

**January 24, 2017**



# Making Inspired Decisions



 *Jennifer Hadley*  
your daily shot of spiritual espresso

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*January 24, 2017*

# Making Inspired Decisions

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Bonjour! So happy to be with you! I am back in New Jersey after spending the weekend in Washington, D. C. for the Women's March there, which was absolutely spectacular. Maybe I'll tell a little bit about that today. We shall see where the Holy Spirit guides me.

First, I am guided as always to speak a word of prayer.

## *Opening Prayer*

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So grateful and so thankful to place my hand on my heart and open myself to an unlimited, unprecedented flow of Divine Love, Intelligence, Wisdom, Clarity, Freedom. This is my very nature and this is our holiness.

So grateful that our innocence, our holiness is forever intact. It's unbreakable, unhurttable, undamageable, and we're willing to remember and recognize that this is so, forgetting any idea of victimhood.

We are grateful and thankful to open ourselves to an unprecedented flow of Divine Wisdom, healing, and Clarity. This is the purpose of our gathering together, and we open ourselves to receive the Wisdom, the Clarity and the Beauty, the Freedom of the Higher Holy Spirit Self.

So grateful that we are choosing to awaken from the dream of separation and accept the Atonement for ourselves. Yes!

In deep and abiding gratitude, we share the benefits of our healing and expansion with everyone, because our minds are joined. We are One with All. Our healing is everyone's healing. All boats rise on this holy tide of Love that flows from our heart to the world.

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We are grateful and thankful to support our brothers and sisters through our own spiritual practice. We are grateful and thankful to claim our healing right here and right now.

In gratitude, we let it be and so it is. Amen. Amen, Amen.

### *Choosing Joy Instead of Pain*

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Yay, God! Oh, my goodness!

Alright, can we just talk for a minute? [laughs] I feel so close to you. Truly I do! I don't quite know how to explain it, but when I am doing the radio broadcast, I feel such a connection with the people who are listening, will be listening.

Gosh! That's how it is in all my classes. Whenever I'm writing or speaking, I feel the connection with those who will be sharing it with me, and it's beautiful! I hear the questions, I hear the wonderings, I hear the resistance and the reluctance. I say I "hear" it. It's really more accurate to say, for me personally, I **feel** it, so I perceive it, I recognize it, and I'm grateful for our connection.

I have to say that it has been many years since I have felt **this on fire** with our opportunity that's available to us **right now** for accepting the Atonement for ourselves. It's **so** powerful and palpable.

I have to say -- one thing I can tell you is because of the classes that I teach, [\*Masterful Living\*](#), [\*Finding Freedom\*](#), the free classes that I offer all the time and all of these -- [\*the daily inspiration\*](#) that I write and [\*the prayers\*](#) that I offer every day for free listening and downloading, all of these offerings that I'm constantly making, and all of the connections with the people that come to me for spiritual counseling and guidance, the people in my [\*Sacred Circle\*](#), my weekly spiritual counseling, calls, the group counseling calls -- all these different avenues through which I connect to beautiful souls like you, I can tell you that **everyone** that I'm connecting with is feeling this strong impetus for shifting, for changing, for cleaning up, for clearing out, for no longer tolerating the patterns and the beliefs of the past and the ways that we have played small repeatedly. I feel it so strongly now.

With talking with so many people, some of them are feeling --and this maybe you -- pushed by the pain. The last two months, for some people, have been very painful, lots of deep intense upset in their relationships, big

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challenges in their body temple. There are many people who are experiencing financial challenges, mental challenges, emotional challenges, work challenges, home challenges, challenges on all fronts and all levels, and it can **seem** as though these things are bad, that it's an indicator that we are failing.

I just like to make a stand for the Holy Spirit's Voice that that's **not true!** We **are** succeeding. No matter whether we're feeling great and really feeling like we're the joyful learner, we are still doing great, even if it feels painful, because sometimes the best way for us to learn in the moment is to learn through pain.

I know for me, **many** years, I chose to learn through pain, rather than Joy, and I flipped that switch, and so this is **exactly** what is my absolute **fire** to support people in flipping that switch, too.

### *Rebooting the New Year*

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Of course, if you've been listening to this radio show for any length of time, you know that the main offering I have for that is my yearlong [\*Masterful Living Course\*](#).

I'll just tell you a secret. I'm thinking about --well, it's not **really** a secret, because I'm going to announce it later today, and gosh, it was just told to **me** by Spirit yesterday and then I called my team and said, "Can we do this? I don't know. Let's see."

I have some of the classes that I'm offering right now which are part of [\*Masterful Living\*](#). We offer them just for people who are just interested in starting the New Year off with excellence and greatness.

One is my [\*New Year's Reboot Class\*](#). This year, it was **so good!** Oh, my God! It was **so good!** I am still just flying on the inspiration that came through in that class. That's a \$22 class, so I'm offering to you a code to get it at 50% off.

I would give it to you free, honest to God, but what I have found is that a lot of times when people get things for free, they just don't **value** it. They download it and then they say, "I'll listen to it later," and they just **never** do.

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\$11, a very small amount of money, and it's called [New Year's Reboot](#). You can find it at [JenniferHadley.com](#) and the code to get your 50% off, so that's only \$11, is NYR50, like *New Year's Reboot* and then 5-0, if you'd like to get your 50% off on the [New Year's Reboot](#).

If you're feeling like, if you've been feeling like, "Oh, my God! This year is hard, last year was hellish. I'm in a hole of my own thinking. I can't seem to get enough traction to get some action out of this hole!" maybe [New Year's Reboot](#) would supply you with that. I hope that it would.

Believe me, if you find that you do that work and you do it and it doesn't help you, just let me know. We'll give you a refund. It's not a big deal.

The other thing is if you're feeling like, "Oh, yeah! **This** is my year of unlimited possibilities! This is the year I'm going for it!" well, [New Year's Reboot Class](#) is going to just -- Woo! -- turn you into a rocket, **if** you do the work that's in it, of course.

Just listening, just like listening to the radio show, it's not going to **heal** your life. Only **you** can heal your life, right? An audio recording cannot heal your life. But when you **apply** what's in there, when you do the exercises that I share with you, it activates **your** relationship with the Holy Spirit, **your** relationship with the Higher Self and **that** is the thing that is amazing and healing and powerful and beautiful.

### *Following Spirit's Voice*

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Yeah, I'm just on fire with this new year, and I love what the Holy Spirit gave for us this week. It's the -- I think it's famous, but maybe it's not, because when I read it, I just went, "Oh, okay. This is **life changing.**"

It comes from Chapter 14 and its Section III, which is entitled, *The Decision for Guiltlessness*. Chapter 14 is called, *Teaching for Truth*.

*Teaching for Truth*, Chapter 14, Section III, *The Decision for Guiltlessness*, which is so beautiful, gorgeous section. It's so rich! But I'm going to start with Paragraph 16. Okay?

You know what, the Spirit is saying, no, go back to 15, Paragraph 15. Okay! So I will do as I am told. Okay, now It's saying go to Paragraph 13. There you go! I'm listening! Paragraph 13 begins with,

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*“The One Who knows the plan of God that God would have you follow can teach you what it is.”*

Now, this One, of course, is the Holy Spirit. It’s also Jesus, and I honestly don’t feel that there’s any difference, because we’re **all** One. The Holy Spirit **is** the Higher Self, it’s the Mighty I AM Presence, and Jesus is just as much a Voice for God. Jesus is our helper, our teacher, our elder brother, as is the Holy Spirit, which is our **own** Higher Self, and we’re not separate from each other, so it’s all One, and we can just relax and not have to think of **anything** as being separate.

*“The One Who knows the plan of God that God would have you follow can teach you what it is.”*

Recently, was it last week? It seems like it was a few weeks ago now, but I think it might have been last week, I did the episode on “The Little Willingness.” Yes, I think that was last week. Gosh, that was such a good one, “The Little Willingness”. It’s really the crux of success with *A Course in Miracles*.

In *The Little Willingness* section, Jesus tells us all we need is that little willingness. Actually, if we can have **total** willingness, then we’re golden! We can just **really** be willing. So, the willingness is all that we have to work on. That’s it!

Jesus tell us, “Listen, it’s hubris, it’s arrogance to think that you could do anymore.” I think that that is such a relief! Right Because don’t we put so much energy into thinking, “What do we need to do in the world of form to fix our lives?” **Insanity!** Let’s not do that anymore! Let this be the **end** of that, the last year, the end of that paradigm. “Bye-bye! Bye-bye! Thanks for all the learning! Mwah! Bye-bye old paradigm!” Right?

It’s not a **new** paradigm to be totally willing and available. It’s the **oldest** of paradigms. It’s not even a -- “paradigm” is not a good word for it. It’s just the essence of our God nature and truth that we’re all One, there is no separation, and we’re willing to accept that for ourselves now and live in the mindset of total Unity. That’s the Plan of God, that we would remember

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*That’s the Plan of God,  
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do anymore.*

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that, and all these required is our willingness. In fact, we **cannot** do anymore. You see?

I invite you right now to just consider, just take a breath, in what ways have you been trying to change your life by making things happen in this world -- thinking that **you** making things happen, **you** having conversations with people, **you** going to events, **you** spending money on things, **you** eating special foods, you dieting, exercising, doing anything in this world -- is actually going to support you in living free, because the truth sets us free, living in the truth?

It doesn't really. That's not where we **start**. We start with aligning with the Holy Spirit. This is the place for us to begin.

It goes on to say in Paragraph 13,

*“Only His wisdom is capable of guiding you to follow it.”*

Well, you know, I find that a **relief**.  
“Okay! So I give it up to the Higher Holy Spirit Self, the Holy Spirit is going to guide me. Bada-bing, bada-boom! I don't have to worry about it. I don't have to figure it out!” That, to me, is such a **relief**. Right?

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*We start with aligning  
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Because for so long, my ego was trying to figure it out, and now I don't have to do that anymore! That's the old paradigm, the paradigm that does not succeed. It's the slow-drip method, right? It's the one where your spiritual practice has to do with chanting -- and not to denigrate chanting or anything. It's just giving **everything** to the Spirit, being **completely** willing. That's **all** we have to do.

You know what? That's **plenty** for most of us, taking our hands off it, taking our opinions and judgments off of it. So, the Holy Spirit knows the plan of God that God would have us follow and the Holy Spirit can teach it to us, and only the Holy Spirit is capable of guiding us to follow the Wisdom of God.

*“Every decision you undertake alone but signifies that you would define what salvation is, and what you would be saved from.”*

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Okay? Yes, that is **so important** to recognize. When **we're** the ones who are deciding what's good and bad, what's right and wrong, rather than the Holy Spirit, **there** we start to slow our progress down. Right?

Now, this is where so many people find their resistance and their reluctance gets triggered. They're resistant and reluctant to **follow** the guidance of the Higher Holy Spirit Self. Why? Because they're identified with the ego, and the ego knows that it is doom-and-gloom for the ego. It's the **end** of the ego when we follow the Voice of the Holy Spirit. Yes! This is true!

And so, this is why we have a 365 Lesson *Workbook*, so that we can unwind the mind that is identified with the ego. It's a mind training system. We **can** let go all at once, but that's a rare occurrence. It's a rare person who's really ready and willing to **completely** let go all at once.

One thing that can be helpful for you is to just recognize, okay, **where** are you trying to control things? **Where** are you trying to work your will? Where are you trying to manipulate things? Right? Where are you thinking that someone should do something **different**? Where is that mind set, those thoughts?

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And, if you can observe where in your life you're thinking about those things at work, in your family, in your relationships, where you're looking at people and thinking they're doing it wrong, they should be doing it differently, you're trying to manipulate and control them in some way, you're trying to manage things in some way, you **haven't let go** to the Holy Spirit, and **that's** why it's difficult, **that's** why it's challenging and painful, because you're trying to work your will, and it's the slow-drip method.

Total willingness -- that's what this year is for, as far as I'm concerned.

Alright! In Paragraph 14, it says,

*"Let Him, therefore, be the only Guide that you would follow to salvation. "*

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Actually, right above that in Paragraph 13, it says,

*“The Holy Spirit knows that all salvation is escape from guilt. You have no other ‘enemy,’ and against this strange distortion of the purity of the Son of God the Holy Spirit is your only Friend.*

The ego is **not** your friend. The Holy Spirit **is** your **only** Friend.

*“He is the strong protector of the innocence that sets you free.”*

You see, we’re innocent, we’re pure, we’re perfect. It’s only an illusion, a delusion, that we’re **not**, and the Holy Spirit can help us unwind that delusion, that illusion of separation, **if we let** the Holy Spirit.

*“And it is His decision to undo everything that would obscure your innocence from your unclouded mind.”*

Right? So **this** is the decision that the Holy Spirit can make, and undo **all** the difficulties, because they all stem from **our** separation thinking.

### ***Making Decisions Aligned With God’s Will***

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*“Let Him, therefore, be the only Guide that you would follow to salvation. 2 He knows the way, and leads you gladly on it. 3 With Him you will not fail to learn that what God wills for you is your will.”*

You see, this is the thing that the ego deludes us into believing, that God’s Will would somehow **not** be **our** will.

But the thing is, is we **are of** God. God’s Will **is** our will because there aren’t **two** wills. But you see, the illusion that the ego has a separate will, and we’re identified with the ego, we think -- and when we’re aligned with the ego, we think that God’s Will, will somehow not be pleasurable to us, that we’re going to have to give up the things that makes us happy.

Jesus tells us, in the *Workbook*, “You don’t even **know** what will make you happy, so stop thinking that you do. Stop trying to **make** yourself happy. It’s a fool’s errand. You don’t even know! Give it all to the Holy Spirit.”

It says here,

*“With Him you will not fail to learn that what God wills for you is your will. Without His guidance you will think you know alone, and will decide against your peace as surely as you decided that salvation lay in you alone”*

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This is the thing, is left to our own devices, we'll think, "Oh, that romantic **partner** is my salvation." Right? The special relationship. We'll think, "Oh, this **job** is my salvation." "My **bank account** is my salvation." "My sexy **body** is my salvation." Right? "My **drugs** are my salvation." Right? These are all **delusions** that we get that swept up in when we're left to our own ego devices. Right?

Remember, I said last week that the ego is like a puppet. Right? It has no **will** of its own. If you have a hand puppet, you put your hand in it, then that puppet, you can throw a ball with it, you can hold something and hit somebody with it, you can **seem** to do all kinds of things. The puppet seems to have all this power and ability when you put your hand inside of it.

But then you take it off and you lay it on the table, and that puppet has no power anymore. You can't say, "Oh, I'm **afraid** of the puppet! I'm afraid the puppet is going to **hurt** me! Oh, my God! That puppet could **hurt** me! That puppet is ruining my life!"

Well, no, because it's **inanimate**. It's "no thing", right?

This is what I was speaking of recently in the radio show, that what is the ego? That was a recent episode. That the ego is **nothing** trying to be **something** which it can never be, because it has no connection to the Mind of God. It is **completely** without power.

Now, we can **lend** it our power, and then it **seems** to have power, like the puppet. You put your hand in the puppet, you can throw things with the puppet, you can hit things with the puppet. But the puppet cannot **do it** unless you give it your power.

Make no mistake, the ego is **nothing**. It can **be nothing** without you. It has no power unless you give it your power.

It says here,

*"Forget Him not and He will make every decision for you, for your salvation and the peace of God in you."*

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*This is where we're getting to making intelligent decisions, by aligning with the Holy Spirit.*

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Yes! Yes! This is where we're getting to making **intelligent** decisions, by aligning with the Holy Spirit. Oh, and I've got so much more to share on this!

Remember -- we're going to go to a break here -- that [New Year's Reboot](#) is the first class of my yearlong [Masterful Living Course](#). I offer it separately. If you'd like to check it out, it's at [JenniferHadley.com](#). You might have to look on the [Events](#) page, because I just decided to do this last night, to talk about it today. I'm giving you a code for 50% off, which makes it only \$11. The code is NYR, all capitals, and the numbers 5 0, for your 50% discount of the [New Year's Reboot Class](#).

Alright! I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk, and I will be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

### *Choosing the Reality of Heaven*

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Welcome back! I'm Jennifer Hadley, and we're talking about "Making Inspired Decisions." Inspired -- in Spirit, right? Inspired, on fire with the Holy Spirit! **Hallelujah!** [laughs] Sorry. I get too excited. I **love** the truth so much! It is the greatest thing ever, ever, ever! The Love of God is the truth, and the truth is the Love of God, and it is **the best**, and I just love it so much!

Thank you for giving me an opportunity to share with you because truly, if you weren't listening, I'd still be talking [laughs] because I love it so much.

Sometimes I laugh, and I tell the folks in [Masterful Living](#) that I have friends that I've been Prayer Partners with for decades, and back in the day before I really had much outlet for sharing, they would invite me, let's say, over for a barbecue. "Oh! We're going to have a barbecue on Sunday. Come on over and we'll have a good time. We've got a bunch of people coming, and we're going to have a party in the yard."

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I'd say, "Oh, I'd love to come! I'd love to come! Can I come early and help? And maybe while we're getting set things up and organized, and doing the prep on the food, maybe we can just talk about God for an hour or two before everybody arrives?"

Then my friends will be like, "Sure! We can do that! Come on over! We'll talk about God, cook some food, eat some food, and talk about God some more."

Yeah, it's my favorite topic. There aren't many other topics that actually interest me very much. That's how I am. What can I tell you?

I love decorating. That's another topic I love, but anyway -- expressions of Beauty, God's Beauty.

We're here in Paragraph 15, Chapter 14, Section III where it says,

*"Be quiet in your faith in Him Who loves you, and would lead you out of insanity. Madness may be your choice, but not your reality."*

Our true reality is Heaven, it's Peace, it's Harmony, it's Joy, it's Freedom.

*"Never forget the Love of God, Who has remembered you. For it is quite impossible that He could ever let His Son drop from the loving Mind wherein he was created, and where his abode was fixed in perfect peace forever."*

It's actually **impossible** to fall out of the Mind of God. There's no place **else** for us to go.

This is why our total willingness is the **best** gift and the **only** gift that we need to bring to the Holy Altar Fire of Divine Love. Right?

For whatever reason, lately, I've been thinking about the infant Jesus, and the angels, and the kings, the masters who came and brought the baby gifts and Jesus' wise parents who loved him so much, thinking about all the people who supported Jesus and His family in His youth, and thinking about what an extraordinary gift that this Being came to our world, our experience, to demonstrate for us the rising, opening, the willingness, the great **tremendous** willingness to not judge, and to accept that all things work together for good, There are no exceptions.

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Jesus told us when He walk the Earth to be at Peace and to relax, because He had come that we would have life and have it more **abundantly**, to demonstrate the crucifixion, the resurrection and the Ascension, and He did what He set out to do.

You could think of all the kings, and the generals, and all the famous people throughout the last couple of thousands of years who were world famous who accomplished so many things in the world of form -- building the Great Wall of China, building all kinds of amazing temples and palaces and edifices to God, to themselves, all the leaders who created mass destruction, tremendous pain and suffering.

Over time, we barely remember who they were, but people **all** know who Jesus was and what He did. Even if they don't really understand it, if they don't really think about it or contemplate it, His choice to listen to the One Voice made Him **so powerful** that He could turn the water into wine. Not that He **needed** to, but He **could** do it. He could heal the blind man who was **born** blind, had never seen. He could restore health. He could raise people from the dead.

He had such a strong heart and mind and Spirit that could allow His body to be crucified and, indeed, it was part of the plan, and He could **accept** it without ever feeling abandoned knowing, as He talks about in the *Text*, that it's not even **possible** for Him to be abandoned. He **knew** that. He knew that everything was in Divine Order and went through the whole experience **knowing** that God's Will was being acted out, and I don't believe He suffered. I don't. I really don't.

Gary Renard writes about this, has taught about this, as he shares in his beautiful book, *The Disappearance of the Universe*. If you've never read *The Disappearance of the Universe* -- a lot of times some people say, "I'm new to *A Course in Miracles*. Where should I start?" I say start with the *Teachers Manual* and *The Disappearance of the Universe*."

Alan Cohen also has a beautiful book. I love that guy. We became friends, well, I guess it was more than a year now. I just love him. He wrote a book a book called *A Course in Miracles Made Easy*. Jon Mundy, *A Course in Miracles 101*.

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### *“You Decide For Me”*

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I’m leading here to, or Spirit’s leading me to,

*“For it is quite impossible that He could ever let His Son drop from the loving Mind wherein he was created, and where his abode was fixed in perfect peace forever.”*

Our abode is **fixed** in perfect Peace forever. Let us **recognize** that. That’s what our **willingness** is for. Yes!

It says -- and this is the whole crux of it right here, Paragraph 16,

*“Say to the Holy Spirit only, ‘Decide for me,’ and it is done.”*

That’s **all** we have to say to the Holy Spirit,

*“Decide for me.”*

When you’re facing whatever you’re facing -- right? Because I talked to people all the time, they just got a cancer diagnosis, they just found out their house is being foreclosed, they just found out their loved one died -- say to the Holy Spirit only, “Decide for me,” and it is done. “Decide for me, what is my next step? Decide for me, decide for me, decide for me.”

In my [Masterful Living Course](#) class, we’re doing New Year’s intentions right now. We spend a lot of time on this, and so I was setting this framework, this groundwork, so that we **can let go** of the old paradigm. It takes a great willingness to let it go, putting our attention on shifting from identification with the small selfish self, the ego to the re-identification with our true identity, the Higher Holy Spirit Self. **This takes great willingness.**

In [Masterful Living](#), in my [New Year’s Intentions Class](#), this is we focus on is getting to that place of being **willing** to live an inspired life. It’s crazy, but for many of us, we’re **not willing** to live an inspired life and make inspired decisions **because** of the ego identification, because it’s absolutely the opposite of what the ego would lead us to.

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We have to have a **great willingness** to go in a different direction than we've gone our entire life. Right? This is why *A Course in Miracles* has 365 Lessons gently leading us to see, "Wait a minute! **I've** given everything the meaning that it has. **Maybe** that meaning is false and I can let it go. Maybe it's true. I'm always upset for a different reason than I think!"

When I think I'm upset because what's happening in the world, it's **never** true, ever, ever, ever, ever, ever. Even if my house is burning down, I'm **not** upset because my house is burning down. **What?!** Even if I've given a terminal cancer diagnosis, I'm not upset for the reason I think. **What?!**

It takes great willingness to recognize the truth in these moments, and how do we get to that great willingness? Say to the Holy Spirit only this, three words, "Decide **for** me," and it is done.

*"For His decisions are reflections of what God knows about you, and in this light, error of any kind becomes impossible."*

Well, don't we want to live in the space where error of **any kind** becomes impossible? Or do we **like** to make errors all the time, and then feel guilty, and ashamed, and stupid, and just keep re-identifying with the small selfish stupid self, the ego, or the ego that is the braggart, the boss, the one who wants to push everybody around and bully everybody, talked down to them, be patronizing? Right? These are the faces of the ego. Right?

The ego is not kind and loving unless it's trying to manipulate somebody! The ego doesn't care about **anything** but the ego and that's where we are when we're aligned with the ego.

*"Say to the Holy Spirit only, 'Decide for me,' and it is done. For His decisions are reflections of what God knows about you, and in this light, error of any kind becomes impossible."*

The Holy Spirit can teach us we're already perfect, we're already as holy as holy can be -- that's the way I say it, and I love that! This is one of the things that I say to myself all the time when there's a temptation, to think, "Oh, hmm, something is lacking."

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“No, Jennifer. That’s false. I’m already as holy as holy can be. There’s **no** lack in God. That’s an illusion. It’s a delusion. Why would I bother with it?”

### *We Are the Decider*

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Indeed it goes on to say here,

*“Why would you struggle so frantically to anticipate all you cannot know, when all knowledge lies behind every decision the Holy Spirit makes for you?”*

Okay, now isn’t that just ridiculously practical? **Why** would you struggle frantically trying to figure out what’s going to keep you safe. what’s going to protect you, what’s going to make things good for you? Why would you frantically try and figure these things out, trying to figure out your finances and figure out your love life, and figure out what’s best for your children, and figure out what’s best for your career, and figure out how to please your boss, figure out how to please your spouse, figure out how to heal your body? **Why** would you frantically struggle to figure all these things out when, if you just say those three words to the Holy Spirit **every time** you start to feel anxious or worried or afraid or sad or depressed, just [exhale sound] “You decide for me.”

You see, this is the thing, is **we’re the decider. We’re** the one who decides to align with the Spirit or align with the ego. **No one** can make this decision for us. **We** decide, and we decide again, and again, and again, and the idea here, as Jesus is telling us, “Get to the point where I got to, where I just only listened to the Holy Spirit. **I** made the decision -- done with the ego, only the Spirit!” Then -- ♪ dun - dun-dun-daa! ♪ -- you’re golden!”

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*We’re the decider.  
We’re the one who  
decides to align with  
the Spirit or align  
with the ego.  
No one can make this  
decision  
for us.*

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Now, we can be afraid -- “Oh, jeez! I don’t want to be crucified!” But the thing is, is Jesus tells us here in *A Course in Miracles* again and again, He says, “**You** don’t have to do what **I** did. **I already** did that. Why would you have to do what **I** did? It’s already been done. You do the perfect curriculum that’s for **you**. The Holy Spirit will lead you through it.”

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Don't resist it. You can speed walk through it. Right? Think one of those walkways that they have in the airports. I spend a lot of time in airports, and the big airports have these multiple walkways where you get on there and you're walking fast on those walkways, and you're just speed walking past all the people who are walking slowly beside.

I tend not to take the walkways, because I like to get the exercise in the airport after sitting for long times on flights. But anyway, in life I **want** to speed walk past all the laborious figure things out, figuring things out.

This is why I say, repeatedly, if you're trying to understand things, if you're trying to figure them out, you're **laboring** unnecessarily. Those three words: "**Decide for me.**" Start each day before you get out of bed, "Holy Spirit, decide for me. Teach me in the ways of the Brotherhood of Light, of pure perfection. Teach me to remember my true identity. **I am willing.** This **is** my heart's desire."

*"Why would you struggle so frantically to anticipate all you cannot know --"*

You see, the Holy Spirit can see through all directions of time and space and **knows** what everything is for. Right?

I love that Lesson 25, one of my favorites, "I don't know what anything is for." I **don't** know what anything is for. **Why** do I kept thinking that I do? Ugh! Because I'm aligned with the ego. All things are lessons God would have me learn! Let me **accept** my learning so I can move on, not resist it."

What is resistance and reluctance? It's, on a certain level, it's hubris. It's the ego saying, "Eh, I don't want to really learn that lesson now. No, I want to delay it. I want to stew in it," instead of just -- ♪ dun-dun-daa! ♪ -- [snaps fingers] "Realization in the mind! Learning through Joy! Got it! Thank You, God! Moving on! Next realization! Thank You! A-ha! Yes! I got it! Moving on!"

You see, when we're in resistance and reluctance, we get a-ha's, but then they dissolve, and the next day you're like, "Oh! I had this great realization yesterday -- and I can't remember what it was. Sorry. Well, let's just talk about the world, and complain together then." Right? I mean, this is how I was for the longest time. I **totally** understand it.

It says,

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*“Learn of His wisdom and His Love, and teach His answer to everyone who struggles in the dark. For you decide for them and for yourself. How gracious it is to decide all things through Him Whose equal love is given equally to all alike!”*

### ***Making Decisions From Inspiration***

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Then there’s a beautiful prayer down here, okay? It says -- this is Paragraph 19,

*“Whenever you are in doubt what you should do, think of His Presence in you, and tell yourself this, and only this: He leadeth me and knows the way, which I know not. Yet He will never keep from me what He would have me learn. And so I trust Him to communicate to me all that He knows for me. Then let Him teach you quietly how to perceive your guiltlessness, which is already there.”*

When you feel guilty, when you feel ashamed, when you feel stupid, contact the Holy Spirit and say, “Holy Spirit, I know these thoughts are false, and I’m **willing** to know the truth, and I’m willing to hold it in my mind and liberate all my brothers and sisters by doing so. Teach me. Teach me **how** to teach only Love. Teach me how to **remember** my true identity. **I am willing. You** decide for me. **You** decide what I should eat.”

Then, you see, when we say, “Holy Spirit, decide for me what to eat, what to say, where to go, what to do,” this is the “Truly Helpful Prayer”. Right? “I’m here only to be truly helpful, and the One Who sent me will lead me and guide me and decide for me, and I don’t have to wonder or worry what to say or what to do, because it will be **given** to me.”

This is how I’m learning to live and I **love it!** It’s **so much** easier, and it’s so beautiful and so satisfying, so fulfilling, and I’m able to help others as I help myself, Right?

There’s also the beautiful prayer at the end of Chapter 5: “I must have decided wrongly, because I’m not at Peace.” But **I’m** the one who decided, so now I’m going to decide to be at Peace, and the Holy Spirit will lead me and guide me **and** undo all the consequences of my wrong decision, **if I** decide to **allow** the Holy Spirit to undo all the consequences of my decision. And **that’s** what I’m deciding, because I’d **like** to be at Peace, and I’d like to be a truly helpful presence in this world, and being guilty, and ashamed, and afraid, and worried, and doubtful, and hurt, and angry, and resentful,

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and trying to control and manipulate things **is not** the lesson I wish to teach. I have learned it well, and now I wish to teach only Love.”

Yes! **This** is the truth that sets us free. This **is** making decisions from inspiration by saying to the Holy Spirit, “You decide for me.” Indeed, indeed! Ahh!

### *A Year of New Beginnings*

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One of the things I got as I was preparing yesterday was I have my yearlong [Masterful Living Course](#) -- and the registration is already closed for the year - - and the work that we're doing in my New Year's Intentions, [New Year's Reboot Classes](#) which are all part of, it's all the beginning foundation, it's the first five classes of [Masterful Living](#) is **awesome** this year!

One of the things what I realized **why** it's so awesome this year, just like it's a whole another wave of energy above, above anything we've done before. I've been doing [Masterful Living](#) since 2009, it's this -- I'm not a numerologist, and I don't let the world of form guide me, but everything works together for good, and everything is teaching me, everything is something that God would have me learn.

And so what I realized is, numerologically 2016 is a '9' year and we go in 9-year cycles. Right? 2-9-1-6, you add those numbers together, you get a 9. Right? Then 2-0-1-7, you add **those** numbers together, you get a 10, and 10 is a 1, it's a **new** beginning. 9 is the completion year of the 9-year cycle. 1 is the new cycle beginning, so this is about **new** beginnings. Just like last year was about completions, so everything that wasn't healed came up for healing last year, so we could heal it before we have our new beginning.

Some of us did that work, some of us didn't, and so now our new beginning is to decide to really **heal** all these unhealed things **by** letting the Holy Spirit do the heavy lifting and deciding for us.

There is, in this one year, this new year of new beginnings, we're not only laying right now -- right now! -- the foundation for our entire year, how we're holding it in our mind, we're **also** laying the foundation for the whole 9 years ahead of us.

I was thinking back to nine years ago, at the beginning of 2008, what was I doing, and I was **so fired up** and dedicated to living *A Course in Miracles* nine years ago that I was changing my mind at such a rapid rate, because

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the Holy Spirit was just guiding me, guiding me, guiding me, and that set the tone for the next nine years.

Now, I'm feeling this **incredible** passion and fire to take it higher, and I'm sharing that, deeply and profoundly, the things that the Holy Spirit is guiding me to in our [Masterful Living Classes](#), the [New Year's Reboot](#) and the New Year's Intentions.

Registration for [Masterful Living](#) is closed, but you can still **these** classes. I decided to **also** add, as a bonus to my [New Year's Intentions Class](#), a month of my [Sacred Circle](#), which is the spiritual counseling weekly that I do, the weekly calls where you can ask me any question you like. So you've got these classes and the opportunity to ask me questions about **your** personal application, and I'm just putting that out there to you, because if you'd like to do this work, oh, my God, I'd **love** to do it with you! It's so powerful!

There you go. I'm on fire with it! Yes!

I'm going to pray here now.

We've got the radio show transcripts up on the website, more and more coming. We've got 70 done now. If you'd like one, write to [Admin@JenniferHadley.com](mailto:Admin@JenniferHadley.com). If you'd like a special episode transcribed right away, we'll help you with that.

So much good going on. We're testing the app for the android, the [A Course in Miracles app](#). You can help us test it. Write to [Admin@JenniferHadley.com](mailto:Admin@JenniferHadley.com).

Oh! And this is listener sponsored radio, so your donations are contributions that keep us going and keep all the free classes going. I know I'll be doing another free class soon.

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*Our new beginning  
is to decide to really  
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## ***A Course in Miracles*** Weekly Radio Show with **Jennifer Hadley**

### *Closing Prayer*

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Let's take a breath, hand on our heart.

So grateful and thankful to let the past go, to let the Holy Spirit decide for us. **We** are willing. **We** are grateful. We're receiving the inspiration. We've made the decision to let the Holy Spirit decide for us, and we are grateful to share the benefits with all. We let it be. And so, it is. Amen. Amen. Amen.

God bless you! I Love you! Mwah!