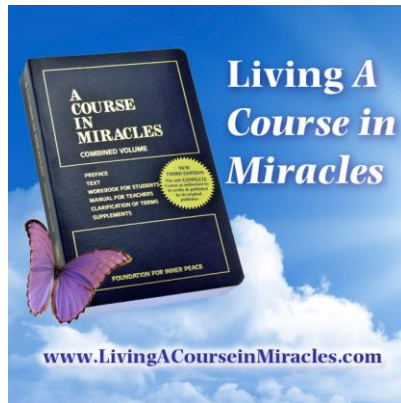


March 10, 2015



Trusting in Love

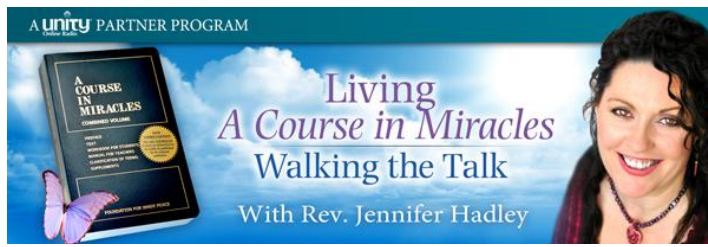


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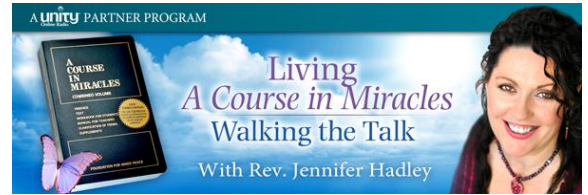
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March 10, 2015

Trusting in Love

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Oh, Buenos Dias, mi amigo! I'm still in Baja, which is lovely. It's my last day flying back to Los Angeles today. So grateful, we just had a wonderful retreat at a beautiful resort, the *Living A Course in Miracles: Baja Winter Getaway* Retreat. We had quite an adventure. It was really wonderful. So good. I'm so happy to join with you today this morning for a Holy purpose. Our topic is Trusting in Love. Ooh, the hardest things we learn to do. The most beneficial thing in the world is the hardest thing to do. Oh, boy! How does that happen? It's not fair!

Opening Prayer

Let's join together now and place our trust and Faith and Love as we place our hand on our heart.

So grateful and so thankful to open our heart and mind to the power and the presence of perfect Love, infinite Love, Divine Intelligence.

So grateful and so thankful to call upon the Higher Holy Spirit Self to remember our true identity is now and always has been, always will be, perfect Love, as it is the true identity of all our brothers and sisters no matter what opinions and judgments we have ever had about them.

Oh, yes, so grateful to join together in perfect Love. We give all the heavy lifting to the Holy Spirit, all the worries, cares and concerns to the Holy Spirit. We're grateful and thankful to allow and to accept our healing, our awakening, our expansion, our Clarity. So grateful and so thankful to accept it fully and completely right now.

In grace and gratitude, we joyfully let it be, and so it is. Amen. Amen, Amen.

Discovering Unconditional Joy through Love

Yes. As I look out on the sun rising in beautiful Baja in La Paz here over the—I guess this a bay. It's quite gorgeous. The birds are singing.

I'm reminded that it was in 2008 on this day that my mother made her transition. I remember that it was a gorgeous sunny morning. The snow on the ground, it was wintery. We were on an island off the coast of Maine which is where my parents' home is, dear old Maine.

What I remember was hours later after my mother made her transition, it's such a beautiful sunny morning and I had been carrying her on my father, its being that of the presence in the household for a number of months which was my Joy. I was so grateful that I could do that and I could drop everything and go and be with them. That was one of the most powerful, beautiful blessings, grace-filled opportunities that I ever had in my whole life. If not, my entire life. It was the opportunity to be with my parents while my mother was making her transition and to be there 24 hours a day as a support.

I discovered in that time, as I was recently talking about in the Baja retreat, which by the way, you can get the live stream of the videos of all those sessions that we did. I think it's a wonderful group of teachings. Most of them with Regina Dawn-Akers, David Hoffmeister and myself. There are some with Gary Renard. We try to do a live stream with Jon Mundy, kind of half worked. He got snowed in New York and couldn't join us. Anyway, it was an awesome week of teachings and most of them are on live stream and on video replay and audio download. You can find that at JenniferHadley.com on the events page if you're interested.

Anyway, as I was sharing last week, in the teachings about different experiences and gratitudes I have for that time with my parents. One of the

things I learned is that Joy is not conditional. Joy is an unconditional spirituality of God that we can give ourselves the opportunity to experience or not.

I discovered it because some of the things that were going on with my mother were really horrific on a physical level. The distortions that were happening in her physical body could have been seen as humiliating humbling, but because we were in Love. We allowed ourselves to trust in Love.

I was able to at least experience it with Joy. I saw so much Joy in my mother and in my father because we were allowing ourselves to love each other unconditionally. We were allowing ourselves to receive the unconditional Love of our family in a way that—certainly, my mother and I had never experienced it before. We placed our trust and Love and we discovered unconditional Joy. How beautiful is that.

A Time of Great Unlearning

The day that she transitioned was March 10, 2008. I had been carrying for her in many ways like a baby in terms of her physical care. She, in a certain sense, became like my baby. I remember going for a walk that sunny morning after she made her transition, my parent's home is in the woods on the Coast of Maine, near on that island, Deer Isle. I took the dog, Max, for a walk as I usually did in the later morning. It was a sunny beautiful day. I remember thinking how appropriate that it's a light-filled day, how wonderful. My mother had shuffled off the mortal coil, now she's enjoying life beyond the body. The sun is shining. It's a beautiful day.

As I began my walk with Max in the woods, I remembered thinking, "Well, who am I now?" Because in a certain way, although I wasn't really sad, it was like my baby had died, not just my mother, but I have been carrying for her the way in a certain sense, the way a mother cares for an infant, because my mother's physical body was so incapacitated in the last part of her life.

She had been the total focus, she and my father, for months and months. It was as though the infant that I had been caring for had died in a sense, or me that's transitioned. I certainly do know there is no death. Well, I was thinking, "Who am I now?" Because I had felt so identified with the role of nurturer and caregiver. Who am I now? There was a sense of loss, of

identity in that moment. I, too, was making a transition. I had become identified in that way and now I could let that go.

What began shortly after that was period of great Peace for me which has continued until now, mostly been in Peace, because I learned, through my mother's transition, I learned so much. I learned to let go of so many attachments and I learned through forgiveness. I learned unconditional Joy. It was such a time of great unlearning and recognizing, remembering. It felt like learning, but I was really unlearning the ways of the world through having a Holy relationship with both of my parents.

Such a deep, deep healing. Healing many, many layers of attachments that I had to my mother's physical body, to our relationship, and also with my father. It was time of great unlearning.

The only way I could experience that great unlearning was through the practice, the act of practice of placing my trust in Love. When we trust, what we're doing is in our day-to-day, time-based temporal experiences, we're placing our Faith in Love by trusting in Love. That's how we grow our faith. We grow our connection to a deep and abiding faith through an active practice of trusting Love.

Radical Trust and Faith

Right now, I'm offering a class. It's a series. It's part of my yearlong *Masterful Living* Class series that you can enroll. Just in the three-part class. It's called *Building Trust and Faith*. You can read all about it, just like with the Baja live stream on the events page at JenniferHadley.com.

As I was sharing in Class last night—by the way, if you enroll in the *Building Trust and Faith* Class, you'll get the download and the transcripts and all the different aspects of the Class. We have a couple of more classes to go in the series. I love sharing this material because it changed my life so much, learning to have Trust and Faith, learning to pray and have Trust and Faith. We talked a lot about that on the Baja retreat with Regina and David and myself sharing what we had learned about how to Trust and how to have Faith.

Trust is an active practice of placing our Faith in Love. It's really what it is. In order to have a strong Faith, it's practicing Trust. If you place your Trust

in someone who's identified with the ego, then you're really placing your Trust in the ego.

Many of us have done that hundreds and thousands of times and we have felt betrayed and letdown, and those betrayals and letdowns are really just mirroring our own lack of Faith and our own inconsistencies, our own betrayals of ourselves. Everything is mirroring back to us, our thinking, our beliefs, and our choices.

I just would like to share with you that this is a world of symbols. That's what *A Course in Miracles* tells us. It tells us that words are symbols of symbols. That day that my mother made her transition, I was going for this walk with Max, the year before I guess it was. Yeah, the year before, in 2007, I had an experience of being let go from my main source of employment and income, and I didn't know what I was going to do at that point. But I had prayed a powerful prayer to let go of it and move into my calling, fully and completely.

The very next day after I made that powerful passionate prayer, I got word that the company that I've been working for, was letting me go. I knew that all was well because when I got the e-mail, they didn't even call me on the phone, they sent me an e-mail. After working with them for many years, very dedicated employee, they sent me an e-mail that just simply said, "Your services are no longer required." All the goodwill and all the residual income and all the things that I had built up by working very hard for many years were gone in an instant. When I read that e-mail, I felt completely at Peace. No part of my body or my emotional body, my mental body went, "What the what?" No part of me was upset or frightened or worried, and that's how I absolutely knew that this was my answered prayer.

But then, in the weeks that followed, I was cycling through periods of fear. "Oh, my gosh. My income is gone. What will I do? Where will I go?"

I was able to go back to the Prayer on Page 28 in *A Course in Miracles*, and it says—and this is at the end of the Section V, *The Function of the Miracle Worker* in Chapter 2, Page 28.

The prayer is, "*I am here only to be truly helpful. I am here to represent Him who sent me. I do not have to worry about what to say or what to do because He Who sent me will direct me. I am content to be wherever He wishes knowing he goes there with me. I will be healed as I let Him teach me to heal.*"

I rested in that every time the fear came up, I reminded myself of this. One of the things that—I had two things symbolically that helped me. Colin Tipping, he wrote a book called *Radical Forgiveness*, which I highly recommend. I love Colin and his teachings, although he's not *A Course in Miracles* teacher. He's a beautiful teacher of *How to Forgive*. That's why I've had him support the *Living A Course in Miracles* Classes many times. His book *Radical Forgiveness* inspired me to hold in my mind the thought, "Radical Trust," Radical Trust in God to build a powerful Faith.

Every time I would become afraid, I would think, "Radical Trust." This is my opportunity to build a powerful Faith. I'm placing my trust in Love, not in people, not in symbols, not in the things of this world, but in the invisible, in the infinite that everything is working together for my good.

The other thing is in the runes, if you know that Celtic Oracle runes, the stones. One of the runes is for partnership. It's really about partnership with the Divine if you listen to my prayers and talk about Partnering UP with the Higher Spirit Self.

In this experience, I took that symbol partnership because I kept pulling it from the runes. I was looking for support from the runes. Am I thinking clearly? Am I seeing clearly? Can I get a message from my Higher Self using the runes? I kept pulling that rune of partnership. The symbol on the rune for Partnership is an X. It's a big X.

That day that I went walking in the woods wondering, "Who am I now? What is my identity now? Where do I go now? After my mother had died." In the woods, just after I started my walk in the woods, two trees had fallen and created a giant X. It was right there in front of me so powerful and so beautiful, that symbol of Divine Partnership. That's who I am now. That One with God who's partnered with the Infinite Love of God and I place my Trust and Faith in that.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio where we're living the Love and we are walking the talk. I'll be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Healing and Wholeness

Alright. We're back. I'm grateful, so grateful to be able to share with you. So grateful and thankful to share what means so much to me, this *Development of Trust*. We'll talk about that section in the teacher's manual in just moment.

What I wanted to share next with you, what I'd like to share next with you is one of the powerful prayers that is in *A Course in Miracles* that's so helpful to our walk of Trust and Faith. It's on Page 90 at the very end of Chapter 5 which is all about healing and wholeness.

It says, "*I must have decided wrongly, because I am not at Peace.*"

Isn't that wonderful that we can recognize that we've placed our Faith in our opinions and judgments? We've decided wrongly and how we know every single time is that we're not at Peace.

The minutest sense of frustration, irritation, fear, worry, doubt, any sense of moving into blame or shame or jealousy or thoughts of revenge or attack in any way you perform is the clear signal, the physical upset, the emotional upset, the mental upset, those three forms of upset. They are forms of upset. Remember, all thought produces form at some level. That's form. Thinking, feeling emotional and feeling physical. If there's anything in that thought, emotion or physical feeling that feels discordant in any way, it is always because we've decided wrongly. It's always because we put our Faith and Trust in the ego. It's always because we put our Faith and Trust and opinions and judgments, thoughts of lack, attack, limitation and separation.

The prayer on Page 90 at the end of Chapter 5 is, "*I must have decided wrongly, because I am not at Peace. I made the decision myself, but I can also decide otherwise.*"

In other words, I can choose again. I chose the ego before and now I can choose again.

"I want to decide otherwise, because I want to be at Peace. I do not feel guilty, because the Holy Spirit will undo all the consequences of my wrong decision if I will let Him. I choose to let Him, by allowing Him to decide for God for me."

This is one of the primary teachings of *A Course in Miracles* in terms of the path of Freedom, the path of Peace. It's starting each day with, "*You decide*

for me. I am willing to be truly helpful. That's what I'm interested in. I am here only to be truly helpful. I'm here to represent Him who sent me. I do not have to worry about what to say or what to do because He who sent me will direct me. I'm content to be wherever He wishes knowing he goes there with me. I will be healed as I let Him teach me to heal."

In the Baja retreat live stream that we did, in the classes that we did last week, and remember you can still sign up for those teachings. You can get the video replays and the audio downloads of them at JenniferHadley.com on the events page there.

David and I talked about realizing that we don't have to prepare what to say when we're giving a talk, what we're going to share and join together with other people because we make that prayer. That's our living prayer every day: "You decide for me. You show me. You tell me what to say. You tell me what to do and where to go and I'll trust that. I'll have Faith that I will be led and guided perfectly."

When you practice that, you really practice that with no attachment, no personal agenda, no need to get anything from it, but simply to be truly helpful, and then everything you need is provided for you. That's what we have discovered. It's wonderful. We were both sharing—David Hoffmeister and I were both sharing that when we teach so often things, and Regina, too, Regina Dawn Akers, so often when we teach things that come out of our mouth we've never said before, things we've never thought before, I find that very often when I'm teaching, there's a rhyming. There's a lyrical nature to it that is not in my ordinary speaking. But when I give myself over to the Holy Spirit to share with others and join with others, there's a rhyming that happens, there's a pattern that happens. I think it was Regina who asked me, "Have you ever looked at it? Is it "iambic pentameter"? I haven't done that, but that would be fun." Speaking in "iambic pentameter," and I don't even know it.

This is how we learned how to have Trust and Faith by starting our day with "You decide for me. I am willing and I am here to be truly helpful and how we recognize that we've fallen out of our aspiration for the day, our decision for the day to give it over to the Holy Spirit is we're not at Peace. Isn't that wonderful?

"I must have decided wrongly because I'm not at Peace. I made the decision myself, but I can also decide otherwise. I want to decide otherwise, because I want

to be at Peace. I do not feel guilty, because the Holy Spirit will undo all the consequences of my wrong decision if I will let Him. I choose to let Him, by allowing Him to decide for God for me."

That's the decision. I allow Him to decide for God for me.

Practicing True Forgiveness

Now—hmm. I'm just opening my mind here to the Holy Spirit. I am so grateful that the physical, emotional and mental sense of disturbance is telling me that I have been resting in my own opinions and judgments and it's time for me to reboot and recommit, re-up my commitment to allow the Holy Spirit to decide for me.

Now, the Holy Spirit is the Higher Self. It is our true identity. I AM that I AM. We align with our true identity. What I love about this whole passage here about, "the consequences of my wrong decision will be undone if I let the Holy Spirit do the heavy lifting, " because the consequences of our unkind, unloving, attacking choices, words, actions and thoughts, they can seem so burdensome, heavy, heavyweight, but we can give it all to the Holy Spirit because there really is nothing to forgive.

If we're feeling burdened by the choices that we've made in the past, it's because we're making the symbolic world real, but what is real can never be threatened. Nothing unreal exists. This is the foundational teaching of *A Course in Miracles*. If we're upset, we have forgotten that. That's why we're never upset for the reason we think. So good to know. We're never upset for the reason we think. We're really upset because we've decided wrongly. Not because of anything that's happening in the world, nothing that we're experiencing on a physical, emotional or mental level is the cause of our upset except that we have chosen wrongly.

We've made that decision and it's a poor decision that we've made. It's a decision for the ego. It's the decision of lack, attack, limitation and separation. We can give that decision and all the consequences of it to the Holy Spirit to literally purify time and space. We do that by a practice of true forgiveness, which is a practice of nonjudgment. "I do not know what anything is for, but I'm willing to learn from it. I'm willing to recognize the Truth by means of this experience. The Holy Spirit will make it all Holy for me, and for my benefit, for my healing." How beautiful and wonderful is

that? It's just that simple deciding again, re-upping to align with the Holy Spirit.

Now, how is it that the Holy Spirit can undo all the consequences in time and space? I don't know that we can actually comprehend it until we can see through all directions of time and space. I'm actually okay with that. When things happened that the surface mind, the ego mind says, "Well, that's not good. I don't like that. That's not good." Immediately labeling it, "Not good." Well, how do I know it's not good?

Like when my mother made her transition, when my mother's body was distorting. It seemed like a horror movie what was happening to my mother's physical body. I could've said this is not good. This is bad. This is wrong. But I said I don't know what anything is for except I'm going to claim it for my healing and for my good.

Because of that, I was able to practice Trust and develop a deep Faith in God's goodness. I had so much healing in my mind during the time of my mother's transition because I was willing to forgive everything in all directions of time and space because I—when I found out that my mother was making her transition, the doctors had given her three months. They said she's got three months to live. My intuition said, "I think its three years, minimum, " but everyone in my family believed three months. They went into fight-and-flight mode.

For me, I then had to deal with my upset that I blamed on what was going on with my family and the doctors and all that. I had to work with my judgments which were the cause of my upset. When I learned to place my Trust and Faith in God. I don't know what anything is for including my mother's experience of cancer.

My mother did live for three years. In those three years, what happened was, right away, as soon as my mother had a prognosis of imminent death, I said, "Okay, Holy Spirit, game on. Here we go. I am now on the fast-track program to heal every thought that I have about myself in relationship to my mother and my mother in relationship to me or anything, every judgment, every opinion, got to go."

Because when my mother actually makes her transition, the only thing that I am going to allow is that she knows that I unconditionally love her and that there is no blame, no resentment, no regret, nothing. Total love, total healing, I will accept nothing less and I took total responsibility for it. I

placed my Trust and Faith in God in the Holy Spirit and in my own ability to truly forgive, and I worked at it every single day. I was vigilant. I had a goal, the Peace of God, for myself and my mother in our relationship. I reached that goal. I literally had a miraculous healing about four months before she made her transition where I literally felt all vestiges of resentments and regrets and upsets related to myself and my mother. Cleared out of my heart chakra instant—well, it took out a couple of minutes. But I had an experience like a Roto-Rooter in my heart chakra on the plane on the way to see my parents and then I stayed with them for the last month of my mother's life.

I didn't know how to make that happened, but I believed whatever would be necessary for the total healing to happen would be provided. I had faith in that. I had the willingness, so that taught me. That was my experience of the radical trust, the total partnership. It literally what turned out to be the greatest and most advantageous thing that ever happened to me. How crazy is that? That my mother's intense illness and her transition gave me the greatest gifts of my life.

If you can look at the challenging circumstances of your life and truly say, "I do not know what anything is for. I can't see through all directions of time and space. How could I know what anything is for? It is the height of arrogance for me to look at one thing and say bad or good. Everything works together for my good. All things work together for good for those who love the Lord and that's what I'm interested in."

It's intense. It's intense. Sometimes we step up for ourselves, is intensity and deadlines that will keep us focused on what we say we'd like.

In *The Fear and Conflict* section in Chapter 2, where it talks about all thoughts produce form at some level, there are no idol thoughts, the mind never sleeps, et cetera. It tells us right there that we have the choice of what we're thinking. We have the choice. When there's conflict, when there's upset, it's because our mind is split. We say we want the Peace of God, but we are not willing to practice the Peace of God. We're not willing to give the thoughts to disturb our Peace to the Holy Spirit for healing. We cling to them and we reenergize them by thinking them again and again and again, and believing them again and again and again, and making decisions based on our opinions and judgments that causes so much distress. Well, that's insanity. Clearly, a child can see that that is insanity.

Let us talk about *The Development of Trust* when we come back. I'm Jennifer Hadley and you're listening to *A Course in Miracles* on Unity Online Radio.

If you're interested in that Baja live stream that I was talking about all those hours of teachings with David Hoffmeister, Regina Dawn Akers and myself, really good stuff. It's available on the events page at JenniferHadley.com and my *Building Trust and Faith* Class is on now. You can join us now. Also, on the events page at JenniferHadley.com.

Here on Unity FM, we are walking the talk and living the Love. Unity Online Radio. I'll be right back.

You've been listening to *A Course in Miracles* living the Love, walking the talk with Reverend Jennifer Hadley.

If you have a question or comment about today's program or if you'd like to join the discussion, visit us on Facebook at *A Course in Miracles* Pledge, where you can join a community of likeminded people, who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Love Is What We Are

I was having some morning here at Baja looking at the marina, the boats sitting by the water this morning and thinking about this Class, *Trusting in Love*. I'm always reminded that Trust is a demonstration of Faith. Trust is how we prove our Faith. It's how we experience it in the world of effects.

What popped into my mind is the American quarter, the 25-cent piece, where we've got the picture of Thomas Jefferson I think that is. Then the words beside him, at least this is what I saw in my mind. I don't have a quarter here to check it. "In God, we trust." "In God, we trust." I was thinking about how totally tuned in and Masterful the founding fathers or—there is no question that they were being guided by the Holy Spirit to place on our money. "In God, we trust."

Let us not trust in the ego. How wonderful that the ego can get so attached to financial things. It might just be worth as part of our spiritual practice. I'm going to start doing this to look at the money when we're exchanging it. To remind ourselves in God, I Trust. I place my Faith and Trust in God.

I heard in my mind that Bible quote, "You will know them by their fruits." What you see and experience in the world of form is always the out picturing of your belief system. What you see and experience in the world of form is the fruit of your faith.

When you place your Faith on the ego, what you experience in the world will be a representation of that. When you place your Faith in Love, what you experience in the world of form will be a representation of that and you'll get to decide where you will place your Faith.

Let's go to one of the favorite sections and I know we talked about this many times on the Baja retreat, *Development of Trust*. This is one that many *Course in Miracles* teachers refer to frequently. I certainly do. When I discovered this section in the *Manual for Teachers*, I was so grateful and people in my classes, I encourage them to read it at least once a week and to take—when you first start reading it to read it every day for a week. It's only just a little over two pages. Well, it's a little under two pages, the *Development of Trust* section.

In the *Manual for Teachers*, the fourth chapter is called, *What Are the Characteristics of God's Teachers?*

What are the characteristics of God's teachers? The most important one, the foundational one is Trust. Everything with our learning, our awakening is built on Trust. Everything. It says here in the Trust section,

"When this Power..." "The power of our Faith and Trust."...*has once been experienced, it is impossible to trust one's own petty strength again."*

Where the power is Love. Love is the power. We place our Trust and Faith in Love. Now, remember, Love is patient. Love is kind. Love is generous. Love—as Shakespeare said, "Looks on tempests, and is never shaken..." Love does not bend with the remover to remove. It is an ever-fixed mark." These are the words of Shakespeare who also wrote in "iambic pentameter." I love his work. Its beautiful examples of ego and Holy Spirit all throughout.

Love is not Love which alters when alteration finds. In other words, if you love someone and you find out something about them that you didn't know and now you don't love them anymore. You fall in Love and out of Love. Love is not Love which alters when alteration finds.

This is the truth about Love. Love is the ground of our being. Love is all that there is. Love is what we are. Teach only Love for that is what you are. No

matter what you're doing in every moment of the day. You're teaching the efficacy of what your choices are. No matter what, you're always teaching what you believe you are.

If you believe you're a sinner, if you believe you're not good enough, if you believe there's something wrong with you, if you believe in lack and limitation, you'll be teaching that what you believe about yourself, about life by your choices and everyone can see. Because all minds are joined, there are no private thoughts. You cannot have private thoughts. It's not possible because we share the same mind. This is why we are interested in being the change that we'd like to see in the world. Be the change you like to see in the world, right?

That's the teaching of Gandhi who was a true student of Jesus. He said the *Sermon on the Mount* was the most powerful spiritual teaching he ever encountered and he studied it. Through that study, he had many realizations and he put them into practice. Because he was able to do that, he had the consciousness to lead the nation, of more than one nation, really, when you think about the Brits and the Indians out of the wilderness of belief in separation at such fundamental levels.

All these you can do in and even more shall you do if you work your own personal practice.

Placing Our Trust in Love

The *Development of Trust* section—I could do several radio shows on The *Development of Trust* section. But let's just start with a couple of things that says in here. *Development of Trust* in *The Manual for Teachers*, its page 10 in my *Manual for Teachers*.

In the middle of Paragraph 4 there, it says, "*It takes great learning to understand that all things, events, encounters and circumstances are helpful.*"

Could you trust that? Would you trust that? "*It takes great learning to understand that all things...*" All. "... *events, encounters and circumstances are helpful.*"

If you're looking at any experience you've ever had in your life no matter what it was, like for me, I give the example of my mother's transition. If you're looking at any part of your life and saying, "This is not helpful. This is bad. This is wrong. This is not good," then you are in judgment. You are

in opinion. You can hand that over. You're going to notice. If you're looking at things in your life and saying, "This is not good. This is bad. This is wrong." You're going to notice that you don't feel peaceful anymore, so you can go back to that beautiful prayer on Page 90 that I was sharing earlier where you can give all the consequences of your wrong decision to the Holy Spirit.

"I must have decided wrongly because I am not at Peace. I made the decision myself, but I can also decide otherwise." I made the decision to label and judge, but now I can change my mind. I'd like to change my mind because I'd like to be at Peace. *"I want to decide otherwise, because I want to be at Peace."* I do not feel guilty because the Holy Spirit will undo all the consequences of my wrong decision if I let Him. Yes, if I'm willing to place my Trust and Faith in the Lord, then I can be at Peace, but when I trust my opinions and judgments, I will always feel upset.

We're learning to place our Trust in Love. Remember, Love doesn't need anything. Love doesn't want anything. Love is not giving to get. If you equate Love with giving to get, you don't understand that Love is everything. Love is everything. There's no lack in Love. There's no needing, no wanting, no grasping. But in our human experience of the ego, we think that Love is about getting and giving. It's about being. Let's learn to trust that.

Whoo! It goes by so fast. Oh, my goodness. I'm traveling back to the United States today. Next week, I'll be in Los Angeles and looking forward to seeing many of you in New York at *A Course in Miracles* conference there. I'm going to be in England for a week coming up for the Equinox. I'll be out at Stonehenge for the Equinox. I'm looking forward to that.

Right now, I'm inviting—I hit the mute button by accident. I put my hand over my heart and the mute button was there.

Closing Prayer

We're placing our Trust and Faith in Love giving the heavy lifting to the Holy Spirit.

So grateful and so thankful to call the name of God, beloved I AM that I AM and declare that we are worthy and willing to be truly helpful. You decide for me

A Course in Miracles Weekly Radio Show with Jennifer Hadley

In grace and gratitude, we share the benefits with everyone because we're One with them. We let them be, we let it be, and so it is, Amen. Amen, Amen.

Mwah! Have a great week.

Thank you for tuning into *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley.

Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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While there, we invite you to visit Jennifer's blog where you can join with the community of like minded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.