

October 25, 2016



Healing the Past in the Present

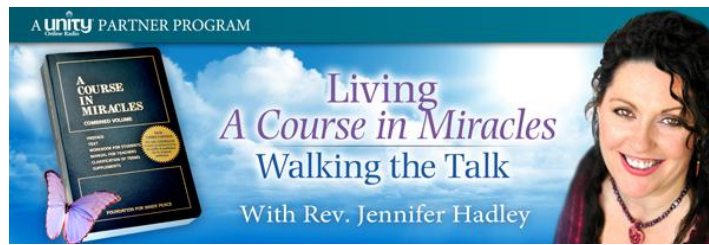


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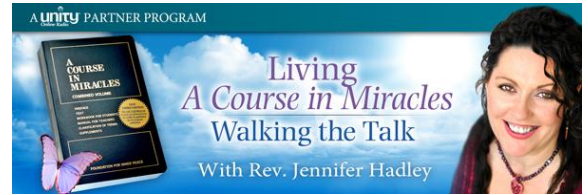
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October 25, 2016

Healing the Past in the Present

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Opening Prayer

Jennifer Hey there. I'm so happy to join with you today. Truly is a delight. I love that we're transcending time and space this way. I speak to many people who listen to this radio show and I feel such a connection. When I am sharing in the actual broadcast, I feel such a connection. I know you do, too, and that's a wonderful thing. It truly is. It's a healing thing and I'm glad we're doing our healing work together. So thanks for joining with me today. Whatever today is for you.

So let's begin as we always do with a prayer and a blessing.

We open our heart, we open our mind. I place my hand on my heart to remind myself that I'm wholeheartedly available for healing, for Partnering UP with the Higher Holy Spirit Self and remembering and recognizing that my true nature, our true nature, our true identity is already perfect, whole and complete. We're already as holy as holy can be, and this is our spiritual destiny to remember.

We are grateful to allow ourselves to have a healing by means of this Divine dialogue with Spirit. Here and now, we are dedicating ourselves to having a healing. We're making an offering of the blocks to Love and we're opening

ourselves to pure inspiration, the Clarity of Love flowing through our heart and in our mind.

Truly grateful to let go of the past. Yes. We're healing the past in the present moment. We are grateful and thankful to share the benefits of our choice for healing with everyone because we're One with them. So deeply grateful and thankful to let the healing be. We let it be, and so it is. Amen. Amen. Amen.

Life is but a Dream

Well, we are in the midst of the *Living A Course in Miracles* classes. If you haven't heard. We've got these free classes going on right now. I did a wonderful class with Jimmy Twyman yesterday on "The Power of Prayer." I've got my Homework Class today. All these classes are free for you, so I do hope you'll take advantage of them and share them.

We are transcribing them, so you can get the free downloads and the transcripts at LivingACourseinMiracles.com. Yes. We have another series that we did a few months ago, and that series is also free, all the downloads, all the transcripts, and so please go and enjoy these.

I'm also going to make a plug for the *A Course in Miracles* app. The *A Course in Miracles* app, which is for all Apple devices, well, the phones and the iPads. We are costing out, embarking on the making it for Androids. Apps are costly adventures, so your donations make these projects possible. Thank you for very much. So just updating you with those goings on.

Our topic today, "Healing the Past in the Present."

"Healing the Past in the Present."

It's such a big thing for me because I know I used to spend a lot of time ruminating about the past and resenting the past and reacting to the past long after it was over. Long after it was over. Oh, my gosh! I still have some things I'm working through. I definitely do but not a lot anymore. What that does is it gives me all my energy back to make loving choices in the present moment. I'm glad that Spirit guided me to talk about this with you. It's interesting we're going to talk about Chapter 28, which is entitled, "The Undoing of Fear."

By the way, I just did two classes on *Living Without Fear* in the *Living A Course in Miracles* series, so you can grab those.

So Chapter 28 in the text is, “The Undoing of Fear.” We’re going to look at Section I, “The Present Memory.” But Spirit guided me just to go back a little bit to the end of Chapter 27 and remind us what’s really going on here, when we’re reviewing the past, okay?

A Course in Miracles tells us that our experience that we’re having in this world, even though it seems so real, so visceral, right? We feel so much physically, emotionally, so much intensity mentally. What we’re doing actually is we’re reviewing things in a dream-like state. It’s an illusion projected by our mind and we’re reviewing it. We’re reviewing it.

Now this is something that we sometimes can’t even wrap our mind around. That is an illusion. However, our willingness to know that it’s an illusion is our healing. We can have a much greater healing if we’re willing to recognize this is in fact an illusion, it is in fact a dream.

It says right at the end of Chapter 27 in Paragraph 10, *“The secret of salvation is but this: that you are doing this unto yourself. No matter what the form of the attack, this still is true.”*

“No matter what the form of the attack, this still is true.” We are doing it to ourselves.

“Whoever takes the role of enemy and of attacker, still is this the truth.”

So if we are just to make a graphic point, we are being attacked, physically attacked and harmed, by what seems like someone else, what he’s saying is we’re doing it to ourselves. The attack is in a dream. We are the dreamer of the dream.

It says very clearly, *“Whatever seems to be the cause of any pain and suffering you feel, this is still true.”*

We’re doing it to ourselves.

“For you would not react at all to figures in a dream you knew that you were dreaming.”

Once you wake up from the dream, are you angry at the figures in the dream for the things they did to you?

Let’s say you have a dream where you’re being molested, or you have a dream where you’re being attacked, a dream where you’re being betrayed, a dream where you’re being disrespected, a dream where you’re being

ignored, a dream where you're not being appreciated, a dream where something you feel is horrible or despicable is happening.

When you wake up from the dream, will you be mad at the figures in the dream who seemed to do those things to you in the dream? No, you won't be mad at them. Why? Because they don't really exist. It's not really happening. This is the fundamentals of *A Course in Miracles*. For most of us, it's really something we can only intellectually entertain. It's really pretty challenging to wrap our mind around it.

For me, when I came up to this realization, I just said, "Well, I don't know how to comprehend it. So I'm not going to try. This has been my strategy with the Holy Spirit is to get out of trying to understand things, and to simply allow myself to be led and guided to knowing, to the remembering, to the awakening awareness. Yes. I invite you to do that to actively say to the Holy Spirit, to the IAM presence, to the Higher Mind that you truly are, "I'd like to understand that this is an illusion. I'd like to understand it."

You see, that is the first step in healing our mind about the past in the present moment. It's that willingness to understand that nothing real can be threatened and nothing unreal exists. It's that willingness to have the Holy Spirit show us and to ask to be shown, because what it says in the *Course* again and again is the reason why we love it, the memories even of the things that were so hurtful and so painful, and we don't put them down is we love them because we made them. As long we keep them alive in our mind, we're keeping that which we made alive.

We love it because we made it. We cherish it because we invented it. We created it. But it's nothing and it's hurting us, so let's put it down, let's let it go. This is a supreme act of Self-Love. I've been thinking about Self-Love so much because I'm getting ready for this Self-Love retreat in Thailand in a few weeks. You can still join us. I checked recently the airfares are unbelievable. We got a beautiful resort in Thailand. The beach resort, we're going to have such a good time healing our mind, loving ourselves free. Indeed, indeed.

It says here, "*For you would not react at all to figures in a dream you knew that you were dreaming. Let them be as hateful and as vicious as they may, they could have no effect on you unless you failed to recognize it is your dream.*"

Wow. Wow! So can we move into that higher space of willingness to say, “Okay, it is a dream. Row, row, row your boat gently down the stream merrily, merrily, merrily. Life is but a dream”? Life is but a dream.

Ask the Holy Spirit to help you comprehend it, to help you recognize it, to help you remember it, to help you bear witness to it. Since without that help of the Higher Self from the ego’s perspective, we can’t comprehend it. It’s incomprehensible from the ego’s perspective. So I say, “Why try and comprehend from the ego when it’s not possible. That’s not helpful to me.” So instead calling upon the Holy Spirit to help me.

Waking Up in the Dream

But consider this, if you were willing to really accept that all these experiences are in a dream and we can wake up from a dream and realize that everything we think that’s been done to us has not been done to us. But everything that we think we’ve done or has been done to us has in some way taught us something. We’ve discovered something.

We’ve learned something. Our mind has more insight, more Clarity. We’re more clear about the value of Love and the power of Love through choosing unloving choices. We learned through contrast, so we picked this world of contrast to learn in, so an error is not a mistake. It’s a wonderful Divine opportunity. The error that we make is when we think that it’s real, that it’s eternal, it has a lasting effect. But it doesn’t.

It’s very much like if you were to play some kind of a video game in which you hurt other people and you were wounded and hurt. During the game, you’re feeling upset, you’re feeling afraid, you’re feeling thoughts of revenge and jealousy and anger as many people do playing video games. But then when the game is over, it’s forgotten because it has no lasting impact. It’s an alternate reality that’s fake. It’s a virtual reality. We’re living in a virtual reality.

What would your day be like and what would you do differently if you knew you were living in a virtual reality?

“What could you not accept if you but knew that everything that happens, all events past and present and to come are gently planned by One Whose only purpose is your good,” and it’s a virtual reality?

How would you plan your day? What would you invest your attention in? What would you change? Would you still think about the past if you knew they were figures in a dream in an alternate reality? Would you still be obsessed about the past if you knew that all of these are figures in a dream? It's an alternate reality. It's a diversion. It's a journey. It's a side road. But it's not our main journey.

Undoing the Past with Forgiveness

Think of the story of the Prodigal Son. The father welcomes the son back. There's nothing in the story about saying, "So, hey, you squandered your inheritance, so now we're in trouble financially. And we need..." There's no conversation like that in that parable. Simply the father welcomes the son home. "Glad you're here. We're throwing a party. We're celebrating. It's all good."

There's no focus on the son telling about his journey or reliving his journey. There's no part of the story where the son is tortured with guilt with what he did. Once he comes home, all is well with the son, all is well with his parents. Same is true for us. What requires for us to live in Peace is forgiveness. Forgiveness is the tool that allows us to have a healing in the present moment about the past.

Now in Chapter 28. It starts off by saying, *"The miracle does nothing. All it does is to undo. And thus it cancels out the interference to what has been done. It does not add, but merely takes away. And what it takes away is long since gone, but being kept in memory appears to have immediate effects. The world was over long ago. The thoughts that made it are no longer in the mind that thought of them and loved them for a little while. The miracle but shows the past is gone, and what has truly gone has no effects. Remembering a cause can but produce illusions of its presence, not effects."*

So the miracle does nothing. All it does is to undo. The miracle, which is that realization that we're not separate. The miracle undoes are the effects of our belief in our separation. That's what the miracle does. *"It cancels out the interference to what has been done. It does not add, but merely takes away."* The miracle dissolves and resolves our attachments to the past.

Think about when you feel like you need a miracle, okay? You feel like you need a miracle, a miracle healing. You're going over and over the past hurts in your mind, obsessively thinking about them. Something I used to

do over and over and over again thinking about the hurts of the past, reliving the hurts of the past. It's so painful. It's re-experiencing the same hurts again and again and again making them more real and more real and more real. It requires so much of our attention and energy.

Let's say you're in that position and you realize it that you're torturing yourself. You can in that moment say to the Holy Spirit, "I'm done with this. There's a better use of my life energy. I do not have to hold vigil for the past. No one has to hold vigil for the past because it just simply does not exist. And what happened, we can learn from it, we can bring benefit from it, we can heal from it but only when we forgive.

What is forgiveness? It's releasing the meaning we've made of it. It's releasing our interpretation. How do we do that? We don't know, but we say to the Holy Spirit, "I don't know how to have a healing, but I know that the Holy Spirit does, and so I give all the heavy lifting to you." I'm willing to stop valuing these memories. So the memories are the block to Love.

"The world was over long ago. The thoughts that made it are no longer in the mind that thought of them and loved them for a little while. The miracle but shows the past is gone, and what has truly gone has no effects."

Keeping the Past Alive

When we're suffering over the past, it's the effect of keeping those memories alive. But why keep them alive? I know I used to keep them alive thinking, "If I don't keep these alive, then I could be blindsided by the same kind of thing happening to me again." But think about this. The things that happen to us in the past, the painful past, the challenging past, the difficult past, we're part of the all things or lessons God would have me learn. They were comic opportunities—well, comic, yes. Maybe. Karmic opportunities about the past.

Now, if what we do with our painful experiences of the past—I need to take a sip of my spiritual espresso here.

If what we do about the past is we hold it in a space that it keeps happening again and again and again in our mind, we are the ones who are torturing ourselves.

That's why *A Course in Miracles* tells us, *"The secret of salvation is but this: that you are doing this unto yourself. No matter what the form of the attack, this*

still is true. Whoever takes the role of enemy and of attacker, still is this the truth. Whatever seems to be the cause of any pain and suffering you feel, this is still true. For you would not react at all to figures in a dream you knew that you were dreaming. Let them be as hateful and as vicious as they may, they could have no effect on you unless you failed to recognize it is your dream.”

So when we're torturing ourselves with the memories of the past thinking that somehow we're protecting ourselves, it would be like stabbing ourselves and saying, "I am protecting myself by being wounded from somebody else by stabbing myself. No one is going to start stabbing me if I'm already stabbing myself. Let me keep stabbing myself so I remember what these wounds feel like so I'll avoid having them in the future. It's kind of like that, right?

It's that expression that resentment is like drinking poison thinking that somebody else will be harmed. Why would we want to harm anyone anyway? Sometimes we keep the past alive in our mind because we have guilt and regret and resentment and shame about the, "shoulda, woulda, couldas." "I should have said something. I should have done something. I should never let them do that. I should never have agreed to that. I should never have gone there."

We keep having the feeling about guilt and the guilt for having turned our back on God, having attacked God, and now we fear God and we feel ashamed and guilty whether we know it or not. And that's ours to heal by being in this partnership with the Higher Holy Spirit Self. So we're grateful that we can turn it all around by being in this active partnership with the Higher Holy Spirit Self.

More to come. More to come. Healing the past in the present moment is our topic today. I'm Jennifer Hadley and you are listening to *A Course in Miracles* on Unity online radio where we're living the Love, where we're walking the talk. We will be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Attachment to the Past

Jennifer

Welcome back. I'm Jennifer Hadley. We're talking about healing the past in the present moment. So one thing that is helpful to me in terms of Self-Love, we were talking about that earlier, and understanding that being willing to work with the Holy Spirit on this, to let go of making this world real is such an act of great Self-Love. All Love is Self-Love because there's only One.

It's Love of God. It's Love of our family. It's Love of our friends. If we can give up our strong attachment to the world that we made, we can be free, others can be free and the pain and suffering of the whole world can be over. This is our Divine impetus. This is our work to do.

One thing that has helped me in terms of understanding this, because I used to keep the past alive in my mind and go over the meaning I've made of it again and again and again and torture myself with it. Because that was something that I actively did.

I learned that, "Oh, okay." Especially once I had a niece and three nephews. Once those little kiddos, who aren't so little kiddos anymore, but they're so precious to me and I would not ever want to harm them or torture them or tease them or taunt them or hurt them or berate them in anyway. I realized that, "Oh, I would never treat them the way I treat myself. I would never speak to them the way I speak to myself because I love and adore them, I will always speak kindly to them and be generous with them."

Well, maybe I could do that with myself. So I started to listen to my own dialogue and looked at my own habits about resurrecting the past and think, "Would I do that to someone I love?" Imagine or think of a child that you really love and adore. It could be a grown-up now, and you can think of when they were so young and innocent and so precious to you. You just adored and loved them. So, so precious, so valuable.

Would you have woken them up every day and said, "Let's review the past. Let's review your past mistakes and hurts and the things that were done to you. Let's spend the day doing that." If you made them do that day after day, "Oh, come on." They're like, "No, I don't want to. Please? Please, don't make me." "No, we have to. We have to."

If you insisted on it day after day. They would submit. If they're children, probably a lot of children would submit eventually. They would realize, "Oh, this is what life is." They would become inured to it. They would become so used to it. They would just do it. What would be the effect of that be? It'd greatly diminish their life force energy, wouldn't it? It would greatly diminish their capacity to be creative and loving and harmonious and happy and joyful and free because you'd be asking them to review the painful past and keep their attention on that.

They would harbor resentment for being made to do that. Harbor resentment about the events of the past and they would continue to make up stories and be more attached to the stories of the past and more pain, and more pain, and more pain. And there's no time for playing and being creative and having fun when we're reviewing the painful past again and again.

It's no way to live. You wouldn't make someone you Love live that way. You wouldn't, so why do it to yourself? Why? It's because we get so attached to the things that we made because we made them.

Living Inspired and Not from Memory

Now in this section from Chapter 28, Number 1 Section, "The Present Memory," Paragraph 2, it says, "*All the effects of guilt are here no more. For guilt is over. In its passing went its consequences, left without a cause. Why would you cling to it in memory if you did not desire its effects?*"

This is the thing is, "guilt is of the past and the past is no more."

"Why would you cling to it in memory if you did not desire its effects?"

Somehow you desired the effects, the diminishment and it's what I call playing small. We play small. We live a limited life. We don't share fully. We don't love fully because so much energy is invested in holding on to these memories from the past and making them real, keeping them real.

But it's optional. We don't have to do it. Totally optional.

It says, "*Remembering is as selective as perception, being its past tense. It is perception of the past as if it were occurring now, and still were there to see. Memory, like perception, is a skill made up by you to take the place of what God gave in your creation.*"

So when we're living our best life, then we're not living from memory. We're living in the present moment, awake and alive to inspiration. We don't have to figure out how to get from living in memory to living in inspiration, in Spirit. Inspired, in Spirit. We don't have to figure out how to make that journey. We just have to be willing and give the Holy Spirit the heavy lifting.

It says, *"Memory, like perception, is a skill made up by you to take the place of what God gave in your creation."*

God gave us the ability to have Divine insight, intuition, knowing, inspiration and to live from that space. This is God's gift to us.

It says, *"And like all the things you made, it can be used to serve another purpose, and to be the means for something else. It can be used to heal and not to hurt, if you so wish it be."*

Now this was one of the prayers that I made when I really decided to forgive everything. I said, *"Holy Spirit, I am forgiving everything in all directions of time and space. Please make it so. And remove from my awareness any and all painful memories of the past. I don't need them anymore. If there's a painful memory or experience that I've had that has been turned to gold, I have learned from it, I have benefited from it and I can share about it with someone else. Then I'll keep that memory, all other memories dissolved and resolved back to the root cause from which they originated. I don't need those memories anymore."*

That was a major healing for me. I kept praying that, day after day after day, to let go of the meaning I made of the past. It was remarkable at how much things faded when I was willing to let them go. It was really about me. It was definitely about me. I realized I am doing this to myself. Yes, there is no outside attacker. It just looks that way. It's an inside job.

Relinquishing the Attachments to Memory

"The Holy Spirit can indeed make use of memory, for God Himself is there. Yet this is not a memory of past events, but only of a present state. You are so long accustomed to believe that memory holds only what is past, that it is hard for you to realize it is a skill that can remember now."

Now is the only moment that there is. Now is the present moment and so the remembering is happening now.

It says, "The limitations on remembering the world imposes on it are as vast as those you let the world impose on you. There is no link of memory to the past. If you would have it there, then there it is. But only your desire made the link, and only you have held it to a part of time where guilt appears to linger still."

We can perceive the Truth and the Wholeness and the Freedom right here at this moment. To do so, we must relinquish our attachment to the past. Those things that seemed to real and that we have kept real in our mind. The figures in the dream, we can make an offering of them to the Holy Spirit. "Use my mind. Use my life, my thoughts and my words for the greatest good. Let my life represent a healing presence in this world.

"The Holy Spirit's use of memory is quite apart from time. He does not seek to use it as a means to keep the past, but rather as a way to let it go. Memory holds the message it receives, and does what it is given it to do. It does not write the message, nor appoint what it is for. Like to the body, it is purposeless within itself. And if it seems to serve to cherish ancient hate, and gives you pictures of injustices and hurts that you were saving, this is what you asked its message be and that it is committed to its vaults, the history of all the body's past is hidden there. All of the strange associations made to keep the past alive, the present dead, are stored within it, waiting your command that they be brought to you, and lived again. And thus do their effects appear to be increased by time, which took away their cause."

So you see here, we have the freedom to choose. We are the only ones who can choose.

Then a little bit later it says, "Time neither takes away nor can restore. And yet you make strange use of it, as if the past had caused the present, which is but a consequence in which no change can be made possible because its cause has gone."

So that's it. You'll often hear me talking about healing things back to the root cause so we never experience them again. This is one of the main themes of *A Course in Miracles*. If you're willing in the present moment now to let go of the attachments to the past, then the

causation for what we're experiencing now is dissolved. Therefore, what we're experiencing now must shift, you see?

Putting Holy Spirit In-charge

Thought produces form, right? In a very real sense, you get what you think about. What you think about, you bring about. Whether we know it or not, what we're experiencing is an out-picturing of our belief systems. And what is it for? It's for us to recognize our belief systems and choose again, which is the healing of the past that takes place in the present moment. So we can absolutely put the Holy Spirit in charge of this.

We're so much better off if we do. We don't have to do it ourselves. There's no extra points for doing it ourselves. In fact, there's only speed healing that can happen when we give the heavy lifting to the Holy Spirit, the heavy lifting of releasing the attachments to our judgments and opinions, the heavy lifting of figuring out how to have a healing in this very moment. These are the things we can give the heavy lifting of to the Holy Spirit now and forever.

As long as we're clinging to the meaning we made of things, we're not actually learning from our experiences which aren't designed to help us heal our mind. If we're not learning, we're going to repeat the same errors again and again and again, and that is so painful. So painful. Let's have a healing on those.

We take that healing moment right here and right now, calling upon the Holy Spirit to walk with us and talk with us, and to show us where we have an attachment, where there is a sense of pain and suffering, worry and fear, doubt, regret, resentment, jealousy, blame, hurt. It's all the past comes back around for us to say, "Ah, figures in the dream, I don't need to make them real. I'm willing to let them go and share the benefits with everyone because I'm One with them. I'm willing to lay these torturous thoughts on the ground and give them to the Holy Spirit for healing."

This is how finally we can have the healing in our mind and harvest the learning and move on. It's amazing how miraculous the healing can be when we're willing.

Remember it says, *“The miracle does nothing. All it does is to undo.”* So for suffering from the past, let’s have a miracle to undo.

In Paragraph 9 of this section, *“The Present Memory,”* it says, *“What you remember never was. It came from causelessness which you confused with cause.”*

First cause is Spirit. It’s Love. It’s Peace. It’s Harmony. Causelessness are our opinions, our judgments. They do seem to cause our misery and our circumstances. Let’s return to first cause. Let first cause be the ruler of our mind.

Paragraph 6 says, *“Yet time is but another phase of what does nothing. It works hand in hand with all the other attributes with which you seek to keep concealed the truth about yourself. Time neither takes away nor can restore. And yet you make strange use of it, as if the past had caused the present, which is but a consequence in which no change can be made possible because its cause has gone.”*

There’s no cause in the world, it’s in our mind. We can give all the causation and all the healing to the Holy Spirit who will remove all the consequences of our wrong decisions if we but let him. This is the promise. This is our Divine opportunity. Every memory that comes back to taunt us and to haunt us is that opportunity to have a healing. We’re getting triggered so that we’ll choose the healing and release the meaning that we’ve made of things in the past go.

How We Hold Things in Our Mind

If you start to look more deeply at everything that has caused you a problem, you can willingly see that it’s not the things that happened, it’s how you hold them in your mind that is causing that sense of separation that is the problem. It’s how we hold it our mind that causes the problem to be experienced. Because of that, we can have miraculous healing because all healing is at the level of the mind.

It’s definitely understandable how anyone could say, “Oh, I just don’t get it. How is it that if I relinquish these thoughts that my life is going to change, that these circumstances will change, that these situations will change?” You can’t change the past but you actually can change your mind about the past, because the past isn’t happening anymore. The

only thing that we have is our thoughts about the past. When we change our minds about the past, we do actually change the past. Yes. Yes, yes.

Oh, yes, and that's what prayers are for, is aligning with the Holy Spirit, changing our mind. Today at *Living A Course in Miracles*, I have a class on the, "Power of Prayer." It's my Homework Class after the class that James Twyman did yesterday. We're doing the Homework Class today and our topic is, "Power of Prayer." I invite you to check it out and to join me today in that class. If you haven't already registered for *Living A Course in Miracles* at LivingACourseinMiracles.com, please do so.

Also, as I said, we're working on the transcripts. I think next week I will have an announcement for you. I think we've—I'm not sure how many transcripts but quite a few we've already got done for this radio broadcast. We've also got a bunch of prayers transcribed and so more and more to come that is transcribed. We have several projects coming up to make use of those transcripts, and I'm excited about that.

I'm excited about producing more resources for people who would love to study these teachings together with other like-minded souls. It's quite a blessing to participate with all of you in this ministry. So let's close us out here with a prayer.

Closing Prayer

The power of prayer active in our heart, in our mind. We are literally clearing away all grievances. Literally clearing them away here and now and broadcasting the Peace, the Love, the Joy that we already are.

So grateful and so thankful to already know that our true identity is perfect Love, now and forevermore. We're letting go of everything we made in order to open ourselves to an awareness of everything that God has made.

In gratitude, we share the benefits with All. In gratitude, we let it be, and so it is. Amen. Amen. Amen.

God bless you. Have a great rest of your week. Mwah!

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in

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While there, we invite you to visit Jennifer's blog where you can join with the community of likeminded people who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.