

May 03, 2016



Ending the Fear of Love



 *Jennifer Hadley*
your daily shot of spiritual espresso

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May 03, 2016

Ending the Fear of Love

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Introduction

Jennifer Bonjour! Aloha! So happy to join with you. Yeah! I'm remembering that this time last week, it had just started snowing. I looked up in the midst of the show and it was snowing, which was really cool. I hadn't seen snow in a long time.

I'm still in Maine. Deer Isle, Maine and Spring is springing. The daffodils are out here, which is pretty, pretty exciting for the local folks. I'm very happy to be here. I'm an island lover. I love the islands. I love being surrounded by water. It's just heavenly for me.

But next week, I will be joining you from North Carolina. Yes! I'll be there for two weeks with my [Spiritual Counseling Training Intensive](#), and then the advanced [Masterful Living](#) student retreat, and then the [Stop Playing Small](#) retreat. Three events back-to-back, which I'm very much looking forward to, up in the Blue Ridge Mountains. There is still some room, if anybody would like to be spontaneous and join us. The details are at JenniferHadley.com.

I have been talking to folks all over the place who are interested in taking my [Spiritual Counseling Training Intensive](#). It's one of the components of my spiritual counseling training, this weeklong intensive. Wow! It's so great to do that. Anyone can take it, and so therapists and coaches and people like that can take it, and we'll help you to get your Continuing Education Units, your continuing licensing units, so ministers, all kinds of folks like that who would like to increase their counseling skills and have a great getaway. You know, I do everything in accordance with *A Course in Miracles*, so it's really counseling from that perspective, holding that very high watch.

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Right now, I am doing the work of investigating possibly doing this training in Thailand in November, early November, and also investigating possibly doing it in the Fall, maybe the first week of September, something like that, in the U.K.

I'm also thinking about doing a retreat that's purely pampering Self-Love while I'm in Thailand, because it's a great place to do the pampering. Working on these events, so just giving you a heads-up in case you're interested.

Today, we are grateful, grateful. We're grateful to be focused on "Ending the Fear of Love." Yes, we are!

Opening Prayer

Let's begin with a prayer, and open our heart and open our mind. I like to place my hand on my heart and remind myself that it is my aspiration to be wholehearted, wholeheartedly available for healing, for expansion, for Clarity, for Wisdom, for Freedom, for Joy, for Peace, and for Harmony.

Grateful and thankful to open ourselves to the Higher Holy Spirit Self leading us and guiding us. We are the two or more who are gathered in the name and the nature of Love, and the Christ is right here where we are, so we're being informed by our own Christedness.

We are grateful to walk the talk, and live the Love fully. This is our desire, this is our intention, and we are **allowing** it to reveal itself in our awareness now.

We are grateful to share the benefits of our healing and our communion with the Higher Holy Spirit Self, our conscious awakening. We're sharing all these benefits with everyone, because we're One with them.

In gratitude, we let it be. And so, it is. Amen. Amen. Amen. Yes!

Sacrifice is Attack, Not Love

Alright! Let's see here. I love this topic. You know, I sit with a book and I ponder and open my heart, I open my mind to whatever the Holy Spirit has for us, and then I just hold the book and I kind of feel the pages and I open to whatever is the guidance, unless I have some clear thing, because sometimes something comes in earlier that this is the topic.

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We're looking at Chapter 15 which the whole chapter is called *The Holy Instant*. The section is Section X, so it's Chapter 15, Section X, *The Time of Rebirth*, and I'm going to jump to Paragraph 5, where it says,

"The idea is simply this: You believe it is possible to be host to the ego or hostage to God. This is the choice you think you have, and the decision you believe that you must make."

So, host to the ego or hostage to God.

"You see no other alternatives, for you cannot accept the fact that sacrifice gets nothing. Sacrifice is so essential to your thought system that salvation apart from sacrifice means nothing to you. Your confusion of sacrifice and love is so profound that you cannot conceive of love without sacrifice. And it is this that you must look upon; sacrifice is attack, not love. If you would accept but this one idea, your fear of love would vanish.."

*If you would
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This is the thing -- if you would accept this one idea that sacrifice is attack not Love, then your fear of Love would vanish. Sacrifice **is** attack, not Love.

So let's set the intention right now to embrace that sacrifice is attack not Love so that our fear of Love can vanish. We're setting this intention. The Holy Spirit will guide us through the hour.

I've been contemplating this, and one of the things that most commonly we hear people talk about is the sacrifices they make for their loved ones. We make sacrifices. "Well, I was going to go to college, but my family needed my support, so I didn't go to college. I sacrificed my opportunity to go to college in order to get a job and start supporting my family." "I sacrificed having a personal life because I was a single parent, and so I did that for the love of my children." "I sacrificed the money, so that my child **could** go to college. I sacrificed having things for myself. I sacrificed free time by having a second job and moonlighting." Right? We hear, commonly, people talk about making these kinds of sacrifices.

So, I asked the Holy Spirit for an example, this is what came first.

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Sacrifice is ego, not Love. Here's the thing for us to think about. When we think we've made a sacrifice, what has **really** occurred? Let's say someone sacrifices their time and energy. In their mind, they're sacrificing so that they can raise the money to put their child through college, they're working two jobs in order that their child could go to college, so their child could have a better life. Is it actually a **sacrifice**, or is it the **choice** that you're making because it will make **you** feel good? Is it then a sacrifice?

You see, the point that *A Course in Miracles* makes, again and again, is that the only sacrifice there really is, is when we sacrifice our connection with God in favor of the ego. **That's** the sacrifice.

The Gift of the Holy Instant

Let's go to earlier in this chapter. The way it's laid out, the thinking is that it we'll get to this chapter in -- well, it says, *The Time of Rebirth*". It starts with *The Time of Rebirth*. It says,

"It is in your power, in time --"

So in this world of effects.

"It is in your power, in time, to delay the perfect union of the Father and the Son.

We can delay our union with God in our mind in this time-based experience, in this temporal world. It says,

"For in this world, the attraction of guilt does stand between them."

Stands between guilt. The attraction of guilt stands between our union with God in our awareness.

"Neither time nor season means anything in eternity. But here in this world, it is the Holy Spirit's function to use them both, though not as the ego uses them."

Time and season, we're talking about.

"This is the season when you would celebrate my birth into the world."

He's thinking is we'll be reading this at Christmas time.

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"Yet you know not how to do it. Let the Holy Spirit teach you, and let me celebrate your birth through Him. The only gift I can accept of you is the gift I gave to you."

I love that!

"The only gift I can accept from you is the gift I gave to you."

Remember, He tells us,

"To have, give all to all."

So the **only** gift we can accept from Jesus is the one that He **already** gave us. We're giving it back to Him. Isn't that beautiful? I love that! It says,

"The time of Christ we celebrate together, for it has no meaning if we are apart."

This is the gift that we can give, celebrating the time of Christ.

"The Holy Instant is truly the time of Christ."

The Holy Instant is the moment in which we are being purely loving.

"For in this liberating instant no guilt is laid upon the Son of God, and his unlimited power is thus restored to him. What other gift can you offer me, when only this I choose to offer you? And to see me is to see me in everyone, and offer everyone the gift you offer me..."

I love that! Remember, Jesus when He walked the Earth, He said, "What you do to the least of them, you do to Me."

"And to see me is to see me in everyone, and offer everyone the gift you offer me."

The time of Christ, the Holy Instant, **this** is the gift that we can offer to everyone.

The Ego's Gift of Guilt

He says,

"I am as incapable of receiving sacrifice as God is, and every sacrifice you ask of yourself you ask of me."

We can think of religious traditions, where there is this idea that sacrifice is somehow holy, or will make us more holy. He's telling us, "Uh-uh! Sacrifice is **purely** of the ego." He says,

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"Learn now that sacrifice of any kind is nothing but a limitation imposed on giving."

Consider that. Sacrifice of **any** kind is a limitation imposed on giving.

Let's think about the parent that I was talking about before. Let's say, the single parent who says, "I'm sacrificing my time and energy to work, to earn the money for you to go to college because I love you." Let's find the limitation imposed on giving. The parent is saying, "Instead of just giving all to all, because I feel called to love, I've turned it into a sacrifice. **I'm** giving something up. **I'm** sacrificing."

You can imagine that both the giver and the receiver would feel that ego impact in the gift, and what is the ego impact of the gift if I am sacrificing for **you**? It's **guilt**, isn't it? It's guilt. Then the child feels the sense of burden, the sense of guilt. Maybe the child didn't **ask** for it, but still appreciates, that the parent is **willing** to do that work. But you know what? The parent that's willing to that work to make that effort, they do it because they would like to do it, because they would like to give that gift. That's **their** choice, so why add guilt into the mix? When we think of sacrifice we're adding guilt into the mix, and this need not be. It creates a burden.

ACIM Conference Tickets

Many of the folks who listen to this radio show, I love you all so much. I get to talk with you from time to time. Me too, like at the *A Course in Miracles* Conference -- oh, by the way, we still have some discount tickets left for the **next** *A Course in Miracles* Conference, if you'd like to get them. The Power of Love Ministry extended itself to purchase these tickets so you could get a discount ticket. Tickets are not available at this price anymore. They were only available at the conference at this price. So, you can get them, and we'll also extend a payment plan to you, if that helps you. The next conference is in February 2018.

Yes! And many of the folks in my yearlong [*Masterful Living Class*](#), my [*Finding Freedom*](#) class that I get to talk with in my Sacred Circle are listeners of the radio show, so shout out to all of you! It's so wonderful to connect with you! I love transcending time and space with this technology. It's such a blessing!

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To Have, Give All to All

Let's not burden our loved ones anymore with the idea that we're sacrificing **ourselves** for their wellbeing, their happiness, their Prosperity, their advantage, because the truth is, we make choices because that's what makes **us** feel good.

Some people are making these choices that they call sacrifice to alleviate their **own** guilt that they are not doing **more**, that they're not doing something different, that this is all they can do. Right? The sense of sacrifice is coming with and from guilt, whether we know it or not.

So let's Partner Up with the Higher Holy Spirit Self to recognize, "Where am I holding this idea of sacrifice?" It could be in your workplace, so "I'm sacrificing spending time with my family in order to put in overtime at work." That can lead to resentment. That can lead to regret.

What is the healthiest way to live is to do things with our whole heart, so eliminating **any** idea of sacrifice will bring more Freedom into our awareness, and more Freedom into our relationships.

"To have, give all to all."

And when we give all to all, we're giving Love, we're giving compassion, we're giving kindness, we're giving generosity of Spirit. This is how we give all to all. We don't have to give all of our possessions, or all of our money, or all of our time, or all of our energy. We're giving kind thoughts, good thoughts, all Love. To have all Love, give all Love to all Love [laughs] because Love is all that there **is**.

"Learn now that sacrifice of any kind is nothing but a limitation imposed on giving. And by this limitation you have limited acceptance of the gift I offer you."

"We who are one cannot give separately."

He is saying we -- us and Him -- are One and cannot give separately. So whatever we're giving, the whole of the Sonship is giving.

"When you are willing to accept our relationship as real, guilt will hold no attraction for you."

"When you are willing to accept our relationship as real, guilt will hold no attraction for you."

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What?! Sometimes He says these things and I just think, "Make it plain, my brother, **make it plain!**"

"When you are willing to accept our relationship as real, guilt will hold no attraction for you."

Okay! All the folks who are struggling with guilt, you can release all the attraction that it has for you, so simply, right here. **Accept** that our relationship with Jesus, our relationship with the Oneness, our relationship with God is real. That's it!

Let's pray on a daily basis to know our relationship with Jesus is **real**, and this is what *A Course in Miracles*, teacher of God is doing, is affirming, and knowing, and accepting, and allowing that our relationship with Jesus is **real**. He's **really** guiding us. He's **really** caring about us. He's **really** talking with us. He's **really** not blaming us. He's **really** not shaming us. He's **really** not judging us. He's **really** loving us. He's **really** showing us the way. He's **really** letting us make our own errors and learn from them. He's **really** assisting us in having the fastest path of learning, healing, and awakening than we can possibly have in every minute of every day, in every moment.

*I'm choosing to
surrender my
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my judgments, choices
of opinions and
negativity.*

So when we have chosen wrongly, we can choose again, and just go, "Oh, Jesus! I choose so wrongly! That's why I'm so unhappy right now. Help me to choose again. **I am** choosing again. I am grateful that I'm choosing again. I'm celebrating that I'm choosing again. I'm choosing to know the loving response to this situation. I'm choosing to know how to live with more Love, more Joy, and more Peace. I'm choosing to surrender my attachments to my Joys, my judgments, choices of opinions and negativity. I'm choosing that!" Yes! Ah, I love it!

The Gift of Oneness

"The gift of union is the only gift I was born to give."

That's it! That's all He's got for us is union. And, of course, with that union is the remembrance of our true identity and the full release of all false

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identification. “Thank You! I **accept** the gifts of Jesus today. Jesus, I accept Your gift. Thank You for giving it to me. Jesus, I open my heart and my mind to receive the gifts from Your bounty. Thank You for the gifts You're giving to me. Thank You, thank You, thank You!”

So, let us receive it. Let us be grateful. This is the gift that we can return. He says,

“The gift of union is the only gift that I was born to give. Give it to me, that you may have it. The time of Christ is the time appointed for the gift of freedom, offered to everyone. And by your acceptance of it, you offer it to everyone..”

Indeed!

“It is in your power to make this season holy, for it is in your power to make the time of Christ be now. It is possible to do this all at once because there is but one shift in perception that is necessary, for you made but one mistake. It seems like many, but it is all the same. For though the ego takes many forms, it is always the same idea. What is not love is always fear, and nothing else.”

*“What is not love
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and nothing else.”*

That's the shift in perception. The one mistake is we moved into fear. We started to see someone as **separate** from ourselves. That's the one mistake. I love, He tells us here, “Let the time of Christ be now!”

“It is possible to do this all at once because there is but one shift in perception that is necessary, for you made but one mistake.”

That's it. We **valued** separation. That's the one mistake. We decided to explore thoughts of separation. We became allured. Yes! That's our one mistake.

So all the mistakes that we've made that compounded that, where we had an opportunity to choose again and extend patience and kindness, well, instead, we are still choosing separation, and we can change our mind about it right now. This is what walking the talk and living the Love **means**, and I am **grateful** to walk the talk and live the Love with you today, my friend. So very grateful, indeed!

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Upcoming Classes & Retreats

Yes! Oh! One thing I would like to announce to you is I'm doing my [7 Simple Steps to Interrupt the Patterns of Fear](#) class this week. *7 Simple Steps to Interrupt the Patterns of Fear* class. It's a free class. If you go to the [Events](#) page at JenniferHadley.com, you can sign up for free right there. It's a great class. People really loved it when I did it last year.

Also, on right now is my trust and faith - [Building Trust & Faith Class](#). That's another class that's open to you.

Don't forget the May events, including the [Spiritual Counseling Intensive](#) and [Stop Playing Small](#) retreat are still open.

Alright! It's time for me to take a break. I'm Jennifer Hadley. You're listening to *A Course in Miracles*, where we're walking the talk and we're living Love, and we're doing it right here on Unity Online Radio.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to the *A Course in Miracles: Living the Love, Walking the Talk*.

Being the Perfect Givers & Receivers of Love

We're back, just like that, through the magic of radio. Thanks for joining me! We're talking about putting an end to being afraid of Love.

I don't know about you, but for me, I've experienced a lot of fear of Love in my life - a lot, and I find that people are **very** afraid of Love at times. It's really tremendous how much the fear of Love gets in our way from having the very thing that we most desire, which is Love.

Most people I meet, whether they are willing to admit it or not, they **really** desire to be in the flow of Love. They desire to **be** loving, and they desire to **be** loved, to be that person giver and receiver of Love that they're naturally designed to be.

And yet, the idea of being that perfect giver and receiver of Love, and being open to giving and receiving Love, and having -- living in that space of giving all to all seems terribly threatening because it **is** very threatening to the ego.

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The ego has an attachment to everything. Everything that the ego wants to give away has an expectation, hence the idea of sacrifice. There's expectation, there's attachment, there's strings attached, however you want to say it. When most people are giving -- so, most people in most relationships, whether they know it or not, they're "giving to get". They're **expecting** appreciation. They're **expecting** some kind of recognition. They're expecting **something**, and that's the "giving to get". That's the attachment. That's the string that's attached.

A lot of people are very vocal about letting you know the sacrifices that they've made for you. I remember when I was a teenager once, my grandmother and I got into a fight, and she was, in her personality, manipulating and controlling, because she had grown up in a very threatening environment, and so she learned to be very controlling of her environment to protect herself.

You know, as a child, she really had some very real challenges and threats, and so she adapted. Her personality became very controlling. **Or**, her personality was very controlling when she came in, and she had those experiences in order to help her trust and put her faith in God. I think that's a really a more accurate way of putting it.

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Anyway! So she was often being controlling and manipulative with me. We loved each other very much. She's passed on, but still present to me. I totally have forgiven all the trespasses, because there's just no need to judge them. She was doing the best she can, and her intention was to be loving, but she felt that being loving **meant** being controlling and manipulative.

One time, she said something about the things that she had done for me. I remember just snapping right back, as a teenager, saying, "Nobody asked you to do those things! You did them for **you!** You did them because they would make **you** feel good about yourself. Do not put that on me!"

She really had this martyr thing happening, and I was like, "I am not, **not** taking that on."

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I was very happy to receive all the gifts that she gave to me. But the one of **guilt**, I was not happy to receive and I rejected it. I said, "No! You did not do those things for **me**. You did them for **you** to make **you** feel good," because I **knew** that that was the case. I knew that was the case, and I was not taking on that guilt. Good for me!

Forgiveness of Sacrifices

The invitation is here to everyone, where are you holding in your mind that someone made a sacrifice for you or you made a sacrifice for them? Because in those holding the sacrifice in our mind choices, we're keeping guilt alive, and that's the **opposite** of walking the talk and living the Love. It's the **opposite** of healing. It's the **opposite** of awakening. It's the opposite of Freedom. It's imprisonment.

Anyone who has led you to believe that they made a sacrifice for you, you can forgive them that they didn't comprehend what they were doing. They were probably doing what they were taught to do by their elders, because these things get passed down generation to generation, but we're the ones who are interrupting these patterns of fear. **We're** the ones who are choosing anew. We are the ones who are infusing our mind, our awareness, our life, our conversations, and our choices with Love and with compassion.

So, if you feel any residual anger or resentment for the people in your life who have told you they sacrificed for you, or made you **feel** they sacrificed for you, forgiveness is the way, so we don't judge them for it. They were doing the best they can, **and** they were helping us to learn. "All things are lessons God would have me learn. I am willing to learn my lessons. I'm willing to **remember** that everything is perfectly organized for my good. How else could it be? There's no other way for it to be."

And, then, if you are aware that **you** have made people in your life feel guilty, that you have been holding a sacrifice in your mind in the way you've been in your relationships, you can surrender that and forgive yourself and have a healing.

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Keeping Love Alive

Let's just take a moment to contemplate and really focus on this, because listening to the sound of my voice, well, might be incredibly beautiful [laughs] -- just being playful there -- listening might be something that you enjoy. The **healing** comes from how **you** apply it, how **you** live it, and that's why our show is called *A Course in Miracles: Living the Love and Walking the Talk*, because that's where our **healing** comes in.

Can you recall any conversations, any thoughts, any dialogues in your own mind where you have come to believe that **you** made sacrifices for other people? Just opening your mind to where have you been holding **your** choices as a sacrifice? Because if you hold it that way, there **will** be guilt because we share One Mind, and the idea of sacrifice **always** brings with it the guilt.

Remember, "Keep hope alive," the Obama campaign? Let's let guilt die. [laughs] Let's let it fade away. Let's keep Love alive. Let's keep compassion alive.

*Let's keep Love
alive.*

*Let's keep
compassion alive.*

Forgiving yourself is non-judgment, so not judging yourself for your path of learning, taking responsibility for any effect that your choices have made, and seeing if there's any course correction. I think that this would be a beautiful conversation to have with children, with loved ones, where you have been holding -- you've made sacrifices, to be able to talk about it with them, or even to say, "I have been feeling so guilty because my parents sacrificed so much for me, and maybe I didn't appreciate it as much as I could or should." -- the "coulda, shoulda, woulda's" -- "And I'm willing to surrender all of that now, and know that they did what they did because it was **their** choice for **their** fulfillment, for **their** happiness, and I can **receive** it without the attachment of guilt."

We can actually liberate those who held in their mind **their** sacrifices, and by doing so, brought **us** the gift of guilt. We can relieve them of the burden by true forgiveness, which is true non-judgment.

We can change our mind about how we hold them and their gifts, and we can receive them now as Love rather than as sacrifice, and we can recognize that we are worthy of receiving all the gifts that people would like to give to us, because the Infinite Creator is pouring out a blessing for us

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always. We're worthy of **all** gifts, so we can truly relinquish this fear of Love.

You see how, if the gift that is described as Love -- "Oh! I'm doing this for you because I love you!" -- if the gift is given to you and it's labeled with Love, but it **feels** like guilt, that's the burden to receive. It's a burden to receive. It's not much of a gift, is it?

But that's how the ego's gifts **always** are. The ego's gifts come with these attachments of guilt, and blame, and shame, and regret, and resentment, and hurt, and doubt, and fear, and worry.

We can **allow** the Holy Spirit to do the heavy lifting of cutting all those strings, cutting **all** those strings. Yes, indeed!

Giving the Gift of Love at Work

Yeah, it's powerful how much we can impact our family healing, our ancestral healing, the generations to come, the generation that went before, by doing this work. Because all healing is at the level of the mind, we're doing this work at the level of the mind. We're liberating ourselves from burdening people with our gifts of Love that aren't Love.

Just think about how we can also do this in the workplace. I think it's so valuable to think about, where in your job, where in your workplace are you "giving to get"? Because even if we're giving up our time and our energy **just** to get money, it's not going to be fulfilling. Many people feel sad or depressed because their work isn't fulfilling to them.

But what makes work fulfilling? It's not the work that we do. We **think** that it might be that, but it's the Love that we do it **with**. I learned that so well when I was younger, and I'm grateful that I learned it when I learned it when I was so young, because I did have some jobs that I resented, and then I had other jobs that were more -- I had jobs that were quite menial in the sense of waiting on tables and doing -- I worked in an amusement park. That was my first job when I was a teenager, making change and things like that, and it was an opportunity to recognize that I could impact somebody's day. I could improve the quality of someone's day just by how I treated them in that moment. And now, I realize I can do that with a telemarketer. I can do that with the person at a customer service.

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In The Power of Love Ministry, we offer so many free classes and things like that. We have paid classes as well. We have a mix of both, and there's a lot of customer service. **A lot.** Even to process a donation and things, there are all kinds of things where there's customer service involved.

Sometimes, even with a free class, people will treat our customer service team with anger and disrespect, and it can be really unattractive. We're trained to know that it's a cry for Love, and that -- and my intention in the customer service stuff is that people are not doing it because it's a job. They're doing it because they have a calling to be helpful to people, and I love that in our team! I really love that. It's quite beautiful, and I'm very appreciative of it. Yeah.

There are so many ways that we can open our heart, and walk the talk, and live the Love, and eliminate the guilt. Because I know I certainly have done this, where I have been the person that's got a customer service issue and trying to lay guilt on the people for not doing a better job.

I have seen amazing turnarounds on my own self, in my own ability to be **able** to be loving, to be kind, to be gentle, and that is so fulfilling. I love being able to see my own shifts and changes in my heart.

Removing the Strings of Sacrifice

Back to our topic here of no longer being afraid of Love. When we're afraid to Love, it's because we're afraid **of** Love. There are strings attached. There is guilt. Let us remember here what He says. He says,

"... sacrifice is attack, not love. If you would accept but this one idea, your fear of love would vanish. Guilt cannot last when the idea of sacrifice has been removed. For if there is sacrifice, someone must pay and someone must get. And the only question that remains is how much is the price, and for getting what."

"As host to the ego, you believe that you can give all your guilt away whenever you want, and thereby purchase peace."

You see?

"And the payment does not seem to be yours. While it's obvious that the ego does demand payment it never seems to be demanding it of you. You are unwilling to recognize that the ego, which you invited, is treacherous only to those who think they are its host. The ego will never let you perceive this, since this recognition would make it homeless. For when the recognition dawns clearly, you will not be

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deceived by any form the ego takes to protect itself from your sight. Each form will be recognized as but a cover for the one idea that hides behind them all; that Love demands sacrifice, and is therefore inseparable from attack and fear. And the guilt is the price of Love, which must be paid by fear.”

“How fearful, then, has God become to you, and how great a sacrifice do you believe His Love demands! For total love would demand total sacrifice. And so the ego seems to demand less of you than God, and of the two is judged as the lesser of two evils, one to be feared a little, perhaps, but the other to be destroyed. For you see love as destructive, and your only question is who is to be destroyed, you or another? You seek to answer this question in your special relationships, in which you seem to be both destroyer and destroyed in part, but able to be neither completely. And this you think saves you from God, Whose total Love would completely destroy you.”

“The real price of not accepting this has been so great that you have given God away rather than look at it. For if God would demand total sacrifice of you, it seems safer to project Him outward and away from you, and not be host to Him.”

“You must choose between total freedom and total bondage, for there are no alternatives but these.”

*We can give up this
idea that Love requires
any sacrifice.*

It does not.

Love is our Freedom.

Love is our liberation.

So, our total Freedom is **really** “*To have, give all to all,*” to open our hearts to Love, to let go of **ever** trying to make anyone feel guilty, bad, ashamed, or punished ever again.

So we can give up this idea that Love requires **any** sacrifice. It does not!
Love is our Freedom. Love is our liberation.

On that note, let us pray.

Remember, the retreats are still open. There are still some spots left, and we're going to have such a good time!

We have the [7 Simple Steps for Interrupting the Patterns of Fear](#) class this week. It's a free class, and we've got the [Trust & Faith](#) series on right now. You can start with us right now.

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Alright! And, don't forget the *A Course in Miracles* tickets for the next conference, February 2018 in San Francisco. The discounted tickets, we still have some left.

Closing Prayer

Taking this breath of Love and gratitude, we open our heart once again to the Holy Spirit, and we make a Holy offering of all the habits of guilt.

We are grateful that Love carries no guilt. We're giving ourselves the gift of Love, and sharing the benefits with everyone. We open ourselves to this healing and we allow it to be. In gratitude, we know it's done. And so, it is. Amen. Amen. Amen.

If you enjoyed this radio show, please consider making a contribution to the Unity Church or to The Power of Love Ministry. That's my ministry, PowerofLoveMinistry.net or JenniferHadley.com to make a contribution. Thank you for your love and support. Mwah! God bless you! Have a **great** rest of your week!

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a. m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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While there, we invite you to visit [Jennifer's blog](#) where you can join with the community of like-minded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.