

May 30, 2017



Healing From Relationship Hell

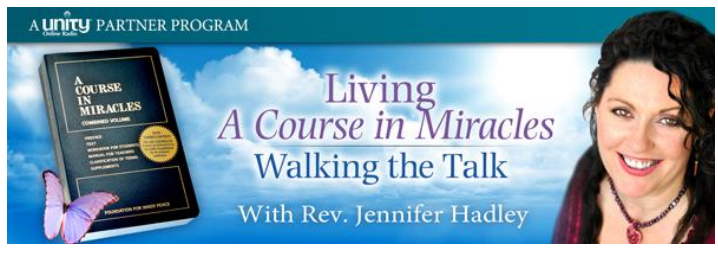


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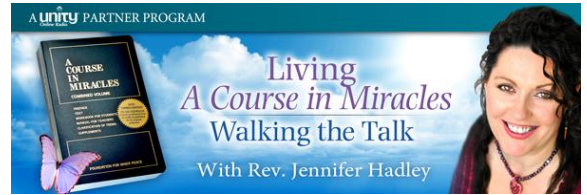
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May 30, 2017

Healing From Relationship Hell

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Opening Prayer

Jennifer Hello. So happy to join with you. It's a beautiful day here on an island off the coast of Maine, on Deer Isle. It's lovely, lovely, lovely. A beautiful sunny day, not a cloud in the sky, the birds are singing. I'm loving it. And I'm so grateful that we get to come together for this topic that Holy Spirit has given us today, "Healing from Relationship Hell," moving out of relationship hell to relationship Heaven.

Let's begin as we always do with a prayer. I place my hand in my heart, gratefully and thankfully so willing, so available. We Partner UP with the Higher Holy Spirit Self for the purpose of remembering our true nature and our true identity is perfect Love. It always has been and it always will be. So grateful to allow ourselves the fullness of God's Love in every aspect of our awareness. We are open, we are willing, we are available to be the Love of God fully and completely.

We are dedicating ourselves to a conscious awareness of the Christ Light in our own mind and in our brothers and sisters. We're giving up all sense of lack, attack, limitation and separation. We are grateful, grateful to open

ourselves to the unprecedented true healing. We're laying everything on the altar. We are grateful to know God fully and truly in our lives.

In gratitude, we share the benefits with all because we share the same mind and we're One with them. In gratitude, we let the healing be. We know it's done, and so it is. Amen. Amen. Amen. Amen.

Are You in a Hellacious Relationship?

Yeah, so good! Our topic is, *Healing From Relationship Hell*. Just before I dive more deeply into that, I'd like to share with you if you're new to listening to this podcast that we have 280 episodes. We have been transcribing them and you can find those transcripts at LivingACourseinMiracles.com\radio. We have lots of other resources at LivingACourseinMiracles.com. I say this because when you go there, you can easily search for any keyword like, "relationship," and it will pull up a list of all the relationship episodes that we have done. You can see which ones are transcribed, too. By the way, if we haven't transcribed something and you'd really like to see the transcript of, write an e-mail to admin@JenniferHadley.com and then you'll be able to access that.

I've done so many episodes about relationship and many on special relationship, holy relationship. Usually in the month of February I dedicate the whole month to relationship healing. So, if you're going through a relationship challenge and you'd like to have some *A Course in Miracles* support for that, check out those episodes because I know for myself when I've been in relationship challenge, it can feel so overwhelming. It just triggers so many issues all at once. Really, usually, most people, their relationship issues will also just trigger their own sense of worthiness. It can trigger a sense of hopelessness. That's the hell part.

You can feel like a hamster on the wheel repeating the same hellacious conversations and experiences. I know very well what that's like. For me, I often used to be so offensive. I would attack, attack, attack, but I would also be very defensive and just go back and forth, back and forth. Of course, they say in, I guess it's in football, maybe, the best defense is a good offense. So, I would have the additional experience and pain and suffering in my relationships where I would attack, I would be mean and cruel and vicious at times, or maybe just passive-aggressive, or manipulative and controlling

because all my relationships used to be co-dependent, all of them. I've had so much relationship healing myself.

I've helped many people in my *Finding Freedom* class, *Masterful Living Course*, and counselling clients to really transform their relationships. Of course, I can't do it for anyone, that would be insane, but I can definitely help people who are willing to do it for themselves. The great thing here is about doing this deep relationship work is that we actively then are giving the very best assistance to our loved ones. Because when we heal, all are healed, and that is a thing that I've seen in my family is that I—as I have healed my own mind, I see what a difference it has made.

Jennifer's Real Goal

My mom passed away in 2008, but I saw for many years before she passed what a difference my spiritual practice made in my parents' relationship. I've seen all the relationships in our family shift and change. I don't take credit, of course not, because we all share the same mind but we have our part of the curriculum to do. One of the most hellacious habits that the ego tricks us into having is this intense thought of separation that, "I'm better than, I'm less than."

It comes up so strongly in relationship where we find ourselves needing, wanting, grasping, or we have an aversion to someone. The needing, wanting grasping, aversion, to trying to control and manipulate, the arrogance of thinking that we know what is better for someone than them, that their path of learning should be different, all these different things that we put on our loved ones are deeply, deeply painful and they slow our own spiritual progress down tremendously. Just tremendously.

You know, I just had a conversation with my brother about something where we got stuff going on in the family and it's triggering old stuff which just means it's coming up for healing. You know that we're intent on the healing and I certainly am. So, yes. If I have buried some landmine of opinion or judgment, I don't mind at being triggered and coming up for my healing because my healing is my mission.

My life is about my healing. My life is not about—it's not focused on having fun, although I like to have fun and I have more fun all the time. My life is not about even building this ministry, even though the ministry is growing and expanding and serving more and more people with more free things all

the time—I'll talk about that later. My life is not about my relationships. It is about having a realization of the Christ Presence and awakening to my true identity and attaining enlightenment.

So, everything, all my relationships, all my creative projects, my daily blog, my classes, everything that I am participating in, whether I'm making lunch for myself or a friend, whether I'm working in the garden, whatever I'm doing, it's all how does it fit in with my awakening. My prayer partners all know that this is my aspiration, to know the Love of God is my very life and being and everyone else to completely awaken within the dream. And it's happening. I feel it happening for sure. So, having no other goal, just that Atonement goal that allows me to put everything into that one goal, and so every conversation I have.

Trusting Our Intuition

Earlier today, I had a conversation with my brother where I—something didn't go the way I wished it would go and I knew if we did it the way my brother wants to do it, then it would go differently than I wanted. But that was just my intuition. I didn't know at first what my brother would call a fact. But to me my intuition is the truth, and I've learned to have trust and have faith in my intuition, but he didn't see that, and so things transpired the way I felt that they probably would, and they did.

He said something like, "I know you're probably upset by this." And I have to say I was a bit frustrated but I said, "No, I'm not upset by this." Then, as the conversation went on I went back to him and I said, "You know what, I am a bit frustrated, but it's not with you and it's not about the decision to do things the way you wanted to do. It's that I feel sometimes conflicted because I feel my guidance so strongly."

My brother doesn't believe in God, so he thinks my guidance is just crazy talk. I have to respect that because I am in a relationship with him, but I don't have to bow down to it or kowtow to it, so this is where my challenge sometimes comes in is to let my brother know, "Hey, I really feel strongly about this and I would like you to respect that even though I don't have scientific facts to back me up. I just feel this is what will happen if we do this."

Little by little, he's learning that—to trust it, to trust me even though he doesn't trust sometimes his own intuition. I remember years ago, I took my

sweet nephew, my brother's oldest son Ben to Universal City in Los Angeles. He came out for a long weekend to spend with his aunt when he was 13 years old. First trip big trip by himself. We went to Universal, and Lego Land, and all those different places.

There were long lines for the rides and we went out on this one ride that he really liked. He said, "Can we do it again?" I said, "Sure." I said, "We can do whatever you like. I just want to do what you would like." I said, "But the thing is I think let's go on this other ride over here and then come back to this one, because my intuition is that the line will shorten while we're on the other ride and that other ride doesn't have a long line right now." He was like, "No, no. I just want to do this one again right now." So, I said, "Okay. Sure." Because what do I care? Standing in line and riding the ride. I'm with my sweet nephew, what could be better? It doesn't matter to me and I don't need to be right about anything.

Then, of course, what happened was there was a long wait. Then when we came out, there was no line. So things like that were happening in the weekend with my nephew. At the end of the weekend, as I was taking him to the airport he said, "Well, I learned something." I said, "Oh, that's great. What did you learn, Ben?" He said, "I learned that when you have an intuition about something, we should just do it that way." I said, "Oh, okay. That's interesting." I said, "You know, I'm learning that, too."

I see that little by little teaching my brother about my intuition and my only upset was not at the outcome of what happened, although it was not what I wished it were. I was only annoyed with myself that I didn't take a stronger stand for what I knew absolutely would unfold and that we could have avoided it. But it is what it is, so, of course, I let my irritation and frustration dissolve through the taking ownership of it.

I said to my brother, "Yes, I just want to—oh, you're right. I am a little frustrated and here's why. I get confused sometimes about whether or not to follow my intuition and be insistent about it. I know it's not scientific facts to you and so then I felt that I'm pushing you to follow my intuition and that's uncomfortable for me. Yet, I feel my guidance so strongly, I feel irresponsible if I don't follow it. So, therein lies my frustration. There's the conflict. But it's really nothing to do with you, it's just my own inner conflict about how to be more effective in saying what I'd like and not like and following my intuition."

I'm learning about that every day and some days I get tweaks of frustration. But it's really not you and it's really not the outcome. It's just that. So, what I've learned—I hope I can share how deeply, deeply valuable this is to me. I have learned that being able to take ownership, and this is key to *A Course in Miracles*, responsibility for everything and to have no attachment to how things turn out while still simultaneously being clear about what you like and what you don't like, while still holding in your mind what could you not accept if you but knew that all events, all occurrences are gently planned by One whose only interest is your good.

Attachments are the Killer

I think one of the challenges in relationship is that, that makes it hellacious, is we're so attached to how we think it should be and how we'd like it to be. That there's no room for God to reveal something to us. Those attachments are an indicator that our thinking is wrong. Now, I can still—let's say I have an attachment that we must go for Italian food tonight. We must. That's the best thing for everybody. And why is that?

Well, because we're going to have Indian food tomorrow, and Chinese food the next day and everything, and so we need to have Italian tonight. It just doesn't matter, you know, or some example like that. Very, very attached. And because the owner of the Italian restaurant is—I don't know, some reason we need to go there. If we can't go there because everybody else says, "Yeah, I don't want to go there. I want to go for Mexican food." If I hang on to, "Now, we're having Mexican food, which is terrible. It's a terrible outcome. It's terrible!" Then I'm going to ruin the rest of my time and probably for my family as well, and I'm punishing everyone because I didn't get my way.

That's no way to live and I used to live that way. It's no way to live. So, what I've learned, it's so valuable just to say, "When I'm upset, it's nobody's fault. No one else is to blame when I am upset." You know I still get bothered by things but no one else is to blame. I think one of the biggest challenges I have, and I see many, many spiritual students have is not being more clear about what we like and what we don't like. Then after the fact, we're annoyed, frustrated or upset. I think everybody can read my mind. I forget to take counts and that's one of my big challenges. So I don't articulate things, and that becomes a challenge for me.

But many, many times I see spiritual students who are trying to be peaceful and they are not saying what they'd like and what they don't like. They don't feel comfortable discussing things. They don't feel comfortable being vulnerable and saying, "This is really important to me. I'd really like it to be like this. Can we do it this way?" Instead, they don't want to make a fuss. They don't want to have any desires or preferences, and so they don't speak those things, and then they're angry and they just hold that in when things don't go their way.

That makes for a relationship disharmony. It does make for a hellaciousness in relationship. They can be completely avoided. So, when we love ourselves and someone says, "Yeah, I really don't want to do that," we can say, "Alright, well, I feel strongly about it. I'm going to go do it by myself. But it's not a reaction to you. I'm not doing it to punish you. I just-- I feel really strongly about it. I much prefer if you came with me. I really would like that or maybe you'd like to suggest something else that we could do. Either way, I love you and that's the main thing. You can have fun your way and I'll have fun my way. We'll find other ways to come together." But to be able not to take things personally is so critical, and that's what this section we're going to talk about here is about.

We're in Chapter 16, which is called the, *Forgiveness of Illusions*, and we're in Section V, which is called, *The Choice for Completion*. It says here:

"The special relationship is a strange and unnatural ego device"—we're in Paragraph 6. Sorry, my page 342.

"The special relationship is a strange and unnatural ego device for joining hell and Heaven, and making them indistinguishable. And the attempt to find the imagined 'best' of both worlds has merely led to fantasies of both, and to the inability to perceive either as it is. The special relationship is the triumph of this confusion."

"The special relationship is a strange and unnatural ego device for joining hell and Heaven, and making them indistinguishable." The Heaven part is the joining, right? When we can join together in Love, it's Heaven on earth. It doesn't matter whether we're eating a meal, or going for a walk, or making Love, or playing a board game, or whatever we're doing. It could be even in the workplace working on a project together. I love to collaborate and work on projects with people. What I—we all know that Heaven of that connection, that loving connection.

The special relationship though is all predicated on, “I am lacking.” I am lacking. There’s not enough. I’ve got this problem and that problem and this problem. But, you’re going to accept my problems, I will accept your problems, and we’re going to join together in co-dependency. You are going to fulfil my needs, I’m going fulfil your needs, so we’re going to find Heaven like that.

But that is not Heaven because, A, as long as we’re needing and wanting it and craving, there’s no Peace, and there’ll never ever will be Peace. Needing, wanting, craving are attachments of the mind. All attachments cause suffering all the time. When the relationship is founded in, “I have these needs and wants and cravings, and you are going to meet them for me,” that’s where the false idolatry is in the special relationship. So, Heaven and hell meet in a special relationship.

Transitioning from Hell to Heaven

Then what happens is—it says here, “*and then they both become indistinguishable.*” Then we start to think Heaven and hell come together. That in order to have the Heaven of the relationship, you have to also to endure the hell, and that is not true. We can have holy relationships. The way to have a healing is to call for the Holy Spirit to make our relationships holy. That is the only way. There is no other way. The Holy Spirit will do the heavy lifting. The Holy Spirit will figure it all out for us if we are willing. We have to be willing to allow that holy relationship to unfold, to transpire. So, we have to give up the attachments in order to have a holy relationship.

The example I gave with my brother, you see, I’m more interested in having a holy relationship than I am in having things be the way I’d like them to be. If all my relationships are holy, which, you know, they are just—oh, my gosh, they’re night and day from what they used to be. I always have Peace in all my experiences of relationship, then the things outside in the world become far less important because I’m experiencing Heaven on earth by means of my relationships, and that’s what *A Course in Miracles* tells us we can do that that’s how we find Heaven, through our relationships. That’s why our brother, our sister is our savior.

Me, taking full responsibility for my frustration, took my brother off the hook. I don’t have to make him feel guilty now because things didn’t go the way I wanted because we did it his way. Instead I can see that this is an

opportunity for me to heal something in my mind. I'm more interested in healing that thing in my mind than I am in having things be the way I'd like them. That's how we learn to have a life that's really peaceful.

It says, "And the attempt to find the imagined 'best' of both worlds has merely led to fantasies of both, and to the inability to perceive either as it is."

When we're in that special relationship and we're experiencing the hellaciousness of it, we have fantasies of how the Heaven will be achieved through enduring the hell, or adjusting the hell, or managing, coping, manipulating with the hell, so that's all fantasy. You see that's where we're trying to make everything happen instead of allowing the Holy Spirit to decide for us, to lead us and guide us, to show us the way. So, the ego always wants to be in charged and decide who's good, who's bad, who's right, who's wrong, and that's where the pain and suffering comes in.

Yeah. You know, we just did some wonderful classes, really wonderful classes, all free at LivingACourseinMiracles.com. We did this 11-class series called, *Cultivating Spiritual Sight*. It's about healing the pain patterns and expanding our intuition and our loving heart, being more loving in our lives. Really a great series with Gary Renard, Miranda Macpherson, Lisa Natoli, Jon Mundy, and myself. All those classes are completely free for you at LivingACourseinMiracles.com.

And I'm coming up next week, June 8th, we're kicking off my *Finding Freedom Spiritual Bootcamp Class*. I have come to say a lot of people have put emphasis on getting in physical shape for the summer. We're having summer here in the Northern Hemisphere. What about getting in shape with your mind, with your heart? That's what *Finding Freedom* is for, finding the Freedom in our heart, in our mind to live a truly, peaceful and harmonious life.

If you go to my website and you read about *Finding Freedom*, and I also did the final class of the *Living A Course in Miracles* series on *Speeding Up Your Healing*, with sharing some of the things about *Finding Freedom*. So, *Finding Freedom*, registration closes at June 8th, that's the day we start. Also, it's time for me to take a break. I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity online radio, where we're living the Love, we're walking the talk. I'll be right back after this short break.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

A Course in Compassion

Jennifer I'm Jennifer Hadley, welcome back. This is where we're talking about transforming relationship hell into Heaven. I like you to know that my *Spiritual Counseling Training* is coming up in June. June 19th to 26th. People have taken it in order to improve their relationships. I have yet to have anyone take it and tell me they wished they hadn't taken it. I really feel this is one of the very best things that I do.

I'll just tell you a bit about it. It's a week-long training and it's like a retreat but it is an intensive because we're really doing deep emotional work, clearing our own clutter, so that we can hear better and communicate better. We become better listeners, better communicators in relationship because, fundamentally, spiritual counseling is relationship connection. It's about being a great listener and a great sharer. You know, I often think of forgiveness and compassion and things like this, where are we going to learn? People don't learn them in school. Wouldn't it be great if we have classes on compassion, on compassionate listening, on how to share without blaming others, and how to love yourself?

Because a lot of the things that we learn in school we forget and they're not that useful. These would be really useful skills. A lot of parents don't teach them because they don't know them themselves. Anyway, this is in part about learning compassionate listening and sharing, taking responsibility. It's open to anyone, regardless—grandparents, parents, all kinds of people take my *Spiritual Counseling Training Intensive*.

It's also for professionals. We have a lot of professionals take it, professional therapists, coaches, counselors, social workers, people like that, people in healing, counseling profession who would like to deepen their counseling skills and add that spiritual component. You can read what others have written based on their experience of taking it. But most find it intensely personally healing. If it calls to you, we have payment plans. We'd love to help you. It's going to be about an hour outside of Albany, New York, upstate New York, the beautiful Retreat Center, in June. Just mentioning that. If you're in relationship hell, perhaps that would support you.

Self-Love is Key to Having Holy Relationships

Going back to Chapter 6, Section V, *The Choice for Completion*. It's my Page 342, we're in Paragraph 6. It says here--because you know, in a special relationship, it's the Jerry Maguire, "You complete me." But we're already complete. Remember that the special relationship, it says actually earlier in the section, the special Love relationship is the ego's chief weapon for keeping you from Heaven. When you're willing to settle for special relationship, just remember, it's keeping you from Heaven.

The Heaven that you seek in a relationship, the validation that you seek in the relationship, the comfort you seek in the relationship is actually destructive. It's really just like if you are experiencing emotional pain, helplessness and hopelessness, and you decide the way out of that is to drink yourself into a stupor because it relieves your pain, or you're smoking because it helps dull your pain, or you're eating too much because it also helps you dull your feelings. You know, I've done all of those things to dull my feelings but none of that healed my feelings. It just made me feel worse about myself. So, the thing that feels good about ourselves is loving ourselves and choosing the holy relationship.

Living in Fantasy and Exclusion

It says here, the Holy Spirit will transform the most desperate painful relationship into a holy one. But it may not look the way you want it to look. It may not look the way you'd like it to look. Remember, we're eternal, so the Holy Spirit can make a holy relationship with someone who has passed on because everything is in the mind. That's where the healing is, that's where the relationship is, it's all in the mind. Let's go for it. Let's really give everything to the Holy Spirit and let the Holy Spirit do the heavy lifting in our relationships.

The special relationship is designed to encourage us to see—to have this fantasy of having the best of both worlds, the Heaven and the hell in the special relationship.

It says, "*The special relationship is the triumph of this confusion. It is a kind of union from which union is excluded, and the basis for the attempt at union rests on exclusion.*"

What that means is, the exclusion is that, “I’m not one with God. I’m not one with Source. I’m left out. I have these problems. I’m lacking in these things, and so you are going to complete me.” So, it’s exclusion from God, from Oneness, from joining. The idea that I’m going to join with this one person and that’s going to complete me, then I don’t need the completion that is mine when I recognize my Oneness, my perfection in God. Instead, I’m going to settle for the illusion of completion, which we all know having all had having special relationships, it is an illusion. And we will be confronted with it over and over and over again, and therein lies the hell.

It says here, “*What better example could there be of the ego's maxim, ‘Seek but do not find’?*”

Most curious of all is the concept of the self which the ego fosters in the special relationship. This ‘self’ seeks the relationship to make itself complete. Yet when it finds the special relationship in which it thinks it can accomplish this it gives itself away, and tries to ‘trade’ itself for the self of another. This is not union, for there is no increase and no extension.”

Extending Love and Being Honest

Union is extending Love so that we feel the Love is complete. And we are the Love, we are complete. One of the most fundamental teachings of *A Course in Miracles* is that we are already perfect. We are already complete. I’m thinking that’s something you do or someone you have a relationship with, which is a doing, when it’s ego-based, that that is going to complete you. No activity, no expression of artwork or anything like that. If you’re doing it from the ego, it won’t ever complete you.

The extension is the extension of Love, and that’s what helps us when we’re consciously and consistently extending Love. That’s the honesty that *A Course in Miracles* talks about in the *Manual for Teachers* in the Section on *What are the characteristics of God’s teachers*. First comes trust, then comes honesty.

Honesty is about really being consistent. When we’re consistently extending Love and consistently being willing to receive Love, then we are being really honest. We’re not presenting a false identity. We’re being honest when we’re extending Love all the time, receiving Love all the time. Then we’re in that flow of the Oneness and Unity of all life.

The Journey Begins with Seeing Our True Self

It says, “Each partner (in the special relationship) tries to sacrifice the self he does not want for one he thinks he would prefer. And he feels guilty for the ‘sin’ of taking, and of giving nothing of value in return. How much value can be placed upon a self that he would give away to get a ‘better’ one?”

Each partner tries to sacrifice the self he does not want for one he thinks he would prefer. And he feels guilty for the ‘sin’ of taking, and of giving nothing of value in return”

These are all components of the special relationship. There’s sacrifice, right? And there’s feeling guilty for taking, feeling guilty for controlling and manipulating, for saying we love when we don’t really love because we’re holding on to resentments, because we’re keeping score, because we have all these ego-based habits that we are energizing again and again and again.

How much value can we place upon a self that we would give away to get a "better" one?

We’re thinking that we are not good enough and that our partner in the special relationship is going to find out about that, or we think they’re not good enough, or both. It’s a big mess. It’s a big, big mess.

The better self, it says, “The ‘better’ self the ego seeks is always one that is more special. And whoever seems to possess a special self is ‘loved’ for what can be taken from him.”

I invite you right now to think about that better self that the ego is seeking that is more special. Just think about what you’re actively thinking about, engaging in, working towards to make yourself more special. Or it could even be a negative specialty because I see this happen a lot for people that they give up on finding their perfection and their Wholeness and they decide to settle for being especially bad, especially wrong, especially unlovable, that they are so completely worthless.

Or they have so many big problems and they want to tell everybody about their big problems, their worthlessness, their badness, their wrongness. They’re broadcasting it again and again and again with the hope that people will reject them, confirming their beliefs. Then they get to be right. “You see, I was right about how bad I am.” Right, there’s that form of specialness, too.

It says, “*And whoever seems to possess a special self is ‘loved’ for what can be taken from him.*”

You can think of some celebrity that everybody loves because their music is so beautiful, right? And they are so charming. Everybody wants to take something from them, and that seems like they’re beloved. But it’s just taking and taking. That’s not real Love. Because if their gift were gone, would anybody care? When they stop being charming, would anybody want to know them?

It says in the special relationship, “*Where both partners see this special self in each other, the ego sees ‘a union made in Heaven.’*”

“The ego sees, ‘a union made in Heaven.’ For neither one will recognize that he has asked for hell, and so he will not interfere with the ego’s illusion of Heaven, which it offered him to interfere with Heaven.”

The ego is offering the solution of Heaven, “Look, you can’t go for the real Heaven. Come on! You’re too big a loser for that. So, go for the special Heaven that this one person can offer you by their agreeing to be with you to love you, to care about you, to spend time with you that validates you. Settle for that because the real Heaven where you feel peaceful and loved all the time, where you feel God’s Love of your perfection all the time. That’s not possible for you. Don’t even think about it. So just compromise, go for the fake Heaven. Put up with all the hell.”

That is really like a hamster wheel just repeating and repeating and repeating and repeating. Relationship after relationship whether it’s in our family, it’s in our workplace, it’s in our romantic relationships, in our friendships, we just keep repeating it. A lot of people don’t feel loved in their relationships but they don’t show their true selves because they believe their true self is not lovable. But our true self is totally lovable. It really is because our true self is also not obnoxious or weird or unkind or selfish or stupid or any of those things. Our true selves is our true identity, it’s 100% lovable, it is Love.

The whole journey really is from relationship hell to Heaven is to start seeing our true self as ourselves and let go of this false identity. When we enter into a special relationship, we’re agreeing to enter in as someone who is falsely identified with a caricature of a person rather than our true spiritual identity. The heavy lifting will be done by the Holy Spirit if we are willing. Let’s do it. Let’s do it. I’m in. I’m all in for this. Yes, I am!

Due Gratitude and Invitations

I'm going to say a prayer here in a moment. Don't leave before the miracle. I'd like to say a big thank you to all the people who support this radio show, the *Living A Course in Miracles* classes. Now we have the free text messages. By the way, if you would like to sign up for the text messages, there are a number of places at JenniferHadley.com, at LivingACourseinMiracles.com and also at A-C-I-M texts dot com. ACIMtexts.com.

If you have any issues with the text messages, you can write to us about that or anything else at admin@JenniferHadley.com. Admin, A-D-M-I-N at JenniferHadley dot com. We do have those free text messages. We have some kinks, we're working them out. Your feedback is really helpful to us. We appreciate that. Thank you for your patience as we work things out. Also, yeah, it's all sponsored by your donations. So, thank you, thank you, thank you for keeping us going and sharing more and more.

Don't forget the *Living A Course in Miracles* classes if you haven't already gotten those downloads. They're free for you right now. The *Spiritual Counseling Training* is coming up in June 19th to the 26th. And *Finding Freedom*, my spiritual bootcamp class to get yourself in spiritual shape with the basic fundamental teachings of *A Course in Miracles*, to really live them in your life. That's what *Finding Freedom* is all about.

Oh, I keep hearing the song:

Come and get your Love

Come and get your Love

Summertime song to me. Let's pray.

Closing Prayer

So grateful and so thankful to place my hand on my heart and recognize the pure Love of God is all that there is and all that we are. So grateful and thankful that Heaven is at hand. Whether we believe it or not, it is at hand, and we're choosing Heaven today. We are grateful and thankful to live a life of profound Love. We are grateful and thankful to open ourselves to the pure Freedom of our true identity.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

In gratitude, we share the benefits with everyone because we're One with them. In gratitude, we let it to be. We know it's done, and so it is. Amen. Amen. Amen.

Mwah! God bless you. Have a great rest of your week.

Thank you for tuning in to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Join us every Tuesday morning at 10 a.m. Central for more tools and insights into how to express your beliefs from moment to moment, every day, in every way. *A Course in Miracles: Living the Love, Walking the Talk* only on Unity Online Radio, the voice of an awakening world.

This program is brought to you in part by JenniferHadley.com, a global resource providing tools, insight, and support for those seeking to live *A Course in Miracles* every day, in every way. Online at wonderful. JenniferHadley.com.

While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.