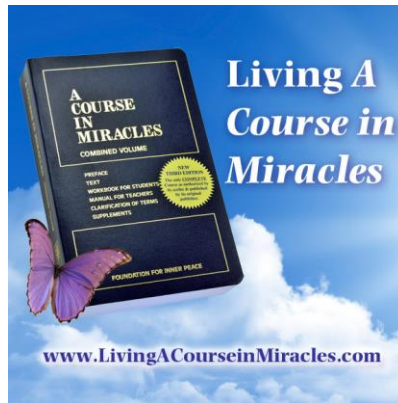


January 31, 2017



# Healing the Fear to Look Within

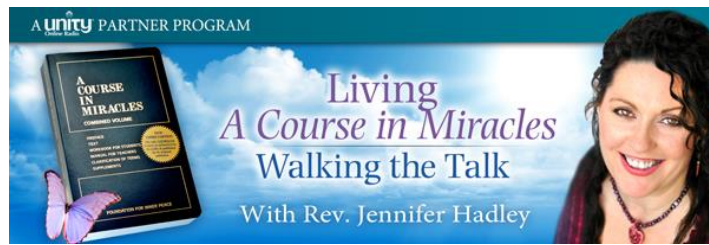


Copyright © 2017 by Reverend Jennifer Helen Hadley.  
All rights reserved. No part of this publication may be reproduced, stored  
in a retrieval system, or transmitted in any form or by any means,  
electronic, mechanical, photocopying, recording or otherwise without the  
written permission of the publisher.

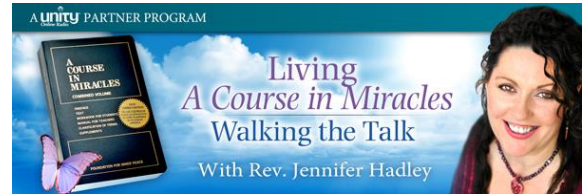
Published by JenniferHadley.com. Printed in the United States of America.

For more inspiration to live a life of love,  
visit [www.JenniferHadley.com](http://www.JenniferHadley.com).





<b>Healing the Fear to Look Within .....</b>	<b>4</b>
Opening Prayer.....	4
Learning Joyfully .....	5
Are We Sinners? .....	7
Looking for the Kingdom Within.....	8
The Ego as a Puppet.....	10
Class Registration & Exploratory Calls.....	11
Don't Make This World Real.....	12
Where Do You Place Your Faith? .....	14
The Only Requirement .....	15
Ego Tactics.....	16
Seeing No Sin Inside .....	18
Accept, Then Understand.....	20
Gratitude & Gifts from Power of Love Ministry .....	22
Closing Prayer .....	23



*January 31, 2017*

## Healing the Fear to Look Within

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

### *Opening Prayer*

---

Jennifer      Welcome! So glad to join with you today! I'm feeling so grateful, crazy grateful, for the expansion that I'm feeling. Oh, my goodness! Golly gee! Answered prayers all over the place! Yippity-doo-dah! Even though there's a lot of challenges, too, and that's the great thing about *A Course in Miracles*. Oh, thank you *A Course in Miracles*. Thank you, Jesus!

Let us do, as we always do at the beginning-- we turn within. We place our hand on our heart, and we go into prayer, and we give thanks.

Deeply grateful, so thankful, that the Love of God is all that we are. So grateful that we already **are** that perfect Love of God. We cannot become any more perfect than we already **are**. We're willing to see it, to know it, to feel it, to be it. Oh, the time has come!

This is the time we've waited for, and it's here now and we are grateful and thankful to consciously Partner UP with the Higher Holy Spirit Self. We **rejoice** to surrender all negativity, all patterns of lack, attack, limitation and separation. We're giving the Holy Spirit the heavy lifting, the whole shebang, the whole kit and caboodle of separation-thinking, back to the root cause. Bye-bye! So grateful, so thankful to let it go!

So grateful and so thankful to set ourselves free. So grateful and so thankful to recognize the Kingdom is within, and it's here **now**. We don't have to wait another moment. Oh, thank you, God!

So grateful and thankful to share the benefits with everyone, of our healing, our expansion, our Clarity, our Freedom, our Joy. We're willing to **be** the joyful learners. Yes, we are!

In gratitude, we allow our healing to be. We let the past be the past. We let the dead bury the dead. There is no future. There's just this present Love, and we are grateful and thankful to accept it fully as our very life and being.

In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

### *Learning Joyfully*

---

Yes!

Right up front I'm going to tell you our topic today: *Fear to Look Within*. That's what we're healing, that fear to look within. We're going to be looking at Chapter 21, Section IV, my Page 454 in my copy of the *Text*.

Just as we're making our way in that direction, oh, my goodness! We're a couple of weeks in, at this point, to the new President's administration.

I saw Laurence Fishburne on *The Daily Show* with Trevor Noah. Noah Trevor, Trevor Noah. Trevor Noah is his name. I think he's so funny, really funny. It's a nice bonus that he's also smoking hot! I like that! He's very funny, though. He helps me to laugh at the insanity of the world, and I really appreciate that. I appreciate Steven Colbert and all those late-night people. Samantha whatever-her-name-is and Seth Myers. There's a whole bunch of them, and they're just--they're clever, and funny, and I appreciate that. It helps put things in perspective. It helps me to laugh! Because if we're angry, if we're upset, we're hurt, we're afraid, we forgot to laugh! Right?

Those of you who are restarting *A Course in Miracles*, those early lessons, My meaningless thoughts don't mean anything! They just upset me.

We're working it, and the world is helping us by providing **so much** daily practice. We don't have to search for the things that are freaking us out and annoying us. We don't have to search. There it is, every day. Every day in the newspaper, on the news, wherever you get your outside world news.

I'll just share with you that in the last--I think I wrote this in my blog for today, *My Spiritual Espresso*.

I send a daily inspiration called *My Daily Spiritual Espresso - My Daily Shot of Spiritual Espresso*, for those who are interested in waking up, as I am interested in. I include a new prayer every day, I record a new prayer. We've got some new things happening with that. We'll probably be able to announce those in a month.

Anyway, so I was saying that in the last, I don't know, five, six months, probably since October really. I've paid more attention to the news than I did in the last 12 years combined, because I'm interested, as a social activist, in holding everything in my right mind, and really holding that space, really energizing it. It helps me to see it correctly by looking at it, knowing the truth, and releasing it to the Holy Spirit. That's part of my practice.

I went to the Women's March, as you may have heard. I'm interested in doing local demonstrations and, of course, supporting the many people who are in class with me.

Right now, I've been sharing with so many people, personal friends, family members, who are extremely triggered, and many spiritual students I see have lost their footing right now. It's not a bad thing, because when something like that happens, it's for a holy purpose. Everything works together for our good. There are **no** exceptions. All lessons, everything that occurs, are something that God would have me learn and realize, so that I can stop being the upset learner and be the joyful learner.

I'm so intent on that. I love to be able to support people who are **also** intent on that. Right now, many, many people are feeling really pushed and triggered. I have to say, I feel like I'm rising above the battleground, like I never have before, **because** of what's going on in the world. It's really pulling me to a higher and higher vision, and I am completely grateful for that.

I see--I really align myself with Martin Luther King, Jr. who said, "I have been to the mountaintop and I have looked over. And I have seen the Promised Land." I feel the Promised Land in my heart. I **feel** it in my heart. We are part of the Promised Land. We **are** the Promised Land. The Promised Land cannot be the Promised Land **without** us.

In the Infinite Mind of God, which is Pure Love and Perfection, which sees all of this as simply whatever it takes for us to relinquish our attachments, in the Mind of the Infinite, we're **already** there, celebrating, rejoicing, and perhaps celebrating the memories of what we thought was, but never was. We're in this journey, and we're in the last legs of it. Gosh! I just love that. I can **feel** that so strongly.

Thank you for joining with me today, and anchoring your willingness in the Love of God, which is Perfect, forever.

### *Are We Sinners?*

---

In many ways, this is what, *The Fear to Look Within* section is about. Again, Chapter 21, Section IV, my Page 454 where it says,

*“The Holy Spirit will never teach you that you are sinful.”*

Let's not look at anyone in our life, anyone on that screen of our life, and think that **they're** sinful, because that is not what the Holy Spirit would have us know or teach. We've got to let go of that idea. We've **got** to! Absolutely got to!

Yeah, I went to a Christian church where a family member was ministering as a pastor, and the hymns were so about “we're sinners”, you know, we could be washed clean of our sins. We can actually let go of the idea that we **have** sins, or we are a sinner.

The people that **we** think are sinners are the ones that helps us to let go of our **own** belief in sin, are they not? So, let us thank them! Let us thank them!

I love this man, Trump. I love him. I see him as my alter ego, I really do. I absolutely see him as my alter ego, and so I can love him as I can love myself, that he's helping me so much. Thank you, God, for my savior!

*“You are indeed afraid to look within--”*

Oh, wait, I skipped a sentence.

*“The Holy Spirit will never teach you that you are sinful.”*

More than anyone else is.

*“Errors He will correct, but this makes no one fearful.”*

So, the correction of errors doesn't make anyone fearful. To think that someone is a sinner, or has sinned, is an error.

*"You are indeed afraid to look within and see the sin you think is there. This you would not be fearful to admit. Fear in association with sin the ego deems quite appropriate, and smiles approvingly."*

There's so much in these first few sentences!

The Holy Spirit will **never** teach us that we're a sinner, or anyone else is. I think we can get that, pretty easily. And, we can also get, pretty easily, that the Holy Spirit 's going to help us to **correct** those errors, and that won't be frightening to us. Right? It will be **relief** to us to let go of the thoughts that are so painful, the thoughts that anyone is a sinner. Those thoughts are so painful.

Then it says,

*"You are indeed afraid to look within and see the sin you think is there."*

### *Looking for the Kingdom Within*

---

Now, this is one of the most common things I see with spiritual students. I've been a Spiritual Counselor for 16 years. I've counseled a lot of people. I've been a spiritual teacher for 20 years. I know, so well, having talked so intimately with so many people, that this is one of the **most** pervasive fears we have, the fear to look within. What is it about?

Of course, it's the fear that what we will see is that we are, indeed, unlovable. That we are unlovable, that there is something profoundly wrong with us, and we are inherently unredeemable, unlovable. That if we look within, we won't find the Kingdom. We're going to find a hot mess. We're going to find death and destruction. We're going to find those evil thoughts. We're going to find that essentially evil nature that we sometimes suspect is what we are, right? Fundamentally bad, fundamentally ugly, disgusting, depraved. Right?

This is how a lot of people secretly feel. I used to feel that way. I absolutely used to feel that way. That's why I talk so much about it, because people think they're the only ones. They're **not** the only ones! I used to engage in **so much** secret self-medication, because I had this secret belief that I was fundamentally bad, fundamentally evil. Seriously!

So, I would self-medicate in private. I never wanted to self-medicate-- I mean, when I was in my 20s, when I was in my teens, and even in my --no, 20s and teens, that I would go out and get drunk, and medicate with others. But then once I **really** got into the spiritual pathway, I only wanted to self-medicate alone. I really didn't want to do it with other people because I was **ashamed** of it. Of course, it was just self-perpetuating, so self-perpetuating. I was on that totally hamster wheel of self-medication, fear and loathing. Not in Las Vegas, but in my heart. Fear and loathing **of** myself.

It says that this is why we're afraid to look within, and that's why we can't find the Kingdom, because that's where it's **located**. So, if we're afraid to look within, because we think the Kingdom is not there, it **is** there, and we're **not** going to find it!

This is why, in my year-long *Masterful Living* class since the beginning of January, this is the big--my *New Year's Reboot*, my *New Year's Intentions* class, it's all part of my year-long *Masterful Living Course*--we are doing **extra** work. We are really putting the pedal to the metal, to **really** look within, what's really going on inside of there.

It takes **so** much courage! This is what I was telling people in class last night. It takes **so** much courage to be willing to look within. You see, when we turn our gaze inward, what we're going to see-- if we're willing, if we do it in partnership with the Holy Spirit. You know how I'm always saying, "Partner UP! Let the Holy Spirit do the heavy lifting."? So, **when** we Partner UP, **then** we're going to look with the Light.

We're going to see the Light, because we're looking **with** the Light. When we're looking with the ego, we're going to see the darkness, because we're looking **with** the darkness, we're looking **for** the darkness. The ego doesn't know **how** to look for the Light, because the ego doesn't **know** anything about that Light.

I want to say something that I said a few weeks ago in the radio broadcast that came through for me this year when I was teaching. I think it was Week 1, maybe, of my *New Year's Intentions* class.

New things come through all the time in *Masterful Living*, and the reason is because we've got this beautiful group of people of like-minded souls from all over the world who are, on **some** level, **willing** to change their mind. They are **willing** to choose again. Some are **very** willing. Some are willing

to be willing. There's a whole gamut in between. Right? It's this very diverse community.

That willingness, when we join together, I find that new things come through all the time, and new ways all the time, because people are willing to **accept** them, and recognize them. I **love** that about my job, is that the Holy Spirit is always helping make it more clear, and more clear, and more clear.

### *The Ego as a Puppet*

---

As I shared a couple of weeks ago in the radio show, that what came through was the ego is a puppet. Like a puppet mechanism, that it has **no life** of its own. We have to **insert** our intelligence **into** the ego thought system for it to **seem** to come alive, just like you have to put your hand in the puppet. Or, you have to put your--you know, if it's a marionette, **you** have to pull the strings. Somehow, somehow, **you have** to put **your** energy and intelligence into it, because the puppet is lifeless without **your awareness** inside of it.

When you put your hand in the puppet, the puppet **seems** to have power, right? If you've got a hand puppet, your hand is in the puppet, it **seems** like you can throw a ball. You can hit somebody. You can pick things up. You can do all kinds of stuff. You can do a dance. You can sing a song.

But the puppet, if you take the puppet off your hand, and lay it on the table, the puppet is **nothing**. It can't do anything. Not one thing. It can't even move across the table. It has **no** power, whatsoever.

The ego is just like that puppet. It's a thought system that **only** comes alive when we place our **awareness** on it and believe it to be powerful. That's the **only** way that the ego can accomplish anything. We have to **give** it our permission. We have to **give** it our awareness. We have to **invest** our attention in it.

Then, when we do-- because **our** awareness, **our** attention, **our** energy is **so** powerful-- it can seem like that puppet has **all** that power. It can seem like that puppet is a Chuckie doll-- right?-- that has the power to hurt us and hurt others.

But, we can withdraw from the puppet, and all we have to do, in order to do that, seriously, is to put the Holy Spirit in charge. It works! It **really** works.

We have to be willing to join with the Holy Spirit and look within in order to see the Kingdom that is there, waiting for us to recognize it, to value it. When we seek the Kingdom first, when we make that our number one priority, when we're actually **willing**, then everything is added unto us. And it's miraculous! It seems amazing!

This is the thing that I see every single year in *Masterful Living*, because it's a year-long *Course*.

### *Class Registration & Exploratory Calls*

---

By the way, we just reopened registration today for one week, okay? So many people around are freaking out, and so I've reopened registration for one week. If you'd like to jump in, if you're willing to do some work, even a little bit, if you'd like to Partner UP with us and travel this miraculous road that we're on for this amazing New Year, please this is the week.

When registration closes, it just closes, because we need to move on and keep everybody going. I used to keep registration open through March, but I found that it's more effective if we can just close it early in the year.

So, this is a second chance, if you're interested. As I always say, trust your own intuition. You know if you're interested.

Oh, you know what? We're doing something different this year that I'm really happy about. We have a group of people who have done *Masterful Living* who are making themselves available to talk with anyone who's interested. We're calling them Exploratory Calls.

They are **not** sales calls. These are **not** sales people. They are **not** sales people. They are people who've done *Masterful Living* and who started with a lot of trepidation, who started with a lot of challenges, and who did the work, and had relationships with their Prayer Partners in the class, and connected with the people in the community, and who can speak in a way to answer any question **you** might have about how it **could** work for you. Just so you can talk with someone who can answer any question you might have.

If you go to the *Masterful Living* page at [JenniferHadley.com](http://JenniferHadley.com), and you scroll to the bottom, you will see there the button to push to make an appointment for an Exploratory Call. So, that option there for you.

These are all people who learned, in the beginning, how afraid they were to look within, and to seek the Kingdom first. They turned that tide, and they know the difference that it made for them, and they know **how** they did it, because they did it step-by-step.

You see, no one can do it for someone else. I **can't** do for someone else. If I **could** do it for someone else, I'd be the wealthiest person in the world! That's for sure! If I **could** do it for someone else, I would absolutely be the wealthiest person in the world. Ah! But, I can only do it for myself.

Oh! There's my music. It's time for me to take a break.

So, you can go to [JenniferHadley.com](http://JenniferHadley.com) right now and take a look at *Masterful Living*, if it pulls you.

It's snowing here in New Jersey. It's so beautiful.

We are on Unity online radio. We're talking about *A Course in Miracles*. We're talking about *The Fear to Look Within*. I'm Jennifer Hadley, and together we're living the Love, we're walking the talk, and I will be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

### *Don't Make This World Real*

---

Jennifer Hello! Welcome back! I'm Jennifer Hadley. We're talking about Chapter 21, Section IV, *The Fear to Look Within*.

The ego tricks us into thinking that what's in our heart is ugly. But, there's nothing ugly in our heart. What there **is**, is there is a belief in the ego. There is identification with the false self.

We think that we **are** that ego. We think that we **are** that puppet. Because we've **so** invested our energy in keeping the puppet alive, that we think that we **are** that puppet, we've become identified with it. There's probably some *Night Gallery* or *Twilight Zone* episode about some

ventriloquist or somebody who--I've probably have seen it. I can't think of it right now-- some scary show about some horror movie where the-- well, you can think of *Psycho* actually. Right? In a certain sense, his mother, Norman Bates' mother's carcass is like a personification of the ego. Right? She's not alive, but he's given her life with his mind, by placing his awareness on her in that way. Creepy! That's such a scary movie. The ego is scary! Scary, scary stuff!

It says,

*"You are indeed afraid to look within and see the sin you think is there."*

That you **believe** is there, but it's not there!

*"This you would not be fearful to admit."*

We're willing to admit, "Yes! We're afraid to look within, because we think what we're going to see is ugly. Okay! We admit it!"

Now, it says,

*"Fear in association with sin the ego deems quite appropriate--"*

The ego says, "Look, if you're a **sinner**, you should be **afraid**, because God is going to punish you! Duh!" Right?

But, this is what Jesus tells us all through *A Course in Miracles*, over and over again--

A. There is **no** sin.

B. God **does not** believe in sin

C. You're **not** a sinner because there **is no** sin.

**Don't make this world real!** It's **not** real. It's **not** eternal. It's temporary. It's a projection of your mind. You're **only** seeing what you project, **every single time**.

No matter what you're seeing, **unless** it feels harmonious, **unless** it feels peaceful, and beautiful, and joyful, you're **not** seeing what's really there. You're seeing the meaningless world that **you've** projected.

You're seeing that puppet and thinking it's real. It says,

*"It has no fear to let you feel ashamed."*

The ego will do everything it can, in a sense, to make you feel ashamed.

Now, going with the puppet. Right? The ego **can't** make you feel **anything**. But, when **you** align with the ego thought system, shame is going to be a part of **your** thought system, because you're breathing life into the shameful thought system that the ego keeps perpetuating. Right? That's what it's **for**.

### *Where Do You Place Your Faith?*

---

Remember, *A Course in Miracles* says that there was a “*tiny, mad idea*.” The “*tiny mad idea*” is “better than” or “less than” separation. “Better than” “less than” labelling, right? We forgot to laugh about it! We forgot to go, “Oh, how crazy? There **can't** be any ‘better than’ or ‘less than’ when all is One! It's not even **possible!**” We totally forgot to laugh.

Instead, we started saying, “Well, if there **is** ‘better than’ and there **is** ‘less than’, and I **do** think there is, **then** this equals that!” And so, the ego thought system was created, like a spider weaving a **very** sticky web.

Now it says,

*“It doubts not your belief and faith in sin.”*

But, the ego has no power, right? The ego **perpetuates** the belief and faith **in** sin.

Now, remember, we're **always** placing our Faith **in** something. We're always placing our trust **in** something. Every single nanosecond of the day, you can choose to place your Faith in Love or in the ego. You can place your trust and Faith in Unity, Oneness, Wholeness. Or, you can place your trust and Faith in separation, labeling, sin, otherness, comparison, ‘better than’, ‘less than’, ‘worse than.’

This is our **free will choice**, and no matter **what** we choose, for how many lifetimes, it will **never** be true or eternal. It's always going to be temporal, which is temporary.

Ultimately, we will move into the eternal Now moment and recognize the truth and nothing but the truth.

How do we get there? We **choose** it. How do we **choose** it? We tell the Holy Spirit, “Done with the false world! Interested with the real world.”

Done with the false perceptions! Interested in the real truth. Done with thinking I'm bad and wrong. Ready to see my perfection, and the perfection of my brothers and sisters." And then, the Holy Spirit will make it so. Right?

### *The Only Requirement*

---

I did an episode of this broadcast just a couple of weeks ago on, *The Little Willingness*. In there, which is one of the absolute--it's the cornerstone of *A Course in Miracles*, *The Little Willingness*-- in there, Jesus tells us your little willingness is all that's required, **and**, in fact, there's **nothing more** you **can** do and nothing more you **need** do. Just be **willing** to let the Holy Spirit guide you in every moment.

So, if you're afraid to look within, you're afraid to be journaling, then. You're afraid to be in counselling. You're afraid to really have an intimate loving relationship. You're afraid to be transparent.

I know what all these things feel like, believe me! When I was feeling that, I was feeling suicidal. I was angry all the time. I was mean and unkind a **lot** of the time. And then I would feel ashamed, and I would go back and forth between feeling ashamed and angry, hurtful. Ashamed. "Something's wrong with me." Hurt. Angry. Acting out. Attacking. Feeling guilty, ashamed, bad, wrong. Back and forth, back and forth, back and forth, back and forth for **decades**. That's how I know so much about it.

And, it's how I **also** know that it's all BS-- belief system. It's just **total** BS. We can let it go at any point. Our willingness is all that's required. We **don't** have to do anything more but remain **willing**. The Holy Spirit **will** do the heavy lifting of figuring out **how** we can have a healing.

It says here,

*"Its temples do not shake because of this."*

Our belief and faith in sin.

*"Your faith that sin is there--"*

In you, out there where you see it,

*"...seems to be the source of fear."*

It **seems** to be the source of fear.

*“Remember that the ego is not alone. Its rule is tempered, and its unknown ‘enemy,’ Whom it cannot even see, it fears.”*

So, the ego has an enemy that it fears.

*“Loudly the ego tells you not to look inward, for if you do your eyes will light on sin, and God will strike you blind.”*

Right? Isn't that what a lot of religions teach? “You're a sinner. You're going to hell. If you look at your sinful ways, God will strike you blind.” Right? This is--Jesus isn't making this stuff up!

Just think about it. First of all, He sees through all directions of time and space throughout eternity, so He's seen it. And what did He live? He **lived it**-- right? -- so, we could learn from it! We don't have to repeat what He did! We don't have to be crucified! We don't have to be betrayed! No! He already **did** that! We don't have to repeat His learning! We can learn from His learning and add our own. Right? This is our beautiful impetus here for our lifetime.

It says that we believe this. That if we look inward, we'll see only sin and God will strike us blind. It says, that's why we don't look within.

*“Yet this is not the ego's hidden fear, nor yours who serve it. Loudly indeed the ego claims--”*

“Oh, no! That **is** why you're afraid,

*“...too loudly and too often.”*

### *Ego Tactics*

---

It's like “*The Wizard of Oz*.” Right? “Don't look over there! Don't look at the man behind the curtain!” The ego's saying, “Don't look within! You're only going to find death, and destruction, and ugliness in there! Don't look! Don't look!”

But, why would ego **say** that to us? **Why?** Because the **Kingdom** is within! That's the ego has a whole thought system to keep and prevent us from looking within, all these strategies to keep us from looking within.

This is why so many spiritual students are **so** much happier to read a book, to study a book, than to do the inner work within. That's why I was telling the folks in *Masterful Living* last night that they're so **brave**, because they're willing to look within.

Some of them are willing to be willing. They're trepidatious. They're feeling like, they're hearing the ego go, "No! No! No! No! It's not going to work for **you!** No! You're special! You're so terribly special!" Right? That specialness of being **so** miserable, beyond help, so hideous, so ugly, so deformed in your mind, in your heart. "So depraved. Such a sinner. It can never work for you."

But, think on **this**-- the **only** way out **is** the way **in**. The way **in is** the way out. The way **out** of hell is to go **in** and find the Kingdom **there**.

Now, the good news is **we** don't have to figure out the road map to the Kingdom. All we have to do is say, "I'm willing to locate the Kingdom within. I'm willing to be shown. I'm willing to be led. I'm willing to be guided."

And, we can't do anymore. That's it!

To me, that's like, "Oh, my God! That is the victory dance, literally!" When I got this, I danced around, literally! You know, hands up in the air, dancing and dancing. "Whoo-hoo! I get it! I get it! I get it! That's all I **can** do! I don't have to do anything more! I **can't** do anymore! I can do **that!**"

I can be **willing**, and I can be willing more, and more, and more per day. I **can** be willing. I can be willing even when people are pushing me. Right? Even when it feels like I'd like to say, 'Oh, that guy! He really is an idiot! I hate him! He's disgusting! He's depraved! He's so wrong! He's so bad!"

In those moments, when the ego wants me to re-identify with it, I can go, "No. No, I'm willing to let the Holy Spirit guide me away from **those** thoughts." Right? "I am willing to see only the perfection, the Beauty, the truth. I am willing to, as it says in Lesson 183, call upon God's Name, and then angels will surround me, and run interference, so I don't have to listen to that ego nonsense anymore!"

It says here,

*"For underneath this constant shout of the ego and frantic proclamation--"*

Right? That “We’re not good! We’re not--don’t look within! Danger! danger! Don’t look within! You’re only going to see death and destruction! Don’t look!”

*“Underneath this constant shout and frantic proclamation, the ego is not certain it is so.”*

Because why would it be --it’s--what’s the Shakespeare expression? *“Methinks thou doth protest too much”*? Right? It’s **that!**

If the ego were certain and sure, why would it be screaming, and yelling and jumping up and down, saying, “Look away! Look away! Look away! Watch TV instead. Project that ugliness that you see inside. Yeah, look! There’s ugliness **outside!**”

“Focus on **that**, the ugliness **outside!** Turn your attention away from the ugliness inside. There’s so much ugliness outside, and the ugliness outside is **worse** than the ugliness inside. Let’s just put all our attention on **that**. Maybe we can fix the ugliness outside, condemn the ugliness outside, and then we’ll feel better.”

Or, at least we’ll get tired, and we can just pass out. Seriously! These are the ego’s tactics. Right?

### *Seeing No Sin Inside*

---

*“Beneath your fear to look within because of sin is yet another fear, and one which makes the ego tremble.”*

Ooh! What is that?

It says,

*“What if you looked within and saw no sin? This ‘fearful’ question is one the ego never asks.”*

**What if** you could find the Kingdom inside, and not hell?

*“And you who ask it now are threatening the ego’s whole defensive system too seriously for it to bother to pretend it is your friend.”*

Right? So, when we start looking within, **this** is when the ego starts to become hysterical, and starts screaming, “Don’t do it! Don’t do it!” Just like *The Wizard of Oz*, “Don’t look at the one behind the curtain! Don’t! Don’t! Don’t!” It’s the **same thing**.

You see how the Holy Spirit gives us all these things, these metaphors, these pictures, these images in our life, to help us understand. Right?

*The Wizard of Oz* is **such** a mystical story. Oh, my God! Frank Baum, the author of *The Wizard of Oz* books, what a mystic. **Amazing!** Amazing. Sometimes I think it would be fun to study his books in a class. Mm-hmm! So many fun things we can do!

*“What if you looked within and saw no sin?”*

*“And you who ask it now are threatening the ego's whole defensive system too seriously for it to bother to pretend it is your friend. Those who have joined their brothers have detached themselves from their belief that their identity lies in the ego.”*

When we're willing to join with our brothers and sisters in prayer, in like-minded conversations, in seeing with compassion instead of with judgment, **this** is how we detach ourselves from seeing with the ego's perception, the ego thought system. And, that's what a holy relationship is! That's what it says here.

*“A holy relationship is one in which you join with what is part of you in truth.”*

In other words, your brother, your sister.

*“And your belief in sin has been already shaken, nor are you now entirely unwilling to look within and see it not.”*

Right?

*“Your liberation still is only partial; still limited and incomplete, yet born within you.”*

The willingness to have a holy relationship, the willingness to discover the **value** of a holy relationship. This is what it means when it says that our liberation is “born within” us. In that willingness is our liberation **born**. It says,

*“Not wholly mad--”*

So, no longer insane,

*“...you have been willing to look on much of your insanity and recognize its madness. Your faith is moving inward, past insanity and on to reason.”*

Another way to say this is, your Faith is moving to the Kingdom within. Placing our Faith in the Kingdom within.

*“...past insanity and on to reason. And what your reason tells you now the ego would not hear. The Holy Spirit's purpose was accepted by the part of your mind the ego knows not of. No more did you.”*

Remember, the ego is such a limited thought system. Right? It's just focused on lack, attack, limitation and separation. Right? Lack and attack are the same as limitation and separation. That's **all** the ego focuses on. So, very limited.

Where does Beauty go in there? Where is Prosperity in there? Where is Wholeness in there? Where is Freedom in there? Where is Wisdom, and Clarity, and Creativity? No, there is **none** in lack, attack, limitation and separation.

This is why, **when** we choose the ego thought system, we're giving up the Kingdom. Remember, “Seek first the Kingdom and everything will be added unto you.” That “everything being added unto you” **is** your **remembrance** of your constant and total, eternal access to complete Wisdom, Beauty, Truth, Wholeness, Freedom, Creativity, Prosperity, Abundance, Harmony-- all the spiritual qualities that **are** our true nature.

We **choose** what we are going to focus on. We **choose** to put our hand in the puppet, and think the puppet is real and has power, **or** to put the puppet down, and see that it's nothing. We **choose**. Right? The puppet can't find its **own way** on to our hand. **We** have to **choose** to insert our awareness into it, to make it **seem** to come alive.

### *Accept, Then Understand*

---

It says here--I'm in Paragraph 4 of Section IV of Chapter 21. It says, *“The Holy Spirit's purpose was accepted by the part of your mind the ego knows not of. No more did you. And yet this part, with which you now identify, is not afraid to look upon itself. It knows no sin. How, otherwise, could it have been willing to see the Holy Spirit's purpose as its own?”*

I did an interview last year--oh, it was with Alan Cohen. Yeah! I did a few things with Alan Cohen. I just love him! He's so yummy! Golly gee! I did a thing with him, and he asked me--it was in December, and he

asked me, “So, Jennifer--?” He asked me some question like, “What did you really discover this year? What really excited you about this year?”

I thought for a moment, and what came into my awareness was that, last year was really the year that I **really** made the turn and was willing to **consciously** recognize “I am perfect. I cannot be improved upon.”

Now, we can all still look at our body, our life, our finances, our relationships and **think** they can be improved upon. But there’s a difference between thinking, “You know, I could redecorate this room and it could look better,” “I could redecorate my body and my life, my relationships, my finances, my career, and I think it would be more pleasing to me.”

There’s a difference between thinking that thought **and** thinking that I, myself, can be improved upon. You see, it depends on where your identification is. So, me identifying with perfect Spirit, how could perfect Spirit be improved upon? Eh-eh! Not happening. Not happening.

This is Holy Spirit’s Purpose, for us to see that the Kingdom within is our perfection. It’s eternal. It’s unchangeable. It’s unbreakable. It’s undamageable. It’s undoubtable. It’s **permanent**, and we can accept that. Even if we don’t **understand** it, we can **accept** it, and the Holy Spirit will give us everything we need **to** understand it.

So, first we accept it. “I don’t understand it, but I accept it as true.” Alright? It’s like looking around the room and thinking, “Okay, everything I see only has the meaning I made for it. Okay. I can accept that, even if I don’t understand it.”

This is a journey we’re on, my friend. It’s amazing! It’s **amazing!**

I just know that you and I are here to change our minds in order that the world will really change, rapidly.

Yes! It takes some **real** willingness, and that willingness, sometimes, is difficult to find. But even our willingness can become **easy** to find if we put the Holy Spirit in charge of it. It’s, “You decide for me.” Right? That’s what we learn to say. “You decide for me. You decide for me. You decide for me. You decide for me, instead of putting that ego puppet in charge.”

It’s amazing how much healing we can have. Yes!

*Gratitude & Gifts from Power of Love Ministry*

---

A reminder, if you're interested in *Masterful Living*, check it out. I trust, if it interests you, you'll know it. I've redone the page a bit to make it a little more clear, I hope, and say a little bit more about what we're doing this year in *Masterful Living*.

Remember, if you scroll all the way to the bottom, you can click that button to make a free Exploratory Call and talk with someone who's done *Masterful Living*.

Also, we'd like to remind you that we are transcribing the radio shows. We have, I don't know, 75 transcripts maybe, posted at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com) under the Resources there, so you can print those out. If there's one that you'd like that haven't yet transcribed, just send a request to [Admin@JenniferHadley.com](mailto:Admin@JenniferHadley.com). We'll put it at the top of the queue for our transcription team.

We're testing, beta testing, the Android version of the free *A Course in Miracles* app. If you go to [JenniferHadley.com](http://JenniferHadley.com), on the Events page you can find the app information there. You can join us as a beta tester. We would love your help with that. It doesn't cost anything. You can just help us, and then tell us what you like, what you don't like for the Android. We need a few more testers. That would be great if you would help us with that.

Of course, the *A Course in Miracles* app for all Apple devices is already available-- well, for iPhones and iPads, and things like that.

I'm going to be doing a retreat, in mid-March in New York. I'm going to be announcing that very shortly. Very, very shortly, so stay tuned. Mid-March, a three-night retreat in New York for really taking out the trash, clearing the mental and emotional clutter, setting ourselves free.

That's what we do, when I go on retreat. It's joyful! It's happy! It's amazing! It's so healing and transformative. I love it! So, I'm going to do another retreat in March. Yes!

Remember, this is listener-sponsored radio, so your donations make it possible. You can make a donation at [JenniferHadley.com](http://JenniferHadley.com), [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). They all go to the same place, [PowerofLoveMinistry.net](http://PowerofLoveMinistry.net). Thank you for your contributions!

### *Closing Prayer*

---

We take a breath of Love and gratitude now. We open our heart and mind to the Higher Holy Spirit Self leading us and guiding us to the Kingdom within.

We are grateful and thankful to let go of any fear to look within. We're giving the Holy Spirit the heavy lifting of lifting **all** fear thoughts away. We're willing to see, and know, and live the truth, and to share the benefits with everyone, because we're One with them.

In gratitude, we let it be. In gratitude, we **know** it's done. And so, it is. Amen. Amen. Amen.

God bless you! I love you! I thank God for you! Have a **great** rest of your week! Mwah!

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

This program is brought to you in part by JenniferHadley.com, a global resource providing tools, insight, and support for those seeking to live *A Course in Miracles* every day, in every way. Online at [www.JenniferHadley.com](http://www.JenniferHadley.com).

While there, we invite you to visit Jennifer's blog where you can join with the community of likeminded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.