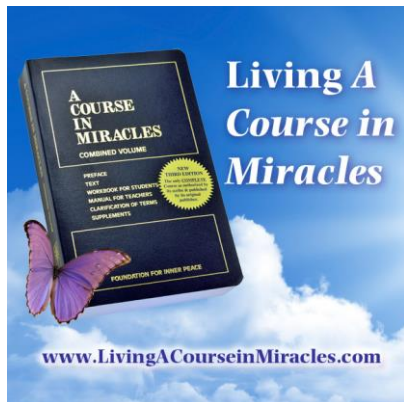


March 15, 2016



Transforming Special Relationships



 *Jennifer Hadley*
your daily shot of spiritual espresso

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Transforming Special Relationships.....4

Opening Prayer..... 4

The Goal of a Holy Relationship 5

Do Not Abandon Faith, Allow the Transformation..... 6

Have Total Willingness & Trust..... 9

Be Grateful For the Transformation 9

Take Responsibility..... 11

Connections Through Events, Podcasts & Facebook..... 12

Have Faith in the Confusion 14

Find the “Familiar Road” Together 16

Finding Our Salvation in Our Relationships..... 17

Forgive Errors, Practice Gratitude 18

The Means of Transformation Are Provided 21

Announcements..... 21

Closing Prayer 22

March 15, 2016

Transforming Special Relationships

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the course, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Hey there! So happy to join with you, as always. So grateful that we're transcending time and space to be together for our healing, for our expansion, for this tremendous Clarity that we're calling forth. We're accepting it. We're allowing it. It's happening **right now**, and we are grateful, so grateful! Yes!

I'm Jennifer Hadley, and I love to pray! Our topic this week is "Transforming Special Relationships", and we're going to be with a blessing.

Opening Prayer

I invite you to take a breath with me and to place your hand on your heart. We're declaring that we're whole-heartedly available for Divine Guidance, Inspiration and Upliftment. We're grateful and thankful to Partner UP with the Higher Holy Spirit Self. Our true identity is the I AM that I AM, and we are One with all beings, so our healing, our transformation, our transcendence is something that we **share** with everyone. So grateful that this is so.

Taking this breath of Love and gratitude, we're dedicating ourselves to having holy relationships, to that deep and abiding transformation, the healing power of Love.

In gratitude, we allow it to be. And so, it is. Amen. Amen. Amen. Yes!

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The Goal of a Holy Relationship

And I need to take a sip of my tea here -- mmm! -- and clear my throat. I know some people don't like it when I say I'm going to sip my tea. I'm sorry for that. Some people love it. The majority love it, but some people don't. Ah!

We've been doing this series on relationship here, going strong, transforming our relationships from special to holy, and Chapter 17 is all about forgiveness and the holy relationship, and Section V in Chapter 17, *The Healed Relationship*, is **so powerful**, it's so clear about what's possible and how to **activate** this total transformation in our relationships.

We're continuing the series, and this week we're talking, still, about transforming special relationships by giving them over to the Holy Spirit, so we're going to finish the last half of Section V, *The Healed Relationship* in Chapter 17.

What it's saying to us here is that it's **very** tempting to abandon the relationship once you've asked the Holy Spirit to make it holy, and once the transformation starts to happen, that the goal we had originally for the relationship, that the relationship would somehow be our salvation, somehow shape or form, the shelter from the storm. "You plus me equals shelter from the storm," that sense that we begin the relationship with.

"Oh, **you're** the One. You can help me." It doesn't matter whether it's our child, our parent, our pet, our lover, our coworker, our boss, our neighbor, our best friend, the special relationship is that sense that "This person validates me. They complete me. They justify me. They make me feel whole." It's the classic false idol. It's classic co-dependency.

When we give the relationship to the Holy Spirit, now it has a **new** goal. The relationship is not meant to **protect** us from the world. Now, a holy relationship is to rise **above** the battleground of the world, and to

*A holy relationship is to
rise above the
battleground of the
world, and to see our
own Self as the Christ.*

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see our own Self as the Christ, to see our brothers and sisters as the perfect Christ.

This is the **goal** of **all** our holy relationships, to help us see beyond time and space, to move beyond feeling we're separate, believing we're separate, thinking we're separate. This is the power of the holy relationship. It **is** the most powerful tool that we have in our spiritual awakening. How amazing is that?

Do Not Abandon Faith, Allow the Transformation

So, it becomes very tempting to **abandon** the relationship, once the new goal has been established. The new goal is the holy relationship, the old goal was shelter against the storm. Special relationship is **all** about ego protection.

Here we go. Chapter 17, Section V, it's my Page 363 at the bottom. It's talking about, now is the time for faith.

"Do not abandon faith, now that the rewards of faith are being introduced."

Have faith in your brother, your sister, whomever you're in the relationship with. Have faith that the Christ is within them, that the I AM Presence that is in **you**, that was in Jesus, that **is** in them.

That I AM Presence really is our own Higher Holy Spirit Self. It is another name for the Holy Spirit, truly, and so we all have this Higher Self, this Holy Self. It is always available to us, to lead us and guide us, and what **our** work to do, is to say, "Yes!" to it, and to **allow** ourselves to have the transformation.

It says at the bottom of Paragraph 7, in Section V,

"...you will see the justification for your faith emerge, to bring you shining conviction. Abandon Him not now, nor your brother. This relationship has been reborn as holy."

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Now, it still may look messed up. It still may not look like the way **you** would like it to, it still may not **feel** holy, but **do not** give it up now. Do not walk away now. Do not abandon it now. Hang with the Holy Spirit. Stay with your brother.

Now, it may mean, that at that point -- and I've had this happen -- it may mean that you need to stop talking with the person. I've had the experience in my relationships where my personality, my ego, didn't know what to do. I was determined to have a holy relationship, but in my experience, within time and space, I didn't know what to do. All day, every day, I just kept giving it to the Holy Spirit, giving it to the Holy Spirit, giving it to the Holy Spirit.

But at the same time I could feel, "Wow! I feel addicted to this person. I'm craving this person. I still feel so tempted to try to manipulate, control, coerce this person and our relationship, and really, I would like a holy relationship. I feel I **must** back away from the relationship." The temptation to try to work the ego's goals was very tempting.

Remember, the highest and best for anyone is always the highest and best for all, because we're One with each other.

So what I did was, I just said to the Holy Spirit, to the Higher Self, to the angels, and to the Higher Self of my friend, "I would like a break. I would like an energetic vacation from my friend. I would like three months to just disconnect on a **physical** level. We'll keep doing the work emotionally, mentally, spiritually, etherically. Of course, we will. But on the physical level, I need an energetic **rest**. That will support **me** coming back into my right mind, because I'm getting triggered, triggered, triggered, triggered. I **know** that I'm capable of doing the work at the level of the mind. Let me just do the work **there**. That would be best for me."

I really gave that to the Holy Spirit. I said, "**That's** what I'm feeling. **That's** what I'd like, and this or something better. The highest and best for **all**."

Now, remember, the highest and best for anyone is **always** the highest and best for all, because we're One with each other. There's **never** an

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occurrence when the highest and best for someone is terrible for another person. It might **look** that way in the world of form, but it cannot **be** that way in the world of Spirit because in Spirit, there is only the One, so the highest and best for anyone is the highest and best for everyone.

What happened, when I totally just gave it up to the Holy Spirit, and I said, "This is my preference." -- now, remember, I went from really clinging to the relationship, trying to make it work out, to saying, "I'm just giving You the whole relationship," to the point where "It's best for me to just take a break, just best for me to take a break energetically." -- what happened **immediately** -- immediately! -- the person got an invitation to leave the country for three months, the exact length of time that I felt would be the 90 days that I felt would be a great break for me.

Then, so much healing happened during that 90 days at the level of the mind. It was fantastic! I was **so** grateful! Yeah, it was challenging. You know, I was still feeling the desire to or the craving to try to manipulate and control. But it was **so much** easier for me to work at the level of the mind without getting triggered on the physical level, the mundane level.

Now, of course the relationship **feels** peaceful, it **feels** harmonious, it feels complete, in **so many** ways. When I gave the relationship to the Holy Spirit and said, "Take my special relationship and make -- take **our** special relationship, make it holy. Whatever it takes to make it Holy, I'm in!"

At that point, I really was so attached to how I thought the relationship should be. I was just in that craving, needing, wanting place. It was very painful. And, of course, the experience in the relationship of dissatisfaction, of confusion, of just emotional duress and distress was so painful for both of us. It was just uncomfortable. At that point, when I gave the special relationship to the Holy Spirit for healing, I really said, "This will be miraculous if I could feel peace about this. I **believe** I can, but I have **no idea** how that could ever happen!"

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Have Total Willingness & Trust

What I learned was my true, true willingness. The relationship got healed so fast. It was **miraculous!** I feel so at peace about the relationship now. The transformation has been **amazing!** I didn't think it could be so fast. I didn't think it could be so **complete.** I really didn't, because I hadn't had the experience before. I had **faith.** I was willing to trust. But I **really** was thinking, "I don't know how this is going to happen. It will be a miracle." And it was! That taught me to go for the next relationship, and the next one, and the next one.

I felt so empowered, because I knew, for sure, for sure, "I'm not alone. I don't ever have to struggle alone. That, truly, suffering is optional! Struggling is optional!" If you feel like you're suffering, if you feel like you're struggling in your relationships, then give it over to the Holy Spirit. Cultivate the true willingness.

If you **think** that you really cannot trust the Holy Spirit, and you have to have your hands in the relationship, trying to manipulate it, control it, and figure it out, or even to maintain it, you're **still** identified with ego. You have not **really** surrendered the relationship. And, I get it! It takes **great** willingness to surrender the relationship. It takes great willingness, and it's the best gift that you can give to yourself **and** to your loved one, is to cultivate that **total** willingness and open yourself to experience the miracle.

Because when we experience miraculous healing and transformation in our relationships, there's **no** going back from there, and that's what this section **really** teaches us and tells us here.

"Do not abandon faith, now that the rewards of faith are being introduced."

Be Grateful For the Transformation

Have faith in the Holy Spirit, have faith in your brother, even though it seems very difficult. It says, this is Paragraph 8 in Section V of Chapter 17,

"Accept with gladness what you do not understand, and let it be explained to you as you perceive its purpose work in it to make it holy."

I've had experiences in other relationships that felt so painful. Things were not going the way I wished they would go, I hoped they would go,

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thought they would go, and wanted them to go. My attachment, my craving, my needing, my wanting felt so painful.

I remember, distinctly, one experience that was just excruciating! Excruciating! I remember one night, I was just feeling devastated that I couldn't figure out how to have a healed relationship. This was years before I found *A Course in Miracles*, and I was unable to sleep, in deep distress, and I prayed and prayed, and I meditated, and I did everything I could think of. I drank sleepy-time tea. I just did everything I could think of. My essential oils, was trying to fall asleep, and I was **so distressed** about what was transpiring in my relationship.

Then it came into my awareness. My Higher Self, the Holy Spirit, said to me, "Be grateful." I immediately caught that. "Yes! Be grateful for things just as they are. Be grateful, even for the heartbreak. Be grateful for things just as they are, because as they are, there is something in it. There is a perfection. Divine Will is unfolding. There is **only** Divine Will. It can be no other way. Be in acceptance. Be in actual **gratitude** and celebration for the good that's revealing itself now."

Even though I couldn't see it, I couldn't feel it, and I couldn't taste it, I couldn't recognize it, there was no sign of it, everything seemed to be just going down the toilet, I decided to be grateful for things just as they were. I made a prayer to be grateful, and grateful that I was grateful. My prayer was so sincere.

*Someday, I will know why I
can be grateful now.*

I didn't yet know the teaching from Paragraph 18 in Lesson 135,

*Someday, I will
understand. For this I'm
going to be grateful now.*

*"What could you not accept, if you but
knew that --"*

All circumstances, situations, events, relationship issues, everything is -
"... gently planned by One Whose only purpose is your good?"

I didn't know that paragraph. I hadn't picked up *A Course in Miracles* yet, but it was written in my heart, as it is written in **your** heart. The entire *A Course in Miracles* is written in your heart, and we can access it at any time and **live** it at any time, and gratitude is the door-opener.

So, I went into that deep gratitude. And, do you know, after I prayed that prayer of gratitude, I **immediately** fell asleep.

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Part of my gratitude practice, in that particular moment, when I was suffering so much over my attachment, my practice was that I said, "Someday, I will know **why** I can be grateful now. Someday, I will understand. Someday, I **will** be able to see beyond time and space and be deeply grateful for things just as they are. And so, because time is an illusion, I'm going to stand in **that** space, in **that** time, now. Even though I have no idea **when** it will come in my lifetime, I'm going to stand there now, and know that **someday** I will be able to share my experience with others, and **they** will get it. **They** will understand. It will alleviate **their** suffering. For this I'm going to be grateful **now**."

That was part of that prayer of gratitude, and with that gratitude, I immediately became peaceful and went to sleep. I woke up, I had a new perspective. I was **still** working with my attachment, still feeling the craving, needing, wanting to control and manipulate, but I had a **higher** perspective. The attachment was lessening. I didn't **really** understand it, but I had given the relationship to the Holy Spirit for healing.

It says here, Paragraph 8:

"Accept with gladness what you do not understand, and let it be explained to you as you perceive its purpose work in it to make it holy. You will find many opportunities to blame your brother for the 'failure' of your relationship, for it will seem at times to you to have no purpose."

Take Responsibility

When those opportunities come and you would like to blame your partner, your brother, your sister for the failure of your relationship, back away from it! No blame, no shame! Instead, take **total** responsibility, without any blame. That's the key to speeding up the transformation of the holy relationship. It says,

"A sense of aimlessness will come to haunt you, and to remind you of all the ways you once sought for satisfaction and thought you found it. Forget not now the misery you really found, and do not breathe life into your failing ego. For your relationship has not been disrupted. It has been saved."

It has been **saved!**

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Remember, if you're feeling the sense of feeling like you'd like to blame the other person for the failure of your relationship, or even if you'd like to blame yourself-- if there is a sense of aimlessness, you're trying to figure out, "What's the relationship about? How is it going to go? When is it going to change?" all the sense of aimlessness, the sense of confusion, the sense of disruption -- just keep giving it to the Holy Spirit and say, "I'm not interested in thinking these thoughts anymore. They do not serve my path of Love. I am **accepting** a holy relationship. I am **having** a holy relationship. I am **allowing** a holy relationship. It's happening **now**. In the mind of the Infinite, it's already done and complete. I am accepting my holy relationship now."

I am accepting a holy relationship. I am having a holy relationship. I am allowing a holy relationship. It's happening now.

This is how we transform. This is what works! And, it only works if you **actually** do it. The more sincere you are, the more willing you are, the faster it will take place. I **know** it works.

Ah! I'm so grateful for *A Course in Miracles*, and I'm grateful for you in joining me right here and now, transcending time and space together for our healing.

You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk, and I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Connections Through Events, Podcasts & Facebook

Jennifer

Welcome back! We're talking about "Transforming special relationships."

I've been offering this series of relationships for a while now. If you've appreciated it, there are quite a number of relationship episodes in the archive. We've got over 230 episodes, I believe, at this point. I've been

***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

doing this radio show for quite a while, a number of years. All the episodes are free for the download.

One of the easiest ways to download the episodes is with podcasting, and one of the easiest ways to get the podcast is on your iPad, on your iPhone, your iPod, or if you have an Android phone. There are podcast apps. Certainly all the Apple devices easily have the podcast app, and you could find it there in iTunes. Just search for *A Course in Miracles* or search for Jennifer Hadley, and you'll find the podcast there. That's the easiest way probably, search for Jennifer Hadley.

With the Stitcher app, it's a little more complicated, but you could definitely find it there. You could also find those links on the Unity Online Radio website, and you could find that through Jennifer Hadley, the [Events](#) page, JenniferHadley.com, the [Events](#) page there. I invite you to go ahead, and you can easily search for all the relationship episodes. There's quite a number of them. I try to make them different and bring up different points, and people have found them very, very helpful, so I invite you to check that out.

Also, I'd like to tell you about a few things that are going on right now at JenniferHadley.com. One thing is I'm offering my *Spring Reboot*. It's a 40-day program called [Pray and Clear](#), and its mind, body, spirit and emotional body. We're cleansing and detoxing on a physical, emotional, mental and spiritual levels. How about that? People have been **really** loving it. It's totally free, 40 days. You just sign up for it and then you'll start getting the 40 days of e-mails.

I have a couple of events coming up in May. I'm once again offering my [Spiritual Counseling Training](#). This is a week-long Intensive, and we're doing it at a beautiful retreat center in the Blue Ridge Mountains of North Carolina. You're going to love it there! This is a week-long [Intensive Spiritual Counseling Training](#). We're working on it so anybody who's a therapist, a counselor, a healer, anybody who needs CEU's, that they could probably get their CEU's fulfilled by this. This *Spiritual Counseling Intensive* is open to **anyone** who would like to improve their counseling skills -- any minister, any practitioner. It's open to anyone. There's **no** pre-requisite.

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And, if you **are** interested in becoming a licensed and certified Spiritual Counselor by me, I have my own certification program. I support counselors in really be extremely well-trained, and also finding clients, enlisting them on my website. That is a whole [Certification Program](#) that takes a number of years, and we have a number of people who have been going through that. They love it! So, if that calls to you, I would love to support you in that. You can pretty much jump in at any point starting with this Intensive, and with my [Finding Freedom](#) class, it's part of the curriculum as well.

What else did I wish -- oh, yes! For anybody who would like to come on a fun, restorative healing, deep retreat my [Stop Playing Small!](#) retreat, also in North Carolina at the Art of Living Retreat Center, and these dates are in May. You could find out all the details at [JenniferHadley.com](#). [Stop Playing Small!](#) retreat is 4 days and 3 nights in the middle of May. Come join with like-minded souls from all over.

One of the things I love about my retreats is that people make friends, and that is a wonderful thing. People make some great friends, meet some people that maybe they've been Facebooking with in my classes and what not. There's that.

I also would like to tell you I have a Facebook fan page for the radio show. [A Course in Miracles radio show at Facebook](#). There's a fan page there, and I invite you to please become a fan. One of the things I do there is, I list old episodes and highlight things, and we'd just love to build that fan base there.

Have Faith in the Confusion

I think those are the announcements. Let's go back to the "Healing of the Special Relationships."

We're here in Paragraph 8. Remember, while your relationship while it might seem very disjunctive, it might seem very confusing, it might seem like it's lost, it might seem like something's happening, it's not working, do not give up! This is the time for absolute **faith!** Put your faith in the Holy Spirit now.

The way I now to do that is to really say, when the thoughts are coming up, "I don't like this! This is confusing! It feels crazy! I can't stand it! They're more irritating to me than ever!" -- when all of that's coming

A Course in Miracles Weekly Radio Show with Jennifer Hadley

up, those thoughts, say to yourself, say to the higher Holy Spirit Self, “I’m not interested in these negative thoughts. I’m not interested in these complaints, these judgments and opinions. I’m going right into gratitude here, because **my** relationship is being made holy. **This** is what I desire more than anything. This holy relationship that’s unfolding, here and now, despite **all** the appearances, **this** is my salvation.”

Because our holy relationships do **dramatically** increase our spiritual awakening. So many people are willing to go to such great lengths to read books, to listen to audios, to go be speaking with a guru, to go to counseling, all kinds of things, when really, we can do **so much** just through our willingness not to energize and believe the judgments and opinions, but instead just hand them over to the Holy Spirit. “Please take these thoughts out of my mind, so I never think them again. **I am** a Being of Love and Light, and that’s what I’m interested in. My purpose is to be truly helpful. I am interested in teaching only Love, for that is what I am.”

These beautiful sayings from *A Course in Miracles* --

“I do not know what anything is for.”

“I’m never upset from the reason I think.”

“Everything I see only has the meaning that I’ve given to it.”

All of these sayings, they help us in our time of confusion, craziness, and distress. Let us not lose **faith**.

How we cultivate faith is through having trust. Trusting in the Holy Spirit, this is our way. Paragraph 9, again, we’re in Section V, Chapter 17,

“It sure is very new in the ways of salvation, and think that you have lost your way.”

It does **feel** like that when the transformation is happening between the special and the Holy relationship. When it feels like, “Oh! I’ve just got to get out of this thing! This is **never** going to get healed! This is just **crazy!**” When it feels like that, it **does seem** like you’ve lost your way. It says,

*This holy relationship
that’s unfolding,
here and now,
despite all the
appearances, this is
my salvation.”*

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"Your way is lost, but think not this is loss."

There's Yoda again. "...*think not this is loss.*"

Your way, it's not the ego's way, but when we're **identified** with the ego, we think that way **is** our way. So let us disconnect from the ego's way. Let us discover the Holy Spirit's way. It says,

"In your newness remember that you and your brother have started again together. And take his hand --

So take your brother's hand. Take your sister's hand,

"...to walk together along the road far more familiar than you now believe."

Find the "Familiar Road" Together

That's what's going to happen. At first it seems unfamiliar. At first it seems **crazy**! First it seems like you're Dorothy in Kansas, and the tornado has hit! You just landed in Munchkinland, and everything is **insane** and freaky. That's how it **seems**.

But honestly, if you persist, you do not give up, if you practice gratitude and faithfulness, willingness, trust, the way will become **so** familiar, because it **is** your way. The way of Love is **your** way. It's your **nature**, it's your true identity, so it does sort of become so familiar.

You know what? That familiarity with the loving way, it feels **so healing**. It feels **so** nourishing. It feels **so** uplifting. It's **so** recalibrating. It's **amazing** how it begins to feel, and when that starts to reveal itself in your awareness, then you start to feel it in your emotional body, then you start to feel it in your physical body, and then you're **really** on your way. Do not give up before the miracle!

Now it says,

*"Is it not certain that you
will remember a goal
unchanged throughout eternity?"*

Do not give up before the miracle!

Remember, we're eternal beings. All of our brothers and sisters, whether it's a special hate relationship, or a special Love relationship, we're One with everyone. We're all eternal.

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So, this experience in time and space of relationship -- a few decades, a lifetime -- **nothing** compared to eternity. So, the eternal familiarity of Love and connection has **so much** more power than anything in the illusion. It says,

“For you have chosen but the goal of God, from which your true intent was never absent.”

That’s why, as it begins to unfold, our true intent, the holiness begins to unfold, it feels so familiar, because it **is** our natural state. It says,

“Throughout the Sonship is the song of freedom heard, in joyous echo of your choice. You have joined with many in the holy instant, and they have joined with you. Think not your choice will leave you comfortless, for God Himself has blessed your holy relationship. Join in His blessing, and withhold not yours upon it. For all it needs now is your blessing, that you may see that in it rests salvation.”

Finding Our Salvation in Our Relationships

That’s the thing that is hidden in the holy relationship. It’s hidden in the special relationship, too, our salvation, our awakening, the end of our suffering. Why give up until you **really** can see, and taste, and feel, and know the end of suffering? Hold on! Do not give up! Let the holy relationship continue. It says,

“Condemn salvation not, for it has come to you.”

So, when we condemn salvation, this is what it looks like in this situation. When our special relationship is in the transformation process, and it feels so crazy, it feels like so much turmoil, like everything has been thrown up in the air and a hurricane is happening, and you just don’t know how the pieces are going to land, and the idea that they might land in the way you don’t like is terrifying, **that’s when** -- right there, in that minute -- that is the time for you to say, “Ah! In my trust and faith lies my salvation. I’m going to trust that the Holy Spirit has got my back, and got my front, got the upside, and the downside, all directions of time and space. I am **learning** to have trust and faith.”

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I call it “radical trust”. That’s what I call it, taking a page out of Colin Tipping’s book, *Radical Forgiveness*. I love Colin Tipping, and radical trust, right there! That’s the thing! Ah! Yeah! I can **feel** that! I can feel people feeling it!

“And welcome it together, for it has come to join you and your brother together in a relationship in which all the Sonship together is blessed.”

“All the Sonship.” **All** beings are blessed by **your** willingness. **Your** willingness blesses the world! It says,

“You undertook, together, to invite the Holy Spirit into your relationship.”

Now it says “together” but in my experience, the other person doesn’t have to have a clue! Doesn’t have to have a clue! If they **do**, well, it’s so much more powerful. But if they don’t, you don’t have to tell them. And, you certainly don’t have to go, “Hey! I’d like a little gratitude here! Because of **me**, we’re going to have a holy relationship!” That’s just ego. That’s just ego, but I have felt that. The ego will grab onto anything. [laughs]

We’ve invited the Holy Spirit into our relationships, and it says,

“Although you may have made many mistakes since then, you have also made enormous efforts to help Him do His work. And He has not been lacking in appreciation for all you have done for Him. Nor does He see the mistakes at all.”

Forgive Errors, Practice Gratitude

Forget the mistakes! Just forgive, forgive, forgive! What is forgiveness? Nonjudgment. Have **no** judgment of your mistakes. Let it go! No remorse. Don’t **worry** about it. You can’t learn from the mistakes if you’re judging them, and the only mistakes there really are is to keep judging the choices you made that were unloving. Instead, be loving to yourself in the moment, and make the loving choice now.

**All beings are
blessed by your
willingness.**

**Your willingness
blesses the world!**

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“Have you consistently appreciated the good efforts, and overlooked mistakes? Or has your appreciation flickered and grown dim --”

So, keep appreciating. That practice of gratitude, like I was saying before, especially when times are really difficult, if you can practice gratitude, what it does is, it raises your vibration up so that you can see, and hear, and feel, and know, more clearly, the healing that’s happening, the transformation, the Divine Guidance. It will help you to recognize the highest and best most loving choices, so you can speed the healing up!

Do not allow yourself to fall into remorse or regret. Just keep gratitude, gratitude, gratitude. “I am grateful for my healing. I am allowing my healing, for which I am so grateful. I am accepting my

I am accepting that there are tremendous benefits in my relationship healing, and I am accepting those benefits now.

healing now. I am receiving my healing now with great gratitude. I am sharing the benefits with everyone. Whether I can see the benefits or not, I am grateful for them right now. They are being revealed to me. I am accepting that there are tremendous benefits in my relationship healing, and I am accepting those benefits now.”

Working with affirmations transformed my life! What are *A Course in Miracles* Lessons, but so many affirmations? We use them again and again and again, transforming our mind. It’s a **mind** training. Yes!

It says, it talks about getting yourself into the holy instant, that place of true connection. It says,

“To give thanks to your brother is to appreciate the holy instant, and thus enable its results to be accepted and shared. To attack your brother is not to lose the instant --”

So, you still have the holy instant --

“...but to make it powerless in its effects.”

So, the effects, the healing effects of the holy instant, come when we’re grateful. Gratitude opens the door. It says,

“You have received the holy instant, but you may have established a condition in which you cannot use it.”

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When you're in judgment, you can't really access the holy instant. It says,

"As a result, you do not realize that it is with you still."

That blocks our awareness **to** the holy instant. When we're ungrateful, when we're complaining, when we're judging, when we're feeling resentful, regretful and ashamed, then we're not available for the healing. We **cannot** see the healing that's actually happening already. It says,

"And by cutting yourself off from the holy instant, you have denied yourself its benefit. You reinforce this every time you attack your brother, for the attack must blind you to yourself."

To your Holy Christ Self.

"And it is impossible to deny yourself, and to recognize what has been given and received by you."

This is why the path of nonjudgment **is** the path of *A Course in Miracles*. Gratitude for things just as they are, no judgment -- "I don't know what anything is for, but I'd **like** to." It says here,

"You and your brother stand together in the holy presence of truth itself. Here is the goal, together with you. Think you not the goal itself will gladly arrange the means for its accomplishment? It is just this same discrepancy between the purpose that has been accepted and the means as they stand now which seems to make you suffer, but which makes Heaven glad."

Yes! Yes! Yes!

"Think you not the goal itself will gladly arrange the means for its accomplishment?"

Yes! It will!

"The goal itself will gladly arrange itself for the means of accomplishment."

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The Means of Transformation Are Provided

So staying steadfast, faithful to the goal of the holy relationship, the means **will** be provided. They **are** being provided. It says,

“It is just this same discrepancy between the purpose that has been accepted and the means as they stand now. It seems to make you suffer, but which makes Heaven glad.”

As you are in that place of limbo, the place of aimlessness, the place of disjunctive crazy making, just **know** that this is the **means**. It is the means! Move into gratitude, move into acceptance, allowance, nonjudgment. That’s how you move through it quickly. If you’d like to move it quickly, go for it! It says here:

“As you begin to recognize and accept the gifts you have so freely given to your brother, you will also accept the effects of the holy instant and use them to correct all your mistakes and free you from their results. And learning this, you will also have learned how to release all the Sonship, and offer it in gladness and thanksgiving to Him Who gave you your release, and Who would extend it through you.”

Yes! That’s what we’re doing -- transformation! **So amazing** and miraculous! Not **easy**, but we **can** transform those special relationships. We **can** have our healing and learn so much about miraculous healing in the transition, in the transformation. That’s why it is our salvation.

Whew! That goes by so fast! Here we are at the close.

Announcements

Just a reminder, if you would like to join me in my [*Spiritual Counseling Intensive*](#), my [*Stop Playing Small*](#) retreat, both of these events are coming up in May, and I’ve got an Early Bird discount, so you can sign up and get that Early Bird discount.

Also, we have some payment plans available. If you’d like that, I’m happy to support people who’d really like to come and do the deep work with me, and break free and have fun.

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Also reminder, the [Pray and Clear 40-day Reboot Program](#), totally free for you, it's happening now. All the events are listed at the [Events](#) page at [JenniferHadley.com](#).

If you appreciate this radio show, and it's valuable to you, won't you please tell others about it, and consider making a contribution? Because the radio show **completely** exists on your contributions and donations. They are tax- deductible.

Also, please know that, all those who are volunteering to help with the transcription project of the radio shows, that you can e-mail me, Jennifer@JenniferHadley.com, and just put "volunteer" in the subject line. I'm collecting those. We're going to respond very soon.

Closing Prayer

Let us now pray. I invite you to put your hand on your heart once again.

I am willing to have a holy relationship in all my relationships. I am grateful and thankful to Partner UP with the Higher Holy Spirit Self and let the Holy Spirit do the heavy lifting of transformation.

I'm grateful and thankful to accept the healing now. We allow it to be. We share the benefits with all. We know it's done. And so, it is! Amen. Amen. Amen.

God bless you! Mwah! Until next time!

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.