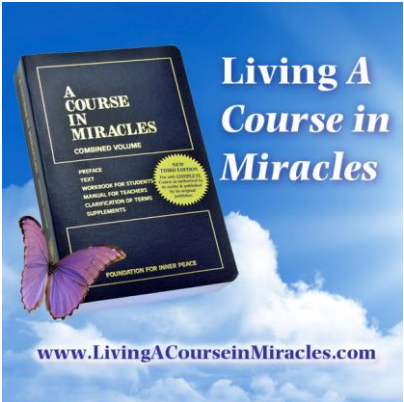


July 18, 2017



Certainty



 *Jennifer Hadley*
your daily shot of spiritual espresso

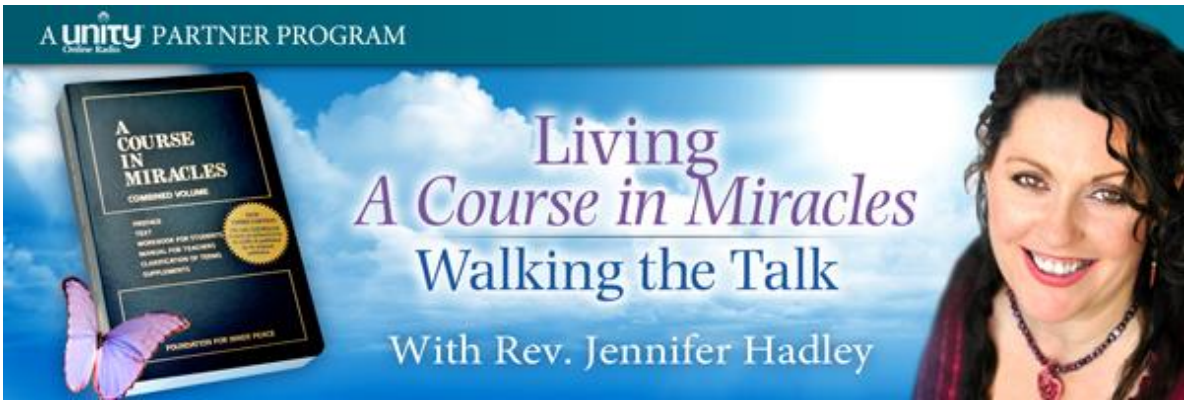


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July 18, 2017

Certainty

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour! So happy to be with you! I'm in Vermont. It's absolutely lovely in the green mountains of Vermont. I am so grateful to be here, to have an opportunity to enjoy this beautiful summer weather that is here. I'm so glad, so grateful!

And, I'm grateful that we have *A Course in Miracles*, and we get to join together and **share**. Today we're talking about "Certainty" and I'll tell you what inspired me as soon as we pray.

Opening Prayer

Let's take this moment to turn within and to focus on our heart, focus on our mind, focus on the Love of God, the pure perfection that we already are.

So grateful to consciously attune to Infinite Loving Intelligence. So grateful to give ourselves over to the Higher Holy Spirit Self, and to remember and recognize the fullness of Love that we already are.

So grateful to consciously attune to the Infinite. So grateful that our very nature is God's Nature, that we are One with the One.

So grateful to lay on the altar any sense of separation, disconnect, any sense of suffering, any sense of having a problem. We're grateful and thankful to **let it go now**.

We're grateful to open ourselves to unprecedented healing, the truth faith of God.

In gratitude, we share all our healing. In gratitude, we let it be. And so, it is. Amen. Amen. Amen. Amen.

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Certainty of God -- We Are Not Alone

Mmm! So, as usual, when I am preparing for the radio broadcast, I hold *A Course in Miracles* in my hand and I ask the Holy Spirit to guide and direct me, "What am I to share about? What are we to share about?"

And I opened the book to the *Epilogue* for the *Workbook*. You know, it's not a section that people read often, that I know of. I don't hear them talking about it, and a clear message came through about certainty. It starts with,

"This course is a beginning, not an end. Your Friend--"

Who is the Holy Spirit,

"...Your Friend goes with you. You are not alone."

Of course, Jesus is our friend, too.

"Your Friend goes with you. You are not alone. No one who calls on Him --"

The Holy Spirit,

"... can call in vain. Whatever troubles you, be certain that He has the answer, and will gladly give it to you, if you simply turn to Him and ask it of

Him. He will not withhold all answers that you need for anything that seems to trouble you. He knows the way to solve all problems, and resolve all doubts. His certainty is yours. You need but ask it of Him, and it will be given you."

Let's ask the Holy Spirit for the certainty. Let's join together right here, right now, place our hand on our heart, and wholeheartedly join together and call upon the Holy Spirit, that Higher Holy Spirit Self, the Mighty I AM Presence, and declare that we are willing to have the certainty of God. We are willing to give up cherishing our own opinions and judgments -- the doubt, the fear, the worry. We're willing to give it all up and to know, with certainty that Love is, that God Is, that truth is.

We are grateful and thankful to be led and guided by the Holy Spirit. And so, it is. Amen.

"This course is a beginning, not an end. Your Friend goes with you. You are not alone. No one who calls on Him can call in vain."

That's the thing, is **do** we call? What I notice for myself is, it is an important part of my spiritual practice to call upon the Spirit again, and again, and

We are willing to have the certainty of God.

We are willing to give up cherishing our own opinions and judgments.

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again and not try to go it alone. It's so important for me to recognize that I don't **have** to go it alone unless I **wish** to, and I **do not** wish to. I wish to join with the Holy Spirit in each and every moment, to know and remember the truth, to be led and guided.

Certainty That God Has the Answer

And yet, all throughout my day, I find myself forgetting and remembering, forgetting and remembering. So that's where the main practice is. Anytime I ever speak to someone who's feeling really upset, worried or afraid, if I ask them, "Well, have you given this to the Holy Spirit to guide you? Are you open to guidance from the Holy Spirit? Are you **willing** to trust?" And there's where the challenge is, there's where the forgetting is. And so, this where we do our spiritual practice, cultivating the ability to remember. Just think of these words.

"Whatever troubles you, be certain that He has the answer, and will gladly give it to you, if you simply turn to Him and ask it of Him."

I've had many, many experiences of turning to the Holy Spirit, and many experiences of trying to work my own will, trying to figure it out, and trying to go it alone. And when I give it to the Holy Spirit, I experience miraculous results.

It doesn't always come out the way I would **like** it to come out, it doesn't always come out the way I think it could or should come out, but it **always** comes out for the highest and best, and many times I learn something **about** what's highest and best.

There's a valuable lesson in there that I'd like to share with you. I had an experience once, where I was doing some -- working on some projects with my family, and nobody wanted to do it the way I wanted to do it, or the way that I felt was best. And I understood their reasonings, and their points of view and perspective. And while I didn't agree, I was not interested in being confrontive or arguing, so I just kept giving it to the Holy Spirit and saying,

*It doesn't always
come out the way I
would like it to come
out, it doesn't always
come out the way I
think it could or
should come out, but
it always comes
out for the
highest and best.*

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“You lead us, I’ll follow. I’m not going to argue with anyone in my family about this. I am just going to follow the Holy Spirit’s guidance in this.”

And so it **seemed** like we were incurring additional expenses. It **seemed** like things were being misunderstood and there were challenges. But I really decided not to try to control it or manipulate it, but to have trust and faith that the Holy Spirit would bring it all home in the highest and best way for all of us in the end.

And along the way, like I said, expenses were incurred, and I have to say that -- and some of the members of the family were bothered by that, were thinking, “That’s on you, because you -- this, you -- that.” There was some blaming going on. I understood that. I didn’t feel the same way, but I understood why others felt that way.

And I got to the point where I was able to say, “Hey! I’m okay with everything just as it turned out. We learned a lot, we’ve come a journey. Everything is working together for us. And yes, we do have these additional expenses.” And I said, “Look, if anybody had listened to me when I was sharing what I thought would be best, we wouldn’t have these expenses. But I’m very happy to pay my share, and I’m just glad that everything’s working together. So let’s not be upset by it. Let’s just move forward. We’re working things out, and my feeling is, it’s just money. It’s just money!”

*I know that God is
an unlimited
Source, and that
is my Source.*

You see, I can do that, because I know that God is an unlimited Source, and that is **my** Source. I have seen, so many times, where if I went into the place of, “Oh! This is so **bad!** This is so **wrong!** This is a rip-off!” and I would be upset and I would try to work my will, I would try to push, and organize, and control, and manipulate things, because I had a fear about the expense of it, overpaying, and I had doubt about my own finances, boy! I created so much drama for myself, for decades like that!

And that is what I saw my family do before me, so I just did what I learned to do -- to be frightened about money, to be worried about money.

But through my practice of the *Course*, and through my practice of nonjudgment -- which is true forgiveness -- through my practice of nonjudgment, I began to see very clearly that if I’m holding thoughts of lack and limitation, I’m going to **experience** lack and limitation. If I’m

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angry about money in any way, shape or form, I am **definitely** thinking thoughts of lack and limitation.

I have experienced so many situations where I just kept giving it over to God and, we could call them miracles, but remember *A Course in Miracles* tells us a miracle is a shift in consciousness, so what I see is that, if I rely on God, everything's going to go a lot better.

Experiences of Certainty in God's Guidance

I remember last year when I went to Germany, I put out an e-mail to folks in Germany who were subscribed to my e-mails, and I said, "I see the opportunity to go to Germany, and I feel the calling to go to Germany, and if anyone would like to host me, I'll come!" because I was traveling from the U.K. to Australia, and so I thought it would be a good break to stop in Germany on the way, and I had **really** been feeling that call to go to Germany. I love Germany, love the German people. It's a wonderful country.

A beautiful woman invited me to come and stay with her, and to teach some workshops, which I did. We had a very small group of people, and many of them had driven for many hours to get there, the people came from France. Beautiful, powerful, healing gatherings, and many of the people stayed for extra workshops because they got so inspired.

But there was a point in my human ego experience, because there were so few people who were attending, I just **asked** for guidance. I said, "Is this the best use of my time and energy?" Because I'm the leader and founder of this ministry, and so my time is the most valuable, and I wanted to make sure that, "Did I come here for some ego reason, or was I definitely following Spirit?" which I thought that I was, because if it costs a lot of money and takes a lot of my time, but it only serves a few people, I just have to question, "Am I clearly listening to the guidance? Is this for the highest and best?"

*Am I clearly
listening to the
guidance?
Is this for the
highest and best?*

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Within 24 hours we got a very nice donation that **more** than covered the expenses, and just the timing of it was just an absolute affirmation that I had listened to the guidance. I had followed, and I had done as I had been guided, and all was perfect.

So what I can share with you that's important about that is, I wasn't chastising myself, or thinking that I'd made a mistake, or done something wrong. I was just making an inquiry -- gently, lovingly checking in with the Holy Spirit, checking in with the Higher Self.

And when we do that, we get that sense of certainty, and that is a pearl beyond price. It truly is.

It says here,

"No one who calls on Him can call in vain."

Again, we're in the *Epilogue* of the *Workbook*, my Page 487.

"Whatever troubles you, be certain that He has the answer, and will gladly give it to you, if you simply turn to Him and ask it of Him. He will not withhold all answers that you need for anything that seems to trouble you. He knows the way to solve all problems, and resolve all doubts. His certainty is yours. You need but ask it of Him, and it will be given you."

Such a simple, clear language. There's no ambiguity here. This is clear. It's direct.

Certainty That God is For Us

I find that one of the most challenging habits for people to develop is the habit of checking in with the Higher Holy Spirit Self. Once you learn that habit, you learn the benefits of it **so** clearly, **so** strongly, that you will come to value it, and it just makes life **profoundly** easier, **profoundly** easier!

Moving on here to the next paragraph -- oh, you know? I'm going to go back to my experience with my family. So when I said to them, "Hey! If anybody had listened to me, we wouldn't have these expenses, but I get it!" I didn't make them wrong. I was just pointing it out. "I get that you don't want to follow my intuition." I understand that members of my family don't trust my intuition. I understand that. That makes sense to me. That doesn't seem unreasonable to me.

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But I also see that I am, through gentleness, through consistency, through my own trust and faith, and the way that it leads and guides me, and the Harmony that I experience in my life, I'm teaching everyone in my family how to rely on your intuition and the **benefits** of it.

"Teach only love, for that is what you are."

I don't need to **convince** anyone, I don't need to have a **talk** with anyone about the benefits of my intuition. But I can simply, without judgment, without anger or resentment or regret, say, "Hey! So, my intuition was that this would be the easiest path. People didn't want to take that path. I understand that, but I think we can see now, in hindsight, it would have been an easier, less costly path. Just saying! Just saying, without any upset whatsoever, and I'm totally cool. You know? I'll pay my share of the extra cost because we did it your way."

And here's why I'm okay with paying the extra cost -- because I know, for a **fact**, that because I'm following my guidance, even in how I tell my family what I've learned from the experience, that the money will come from somewhere else. It's like my grandfather used to say about his tithing to the church, "The money you give the church costs you nothing."

But if I were to be in resentment about it, for sure **then** I would have extra expenses. Something would happen, something would go wrong. But I have seen, time and time again, that the more I practice nonjudgment, which is what true forgiveness is, then the more prosperous I am, the more the money flows, the less worry there is, the more money I have in my bank account. And a lot of times, I have more money in my bank account simply because I don't have the same expenses.

You know, I have stuff that happens. Of course! I'm thinking about people who have cars that break down all the time. I've had car expenses this year. But you know, I had an experience this year where I sold the car that I had when I was in Hawaii. I finally realized, "Okay, I'm not moving back to Kauai!" I knew it a long time ago, but I had -- some people had borrowed

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my car and given me money for it, and different things like that, so I was managing -- and oh, a beautiful *Masterful Living* participant had been caring for the car, and helping me with it and not charging me anything, and so -- and she got to use it for her family, which was great, so I was just holding onto the car.

Anyway, I finally decided -- well, I needed to let it go, and to sell it, so I did. I had put some real money into the car -- new tires, new battery, new windshield, improvements to the car, because it was a used car when I bought it. I've never bought a new car. [laughs] Maybe someday God will give me a new car, but for now I'm just buying used cars, and I'm quite content with that. And I loved this car. It's a Suzuki Grand Vitara, I just loved it. It was the best car I ever had. I really loved driving it. My friends loved driving it. It was a great, great beach car in Hawaii.

Our willingness to be certain that God is working for us and never against us... that brings an experience of the same.

I sold the car to someone who then had an incident with the car, where something major needed to be repaired right after. And I don't know if it was -- it seemed like maybe it was something to do with how they were driving it, based on what they told me. They said they had to put \$800 into the car, and I said, "Well, let me know what happened and how it happened." I fully thought, "Hey! If I'm responsible for this, I'll pay for it. No problem. No problem! God is my **Source!** No problem! My needs are met in God." And I never heard from them again about it.

Now, if I had been belligerent about it, or said, "Hey! That's on you! I'm not going to --" then they might have come after me. You see?

So this is the thing we have to understand, is our **willingness** to be **certain** that God is working for us and never against us, **always** with us, **always** for us, that brings an experience of the same. When we have doubt, it's always **self-doubt**. It's always because we don't trust ourselves, and we project it out on God and everyone else.

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Living By Faith In Certainty

And the way to turn that around, to really turn that around so you can live by faith, which is **so much** better than living where you're faith is in your own opinions and judgments, and your own ability to figure it out -- when we place our faith in our personality, oh! It's such a rocky painful road! Oh, my God! I'm not going back to that! This simple paragraph says it **all**.

"Whatever troubles you, be certain that He has the answer, and will gladly give it to you, if you simply turn to Him and ask it of Him."

"No one who calls on Him can call in vain."

Why wouldn't you call?

"He will not withhold all answers that you need for anything that seems to trouble you. He knows the way to solve all problems, and resolve all doubts. His certainty is yours. You need but ask it of Him, and it will be given you."

During that stuff with my family, I just kept giving it to the Holy Spirit. "Holy Spirit, I know You're bringing us home to the highest and best for everyone, because the highest

and best for **anyone is** the highest and best for **everyone**, because we're One with each other. How could things ever go better for someone else and not for me? It's just not possible."

It might **look** that way on the surface, right? You buy something and it's a piece of junk, and you think, "Oh, that went better for them. They have my money. I got ripped off. That wasn't the highest and best!" You don't **know! Maybe** they are learning through creating negative karma and ripping people off, and that's how they're choosing to learn, and so the lesson will come in God's time for them. The learning will come, the opportunity will be presented to them in a way that they will finally be able to accept it.

And, in the meantime, I get another opportunity to practice nonjudgment, and **every** time I practice nonjudgment, **every** forgiveness opportunity that I make the most of, is a healing opportunity for **me**. I've really come to see that when I don't judge what's happening in this moment -- like with my family, not judging that it's costing me a couple thousand dollars -- not

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is a healing
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judging that, I know **for sure** that I am not only **not** creating negative karma for myself in the present moment, **not** energizing lack and limitation in the present moment -- energizing actively energizing Prosperity **instead** for myself and my whole family in the present moment, but also I'm undoing the patterns of the past, the belief in separation. So it's a win-win-win-win-win every single time. I can practice nonjudgment, which is true forgiveness. Ca-Ching! Ca-Ching! Ca-Ching!

And, of course, it's not just about money. It's about health, not just wealth. It's about well-being. It's about all the aspects of Prosperity. It's about getting a good night's sleep. It's about having loving relationships. It's about feeling peaceful and harmonious in all ways, shapes, and form. Yes, it is. Putting the trust and faith in the Holy Spirit.

So, the whole thing is to practice, practice, practice and to look at every moment when we get triggered as an opportunity to practice, and to be grateful for the practice moment.

Well! It's time for me to take a break. I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk, and I'll be right back!

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Retreats & Resources

Welcome back! I'm **loving** this topic, loving this paragraph in the *Epilogue* here.

While we were on the break I'm just remembering to share with you the inspirational text messages that I send on a daily basis. You can sign up for them at ACIMtexts.com. ACIMtexts.com, you can sign up for *A Course in Miracles* messages. They'll come once a day during the daytime, usually between 9 and 5. I love getting them myself! [laughs] Nice little surprise in the day, a little juicy morsel. It's free.

It's a free service provided by the wonderful people who make all these free things at [Living A Course in Miracles](http://LivingACourseinMiracles.com) and JenniferHadley.com possible. So thank you, thank you, thank you to all you listeners who contribute and

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support this radio show and make it possible. God bless you! Every little bit helps.

We're working on some more free classes coming up, and I would like to talk about some events that are coming up in October, so you can plan.

We have the "Weekend of Freedom Retreat" at the Art of Living Retreat Center in beautiful Boone, North Carolina up in the Blue Ridge Mountains. I'm doing three events in October. I'm going to spend most of the month there. Come and join me!

The first one is the "Weekend of Freedom Retreat" with David Fishman and Jon Mundy, Regina Dawn Akers and more. We're going to have just a wonderful time together. That's the first weekend.

The second weekend I'm doing a forgiveness retreat and I -- oh, my gosh! These forgiveness retreats are **so, so good**, so I'm looking forward to doing another one. I am writing a book on forgiveness that I'm anticipating to be out in November, so I'm looking forward to that forgiveness retreat the second weekend in October at the Art of Living Retreat Center in North Carolina.

And then immediately following that, I'm doing my next [*Spiritual Counseling Training Intensive*](#) and those are open to everyone. So whether you'd just like to improve your intuition, and your listening and sharing skills, or if you would like professional training, if you'd like CEU's, Continuing Education Units for your current license as a nurse, a therapist, whatever kind of practitioner you are. We have all kinds of people from all walks of life.

Or if you're interested in my [*Spiritual Counseling Certification Program*](#), the Intensive is part of that Certification Program. It's an important part of it.

I have to say, these *Spiritual Counseling Training Intensives* are **very** deep, they are personally profoundly transformational, and it's a wonderful opportunity for you to do a lot of deep, deep healing and clearing work, opening up to your intuition, and really learning to be a much better listener.

So, come and check it out! The details are not on the [Events](#) page for everything right this minute, but I suspect they will be by tomorrow, July 19th.

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Certainty of Our Path Home

Alright! Ah! We're back at the *Epilogue*, cultivating certainty. Paragraph 2,
"You are as certain of arriving home as is the pathway of the sun laid down before
it rises--"

That's beautiful!

"You are as certain of arriving home as is the pathway of the sun laid down before
it rises --"

In my [daily Spiritual Espresso blog](#) today -- which is another free offering
you can sign up for at [JenniferHadley.com](#) -- in my blog today I was writing
about how Jesus gave us the parable of the Prodigal Son, which is truly **our**
journey. We're **doing** it! [laughs] We're returning home. We're following
that pathway of the Prodigal Son, and to be welcomed by Mother-Father
God and the full recognition that we never left! What?! It was, as *A Course in
Miracles* says, a meaningless journey, which is -- this world has no
meaning. The only things that's meaningful is the **real** world. So it's not a
journey that's **pointless**, but all the meaning of everything is in the **real**
world, beyond the illusion of time and
space.

*"You are as certain of arriving home as is the
pathway of the sun laid down before it rises,
after it has set, and in the half-lit hours in
between. Indeed, your pathway is more certain
still. For it can not be possible to change the
course of those whom God has called to Him.
Therefore obey your will, and follow Him
Whom you accepted as your voice, to speak of
what you really want and really need."*

You see here? To me, this is one of the clues
that Higher Holy Spirit Self **is** our Higher
Self, it **is** the --

Oh, my gosh! I don't know what that wasp is doing! That's very interesting.
Wow! I'm sitting outside watching nature.

I am so grateful to **know** that the Holy Spirit **is** the Higher Holy Spirit Self,
is the I AM Presence, **is** the Guardian Angel, **is** leading us and guiding us,
all of us, individually and collectively, and therefore we **cannot fail**. And

*When we give
everything over to the
Holy Spirit,
there's just no
possibility of failure.
There's only the
perfect Love of God,
the Truth of God*

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when we give everything over to the Holy Spirit, there's just no possibility of failure. There's only the perfect Love of God, the Truth of God, the Wisdom of God, revealing itself in our heart and in our mind.

"You are as certain of arriving home as is the pathway of the sun laid down before it rises, after it has set, and in the half-lit hours in between. Indeed, your pathway is more certain still. For it can not be possible to change the course of those whom God has called to Him. Therefore obey your will, and follow Him Whom you accepted as your voice, to speak of what you really want and really need. His is the Voice for God and also yours. And thus He speaks of freedom and of truth."

"No more specific lessons are assigned, for there is no more need of them. Henceforth, hear but the Voice for God and for your Self when you retire from the world, to seek reality instead. He will direct your efforts, telling you exactly what to do, how to direct your mind, and when to come to Him in silence, asking for His sure direction and His certain Word. His is the Word that God has given you. His is the Word you chose to be your own."

So, you see? We've made all these choices already, and it's like we're reviewing them on DVD. [laughs] We're reviewing them on the screen of our life, but we've already made the decision. We made the decision to go adventuring, like the Prodigal Son, and we made the decision to come home.

What a lot of people look at it as, it's like we're already home and we're watching it on TV, watching it in our mind. Something to think about. And if it frightens you, give it to the Holy Spirit. If it confuses you, give it to the Holy Spirit. Just give **everything** to the Holy Spirit. **That's** where our **certainty** lies.

How could our certainty lie in the ego identification, right? The ego changes its mind constantly. There is **no** certainty there. We've put the ego first in our life, false idols. Our opinions and judgments are false idols that we cherish. We think we're so right, we think we're so wrong, we think we're so much better than, we think that we're less than.

I had a wonderful realization -- what was it, last week? I guess it was. It seems like it was weeks ago, now -- where I was in contemplation and meditation, and I had this awareness that I had a belief that if my body

*How could our
certainty lie in the
ego identification,
right?*

*The ego changes
its mind
constantly.*

*There is no
certainty there.*

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weighed less and was thinner, that I would be a **better** person, that I would be a superior person, that I would be better than other people and better than who I am right now.

So through my practice of prayer, meditation, contemplation, this belief came up into my awareness without me having to suffer or be in pain, and then I can look at this belief without crying, without being threatened, without feeling afraid, or worried or doubtful, like many of the ways that we confront our beliefs. No, it just gently bubbled up into my awareness that I believed I would be superior to who I am now, and to others, if I had a thinner body.

So glad to let that thought go! So grateful to not entertain that thought anymore, that anything about anyone's body could make them better than or less than. But we sure live in a world where we think that. We think that people are more spiritual because they have more money, or because they're physically more attractive in a way that most people agree upon. We've all kinds of false beliefs like that, and we entertain them in this attack against the True Self.

People ask me all the time, "**How** do I Love myself? **How?** How? Tell me about Self-Love! I don't **get** it!" These beliefs are the **opposite** of Love. To think that anyone is better than or less than because of the way their body looks or operates. And we **think** we don't have these beliefs, but it was so clear to me last week. I saw, "Oh, yes! That is a belief that's operating in my belief system. So what do I do with it?"

Out of Self-Love, I give it to the Holy Spirit, my best friend, and say, "Ooh! Take this thought out of my mind so I never think it again." So grateful I became aware that that thought was operating in my mind. So grateful I can relinquish it to the Holy Spirit for healing. So grateful I don't have to struggle with that thought anymore. **So grateful!** Ah! Yes! Yes, we're blessed! Mmm!

Certainty, Trust & Faith Through Awareness

Alright! Back to certainty. You see, certainty comes from when these beliefs come into our awareness. We say, "Oh, this is a Gift from God! This awareness of this false belief, this painful thought. The **awareness** that I've been entertaining it, that I believe it, that it's valuable to me, **this** is a Gift from God."

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It's like discovering that there's mold in your house. You can clean it up! It's been making you sick. You can get it out of there! So grateful! If you have a rats nest in your living room sofa, wouldn't you like to know about it? Right? Yes, of course you would! Not that rats or bad or anything, but they tend to poop and pee where they live, and you don't want them doing that in your sofa! No, you don't! [laughs]

But you see, if we're not paying attention when these beliefs come up, we **think** that they're true. Right? Is it true that anyone is better than or less than because of the look of their body, the health of their body? **No! No!** That's so crazy! But a lot of people do believe it. They do, they do! Mmm! Very strong, these beliefs. We can let them go. Yeah.

*Are you willing to be
certain?*

*Certainty requires that
relationship with
the Holy Spirit*

Then in their place is the certainty, the trust, the faith. So it says here, this is Paragraph 3,

“Henceforth, hear but the Voice for God and for your Self when you retire from the world, to seek reality instead. He will direct your efforts, telling you exactly what to do, how to direct your mind, and when to come to Him in silence, asking for His sure direction and His certain Word. His is the Word that God has given you. His is the Word you chose to be your own.”

“And now I place you in His hands, to be His faithful follower, with Him as Guide through every difficulty and all pain that you may think is real. Nor will He give you pleasures that will pass away, for He gives only the eternal and the good. Let Him prepare you further. He has earned your trust by speaking daily to you of your Father and your brother and your Self. He will continue. Now you walk with Him, as certain as is He of where you go; as sure as He of how you should proceed; as confident as He is of the goal, and of your safe arrival in the end.”

“The end is certain, and the means as well. To this we say ‘Amen.’”

It's so clear! **So clear!** Are you **willing** to be certain? Certainty requires that relationship with the Holy Spirit. Why wouldn't you want to have that relationship with the Holy Spirit? Well, I'll tell you why. Because you **like** judging instead. And you know what? I totally get this, because I work with it every single day. Right?

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Certainty of Our Perfection

Here's one example that I see **very** common among people, particularly in the United States right now. We have this wonderful service called Netflix and, of course, we all have YouTube, too. We have all these outlets -- Amazon.com -- where people, they're creating this **constant** stream of content for us to watch, and watch, and watch, and people talk about binge-watching different TV shows, and so we get caught up in just the endless watching, and watching, and watching.

We could still **learn**. Of course we can. The Holy Spirit can teach us through everything that we're watching, especially if we intend it, especially if we ask for it and request it. "Holy Spirit, during this time when I'm watching this movie, this show, help me to understand, to know, to feel, to see more clearly the truth that sets me free." We can **always** make that request. But **do** we?

And so, if we're, as many people do, binge-watching TV shows and thinking that it's bad to do that, it's wrong to do that, then we are reinforcing a belief that there's something wrong with us, that we're fundamentally bad, that we don't deserve good things, that we should be punished because we're guilty of being so bad.

That's the thing is, people decide to binge-watch television, Netflix, whatever it is, and porn, whatever it is, and they are doing it thinking that they are bad. It's not the thing you're **doing**. It's **thinking** that you're bad for doing it that creates the devastation, the difficulty, so we can change our mind about it. Yes, we can! And how do we do it? We give it all to the Holy Spirit for healing. "Take these thoughts out of my mind, Holy Spirit, so I never think them again. Let me **only** think the thoughts I think with God and stand in an awareness of truth."

And this is how we get to certainty, by giving up the habit of energizing that we're bad and wrong, and we **deserve** to be punished. It's not helpful to us. Let's get it out, and git 'er done, and recognize that we are on a path towards our reawakening, and **nothing** is going to stop that. All we can do

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is delay it. So this is why *A Course in Miracles* is all about saving time spent suffering.

Transcripts, Texts & Retreats

Well! It's about time for me to wrap up here. I'd like to say, once again, thank you to all of the beautiful people who support this radio show and make it possible through contributions. We are transcribing the episodes, so you can get those transcriptions at LivingACourseInMiracles.com and many more resources, free resources, at LivingACourseInMiracles.com.

Also there, you can sign up for the [free text messages](#) or you can text the word "MIRACLES" to the number 35227, and then you can get those text messages.

I love this quote from yesterday. *"This world awaits the freedom you will give when you have recognized that you are free."* You will get a message like that sometime during the day. Again, it's free.

And then, the retreats. We've got the three retreats in October. Go to the [Events](#) page at JenniferHadley.com to see all the things that are coming up. We're gearing up for a lot of wonderful things in the Fall. Free [Living A Course in Miracles classes](#), and the release of my forgiveness book, and I'm so excited to share all these free gifts with you and more.

If you've never come on a retreat with me, let's do some deep healing work together. I'm going to do another New Year's retreat this winter over New Year's, so put that on your docket, as well. It was **so** powerful last year! I look forward to doing it again.

Closing Prayer

Let's take this moment to pray, and be grateful and thankful for the Holy Spirit leading us and guiding us. So grateful that our path is certain and so grateful that our teacher is always with us, never fails us or leaves us. So grateful that we can say "Yes!" to living the Love.

In gratitude, we let the healing be. In gratitude, we know it's done. And so, it is. Amen. Amen. Amen. Amen.

God bless you and have a beautiful rest of your week! Mwah!