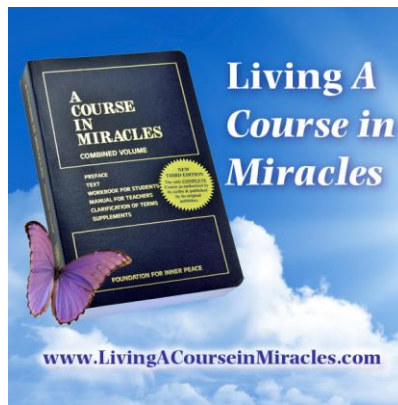


May 20, 2014



Atonement and Ascension

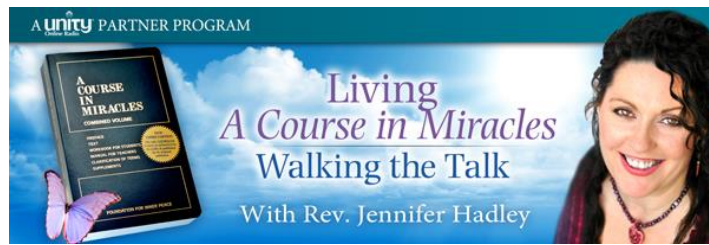


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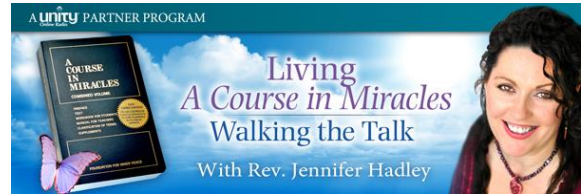
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Atonement and Ascension	4
Opening Prayer.....	4
Choosing Atonement for Your Self.....	5
Most Wonderful Decision	6
The Prodigal Son Coming Home	8
Non-Judgment as Prerequisite.....	9
Be The Happy Learner	10
Take Offense or Choose Peace.....	11
The Karmic Law Role in Atonement	11
Manifestations of the Belief System	12
The Power of God Within Us	13
Most Wonderful Decision	14
Break the Cycle!.....	16
Projections of the Ego	17
Closing Prayer	18



May 20, 2014

Atonement and Ascension

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Here I am. Greetings! So glad you could join me today. I'm grateful for that. A helicopter outside there. Let's begin as we always do with a blessing and a prayer. Did my microphone come unplug? What? It looks like it's plugged in, Jeff? Oh, that's strange. Is it working now? Having technical difficulties. Hello? We'll just have to laugh. We really do. Let's just start with a prayer, because a prayer always helps everything works better.

Opening Prayer

Let's take that breath of Love and gratitude together and be so grateful and thankful that Love is all that there is, it's all that there ever will be. We place our hand on our heart and we declare that we are wholeheartedly available to be our true identity, to be the Love of God.

We're grateful and thankful to open our hearts and minds to the I AM Presence, to the Holy Spirit, to the higher intelligence. In order to recognize that we're already holy as holy can be, we're accepting the Atonement for ourselves. We're choosing to awaken from the dream of separation, the nightmare of separation. We are grateful and thankful that our awakening, our conscious awareness, is something we share with every one because we're One with them.

In grace and in gratitude, we joyfully allow it to be, we let it be, and so it is.
Amen. Amen, Amen.

Choosing Atonement for Your Self

Here we are. The topic this week is awakening and Ascension, no. *Atonement and Ascension. Atonement and Ascension.* This is the question I get from time to time, and I've talked about it before on the radio show. It seems to be so present in so many people's minds right now. I thought you might really appreciate if I share some things about it. I write a daily blog, I call it *My Spiritual Espresso*. In *My Daily Spiritual Espresso* today, I was talking about something that many people are talking about, which is this awakening that we're experiencing. People would talk about third dimension, fourth dimension, fifth dimension awareness, and higher. We're talking about ascending in consciousness, ascending in our awareness, and awakening from the dream of separation, which is the Atonement.

The Atonement is defined by *A Course in Miracles* as the full realization that the separation never occurred. That there is no separation, its all an illusion. That we all united, we are One with each other, and we are One with God. As we're considering this and as we're living in our day to day life in our spiritual practice, one of the things that I find that is not often talked about by many people is really, are you choosing the Atonement? Are you choosing to wake up?

Many spiritual students, spiritual seekers, who are studying *A Course in Miracles* are not actually choosing to wake up. They're choosing only to study the book. What I would like to suggest is that, what is the purpose of studying the book if you're not choosing the Atonement? What is the purpose of studying the book if you're not choosing the Atonement for yourself? I noticed, too, that among *A Course in Miracles* students that there is this confusion about Atonement, and that they don't really understand what it means. It is that definition from *A Course in Miracles* that Atonement is the full realization that the separation never occurred.

When we talk about accepting the Atonement for ourselves, its accepting that there is no separation and accepting that as the basic premise of your life and your experience in this 3D earth school human experience. Now, I know that many, many people find it very challenging to make that leap. Here's what I say, based on my experience, don't feel like you have to make

the leap yourself, and don't feel like you have to know the truth that sets you free before you make the leap. It's so—here's the thought, decide I would like to be able to be fully and completely restored to my true identity, my masterful self, my awakened self, that's what I'm interested in doing, awakening to my true identity, my true spiritual self. Then allowing the Holy Spirit to do the heavy lifting. Poetically, I can say, "We fly on the wings of the Holy Spirit," and that place our faith and our trust in Spirit.

Now, many people have said to me, "Well, I'm afraid that if I choose the Atonement, I'm afraid if I choose the awakening, I'm going to have to give up my family, or then suddenly, I will disappear in a ball of light, or even the thought is very strong in the consciousness of the human race, that I might be crucified if I do that." Because we've seen that happen in human history before. What Jesus says to us in *A Course in Miracles*, "You need not have to be crucified. Been there, done that. Did that for you, you don't have to go through that." We can actually have a really graceful and joyful awakening if we choose it. The only thing that makes awakening not graceful, the only thing that makes awakening difficult and painful and hard, is when we resist, right? Because awakening requires us to have a commitment to Love and be loved. That's what it requires. It requires us to have a commitment to being able to—in each moment, activate the willingness in our heart to choose that Love, to choose that grace, to choose to Partner UP, as I say all the time, with the Holy Spirit. And this was one of the great decisions that I made some years ago, was I really got clear. "I don't know how to live a good life. I don't know how to be happy. I don't even know what will make me happy." I have proven this again and again and again.

Most Wonderful Decision

I made the decision to give my whole life and everything in my life to the Holy Spirit for making it a holy life, a holy relationship with life. This is one of the themes that we're talking about now in the *Living A Course in Miracles* classes, and now, I've got to tell you, the classes last week on, *Holy Relationships with Your Body*, with Gary Renard were just so good. He's such a good teacher and he's so clear. This week, we have coming up, Robert Holden, and Robert is, as you may know, the author of *Shift Happens*, and he's the author of a new book that I highly recommend called, *Holy Shift*. Yeah, I know Jeff. I got this major—just so you know, I know

everybody can hear the helicopters above. I've got some of the windows open here, and I'm living near Stonehenge. Immediately, next to Stonehenge—well, immediately around Stonehenge are basically sheep and cow pastures. But then, just on the other side of the cow pasture, on one side, is a major air force base near. Sometimes, in the late afternoon, these massive military helicopters cruise around the neighborhood. The whole house shakes, and there's nothing we can do about it. There you go. Just explaining that noise.

That was one of the decisions I made was to accept the Atonement for myself, and it was the best decision I've ever made, believe me. There is a sense of terror that many people have, "If I give my life to God, then I'm going to have a meltdown. It's all going to fall away from me. It's not true at all. It is not true at all. And I am here to make a testimony for that, and to really encourage you to accept the Atonement for yourself. We're going to talk about Ascension and Atonement. This is our topic today.

It's time for me to go to a break. We're going on a little early here, see if I can fix my headset. While I'm on a break, I'm going to invite you to go LivingACourseinMiracles.com, and sign up, if you haven't already done that. Classes are free. We've got four more classes this week with Robert Holden, who's so yummy. His topic is, *Holy Relationship with Your Self*, and my topic is, *Holy Relationship with Your Spiritual Community*. Join us for those classes, register now, please. Also, if you're interested, Gary Renard, Maria Felipe, and I are going on a Greek retreat. A retreat in Greece first weekend in September, and we're planning a whole lot of fun. We're inviting some more *A Course in Miracles* teachers to join us, and I'm inviting you, and those details are at JenniferHadley.com. Go to the, oh well, you will find it there on the site.

Okay. It's time for me to go to a break. I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio. Don't you go, I'll be right back

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

The Prodigal Son Coming Home

Alrighty. We're talking about, *Atonement and Ascension*, which I really believe are the same thing. Let me break it down for you. I believe that we are the Christ Presence and that we have chosen not to honor that over many, many lifetimes. We've chosen separation, we've chosen to value the right to attack our brothers and sisters. In *A Course in Miracles*, it talks about the tiny mad idea in which we forgot to laugh. I believe that tiny mad idea is that we could think that we're separate from God, that we could attack our brothers or sisters. That somehow, we were separate and we forgot to laugh about it, and we took it seriously. And then, we started making a case for it. We started actively choosing it and valuing it. What it is, is it built-up this wall in our awareness that made us think that we're separate from our brothers and sisters, and also, it made us think that we're on our own and we have to figure everything out because we're not connected to the Source anymore. It made us think that we're bad and we're wrong and that God is going to punish us for choosing separation.

Now, in my understanding of *A Course in Miracles*, there's nothing to be forgiven because this is an illusion. It's the illusion of separation that we wish to experience. What we're doing collectively, because we are a collective, there's no way to actually be separate. We're choosing to wake up and remember our true nature and our true identity.

It says in Chapter 2, Section V, Paragraph 7, my Page 26 of the *Text*, "*Corrective learning always begins with the awakening of Spirit, and the turning away from the belief in physical sight. This often entails fear because you're afraid of what your spiritual sight will show you,*" right? There's this fear that if I choose to awaken, if I choose to ascend, if I choose the Atonement, I'm not going to be good enough. I am not going to qualify. Really, the body is all I have, let me instead try to change my behavior. Let me instead try to improve myself. Let me instead try to manage and manipulate my circumstances and may situations to make things as good as I can possibly make them, because I'm on my own, and I can't really return home because I won't be welcome there. My friend, this is exactly why the most famous parable of Jesus' is probably the one of the Prodigal Son. Jesus told many versions of this story, really, in different settings and all kinds of things. You've got the story of the day laborers, it has the same message as the prodigal son. Just on and on, Jesus' parables really were just many ways

of saying the same thing, which is that, “Just choose to go home and all will be forgiven because there is nothing to forgive.”

Non-Judgment as Prerequisite

It's only in your mind that you think somehow that you're not worthy of the Atonement, you're worthy of the Christ that you are, you're not holy. But what *A Course in Miracles* tells us, in so many ways, you're already as holy as holy can be if you are for one second doing a spiritual practice, studying a spiritual teaching, or doing charitable actions, or anything like that. In order to affirm your goodness, or find your goodness, then you're actually affirming that you don't have it, that you've lost it, that it's gone, but it's not. It's not. This is why *A Course in Miracles* says over and over and over again, “*The greatest gift you have in this world to help you remember your true identity is your brother and sister,*” your fellow human beings. Because if you judge them, you will judge yourself. If you judge yourself, you will judge them. They are the mirror for you. They're the ones that will help you open your heart and return to Love and compassion, through the practice of forgiveness. What is forgiveness? It's non-judgment. Non-judgment is required

It says in this Section in Paragraph 8, “*The fear of healing arises in the end from an unwillingness to accept unequivocally that healing is necessary.*”

“The fear of healing arises in the end from an unwillingness to accept unequivocally that healing is necessary.”

There's a healing that needs to take place in our mind so that we can recognize we're already as holy as holy can be. Yes.

It says, “*Healing is an ability that developed after the separation before which it was unnecessary. Like all aspects of the belief in time and space, it is temporary. As long as time persists, healing is needed as a means of protection. This is because healing rests on charity, And charity is a way of seeing the perfection of another even if you cannot perceive it in yourself. Most of the loftier concepts that you are capable now are time-dependent. Charity is really a weaker reflection of a much more powerful love encompassment that is far beyond any form of charity you can conceive of as yet. Charity is essential to right-mindedness in a limited sense in which you can now be attained. Charity is a way of looking at another as if he had already gone far beyond his actual accomplishment in time.*”

And then later, it says, *“The miracle, as an expression of charity, can only shorten time. It must be understood that whenever you offer a miracle to another, you’re shortening the suffering of both of you. This corrects retroactively, as well as progressively.”*

So, charity is compassion. That’s what it is. Charity is a way of perceiving the perfection of another even if you cannot perceive it in yourself. I prefer the word, “compassion.” To me, compassion is loving understanding. Love is the healer, and this is the thing that is so profoundly healing for all of us.

Be The Happy Learner

What I’m inviting you to do is to boldly accept the Atonement for yourself. To boldly place your whole life on the Altar of God, and really say to your Higher Holy Spirit Self, your I AM Presence, “Allow me to see, and know, and feel, and hear clearly my divinity and the divinity of all life. Let me walk in this world as the Ascended Master that I truly am. Let me take my place beside Jesus and the Ascended Masters. Let me completely and totally forget all this non-sense valuing separation, valuing the right to attack.”

Because remember, attack is only possible in the illusion of time and space. You can’t really attack, you can’t really hurt anyone, except within this karmic experience of time and space. What happens to all the negative karma that you build up? It becomes a tool for your learning and you share the learning benefits with everyone. We don’t have to learn through suffering, we can be the happy learner. And so, as Gary Renard said so beautifully in our *Living A Course in Miracles* class with him last week, *“Stop making this world and your body real.”* Stop making them real. Start working in the invisible. Start accepting the Atonement. Start forgiving. These are the tools that we have at our disposal. But you see, if we don’t feel trustworthy, if we know that we really, secretly enjoy being able to hold the grudge, to blame others for how we feel, then we’re not going to be willing to accept the Atonement for ourselves. Because the full acceptance of the Atonement that this is not real requires that we are no longer interested in attacking our brothers and sisters or ourselves. We’re no longer interested in seeing ourselves as a body.

Take Offense or Choose Peace

Now, I know so many spiritual students and seekers who consistently are talking about awakening, and ascending, and accepting the Atonement for themselves, but they're still thinking of themselves very much as a body. And they get upset when the food's not organic, and they get upset when they hear that someone is doing something with their body that they think shouldn't be done, and they allow themselves to be upset by the things that they see on the news and all of those. One of the things that we—if we're really going to accept the Atonement for our self, if we're really going to choose awakening and Ascension, one of the things that we must accept for ourselves is the responsibility to choose Peace. You can't take offense and choose Peace at the same time. You have to choose one or the other.

I'm going to invite you now to just place your hand on your heart and open you heart, open your mind, and think of anytime when you recently perhaps took offense. You gave yourself permission to take offense. You allowed yourself to be bothered by something that someone was doing. In your mind, maybe not with your words, but in your mind, may not out loud, you gave yourself permission to attack them, to trash them, to say how wrong they were, how bad they were. And you got upset, you got irritated, you got frustrated. Maybe then you didn't keep it to yourself, you started telling somebody about it, and enlisting them in agreeing with you. Let me just say that if you think there's no karmic repercussion for enlisting people in your grievances, I don't know how you can deceive yourself. I mean, I used to deceive myself, I don't know how I did.

The Karmic Law Role in Atonement

Actually, as I'm seeing it, what's coming into my mind is here's how I did it. I would enroll people in my grievances, get them on my side, so to speak. Of course, thinking that there are sides and some people are on my side, some people are against me. Of course, it's a complete affirmation of separation. It's a complete affirmation of my right to attack. And so, of course, I would feel upset and bothered. I'm thinking I'm upset and bothered by what's happening in the world, or I'm upset and bothered by what other people are doing. I'm upset and bothered by the circumstances, the situation. And of course, I feel upset by these things. These things are upsetting. Not true. None of that are true, it's all fantasy. I'm upset because I give myself

permission to attack. I'm upset because I am not being loving, and I believe that there is not one person on the planet right now who doesn't have a deep soul commitment to be loving and to raise the consciousness of the human race right now, raise the vibration now of the conversation. There are so many people who study *A Course in Miracles* and other spiritual teachings who still hold grudges and resentments and still complain about people. "Do unto others as you would have done unto you," is a karmic law, because what you do to others will be done to you in one shape, or form. So, if you don't like what's being done to you, hey! Change your mind about it. That's what going to change the circumstances. All thoughts produces form. If you think holding a grievance is going to improve your life, you've forgotten that all thoughts produces form, and you've forgotten that fear is the result of choosing to attack. Fear's always going to be result if we choose to attack. Always. Always, always. If you wonder why you're afraid all the time, it's because you give yourself permission to attack. I didn't know that for the longest time, but once I saw clearly my mind, I said, "Oh my God. I have got to stop judging. I must give that up."

Manifestations of the Belief System

Yes. Just feeling that. Just feeling how powerful it is to recognize, "I'm responsible for my own feeling of fear. Nobody else is responsible for my feeling of fear." I notice now that when I—if I start to have a complaint, literally, I will stumble. I will knock something over. I will stub my toe. I will almost fall. Things like that happen to me. I drop something on the floor. I love when that happens because that is an immediate thing for me, "Oh, I just went off-balanced. I started to think of thought of complaint and immediately there is an effect in my world that I can see, and feel and notice." I dropped something, I lost my balance. Start to pay attention next time you drop something, or you lose your balance, you stub your toe. What were you thinking at that time? Pay attention. Because remember, everything is a projection of your belief system. Everything is a projection of your awareness. So, if you're going to blame other people for what's going on, then you're not accepting the Atonement for yourself. Your studying *A Course in Miracles* and the major premise about accepting that there is no other, there's no one to blame anything on. It's about taking full responsibility, and giving all the heavy lifting of the guilt, the blame, the shame, the regret, and the resentment, to your own Higher Holy Spirit Self,

to the I AM Presence. Partnering UP with the I AM Presence is our ticket out of suffering. There's no other way to do it, and being able to step into compassion for our brothers and sisters is a direct path of experiencing the healing power of Love. How wonderful to have these resources. How wonderful that *A Course in Miracles* makes it so clear for us. We do have to choose it though, we can't just read about it. We have to choose it, day by day, moment by moment. Sometimes, it can feel hard, but when we're 100% committed and willing, it's not hard at all, it's joyful, and then we're the happy learner.

I'm Jennifer Hadley, and it is time for me to take a break. You're listening to *A Course in Miracles* on Unity Online Radio. We're walking the talk, we're living the Love, and I'll be right back.

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk*, with Reverend Jennifer Hadley.

If you have a question or comment about today's program, or if you'd like to join the discussion, visit us on Facebook at *A Course in Miracles Pledge*. Where you can join the community of like-minded people who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

The Power of God Within Us

Okay. So, in my understanding, awakening, Atonement, Ascension, they're all the same thing. They're all that realization that there is no separation, that all is One, and all is God. The only thing that is required is for us to allow the Holy Spirit, or the I AM Presence, whatever you want to call it, to decide for you. What many people, what many spiritual students I noticed, they think that God is separate from them, it's part of our separation experience. Of course, that's actually taught in many religions, that God is separate, that God is an old man in the sky, that kind of thing. In the belief of a separation, there's also that sense that I am only powerful in this world of effect. Of course, most of us experience all day long, "Oh yes, I have the power to do this, I have the power to do that."

Very often, what many spiritual students succumb to is they recognize they have the power to judge and they have the power to create a disturbance, they have the power to upset their loved ones, they have the power to

attack their body. And so, they're manipulating the world of effects, because that's where they think their power lies, and it's because there's been the forgetting that the Power of God is within us.

When we're awakening to our true identity, if we're choosing to be led and guided by the I AM Presence, by the Holy Spirit, we're going to recognize we are the I AM Presence, and that we don't have to figure it out. But you see, there's like a precipice in that experience of accepting the Atonement and awakening where we move from the identification with the ego, and the ego is always trying to figure everything out, the ego is always trying to plan ahead and figure it out, right? The Spirit already knows, we are as holy as holy can be, there is nothing to figure out, not one thing. All there is, is to surrender the idea that we have to figure anything out. The more I work with this, the more I know it to be true.

For instance, right now, I'm in England for a few months, and people keep asking, "How long are you going to be there?" I have no idea. I have no idea. What difference does it make how long I'm going to be here? It just doesn't matter, does it? And what does it matter where I'm going to go next? I don't know, it doesn't matter. It doesn't matter. See, the ego like to figure it out and understand it. I know one of the most common things for many people, it comes up in things like their finances, it comes up like in things like raising up their children. It comes up with their romantic relationships and partnerships. A lot of times, because I talk to many people now, in the *Living A Course in Miracles* series, we're doing it on Holy Relationships. So, 16 classes on how to have a holy relationship with all of life, from your parents, to your children, to your body, to your spouse, to your lover, to yourself. All these different expressions of holy relationship.

Most Wonderful Decision

One of the things that comes up so often with people that I'm working with is they're in a romantic partnership or relationship, or could even be a friendship, or family relationship, and they're constantly wondering, "Well, if I do this, what if they do that? What if they do that, then what will I do?" And everything about their relationship is conditional. So, "I am totally committed to this relationship as long as they're doing this, or they're doing that. But if they're not doing what I want them to do, then I'm not committed to this relationship." Hello! You're not committed to the relationship, because you're committed to the circumstances, and that's

what you're doing. Then you're not living in the flow of Love, if you're not living in the flow of Love, you're not accepting the Atonement, you're not awakening, you're not ascending. You are making a case for the ego. It's interesting because I have two main classes that I offer in addition to the free *Living A Course in Miracles* class. I offer my *7-Week Finding Freedom* bootcamp class, which right now I'm re-tooling the class and I'm going to be offering the class in a new and improved way starting in June. We're working on it and it's just going to be beautiful. So many people have taken that class and really change their life with it, the *Finding Freedom*, 7-week spiritual bootcamp. Then, there's the yearlong *Masterful Living* class, which starts in January. It's too late to join us now, but we'll start another one maybe in January, we'll see.

Right now, in *Masterful Living*, I'm talking to so many people who have been really doing this work of releasing all judgment and consciously cultivating compassion and Love as a way of being in their relationships. It's so wonderful to talk to people who say, "I used to blame all my problems on my husband, or my wife, I thought they were the problem. Then, what I realized is, I decided to not make a commitment to not judge them anymore, and to just be loving towards them, which hasn't been easy, it's been challenging to me because I like to be right and I like to judge, and I'm aware of it now. But the more I do it, the more I realize, 'Wow! They're being more loving to me.' And it's not like we're really talking about it a lot, they're just naturally be more loving, more interested in me, kinder to me, going out of their way for me, because I have changed my mind about how I want to relate to them and I am choosing to think thoughts of Love and compassion instead of lack and attack."

They are telling me, over and over again, and it's the relationship with all their loved ones, whether its marriage, or a romance, or a friend, or a child, or a parent, over and over and over again, people are telling me that they're having miraculous healing in their relationships and they're finally figuring out that, "You know what? It's true. I am the one that is the fulcrum point in my life. I keep thinking it's not me, it's them. But once I accepted the responsibility and said, 'It's me,' then everything started to change."

Break the Cycle!

We have an opportunity to choose the Atonement, we have an opportunity to ascend and awaken. I really believe that anyone who can hear the sound of my voice is hearing the voice of the Holy Spirit, because that is my intention, to be that mouthpiece of the Holy Spirit. That's what the body is for, by the way. That's what it says in *A Course in Miracles*. A body is for representing God and being that messenger of the Holy Spirit, that's what it's for. That is the right use of the body, which doesn't mean you can't do that while having a card game, or a volleyball game, or cooking meal, making love, or any of the things that human beings love to do, gardening, playing with your dog, painting a painting, doing a dance, you can do all of that as an expression of the Holy Spirit or not as you choose.

Accepting the Atonement and the awakening, the Ascension, is really about choosing to Partner UP and to align with the Higher Holy Spirit Self, and to follow Divine Guidance, and there's not one of us that doesn't know when we're in criticism, when we're in attack thinking, when we are choosing to self-medicate, and all the things that we do that we know are not truly helpful. We know it. We feel it, and then what happens is if the ego has us really caught, then we attack ourselves for being stupid, we attack ourselves for being unspiritual. If you attack someone else for being unspiritual, if you judge other people's spirituality, if you say, "Oh, they're not so spiritual. They're not so awakened." Then really what you're doing is you're looking in the mirror and you're pointing a finger, and you're saying to yourself, "You're not spiritual." And every time that you're trying to improve yourself by manipulating the body, and controlling the body, you are saying to yourself, "You're a body who has to be controlled. You're not pure Spirit." And then the backwash of all of that is more of the same, and more of the same, and more of the same. The invitation here is to break the cycle. To break the cycle! Yes. You are not a body.

In Chapter 2, Section II, *The Atonement as Defense*. Listen to this. It says, "You can do anything I ask," okay. Now, I know it can make us go a little like, "What? I'm not sure. What's Jesus going to ask me to do?" But this is what He says to us, "You can do anything I ask." In other words, we have the ability, we have the power to do anything Jesus guides us to do.

He says, "*I have asked you to perform miracles, and have made it clear that miracles are natural, corrective, healing, and universal. There is nothing miracles*

cannot do. But miracles cannot be performed in Spirit of doubt or fear. When you are afraid of anything, you are acknowledging its power to hurt you,” okay? I would say, when you’re afraid of anything, it’s because you’re judging yourself, someone else, you’re judging, judging, judging, or you would not feel afraid. Judgment is like kryptonite to the spiritual student.

“Remember that where your heart is, there is your treasure also, the Kingdom. You believe in what you value. If you’re afraid, you are valuing wrongly,” if you’re afraid, you’re valuing the right to attack. “Your understanding will then inevitably value wrongly, and by in doubting all thoughts with equal power, will inevitably destroy Peace.”

“That is why the Bible speaks of the Peace of God which passeth understanding. This Peace is totally incapable of being shaken by errors of any kind. It denies the ability of anything not of God to affect you. This is the proper use of denial. It is not used to hide anything but to correct error. It brings all error into the Light and since error and darkness are the same, it corrects error automatically.”

Projections of the Ego

We deny the error by, as Gary Renard was saying in the *Living A Course in Miracles* classes last week, *“Don’t make it real. Don’t make the body real.”* Don’t make the errors real. Don’t build a case for them. Don’t defend yourself. If I defend myself, I must be being attacked. Don’t defend yourself.

There’s a difference between explaining how you feel in order to try and understand it better in defending yourself. We all know that energetic difference. It says, *“True denial is a powerful protective device. You can and should deny any belief that error can hurt you.”* If we’re defending ourselves, we’re believing that we can be attacked. Therefore, we’re believing that someone else’s judgment or our own can hurt us. Deny any belief in that. It’s so much easier if you’re in that partnership with the Holy Spirit.

It says, *“This kind of denial is not a concealment, but encouraging your right mind depends on it. Denial of error is a strong defensive truth, but denial of truth results in miscreation.”* The projections of the ego. When you think you’re right and you’re personality is right, then you are in miscreation.

“Every one defense is treasure and will do so automatically. The real questions are, what do you treasure; and how much do you treasure it? Do you treasure

your awakening? Do you treasure your Ascension? Choose ye this day whom you will serve.

I invite you to consider that you can be on an active path of awakening. you can accept the Atonement for yourself and give the heavy lifting to the Holy Spirit. It's so much easier, and believe me, what falls away, you'll be glad when it's gone. That is guaranteed.

Closing Prayer

Let's go for it together. I invite you place your hand on your heart and take a breath of Love and gratitude with me as we accept the Atonement for ourselves and our awareness is opening right now to Partner UP with the Higher Holy Spirit Self.

We're saying, "Yes," to our healing and our expansion, and we're grateful and thankful to accept it fully, to let it be, and to share the benefits with all. In gratitude, we let it be. In gratitude, we know it's done, and so it is. Amen. Amen, Amen.

Thank you! Thank you for joining me. I love you. Have a great rest of your week.

Mwah!

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