

November 25, 2014



# Gary Renard and Family ACIM Practice

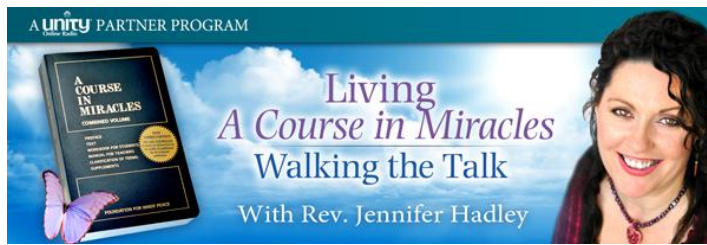


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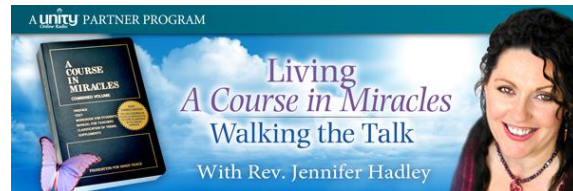
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**November 25, 2014**

# **Gary Renard and Family**

## **ACIM Practice**

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Good morning, everybody. So happy to be with you. I'm back on the East Coast preparing for Thanksgiving with my family. My birthday's the day after Thanksgiving. I'm renaming it Purple Friday because purple is my favorite color. Here in America it's called Black Friday because all the stores have their best sales day of the year and I've put some out of the red and into the black. For me, I'm calling it Purple Friday.

I'm going to pray us in and get us going here because we have packed show for you today. I have five guests so I'm raring to go. Let us begin with a prayer.

### *Opening Prayer*

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I invite you to place your hand on your heart as I always do. We are consciously deciding to be wholeheartedly available for the Love that we are. We're wholeheartedly choosing the atonement for ourselves. We're wholeheartedly choosing to Partner UP with the Higher Holy Spirit Self saying, "You decide for me." Yes. We call the name of God, Beloved I AM that I AM. As it says in *A Course in Miracles*, "*The angels instantly surround us*

*and enfold us, run interference with the ego's voice so that we can hear only that one voice. In every voice that we hear today, we hear the voice of God because that's the only voice we're choosing to listen to."*

We're grateful and thankful to share our expansion, our healing, our awakening with everyone because we're One with them. In grace and gratitude, we declare that we are interested in being truly helpful. A loving presence in this world. Our true identity is being revealed through every word, every thought, every choice, every action. In deep gratitude, we allow our healing to be our whole life. We let it be and so it is. Amen. Amen, Amen, Amen.

Cindy           Amen.

Jennifer        Yes, Amen.

### *Introductions*

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This morning I have a wonderful group of people. You've all heard all of them on the radio show before.

We have Gary Renard, my dear friend, author of *The Disappearance of the Universe* and other books that we love. We have his beautiful wife, Cindy Lora-Renard, her beautiful mother, Doris and Cindy's sister, Doris' daughter, Jackie and Jackie's husband, Mark.

It's Thanksgiving week, which is the biggest family holiday in the United States. Tomorrow, Wednesday, it's the biggest travel day of the year in the United States. I asked them if they would be on the show again because they were on the show in August of 2012. It was a great show and people just loved listening to a whole family who practices *A Course in Miracles*.

I'm going to start with Gary, who in this wonderful group of people did you meet first?

Gary           Well, actually, I was doing a book signing and this lovely woman came up to me and we had a nice little conversation and I kind of felt like I knew her and that turned out to be Cindy's mom, Doris, except that I called her Momsy. [chuckles] She's actually the first one and she was the first one in the family to read the *The Disappearance of the Universe*, first want to get into *A Course in Miracles* and she kind of like turned her daughters on to it and onto my books.

Then the next person in line was Cindy. It turned out that I've seen her once before but that's a story that I let people read in my third book. Cindy was the one that I [unintelligible] next to me. We got to know each other and we stayed into contact with each other and eventually I was lucky enough to marry into the family, so to speak, and get to know Jackie.

### *ACIM and Gary's Family*

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We were doing a cruise to Mexico that I was hosting for my readers and that's when Jackie met Mark. It was kind of like the love boat, you know. [laughter] We all started to get together and to know each other and it turned out to be a really great thing. I feel very lucky to be part of this family that is all practicing *A Course in Miracles* and it's a very interesting dynamic because it's the same within the family as it is in everyday life.

In everyday life with *A Course in Miracles* students, most of the time you don't have anything to forgive. Usually, everything's pretty smooth and so the *Course* says when that happens what you should do is celebrate. If there's nothing to forgive then just enjoy.

When those few times come up when there's a disagreement or if there is something to forgive then at least you know what it is for. You know that it's for forgiveness but I do want to point out one thing about forgiveness. We got a lot of *A Course in Miracles* students in this and which within a family dynamic you also have to make sure that you don't miss this and that is that forgiveness is not about spotting the ego in somebody else.

I know *A Course in Miracles* students who are experts at running out the ego in other people. That's not what *A Course in Miracles* is about. The *Course* is about spotting the ego in yourself and stopping, thinking with the ego and switching to thinking with the Holy Spirit. If you do that, you're doing the *Course* but most people overlook that part and they just become experts on the *Course* and experts on fixing other people and they don't realize that there isn't anybody else and that the *Course* is really about undoing your own ego. If you focus on that, you're going to save yourself a lot of time and you're also going to have better relationships with people.

Jennifer      So true. So true. So, did these people give you a lot of chance to practice that? [laughter]

Gary Not really. I can't say that I've had many forgiveness opportunities in this family. Once in a while, Cindy and I will have a disagreement. You know, maybe I'll want to go someplace and I want her to come and she may not want to come. So, we'll have like a disagreement about something. It could be other issues as well.

One thing that you'll notice, if you really practicing forgiveness, is that if you have a disagreement and you start to feel a little bit annoyed with the other person, it doesn't last. You know, like before I found the *Course*, I would get upset with somebody and it could last for 30 days. Now, it'll last for like maybe 30 seconds and that's really important because that's 30 days of your life that you spend being peaceful instead of being annoyed. It really is a better quality of life.

Jennifer For sure.

Gary You really do get better and better and faster and faster at practicing forgiveness as you practice and go along.

### *Doris and Getting into ACIM*

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Jennifer Let me ask, Doris. Doris, when did you start studying *A Course in Miracles* and when did you introduce your daughters to it or how did that unfold?

Doris I think it was about ten years ago, probably. When I found the *Course* and I began to study it and immediately mention that to Cindy and Jackie and they already knew about it. I picked up the book so it didn't take them long to get into it and start practicing it and found that it was their path as well. Then, I found Gary's book and when I showed them that, they were blown away by *Disappearance* and we were out of the gate and running.

Jennifer That's wonderful. *The Disappearance of The Universe* is a book that has inspired so many people. Gary mentioned in his most recent book, the third book, *Love Has Forgotten No One* and I also would like to make a mention here. In fact, I'll let you do it Cindy, you and Gary made a couple's meditation CD. I really recommend that people would you just say a little bit about that and how people can get that?

### *Meditations for Couples*

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Cindy Sure. Yeah. We recorded this meditation CD in 2012. We were sitting down, Gary and I, one evening having dinner and I think we were in

Mexico. We were talking about relationships and how often in our workshops there are questions about personal relationships and the family dynamics and their romantic relationships and all the issues that can come with that. I had an inspired idea, I said, "What can we do specifically for couples and romantic relationships that which we know we deal with various issues which we all have in our relationship in different forms. What can we do to be of service to couples in some way?" Then, I thought, "Why not find a way where couples can join together do something for the purpose of their spiritual growth, something they can do together and use their time as a couple to further themselves on the spiritual path" and then the idea came to do a meditation CD but address various themes and relationships things people often have issues with and take each segment which we have about eight different segments on this meditation CD that deal with things such as how to practice forgiveness as partners, how to practice co-creating a new relationship, meaning seeing each other as equals, how to deal with stress and anxiety. There's even a segment in conducting with each other and with God together as one. Those are just some examples of some of the meditations on there that are guided, meditations with background music, to help further integrate the message and the content. It's called *Meditations for Couples* but anybody could really take this CD and use it because they can use the content and apply it to any relationship really because the content is such that it's not specific necessarily to just romantic relationships but it is designed that way. They can get the CD at my website, [CindyLora.com](http://CindyLora.com), they can get it on Amazon, iTunes and CDbaby.com.

Jennifer Beautiful. Thank you so much. I really do recommend this CD. It's beautiful. As Cindy says, it has all these different components and it's really a great option for couples where maybe one is *A Course in Miracles* student and the other one isn't. That's nice to have that.

And then, we have Mark and Jackie. Have you used the CD? I'm sure you have.

Jackie A lot!

Jennifer Have you done these meditations?

Jackie They're wonderful meditations. I think just as Cindy said it's very helpful especially to I think giving the day over to the Holy Spirit. Sometimes Mark

and I will take the time to do that and kind of set the course for the day, so to speak. It's extremely helpful.

### *Jackie and Mark's Love Boat*

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Jennifer      Yeah. I've heard the story a number of times but the two of you met on the love boat, as Gary says, on one of the cruises. When was that that two of you met?

Jackie        It was in April 2010 and I actually met Mark, Jennifer, on my birthday, April 10<sup>th</sup> and I have often said that it was the best birthday present I've ever received.

Jennifer      Yeah.

And Mark, how long have you been studying the *Course* before you met Jackie?

Mark         I had been familiar with the *Course*--I don't know if I could really call it studying but I had been sort of working through a lot of Gary's podcasts and I've been really getting some great information from those and I felt like I knew Gary but I think everyone that listened to his podcast felt that way because he's just got that endearing nature and open about the way when he talks about in his material and everything. I sort of came in with the feeling of knowing at least him and I had heard about his relationship with Cindy and he was going to be there.

But, I was pleasantly surprised when the first person that I met when I came into the group there was Jackie and it was the typical love at first sight.

Jackie        Aw.

Mark         We had the understanding of the *Course* as you mentioned as well which your question was how did I come-- how much exposure to before I met her and my mother had been involved with the Unity Church system as had I when I was younger. She started to get into it about in the early 90's and exposed me to some of the ideas but I don't think it was until Gary's book and his material and his standing of it really came out and I read *The Disappearance of The Universe* that I think I really started to get what the *Course* was about. I think that's a fairly common story.

Jennifer Yeah, yeah. *The Disappearance of The Universe* is so helpful. I always recommend to *Course* students when they ask me how can they get a better understanding of the *Course*. I always recommend that they read *The Disappearance of The Universe* and that they read the *Manual for Teachers*. I encourage them to read both of those even before they start studying the *Course*. It's so helpful.

We've got a couple minutes here before we take our break. I'd like to ask Doris. How do you see-- You're the matriarch of this beautiful family and Gary's totally enfolded into the family. I know you're all very close and love each other very much. Doris, how do you witness your family practicing the teachings of *A Course in Miracles*, like how does the *Course* actually filter in to your family gatherings and the way you relate to each other?

Doris Right on, Jennifer. I was thinking this family is the same as other families. It's a group of special relationships and that's where our major forgiveness opportunities lie.

Jennifer Sure.

Doris My experience in this family as I think others will find their families is, that the *Course* helps me to begin to notice my judgment. My judgments are most clear around the people I know the best. After all, I've known them all their lives. I know what they're like. I know who tends to be self-centered, who tends to be narcissistic, who tends to be self-absorbed, who tends to be passive-aggressive and all those things are my stuff that I am projecting. Those are my forgiveness opportunities because I can both make those judgments and forgive at the same time.

Jennifer Right on. Yes, very well observed. We'll talk more about this when we come back from the break. As we're going to the break, I just like to let everyone know, I'm announcing it today, Gary Renard is joining us on the Baja, Mexico Winter Getaway Retreat along with Jon Mundy, Regina Dawn-Akers, David Hoffmeister, Maria Felipe and myself. You'll be seeing that on Gary's website very soon and you can see it right now at [ACIMretreat.com](http://ACIMretreat.com). We're planning a wonderful living *A Course in Miracles* weeklong retreat. I also have an additional four-day whale watch adventure, all in Baja, Mexico this winter. Come join us for a deep practice, lots of fun and restoring, healing, teachings and conversations with like-minded souls, living *A Course in Miracles*.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio where we're living the Love, we're walking the talk and we'll be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Jennifer Welcome back. I'm Jennifer Hadley. As I was sharing at the break, rather right before the break, I announced that Gary Renard, who's guest on this show today is going to be joining us on the Baja Winter Retreat. You can see all the details there at [ACIMretreat.com](http://ACIMretreat.com).

Today, we're preparing for the holidays. We've got a family holiday show here for you with a whole family who's practicing *A Course in Miracles*. We have Gary Renard, his beautiful wife, Cindy Lora-Renard, her mother, Doris, Doris' other daughter, Jackie, and Jackie's husband, Mark. All practicing *A Course in Miracles* and they're telling us about their experience of living that.

### *The 24<sup>th</sup> Hour*

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Jackie, you are joining the family in terms of really teaching and living this practice in a way that you're sharing it with others. You've just launched your website which is [twentyfourthhour.com](http://twentyfourthhour.com), it's all spelled out, [twentyfourthhour.com](http://twentyfourthhour.com). You have an interview with Gary right on the home page. Will you tell us a little bit about what you're doing?

Jackie Well, sure. Thank you so much for mentioning that, Jennifer.

Yes, our podcast is called the *The 24<sup>th</sup> Hour* and we really wanted to create a positive news magazine to uplift, inspire and awaken people to Spirit and having them know that they can choose their Higher Self in every situation. We'll be sharing interviews, insights and commentary and how to live peacefully no matter what appears to be happening around them. Our first interview, episode one was with Gary and that is on the website. We're just hoping that those that find the site will find it inspirational and it'll help awaken their mind to Spirit.

Jennifer I know that your husband, Mark, is really collaborating on this with you and you're working on it together and I guess the ego might erupt sometimes in your collaboration. [laughter] Right? I mean, that's what happens.

Jackie How did you guess?

It is. It's provided wonderful forgiveness opportunities as we are collaborating on this very closely, sometimes 24/7, Jennifer. Mark is a real tech wiz. He has put this thing, my vision, together and it has provided us with so much joy and also forgiveness lessons along the way. For example, I would say, "Oh, we should do this." And, "Oh, I think we should do this." We come to a compromise, you know. Did you want to say anything about it, honey?

Mark Oh, yes. It's funny because my background is mostly in audio as an audio engineer. That was what I was trained in but I've moved over to video and as you all probably know, there's a host of other elements that go into putting a video show together over just an audio showed both can be great and challenging in their own ways but as I've come to understand it, the craft of lighting is very elusive for me. That's one of the things that I'm routinely having to forget on every show because you know the sunlight will come in different ways and you have to use the natural lighting. There's people in the business that go through years and years of training and specialize in just writing application so I have to have patience with myself and Jackie helps me with that and as well the *Course* does just to realize that, again, like anything else, it's just another opportunity to be present in the moment, be there relax and go, "It's probably going to turn out better than you think it is."

Jackie Well said, honey.

Jennifer Wow. Yeah. That's great. Of course, Cindy and Gary are constantly collaborating. That's beautiful to see two couples—Of course, I know you've become very close friends and it's a testimony to how powerful it is when you're willing to really practice *A Course in Miracles* which as Doris was saying is really about releasing judgments. Yeah.

### *Cindy's Vision About Family*

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Cindy, you were saying that you had a vision that came through and I know we've talked about this a number of times in the last year or two. You've really been having a lot more expansive experiences the more you deepen your practice in *A Course in Miracles* so I love every time you share one of these with me. You said, you had one you could share with all of us.

Cindy Yes, I did and I had this last night, it's very brief but as I was preparing to do this show I was just thinking about gratitude, I was thinking about the idea of family and what that really means. Often times, when I have questions I will go into my mind, oh I see this, who is the Holy Spirit in my mind a question and I realize that when I sincerely do that and I authentically ask the question I always receive an answer. I never know what form it's going to come in but usually it's something that comes into my mind, like an idea or a vision.

Last night, I asked Jesus specifically and said, "You know, we're doing the show on family and I think most people have an idea of what family means to them. . ." I said, "...but from the Holy Spirit perspective, what is family?" And, I just kind of sat with that idea and what happened was about five or ten minutes later and this was right before I was going to sleep I had a very strong visual of children playing. There was that diverse group of children and they all appear different in form but they were all children, very childlike, very innocent and they were laughing and they were playing and I just saw that image for a moment and then it left but I see what I was left with with not only a vision but a very powerful intuition about the idea of how we-- The idea that we should all remember not to lose our sense of wonder, I think that we know everything and that we know what the answer to everything means, in other words ask the Holy Spirit.

I was guided to look up "family" in the *Course* and family is mentioned about really only three times in *A Course in Miracles* and one of the places it's mentioned—Actually, it's mentioned all three times in Chapter 1, which is the meaning of miracles and Section V, "Wholeness and Spirit," and this is where my vision comes into play and this is where I think I was guided to look at and when Jesus is the voice of the *Course* and he's saying here, he actually says, "*Except ye become as little children*" means that unless you fully recognize your complete dependence on God, you cannot know the real power of the Son in his true relationship with the Father. And this is

what I see in my own family, represented here as my particular family that I chose here. It's that innocence, it's starting become to me like every person in my family here, I feel like I could swap identities with any one of them. That's the Oneness that I feel with them and that nobody would know the difference. Or I wouldn't even know the difference.

What I'm starting to realize is that, as I practice the *Course*, I'm extending that to the whole Sonship where part of the practice is to look out and remember that were all part of the family of God and it's very easy to specialize in one particular family or think that one family's more special than another when it's really that idea that we all become like little children and we're all one child of God and part of one family that what I take that idea and re-apply that, it helps me in my relationships, not only with my family members but with anybody that I meet. As I perceive this in my family, I'm really perceiving this in myself so it helps any time people perceive that kind of unity and wonders in other people putting their own family members, they're doing a great service to themselves and others because they're demonstrating that only Love is real and that there's only One and everything is connected. It just makes things easier and you suffer less.

Jennifer So true. Thus, so beautifully said. I know we were talking about this the other night at dinner that if you're attacking someone else you really-- There's only one, so the only person you can attack or judge really, it looks like another person, but you're just attacking and judging yourself.

Cindy Yes, that's right. Now, I'll just share one more thing here is that what I'm learning here and part of my learning is when I make my dependence on someone in my family or anyone for that matter, when I'm depending on them to make me happy, that's when I get into trouble. That goes back the idea of being dependent only on God and His Kingdom, that's what you can count on.

Jennifer Yes.

Cindy We set ourselves up to fail when we always we put high expectations and we assign roles to people, in our family members, that they should be a certain way. That's what I think we get in trouble.

Jennifer Every time, every time.

### *It's the Ego That's Expecting*

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It's so challenging because the world is constantly yelling at us to have expectations that a wife does this, a husband does that, a mother does this, a brother does that. We're bombarded by these expectations all the time. We literally-- I hear it all the time that people will say, "Well, wait a minute, if your wife or your husband, they're not doing these things then why are you in that relationship?" That there are so many ego-rules, regulations, thoughts, attachment, opinions, judgments, expectations and everything operating in relationships. I know one of the big things that is a big a-ha for a lot of people in my classes is I say, "If you have an expectation or an attachment to being appreciated by anyone in your family, in the place where you work for doing anything, you're aligned with the ego, the Spirit needs no appreciation, none." Only the ego needs validation and appreciation.

Cindy            That's right.

Jennifer        I hear so many spouses and just parents about their children, children about their parents complaining that they're not being appreciated by their loved ones but that's an ego attachment, hard to believe but you only have that ego attachment of needing appreciation when you're giving to get. If you're giving to get, then you need appreciation. If you're in the flow of Love, the Love has its own reward.

Doris            Well, said, Jennifer.

Jennifer        It's just times in a lot of days.

### *Practicing ACIM in the Family*

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Doris            It ties in so much where you can notice when you want to be appreciated and don't feel appreciated, you have made a judgment of that person. They're not so and so. Then I always have to remember, "But, I can't have that thought and forgive at the same time. I have to choose." And at that choice, a thought by thought by thought. What is helpful in a family that's practicing is that I can see others doing this, I can see that regardless of my behavior and all errors and behavior, I am still feeling forgiveness because the others in the family are practicing this. It reminds me to look beyond behavior and categories that I have put people in because I can't both have those categories and judgments made on the path, on the basis of the past

and practice forgiveness. And, my function is to practice forgiveness. This is the only way I'll have any peace of mind.

Noticing my judgment, though they keep coming, they keep coming every day but just noticing them without judgment and letting them go, noticing them without berating myself and then letting them go. It certainly smoothed out family relationships.

Jennifer Beautiful.

Jackie That's an excellent point, Mom. That's an excellent point because I often notice sometimes if I'm talking to my mom or my sister, I'll hang up the phone and I'll think, "Wow, I just had an ego moment there. I was projecting something about something but they didn't judge me." Just like mom said, I can feel their forgiveness even though I might have-- I hang up and I say, "Oh, wow, I thought I fired the ego today." But, as Mark and I would say, "We must have rehired him at some point. Let's fire him and rehire the Holy Spirit again."

Jennifer Yeah.

Jackie So, Mark and I are all ways saying this and then to your point about your beautiful vision about the children and never losing our sense of wonder, I just wanted to add that how beautiful that was. Mark and I, will always say-- another thing we always say is "The only thing we know is that we don't know as ego. We know who knows when we choose once again, when we choose the right teacher." We always remember when your judgment creeps up or there's something that you're just ready to project. We say, "Wait a minute. The only thing I know is that I don't know but I know who knows and we can choose once again."

Jennifer I love that.

Cindy Yes, exactly.

Jennifer All these things are so helpful for people as we're going into the holidays. We're going to the break here in just a minute.

Gary, I know in the Greek Retreat you shared that you have a different Thanksgiving experience with this family before you joined this family. I wonder if you'd share a little bit about that.

Gary Yeah. It's not like a different cultural experience because back in Maine, I would go to Thanksgiving, these are like wonderful people and the only

thing is all that they would talk about all day was sports. I can talk about sports for an hour but I can't talk about sports for six hours. It's like they would just go on and on and on about sports which is fine but it's just wasn't me. Through some beautiful luck of karma or something, now, I get to go to Thanksgiving dinner and all we talk about all day is *A Course in Miracles*. It really is a different experience talking about *A Course in Miracles* than it is talking about sports all day. I just feel very lucky to be able to be part of such a great experience in the great family.

Jennifer

Beautiful. I'm sure there's all kinds of forgiveness opportunities from people eating the last piece of pie. [laughter] If you have your second piece of pie and then you're stuffed and you're going to fall asleep while the others are doing the dishes. All kinds of forgiveness opportunities around the Thanksgiving holidays.

Here's the music. It's time for us to go to break and just as we do, I'd like to remind everybody that Gary Renard is joining us on the Baja, Mexico Living *A Course in Miracles* Winter Getaway Retreat. It's the first week of March. Prior to that, I'm offering a four-day, four-night Baja whale-watching adventure. For folks who are coming a long distance they can really make a nice long trip of it. Everything is open, you can bring your spouse, your children and they can have a wonderful time at the resort, when you're in the teachings. They can enjoy the resort, the water, all the many activities at the resort—It's a beautiful resort, I was just there. I cannot wait to share it with everyone. So, [ACIMretreat.com](http://ACIMretreat.com) for all the details. It will be on Gary Renard's site very soon.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* where we're living the Love, we're walking the talk on Unity Online Radio and we'll be right back.

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk*, with Reverend Jennifer Hadley. If you have a question or comment about today's program or if you'd like to join the discussion, visit us on Facebook at *A Course in Miracles* Pledge where you can join with the community of like-minded people who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Jennifer

We're back. I'm Jennifer Hadley. My guests today are Gary Renard, author of *The Disappearance of The Universe*, *Love Has Forgotten No One*, *Your Immortal Reality*. His beautiful wife, Cindy Lora-Renard, who has many music CD's. They have their *Meditations for A Couple* CD and Cindy's mother, Doris and Doris' other daughter, Jackie, Jackie's husband, Mark. Jackie and Mark working on that beautiful website offering. They have that brand-new interview with Gary Renard. Their website is twentyfourthhour.com spelled out. twentyfourthhour.com, positive news magazine website there with some wonderful videos. Video interviews including the one with Gary right there on the homepage.

Gary and I are going to be doing the Baja Winter Retreat, the Living *A Course in Miracles* Retreat at the resort in Baja, Mexico in March. ACIMretreat.com is your website for that and it will be up in GaryRenard.com site very soon.

### *Gary's Writing Projects*

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In the time, we have left, I have a few questions. I also know, Gary, you and Cindy are working on some writing projects together.

Gary

Yes, in fact we're writing a book together about relationships which I think will be very helpful to people. People are always saying, "I wish that teachers would say more about relationships." We not only do that in our workshops because we tend to talk about our personal lives more than most spiritual teachers. Most teachers don't talk very much about their spiritual lives and we do and we're putting it into book form. It's always within the context of forgiveness but it's very interesting project. It's a personal project and it's good for us as well as I think it will be good for the readers.

I'm kind of like going into a different phase now because when I get to the winter that's when I like to write in this year. I've made more time than usual to write, pretty much the next four months I won't be going anywhere or doing much of anything except writing and that's very good for me because of that really good long year of travelling and have been more long trips than usual. I'm not going to be able to do that forever. I'm not going to be doing that ten years from now. I'm not going to be traveling all over the world all the time. I'll probably be

writing more and more and traveling less and less as the years go by. That's how I [unintelligible] to the next few months is writing the book with Cindy plus I'm working on a fourth book with [unintelligible]. I'm actually doing two books at one streak now and I'm going to get even more into it the next few months. It's just a totally different way of living, all of a sudden not have to go somewhere and to just be able to stay on and focus on the message of the books. That's pretty much what I'll be up to. I will do a lot of trips next year but it seems like every year I'm doing less. There was a time, three or four years ago, that I was actually making something like 40 trips a year. This year, I was down to about 22 and Cindy comes on about half of the trip which is very helpful to me because she's become an excellent speaker and an excellent teacher.

Jennifer

Yes.

Gary

She's a very experienced spiritual councilor and she's a lot more experience and a lot more advanced than people realize until they meet her and they listen to her than they know. I think next year I'll be down to maybe about 16 trips. You can see how every year I'm cutting back a little bit. I intend to spend more and more time writing and it's kind of like a transition that I'm going through right now. I'm very excited about it because I think it really gives me more time to focus and to think and to meditate and to kind of like get back to being what I really want to be which is a student of the *Course*. I've never really been excited about the idea of being a teacher but I'm still excited about the idea of being a student. That's really what I'm getting more and more back into.

Jennifer

I'm so happy about that because your books are so meaningful to me. I know that couple's book that you and Cindy are working on is going to be a big help to people.

I want to mention, too, that you and Cindy, myself. We're all going to be at the ACIM Conference next year. It's April 17<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup> in New York City. It's the *A Present Love: A Course in Miracles* Conference that happens every other year. 2013, we were in Chicago, 2015, we're going to be in New York, towards the end of April there. People can learn about that it at our websites and you can register online. If you do register now, you can actually save some money. The price goes up December 1<sup>st</sup> so if you're interested in joining us for the weekend in New

York City and, oh my gosh. Everybody that's on the Baja Retreat is going to be there and a whole lot more. If you've got a weekend to come to New York, come join us. It was a lot of fun last time and just a great time. Doris, are so you going to be there, too?

Doris Yes, I am.

Jennifer Jackie and Mark, are you going?

Doris I wouldn't miss it.

Jackie We so enjoyed Chicago in 2013 and there's a possibility that we'll be able to make it to New York. So, we'll see. We'd love to be there.

Jennifer Oh, great, excellent! Yay! Yeah, it's a fun, fun time. We're wrapping up here and we just have a little bit of time left.

Cindy, you said you had something you wanted to share.

### *Forgiveness Opportunity in the Family during Thanksgiving*

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Cindy Yeah, I was reminded recently when I was thinking in terms of the holidays coming up and all the family dynamics that go on and how many people kind of joke that it's almost like, "Oh, god. I got to go home and see my family." There's a lot of forgiveness opportunities around family sometimes and I was reminded of what my spiritual psychology professor said once, in terms of the idea of just when you think you've got it all figured out and you think you know everything and, of course, to the ego, it always wants to be right and all this stuff. When you think you know everything, I remember my spiritual psychology professor say, "If you think you're enlightened, go home for the holidays."  
[laughter]

Because that's a lot of times it's coming back to our special relationships in our families and it's oftentimes in our own immediate families where we have what could appear to be our biggest forgiveness opportunities and so your kind of just making a joke about that. That was that was really funny.

Doris Actually, that's in your vision. Let's go home and play. Let's be like that.

Cindy Yes, there you go. Yes, go home and play. You know one other thing-- In Chapter 1, when I was quoting before about families. Chapter 1, just I think this is such a good reminder is that when Jesus says also, he

says, “Since you and your neighbor are equal members of one family, as you perceive both so you will do to both. You should look out from the perception of your own holiness to the holiness of others.” I just think that's it's so beautiful I think it's very easy to forget that already choose Love first within yourself as you look out that upon everyone, upon all your brothers. When you're choosing Love within yourself, that's all that you will see. You'll see the holiness in your brothers and which means that you're choosing that for yourself. That's really beautiful. A lot of beautiful sections in Chapter 1.

Jennifer Yes. Yes. Oh, I know, I know.

Doris I just want to add one thing about the family dynamic.

Jennifer Make it very quick, Doris, because we're out of time.

Doris Oh, I was just going to say that not that family don't have forgiveness opportunity then we certainly have. I think that Gary touched on it earlier, the more you practice the *Course*, the less the upset stays with you. It's almost like when you choose the Holy Spirit, you move quicker into a place of Peace. I think that's the real difference. The forgiveness opportunities are always there but last less and less as time goes on.

Jennifer Yes. Yes, and they dissolve and resolve and they are completely gone because that is the great truths about *A Course in Miracles* teachings. It tells us all over and over and over again, if you're willing to surrender it to the Holy Spirit to be removed that the cause of the upset, the thought, the belief, it will be removed from your mind. It cannot be removed if you still value it. If you still energize it, you still value it, you're going to have it as a trigger over and over again but if you can surrender it to the Holy Spirit, it can be removed from your mind forever.

It's time for us to close here. I'd like to let everyone know last week's episode of the radio show was all about family healing during the holidays. Decide that you are going to maximize your opportunity this year to be that healing fulcrum point in your family. Love is the healer. Why? Because Love is what we are, we choose Love. We're living in truth and truth sets us free.

### *Closing Prayer*

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I invite everyone to place their hand on their heart right now and take a holy breath with me as we surrender all concerns to the Holy Spirit. We open our mind for healing, we are giving thanks that our healing is happening now and that we have an opportunity to practice to strengthen our mind and we are not only liberating ourselves our family but everyone because we're One with them. In grace and gratitude, we let it be and so it is.

Thank you, everyone for joining us. I love you. Happy holidays.

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment every day in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

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