, one is a whale watch adventure in Baja, Mexico at the end of February. Then on the

first week of March, the *Living A Course in Miracles* Baja, Mexico retreat at a fantastic resort. It's a gorgeous place.

I can tell you that I just posted a video on my YouTube channel, which if you're a YouTube person, my YouTube channel is Jennifer H. Hadley. We've got a bunch of videos there and all kinds of topics. You can watch the Baja retreat video there. Oh, we're going to have a lot of fun and we're going to do some deep healing teaching because that is always how I like to go. A great mix of really deep healing, personal healing work, or cleaning up the crap, doing the deep forgiveness work, and then go and have fun and be in the sun and the joy and the play, and really enjoy yourself. Such a great group of people. We're six teachers who love to have fun. We're very playful, each and every one of us, Maria Felipe, Regina Dawn Akers, David Hoffmeister, Gary Renard, and myself. We still got some slots there. If you need any help figuring out the airlines, we've got some seats set aside. We've got discounts, all kinds of things we can help you with. Another free thing is the *How to Get Over It*, my free forgiveness work on the homepage of JenniferHadley.com.

Did you know that this radio show last year, the classes from *Living A Course in Miracles*, all in combined, we've reached people in 102 countries participated in my free offerings. People from 102 countries. If you like to support any of that, you can make a contribution at PowerOfLoveMinistry.net. PowerOfLoveMinistry.net, that's what funds this radio show. And, again, too, remember that you can get all the past episodes if you search for Jennifer Hadley at iTunes.

If you love this show, won't you take a minute to write a review. Thank you so very much. Alright. And, of course, my yearlong *Masterful Living* class. If you'd like to work in a community where we're living the Love and we're walking the talk together, people from all over the world, my yearlong *Masterful Living* class, where we really take this living—these *A Course in Miracles* teachings and we put them into a practical application day by day together. You're so welcome to join us. All the details are at JenniferHadley.com.

Quality of Communication

In Chapter 14, *Teaching for Truth*, Section IV, *Your Function in the Atonement*, Paragraph 10. I love this.

“The guiltless and the guilty are totally incapable of understanding one another.”

So talk about a communication breakdown. In *A Course in Miracles*, the teaching talks about every single problem that we have is stemming from a single problem, which is—the problem is that we have a belief in separation. We feel guilty because we have been attacking our brothers and sisters. We’ve been attacking ourselves.

We have invested so much thought, time, energy, belief, intensity and thoughts of lack, attack, limitation, and separation. Then very often, what do we do? We experience, of course, through the miscreation that I was talking about earlier, we experience lack, attack, limitation and separation. We feel separate from Love. We feel separate from Joy. We feel separate from Freedom. We feel separate from all the good that there is in the world.

Then we blame it on others. We blame it on our human parents, we blame it on our ancestors or we blame it on ourselves. Then, what are we communicating to the rest of the world? That blame, and shame, and resentment, and hurt, fear, jealousy, doubt, sadness, disappointment, all of these things are real and that they should invest in them, too. That’s what we’re teaching them. That’s what we’re communicating.

Going back to Chapter 5. No, I didn’t share—let me go a little further of Chapter 14, Section IV, Paragraph 10.

“The guiltless and the guilty are totally incapable of understanding one another.”

So, we can’t really understand each other as this is where our focus is, so total communication breakdown. That song by Led Zeppelin. Communication break—okay.

“Each perceives the other as like himself.”

So, we project on to others that they are like us.

“Making both unable to communicate, because each sees the other unlike the way he sees himself. God can communicate only to the Holy Spirit in your mind, because only God shares the knowledge of what you are with God.” Or rather, “Because only the Holy Spirit shares the knowledge of what you are with God.”

“And only the Holy Spirit can answer God for you, for only the Holy Spirit knows what God is. Everything else that you have placed within your mind cannot exist, for what is not in communication with the Mind of God has never been. Communication with God is life. Nothing without it is at all.”

Nothing real exist. Everything that is real is eternal is infinite is unchangeable, and that’s our true identity, our true nature. Let’s dedicate ourselves to communicating that. Remember, *“To have, give all to All.”* Let’s see in our brothers and sisters who and what they truly are in order to have that awareness of ourselves.

Now, going back to Chapter 5, Section I. It talks about, *“If you share a physical possession, you do divide its ownership. If you share an idea, however, you do not lessen it.”*

You actually strengthen it.

“All of it is still yours although all of it has been given away.”

So, we’re sharing not just an idea but the truth that we’re all One. We’re sharing that we’re all made in the spiritual image and likeness of our Creator, and that we can walk on this earth as our awakened selves. So all of the kingdom is still yours although all of it has been given away.

“Further, if the one to whom you give it accepts it as his, he reinforces it in your mind and thus increases it.”

If the one that you share the truth with, if you look with the eyes of Love with your brother and sister, and it supports them in being able to see with eyes of Love, it strengthens it in your mind because you share the One Mind. How wonderful is that? Is that not such a better goal than trying to get something? When you’re trying to get something all the time like get appreciation, get recognition, get a raise, get more money, get this, get that.

You're actually affirming all the time that you don't have, and you're strengthening that idea in your mind, and you're strengthening that idea in the mind of everyone else because you share the One Mind.

Giving Away to Have

Let us develop incredibly good communication skills by, as I was talking about it in the beginning, being willing to be the loving presence of God. So in each and every moment of the day, we can affirm that. Here's a wonderful practice for you.

If you feel stressed, if you feel worried, if you feel afraid, how can you communicate that the Kingdom is pre-installed, that you already have it all? *"To have, give all to All."* If you're feeling lack in relationship, lack in your finances, if you're feeling lack in any way whatsoever and you would like to feel abundant, and prosperous, and loved, and worthy, and good, and to literally shed all the layers of shame, and blame, and resentment, and regret, and hurt, and feeling like a victim.

"To have, give all to All." Say, "I'm willing to be loved. Holy Spirit, show me now. How can I be Love in this moment? How can I be my true self in this moment? How can I affirm and recognize the kingdom within my heart in this moment?" For me, it's a practice of surrendering any investment in lack, attack, and limitation.

I love going back to Chapter 2, in Section V, which is entitled—well, actually it's the *Special Principles of Miracle Workers*. It's my Page 28 at the end there, right before *The Fear and Conflict* Section starts.

It says, "I am here only to be truly helpful. I am here to represent Him Who sent me. I do not have to worry about what to say or what to do, because He Who sent me will direct me. I am content to be wherever He wishes, knowing He goes there with me. I will be healed as I let Him teach me to heal."

We stand in that place, teach me to heal. Holy Spirit, teach me to heal. Let me be a healing presence in my own heart, in my own mind, and let me broadcast that and to share it with the Sonship.

Going back to Chapter 5, Section I, Paragraph 1, *“If you share an idea. . .”*

“All of it is still yours although all of it has been given away. Further, if the one to whom you give it accepts it as his, he reinforces it in your mind and thus increases it. If you can accept the concept that the world is one of ideas, the whole belief in the false association of the ego makes between giving and losing is gone.”

“The whole belief in the false association the ego makes between giving and losing is gone.”

The ego makes this association that to give away is to lose. Just the opposite is true. Remember the ego’s always teaching us the opposite, always affirming the opposite.

So, *“To have, give all to All.”* How can I share the Love? How can I give it away? I can give it away through patience. I can give it away through kindness. I can give it away through compassion. I can give it away through being generous of heart. That’s how I can give it away. That’s how I can strengthen it in my own mind.

I love it. I love it obviously. This is my life. Let us start our process of awakening with just a few simple concepts. Again, Chapter 5, Section I, now in Paragraph 2.

“Thoughts increase by being given away. The more who believe in them the stronger they become. Everything is an idea. How, then, can giving and losing be associated?”

“Thoughts increase by being given away.”

Let me increase my Abundance by not affirming anyone’s lack including my own. That’s how I increase my Abundance. Let me see everyone as already having. Remember it said, *“To Spirit getting is meaningless and giving is all.”* Spirit already has everything. The Spirit already knows everything. The Spirit has no confusion, no lack, no limitation, no separation. This is why when we seek the Kingdom first, which is within, all else is added unto us.

When we seek to awaken from the dream of separation, we recognize we've already got it all. Act now and you can recognize you already have it all. Act now and you can recognize. You can re-cognize, you can remember, that you already have it all.

A Course in Miracles says the Kingdom is you. It says, ask and it shall be given because it already has been given. What we have done is we have created a veil in our minds saying that we're in lack, we're in limitation, that we don't have it. It is missing and we can't find it.

Our willingness is all that's required, and our willingness to share is our most powerful communication. Let's look back. How powerful, how powerful! Oh, my gosh! I love it. I'm so happy to share it with you. If you appreciate this radio show, I invite you to go PowerOfLoveMinistry.net and make a contribution. Thank you so much.

You're listening to Jennifer Hadley. Remember, all that free stuff at JenniferHadley.com. Go to the Events page and you'll the free previews of *Fortify Your Faith* and you'll find the *Relationship Rescue* free classes. Download them now while they're there. Remember, we're living the Love, we're walking the talk with *A Course in Miracles* on Unity online radio. I'll be right back.

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. If you have a question or comment about today's program or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles Pledge* where you can join with a community of like-minded people who have pledged to live *A Course in Miracles* every day in every way. Now back to *A Course in Miracles: Living the Love, Walking the Talk*.

Living Not Studying

Jennifer So today we're at the end of the—this is the last show for January. In January, a lot of people start studying *A Course in Miracles* and they get inspired. What I would like to say to anyone who's new to the *Course*, who's starting the *Course* again. Well, I guess I'd like to say it to everyone is that it's really about living the *Course* and applying the *Course*.

Studying it? Not so much. This is one of the things that I see. I have had, I don't know, maybe 30,000 people in the *Living A Course in Miracles* classes over the last couple of years. And like I said before, people from 102 countries have participated in all those free classes. I get a lot of e-mails from people who say, "I've been studying the *Course* for 25 years, for 30 years, for 10 years, 15 years, 12 years, 18 years," all different lengths of time, many, many years, and they will say over and over and over again, "I never thought to live it and apply it with the way you're talking about. But now that I am, my life is changing."

They literally say to me, "I kept wondering as I'm studying *A Course in Miracles* knowing it's such a powerful teaching. But looking at my life and noticing that 'My relationships aren't really improving. I'm not having holy relationships. Noticing that my health is not really improving. Noticing that my finances aren't really shifting and my happiness is elusive, my joy. I don't even know what that is.'" Over and over and over again, people tell me this, although they have been studying *A Course in Miracles* for a decade or more, two decades or more. Studying *A Course in Miracles* is nothing. That's what I learned from that. Living *A Course in Miracles*, applying *A Course in Miracles* is everything.

Many people who are like me who are intellectual up in their head. We like sophisticated ideas and concepts. We like to analyze. Many people who like me are not—like for me, a long time I was not in any way aware that the ego was driving my spiritual practice. Now, it's obvious to me that the ego was driving everything. It wasn't until I finally said, "Enough is enough. I'm interested in living this teaching. I'm interested in living the Love and walking the talk," then my life began to radically change.

Radically change.

This is what it says in Chapter 2, in the *Cause and Effect* Section, "*You may still complain about fear, but you nevertheless persist in making yourself fearful.*"

It says a little bit later, "*Miracle working entails a full realization of the power of thought in order to avoid miscreation. Otherwise a miracle will be necessary to set the mind itself straight, a circular process that would not foster the time collapse for which the miracle was intended. The miracle worker must have*

genuine respect for true cause and effect as a necessary condition for the miracle to occur.

Both miracles and fear come from thoughts. If you are not free to choose one, you would also not be free to choose the other.”

So, we have the Freedom. We have the Freedom.

It says here, “It has already been said that you believe you cannot control fear because you yourself made it, and your belief in it seems to render it out of your control. Yet any attempt to resolve the error--” The error in thinking that is the cause of the fear. “Any attempt to resolve the error through attempting the mastery of fear is useless. In fact, it asserts the power of fear by the very assumption that it need be mastered. The true resolution rests entirely on mastery through love.”

And that’s what my yearlong *Masterful Living* class is all about, it’s about getting out of the head and into the heart, and discovering joyful life that you were born to live. It really is about accepting the Atonement for yourself. Accepting that this world is an illusory world and we have been miscreating. We’ve been far too tolerant of our mind wandering.

In my yearlong class, we work on releasing all the belief in lack, limitation, suffering, separation, the painful experiences in our relationships and our finances, in our body. That’s what we focus on all year long. Obviously no one needs my help. No one. We all have *A Course in Miracles*, we can all do it. I encourage you to start a study group, to join a study group and to make your commitment to living *A Course in Miracles*. That’s what’s going to really change your experience this year.

If you like some inspiration to help do that, remember, the free classes on my Events page right now are *Mastery*—I mean *Fortify Your Faith*, *Relationship Rescue* and then there’s the Love offering class which is *New Year’s Reboot*. In fact, I really recommend that *New Year’s Reboot*, so you can go and get that for a contribution or Love offering to PowerOfLoveMinistry.net. But you get it on the Jennifer Hadley. I mean, at the Events page at JenniferHadley.com.

What I love about my work is that, particularly with my *Masterful Living* students, at the different points in the year we do a one-on-one check-ins. I get to have one-on-one time with each person in the class, which is wonderful. At the end of the year, I ask people, “What is it that you hope to get out of this year?” And “What did you get?”

It’s not true for everyone because everyone makes a different investment of themselves. But the vast majority of people say, “I had no idea that I can change my life this much in just one year.” “I had no idea that I can change my life this much in just one year.” “I had no idea that I can change my life this much in just one year.”

Many of those people literally had been studying *A Course in Miracles* for decades, or for a decade, or for five years, or eight years, or they had been studying it years ago and they put it down and they picked it back up again. So, intellectually understanding the teachings, it has nothing to do with living them. It really, really doesn’t. It’s moving into your heart and cultivating that willingness to stop withholding Love from your brothers and sisters and to stop affirming that anyone’s withholding Love from you. God is the Source of all Love.

If you would like to have more Love, if you’d like to have more Prosperity, if you’d like to have more Joy, if you’d like to have more Harmony, if you’d like to have more Peace, if you’d like to have more willingness, if you’d like to have more gratitude, “*To have, give all to All.*”

The resentments, the regrets, the shame, the blame, all of these is the meaning that you have given to things. Alright, this is the beginning, this is the early Workbook lessons of recognizing, “I’m never upset for the reason I think. I’m always upset because of the meaning I have attributed to things.”

Now, one of my favorite lessons in *A Course in Miracles* is, “*I don’t know what anything is for.*” How do we get out of all these upset? We start to look every day. I don’t know what everything is for but if you think you know what everything is for and you’re upset by the meaning that you think is containing everything, you’re wrong.

That's why you're upset is you're choosing to believe something that's not true. Remember, the truth will set you free. These teachings are extremely simple. Extremely simple and it's the practical application that I love, that has transformed my life, and that will transform anyone's life no matter how desperate, no matter how fearful, no matter how depraved you might feel, it works. I know it. I've seen so many people do it and I've loved every minute of that journey.

Closing Prayer

I invite you to place your hand on your heart right now and let us together be willing to walk this talk and live this Love. We Partner Up with the Higher Holy Spirit Self and we share the benefits of our healing and expansion with everyone because we're One with them. We're extending Love throughout the Sonship. We're setting ourselves free. In Grace and Gratitude, we let it be and so it is. Amen.

Have a great rest of your week. I Love you. Mwah!

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