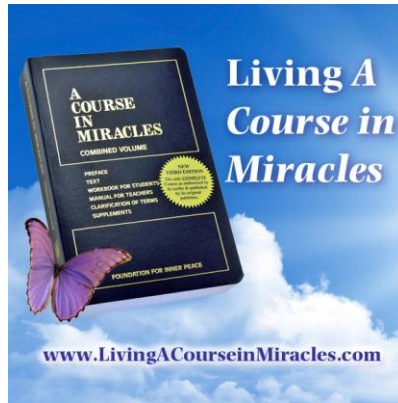


June 20, 2017



Let Spirit Decide

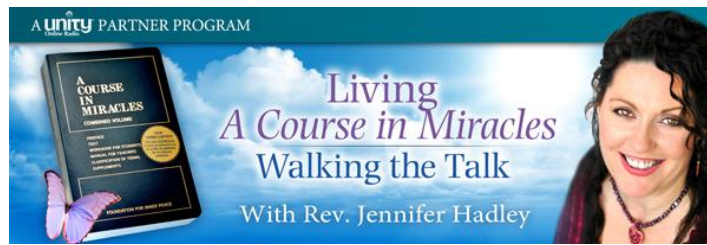


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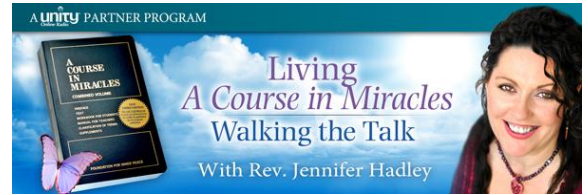
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June 20, 2017

Let Spirit Decide

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour. Thanks for joining with me today. Our topic this week is *Let Spirit Decide*. It comes from what it shares in the *Course*, Jesus tells us, “*Say only this, You decide for me.*” People ask me about this on a regular basis, “What does it actually mean? How do I apply it? How do I live it?” We’re going to talk today. And, as you know I like to begin and start with prayer.

Opening Prayer

We take a breath of Love and gratitude together. I'd like to place my hand on my heart and declare my willingness. I am wholeheartedly available for Spirit to make all the decisions in my life. Grateful and thankful to relinquish, trying to figure things out, trying to analyze, trying to decide what's best, instead, I am open and available to allow in Spirit to decide for me. In fact, I prefer it.

We Partner UP with the Higher Holy Spirit Self to recognize and remember that our true nature is perfect, unlimited Wholeness. We’re consciously attuning to Divine Love leading us and guiding us to the best decisions. We are grateful and thankful to allow ourselves to accept the Atonement and to recognize that it is our nature to be miraculous. That it is our destiny to live a miraculous life and we're choosing to align with that now without delay.

We are grateful and thankful to open ourselves to dynamic, unprecedented healing. Healing in the physical body, healing in the emotional body, healing in the mental body, healing in the physical body, healing at all levels.

We are grateful and thankful to let the Holy Spirit do the heavy lifting of figuring out how. Our decision is to allow. We share that decision with everyone because we're One with them.

In great gratitude, we allow, we allow, we allow. We let it be and so it is. Amen. Amen, Amen.

Accepting the Atonement

Yes. It feels so good to pray. We're looking this week at Chapter 14, Section 3. Chapter 14 is entitled *Teaching for Truth*. Section 3 is entitled, *The Decision for Guiltlessness*. And, I'm going to jump to Paragraph 3, it's the bottom of Page 274 for me. There's a beautiful prayer there that says,

*“What I experience I will make manifest.
If I am guiltless, I have nothing to fear.
I choose to testify to my acceptance of the Atonement, not to its rejection.
I would accept my guiltlessness by making it manifest and sharing it.
Let me bring peace to God's Son from his Father.”*

This is how I choose to live to accept the Atonement, not reject it. When we're managing and coping with fear, with shame, with guilt, with blame, with regret, with resentment, with hurt, then we're rejecting the Atonement and we're saying, “Oh, I'm separate from God. I'm a sinner. I have problems. I have to work them out on my own because I'm so, so very separate.”

What this Section is about it's about rejecting that thoughts of separation, not rejecting Unity. And, of course, as we all know, when working with it the ego, it can be tricky, tricky, tricky. So, we need all the support we can get. Unfortunately, we have unlimited support. I just love these teachings so much.

In Paragraph 5 here, it reminds us, *“Everyone you offer healing to returns it. Everyone you attack keeps it and cherishes it by holding it against you.”* Clearly, what we can deduce from this is the fastest path of our awakening in our healing is to offer healing. “To have, give all to all.” So, we offer patience,

we offer kindness, we offer generosity. Everyone we attack holds on to the attack and cherishes it by holding it against us. Now, they're just reflecting us because if we attack someone, that's what we're doing. That's what we're doing. If we're attacking someone we believe that attack is possible and valuable and worth investing in. The teaching here is to reject the separation and accept the Atonement.

And so, the fastest path to our healing is to offer that acceptance, the Love, the kindness, the compassion, the generosity, the patience to everyone we meet. Because when we do that, we're literally offering it to ourselves because there's only one.

Attack by The Ego

Jumping to Paragraph 8, it says, *“Teach no one he has hurt you, for if you do, you teach yourself that what is not of God has power over you.”*

“Teach no one he has hurt you, for if you do, you teach yourself that what is not of God has power over you.”

I know for myself that there's been a strong pattern in my mind to tell people when they've hurt me. How they've hurt me, what it's done to me, et cetera, et cetera. The reason for doing that, whether we recognize it or not, is to make them feel guilty with the idea that this is how we're going to attack them. Spiritual people can sometimes be very, very good at this. It seems that they're being very gentle and very kind and very helpful, when really, they are endeavoring to attack and they may not even realize it.

I certainly know that that's been the case for me and countless and I do mean countless situations. I still find it coming up into my mind to say something, to someone about something. And then, my feeling is one of not complete congruity with Peace. So, I feel a little discordance, “Hmm, it doesn't feel quite right.” And so, I just pause. I get in that pause that my friend, Mary Lenahan says. I allow myself to see what's really going on and then I can see I'm only saying this to attack, to make them feel guilty, to make them take responsibility for hurting me. And then, if I do that, I am delaying my awakening.

It says here, *“Teach no one he has hurt you, for if you do, you teach yourself that what is not of God has power over you.”* Only the ego can get hurt. Spirit cannot be hurt. If we're saying we have been hurt, we are saying we are

identified with the ego, and we're going to attack the other person's ego. It doesn't bring benefit to us or to them. So, we need to recognize that whatever the ego says and does, whether it's our experience of ego coming from our mouth, our body or someone else's, we're all joined together. So, let's not make the ego real. Let's not invest anymore of our precious time, attention and energy in defending and attacking. Let's it all go.

Perception is Deception

This takes practice, it takes willingness. We're really practicing the willingness and when we're practicing willingness, we're practicing placing our trust and faith in God instead of in our perception which is a deception, right? Our perception is a deception.

Remember that the *Course* tells us that our perception isn't true. It's the meaning we make of things and Lesson 190, "*Pain is a wrong perspective.*" When we have the perspective of being a body, being an ego, then, we are in our perception rather than clear-knowing. We're on this path of awakening to clear-knowing where we don't need to analyze anything in order to perceive it correctly. We simply know that we know, that we know. So, that's what we're going for.

Now, in *A Course in Miracles* it tells us that there is a plan for our life, there is a script that's been written and that we can align with it and live the highest and best possibility in our life. Our decision to do this, our choice to do this will save tremendous amounts of time that would otherwise be spent in suffering. In a sense, we can get to heaven faster in a very real sense that we can have heaven now. The new Heaven and the new Earth is available to us now if we choose it and that's what's required, our choice.

And then, in Paragraph 9, it says, "*Whenever you choose to make decisions for yourself, you are thinking destructively, and the decision will be wrong. It will hurt you because of the concept of decision that led to it. It is not true that you can make decisions by yourself or for yourself alone. No thought of God's Son can be separate or isolated in its effects. Every decision is made for the whole Sonship, directed in and out, and influencing a constellation larger than anything you ever dreamed of. Those who accept the Atonement are invulnerable.*"

“You Decide for Me.”

We make decisions based on our perceptions which are our interpretations, which are our opinions, which are our judgments. So, we make decisions based on our judgments. In doing so, we're deciding for the separation. We're choosing to enhance our sense of separation. And so, the way out of this pattern is to say, “You decide for me,” to the Holy Spirit. This is what it says in Paragraph 16, *“Say to the Holy Spirit only, “Decide for me,” and it is done. For the Holy Spirit’s decisions are reflections of what God knows about you, and in this light, error of any kind becomes impossible. Why would you struggle so frantically to anticipate all you cannot know, when all knowledge lies behind every decision the Holy Spirit makes for you? Learn of the Holy Spirit’s wisdom and His Love, and teach His answer to everyone who struggles in the dark. For you decide for them and for yourself. How gracious it is to decide all things through the Holy Spirit Whose equal Love is given equally to all alike!”*

“You decide for me.” *“Say to the Holy Spirit only, “Decide for me,”* Begin your day that way. When you feel confused and conflicted, say, “Decide for me.” Now, the question that many people ask me is, “How do you know what the Holy Spirit's decision is? How do you know? How can you tell? How can you feel the Holy Spirit's decision?” It does seem confusing.

Here's where the challenge comes in. The challenge comes in because we are afraid to trust. We'd like to trust, we'd like to trust Spirit but we don't trust Spirit for a variety of reasons and it's all our judgment. 100%. The variety of reasons is really a variety of judgments, and we can let them all go through this practice. That's why it's so deeply healing, it's so powerful for us to each day say to the Holy Spirit, “Only, decide for me. Holy Spirit, decide for me.” Teach me in the ways of the masters, teach me in the ways of Love and Light. Make every decision for me. Thank you, thank you, thank you.”

Trust and Faith

Now, what I experience in this is that I'm led and guided in my awareness to the highest and best decisions and they feel and seem different than the choices I've had in the past. It might be the very same choices. Let's say, the choices are between doing something constructive or self-destructive. Constructive, self-destructive. The decision is, let's say, in the moment, we notice that I'm trying to decide whether or not to tell the truth about

something. When I am living in the space of, “You decide for me,” where in the past, I might have not told the truth because the truth felt uncomfortable to me. In this new way of living of letting the Holy Spirit decide, the telling of the lie will now feel less comfortable. It's like the scales switched. There's more weight towards Love and less weight towards fear.

It can seem like a subtle difference. Here's what makes it seem more clear. Trust, faith, willingness, commitment, devotion and dedication. The more willing we are, the more trust we have. Trust and willingness. You could say they're synonymous because you can't have one without the other. You cannot have trust without willingness, you cannot have willingness without trust. They go together. Trust and willingness, they're like a muscle that you can exercise and get in shape.

That's what we're endeavoring to do with our mind training system that is *A Course in Miracles* is we're getting in shape for having trust and faith in the Lord. Trust and faith in Love, trust and faith in Peace, in Harmony, in Beauty, in the Holy Spirit, in Clarity, in our Freedom.

I invite you to turn within and see if you can think of a time when you had a decision to make. You could see clearly the choice for Love or the choice for separation. You could see these different choices. How did you decide what to choose? Was it a hard decision? Was it an easy decision? Things could be so much easier when we're very early willing to give our whole life over to the Holy Spirit and the resistance comes because we have a lack of trust and faith. And why do we have lack of trust and faith?

Wanting an Experience

Well, so often it's because we said we wanted a particular thing and experience a thing, a person in our life or some, I think experience is probably the best word, where we really, really wanted something and we prayed and prayed to have it but we didn't get it. We got the opposite or we got something entirely different. And, we were angry at God, disappointed at God. And so, we took the meaning from that that, “God is not there for me. I cannot place my trust in God because God will let me down. God has done it in the past. I already know. Don't place your trust in God. You will find it very disappointing.”

But what we don't know is that, likely, if it wasn't for our highest and best that we stayed in that relationship with that person or that that person

healed their body and lived or whatever the circumstances might be and our prayer seems to have been unanswered. We must look at the nature of our prayer.

If we're praying for some experience to happen on our timing and it's not for our highest and best, then, would the Holy Spirit give it to us just because we asked for it? No, just like a loving parent, if the child is asking for more candy and more candy and more candy and they're making themselves sick and their nutrient-deprived. A loving parent wouldn't continue to give them more and more candy. The loving parent would be willing to risk the wrath of the child, the disappointment of the child, the anger of the child in order to protect the child from itself. That's what a loving parent does all the time.

But the one who trusts in their opinion, the parent who trusts in their opinion and seeks only for their own sense of Peace and protection, might continue to give the child candy and cookies and things like that, even though they know that the child is being sickened and it's not helpful and the child is suffering because of it. Parents do that. Sure, they do. Why? Because the candy, the cookies, the cakes will shut the child up, will seem to pacify the child, so then the child can be bribed that way. Even though they're teaching that child manipulation and coercion, even though they're teaching the child not to care for themselves.

They're teaching them that Love is giving in to the ego. Love is pacifying the ego rather than sending oneself free from the ego. In teaching that, we're causing suffering throughout the Universe. Teach only Love for that is what you are. When you're teaching something else, it's going to be picked up by everyone you taught it to and they're going to turn around and teach it to others, too. This is how we interrupt these patterns of lack, attack, limitation and separation.

When we say to the Spirit, "You decide for me. You decide for me." We're practicing trust, and faith, and willingness, and Self-Love. Self-Love is so profoundly healing it brings so much benefit. Yes. The separation occurred because we didn't Love our self enough to choose Love and to stay committed to it. The separation in our mind, the split in the mind occurred because we chose not to value our brothers and sisters and instead we liked the idea that they're separate. We can keep them at arm's length and that we're not responsible for our brothers and sisters. We're only responsible for

ourselves. But all minds are joined. How can we not be responsible for our brothers and sisters?

Invitations

Yes, yes, yes. This week, I'm in upstate New York leading the *Spiritual Counseling Training Intensive*. I believe that I'll be offering the next one in mid-October. I hope to announce that next week and tell you those details.

Also, if you go to the Events page at JenniferHadley.com, or if you receive my newsletter, you'll see that I also have coming up in October, the *Weekend of Freedom* Retreat that I'm doing with Maureen Muldoon, and Jon Mundy, and Regina Dawn-Akers, and Dov Fishman, and others. It's going to be at the Art of Living Retreat Center in North Carolina. I love it there. Love it there! I am inviting you to come along. Come and join us at the *Weekend of Freedom* Retreat. The first weekend in October. That's Columbus Day weekend that we celebrate here in the United States. We're going to have a spiritual hootenanny. And then, I'm hoping to arrange it so that you can stay on if you choose and come to my Forgiveness Retreat next weekend and we can do some work in between which would be absolutely lovely. Working on some beautiful opportunities for us to do the deep work together.

Oh, and by the way, all the *Living A Course in Miracles* classes from the last series, which was on the topic of *Cultivating Spiritual Sight*. Those free classes are available right now. You can download them and you can also download the transcripts and that's at LivingACourseinMiracles.com, and it's the *Living A Course in Miracles* series called *Cultivating Spiritual Sight*. You can also find it listed on the Events page at JenniferHadley.com. So, come along and enjoy all those free classes, 11 free classes in all. We've had so much praise for them. Please come and enjoy them. Totally free for you.

And, it's time for me to take a break. I'm Jennifer Hadley. You are listening to *A Course in Miracles* on Unity Online Radio where we're Living the Love, we're Walking the Talk, and I'll be right back. Mwah!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Alignment to The One

Jennifer Welcome back. I'm Jennifer Hadley. You're listening to Unity Radio and we're talking about this practice that Jesus gives us in Chapter 14, Section 3 where we, "*Say to the Holy Spirit only this, 'Decide for me, ' and it is done.'*" Jesus says, "*For the Holy Spirit's decisions are reflections of what God knows about you, and in this light, error of any kind becomes impossible.*"

Now, we have put our trust and faith in the ego so often that the idea that error of any kind becomes impossible seems impossible. And so, we are reluctant to place our trust and faith and our own ability to listen and follow the guidance of the Holy Spirit. This is a big part of why we are reluctant to say, "You decide for me."

Another thing is we fear we're going to be punished. We fear we're going to be punished because we're so convinced that we're a sinner. So, it's only through the active practice in the mind training that we come to see that if we move into this space, truly and wholeheartedly, with great willingness that we will discover that Spirit will guide us and lead us to the highest and best when we say, "You decide for me."

But, you know I can honestly say that in my experience, I have had times when I've said, "You decide for me," and then through a trick of the mind, I thought I heard Spirit's guidance. But, it really wasn't Spirit's guidance, it's just what I wanted to do. So, I picked it saying, "You know, this is my guidance." But, it wasn't my guidance, not at all. I didn't even know what my guidance was. I just knew what I wanted to do and I was identified with the ego. It was just what the ego wanted. It wasn't what I wanted at all because I am the Holy Spirit. I am the Higher Self, I am that One. Let me be aligned with that One.

My Learning to Ride a Bike

It takes a great willingness, it takes a great trust and faith to practice this but we do get the hang of it. It is energetically a lot like learning to ride a bike. Learning to ride a bike for me was very scary business. Partly because I was a little girl, about 6 years old, and my father had gotten me an adult-sized bike. So it seemed at the time, it was definitely a bike for a much bigger person. He thought I would grow into it. He bought it used at a garage sale. He didn't have much money and he wanted his daughter to have a bike. So, he was doing the very best he could for me but it was too big and I couldn't

handle it, so it was really scary. I wanted to please my father and I wanted to be able to learn how to ride a bike. But the bike was too unwieldy for me.

Many times, you see, when I, the ego personality identification and choosing what I think is best, I'm going to choose inappropriately in a very real sense like my father did. He was choosing from the ego thinking that he wouldn't have money later to buy a second bike. So, he's trying to buy a bike that would last me for a very long time but it was just too, too big for me. So, in order for me to learn to ride a bike, he had to get me a different bike I couldn't possibly. He didn't have trust, which I understand, I know incrimination for it. But how many times have I done things like that. Not having trust and faith, right.

Decisions from The Ego

For instance, holding onto items of clothing, items in your house that you never going to use again, probably. But you hold on to them just in case you become desperate and destitute in the future. You don't want to let go of them now. They become your safety and your protection. I've done that.

I realized with the help of a Feng Shui consultant, and space and energy consultant in the home, I realized that I had held on to some broken telephones, right. Especially, when phones became more modern, electronic devices. Because back in the day, they weren't really electronic devices like they are now with batteries, cordless phones. Once the cordless, the nicer phones came in, when they broke and I couldn't use them anymore, I didn't just throw them away because they cost a lot of money. I thought, "Well, maybe this can be repaired. Maybe there's parts of it that can be used or something. I'm not going to just throw this away." Same with an older computer. You'd put it on the shelf and it would just stay on the shelf until finally you decide to give it away or throw it away.

These are the kinds of decisions that we make when we're relying upon the ego and we also, unfortunately, make a lot of decisions to say things and do things to make other people feel guilty. And part of it is because we haven't yet learned what *A Course in Miracles* teaches about taking responsibility and recognizing that everything is really, truly just as we wish it to be. When we are having experiences where we're telling other people that what they've done has hurt us, we are trying to make them feel guilty. There is a way to say that, "I prefer that not happen again. That's a deal

breaker for me. The way you treated me in that situation, that's a deal breaker for me. I'm not going to allow that anymore." But if we tell the person, "That made me feel so sad. That made me feel so angry," or, "You made me feel so sad. You made me feel angry." Then we're not taking responsibility for it.

Taking Responsibility and Practicing

I have been with people who feel that they're very advanced spiritual students because they've been doing this work for 30 years, for 20 years, but they're still not willing to take responsibility for how they feel about themselves. They're still blaming somebody else for how they feel about themselves. They're still blaming someone else for when they feel upset, irritated, frustrated, annoyed, hurt, and angry, all of those things, it's still someone else's fault. That shows a lack of spiritual maturity. It takes this great willingness to say to the Holy Spirit, "You decide for me." To recognize that, "Well, if I'm feeling irritated or sad or angry or afraid or upset in any way, shape, or form, I took the decision-making power back."

That's the beautiful prayer at the end of Page 90, Chapter 5, end of Chapter 5 in the Text where it says, "*I must have decided wrongly, because I am not at peace.*" So, when we let the Holy Spirit decide and we follow the guidance of the Holy Spirit, then we're going to be at Peace and that's how we know that we are letting the Holy Spirit decide.

There have been many times in my life since practicing this where I've come to a decision point and my ego says, I just think of a kind of a simple way, the ego says, "I don't want to share these strawberries. They're really good. I have a limited quantity of them. I do not wish to share them, so I'm going to hoard them and hide them my friend." Now, I would say there's nothing wrong with saying, "I'm enjoying all these strawberries, yum." But if we're coming from, "I want to hide these. I don't want to share these." Then, hmm, what's really going on there? Seems like there's a belief in lack and if I energize that belief in lack, what will I experience more of? Lack. Lack attack is coming! Lack attack is coming.

And then when, let's say, something happens where later that day, we drop our phone and the phone breaks. And now, we have to get the phone repaired and it seems like there's a lack of money for that and we're feeling self-crimination, "How could I have been so stupid? Oh, my gosh. Why

didn't I buy a better case to protect it?" Whatever. Then, there's the lack showing up. There's the attack showing up. And, you might find it difficult to believe that it came from not wanting to share the strawberries.

You see, "Cause and Effect." That principle never takes a break. It doesn't. It never takes a break. It's always operating in our lives. If we always like to experience Love, and Joy, and Peace, and Harmony, and feeling that alignment, feeling that effect, then let the Holy Spirit decide for me.

There's definitely a training period, of course there is, where there might be the thought, "Oh, there's not enough strawberries to share for everybody. I really want to enjoy these all myself. What should I do, Holy Spirit?" And then follow, whatever it is. But, in my experience of following the Holy Spirit's guidance, I feel peaceful. I don't feel like, "Ugh. The Holy Spirit is making me share these strawberries and I don't want to!"

Teach Only Love

I think of one of my favorite stories about my nephew, Alexander. Allie, my palli, when he was about four years old, he came home one afternoon from preschool and I was visiting his family. They were living in Brooklyn at the time, Park Slope Brooklyn. He came in the door and such a precious boy, and I said, "Hey, Al, how was school today?" And he said, "It was good." I said, "Really? What was good about it?" And he thought for a moment, I saw him thinking about it and then his whole face, his whole body lit up, and he said, "I shared." I said, "You did?" He said, "Yes, I shared. I didn't grab. I shared." I said, "Sharing is a lot of fun, isn't it?" He said, "Yeah!" It was a total revelation to him.

What he was telling me in that simple way that a child can convey things was that a lot of times he'll just grab, he doesn't think about sharing, because he just wants what he wants, you know. "Grab. I want the strawberries. I'm grabbing them. They're mine. I don't want to share them." But, that day he really saw sharing it's fun. It's fun to share. What a great thing to do if you have children to give one a bowl of strawberries and one a bowl blueberries, one a bowl raspberries. Let's say, "Let's all share. Let's all share." And then, here's Al goes, "Would you like some of my strawberries? Would you like some of my blueberries?" "Yes, I would. Thank you." That's how you share.

They can learn that it can be fun. But you see, of course, children learn best from watching you and then modeling it. You're modeling it and then they try it out. But, teach only Love for that is what you are. Love is sharing. I think, that's one of the wonderful things I really appreciate about my niece and my nephews, my brother's children. I know when I was younger when people had ice cream cones and people would say, "Oh, can I have a taste of yours?" I've been around kids are like, "No, way. No, way." I've seen brothers and sisters and family situations where they don't want to share it all. They all even say, "No, way. You're a pig. You hog it all." And so, there's greediness, right?

Of course, only the ego is greedy, right. Spirit is not greedy for anything because the Spirit knows it already has everything. It's lacking in nothing. It's one with the Universe. Why would the Spirit have any sense of lack or limitation? When we have a sense of lack and limitation, that's the perfect time when there is fear to just take a deep breath and say, "You decide for me, because this I must have made a wrong decision. I can decide again. I can choose again. I'm choosing right now. I'm choosing you for you to take the thought that is the cause of the fear and I'm not going to try and manage and cope with this anymore. You decide for me."

The House in Maine

I had the perfect example last week of this where my family has this gorgeous house in Maine that my parents built 30 years ago. My grandparents helped them out and they built it with this idea that would be this refuge for our family to go to this beautiful place, on an island off the coast of Maine, it's in the town of Stonington on the island called Deer Isle. It's way down east, kind of near Bar Harbor. If you want to take a couple of bridges and a couple of causeways, try for an hour and a half. It's kind of near Bar Harbor, and it's much faster by water. But, anyway, we rent the house now in the summer a lot of the weeks when we're not there so that we can afford to keep it.

In fact, if you're interested, we do still have some weeks in the fall and we're going to keep it open during the winter from now on for people to go into a writer's retreat or an artist's retreat. It's the ideal place.

My stepmother, my dad remarried a few years after my mother died. My stepmother's an artist and she loves the house and it's just beautiful spaces

to work with the light as a painter, and she draws and does all kinds of artwork.

And, of course, myself, as a writer. I've done a lot of writing there. It's a wonderful place to have as a retreat. We're going to keep it open this year and rent it as a writer's retreat, an artist's retreat. People can rent it. You can see there's an ad for it on the Events page at JenniferHadley.com. It's called Blue Arches, that's the name of the house.

Anyway, last week, I was getting ready to leave Maine. I was up there getting all the gardens ready and join the beauty of it, and we had arranged for we have to have a cleaner or a team of cleaners to come in and turn the house over between the rentals. You know, they have only so many hours to get the house clean up after that last tenant. Did wash all the sheets and the towels and clean everything up, remake the beds, et cetera, for the new people coming in. My cleaner just disappeared on me and I was leaving the house tomorrow and we had tenants coming in and I needed to have an arrangement with someone to take care of the whole summer for us, very important. Very important. And so, at first it was like, "Oh, boy." I had plans to go and visit Lisa Natoli and her husband, Bill Free, and stay at their house. And stay at my other friends, Richard and Karen's house at Rhode Island.

I was going to do this whole wonderful couple of days of traveling and visiting very dear friends and looking forward to it, I had to cancel all that in order to find new cleaners. And as I started to make calls, people said, "Oh, it's so late in the season. You're not going to find anybody now." And people were saying as I started calling different people and getting referrals, they're like, "Oh, I'm completely booked up. Can't take another house." "Oh, no, can't. Saturday turnover? No, can't do it. Sorry. Love to help you out. I just can't do one more house." There was the opportunity to become afraid and worried and doubtful. I could feel that some of my friends and people that I called were starting to worry and fear for me and I talked about it with my father and he was like, "Oh, boy."

But, I see that I live my life to learn, to grow, to heal, and to teach that others because everybody is watching. Everything I do all the time, whether they know it or not, or I know it. One of the things was I didn't even tell my brother and sister-in-law, so I didn't need them worrying about it. But, I thought my father might know some people who would know some people because he used to live there.

Anyway, all throughout the day. I kept saying, “Okay, Jesus, I know You got this. I'm just doing what I'm guided to do. Calling who I'm guided to call. Look where I'm guided to look.” And, don't you know, of course, I found a pair of lovely ladies, a couple of sisters, who I think are going to do a fabulous job and I'm not worried or afraid about it. Even some little issues came up about misunderstanding, about their rate, I trust everything is going to be resolved perfectly and everything is going to go very well for the renters.

Trusting in God

Because, what's the alternative? The alternative is that I'm stressed and I'm worried, I'm not trusting God and you know it seems like, well, in the immediate at least I can take care of it and manage it myself and know it's going to be done right. If I trust God, I have no idea if God is going to provide for me because in the past, like I was saying earlier, I have asked God to provide for me and God did not do what I wanted to do. It didn't go well and I was very upset, very hurt and I felt like God completely deserted me and let me down.

Now, just take a breath there because in my experience it's only when I have an attachment to how I think it should be and when I'm not willing to allow God to decide for me, that it doesn't go well. That's the only time it doesn't go well. The more trust and faith I have, the better things go. So, why, why would I try to do things on my own anymore? It'd just not a good idea. Not a good idea at all. “You decide for me.” That is the way.

We begin to have the patience, have the willingness to connect with the Spirit and see if we can feel the difference. See if you can notice the difference between when you're trying to manage and cope with things, you're trying to figure it out, and when you're allowing. Our job is to allow. How can the Spirit decide for us and guide us to it when we won't allow it? Just think, if you hired a contractor to come and build a wing onto your house but you wouldn't allow them to do it. You wouldn't allow them to lay the plans and get the materials and start to cut the wood and lay the brick and do all those things. You wouldn't allow it and then you're going to blame them for deserting you and not doing a good job when you wouldn't get out of their way? That's insane. But, we practice insanity a lot. And, enough. Enough! Enough, enough.

Reminders

Alright. It's time for us to pray and as we do, just a reminder. There's a lot of free stuff at LivingACourseinMiracles.com at JenniferHadley.com. We transcribed these radio shows now. This radio show, the transcripts and all the free things are made possible by the kind and generous donations of people who support the Power of Love Ministry and all that we're doing at JenniferHadley.com and LivingACourseinMiracles.com, so, I thank you.

We just did that wonderful series of free 11 classes, *Living A Course in Miracles* and much more to come. Including the free text messages which people are telling me they're loving. Thank you so much for telling me. Sometimes, I don't know if it's working. So, let's take that breath of Love and gratitude together.

And you can make a donation at any of the websites.

Closing Prayer

We take that breath of Love and gratitude together. So grateful and so thankful to open our hearts and minds to the power and the presence of Love living through us and as us. We're giving it up to the Holy Spirit, "You decide for me." We're willing to listen to the answer, to feel the answer, to know the answer and to follow the guidance as it's given.

In gratitude, we share the benefits with all. We're allowing ourselves to have a life of great Love and Joy, and we know that it is unfolding with ease and grace, and so it is. Amen. Amen, Amen.

God bless you. I love you. Have a magnificent rest of your week. Mwah!

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