

August 5, 2014



Living a Miraculous Life, With Maria Felipe





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Living a Miraculous Life, With Maria Felipe

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Introduction

Jennifer Hey there! Happy Tuesday. Happy day to you. I'm so glad that you are joining me today. It's wonderful! I love that we get to be together, transcending time and space with technology. Yes! So, some folks are listening live, some folks are listening on the download. That's the beauty of our technology, and I am grateful and thankful that we get to share and make use of our resources here, and **use** technology to bring us together united in Spirit. So grateful for that. Yeah!

Let us begin, as we always do, with a blessing. I invite you to place your hand on your heart and to take a breath. Let's just move right into our heart. So many *A Course in Miracles* students are so intellectual at times, and I know that that used to be me. I was very analytical, very intellectual, and a lot of people don't even realize that the ego **is** the intellect. If the ego is showing up as the intellect for you, and you're intellectual, analytical, the ego may be running your spiritual practice, and we're going to talk about that today, I'm sure.

Opening Prayer

Let's move into our heart with our hand on our heart be so grateful and so thankful that Love is **all** that there is, and Love is all that we are, and our life **is** a life of unlimited, unprecedented Love intelligence.

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We consciously call upon the Higher Holy Spirit Self to remember our true identity **is** that perfect Love. We are the perfect givers and receivers of Love, so we're relinquishing any idea of separation. Yes! We're allowing ourselves to be led by compassion, and Joy, and Freedom, and Harmony, and all that is our spiritual nature.

We're grateful and thankful to share the benefits of our healing and our expansion with everyone, because we're One with them. In grace and gratitude, we **let** it be. We know that it is done. And so, it is. Amen. Amen. Amen. Amen.

Introduction to Maria Felipe

I'm so excited today! We have a guest, someone that I think is just an exceptional human being. She is Maria Felipe. She is a wonderful teacher of *A Course in Miracles*, a counselor. She does a lot of weddings, spiritual weddings. Reverend Maria Felipe, from the Pathways of Light Ministry. Welcome, Maria!

Maria Thank you, Jennifer, for having me. Holy moly! Wow! You're a powerful pray-er! [laughs]

Jennifer [laughs] I **love** to pray.

Maria I love it!

Jennifer Yeah! I'm a praying fool. I truly am. I **love** to pray. Prayer is a very vital part of my practice, and what I share and what I teach. Yeah, it's always great to be the two or more who are gathered.

Here I am in merry old England, out in the country near old Stonehenge, and you're there in --you're in Burbank, right, Maria? You're in Burbank today?

Maria Yeah, I'm in Los Angeles area. I'm in a city called Studio City, the Studio City area. Yeah.

Jennifer Yeah! We used to be neighbors there in Los Angeles. Now, we're in two very different parts of the world, but we're going to be together in Greece next month for our Greek Island retreat with Gary Renard and Patricia Black, and I'm sure we'll talk about that during our time today.

Our topic is, "Living a Miraculous Life" and it's something you know a lot about, I know a lot about, and it's something that people are really

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interested in. Let's jump in to our topic, and be truly helpful and set the intention to inspire and motivate people to **choose to live** a miraculous life.

I always find that one of the best ways to inspire and motivate myself is to really be clear what it is that I'm going for, what is it that I'm talking about?" I think that when people think of miracles, they have a lot of different ideas on what a miracle is.

Miracles Are Love

According to the teachings of *A Course in Miracles*, since we're intent -- you and I, I know we're both very intent on truly **living** *A Course in Miracles*, what does it mean when we talk about a miracle? What are we saying when we say "a miracle" according to *A Course in Miracles*?

Maria Well, for me, it's really recognizing that we're created **by** Love to **be** Love and nothing else, and that we are perfect Love, and recognizing that we're that constantly. I'm not just saying that. It's funny, I love that you say "intellectual" because we could know we could Love intellectually, "Oh! I am Love!" You know, and use pretty words.

Jennifer Oh, yeah!

But when you really recognize that you **are** Love **fully**, and you embrace yourself and you truly Love yourself, and you recognize that nothing external gives you that, that that comes from within, I feel **that's** my experience of a miracle when I truly, truly honor and I'm experiencing myself **as** Love, as that connection with God, that in Christ that I AM. That's my experience of a miracle in my life.

Jennifer **Very** well said. I think that's **so** helpful.

Maria And then, the rest is just a dream, you know? The rest is just a dream. That's what I say. [laughs]

Jennifer [laughs] Yeah! "Merrily, merrily, merrily, merrily, life is but a dream."

Maria [laughs]

Jennifer [Laughs]

Folks may know your work, may know us both, and we're both friends with David Hoffmeister, and we've both done retreats and events with David. We both love and adore David.

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I remember having this conversation with David a couple of years ago that people -- *A Course in Miracles* students, it's very common, spiritual students it's very common to have this intellectual understanding, exactly what you just said.

Knowing Healing Is At The Level of the Mind

For instance, you can say in a roomful of people of *A Course in Miracles* students, and you can say, "All healing is at the level of the mind." People will nod their heads, "Yes, I know that. That's true. All healing. Yes, it's at the level of the mind."

Then -- but if you ask **most** of them, "So, what does that mean? How does that work in your life, 'all healing is at the level of the mind'? How do you experience that in your life?" Then they look at you like a deer caught in headlights, and they're like, "Oh! I didn't know there was going to be a quiz."

What happens to -- and this was **me**. **Believe** me, this was me, that as a spiritual student, I was **such** a good student, and a lot of the folks who are drawn to *A Course in Miracles*, very intellectual, were very good students, and so we learn the words, we learn the phrases. I've had so many students come at me with the words and the phrases, and they know them, and they can quote scripture, so to speak.

But if you ask them, "How is that **working** in your life? **How** are you seeing that? How are you understanding and applying it in your day-to-day living?" they're speechless, because that's when they start to realize, "I only understand it **intellectually**. I have **not** taken it to my heart." and that's where the miracles take place. Right?

Maria Yes! I'm so ecstatic about this topic. The more you're talking, I'm like, "Oh, my God! This is so exciting!" This is **very** important.

I can totally relate to you, Jennifer, just like I could relate to other students of *A Course in Miracles* and their path of just **knowing** these things intellectually, of quoting a verse, because I lived it for about 10 years when I first started learning about *A Course in Miracles* and practicing it. Not really even practicing it, just **knowing** it.

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Just like knowing other philosophies, even Unity. When I would go to Unity in Miami, I would go to the church there, and I would study the principles there, *The Power of Now*, listen to Oprah Winfrey and things like that.

I loved it, I was just into that, **but** my life wasn't working! It was like I wasn't at Peace. I was continuously looking for my Love outside of myself. It's like I **knew** these things, as you said, on an intellectual level but I wasn't **living** that.

Trusting Your Internal Teacher

When I began my ministerial training in 2009, and I started to really practice, experience *A Course in Miracles* in my life, in my relationship, practicing forgiveness wherever I work, bringing it to my work, in my relationships, with my family, with my friends, experiencing -- I like to say **experiencing** *A Course in Miracles* is when my life completely changed.

Jennifer Yeah.

Maria Especially when I took out the "but." The "but" because you can say, "I am Love, I am Joy, I am Peace," and Unity is actually very big on affirmations, affirmative prayer, which I think is excellent.

But there's thing that, "**But** -- I want to be separate. I want to call the shot and I want to do it **my** way." So, there's no -- there's not alignment. If you **are** Abundance, then you claim, "I am abundant," then, what thoughts are aligned to that versus, "But I want to do it by myself," or, "I am Love, but I want to tell off the next person that crosses in front of me on the street, gets in front of my car."? You know?

Jennifer [laughs]

Maria I feel that we have to be in alignment to what we are learning and really **live** it as an expression **through** you, and let Holy Spirit use your eyes, your body, everything, so that you can fully experience it and trust.

Trust is a **huge** one. David and I talked a lot about that now. We just came back from Mexico, where we were teaching *A Course in Miracles* there. Trust is **huge**, because when you really **get** the trust that the *Course* talks about, which is really getting out of the way and letting your internal teacher guide you, that's when your life is this topic that we're talking about, so that you live a miraculous life when you are **fully** trusting.

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And I'm not saying -- because that's another thing. "I trust, **but** I don't." It's very interesting, so I feel that we really, really need to **embody** that trust, and when things come up, to not make it a big deal, and to really see it and ask Holy Spirit for Its interpretation of it, and then that big deal will dissipate. You know, the tax letter would dissipate. The money in the bank that looks scarce will dissipate. It won't be a big deal, because you're trusting in something else that's so much bigger than you.

A Course in Miracles talks about how we live in our littleness. It reminds us that we are **big**. We have this big power of Love, a surge of Light that guides us, and that when we listen, we are coming home, and nothing really matters. It's amazing! Your life just gets so much easier because you don't have to think outside of you to disturb your Peace. It's truly miraculous, Jennifer, as you know. It's just, life gets **so** much easier.

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It's truly miraculous!*

Jennifer Yeah, it becomes so much easier that it's literally, from where I used to sit -- I'm sure this is true for you, too -- it's incomprehensible.

Maria Exactly!

Jennifer From where I **used** to be, I could not have comprehended it, literally could not have comprehend -- I didn't comprehend what was possible in terms of ease, and grace, and Peace, and the flow of Love and Prosperity, and Harmony. I had **no idea!**

Maria Yes. That has been my experience, as well. Also, we need to understand to be gentle with ourselves. It will just prompt us, because there are doubts that are going to come up.

I just had a session, I come from a session with someone before I talk, at six in the morning my time, and she had all these fears about -- I was really excited, because she resigned from her job. She felt like called by Spirit, too, because she wants to live her purpose, and I was actually surprised. I was like, "Wow! This is great!" She's moving into this new consciousness and new beginning, and she said to me, "But I'm fearful."

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I understand that, I really get it, because I've been there of where I feel called by Spirit to do something and there's this sort of getting out of my comfort zone or fear that comes in. It's just constantly being gentle with myself and trusting Holy Spirit in letting go of that fear, and know that I'm always provided for. The perfect circumstance will present themselves for the highest best of myself and all humanity in Oneness, our Sonship.

Constantly going back there, Jennifer, I said that to her and I go, "It's just trust and everything will unfold according to plan. But there **is** going to be fear and there **will** be doubt, I feel, because we **are** in a body and we have this experience of being separate. Although, I love this whole thing, the quote that says, "Go into the darkness to see the Light." Jennifer, it's **so true**. Holy Spirit will be there holding your hand and reminding you that you will be okay, that everything is alright **now**.

But we must be gentle. I feel a lot of *Course* students are very hard on themselves like, "I don't understand this." or, "How do I do this?" or "How do I do that?" I feel it's like a complete letting go or surrender and really trusting your internal teacher. That's what *A Course in Miracles* is all about, it's a path towards listening to your internal teacher. That is what *A Course in Miracles is*.

We're gentle with ourselves towards that process because, as we know, the ego speaks first and speaks the loudest, so it's important to recognize that and just be committed. "I **am willing** to listen to you, Holy Spirit. I am **willing**." It will happen, and with practice, as you said, practice, practice. I would say, "Practice, practice, practice," in my *Course* groups. I mean, you could sit here and listen to me all day long, you could hear the talks I give at Unity, people can listen to your things, Jennifer. Although, it's very important, it's vital, to bring this into your life however, that looks like for you -- with your mother, with your brother, with your sister, with your co-worker. Really bring -- especially forgiveness.

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Maria's 3 Steps of Forgiveness

You know, basically, *A Course in Miracles* talks about forgiveness. If you want, I have three little steps that I do for forgiveness, which is I really take, when I'm not feeling good and I'm in an upset, I know I need to forgive, so that's my little gauge. I actually learned that from Gary Renard, which I know you had in this show a few weeks ago. He's going to be with us in Greece. Woo-hoo!

Jennifer Yeah! You know. I know he's excited, too. He was excited, when I had him on the radio show.

Maria Yeah! He says, you stop yourself when you're -- you know, when you're not at Peace, you stop yourself. That's what I do. I stop myself. If I'm not at Peace, I know I'm in wrong mind, and then I just take an honest look at how I'm perceiving that person that's upsetting me, or how I'm perceiving that situation. I just search my mind from a loving thought or condemning thoughts that I'm having. I'm really honest and authentic about it.

*If I'm not at
Peace,
I know I'm in
wrong mind.*

I feel that's another thing that living *A Course in Miracles* is vital, to be authentic with yourself and everyone, and really be honest with you.

The second one is just realizing that the guilt I see in another is not the truth about them, because it's not! Then I'm willing to wipe the slate clean.

So, what I do is I kind of see a white kind of canvas of which I just take all my condemnation or fearful thoughts about the person or situation, and I ask Holy Spirit, in total honesty and willingness, "Let me see beyond **this**. Let me see with the eyes of the Holy Spirit."

Then I ask Holy Spirit for insights and ask for something within me to awaken so I can sense the Love and Oneness that exists right here and right now, and to realize that that's the only thing that's really **real**.

Those are the steps that I do, constantly and I feel that the honesty and authenticity is really what gets you there, because we have this thing, Jennifer, that we **vacate** from our feelings. You know, we don't want to **feel** them, so we go watch TV, or we go have a cup of coffee or we, "Oh! Let me call so-and-so!" or "Let me write this email." Those things are **fine**. I'll go, "Are you doing it to **not** feel something? Where is that coming from?"

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So, I feel it's really important to **feel** our feelings, to go within and see where we're at, so that way we can work with Holy Spirit and we're not brushing things under the rug, because spiritual practice is not brushing things under the rug. I always feel that that's kind of being silly. I feel it's really honoring and feeling your things and letting it come to the surface and healing it, and that's what you work does.

I follow your work and I know that you help people to really work on those things in a very authentic space. That's why I love your work, Jennifer. I feel that you come from that space of really calling it how it is, and bringing it to Light. I really appreciate that, and I'm sure that everyone that has worked with you appreciates that, as well.

Jennifer

Well, thank you! Yes! Well, like you shared about your own personal practice, it's how I am with **myself**, and so it's that thing of how you do any one thing is how you do everything. So, doing everything with Love has become **imperative** to me. It's a moment-by-moment practice. Moment-by-moment.

Boy, there's so much more for us to share. You hear the music, it's time for us to take a break.

My guest today is Maria Felipe, and you can check out her website at MariaFelipe.org.

You can also learn about the Greek retreat we're doing at ACIMRetreat.com. That's next month in Greece, on the island of Andros, with Gary Renard and Patricia Black. We've got a few spots left. We are going to sell out, so if you're interested in coming for a wonderful, yummy retreat this summer, first week of September, check it out. It's the perfect time to book your flight. I just booked mine. Gary just booked his.

I love you! We'll be right back. I'm Jennifer Hadley. You're listening to Unity Online Radio.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

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Upcoming Healing Retreat in Greece

Jennifer I'm back, with Maria Felipe. This is Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio.

Our topic this week is, "Living a Miraculous Life." It's something that Maria and I both know quite a bit about. Maria and I are also getting ready for, just about a month away now, in the first week of September, starting September 1st, we're doing a retreat with Gary Renard and Patricia Black. Four *A Course in Miracles* teachers gathering for a Living *A Course in Miracles* week-long retreat. Six nights, seven days, on the island of Andros near Athens, in Greece. It's the perfect spot for us to do some **really** deep healing inner work, and also, we're all interested in having lots of fun. We're going to play, we're going to dance, we're going to eat lots of great food. We're definitely going to go swimming in the sea every day. The water will be the perfect -- I'm telling you, Maria, the water is the perfect temperature at that time of the year, and it's this crystal clear, bright blue water. It's absolutely idyllic! The hotel where we are has a sweet little beach. I went swimming there many times last year. We're just going to have a **wonderful** time!

Maria Yes, we are! I'm so excited!

Jennifer You could still register. Right now, we still have some spots left. We are going to sell out, so please, if you're interested, check it out, ACIMRetreat.com.

Maria's Classes & Tools

Also check out MariaFelipe.org, her website. Maria, I know you offer classes in person in Los Angeles and you do Sunday services there. You also do Spanish services, and you video those, as well. Would you tell people about that? Because I know people would be interested.

Maria Thank you, Jennifer. Yes. I speak at Unity of Burbank, and I run the Spanish ministry there, so I speak the first Sunday of the month. I do the Spanish service. I also speak on their English service rotation, that's at 11 a.m.

The best way for people to find out when I'm going to be doing things, I always -- I love sending out emails and inspirational e-mails, also, with the work that I'm doing and where I'll be speaking.

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On the website -- which thank you for sharing, Jennifer -- people can sign up for my e-mail list, and I send out regular emails on where and when I'm going to be speaking and when I'm running groups.

I run the Spiritual Awakening 8-week group, as well as the Healing Inner Child group. I just finished finishing up one two weeks ago, so I do those, as well. I run a Spanish *Course* group at Unity of Burbank every Monday at 7:30.

You can see my talks online, as you mentioned, on YouTube. If you search "Maria Coconut TV" all together, all my talks are on there, as well as interviews with spiritual leaders about *A Course in Miracles*, as well as other fun stuff that will -- well, actually practical tools to live *A Course in Miracles* is all over my Coconut TV. I mean, there's so many different videos that people can use to bring this practice into their lives.

The reason that I share that, Jennifer, is because all these practical tools that we're doing, that we're living, you and I, have made such an impact in my life that I want to share. I want to share! If I can make people's lives easier and be truly helpful, I'm so there.

Being Gentle in Your Process of Learning

So, I'm always constantly sharing my story, you know, authentically and with much Love, so that people know we've been there, and this is what helps. I feel that when people really start to practice *A Course in Miracles*, as we are sharing today, they will see for themselves how it works, and not just in the mind knowing that, or intellectually, but really **living** it because their relationship with someone will heal, or something that bothered them before no longer bothers them. It's **so** beautiful and freeing, and it's **so** very exciting to talk about it.

We've both come a long way!

Jennifer Absolutely! Oh, my God! I'm a completely different person from what I used to be, just in terms of how I've lived my life and how I used to be very angry, very judgmental, constantly shaming and blaming. I have completely changed my life. It is a miraculous life.

You were talking in the last segment about one of the key things for you is to be gentle with yourself. This I have found to be absolutely **required** in order to live *A Course in Miracles*.

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Maria Absolutely.

Jennifer Can you give us some of the tools, or the ways, the techniques, that you've learned exactly **how** to be gentle with yourself?

Maria Well, the first thing is to recognize that this is a **process**, and that within that process, as I've said before, there is a **trust**. What I do is, when I start to **feel** that anxiety, or I start to feel uneasy, I start to just bring my attention back to my heart. I literally put my hand on my heart and I start breathing, so that I could come back, you see, because the ego exists there, so I need to bring myself back because the ego has me distracted.

What I do is, I bring my hand back to my heart so I can come back within, and I just start taking deep breaths in through my nose and then out my mouth. I inhale, and as I exhale, I'm just letting go and just constantly taking breaths and bringing myself back to the present.

“My function is be happy.”

Sometimes, it's harder than others, depending how much anxiety is and whatnot. But I really am just willing and committed, and I start breathing and I go back within. I start to have a conversation with myself. I do it, usually in private, so people don't think I'm going crazy. I just start talking to myself and start loving myself and say, “Maria, you are doing the best you can with the circumstances,” and just honoring that.

Now, one thing that I've learned in the way to be gentle with myself as well, aside from this breathing that I do to come back within, is to say, “No!” At any point, we can say no to our thoughts. Whenever I'm not in right mind, I have the power to say, “No! No more! I'm not going to stay! I want to get off this poo-poo train! I want to get off this train, and I want to feel better, so, no!”

Then another way that I'm gentle with myself is recognizing, which is *A Course in Miracles* Lesson, is “My function is be happy.” So, the way that I'm gentle with myself is recognizing, “Wow! My function is happiness. God wants --” and I come back to myself. I'm like, “My happiness is also for **everyone**, as well.”

One thing that really, really helped me, Jennifer, to be gentle with myself is forgiveness, again. Forgiveness is a **big** way that we're gentle with

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ourselves. I remember about a year-and-a-half ago -- actually, you saw me right after I had my surgery.

Jennifer Yeah!

Maria I had a great big surgery last year. Remember, I was walking like a turtle?

Jennifer Yeah.

Maria I had a wheelchair at the *A Course in Miracles* Conference. That's a miracle, in itself.

Jennifer Yeah.

Maria Wow! I was in the hospital room, and I remember that I was suffering so much. Not only physically, but mentally, because I was beating up myself of my past and past decisions

"I can hardly wait for all the good that's going to come out of this!"

that I had made. In the room, I can remember just feeling this extreme sadness and I remembered, "Gentleness. I must be gentle with myself, especially through this moment."

I looked back, and this is what I said to myself. I said, "Maria, you did the best you could with the awareness that you had in that moment."

Jennifer Mm-hmm.

Maria And, I completely let it go. That's the way to be gentle, is "I did the best I could with the awareness that I had." Sometimes it's going to be an elevated consciousness and sometimes it's not.

The whole thing is what the *Course* says, that it says I can choose again, I choose God again. So, at that moment I said, "I choose God. I choose Holy Spirit again." and I completely let go of the "could've", the "would've," "I should have --" "I wish I would have done it better." and that's the way to be gentle with ourselves, Jennifer, is really, really let go of the "should've", "could've" and "would've", and just choose again at that moment.

That freed me, and from there, I remember completely forgiving, not even **regarding** my past anymore from then on.

Then I quoted something that Robert from Pathways of Light told me, which is, "I can hardly wait for all the good that's going to come out of this!" [laughs]

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Jennifer [laughs] Yeah!

Maria And I was free! I was free.

Everything Contains Our Blessings

Jennifer Yeah! That sounds beautiful! That practice and that quote that you just said, it reminds me -- have you ever heard of Emma Curtis-Hopkins?

Maria No.

Jennifer Yeah, she was a great mystic and really just a beautiful teacher of God. She used to talk about when you're in a situation where it feels challenging or difficult, to say -- and you can say it out loud, but you can just say it in your mind, too, you can say -- to whatever it is, whether it's a person or a situation -- you can say, "You are of God, and I demand my blessing from you! I **receive** my blessing from you!"

Maria [laughs] Oh!

Jennifer Yeah! It really helps, because it helps turn the mind from thinking that anything --

*"No matter what's going on,
everything is alright. You're
okay. I'm always with you."*

anything! -- in life has come to somehow be painful, or as a punishment, which is how the ego interprets things. But instead, that every challenge contains, encoded within it, our **answered prayer**. It has a blessing in it.

So, you talk about you had that surgery last year, and all those things.

Everything contains a blessing in it. **Everything** is our teacher.

Everything is a projection of **our** mind. **Everything** is gently planned by One Whose only interest is our good.

So, turning our mind to be aware of **that**, then it really opens up **how** to live a miraculous life. I appreciate your bringing that up.

Maria Yeah. There's just so much Freedom in that, in recognizing what -- you know, there was just so much Freedom from. Yeah, I love sharing that story, because I feel that we all have our struggles, we all have our strife, our sadness, our grief, and it's okay!

I love it, because I always feel like the Holy Spirit is telling, just gently always whispering to me, "No matter what's going on, everything is alright. You're okay. I'm always with you."

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Jennifer Mmm!
There's a beautiful quote that says, "I'm always with you, literally." I think there's a quote right in *A Course in Miracles*.

Jennifer Yep!
And, in the Bible. "I'm always with you." So, always there. It says, I think "I AM with you --" actually I have it here.

"When I said 'I am with you always,' I meant it literally. I am not absent to anyone in any situation. Because I am always with you, you are the way, the truth and the life."

That's from the *Text*.

Yeah, I feel -- I love what you just said, because you're right, Jennifer. Everything **does** have its purpose. When you recognize that everything has its purpose, the **meaning** of it being such a big deal dissipates. That's so much more empowering, because it's true! I'm so much of a better teacher because of that experience. I'm so much of a better person because of that experience, because it really taught me what **true** forgiveness is in that moment, to really let go of that condemnation of myself and the person involved, and just really let go of that.

*There is no
"big" or "small"
in God*

It's such an extreme place. That's why I love that story, because it was in my body. I was feeling so much pain, physically, and to be able to really just transcend the body and just come back to my mind and my truth is extraordinary. It serves as an inspiration for everyone, that that's for **you**, too. You can do that, as well. There isn't anything that's **big** for the Holy Spirit to be able to transform into Love. Nothing!

Jennifer Right!

Maria Absolutely nothing! Hallelujah!

Jennifer Yeah! There is no "big" or "small" in God. I know! I know!

You know, it makes sense if there's no "big" or "small" in God. We think there is because it looks like, in the world of form, "Oh! That's a big mountain." "That's a small mound." Or, "This is a big debt." "This is a small debt."

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But there is no “big” or “small” in God, because everything is a **thought** made manifest in form. Everything is a **belief** made manifest in form. What thought or what belief is bigger or littler than another one?

Maria Exactly! It’s all the **same** and it’s **all** a blessing. You know, it all has its purpose and it’s all a blessing.

Jennifer Yes, it is!

Maria All the so-called fearful things or the bad things that society would say are bad are just -- I always see them as a little gift, that is a gift to opening up my mind and showing me where I’m at. I feel that everything out there is just showing us where we’re at in our process, and I’m so grateful for the people that come into my life that kind of making me feel a certain way, or a I have a judgment, because I see, “Wow! Okay! I have to work on that. That person is showing **me** the reflection of my mind of what needs to be worked on.” I see those people as **teachers** for me.

Jennifer Exactly!

Maria You know, especially the ones that get under your skin. Right?

Jennifer Absolutely!

Maria They’re a blessing!

Jennifer Yes!

Well, we’re receiving our blessings today, and it’s time for us to take a break. I am Jennifer Hadley. I’m here with my wonderful guest this week, Maria Felipe. Her website is MariaFelipe.org. She’s a wonderful Pathway of Light minister. She’s participated in the Living *A Course in Miracles* series before, and she will again. She is also one of the teachers of Living *A Course in Miracles* Greek retreat with Gary Renard the first week of September. We’re selling out. We’ve got some spots left. You can book it right now. I encourage you to check it out at ACIMRetreat.com.

You’re listening right now to *A Course in Miracles* on Unity Online Radio, and we’ll be right back.

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You've been listening to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. If you have a question or comment about today's program or if you'd like to join in the discussion, visit us on Facebook at *A Course in Miracles Pledge* where you can join with a community of like-minded people who have pledged to live *A Course in Miracles* every day, in every way. Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Maria's Counseling & Training

Jennifer Welcome back! I'm Jennifer Hadley. My guest today is Reverend Maria Felipe. She's from the fantastic organization Pathways of Light. She's a minister in that organization. It's a great group of people, beautiful ministerial training. If you're interested in *A Course in Miracles* ministry, I know there's Pathways of Light, there's Awakening Together, which is Regina Dawn-Akers and David Fishman, then the Community Miracles Center with Tony Ponticello in San Francisco. They all have online training, so if you're interested in ministry, you can check these out. I'm sure you can talk with Maria.

I know you do counseling sessions. Why don't you just say a little bit about that, Maria? Because I do counseling sessions, and people are often looking for someone that they can do some counseling with. You, probably like me, do online, in person, on the phone.

Maria Yeah. When I became -- through my ministerial curriculum at Pathways of Light, when you get ordained, you also get certified in three different things, which I have mentioned earlier, which is the Healing Inner Child 8-Week class, and also Spiritual Awakening 8-Week as well, as the counseling, which is an Accessing Inner Wisdom counseling session. I can do them through Skype. I actually did one with someone in Europe, actually, last week and I actually had a student in Spain. I've done, also, people that live in Texas or other parts of the United States, as well. Also, in person if they are in L.A. area. They can come to my home and we can do it.

What I love about Accessing Inner Wisdom counseling is, I've been trained and to be able to guide someone, the person that's coming to me. First, we clarify their focus of what they want to focus on, of what is that they want to work on the session. We set up the intention of what they want to work on.

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Then what I love about this counseling session is that I don't tell the person, at all, what to do. What I do is I **help**, through a meditation that is about 30 minutes to 40 minutes, that I guide them through, asking several questions within the meditation of where **they** get the answer for **them**, and I scribe the answers **through** them. I literally write everything what the person is saying. They go through their thought clusters. Thought clusters are in the mind of where we can hear Holy Spirit, because we have fear, judgments, et cetera, so we go through the thought clusters, and then Holy Spirit, **through** you, gives you your new focus.

Not only that. What I love about this -- talk about *Living A Course in Miracles!* -- it also guides you on **how** to bring it into your experience, **how** to bring it into your practice, or how to **live** it versus just sharing with you a message. It gives you **how** you can bring this into your experience in the spiritual realm.

I love the counseling sessions. Everyone -- it's usually a word of mouth. I usually don't advertise that as much as I would like, but people usually hear from someone else that they had a breakthrough. Some people have stopped smoking, or completely changed their career, or had a breakthrough in their relationship, or finding a new place to live.

What I love is that those aren't just reflections of the ways that their mind has shifted. Then your experiences in the world **also** shifts. I love it! It's called Accessing Inner Wisdom Counseling, and that's actually on my website. If you would want -- also, there's testimonials on there, so if anybody wants to do that, I would love it.

I love it, because I don't tell anyone what to do. **You're** going to found out for yourself, because the only one that knows what's the highest and best for you is yourself. Your Holy Spirit Self knows **exactly** what is the answer for whatever problem that seems to occur in your world.

Deep Healing Work & Fun on Retreat

Jennifer That is for sure! That is for sure! Absolutely!

0:48:49 One of the things that I would like to tell people a little bit about, we have a few minutes left here, Maria, and that is the Greek retreat that we're doing in September on the Greek island of Andros. Because we do have some

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spots left, although we are filling up. We are going to sell out. It's a wonderful opportunity to do some really deep work. I **love** going on retreat.

You just did a retreat with David Hoffmeister in Mexico, right?

Maria

Yes, we did a retreat, and just a wonderful experience, just like the one in Greece will be. One, because we're coming into collaboration. I love collaborating, and we're all going to come together and collaborate and share in our function, which is to extend Love. I love it, because my commitment is to share these principles in more detail, and really give people tools so that they can live a miraculous life and Joy. We're going to have so much fun! It's going to be so joyous! We're really going to **live A Course in Miracles** to its highest, fullest potential.

I mean, when you say *A Course in Miracles* retreat **and** Greece, together, I mean, that has the whole world -- the whole world needs to be signing up. I don't know. I would! [laughs] Greece and *A Course in Miracles* retreat. I mean, it's going to be awesome! It's going to be really awesome. I'm so excited! Very excited!

Jennifer

What I love about it, too, is you and I are both participating in the New York Conference, the *A Course in Miracles* Conference in New York, hosted by the Community Miracles Center, Reverend Tony Ponticello. That conference is a lot of fun. It's a great opportunity to hear many *A Course in Miracles* teachers. I know you and I are both looking forward to that next April.

What I love about this retreat, in particular, is we're going to have the luxury of a whole **week**, and so we're going to be able to do these really deep healing sessions, and then have the time and the luxury of being there in such a beautiful space, where we can really take the time to process.

Because, you know with the conference, you're going from thing to thing to thing to thing. That's how conferences are. It's so packed, and you're taking in all this information, and things like that.

But in this retreat, our intention is to give people a chance to really do some extraordinary deep healing, and that is **always** the intention I set on a retreat, is to facilitate people's deep, **deep** healing. Because when you travel a distance to go to a place, you dedicate that time of a week, plus the travel time to get there and back, and you've invested the financial resources into

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it, and you're gathered with like-minded souls who are **also** intent on doing that healing work, so **much** is possible!

We come together with all these different components. We do the deep, deep healing work, and then we go swim in the sea, we go celebrate. We're going to do some Greek dancing. We're going to have some great music that we're going to listen to. We're going to eat in different restaurants, really enjoy the local cuisine.

When I was there last year, I think one of the best parts about it, Maria, for me, was to enjoy all this food that is locally grown by the farmers. A lot of the restaurants have gardens right in the back, so they pick those tomatoes and all the vegetables right out of their garden and cook them right up. It's so wonderful.

The fish just came out of the sea, and you can taste it and you can **feel** that. These are all family-run places, and so people are putting their Love into it. They've putting Love into it for generations. The fresh cheeses, oh, my God! The difference between Greek yogurt in Greece, and Greek yogurt everywhere else is, they're two totally different things. I had the best frozen yogurt of my life. I literally, I really wanted to, when I tasted this Greek yogurt last year, I wanted to roll on the floor and just -- literally!

Maria [laughs]

I did! I just wanted to literally rub it on my body. It was crazy! I just -- honest to God, I can't wait to take you there!

Maria Everybody, come to Greece! Jennifer and I are going to be rubbing yogurt all over our bodies. [laughs]

Jennifer [laughs] Yeah! Well, you know, when you're doing that deep healing work, it's really good to say, "Okay, **now** we're going to take a break. We're going to allow our mind to relax. We're going to give ourselves a chance to **process**, to really **allow** the healing to expand in our mind and in our heart."

Oh, my God! We are at time here. I can't believe how fast it goes!

I'm going to pray us out before we close. Anything else that you would like to share, Maria, about what you offer? I want to remind everybody, MariaFelipe.org. Check out her website. You can do counseling with her in Spanish, in English, local classes, the Maria Coconut TV at YouTube.com.

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Maria Yeah. I think the best way is -- thank you, Jennifer, for sharing that -- in my website, just sign up. As I said earlier, for just those who are tuning in now, just put your e-mail there and your name, and I will get out to you all the information needed. That would be the best way.

I just want to close by saying thank you very much, Jennifer, for having me on the show. It's been a joy. Everyone's that's listening, thank you for tuning in and letting me serve and extend Love to you.

I'm really excited about Greece! Join us in Greece, where we'll be truly **living** a miraculous experience, all of us together. What a beautiful place to be able to awaken to the truth of who and what we really are in that union in Greece.

Jennifer Yes!

Maria I'll see you in Greece, everybody!

Jennifer Yes! ACIMRetreat.com, that's the website. JenniferHadley.com.
MariaFelipe.org.

Closing Prayer

I'm going to invite everyone to place their hand on their heart right now and join with us.

We take a breath of Love and gratitude, and we decide and dedicate ourselves right now to being gentle, to being with ourselves the way the Holy Spirit is -- gentle, sweet, loving, encouraging.

We're opening our hearts and minds to the highest possibility of healing and truly living a miraculous life.

In grace and gratitude, we share the benefits with everyone. We let it be. And so, it is. Amen. Amen.

Maria And so it is. Amen.

Jennifer Thank you, Maria! I love you!

Maria Thank you, Jennifer! I love you, sister!

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While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.