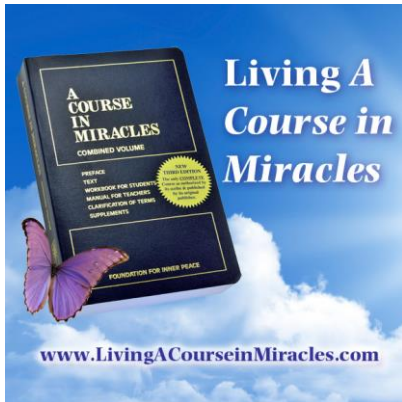


**November 15, 2016**



# No Compromise



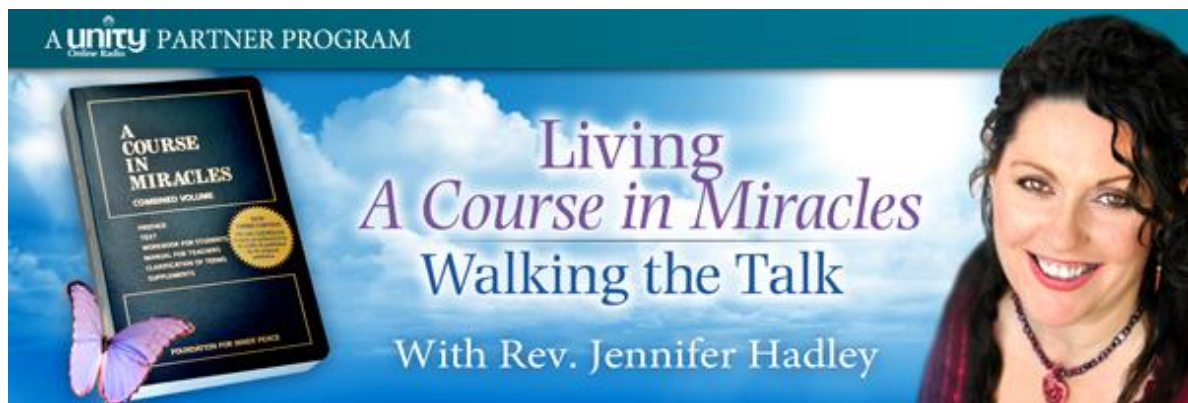
 *Jennifer Hadley*  
your daily shot of spiritual espresso

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*November 15, 2016*

# No Compromise

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Welcome! Thank you for joining me! I'm so grateful that our topic this week is "No Compromises". This is one of the most valuable aspects of *A Course in Miracles*, is that it is **uncompromising**. We are going to take advantage of all the learning and healing that being uncompromising can bring us. We're going to **maximize** it, so we're gathering together for this holy purpose here and now. We're the two or more gathered in the name and the nature of Love with a deep and abiding gratitude.

As always, we're going to begin this show on the road with a prayer.

## *Opening Prayer*

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We take that breath together. We place our hand on our heart, relaxing into Love. Love is uncompromising. Love is **unconditional**. Love simply **is**, full on, all the time. This is our true Divine Nature and we're willing to accept it, to know it, to see it, to feel it, and to experience it fully and completely.

We're grateful and thankful to be the two or more gathered in the name and the nature of Love for the holy purpose of waking up and accepting the Atonement for ourselves.

We are truly grateful and truly thankful to allow ourselves to be lifted and shifted above the battleground. We're willing to see there **is no** battle. Only Love is real, and Love can **never** be threatened. We are grateful and thankful to recognize that, truly, in our defenselessness, our safety lies.

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So grateful to stand in a place with no grievances, no regrets, to stand in a place without guilt, or shame, or blame, completely above the battleground.

We are grateful and thankful to recognize that our heart is the Heart of God. Our mind is the Mind of God. Our life is the Life of God. Our very hand is the Hand of God in this world. We are grateful and thankful to say “Yes!” to unprecedented **living** in Love.

We share the benefits of our willingness with everyone, because we’re One with them. In gratitude, we allow the healing to be. We **fully** let it be. And so, it is. Amen. Amen. Amen. Amen.

### *Love is Unconditional & Uncompromising*

---

**Uncompromising**, This is what our healing is about.

I think for many of us, the thought of being uncompromising seems **impossible**, it seems unfathomable, it seems too far out of our reach. We’re having too-human experience. It seems as though, for me at times, that only the ego could be uncompromising, because the ego is stiff, and formal, and maniacal, and sometimes it seems like that’s what it would mean to be uncompromising. It would be rigid.

But you know, it’s **not**. It’s loving. It’s loving. Love is uncompromising. Love is **unconditional**. To be compromising is to be conditional. If this, then that.

But when we think of Love as its true nature, being **constant**, then its uncompromising nature feels assuring, that Love **is** uncompromising, Love is unconditional.

That’s how we’d like all our Love to be, with no conditions, whatsoever.

That means having a great willingness, and it does **not** mean that, on a daily basis, we won’t have experiences where we’re **tempted** to make compromises.

But the thing is, we will give up our attachment to our compromises, and we’re willing to see beyond the compromises. We’re willing to see, “Oh! **there** was a temptation of compromise.” “Oh! I just compromised back there. But, I **see** it, so now I can shift it and change it.” **This** is living in the mind-training of *A Course in Miracles*.

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One thing that really strikes me about this is my favorite Lesson, Love has no grievances. *“Love holds no grievances.”* In that Lesson, the summary of it - - and, it really is to me, in **so** many ways, the summary of the *Workbook* -- which is,

*“It is as sure that those who hold grievances will forget who they are, as it is certain that those who forgive will remember.”*

What is forgiveness? It's non-judgment, not holding any grievances. Giving up all the grievances **allows** us to remember who we really are, and in that remembrance is our liberation from all suffering, from all poverty, from all health issues, from all complaints of any kind.

I often think how many, what lengths people are willing to go **to** in order to have what they **think** they **want**, but they're not willing to simply practice nonjudgment. But, they're willing to travel many miles, and spend many thousands of dollars, and have all kinds of experiences in **search** of healing. But the healing **really** comes when we're willing to practice consistency.

In the *Manual for Teachers* in Chapter 4, it's about the characteristics of the Teachers of God. We've been looking at that in my yearlong [Masterful Living Course](#) which, by the way, starts again in January. Enrollment will be opening later this month of November, and it's opened for about five or six weeks, and then we'll start --we have a first class, it's a bonus class, on January 1<sup>st</sup>, but then the yearlong Course starts earliest on, I believe it's Monday, January 9<sup>th</sup>. The registration will be open until then, and then we close it for the year.

If you'd like to come and join me in a yearlong course of walking these teachings, these principles, and really applying them with likeminded people, [Masterful Living Course](#) would be for you. Oh, boy! Oh, boy! The focus really is on being unconditionally loving and giving up the grievances. Oh! It's such a relief! Such a relief! So much more Peace!

0:09:00 What got me thinking about *“Love holds no grievances”* is, I kept feeling Spirit talking about the battleground, and rising **above** the battleground. Then yesterday, in the offering we did on [Loving America Free](#) with Jon Mundy, and Jimmy Twyman, Bill Free, Vicki Poppe, Cindy Lora-Renard and myself, one of the things that came up -- in fact, it was Jon Mundy who brought it up. He was talking about the battleground, as well, so I thought, “Oh, okay! Here it is again!” because the election, to me, has

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felt like a battleground. I think it felt like a battleground to a lot of people, so we were talking yesterday.

0:09:57 You can get the free download of the [Loving America Free class: Lifting The Election With Love](#). It was a **really** beautiful, beautiful call with these wonderful folks who have been studying *A Course in Miracles* for many years, and who shared their own experience of taking a moment and being upset or bothered by the election, and really looking at what's going on, and how people are feeling with the intention of being truly helpful, and offering some real support to people who are struggling right now.

Again, that's free. You can find that at [LivingACourseinMiracles.com](#) right now. You can also get it through the events page at [JenniferHadley.com](#) right now. [Loving America Free](#).

If you see it out on Facebook-- you know, it's free class, a free offering and, for many people, it might be a great introduction to *A Course in Miracles* with all these *Course* teachers -- Won't you share and "like" at Facebook, so more people will see it? Thank you very much.

### *Salvation is No Compromise of Any Kind*

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Jon Mundy was talking about, "There is no safety in a battleground." It just brought this battleground theme back to me to include in our episode today about, "No Compromise."

It starts with -- well, where we're I feel guided to start with this today, it's Chapter 23, Section III, Paragraph 3, where it begins,

*"Salvation is no compromise of any kind. To compromise is to accept but part of what you want; to take a little and give up the rest. Salvation gives up nothing. It is complete for everyone. Let the idea of compromise but enter, and the awareness of salvation's purpose is lost because it is not recognized. It is denied where compromise has been accepted, for compromise is the belief salvation is impossible."*

*"...compromise is the belief salvation is impossible. Compromise would maintain you can attack a little, love a little, and know the difference. Thus, compromise would teach a little of the same can still be different, and yet the same can remain intact, as one. Does this make sense? Can it be understood?"*

*"This course is easy just because it makes no compromise."*

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So there! It's **easy** because it makes no compromise. We don't have to figure it out!

Remember, the ego analyzes, the Spirit knows and flows. When we're trying to understand things and analyze things, then we're identified with the **ego**. The Spirit knows and flows, and compromise? Completely unnecessary.

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***Salvation's purpose is to eliminate the very concept of compromise.***

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In many ways we've been raised to teach about compromising with people when we disagree. But, the *Course* is telling us, "No! Just surrender. Don't compromise. Surrender. Just give up your opinions and judgments completely." That, if we're going to let the idea of compromise enter into our awareness, into our conversation, then we don't understand what salvation's **purpose** is.

Salvation's **purpose** is to eliminate the very **concept** of compromise. Because if you think of, God is Perfect Wholeness, God is the All-in-All, God is All there is, All there ever will be, All-in-all -- can you compromise the All-in-all? Is that even **possible**? How would that work? Can you make a compromise with the All-in-All? How would that even **work**?

We're giving up the idea of **needing** to have a little of this, a little of that. One of the things I realized that was hurting me, and I didn't even know it, was this idea that I was going to give **part** of my life to God, but keep part of it for "myself." Really, I didn't know it for a long time, until I became *A Course in Miracles* student, I didn't realize that I was saying "I'm going to give **most** of my life to God, and I'm going to give part of it to the ego, just in case I want to smoke crack, or just in case I'd like to do something that feels bad or less than holy."

I wanted to reserve the right to do something nutty or crazy, because I thought, well, "That's **me. I'm** the one who does the bad, nutty, crazy things, and so I can't give myself 100% to God because, well, I'm not going to keep **that** promise." Better I say, "Okay, I'll be good 70% of the time, or 80% of the time, or 90% of the time, but not 100% of the time. I'm not going for **that**. I'm not making any promise to God about that." In a sense, I was **compromising**, and I couldn't be happy as long as I was compromising. I decided to go all-in for God 100%.

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Now, because that freaks people out, I say, “Look, I’m all-in for God **and** every day I see, ‘Oh! that part, I was doing for the **ego**.’ ‘Oh! That part was not really about God. That was about serving the ego, serving the personality.’” It’s just about being **aware**, and **as** you become more aware, you can actually see more clearly the dysfunctional parts.

There’s often, for most of us, there’s a period we go through where for a time, it seems like, “Oh, my gosh! **Everything** is coming up! I’m just a big bag of issues and attachments, cravings and aversions, addictive and compulsive tendencies, judgments, complaints, et cetera, et cetera! And, it seems like, “Oh! This is **way** too much! I cannot handle how many things are coming up!”

But then, after a while, we realize, “Oh, no. This is **good** that they’re coming up! This is **helpful**, this is healing, because I’d like to let all of these things go, so they do not run my life another minute!”

Instead of feeling like **we’re** the ones that have to figure out **how** to solve the **problem** of our problems, the problem of having **so many** problems, instead we say, “Okay. I’ve got **one problem**.” This is what the *Course* teaches us. “I believe in separation. I’m going to give my one problem, and all its manifestation as money problems, body problems, relationship problems, health problems, mental problems, emotional problems, friend problems, whatever they are, I’m going to give **all** the problems to the Holy Spirit for healing, and I’m going to **focus** on being consistent!” Which, really is, not making any compromises.

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### *Compromise Disturbs Your Peace*

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It says—going back to Chapter 23, Section III, Paragraph 4:

*“This course is easy just because it makes no compromise. Yet it seems difficult to those who still believe that compromise is possible.”*

If the *Course* feels difficult to you, **this** is a place where you can focus your attention. And, by joining with the Holy Spirit and saying, “Okay. I can see that this feels difficult because I still believe compromise is possible. Show that to me. I’d like to choose again. I would like to have clear opportunity to say compromise is not possible. I can see that now. Show me, help me to recognize. Compromise is indeed **impossible**.” It says,

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*“Yet it seems difficult to those who still believe that compromise is possible. They do not see that, if it is, salvation is attack. Yet it is certain the belief that salvation is impossible cannot uphold a quiet, calm assurance it has come.”*

*“Yet it is certain the belief that salvation is impossible cannot uphold a quiet, calm assurance it has come. Forgiveness cannot be withheld a little. Nor is it possible to attack for this and love for that and understand forgiveness. Would you not want to recognize assault upon your peace in any form, if only thus does it become impossible that you lose sight of it?”*

I love this! We talked about this earlier in the year, in one of the radio episodes.

*“Would you not want to recognize an assault upon your peace in any form?”*

You want to recognize **any assault** on your Peace, in any form, because **that** will make it impossible to lose **sight** of your Peace, and to lose **sight** of the assault, so that you can actually **have** Peace.

*“It can be kept shining before your vision, forever clear and never out of sight, if you defend it not.”*

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**We are the Peace  
of God.**

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You don't have to defend your Peace. *“I need do nothing.”*

Because, remember, what seems to **disturb** your Peace is simply your opinions, your judgments, your stories, the things that you've made up, and tell yourself that aren't actually true. So, why would you have to defend your Peace against illusions and delusions? You wouldn't have to! That doesn't even make sense!

*“Those who believe that Peace can be defended and that attack is justified on its behalf, cannot perceive it lies within them.”*

**We are the Peace of God. We are the Peace of God!**

*“Those who believe that peace can be defended, and that attack is justified on its behalf, cannot perceive it lies within them. How could they know? Could they accept forgiveness side by side with the belief that murder takes some forms by which their peace is saved? ”*

Can we **save** our Peace **by attack**? **That's insane! That's insane!**

## **A Course in Miracles Weekly Radio Show** with Jennifer Hadley

### *Do Not Compromise to Escape Conflict*

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*“Would they be willing to accept the fact their savage purpose is directed against themselves?”*

Would you be willing to recognize that **any attack** is actually directed against yourself, because we are our brother's keeper? I love this.

*“No one unites with enemies--”*

As long as we **hold** enemies, as long as we **have** attack thoughts, we're preventing ourselves from uniting in the Oneness. We're preventing ourselves from experiencing salvation.

*“No one unites with enemies, nor is at one with them in purpose. And no one compromises with an enemy but hates him still, for what he kept from him.”*

This is the thing, is we're not going to have compromises with an enemy **and** still **hate** the enemy for what has been kept from us.

But this is the thing, this is the crazy thing, is that **we will** do that. We will make compromises with an enemy, and then feel like, “Oh! I still don't have what I want, because if I want the Peace of God, I'm going about it the wrong way.”

Now, here, we're coming to the battleground.

*“Mistake not truce for peace, nor compromise for the escape from conflict.”*

A truce and Peace are **not** the same thing. A truce and Peace are **different** things, right? A truce is not Peace, it's not a healing. A truce is a temporary agreement. It's a compromise.

Have you got any truces going in your life? Most people do. They say, “Oh, we're going to agree to disagree. We're going to agree to, ‘I don't really like this person. I don't really like this situation, but I'm going to accept it.’” That can seem like a truce sometimes.

But what could you **not** accept, what could you not even Love and be grateful for if you knew that **everything** worked together for your good?

I know it sounds crazy! Let's say you have an accident, your leg is amputated, how could **that** be something you'd ever be grateful for? Well, you'd have to be **willing** to see beyond time and space, and see beyond identification with the body, to see **how** you could ever feel grateful for that.

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How do we **get** to that place? We get to that place of being able to see beyond time and space through **not** making compromises. It's the compromises that **block** our vision. Truce and Peace, not the same.

And, a compromise is not an escape from conflict, for what **is** conflict? *A Course in Miracles* tells us that a conflict is when we hold in our mind that we'd like to experience the Peace of God while **simultaneously** holding onto our attack thoughts. **There's** the conflict, right there. We **cannot** have both. It's just not possible! We have to choose one or the other.

Right now, it's time for me to choose to go to a break. [laughs]

Just a reminder that the [Love America Free: Lifting the Election with Love](#), conversation that we had yesterday with Jon Mundy -- yesterday was November 14<sup>th</sup> -- with Jon Mundy, James Twyman, Cindy Lora-Renard, Bill Free, Vicki Poppe, and myself, it was a beautiful healing, nurturing conversation. I encourage you to go get that download for free. Tell your friends about it. We're transcribing it, so we'll have that transcript in a couple of days, as well. Everything that we shared about really applies to **so much** more than the election. It applies to anything that you're really challenged with, and you're having a difficult time with, so please enjoy that.

I'm Jennifer Hadley. You're listening to *A Course in Miracles*, where we're living the Love, we're walking the talk on Unity Online Radio, and I'll be right back!

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***A conflict is when we hold in our mind that we'd like to experience the Peace of God while simultaneously holding onto our attack thoughts.***

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Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

## A Course in Miracles Weekly Radio Show with Jennifer Hadley

### *Rising Above the Battleground Releases Conflict*

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Jennifer Welcome back! I'm Jennifer Hadley. We're talking about "No Compromises," today. This **is** our path of Peace that we're on as we're rising above the battleground. Whew!

Just before the break, we were talking about conflict. All conflict that we see in the world is a projection of **inner** conflict. Really it's, the conflict that we see in the world that **bothers** us is a reflection of the disowned, unrecognized inner conflict.

Let's say that in your mind, you'd like to experience the Peace of God. But, when you see somebody that's doing something you don't like, you feel angry, annoyed and upset. **There's** your conflict. You'd **like** the Peace of God, but you're not **willing to practice** the means to **attain** it.

How do we practice the means to attain the Peace of God? We're willing to practice consistency, no compromise. It says,

*"To be released from conflict means that it is over."*

Don't mistake a truce for Peace. Peace means the conflict is **over**.

*"The door is open; you have left the battleground. You have not lingered there in cowering hope that the battle will not return because the guns are stilled an instant, and the fear that haunts the place of death is not apparent."*

This is the thing, is many people unwittingly hang out in that battleground atmosphere, as it says here, "*...in cowering hope that it will not return--*"

Now, what does that **really** mean? If, in this moment, we're not really energizing lots of judgments, but we also haven't **given them up**-- they're somewhat dormant, and so we're living in fear that we're going to get triggered again, that's living in a truce, living on the battleground.

I love that Jesus says here, "If you're living in that space, you're living in the fear that haunts the place of death, but it might not be apparent." It's not **apparent**.

*"There is no safety in a battleground."*

**Get out** of the battleground!

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**All conflict that we see in the world is a projection of inner conflict.**

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## A Course in Miracles Weekly Radio Show with Jennifer Hadley

This is what the *Course* mind-training is all about, rising **above** the battleground by **no longer** battling. How do we move out of no longer battling? We no longer judge and attack.

We **say** we'd like the Peace of God, we'd like to live in safety, but yet we **choose** to reside in the battleground 0:33:20 Remember, the attacker always feels attacked. The lover always feels beloved. So, when we're judging, we are attacking. If we are attacking, we are saying "I prefer to reside on the battleground," and there's no Peace, there's no safety, in the battleground.

We **say** we'd like the Peace of God, we'd like to live in safety, but yet we **choose** to reside in the battleground.

**Who** decides where we live? **We** decide where we live, energetically, mentally, emotionally. **We are** the ones who decide.

If you'd **like** to feel the Peace of God and the safety, because I know **a lot** of people who would just like to feel **safe** -- safe in their home, safe in their relationships, safe in their body -- but there **is no safety** in a battleground.

Judge your body, you're living in a battleground. Judge your family, you're living in a battleground. Judge your coworkers, you're working in a battleground. It's **that** simple, because the attacker always feels attacked..

*"You can look down on it in safety from above and not be touched. But from within it you can find no safety. Not one tree left still standing will shelter you. Not one illusion of protection stands against the faith in murder."*

When we harbor attack thoughts, we're saying we have faith in murder, because our attacking thoughts are murderous thoughts.

That might seem extreme, but it's actually helpful to see, "Okay. My attack thoughts are killing me, and killing my collaborators in this world, because attack thoughts diminish life -- they diminish the flow of Love and, therefore, they diminish life. They **are** murderous thoughts."

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*We say we'd like  
the Peace of God,  
we'd like to live  
in safety, but yet  
we choose to  
reside in the  
battleground.*

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## **A Course in Miracles Weekly Radio Show** with Jennifer Hadley

This is the uncompromising nature of the *Course*. This is where it becomes really helpful, that there are no **gray** areas. **I love that** about the *Course*! No gray areas!

In this place, it says,

*“Here stands the body, torn between the natural desire to communicate--”*

Right? That’s what the body is for, communication.

*“... and the unnatural intent to murder and to die. Think you the form that murder takes can offer safety? Can guilt be absent from a battlefield?”*

When we give ourselves permission to attack, we won’t feel safe and we **will** feel guilty.

### *There is No Conflict in Oneness*

The next section, we’re in Chapter 23, and that was from the end of Section III. Section IV is *Above the Battleground*, where safety is.

*“The fear of God is fear of life, and not of death. Yet He remains the only place of safety. In Him is no attack, and no illusion in any form stalks Heaven. Heaven is wholly true.”*

In other words, Heaven is **completely** uncompromising. It’s **pure** Love. It’s **unconditional**.

*“No difference enters, and what is all the same cannot conflict.”*

This is the thing. In our **real** life, in our right mind, there’s **no** conflict, because there is no difference, no separation.

How can Oneness have conflict? You can’t have conflict except with the belief in separation. How does the belief in separation

take hold in our mind and take root in our heart? It’s through **attack** thoughts, and that’s what all judgments and opinions are. Yes! Healing is happening. I feel it happening now.

We’ve got this example in our world of the battleground going on. So many people are so upset right now. Almost everybody is united in thinking one thought, and they’d like to see change. That’s my sense of it is, particularly

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***How can Oneness have conflict? You can’t have conflict except with the belief in separation.***

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## *A Course in Miracles Weekly Radio Show* with Jennifer Hadley

in the United States right now, with the election, the majority of people would **really** like to feel heard, and respected, and understood, and they would like to have a change. They're not happy with the way things are. They'd like to see the world be a better place. They have different **ideas**, so they think about what a better place **is**, but they'd like to have a better experience for themselves and their loved ones. They'd like to experience expansion, Abundance, Prosperity.

There are so many things that we have in common. I think, when we drill right into it and down to it, there are more things that we hold in common than we have different.

But, you know what the ego likes? The ego likes seeing the differences and calling them out, and the ego likes attack. The ego likes to think of the enemy. The ego gets stronger on the battleground where, when **we** are on the battleground, we feel weaker, because we're not in our loving heart, not in our true identity.

Right now, we see so many people feeling weak, impotent, and they're angry about it. They're mad about it, to the point where they don't know what to do. They're just angry, just frightened, just worried about the future. Even a lot of Light Workers are struggling right now to do their function, which is to hold the Light.

But the thing that I've come to learn, that I find so valuable is, I don't have to figure out **how** to hold the Light. I really just have to be **willing** to hold it, and then I will be led and guided to it.

### *Willingness to Take Responsibility*

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One of the things for me was, I remember there was a time in my late 20s where I felt a lot of conflict in my family with my parents and my brother. There was just a lot of conflict, and it was very disheartening to me. It was scary, too, to feel so much conflict, because I really had a desire to feel **closer** to my family. But I was holding all these attack thoughts, and it seems like they were, too. I didn't get that it was coming from **me**. I thought it was coming from **them**.

Now, I can see the truth of it, which was, I **thought** it was coming from them, but it really was coming from my own choice of thoughts, and the patterns of negativity and false belief.

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As I took ownership and responsibility -- responsibility is really the better word, rather than ownership -- I took **responsibility** for the thoughts that I was thinking, then I began to see that my family was shifting and changing. And so, where I felt disrespected, misunderstood and challenged, what began to happen was, the more **I** was willing to **be** respectful, to **be** understanding, and to find the path of Love, and Peace, and compassion, and understanding -- what the *Course* would call it true empathy -- as I began to move into **that** space, then I noticed that my family was coming to meet me and join with me.

I began to see that it was so beautiful, that it was a mirror, and that **I could** determine what I would **see** on the screen, or the mirror, of my life through my choices, and thoughts, and beliefs, and actions. I moved into this place of great willingness to take responsibility. It was joyful and exciting to start to be in this place of, "**I'll** go first. **Someone** needs to move towards Peace. **Someone** needs to move towards nonjudgment. **Someone** needs to move towards forgiveness, or there is going to be this anger, this upset, this resentment. **Somebody** needs to make that move. **I'll** go first."

I started to feel **excited** about going first, because I **saw** it brought such **great** results. Moving out of that place of resistance, and reluctance, and fear, and anger, and upset, and into a place of **true** healing, and I had **no idea** that it could actually transpire in the way that it did.

This is how I **really** begin to see, that if we **hold** the goal of Peace, if we **hold** the goal of Love, we're uncompromising -- "Yes, I'm going to keep holding this goal, even though it seems like things are not going the way I'd like them to go. I'm going to hold this goal, even though it seems like, 'Oh, there are all these challenges and all these difficulties. I'm going to keep holding this goal -- this goal of Love, this goal of transformation, this goal of transmutation, this goal of Peace, this goal of Prosperity, this goal of Wholeness and healing, this goal of Harmony, and Wisdom, and Clarity and Freedom -- I'm going to hold all these goals, being my natural self, my True Self, and the same for my family, the same for my coworkers, the same for my government's leaders. I'm going to hold this and be uncompromising in it,

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*Someone needs to  
move towards Peace,  
nonjudgment,  
forgiveness.  
Somebody needs to  
make that move.  
I'll go first.*

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**and** I'm going to give all the heavy lifting to the Holy Spirit. Holy Spirit, You lead, You guide me, You decide, You show me, and I will be uncompromising in saying yes!"

Now, because we're waking from a dream of separation, there are times when we're very groggy, and we will have experiences where we start blaming and attacking people in the dream. And then, we realize, "Oh, wait a minute! What about my goal of being peaceful? What about my goal of being harmonious? What about my goal of being prosperous? What about all those goals? I can't have **both**, so I have to make a change here. Okay, I'm going to give it all to the Holy Spirit. Holy Spirit will figure it out. **I am sticking to my goal.**"

That's how we humanly have our experience of being uncompromising in the world. When we notice the disturbance, we course correct. We make that shift, gently loving ourselves free of all limited thoughts and beliefs.

### *Loving Ourselves Free From Attack*

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Right now, in the United States and in another countries, too, all around the world, there is stuff that is coming up for healing, and it's very visible. It's on a national level, and there's a lot of anger and contention. There's terrorism. There's fear. There's tremendous disasters that are going on and people are getting triggered.

Now, when we get triggered, this is where we can actually make a quantum leap **above** the battleground. In that experience of being triggered **is** our liberation from the battleground, because the pain and the suffering of being triggered, it becomes something that we use it like a trampoline to jump up and get away and get above the battleground.

The old way is trying to work things out on the battleground, right? Donald Trump has been talking about "Drain the swamp!" Drain the swamp, so you can see what's there and you can make a change. We don't have to drain the swamp. But, as spiritual students, what we **can** do, is we can hold the highest Light and say, "The Holy Spirit has got my back. **That** is not my problem anymore!"

That was one of the things that was **very** helpful to me in training my mind is to move into that space of, "That is not **my** problem **anymore!** I gave that problem to the Holy Spirit." Then the mind would come back to it. Like

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a splinter in the mind, the mind would come back to it like a sore in your mouth you keep rubbing your tongue over, a loose tooth and you keep pushing it with your tongue. “Oh, yes! It’s loose! Oh, it scares me!” It’s the scab you keep picking at, right? Keep going back to it.

But instead, what I found **so** helpful instead of doing that -- which the ego likes to do, just keep looking at it. “Is the problem still there?” Oh! Yeah! It is! Is the problem still there? Oh! Yeah! It is!” -- because the ego knows it’s alive because of despair, and upset, and anger, and freak out. That’s how the ego **feels** alive, but it never **will** be alive, because that anger, that freak out, that despair, that upset, that’s **not** life. That’s **not life!** Life is Love. Life is Joy. Life is Harmony. Life is Freedom. **That’s** what life is. We’re loving ourselves free of these false ideas about what life is.

So grateful -- **so grateful!** -- to let this crazy stinkin’ thinkin’ ideas dissolve and resolve, back to the root cause, so we **never** experience them again.

### **So grateful!**

In the uncompromising nature of the *Course*, we can find clear direction to safety above the battleground. This is, again, the beginning of Section IV, *Above the Battleground* in Chapter 23.

*“Heaven is wholly true.”*

It’s completely true.

*“No difference enters, and what is all the same cannot conflict. You are not asked to fight against your wish to murder.”*

You’re not asked to **fight** against the temptation to attack! Well, that’s a relief! You don’t have to **fight** against it!

*“But you are asked to realize the form it takes conceals the same intent.”*

This is the thing, is that attack thoughts and fighting against the ego are the same. We can project the attack out onto the brother, or we could try and fight the ego. It’s the **same** thing, **same** intent. It says,

*“And it is this you fear, and not the form. What is not love is murder. What is not loving must be an attack. Every illusion is an assault on truth, and every one does violence to the idea of love because it seems to be of equal truth.”*

*“Every illusion is an assault on truth--” “What is not loving must be an attack.”*

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***What’s not  
loving is an  
attack.  
It must be an  
attack.***

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How helpful is this, the uncompromising nature of the *Course*? What's not loving is an attack. It must be an attack.

When we're looking for the loving choice, we can see **any form** of attack, it's not **loving**! Anything that is loving is better than an attack. It's really simple. It's really **simple**. I'm not saying it's **easy**, but it's **really simple**, and we can be grateful for that simplicity.

In the moment, when we're feeling that the choices are difficult, we can simply say, "Holy Spirit, I'm **not** interested in attacking. I'm interested in loving. Show me the way. Point the way." And, according to our willingness, the way will be **easier** to see. And so, we practice this until the way to be loving is very easy to see. Giving thanks along the way is a **great** strategy for "greasing the track", so that is easier and easier to find, and see, and be the **loving** person, the **loving** choice. **So grateful!** So, so, so grateful!

### *Resources*

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Well, let's see here. Just a reminder, as we're closing up here, that the [\*Loving America Free: Lifting the Election with Love\*](#), that free call is available. You can find it on the Events page at [JenniferHadley.com](http://JenniferHadley.com). You can find it at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). You can find it all over Facebook, and if you do find it at Facebook, won't you share and like, et cetera, so more people find it? Again, it's a free download. We should have the transcript pretty soon. It was great, great call that we had with Jimmy Twyman, Jon Mundy, Cindy Lora-Renard, Bill Free and Vicki Poppe. It was really just a lovely, helpful, helpful conversation, and I'm so grateful that everyone could participate, and the hundreds of people that listened live with us, God bless you and thank you for that!

If you are enjoying the radio show and you'd like the transcripts, we have the transcripts, more and more of them available. I think we've got about 50 of them posted to the website now at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). You can look for them under "Resources". If there's a particular episode of the radio show that you'd **really** like to have, we'd love to send you that. You can send an e-mail to [Admin@JenniferHadley.com](mailto:Admin@JenniferHadley.com). Feel free to make a special request. We'll put it at the top of the cue. If you'd like to have a particular radio show transcribed, we'll be happy to accommodate you for that.

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If you enjoy all these free offerings and you'd like to support more of them, because our staff does not work for free, and we have a number of people full-time working on the staff to get all of these things for you, then please consider making a contribution to support what we're doing. If you have ideas or other things you'd like for us to offer for free, please let us know. We'd love to do them!

Don't forget the [A Course in Miracles app](#) is completely free for you at iTunes. We are embarking on the making of the app for androids. That is not too far away. I expect we can have that by the end of the year. If you'd like to make a contribution to support that, we'd love to receive it at the [PowerofLoveMinistry.net](#) or [LivingACourseinMiracles.com](#) or [JenniferHadley.com](#).

### *Closing Prayer*

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Alright! I'm going to invite you take that breath of Love and gratitude again with me as we say a prayer on our way here.

We are truly blessing **all** beings everywhere. So grateful and so thankful to love ourselves free of **all** attack thoughts, **all** limiting thoughts.

So, so very grateful to Partner UP with the Higher Holy Spirit Self and to let Spirit do the heavy lifting.

We are truly grateful and thankful to hold the high watch of Love, for All is One.

In gratitude, we share the benefits with all. We **let** it be. And so, it is. Amen. Amen. Amen. Amen.

God bless you! I love you! Have a great, grand and glorious week! Mwah!

Thank you for tuning into *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley.

Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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While there, we invite you to visit Jennifer's blog where you can join with the community of likeminded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.