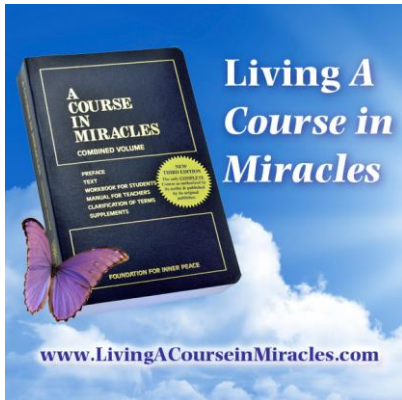


February 14, 2017



Relationship Q&A



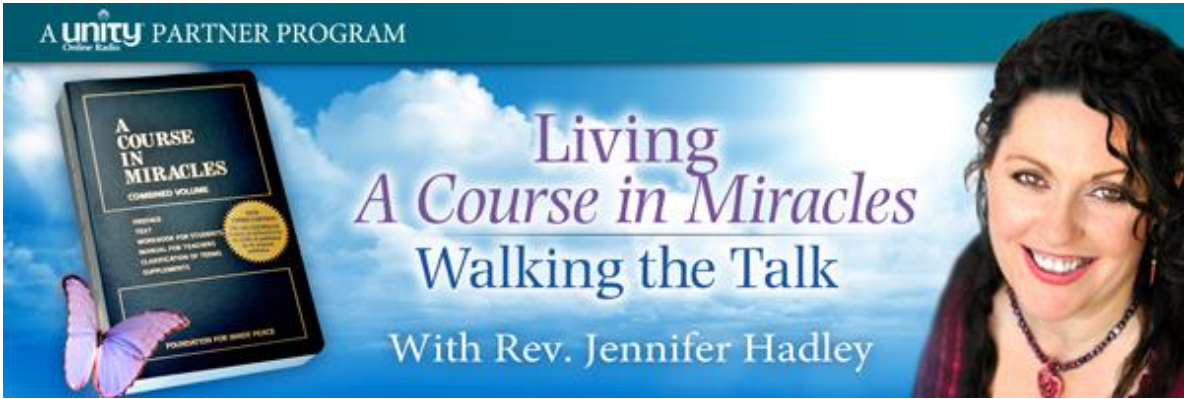
 *Jennifer Hadley*
your daily shot of spiritual espresso

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February 14, 2017

Relationship Q&A

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Hey, there! Happy Valentine's Day! I'm so grateful! Yes! So grateful to share the Love and to put the attention and focus on Love. **So grateful!** Yes!

Well, we're talking about relationships all month this month. This is what has become my tradition. If you're interested in relationship support and topics, all you have to do is look in the archive in February, and you'll see lots of relationship episodes.

We, of course, do relationship episodes all through the year, because *A Course in Miracles* tells us that our relationships are our number one tool for healing our mind. So, we're taking advantage of it and focusing on that together today, and I appreciate you joining me. Yes!

I've had so much feedback over the years of how helpful the relationship episodes are, and I enjoy doing them. So today, and all this month, we're doing something different, which is I'm taking questions. I put the link in "My Daily Spiritual Espresso", my personal blog which I publish every day with a fresh new prayer every day, inspiration every day, fresh new prayer every day. You can subscribe to it. It's totally free. I call it "My Daily Shot of Spiritual Espresso" at JenniferHadley.com. I put the link in there, if you would like to call in and ask me a question, or if you'd like to type in a question, as a number of people have already done.

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Opening Prayer

Let us begin with a prayer, as we always do. I like to place my hand on my heart and take a deep breath of Love and gratitude.

So grateful and so thankful to open ourselves to unlimited, unprecedented pure Love. So grateful and so thankful to open ourselves to the fullness of Love.

We are Partnering UP with the Higher Holy Spirit Self for the purpose of remembering our true nature and our true identity is already free, it's already perfect, it's already holy as holy can be.

We are grateful and thankful to surrender **all** belief in lack and limitation. We're surrendering **all** belief in limitation.

So grateful and so thankful to let go of thinking we know what anything is for. So grateful and thankful to let go of the illusion and the delusion that we're separate from our brothers and sisters. We are grateful to wake up and remember we are One.

In gratitude, we share the benefits of our healing, our expansion, our Clarity with everyone, because we are One with them.

In gratitude, we joyfully allow the healing to be. We let it be. And so, it is. Amen. Amen. Amen.

All Works Together For Our Good

Okay, I am going to hop right to the questions here. We've got Bernadette, from England. She's in it to win it, I know, because she's also a part of my Sacred Circle.

My Sacred Circle, by the way, is similar to what we're doing here. I take any question every week in my Sacred Circle, and I do spiritual counseling. That's what we're doing today.

Bernadette writes in, "On Friday, I had a deeply connecting time with my ex. We talked for six hours and had a meal together. Afterwards, I felt very loved, very accepted, and experienced a sense of Peace and healing.

"On Saturday, I sent a text to say thanks for our healing time together, but didn't get any response. Suddenly, I was experiencing sadness, abandonment, feelings of worthlessness. I was amazed by the extreme

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contrast of my emotions and my feelings of helplessness around them. It makes me fear relationships and getting too close. It's exhausting! Any thoughts?"

Yes! I have a lot of thoughts. First of all, Bernadette, what I would encourage you to do, is give thanks for this **entire** experience. Because this is typical of what we experience. We experience the great joining, and the connection, and the Love, and the holiness of the relationship. **Then**, the ego takes something and interprets it as, "Oh, no. The **Love** is not real. Only the **separation** is real. Only the illusion, the delusion, the **problem** is real. You were deluding yourself yesterday. You **wanted** to believe that that Love, that connection, was real. But that's **not** what's real. What's **real** is the separation." That's how the ego thought system operates.

You took the not hearing back on your text message as the ego always does. It interprets things, it makes the meaning of things that is inappropriate, unhelpful and incorrect.

For instance, I was just reading earlier today one of my favorite Lessons in the *Workbook* which is number 25, "I do not know what anything is for," and it starts with,

"Purpose is meaning. Today's idea explained why nothing you see means anything. You do not know what it is for. Therefore, it is meaningless to you. Everything is for your own best interests."

Another way that the *Course* says it is,

"All things work together for good. There are no exceptions."

Another way it says it is in Lesson 135.

"What could you not accept if you but knew that everything was gently planned by One whose only purpose is your good."

[Lesson 25] "Everything is for your own best interest, that is what it is for, that is its purpose, that is what it means. It is in recognizing this that your goals become unified. It is in recognizing this that what you see is given meaning."

"You perceive the world and everything in it as meaningful in terms of ego goals. These goals have nothing to do with your own best interests because the ego is not you. This false identification makes you incapable of understanding what anything is for. As a result, you're bound to misuse it."

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And, misinterpret.

“When you believe this, you will try to withdraw the goals you have assigned to the world instead of attempting to reinforce them.”

You assigned a meaning to not receiving back a text. I can just tell you honestly, I get texts all the time that sometimes I don't even see it for a week, I get phone messages that sometimes I don't see for months, just because my relationship to my phone is not that intense. I'm not as tuned into it as other people are, so it would be easy for some people to make a meaning of it that, oh, I don't care. Not at all! Not at all!

Love is Real

What's real is the Love is real, and the interpretation that the ego made that you experienced the next day, Saturday, Bernadette, when you didn't hear back, that's what's **not** real. Right?

Here's how you know. When you had the time together with your ex, and a meal together, and afterwards you felt so loved, and accepted, and of great Peace, and healing, **that's** real. That's how you know it's true.

The upset, the sadness, the abandonment, the feelings of worthlessness, that's what's **not** real. That's pure ego. So, when you experience **that**, that's where your suffering is, because you're interpreting it through the lens of the past.

Now, here's what's really, really, really, super, super helpful, and the major Valentine's Day gift here -- what's it all for? This is a question that I've learned to ask myself all the time. Lesson 25,

“I do not know what anything is for.”

“Okay. So, let me ask. Let me ask the Spirit, ‘What is it for?’”

In Lesson 25, it says right here.

“Everything is for your own best interests.”

That **is** what it is for. That **is** its purpose. That **is** what it means.

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The “Divine Alarm Clock”

You got triggered. If you hadn't gotten triggered, you wouldn't **know** that there is something lurking in your awareness, some false identification that **can** be healed so that it is dissolved and resolved, permanently, back to the root cause, and you **don't** experience it anymore. The healing opportunity is **revealed**.

Now, the thing that we are training our mind to do is, when the upset comes -- I call it the “Divine Alarm Clock -- when it comes, **that's** the moment that we choose **healing** instead of being upset.

That's why I **love** Lesson 25. If there's a feeling of upset that's starting, just go right to, “Wait a minute! I don't know what anything is for, **except** everything is for my own best interests, everything is for my learning, everything is working together for good in my life. There are **no** exceptions.”

*If you hadn't gotten triggered,
you wouldn't know that there is some false identification that can be healed.*

“So, rather than see this through the lens of the past, this is my opportunity to have the Holy Spirit **remove** the lens of the past from my mind **forever**. **That's** what this is for.”

Truly Willing to Choose Love

You see, we learn so well through contrast, and yours is the perfect example, Bernadette. One day you're feeling the love, it's so wonderful, you're feeling the healing. The next day, you get triggered by the meaning you make of it, by your interpretation, and the contrast is there. You **can** continue to believe, through the false identification of separation and the ego, to make the same meaning you've made of things in the past. **Or**, you can choose to have a healing, like you did the day before.

It's up to you. **You** are the decider. **You** are the chooser. No one can decide for you. No one can choose for you. But **when** you decide to give **up** your attachment, the meaning you've made of it, your interpretation, when you **decide** to choose Love, then the healing is right there. It's there for you. All that's required is your willingness. You must truly be willing.

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So, when we're upset, that's an indicator that we're **just not willing**. We're clinging to the meaning we've made of things.

You see this is one of the things that I was talking about recently, a couple weeks ago, I think in the radio broadcast, where the ego -- when we're identified with the ego, we **literally think** that pain is happiness, and happiness is pain. It's a backwards world when we're identified with the ego.

Think about it. When we're identified with the ego, we think our happiness comes from attacking people, we think our happiness comes from feeling **better** than other people. Even there are times when our happiness comes from feeling sick and "less than" and worthless, and we can pile it on, and pile it on, and go into self-medication, and self-sabotage. We're choosing it with a perverse sense of, we could call it "ego-happiness" versus Joy, true Joy, which is what spiritual happiness is.

When we're identified with the ego, our choices are not healthy. That's **why** one of the key things *A Course in Miracles* tells us is, to say to Jesus, to the Holy Spirit, to the angels, to the Company of Heaven, to all that is holy and wise and can see beyond all directions of time and space, "You decide for me." Saying to the Holy Spirit, "You decide for me."

*When there is not Peace,
we've made a wrong
decision,
and something is
coming up for healing.*

When there is not Peace, we've made a wrong decision, and something is coming up for healing, so, we can rejoice and we can celebrate! I mean it! It's so worth doing a dance! You know, really doing a dance, celebrating, have a nice meal, go for a nice walk, just do something celebratory. "Oh, my stuff is up for healing, and the Holy Spirit is going to do the heavy lifting, because I am so **willing** to not believe these thoughts **anymore!**"

Even if you've just spent the last week crawling around in the muck and the mire of your wrong decision, you can, at this moment -- like the Prodigal Son, living with the pigs and realizing, "Oh, my God! I would have better food to eat, I would have better conditions to live in, if I were a servant in my father's house! I'm going to go home and ask for a servant's job at my father's house!" -- we can ask for the position of being a servant

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in our heavenly Father-Mother God's house, and we can serve the Light. And, in **that, all** the suffering **will** dissolve and resolve, **if we let it**.

Thank you for bringing that up, Bernadette. Thank you! You **are** in service to the Light today. Oh, my goodness! Yes!

Alright! I'm going to take a sip of my water, here, and then read Lisa's here.

The Right Time to Leave a Relationship

Lisa writes from New York, "Hi, Jennifer. How to know when it's time to **leave** a relationship? You often talk about how when we change our thoughts, and become more loving and forgiving, then those around us change. I do believe this is true. I've seen demonstrations of this. I know that if we don't work on our spiritual connection, and instead live with the ego directing us in judgment, we can label others as wrong, leave them, and then attract the same type of person. I know there is a section about this in the *Course*."

Yeah. Chapter 17, Section V, *The Healed Relationship*. Read it again, and again.

It says, "This is guaranteed until we learn to live and hold forgiveness and Love. We will be given those lessons, usually through suffering, over and over.

"However, what if you're doing the work, and the other seems resentful, angry at their own choices, and

unwilling to work together? They even behave in unkind and obnoxious ways, and are in constant sarcasm and blame. What if they have a deep family history of narcissism, and do not feel that any change is possible?

"Thank you, Jennifer. *Masterful Living* is a gift and is so helpful in supporting me. Love you all."

Yes! I'm so glad you're in *Masterful Living* this year, Lisa. Yay! We're going to be doing **so** much relationship healing work this year, as always.

*When is the time to leave
a relationship?*

*When you can leave with
Peace and Harmony in
your heart.*

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Alright, so, here's the thing -- "When is the time to leave a relationship?" is your main question, Lisa. Short answer -- when the Holy Spirit makes it clear. Okay? When you can leave with Peace and Harmony in **your** heart. Alright?

Now, here's something to recognize that -- would you like to leave -- and I'm going to expand this for everyone here who's considering, because this is very, very common question that I get -- would you like to leave to get away, to escape? **Or**, are you thinking of leaving because it's unpleasant, and you don't like it, it's bothering you, you're getting triggered?

If you're feeling that you'd like to leave because you feel complete and you feel at Peace with the completion, and you know it's time to move on, you feel inner directed in a very **peaceful** way, then just tell the Holy Spirit, "I'm ready to leave. You guide me. You direct me. You decide for me." You will know exactly when to go, where to go, what to do. Right?

It's the same thing is as the "Truly Helpful Prayer" on Page 28. "I'm here to be truly helpful, and the One Who sent me will guide me and direct me, and tell me what to say, where to go and when to go," and **all** of that will be revealed to us.

Now, it's a practice to really trust it. Obviously, if someone is being physically abused you wouldn't put up with that. You would lovingly get yourself to a safe space, right? Of course. But I'm not hearing that in your case at all, Lisa.

*We will always be relating
to each other because we
share the same mind.*

But, for some people, this kind of anger and all that would feel emotionally abusive, and we wouldn't wish to experience that and put ourselves through that. Okay? It's not necessary for girls to endure any kind of attacks. Emotional attacks, physical attacks, mental attacks are not healthy for children and other living things, so that may be the indicator that it is **really** time for you to go, if that's how you're feeling. If you're feeling attacked, attacked, attacked.

You can still continue the relationship, right? One thing that is that I think is extremely important to consider, very **valuable** to consider, is that the relationship can **continue** and we don't have to live together, but we can still relate to each other. Indeed, since we are One with each other, we will

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always be relating to each other because we share the same mind. We share the same mind.

Allowing a Holy Relationship

One thing that I have done is I have, in a number of instances, said to the Holy Spirit, “Okay, take the relationship, make it holy.” I’ve done a lot of radio shows about this, and I did a *Living A Course in Miracles* series about holy relationship. We had 17 classes, all completely, 100%, about holy relationship. You can find those at LivingACourseinMiracles.com. It was called “Holy Relationships” something like that, in the store at LivingACourseinMiracles.com. You can still purchase it.

So, we give the relationship to the Holy Spirit to make it holy. Then we have to be willing to follow the guidance. Because what's going to happen is, we're going to start to really **witness** where are we **not** being loving, not being compassionate.

Dysfunctional Compassion

I recently did a class on Self-Love and I talked a great deal about being “dysfunctionally compassionate.” When we have Love for others, but not for ourselves, where we make other people's feelings more important and we're actually being quite co-dependent and **enabling** them to be dysfunctional. That's “dysfunctional compassion.”

I mean, compassion really can't **be** dysfunctional, but it **looks** like it's compassion. But it's **not**. It's dysfunction. It's co-dependency. That class was called [Self-Love](#), and it was about self-healing. It's a free class. I believe you can still find it on the [Events](#) page at JenniferHadley.com, and you can sign up for free to have that class.

It's time to leave a relationship, in a sense, **never**. But we give the Holy Spirit the permission to guide us and direct us, so that we **know** where to go, what to say and **when**. Right? Then, we'll know in our heart that we can say to someone, “This does not feel healthy to me or to you.”

This is one of the key things that spiritual students sometimes take a long time to learn. I sure did. I still have a challenge with it, I'll be honest with you. When we are actually enabling someone, because we don't wish to say, “Look, this is unacceptable to me. I'm not going to engage in this.”

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When we are forgiving people -- of course, we're **always** forgiving, but we are not saying, "I'm not going to judge you for this. I'm not going to judge myself for what happened. I'm not going to judge **either** of us. I don't need any judgments or any opinions about this. But I recognize **this does not feel healthy**. It's does not feel good to me. I don't feel like I'm loving myself, or you, by participating in this. **So**, I'm not going to participate in this, in this way, anymore. This kind of conversation, these kinds of thoughts, these kinds of activities, don't feel loving to me. I'm not going to participate in them anymore. I'm not going to keep this energy going."

In my experience, when I've given the relationships over to the Holy Spirit, the temptation is to take it back again and to try to control, to try to manipulate, to try to manage, to try to cope. **That's not helpful**. That's putting the ego in charge all over again, and it's just not helpful.

Choosing Peace & Healing

What I've learned is really to let the Holy Spirit, just keep giving the control, the power, back to the Holy Spirit. Remember, there's that **beautiful** prayer at the end of Chapter 5 of Page 90 in the *Text* that says, "*I must have decided wrongly because I'm not at Peace.*"

But **I'm** the one who decided it, so now I can decide **for** Peace. **And**, most importantly -- or to me, it's such a huge relief -- I can give **all** the consequences of my wrong decision to the Holy Spirit to **undo**, and the Holy Spirit will undo them for me.

That's what I mean when I said the Holy Spirit will do the heavy lifting of figuring out how to cleanse, and heal, and purify everything in all directions of time and space, which the Holy Spirit can do **if we let it happen**.

*"I choose to let it happen
because I choose to be at
Peace.*

*I choose to have the
healing."*

And so, that prayer on Page 90 is, "I **choose** to let it happen because I choose to be at Peace. I choose to have the healing."

These are the steps to take: #1, we can give the **whole** relationship to the Holy Spirit, make it holy. Then, will we abandon the relationship, or will we allow ourselves to be guided and directed?

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In being guided and directed, we must watch carefully -- where do we wish to judge? Where do we wish to have opinions? Where do we wish to go into attack, or victimhood, or any of those things? Or, do we choose Peace? Do we choose to **let** the Holy Spirit undo all the consequences? Are we willing to give up the blame, the regret, the resentment?

That, for most of us is a bit of a journey, to give up all the attachments to the blame, the shame, the regret, the resentments, the guilt, the hurt, the fear, the doubt, the worry. So, it's one choice and one decision at a time.

Alright! It's time for me to take a break here. You're listening to *A Course in Miracles* on Unity Online Radio. I'm Jennifer Hadley. Together, we are walking the talk, we're living the Love, right here on Valentine's Day. Don't go away. I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Fearing Change

Welcome back! I'm Jennifer Hadley. We're talking about relationships today as part of our relationship month. Happy Valentine's Day!

I am going to continue on with more of Lisa's question. One of the things she's asking here is, "What if you're in a relationship and you're doing this spiritual work, and the person you're in a relationship with seems resentful, angry at their own choices, and unwilling to work together? They even behave in unkind and obnoxious ways, and are in constant sarcasm and blame. What if they have a deep family history of narcissism, and do not feel that any change is possible?"

Now, here's the thing -- when someone believes that no change is possible, they're **incorrect**. But, as long as they insist on believing it, no change is possible. So, because they believe no change is possible, no change is possible.

That being the case, if they're being angry, argumentative, sarcastic, obnoxious, unkind, then -- and I've certainly had experiences where I was in, not a romantic relationship, but in a friendship with someone, or an

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acquaintanceship with someone, who was like that, and I just stayed in my loving heart with them. They gave me an opportunity to be stronger-hearted, more loving, **more** compassionate. I really didn't make plans with them. I didn't do anything to try and spend time with them, because **they** believed they can't change. **I** don't believe it, so I can hold them in my heart with **so** much love and tenderness.

I can honestly say, Lisa, that I've had counseling clients who, for instance, had to desire to have a loving relationship, and a marriage, a partnership, to have a family, or to do any number of things. Right? To go from hiding and living in shame to sharing their gifts and talents, and being successful in the world, and shining their Light. Right? I've worked with **many** people like that who **start** with feeling like these things are not possible for them, that they're stuck in a hole.

However, they're coming for help. **No one** comes for help that doesn't have some belief that it's possible to change. For sure, for sure, **for sure!** No one comes to **me** who really, truly, fully believes that they cannot change.

In **my** experience, the people who come to **me**, they may **think** they believe they cannot change. But it's more accurate, I think, to say that they **fear** they cannot change as much as they fear that they can't, or they fear the change itself. I work with a lot of people who **fear** they cannot change while simultaneously fearing the changes they desire. *A Course in Miracles* talks a lot about being in that predicament. I can totally relate to it.

“Pedal to the Metal” Healing

This being a common occurrence, let me say that if someone is telling you they believe they cannot change, they probably are **not** telling the truth, because, in their soul, there's the certain knowledge that they **can** change and they will change. They will. It might take many, many lifetimes, but probably not because the impetus for change is so strong.

I mean, hello! You're in their life. Look at what **you're** doing. **You** are in a total 'pedal to the metal' healing experience. You're in *Masterful Living*, for God's sake! If they're with you in any way, shape, or form, they're in a relationship with you, there is willingness to change, or they would never have been attracted to you.

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They're giving you an opportunity to look at what the ego looks like. Right? It's that learning through contrast. You can see the contrast of what **they** believe versus what **you** are choosing.

Now, they will shift and change as you shift and change, because all minds are joined and because they're so close to you. But, **you do not** have to subject yourself to **anything** like that. There is no good that can come from that.

This is a key point that I'd really like to make here, that I started to talk about before the break. This is one of the most challenging things for many spiritual students to get. It certainly was challenging for me. It's a part of that whole "dysfunctional compassion" thing that I was talking about before the break.

*When we allow someone
in our life to
treat us badly,
we're actually
creating our own
negative karma.*

When we allow someone in our life to treat us badly, we're actually creating our own negative karma, because we're here to support people in loving themselves free by loving **ourselves** free. If we allow someone to treat us badly, that's not loving.

Now, here's one help for you. Let's say you had a child, and that same person that you love was treating your child badly, would you allow it? Would you make allowances for them? Would you say, "Well, you know, he or she is so verbally abusive to the child, and mean to the child, and sarcastic to the child, and angry around the child, and blaming the child, ridiculing the child. But, you know, I understand, because he or she is afraid. He or she doesn't believe changed is possible. He or she was punished and tortured when they were a child. So, I understand why they act out."

Chances are you would **not** allow **your** child, or someone else you love, to be treated that way, so **do not** allow yourself to be treated that way, because you're only making it harder for them. Because whenever anybody treats someone else unkindly or unlovingly, they're going to feel guilty, and bad, and ashamed at some level, right?

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Now, a lot of people who do that on a regular basis will be in denial of it and they'll justify what they're doing. You're talking about narcissism. Right? We can see that kind of bullying, angry, abusive behavior in the world. We can see people who act that way, people who attack when they feel threatened. Right? It sounds like this is what's happening with your friend. If you allow yourself to be attacked, then you're not helping them.

A Course in Miracles also says,

“In my defenselessness my safety lies.”

It feels to me, Lisa, like you really get that, that you can't actually **be** attacked. You have to **agree** in order for yourself to **be** attacked. We're not helping people when we **accept** their abuse, because they are going to feel badly about it. You're still in relationship with them, even if you're not talking with them and spending time with them. Timeouts can be a really helpful tool in shifting things, can be a **really** helpful tool in shifting things.

Yeah, it's tricky.

Classes & Retreats

One thing I'll mention, for those who are experiencing these kinds of challenges, because many are. One thing you might consider is I have some things in my store at JenniferHadley.com, [*Be a Love Magnet*](#) is one class that I did. Of course, my [*How to Get Over It*](#) forgiveness workshop, which is free. I also have a [*Self-Love CD*](#), and I have another set called [*Relationship Reboot*](#). There are some extra additional courses.

Also, I'd like to make sure everybody knows that, in addition to my own counseling that I do, I'm training Spiritual Counselors. I will likely be having my next [*Spiritual Counseling Training Intensive*](#) which is a week-long Intensive. Anyone can join. People who have done it that have told me it's been life changing, and just tremendous for them, are people who are already coaches, already therapists, already counselors, people who are simply parents and grandparents.

A whole variety of people have taken my *Spiritual Counseling Intensive* as a stand-alone thing, not participating in the certification program, and have told me it was very useful and helpful to them in furthering their ability to

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listen and communicate in relationship. I think I'll be doing the next one the last week of April.

I'm also at the Utah Conference, *A Course in Miracles* Conference, Easter weekend. You can read about that at the Events page of JenniferHadley.com.

And, I'm doing a retreat in March, mid-March, just about a month from now, and I'm calling it *Masterful Living Retreat*, because we're going to really dive deep, do deep work.

That's the whole thing about my retreats. We have a lot of fun. There's always a **lot** of laughter. You know what? There's also some **real** deep healing and clearing, so sometimes there's tears.

My objective in every retreat is that people would **really** feel renewed, restored, ready to do things differently, having the strength and the Clarity of what to do, how to do it, and really feel deeply empowered to go forward with a lot less emotional and mental baggage.

This retreat coming up is the last weekend of winter here. It's in the New York area, and so it's pretty easy to get to. We have an Early Bird special until March 2nd. You can get in, get a payment plan going. I'd love to support **anyone** who wants to come and do the deep work with me, and to laugh, and play, and have fun, because we really do that.

You know what I love is, I did a number of retreats last year and it's the difference between people and how they feel when they start and when they end. It's tremendous! Just tremendous. The light in their eyes and the smiles on their face is **so** different. Just tremendous. So, come and bring your relationship stuff. We'll work on that, for sure.

We Think We Know What We Want

Alright! Last question here, I think. I'm not sure how to pronounce this but Narjus in England writes, "How can I find a relationship where I can find everything I want in a person? I meet men who I have good conversation with, and others who meet my sexual needs, but how can I find everything together?"

That is such a great question.

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First of all, when you say, “Where can I find everything I want in a person?” I just want to clarify that I **believe** what you mean is to find all the qualities that you'd like to have in a partner in one person, not everything you'd like **in** a person.

In other words, because to me, everything that I receive, everything that's good I'm interested in receiving from Spirit, and Spirit loves me, and teaches me, and expresses goodness to me through people. But I'm not anticipating getting **everything** I need from a **person**.

But I certainly understand having a desire to have a great sexual connection, and romantic connection, and emotional connection, and mental, and intellectual connection, and feel like you have a partner who understands you, and appreciates you, that you have a great intimate, heartfelt connection.

One thing I **know** is, some of the most healing and productive relationships **don't** have the total package, because it's about working through stuff.

That's another thing, going back to what I was starting with at the beginning of the episode, where I was quoting from Lesson 25,

“I do not know what anything is for.”

We **think** we know what we **want**, but we don't actually **know**. We **think** we want the total package in one person because we **think** that's what's going to make us happy. We **think** that's going to be the most wonderful thing. We **think** that that's going to be the most healing, and the most productive.

But what if it's not? What if it's not? What is the most expansive healing and productive thing is that we **don't** get all of our needs met by one person? If our one person had it **all** -- not that it can't be wonderful that way -- but for some people, if one person had it all, they might start to idolize that person and make them a false idol.

To me, it's everything I receive, I receive from God. Everything I give, I give to God. But, I certainly understand that longing to have that **deep** connection emotionally, and mentally, as well as physically.

*We think we know
what we want,
but we don't
actually know.*

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Perhaps, the way that **many** relationships work, at least of my observing, of people -- I'm 57 years old, so I've seen people in relationships that started when they were in their 20s, and they're evolving, and they're still in relationship -- it's kind of like there's that saying that people say, in your work, in your career, you can have two of the three following things -- you can have-- in your life, you can have a great family, you can have a lot of money, you can have great work, but you can't have all three. I don't believe that.

But the thing for our spiritual growth is that we **have** a great physical connection, and then **that** is so beautiful, and so strong, that it keeps us in the relationship so that we will **develop** the emotional, and the mental, and intellectual connection, that we don't give up on it because we have the enjoyment of the sexual relationship. Or vice versa -- we have such a wonderful intimate, emotional and mental connection with someone that we're **willing** to really, we could say work on or develop, that physical intimacy and connection, if you're interested in monogamy, which most people are, or many people are.

What if the men in your life are showing up this way so that you will come to choose to really have a healing in some area where there's a block in your mind that you **can't** have it all? Alright?

That's one thing I would invite you to do, is to say to God, "You decide for me. Send me the perfect mate for me to have my heart opening, my mind opening, my Spirit opening, and to live a life of extraordinary healing, expansion, Clarity, Love, Joy, Freedom, Beauty, sensuality," rather than trying to figure it out with your intellect.

Blog, Transcripts & Apps

Alright! Great, great question! Feel free to pose a follow-up question next week. Next Tuesday, in my blog, I will post the link for next week's questions, so stay tuned to my blog for that. We've got two more weeks of the Q&A format. Yay!

You know, this radio show is listener-sponsored radio, and you can make a contribution JenniferHadley.com on the Donation page. You can also do that at LivingACourseinMiracles.com. All the shows are produced by the PowerofLoveMinistry.net as well as Unity Online Radio. We're co-producing here.

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I'd like to just mention that we are transcribing the radio shows. If you have a special episode you'd like me to transcribe, just write to Admin@JenniferHadley.com . We'll put it at the top of the list. I think we've got more than 70 transcribed right now. You can go and download them totally for free at *Living A Course in Miracles* on the Resources page.

Also, we have the *A Course in Miracles App* for all Mac iPads and iPhones. We're in beta- testing for the Android version. If you'd like to test it with us, and for us, please volunteer. Write to Admin@JenniferHadley.com. Also, we're testing a new version of the Apple version. We could use some testers for that, as well, so write to Admin@JenniferHadley.com.

Closing Prayer

Let's take that breath of Love and gratitude, hand on our heart. We are grateful and thankful to call forth the Holy Spirit to make our relationships holy.

We're grateful and thankful to say "Yes!" to Divine Healing, Insight, Wisdom, Clarity, Freedom, Truth and Joy showing up in all of our relationships.

We're grateful and thankful to let go of all the blocks to Love and all the patterns of lack, attack, limitation and separation.

So grateful and so thankful to walk the talk, and live the Love together, sharing the benefits with all. In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

God bless you! I love you! Have a **great** rest of your week. Mwah!

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.