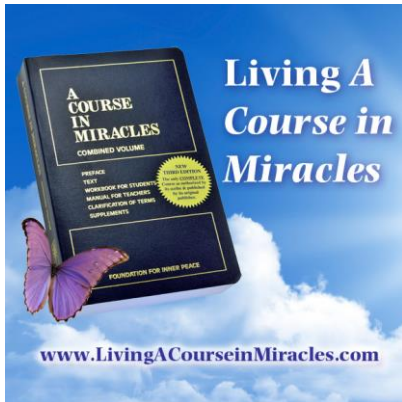


March 28, 2017



Peace of God



 *Jennifer Hadley*
your daily shot of spiritual espresso



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March 28, 2017

Peace of God

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Opening Prayer

Jennifer Bonjour! Bonjour. So happy to share this connection in Spirit. We're joining, rising above the battlefield, and transcending time and space to join together for the holy purpose of remembering our true nature and our true identity is the very Peace of God.

We are grateful to join together in prayer. I'm Jennifer Hadley and I love to pray. So, let's take that breath of Love and gratitude together and lift that vibration high. I place my hand on my heart to remind myself that I'm wholeheartedly available to **be** my true identity, and grateful and thankful to recognize and see the true identity of my brothers and sisters.

We Partner UP with the Higher Holy Spirit Self to recognize the Christ is the Holy Son of God and that is what we are, now and forever. It's irrevocable. How grateful I am that this is so. So grateful that no matter how far we wander on our prodigal journey that we're always at home in God. We've never left there. So grateful and thankful to remember it this moment of this day.

So grateful to recognize the truth lives in our heart and mind. We're consciously attuning to the Peace of God because we are choosing to seek the Kingdom first and everything is added unto us. It's returned. Everything we've pushed away, everything we've discarded, or think we have, is right here. It never left.

And so, we're grateful and thankful to open ourselves to all the gifts of the Kingdom -- the Peace, Love, Joy, Freedom, Wisdom, Clarity, Harmony, Prosperity and Abundance. The Wholeness of God is in our hearts and

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minds, now and forever. It's our true nature. We **can't** lose it, even if we lose touch with it.

So grateful that this is so. So grateful to claim our Wholeness. We share the benefits with all, because we're One with them. In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

Ah! Yes, indeed! So grateful! Mm-hmm!

Upcoming Events

Yeah, I had fun the last two weeks with friends, Jon Mundy and James Twyman. The three of us and some other wonderful people are preparing for the Easter retreat in Utah. You can learn about that. Go to the JenniferHadley.com on the [Events](#) page. You'll see the Easter retreat info there, so click through.

We're just going to have a wonderful time. It's going to be such a great conference. For those of you who have been to the Las Vegas, rather -- Las Vegas? We were in Las Vegas April of last year with the *A Course in Miracles* Conference, so lovely, put on by the Community Miracles Center. They are doing one next year in San Francisco. By the way, [Power of Love Ministry](#), that's the ministry I founded that is the co-producer of this radio show, we have some discount tickets you can also learn about, on the [Events](#) page on JenniferHadley.com.

Anyway, we're going to find the Peace of God in our hearts and minds are we are resurrecting to our true identity at the Conference in Utah. It's a bit different than other Conferences, because we're all staying in the same room. We're not doing breakout sessions, but all the speakers will be speaking on the big stage. It's just nice that way to have everybody in the same room, so it's a different vibe. Of course, there'll be a lot of music, because Jimmy Twyman is a "Peace troubadour."

I'm also going to be doing a special program before and after. I haven't quite made up my mind, but I'm looking at doing something about [Study Groups](#) and something about true forgiveness. Wonderful opportunities for us to **really** join together.

If you're going to be there, I hope we get to sit and have a meal together and really connect. That's the main reason I'm going is to connect, to join together.

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What Is the Peace of God?

We're looking at the *Manual for Teachers* this week, Chapter 20, which is my Page 51 in the *Manual*. It's entitled, *What is the Peace of God?*

What is the Peace of God? **What** is it? Those of you who are also Thích Nhất Hạnh fans, as I am, have been for a long time, we know that Thích Nhất Hạnh made famous a saying by someone whose name I can't remember right now, but the saying is, "There is no way to Peace. Peace is the Way."

You may also recall that Jesus called His teachings, "The Way" and after He was crucified, and resurrected, and ascended, the apostles, particularly Mary Magdalene, they went on and taught "The Way". That was the teaching that they brought to various places, Mary Magdalene ultimately relocating to France, along with her sister, who was married to Lazarus that Jesus raised from the dead.

*There is no way
to Peace.
Peace is the Way.*

"The way, the truth and the life." Jesus said, "I AM", and I AM, of course, being another name for God, "I AM is the way, the truth and the life." Some people reinterpreted that to mean He was saying **Jesus** is the way, the truth and the life, but if you look a little closer, you'll see that He was saying "**I AM** is the way, the truth and the life."

In this Chapter 20 in the *Manual for Teachers* entitled, *What is the Peace of God?*, it begins with,

"It has been said that there is a kind of peace that is not of this world. How is it recognized? How is it found? And being found, how can it be retained? Let us consider each of these questions separately, for each reflects a different step along the way."

I love it when Jesus gives us steps that we can follow. He says,

"First, how can the Peace of God be recognized?"

How can it be recognized? It says,

"God's peace is recognized at first by just one thing; in every way it is totally unlike all previous experiences. It calls to mind nothing that went before."

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That's a really good clue there right there,

"It calls to mind nothing that went before."

In other words, we're in the present moment now, without looking at it through the lens of the past. **Very** important.

"It brings with it no past associations. It is a new thing entirely. There is a contrast, yes, between this thing --

Called Peace,

"... and all the past. But strangely, it is not a contrast of true differences. The past just slips away, and in its place is everlasting quiet. Only that. The contrast first perceived has merely gone. Quiet has reached to cover everything."

Yes! Can you feel that, feel what He's saying there? Can you feel Jesus? I feel you, dude! [laughs]

The Value of Our Thoughts

In the *Text*, in Chapter 2, Section II, in the beginning there, it says right in the first paragraph, it says -- this is Chapter 2, Section Infinite Intelligence, it's called, *The Atonement as Defense*. The Atonement is the awakening, it's the full release of any belief in separation. It's the recognition of the Oneness, right? When we resurrect to our Christed nature, we are fulfilling the Atonement. It says here -- I love this. Love this!

"You can do anything I ask."

That's what He tells us.

"I have asked you to perform miracles, and have made it clear that miracles are natural, corrective, healing and universal."

I'm just going to pause there and say, okay, what about beginning your day, as it says, the *A Course in Miracles* way, to say, "You decide for me. Holy Spirit, Jesus, You decide for me."?

Remember that in *A Course in Miracles*, Jesus tells us that the thing that made His life on Earth, the human experience, so powerful was He decided to listen to only the One Voice.

So, if we say in the beginning, "You decide for me. I'm listening only to the One Voice, just that One Voice. You decide for me." And, what if we went in a step further and say, "Okay, Jesus, You've asked me to perform miracles,

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and You've made it clear that miracles are natural, corrective healing and Universal. So, I am willing."

Remember, our willingness is all that's required.

"I am willing to perform miracles, so bring it on, Bro!"

Let's begin our day with that. You've asked me to perform miracles, I am willing. Show **me** the miracle in my mind, in my heart. I am willing to be a miracle worker."

It says,

"There is nothing they --

The miracles --

"... cannot do, but they cannot be performed in the spirit of doubt or fear."

Okay? So, when we are in doubt or fear, we can just stop and say, "Oops! I'm not available for the miracles right now because of the doubt and fear. Alright! Jesus, Holy Spirit, I'm willing to let go of the doubt and fear so I can be a miracle worker. Make it so now."

I'm telling you, these practices work! It says,

"When you are afraid of anything, you are acknowledging its power to hurt you."

Remember, anything in this world is an illusion, so why we let an illusion have power to hurt us? Hmm! Why would we do that? It says,

"Remember that where your heart is, there is your treasure also."

That's one of my favorite lines in the whole of the *Text*. It says,

"You believe in what you value."

You can always look at what you value when you notice your beliefs.

"If you are afraid, you are valuing wrongly."

That's such a great helpful clue, right? So, if I'm feeling afraid, I must be valuing something that is not actually valuable. So, whatever it is, known or unknown, I'm just going to lay it on the altar. I'm going to make an offering of it. I'm giving away all the treasures that I have valued and made

*"When you are
afraid of anything,
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false idols, and held as precious and kept myself apart from God with these illusory treasures, these opinions, these judgements, these attack thoughts, these false beliefs.

Finding, Choosing & Allowing Peace

It says here

“If you are afraid, you are valuing wrongly. Your understanding will then inevitably value wrongly, and by endowing all thoughts with equal power will inevitably destroy peace.”

So that’s really what we’ve done in the past. And today is a new day, now is a new moment and we’re choosing the Peace of God now. It says,

“That is why the Bible speaks of ‘the peace of God which passeth understanding.’”

So, let’s not **try** to understand it. Let’s just decide to **accept** it, that decision. We don’t have to **try**. We just decide, we become willing and then **allow**. Willingness, decision, allowing, so valuable those three steps right there. And gratitude. Gratitude that we **can** decide, gratitude that we **can** allow. Yes! It says,

“This peace is totally incapable of being shaken by errors of any kind. It denies the ability of anything not of God to affect you. This is the proper use of denial. It is not used to hide anything, but to correct error. It brings all error into the light, and since error and darkness are the same, it corrects error automatically.

“True denial is a powerful protective device. You can and should deny any belief that error can hurt you. This kind of denial is not a concealment but a correction. Your right mind depends on it.”

If you’ve been listening to this radio broadcast for a while, you know you’ve heard me say, again and again, when that false belief comes into your mind, it **seems** so valuable, it seems so familiar, to say, “I’m not interested in this thought anymore. Please take it out of my mind so that I never experience it again. I am willing to give it away completely. Holy Spirit, my brother, Jesus, please remove these thoughts and all like it from my mind.”

*Today is a
new day,
now is a new
moment
and we’re
choosing the
Peace of God
now.*

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The great thing is, when our Peace is disturbed, we can make this request through our willingness, and we don't even have to recognize what the root thought is, what the core belief is. We can just say, "Whatever is disturbing my Peace, I'm no longer interested in it. Whether it's known or not known, whether I can truly feel it or not feel it, whether I can recognize it or not recognize it, understand it or not understand it. None of that matters."

I did an episode back in January 2017 about, "The Little Willingness." That was all about how Jesus tells us that our little willingness is all that we can do. We can't actually do more than that. Right? It's going back to Jesus telling us in *A Course in Miracles* that He got to the point where He **only** listened to the One Voice. If we're **willing** to listen only to the One Voice, then we'll move into the Peace of God permanently. All noise and distraction will fall away.

Going back to the *Manual for Teachers, What is the Peace of God?*, it says here that,

"Quiet has reached to cover everything.

"How is this quiet found?"

How do we find that Peace and quiet in our mind? It says --I **love** this! It says,

"No one can fail to find it who but seeks out its conditions. God's peace can never come where anger is, for anger must deny that peace exists."

Right? So, when we're angry, or "hangry" -- I get hangry sometimes. [laughs] My friend Jesse is

like, "Oh, don't let her get hangry!" You know, when your blood sugar drops and you start to feel irritable, occasionally that happens. But, you know, I have to say that the more I **live** *A Course in Miracles* way, I just don't experience that happening. Not because I'm snacking or anything like that. It's just that I think I'm more in tune with my intuition, so I don't allow myself to get into a position where my blood sugar is dropping. I'm following the guidance, and so I don't have to worry about those things. There's no fear around that anymore.

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I used to have a tremendous fear of my blood sugar dropping, and I always had to have snacks in my purse, in my car, and things like that. What if I'm stuck someplace and there's nothing nutritious to eat or --? I don't have that anymore, and I'm grateful. Grateful, grateful! It's because of **trust**. I trust that I live in a world that supports me, not one where I have to make my own way anymore, though sometimes I do get triggered into that, "Oh, I have to make my own way." Then I can give those thoughts away and be willing to have the Peace of God instead. Yay!

"God's peace can never come where anger is, for anger must deny that peace exists."

So anger is an expression of fear, and fear is often an expression of hurt, where, in the past, the meaning that we made of something that happened to us was that we were "less than", that we weren't valued, and so we took it to our thoughts where we felt hurt, undervalued, unrecognized, uncared for, unappreciated, all those things that cause a sense of hurt.

Then, if we let that fester and we don't heal our mind about it, oftentimes there's a great fear that we're going to be hurt **again**, taken advantaged of **again**, attacked **again**, left behind **again**, abandoned **again**. Right? We have all these patterns. Right? Fear of abandonment, fear of separation, all these different kinds of fear, and when they get triggered, it's a time for healing.

Often times, the anger alerts us, "Oh! This is an opportunity for you to choose again." The old pattern is getting triggered, even if that anger is expressed as the slightest irritation or frustration.

I know that the *Course* tells us that a little bit of frustration or agitation or irritation really is the same as a murderer's rage. It's borne of the same thought, right?

So, when we have those little bits of irritation and frustration, oftentimes, what does the ego want to do? Managing, coping with the environment, changing the environment, thinking that the environment is the cause of the agitation, frustration, irritation. No! No, it's our **interpretation** that is agitating our mind. It's like a splinter in the mind, and if we just are willing to give the whole thing to the Holy Spirit to do the heavy lifting, we can

*"God's peace can never
come where anger is,
for anger must deny
that peace exists."*

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have the Peace of God. And, consistently doing this, life changes dramatically to a much more peaceful existence. Yes, indeed!

It says here, back in the *Manual for Teachers*, Paragraph 3 of Chapter 20, *What is the Peace of God?* it says,

“Who sees anger as justified in any way or any circumstance proclaims that peace is meaningless, and must believe that it cannot exist.”

“Whosoever sees anger as justified in any way.”

Right? Don't we feel oftentimes, “I have a **right** to be angry about this”? Yes, you do! But if you feel it's **justified**, you're hurting yourself. You're poking yourself in the eye. You're shutting your own heart down. You're literally blocking the flow of Peace, and Love, and Joy, Freedom, Wisdom, Abundance, Prosperity, healing, Harmony, Wholeness, Purity, Beauty, truth.

*When we
forgive,
there must be
Peace.*

Think how much we read books and listen even to this radio broadcast trying to **cultivate** the Peace of God when thinking our anger is justified. It just completely blocks **all** of it. If we just, that one practice, “I'm no longer going to think that my anger is justified. From now on, no matter if it's the slightest irritation, I'm giving it to the Holy Spirit for healing. I have a Partner. I don't have to struggle alone.”

Because Peace and our anger cannot coexist, and when we're angry, this is saying here, we **must** believe that Peace **cannot** exist, that it's not real. It says here,

“In this condition, peace cannot be found. Therefore, forgiveness is the necessary condition for finding the peace of God. More than this, given forgiveness there must be peace.”

Right? So, when we forgive, there **must** be Peace.

What is forgiveness? It's releasing our interpretation, our opinion, our judgment, the meaning we made of things. Our willingness to release it is all that we need. It says,

“For what except attack will lead to war?”

Right? Anger is an attack. Of course, it's going to lead to war.

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“And what but peace is opposite to war?”

Well, that’s pretty obvious, right? So,

“Here the initial contrast stands out clear and apparent.”

Peace or war? Anger or Peace? Attack or Peace? It says,

“Yet when peace is found, the war is meaningless. And it is conflict now that is perceived as nonexistent and unreal.”

When it seems like there is conflict in the world, the truth is, there is **only** conflict in our mind. That’s where it is.

So, seek not to change the world, but to change our **mind** about the world. This is the impetus that we live with here in *A Course in Miracles* teaching. So beautiful! **So beautiful!** Yeah!

Healing the Patterns of Pain

You know, gosh, almighty! People are feeling the pain lately. Oh! So much is up for healing! I love it! In my own life, I’m seeing, “Ooh! Here’s a pattern. Ooh! Here’s another pattern!”

That’s why last week I did a free class called “[Eliminate your Pain Patterns](#)” and it’s free right now at [JenniferHadley.com](#). You can go to the [Home](#) page there. It’s a preview of my [Finding Freedom Spiritual Boot Camp](#).

My [Finding Freedom Spiritual Boot Camp](#) class starts on April 5th. That is the day that registration closes. If you’re interested, if you missed registration for [Masterful Living](#) and you’d really like to do some deeper work with me and apply these *A Course in Miracles* teachings in a practical way, day by day, and you’d like support from me with it. [Finding Freedom](#) is a **great** way to go.

It’s a 7-week spiritual boot camp, you’ve got 90 days to complete it. You can always extend it. You get a call with me every week, plus you get videos, and classes, and a Workbook and all kinds of good stuff.

If you register soon, we’ll be able to get you the various tools so that you’ll be ready to start the class with me on April 5th. But you can always -- you can wait to the last minute. Some people do.

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I know my ego likes to wait to the last minute. My Spirit is like, “Eh, what don’t you book it now?” [laughs] I’m willing to listen to the Spirit more and more, and I see the payoff in my life.

Ah! Well, I’m Jennifer Hadley and you’re listening to *A Course in Miracles* here on Unity Online Radio, where we’re living the Love, we’re walking the talk, and I will be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Transcripts, Text Messages & ACIM App

Jennifer Welcome back! I’m Jennifer Hadley. We’re talking about the, “Peace of God.”

Just before I dive back into that, a couple of announcements. The [radio show transcripts](#) are now available for free download at [LivingACourseinMiracles.com](#). You can go there, look for either “transcripts” or “radio” in the menu under —oh, what is it? I can’t think of the name of it right now, but I trust you will find it. So those are free, those transcripts.

Those transcripts are truly supported by the kind and generous [donations](#) of many people who are supporting these transcripts available for *A Course in Miracles* students who are deaf or hard of hearing, those for whom English is a second language, or for those who are just visual learners and the written word is **really** helpful to them. Please let your friends know about those.

Also, tell your friends about the free [A Course in Miracles app](#). You can find that at [LivingACourseinMiracles.com](#), too. It’s got all three *A Course in Miracles Texts* in it. It has the *Text*, the *Workbook*, and the *Manual for Teachers*. It’s totally free. It has some wonderful features, so you can select any kind of a quote and post it to your Facebook page or Twitter, or text it to somebody, or e-mail it to yourself or somebody else. That’s a really nice thing to be able to do. You can highlight in there. You can bookmark in there.

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You can do a search. I love to search for words, you know, search for “resurrection” or search for “angel.” You could do it all through the apps. You don’t need a concordance. You can just use that app. It works perfectly and quickly.

It’s for iPhone, for iPad, and we have a new Android version. Again, you can learn about that at LivingACourseinMiracles.com.

One thing that I would like to request of everybody, if you appreciate the radio show, if you appreciate the app, since these are free offerings, one wonderful way to **contribute** is to write a review. We could **really** use some reviews of the app, especially the Android version, which is brand-new, and the iTunes version for iPad and iPhone. So, if you appreciate these free gifts and you use them, please write a review.

Also, with anything, if you have a request for something that you’d like us to change in the app, or something you’d like me to do as a subject, a topic for the radio show, write to Admin@JenniferHadley.com. Let me know what it is. Let us know, and we’ll do our best to help you.

Same with the transcripts. If you have a particular episode you would like us to transcribe right away, then please just let us know and we’ll put it to the top of the list. Admin@JenniferHadley.com. **Yes!** Alright.

Because you know, those transcripts are really helpful. We have people in over 100 countries listening. That’s kind of amazing, and so they really are helped by --

Ooh! And I have something new free offering coming. Whoo-hoo! New free offering! [Inspirational text messages](#). I’m going to give you a few choices. I just love these things! Technology is my friend! I used to do this, then I couldn’t afford it anymore, but I’m trusting that [donations](#) will cover our costs us sending these inspirational text messages. So, by next week, I’m told, you’ll be able to sign up for those. You can sign up for a daily *A Course in Miracles* text message. You can sign up for a daily inspirational quote, message from me.

Also, if you’re in class, because I know a people who are in [Masterful Living](#), and [Finding Freedom](#), and we’re going to have [Living A Course in Miracles](#) again in May -- yippity-doo-dah! We’re planning that now -- we’re making class reminder, text messages available. How cool is that? We can do radio

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show text reminders, so when the broadcast is posted for download, we can text you and let you know.

Then also occasionally, we have special offers or a registration closing, and if you'd like, you can get those messages as well. We're going to give you a bunch of different options, and I'm open to your suggestions about that, as well.

The Establishment of Peace

Alright! Announcements done! [laughs]

Ah! The Peace of God! The Peace of God is ours today. Yes, it is, because we choose to go the holy way. Mm-hmm!

It says in Chapter 3, Section II, which is called *Miracles As True Perception*, rather than our false perceptions, our opinions, our judgments., it says in Paragraph 5 here, Chapter 3, Section II, Paragraph 5,

“Nothing can prevail against a Son of God who commends his spirit into the Hands of his Father. By doing this the mind awakens from its sleep and remembers its Creator. All sense of separation disappears. The Son of God is part of the Holy Trinity, but the Trinity Itself is One.”

So, the Son of God, God, the Holy Spirit – Trinity.

“There is no confusion within Its Levels, because They are of one Mind and one Will.”

That, to me, is one of my favorite affirmations, “My will is the Will of God. I commend my Spirit into the hands of my Mother-Father God, of the Holy Spirit.”

Not that the Holy Spirit has hands or that the Mother-Father God has hands, but Jesus says, “Hands” metaphorically, with a capital “H”, by the way. It says,

“This single purpose --”

-- to be of One Will, to commend our Spirit into the Hands of Mother-Father God, this single purpose,

*The Peace of God is
ours today.
Yes, it is,
because we choose
to go the
holy way.*

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“... creates perfect integration and establishes the peace of God.”

Alright! There you go! How to! I love it when Jesus tells us how to! Yes!

So, we’re giving up conflict. All conflict is in the mind. Our willingness is all that’s required to give up all conflict. Did you know that? When I realized that I thought, “Oh, yay!” I used to live in **tremendous** conflict. I lived **for** the conflict. It made my ego feels so alive, so powerful! “I can agitate people! I can irritate people! I can frustrate them!”

But then I realized, “Oh! Only if they **agree**. Only if they agree. Hmm! I guess I’m not so powerful. They have to agree,” which means I don’t have the power at all. I have the power to **stop** doing it, and that became my decision.

I fall down at it every day and I get up every day. Practicing, practicing, practicing.
Remember,

“Who sees anger as justified in any way or any circumstance proclaims that peace is meaningless, and must believe that it cannot exist.” [M-20.3.]

*All conflict is in
the mind.
Our willingness is all
that’s required to
give up all conflict.*

The Return of Peace

Now in Paragraph 4 of, *What is the Peace of God?*, Chapter 20 in the *Manual for Teachers*, it says,

“How is the peace of God retained, once it is found?”

So, how do we hold on to it? It says,

“Returning anger, in whatever form, will drop the heavy curtain once again, and the belief that peace cannot exist will certainly return.”

So, when we allow ourselves to slip into anger. And remember, anger can show up in all kinds of ways. Right? Passive-aggressive behavior **is** anger. Passive-aggressive behavior **is** anger, it’s attack.

Yeah. We could do a whole show on that. Maybe I will. Hmm? Let’s see.

“How is the peace of God retained, once it is found? Returning anger, in whatever form, will drop the heavy curtain once again, and the belief that peace cannot exist will certainly return.”

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That's what the anger is **for**. I find it so helpful to ask all the time, "What is it **for**?" "What is this anger **for**? It's the reminder that I'm still believing something that's false. Boy! I'm really attached to that belief; hence, I am angry, feeling angry."

"War is again accepted as the one reality."

When we're angry.

"Now must you once again lay down your sword, although you do not recognize that you have picked it up again."

Right? When we're angry, we can lay down the sword, but a lot of times we don't even realize we picked it up again. So, here's one of the prayers that I have prayed for years -- "Let me realize when I pick it up again. Let me always recognize, 'Oh! I could have the Peace of God instead of this.'"

It says,

"But you will learn, as you remember even faintly now what happiness was yours without it, that you must have taken it again as your defense."

"You will learn, as you remember even faintly now what happiness was yours --"

So, another way to say this, "You will learn, as you remember even faintly, that anger cannot coexist with Peace, and that we're in a false belief. You will remember that, and you will remember, even faintly now, that **that** happiness was yours, that true happiness was yours, the Joy was yours.

Without the anger, without the judgments, without the opinions, without the attack thoughts, without the lack thoughts, happiness was yours, and you must have taken it again as your defense, taken the anger, the resentment, the regret, the hurt, whatever it is that's causing the upset, as your defense against the Truth. When we hold on to our opinions and judgments, we're defending ourselves against the truth. Hmm!

"Stop for a moment now and think of this: Is conflict what you want, or is God's peace the better choice? Which gives you more? A tranquil mind is not a little gift. Would you not rather live than choose to die?"

*You will learn,
as you remember
even faintly,
that anger cannot
coexist with Peace.*

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So, let us choose to **live**, especially in this time of Easter, resurrection, awakening, renewal, resurrection in our mind, in our heart. Let us choose this.

When there is a sense of conflict, stop and say, “I AM the resurrection and the life. I AM the resurrection and the life of **my** life. I AM the resurrection and the life of my heart. I AM the resurrection and the life of my emotional body. I AM the resurrection and the life of my physical body. I AM **is** the resurrection and the life of my life. I AM **is** the resurrection and the life of my mind.”

These are affirmations that I find very helpful. Yes, indeed!

The Peace of God in Our Hearts

In Chapter 5, Section IV on, *Teaching and Healing*, it says -- this is Paragraph 8,

“How can you, who are so holy, suffer? All your past except its beauty is gone, and nothing is left but a blessing.”

You see but we can't see that if we're not **willing**. If we're not willing, the ugliness of the past, which can only **seem** to appear real when we're in judgment, all of that can disappear and we will see only the Beauty, only the blessing, if we're **willing**.

I know when I was initially doing the practices, receiving the practices that I now share in my [*Finding Freedom Course*](#), in my [*Masterful Living Course*](#), when I was first receiving those from Spirit, I really began to see, **so** clearly, that I was living through the lens of the past, and I started to pray, many times a day, to forget the past and to remember **only** the Beauty.

I said to the Holy Spirit, to the Higher Holy Spirit Self, the mighty I AM Presence, “Take from me all false beliefs. Anything that is not true, all memories of pain, destruction, suffering, let them **all** dissolve and resolve permanently. I do not need them anymore. And, if there's any memory from the past that I can use to be of service, let me keep those and **only** those. Take everything else from my awareness. I don't need it anymore. I'm not interested in revisiting it anymore. I'm only interested in this Beauty.”

“How can you who are so holy suffer? All your past except its beauty is gone and nothing is left but a blessing.”

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Remember, **all** things work together for good. There are **no** exceptions. Let us **receive** the blessing. Let us **see** the Beauty in the past. Let us **receive** the blessings. Let us have the Beauty in our mind.

Jesus says to us,

“I have saved all your kindnesses and every loving thought you ever had. I have purified them of the errors that hid their light, and kept them for you in their own perfect radiance.”

Wow!

“They are beyond destruction and beyond guilt. They came from the Holy Spirit within you, and we know what God creates is eternal. You can indeed depart in peace because I have loved you as I loved myself. You go with my blessing and for my blessing. Hold it and share it, that it may always be ours. I place the peace of God in your heart and in your hands, to hold and share. The heart is pure to hold it, and the hands are strong to give it. We cannot lose. My judgment is as strong as the wisdom of God, in Whose Heart and Hands we have our being. His quiet children are His Blessed Sons. The Thoughts of God are with you.”

Mmm! So beautiful! So beautiful! Mm-hmm.

Ah! So, we lay down our sword.

The Gift of a Tranquil Mind

It says here, back to *What is the Peace of God?* in the *Manual for Teachers*,

“Stop for a moment now and think of this: Is conflict what you want, or is God's peace the better choice? Which gives you more? A tranquil mind is not a little gift. Would you not rather live than choose to die?”

Living is joy, but death can only weep. You see in death escape from what you made.”

And isn't that the truth! That we see in death, escape from the life we've made, the decisions we've made, the illusions we've made, the delusions we've made. We see death as our **only** escape.

*“Is conflict what you want, or is God's peace the better choice? Which gives you more?
A tranquil mind is not a little gift.”*

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But, no! Jesus told us, when He was in His human experience and the resurrection, transformation, transcendence, ascendance, He said, “I have come that you may have life more abundantly. I have come that you may have life and have it more abundantly, **not** death.”

“Living is joy, but death can only weep. You see in death an escape from what you made. But this you do not see; that you made death, and it is but illusion of an end. Death cannot be escape, because it is not life in which the problem lies. Life has no opposite, for it is God. Life and death seem to be opposites because you have decided death ends life. Forgive the world, and you will understand that everything that God created cannot have an end, and nothing He did not create is real. In this one sentence is our course explained. In this one sentence is our practicing given its one direction. And in this one sentence is the Holy Spirit’s whole curriculum specified exactly as it is.”

*“Forgive the world,
and you will
understand that
everything that God
created cannot have
an end,
and nothing He did
not create is real.”*

“Forgive the world, and you will understand that everything that God created cannot have an end, and nothing He did not create is real.”

That’s the sentence. So, we forgive the world, we forgive our debts, our debtors, our trespasses and our trespassers, and we set ourselves free to enjoy the Peace of God. Yes! Yes, yes, yes!

So as I move us into a closing prayer here, again, [Finding Freedom](#) registration closes April 5th. That’s the day of our first class.

If you support this radio show and would like to support it financially, you can make a donation at [LivingACourseinMiracles.com](#) or [JenniferHadley.com](#) to the [Power of Love Ministry](#) and I thank you for it. Your contributions make **so** much possible. God bless you!

Closing Prayer

Let’s bless ourselves with a prayer.

We take this breath of Love and gratitude. We open our hearts, we open our minds, to the power and presence of Love living through us and **as** us.

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So grateful to relinquish all false beliefs, all anger, resentment, regret, guilt, blame, shame, hurt, jealousy, depression, sadness, all forms of fear. We're giving them all to the Holy Spirit to do the heavy lifting.

We are willing to set ourselves free by remembering the truth and letting it be. We are grateful and thankful to consciously attune to the vibration of Peace. So grateful, so grateful to allow the past to become a beautiful, shining memory of perfection and Love. We are willing, we are so, so willing.

In gratitude, we share the benefits with everyone, because we're One with them. In gratitude, we allow it to be. We know it's done. And so, it is. Amen. Amen. Amen.

God bless you! I Love you! Have a great, great rest of your week! Mwah!