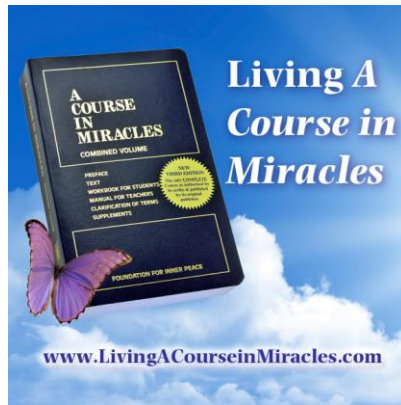


February 17, 2015



Jon Mundy-Lesson 101: Perfect Happiness

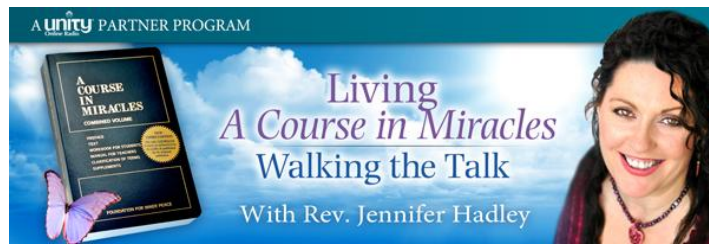


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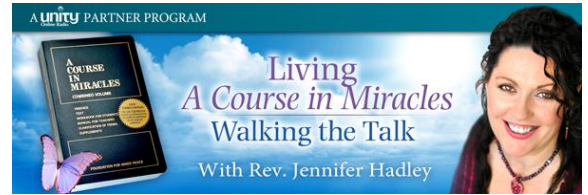
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February 17, 2015

Jon Mundy-Lesson 101: Perfect Happiness

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application. Here is your host, Reverend Jennifer Hadley.

Jennifer Good morning, good morning. So happy to join with you. We're going to start off with a prayer here and then I'm going to welcome my wonderful guest.

Opening Prayer

I invite you to place your hand on your heart as I am doing. Let's take that breath together as we always do, a breath of Love, a breath of gratitude.

So grateful and so thankful that God is, that God is all that there is and we are One with the infinite power and presence of God. So grateful to open our hearts and minds to infinite intelligence flowing through us, this is what I know for each and everyone of us that the Love of God is revealing itself in our minds right now.

We're opening ourselves to healing. All healing is at the level of the mind and we're calling for a healing right now. Opening ourselves to true happiness, perfect happiness. Opening ourselves to God's Will, Divine Will, active in our heart, in our mind, in every activity of our life. We dedicate

ourselves to this right now and we share the benefits with everyone because we're One with them.

In grace and gratitude, we wholeheartedly say, "Yes, " to Love. In grace and gratitude, we allow our healing to be, we let it be, and so it is. Amen. Amen, Amen.

Jon Mundy's Book

Yes. I have a wonderful guest here with me, author Jon Mundy. Hi, Jon.

Oh, we dropped Jon. Well, I'm going to give him an introduction while we're waiting for him to come back. Technology. Technology is my friend. This things happened in the modern world and I'm so used to it.

Jon You sound like you're very, very long away, Jennifer.

Jennifer I do.

Jon Yeah.

Jennifer Well, you sound perfect to me.

Jon Oh, good. Then we'll talk about perfect happiness, right?

Jennifer We will. I just wanted to mention a few of your books.

Jon Okay.

Jennifer But maybe I'll wait for my voice to be adjusted.

Jon Mundy is the author of *Lesson 101: Perfect Happiness: A Path to Joy from A Course in Miracles*. A much need book because so many *Course in Miracles* students let me know that they are aware, there are so much in their head, they're not living in their heart, and the Joy seems so far away. Can you tell us a little bit, Jon, about what inspired you to focus on this one lesson?

Jon Well, actually, it started quite number of years ago when I wrote a book called *The Ten Laws of Happiness*, which was based upon the 10 characteristics of a teacher of God that in *The Manual for Teachers of A Course in Miracles*.

Jennifer Right.

Jon Then I realize that I went through that that is we would describe each one of these different characteristics like patience or honesty or whatever it was that when we live with those principles in mind, it really makes us happy.

That was sort of a small self-published book that I did a long time ago. My editor at Sterling and New York City was—I have to make sure I rewrite that book, so I did. It took 150-page book and turn into a 315-page book. It gave me the opportunity to get much more in-depth into this really, really important topic in the *Course*, because happiness is where we're going, happiness can actually sort of be equated to heaven, knowledge, God, being really aware of Love and Truth in our lives, living where we're really, really, really do live, rather than live within the illusion where we're so very, very unhappy because there are just so many things that the ego snaps up in front of us and tells us our realities which are not realities. Anyhow, that's all that happened.

Jennifer Sorry. I was half distracted, John, paying attention to the technology here.

Jon Okay.

Jennifer I don't have a snappy comeback.

Jon Sorry. You told me to have a snappy comeback.

Jennifer Or maybe I was just distracted by our Baja Retreat which we can talk about later.

Jon Right.

Dealing with Pain and Suffering

Jennifer I know you're there in New York with the intense winter cold, fortunately, I'm here in California where it's not intense at all. As you and I were talking before, one of the things I wanted to ask you to help us out with is the pain factor that many people experience in the physical body. Of course, there's emotional pain, there's mental pain, but particularly physical pain. Many people manifest physical pain, but this really applies to any kind of suffering.

In *Lesson 101*, it talks about sin and pain. What is the equation between sin and pain?

Jon Well, in both cases, ultimately, what we're talking about is something that's an illusion. It's where you cannot, in fact, according to the *Course*, be separated from God. Learning and remembering, of course, God does not suffer, and from that standpoint in terms of the *Course*, Jesus didn't suffer on the cross either, which is where we have a tremendous difference between

the way traditional Christian, they look at things—the way we understand things from the standpoint of the *Course*. He didn't suffer, simply because He knew He was. What He knew was He was not a body.

The ego-body identification is very, very strong. In fact, if you look at some of the other teachers, like for example. He talks about the ego-body connection. Of course, the body is the ego's chosen home. We're very fascinated with bodies. We think that we are bodies. We think that this is a constituent of who we are, but it's really not. We're so tied into it and all of it.

The *Course* says that the ego uses the body for three primary reasons. One, for attack, for pleasure, and for pride. It's an app. APP. Attack, pleasure and pride.

Well, the other side of pleasure is pain. In one thing over done leads to the other, I mean, overdoing certain kinds of pleasures like getting caught in an addiction or something, once you get to be in tremendous amount of pain.

One of the main things that the *Course* is trying to help us to do is to really understand—I think this is where the *Course* is. It's not really so different than other medical physical teachings. It's just emphasizes it so clearly.

Ultimately, you're not body. Ultimately, all that there is, is mind. We're really trying to work on the transcendence of the thought, the one could be limited to the body and to form itself, and to get back just to the mind.

Now, obviously, there are things that we do with our bodies that can produce pain. All that really kind of goes back, at least initially to the suffering that comes from the mind, from the sense of separation. It's really overcoming the sense of separation. A lot of people as they begin to approach death, for example onto death, literally on their deathbeds, will begin to transcend pain. They transcend it in part because they know that they're getting this or pretending to be free of the body.

The pain is a big one. I mean, it's one of the toughest ones that we all have to deal with. It certainly has been true for me. I've had two heart attacks, cancer, encephalitis, you know, and all those things. Although encephalitis wasn't painful, it was just different. It really was. It just gave me a different way of seeing and being for a while, normal framework that we have to work with.

But still, it all comes back to my—that's there's a similarity here between Christian Science and *A Course in Miracles* on this part. Two of these fields are connected together.

Acceptance and Healing

Jennifer The question that comes up then is that often seems related to how to heal pain, physical pain, or even deep emotional mental suffering. Is this conversation about levels, that there's no order of difficulty?

Jon Right.

Jennifer Yeah. It's no more difficult to heal a raging cancer than it is to heal a cold. How could that be?

Jon Right. Well, if you look at the situation like—did you read the Anita Moorjani' book, *Dying to be Me*?

Jennifer Yes, I did. I think it's a great book.

Jon Yeah, it's a fantastic book. She had gone as far as she can into death. In fact, there was totally given up all hope altogether that she could possibly survived it. In her case, literally. Literally, it was a miracle. It's a miracle in a sense of which—but the mind had to change for her to—but she came back from that very, very rapidly, very, very quickly. Once that turning point had been reached and she saw what she saw. I mean, she saw who she was. She saw that she was whole. That's very important to see that you're whole.

Jennifer Uh-hmm.

Jon To see that there's no “sin” inside you, that there's nothing wrong. That's very hard for us because that's very difficult for anyone to believe. That's why in terms of the *Course*, we all do believe that we're centers. I don't mean centers in the traditional sense.

Jennifer Right.

Jon But in a sense that we have cut ourselves off from God that we have left God. We deliberately chosen to run away from home and we have guilt. The *Course* spends a lot of time talking about the underlying guilt which is so very, very deep inside there because we know someplace inside us that we have left our Father. We don't know it consciously, so it's buried there

very, very deep within. That's why the *Course* plays a tremendous importance upon our accepting responsibility.

For our situations, whatever—you know, one of my favorite parts, I'm sure it is one of yours too, Chapter 21, Section III, *Responsibility for Sight*.

Jennifer Oh, yeah.

Jon *"I am responsible for what I see. I choose the feelings I experience, and I decide upon the goal I would achieve. And everything that happen to me I ask for, and receive as I have asked."*

I mean, there's something about that acceptance that one—I had cancer.

Jennifer Right.

Jon I remember I had a tumor about the size of a lemon, they said, removed from my insides. Then I had an experience after that you never want to have which was that the day after the operation, or I guess it's kind of the same day. You lose time when you're in that kind of a state of mind.

Jennifer Uh-hmm.

Jon As I came out of the operation, in the recovery, I opened my eyes and I see the oncologist standing up in front of the bed. I think they probably deliberately do this when you're in this kind of twilight zone state. The oncologist says to me, "Mr. Mundy, I have to tell you that the cancer has spread."

Jennifer Oh, God.

Jon Right. I said, laying there in this half-awake world thing, "Oh, that's really nice." My goodness.

Jennifer Oh, man.

Jon Then 4 o'clock the next morning, I wake up, wide awake. All the drugs have worn off. I know I'm not going back to sleep. I'm lying there and I start thinking, "This is not good news. You could die. You could really die." I had a near death experience in the '70s. That was a different kind of experience. This time, I could really, really die. But then, there was something that happened which was really, really wonderful, which was—that I got to think that I meant to die. I realized that it was—what happens when we die is we let go. You let go. You let go of the body. You let go of the whole—the illusion of the body. All that come attached to the body, the name, the identity, the personality, the résumé. It all disappears.

I was laying there and I just thought of letting go. I thought, it's okay, I'm going to die. It's okay. No, it doesn't matter. The most wonderful Peace came over me. It was really kind of hard to describe it as it was, but that was like in the acceptance. It was on the acceptance. After all, it was just an acceptance of this is something that I had to go through.

Jennifer Uh-hmm.

Jon Obviously, I survived that. That was 12 years ago that that happened. But in the acceptance was the healing as well.

Giving Up Attachments

Jennifer You know, Jon, I'm so glad we're talking about this because part of my experience -- I haven't had a major illness, not at all, however, I have had with experiences where I recognized that it was truly about giving up all attachments.

Jon Right.

Jennifer All attachments to identifying with anything or needing or wanting anything in this world that the awakening I desired, the life I desired, everything was not of this world.

Jon That's right. There's nothing here that *Course* would say, "Do you really want?" Except for Love and Truth and—the things that are eternal that don't have a form.

Jennifer Right. Right. The opportunity to express Love, and creativity, and Freedom and Joy.

Jon Yeah, that's what the blessing is, isn't it?

Jennifer Yeah, absolutely.

Jon In fact, when I—if I can go back to that deathbed, for me, let's say the cancer-bed thing, I thought after that was, "Well, you know, I'm coming a little bit longer, probably a few months or maybe longer."

Jennifer Right.

Jon What am I going to do in this time that I have left? I thought I'd step into most loving person I can to the next person that walks into this room. The next person that walks into this room and the next person that walks into this room to share as much Love and Joy and—I guess I can live with that

and it worked. At least for a while it worked, you know, that kind of acceptance.

Jennifer Yeah.

Jon Everything was okay in that place. There was not a fear, you know. It doesn't matter. We're all going to die, so it didn't matter.

Jennifer Right, right. The fear of death, do you think it's about the big punishment, the hell fire and damnation for all the myriad times when we pretended to be loving, but we were actually manipulating, or we said nice things, but we're thinking mean things or--?

Jon Oh, it's not that so much. It's not—that's more of a traditional Christian kind of approach to things. God doesn't punish. There's a line in the *Course* which says, "*God does not believe in retribution. His Mind does not work that way.*"

Jennifer But don't we think that that is what's going to happen when we crossover that we're going to be met with a baseball bat and a bunch of hooligans.

Jon The real big fear which we have to transcend is letting go of the identity of thinking that we are someone...

Jennifer Yeah.

Jon ...someone separate, someone individual, someone when you need—in some cartoon I watched just yesterday.

I'm working on a book right now. My next book is called *There's No Place Like Home*, the subtitle is *On Life and Death in Heaven According to A Course in Miracles*. I merely utilizing all these near-death experiences and similar experiences of people that have, and comparing them to what *A Course in Miracles* says also happened to us. It's interesting that the *Course* is getting to us to exciting place where there are no levels.

Jennifer Yes.

Jon We can talk more about that later.

Jennifer We will talk about it when we come back from the break. As we're going to the break, I would like to mention a couple of things here.

First of all, Jon Mundy is joining me in the *Baja, Mexico* Retreat, the *Living A Course in Miracles* Retreat along with Gary Renard, David Hoffmeister, Regina Dawn Akers. We still have some slots left. People are still signing up.

If you have any interest in coming, go to ACIMretreat.com. Let us know. We'll help you book your flights. I also have a Whale Watch Adventure. We've got people just signed up for the Whale Watch Adventure just yesterday, today, so we still got a little bit of room there for that.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk. We'll be right back with Jon Mundy.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Upcoming Baja, Mexico Retreat

I'm Jennifer Hadley, welcome back. My guest today is author Jon Mundy, long-time *A Course in Miracles* teacher. Just before we dive back into the conversation where we left off, I'd like to mention a couple of things.

One is that this radio show is sponsored by the Power of Love Ministry. It's a nonprofit organization. You can go to PowerofLoveMinistry.net. We also host all the free *Living A Course in Miracles* Classes, that LivingACourseinMiracles.com which Jon has participated in a number of them, excellent, excellent classes with Jon. Always excellent classes with Jon.

Last year, we had people from 102 countries participating in those free classes. It just blows me away. If you would like to make a contribution to support the radio show or the free classes, please do so at PowerofLoveMinistry.net.

Right now at JenniferHadley.com on the events page, there's a class called *New Year's Reboot* that—well, I was on fire that day. It was New Year's Day. It's available for a Love donation to PowerofLoveMinistry.net. That's one way to make a contribution and to pick up a really good two-hour class that people have told me it really inspired them. I invite you if you'd like to make a contribution, you can do it that way and receive that class.

The other thing I would like to just mention here, we've got our Baja Retreat, the *Baja Winter Getaway* with Gary Renard and David Hoffmeister

and Regina Dawn Akers, Jon Mundy and myself. We're going to be meeting in Baja, Mexico at a gorgeous resort. I cannot wait to jump in the water there. I've got my Whale Watch Adventure which immediately precedes it. I'm doing the two things back to back.

I know, Jon, you've been suffering with the winter snow in New York. I know you're looking forward to being in Mexico and having fun in the sun.

Jon Very much so. Both of us, my wife and I are ready to go.

Jennifer You got your bathing suit and your sunscreen. Yeah, we're going to have such a good time. We're going to be offering it on live stream. The live stream is not available yet, but you can register for the live stream and watch all the classes on live stream which also means you'll be able to get those videos and have those videos in your permanent library. You can watch him again and again which I know we're going to have such a good time. I've done so many things with each of these teachers. These are truly some of my favorite *Course in Miracles* teachers. The learning, the expansion, the fun, the Joy is going to be palpable. That's for sure. It's a great way to participate from wherever you are on the live stream. Again, those details will be announced next week on the radio show and at the website.

Sharing: The Greatest Joy in Life

Going back to our question where we left off, Jon, you were talking about letting go of your individual identity as being a key to the awakening. How does one even recognize how to do that?

Jon Well, we don't have any choice. I want to say we don't have any choice, I just meant that there's so much suffering has really caused from the search for the single identity, the aloneness. There's a line in the *Course* where it says, Divine Obstruction, which is God, takes Joy in sharing. If you think about the greatest Joy that we do have in life, always comes from with sharing something.

I remember about a couple of years ago, I've gone out to San Francisco to the conference out there. I called my wife. I just crossed the Golden Gate Bridge and there's a place where you can get up and turn and look back and see San Francisco in the background. I was trying to describe it to her

on the phone. She said, "I'm really sure it's really nice, but I really can't see it. So, let's talk about something else."

Then a couple of years later, I took her with me. We made that same trip and we crossed the bridge. We came back to that same spot and we turned around. We started going north actually around—you've take Highway 1, I'm sure you've head up north out of San Francisco along it goes.

All the rocks and the waves are crashing up. Every time we come around the curve, Dolores would say, "Oh, honey, look!" It's such Joy to my heart to hear her say, "Oh, honey, look!" You more than double your pleasure when you share it with somebody. It's one thing to do it yourself, it's another thing to share altogether.

Ultimately, our greatest Joy isn't sharing, God is sharing his mind with us. It's we who close our mind off to the whole. The more we can give into the whole and accept the whole because selfishness, individuality is the opposite -- it's breaking away. It's trying to do something for oneself alone. That just actually creates misery. It's misery because it creates a sense of separation. The main thing the *Course* is saying is there is no separation. That's what the Atonement is. The Atonement is the recognition of the fact that we cannot be separate from God.

Jennifer Right.

Jon Right.

A Touch of Heaven

Jennifer We also started to talk about these levels.

Jon Right.

Jennifer You said you had some things you'd really like to share about that you've been getting inside about.

Jon Right. I think it's the next book I'm working on. This book is about life and death and heaven, in terms of *A Course in Miracles*. The process is flooding all these other near-death experiences of people we're talking about. Pretty often, they're talking about different levels in certain degrees. In this world that's true and I guess even, so to speak, beyond this world, that's true. For example, the *Course* talks about five different stages in the Development of Trust.

Jennifer Uh-hmm.

Jon They're talking about the stages. It talks about levels. But eventually, the place where the *Course* is really going is home. It's heaven. It's eternity. It's reality. That state, there are no longer any levels. There's just this Purity of Love and communication which occurs directly.

I was mentioning to you briefly that there's a very interesting line which appears, it's the last sentence in Lesson 52 from the *Course*. I love it when I'm reading the *Course* and I come across the line that only appears once in the *Course*. I love it when the *Course* uses a line several times because, obviously, that's placing a great deal of emphasis on a particular idea. But when you come across the line that's only there once and it comes across with this kind of profundity, you kind of go, "Whoa, look at that."

The line is, it's the last sentence in Lesson 52, and this is something as part of a lesson that you are supposed to say to yourself. What you're saying to yourself is, "*Would I not rather join...*" There's the joining. That's the sharing, right?

"Would I not rather join in the thinking of the Universe..."

That's incredible. There's a kind of thinking which is the thinking of the Universe which is—actually, when you fall in Love, you are kind of sharing One mind—sometimes my wife and I will say the same thing simultaneously or finish each other's sentences or something else would—that really just shows that at that moment at least, we're thinking together.

Back to that line. "*Would I not rather join in the thinking of the Universe than to obscure all that is really mine with my pitiful and meaningless 'private' thoughts?*"

What are our pitiful, meaningless, private thoughts, are actually the things which cause us pain? I mean, we're speaking about mental anguish at the moment, but it's meaningless because it usually it has something to do with hurt, feelings, or regrets, or nostalgias, or remorse, you know, things we wish we hadn't said, or our negative thoughts and negative feelings that we have about other people which are not helpful to us, whether we're sure there was another person or not, it's still not helpful to us in any way, whatsoever.

Let me give you a good example of what I think we're going with the switches away of understanding "One-mindedness."

Jennifer

Yes.

Jon

Anybody can do this. Go on to your computer and type in "starling murmuration." Starling is a bird and, "murmuration," is a word that means a flock or a group. You probably have seen these events where—but I suppose you're going to watch it now on YouTube, where there are hundreds of thousands of starlings will be flying as a group. I mean hundreds of thousands. They will swoop and dive and going through now it looks like a whale. Now it looks like a tornado. Now it looks like a birthday present, it looks like—God only knows what. What's really interesting about it who's directing them? Who's guiding them? There's no one single bird that's saying, "Okay, let's go left. Okay, turn right." There's a mind, but it's kind of a universal mind.

When we get into the experience of that universal mind which is like dancing with a really good dance partner that you don't have to think about, you just know you're going to go left or right. You just know. It's smooth to work so—

I was once giving a talk on this same thing to a group of folks out in Santa Anita, California. I was talking about the unitary experience of mind. A guy came up to me at the end and he said, "I play in the Hollywood symphonic orchestra." He says, "This is the most wonderful thing that happens when you're playing in the symphony orchestra." Everybody's on note and everybody's in tune and everybody knows that everybody is on note and in tune. You get these incredibly, those goosebumps that go through your whole body. Nobody can talk us anything, but you know that the conductor knows it's perfect to me. You know you're just about to get a standing ovation. You just know it. This is the most wonderful, beautiful experience. It's a little touch of heaven. There's a lot of little ways that we can get that touch of heaven.

That's what the *Course* is really trying to get us through is to get us out of our pitiful meaningless private thoughts which just make us sad and sorrowful and into that kind of mind. But that's a sharing mind. It's a mind which there is no prejudice or there's no judgment because there can't be. How can you be judging and be One at the same time? You couldn't possibly be doing that.

Allowing Our Own Spiritual Nature

- Jennifer Yes. As you're talking, Jon, I'm really feeling that it's going back to the experience you were talking about with Dolores in the car, "Look at that, look at that, " and the shared experience.
- Jon Right.
- Jennifer It's the Joy of joining together is the natural Joy of God that's always ours to experience except we are choosing separation.
- Jon It's perfectly natural. Plus principle number four, I think of *A Course in Miracle* principle that the *Course* starts off with, "Miracles are natural. When they don't occur, something is going wrong."
- Jennifer Uh-hmm.
- Jon It is the most natural thing of all. That's what makes it so beautiful and that's why this world is so crazy because miracles aren't happening because we're not allowing for nature, our own spiritual nature to take its course. We're trying to be somebody.
- Jennifer Right.
- Jon We're trying to be something else. That it can't be. That's what causes this pain. I saw this funny cartoon yesterday. It was showing people in heaven, like walking around the clouds with wings. Each of them have a little ID thing on there, like a name tag. The name tag on each one that says, "I was Joy, " so and so, "I was odd." Not that I am, I was.
- Jennifer Right, right.
- Jon But only I AM matters.
- Jennifer That's great.
- Jon Yeah. The *Course* is trying to tell us, it's not in your résumé. That's not a reality.
- Jennifer Right. We're always trying...We're always trying to add a cubit to our stature.
- Jon Right.
- Jennifer It's not in a shape or form. Yeah.
- Jon Right.

- Jennifer In order to get the Love that we already are.
- Jon Exactly. I mean, that's what so exciting about it. It's already there. You're already home. You're already One with God. That's why, really, this is about waking up. It's about remembering—there's a word that I like, a lot better than remembering. That word is, "Re-cognizing."
- Jennifer Yes. Me, too.
- Jon Re-cognize. You are just—you're just bringing into the mind the mind already knows. It's like kind of "a-ha." That's what an insight is. An insight is seeing something. It's in the word "in-sight." You're just seeing something that's already there, that's always been there. It says, though it's being revealed to you for the first time, but when you identify it, when you see it, you know it's always been there.
- Jennifer Oh, yeah. Uh-hmm. Well, we've got the music playing there, so it's time for us to go to a break. I'm feeling so rapturous just feeling what you're talking about. I'm definitely going to look at the videos of those starlings. That sounds wonderful.
- Jon Yeah, do that. Anybody can do that. Starling murmuration.
- Jennifer Uh-hmm.
- Jon Beautiful.
- Jennifer I love that we have access to all these things. It's such a wonderful time to live in.
- Jon What an age we live in, to have a media to help us on something.
- Jennifer Indeed. Well, I'd like to point out that Jon has written a number of books, *Lesson 101: Perfect Happiness: A Path to Joy from A Course in Miracles* that is the inspiration for our sharing today is available at Amazon.com. It's a wonderful follow up to his book before that *Living A Course in Miracles: An Essential Guide to the Classic Text*. If you're new to *A Course in Miracles*, I know that Jon Mundy's book *Living A Course in Miracles* is a favorite and then *Missouri Mystic*. We are coming to you from Unity Online Radio from Unity Village in Missouri, we're not there, but by grace of technology, we're transcending time and space to broadcast from there. Jon's from Missouri. *Missouri Mystic* is another one of his wonderful books. I encourage you. People love Jon's books, as do I and we'll have more to share when we come back from this break.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio. We're living the Love, we're walking the talk. We'll be right back with Jon Mundy.

You've been listening to *A Course in Miracles* living the Love, walking the talk with Reverend Jennifer Hadley.

If you have a question or comment about today's program or if you'd like to join the discussion, visit us on Facebook at *A Course in Miracles* Pledge, where you can join a community of likeminded people, who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Teaching Is Sharing

I'm Jennifer Hadley, welcome back. My guest today is Jon Mundy. Jon and I are preparing for our *Living A Course in Miracles: Baja, Mexico* Retreat. As I was saying earlier, we'll be announcing the live stream, so people can watch it on video live stream. If you can't join us live for the live stream, you'll be able to watch the videos and have a whole library of all the teachings with not just myself and Jon Mundy, but also David Hoffmeister, Gary Renard and Regina Dawn Akers. The five of us are joining together.

These folks, Jon, Gary, Regina and David, we love *A Course in Miracles*. We live *A Course in Miracles* to the best of our ability. It's transformed our lives. As Jon was talking about the Joy of sharing before are joyous to share, to come together and share. I hope you'll join us in the live streaming. We do have a couple of slots if you'd like to come and join us in person, you'd be most welcome. Go to ACIMretreat.com. You can let us know. We'll help you book your flight. We've got all kinds of things worked out.

Let's go back to what we were talking about, Jon. I wanted to mention something following up on what you were sharing before the break. One of the things I love most about *A Course in Miracles* is it tells us, "Don't waste your time trying to be Holy. You're already as Holy as Holy can be". You can't be any more Holy. The only challenge you have, the only problem you have is you think you're not Holy.

Jon Right.

- Jennifer If you're pursuing trying to be Holy, then you're coming from the place of, "I'm not already Holy."
- Jon Right. That can become a real confusion for us, too. It's kind of a spiritual specialness that you got to watch out for.
- Jennifer Oh, yeah.
- Jon I used to know a guy years ago. He was a Methodist minister. There's a fellow—of course, I won't mention his name or anything. I can't remember it myself. But he had a car that was clear jeer, big brass, leathers across the front of the hood of the car. There was just so—I guess you would understand what I'm saying.
- Jennifer Oh, yeah.
- Jon He was the kind who always wear a collar and always wear a cross around his neck, a big one. All those kind of stuff. It was over the top look.
- Jennifer Yeah.
- Jon We don't need any of that.
- Jennifer No, no. If we walk around in that, then we're teaching that that's to be aspired to somehow that's good and it's—yeah, you know...
- Jon There's a very interesting line and I think it's Matthew 25, where Jesus says, "Don't be like the scribes and the Pharisees.
- Jennifer Yeah.
- Jon They like to stand on the street corners in their long robes and their shawls. Then what do we do? We stand on the street corners with long robes and shawls.
- Jennifer Yeah, yeah.
- Jon I'm not making fun of my brothers. I'm just pointing out that this is the way it is.
- Jennifer Well, it's a journey because you and I are both ministers. I know when I graduated from ministerial school, I felt a little uncomfortable adding "reverend" in front of my name.
- Jon Yeah.
- Jennifer But everybody encouraged to me to do it, so I did. I really gave it a good go for a couple of years. Many or most of the people in my life called me

reverend because I have many students and I had a congregation and all of that. In fact, people just call me rev or reverend.

Jon Right.

Jennifer I got very used to it, but then I really started to feel like there's a sense of separation here.

Jon That's right.

Jennifer I'm not interested in that. Call me, "Jennifer."

Jon Exactly.

Jennifer Call me, "friend." I'm sharing and that's what teaching is. Teaching is sharing.

Jon Right. I've pretty well had dropped it except for a special occasions like wedding or...

Jennifer Yeah.

Jon ...something like that.

Jennifer Where they want a professional.

Jon Right, sure.

Jennifer I have to say, I used it sometimes when people are projecting negativity and then I'll say—I let people know I'm a reverend. Then they'll start to—sometimes they'll start to say, "Oh, maybe she has a different approach, maybe she's not out to get something."

Jon Right. One word that I really like about when I moved to Brooklyn from California. I had a church for 10 years in Brooklyn. The people there call me, "Pastor." I thought pastor was such a nice word because it really described what the job is all about, taking care of this flock which it really was that. I supposed you'd love the older ladies. It was a nice term. I accepted it. That was great.

Miracles Magazine and Miracles in Manhattan

Jennifer Uh-hmm, uh-hmm. True. Jon, there's a few things I'd like to tell people about because you offer so many resources for people who are interested in deepening their study of *A Course in Miracles* and sharing with others.

Number one, you have your magazine. Tell us a little bit about your magazine and how we can subscribe to it.

Jon Well, it's called *Miracles Magazine*. It's easy to subscribe, of course, go to our website. MiraclesMagazine.org. You can get on a sample copy that way. It actually started 30 years ago. I started in 1985.

Jennifer Wow.

Jon When a fellow who is a member of my church that I was serving at the time was living to move to another state. He says, "You know, I know you write your sermons out. If I give you a dollar a week, would you make us Xerox copy and put in an envelope and put a stamp on and send it to me?" I said, "Well, sure." I started doing that. I went to my mom and my sister and anybody else wants it, they have to pay for it. The whole thing just evolved into a magazine. It's been fun. Here we are still alive and going doing well 30 years later.

Jennifer It's a very rich magazine. There are so much in every issue. It's really good. I encourage people to go to MiraclesMagazine.com and...

Jon Org.

Jennifer Org, sorry, .org.

Jon Okay.

Jennifer Yeah, check it out. You also are offering these teachings which people can access on YouTube, the *Miracles in Manhattan*, where you're going through the entire text.

Jon Right. It was one sunny afternoon, we do a lecture, dialogue conversation with about 50 people in the room on a different chapter from the *Course* each time. We started with number one in May of 2013, and we're up to 18 in March, and we're going to go through a whole text. Of course, we can't go through in detail, but I pick out the parts that I think is some of the most exciting lines in that section that I like to highlight. It's a lot of fun there. Thousands of people who are watching and now, of course, it's free. Just go to *Miracles Magazine* or go to—just put my name in on YouTube. That's all you need to do and they come up.

Jennifer *Miracles in Manhattan*.

Jon *Miracles in Manhattan*. Right.

- Jennifer That's beautiful. I know people love the videos because they can watch them again and again and again.
- Jon You feel like you're part of it. Because it's an actual classroom, I get plenty of e-mails from people. They talked about different—it's like the people in the classroom are characters and just being themselves, you know, some of the kind of questions that they ask and that sort of things. People are beginning to identify the regulars. They're always there.
- Then we also have a ministerial training program which is called *All Faith Seminary*, which is an intensive when you're training program to become an interfaith minister. That started out—I hope the Rabbi government set this up back, in 1981 was their first class. I kind of stepped away from that and become a rabbi, died in 2010. They asked me if ever I'd come back and lead the seminary. If anyone is interested in becoming an ordained interfaith ministry of two tracks: one track is compared to religions. The other track is for students who are *A Course in Miracles* because people have been asking for it. If they're asking for it, we've designed it for them. That's available, just go to allfaithseminary.org.
- Jennifer That's a wonderful opportunity as well. Many people like to extend their studies and become ministers. We're out of time.
- Jon Oh, my goodness.
- Jennifer I know. It goes by so quickly. It goes by so quickly. I'm really looking forward to our time together in Baja and the opportunity to be on a panel with Gary Renard and Regina Dawn Akers, David Hoffmeister. The five of us having opportunities to answer questions. We'll be giving teachings. We're going to see some deep healing meditation, a whole variety of things there in Baja. That live stream will be available. Check out ACIMretreat.com if you're interested in joining with us.
- Check out Jon's beautiful books. Today, we were focusing on *Lesson 101: Perfect Happiness: A Path to Joy from A Course in Miracles* by Jon Mundy.

Closing Prayer

I'm going to invite everyone to place their hand on their heart, take a breath with me, a breath of Love and gratitude as we give thanks for Jon Mundy and his life as dedication to sharing the Truth that sets us free.

What I know for each and every one of us is we're willing to know, to recognize that we already free. We're already as Holy as Holy can be, and so is everyone else.

In grace and gratitude, we share the benefits of our healing, our awakening, our re-cognizing with every one because we're One with them. One mind, One life. We let it be, and so it is. Amen. Amen, Amen.

Thank you, Jon Mundy.

Jon Sure. Thank you. Looking forward to seeing you in just a couple of weeks, actually.

Jennifer Yes, indeed. Much Love to everyone and I'll be with you again next week. Mwah! Have a great week.

Thank you for tuning into *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley.

Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

This program is brought to you in part by JenniferHadley.com, a global resource providing tools, insight, and support for those seeking to live *A Course in Miracles* every day, in every way. Online at www.JenniferHadley.com.

While there, we invite you to visit Jennifer's blog where you can join with the community of like minded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.