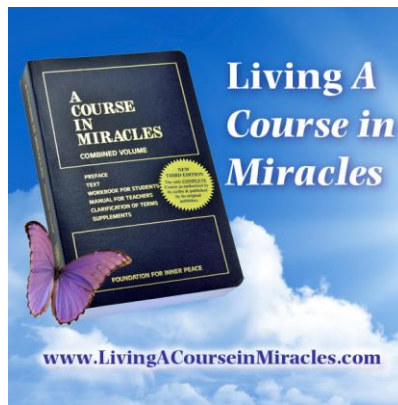


March 4, 2014



Self-Forgiveness

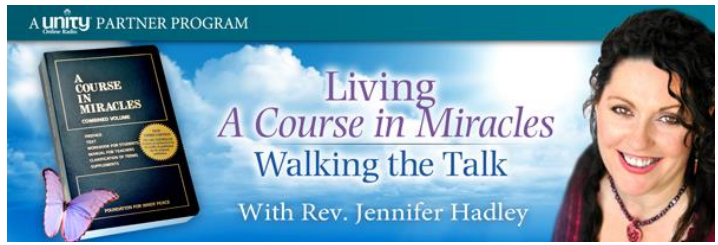


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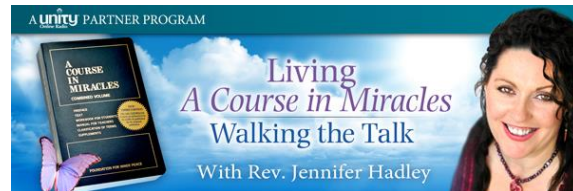
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March 4, 2014

Self-Forgiveness

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Good morning. Oh, it's so good to be with you this morning. I am in the Central Coast of California in Cambria, having just completed the *Masterful Living* retreat which was open to people in *Masterful Living* and not, and folks who are interested in those teachings that I offer in the *Masterful Living* class, which really has to do with *Living A Course in Miracles*. It's pretty much everything that I teach, is that practical application of *A Course in Miracles* and looking at it from a very practical mystical point of view.

I also completed the first ever *Spiritual Counseling Training Intensive* which was magnificent. I feel so blessed that I said yes, to doing all of that, and now I'm on the move. It's so nice to be here in the Central Coast. There's been a lot of rain which is very much needed here in California. We're blessed.

Let us begin.

Opening Prayer

Taking that breath of Love and gratitude, I invite you to place your hand on your heart as I am doing and we recognize that the Kingdom is within.

Taking that breath of Love and gratitude, we invoke Divine Grace into our

awareness and we're saying, "Yes," to the unlimited, saying, "Yes," to the unprecedented, saying, "Yes, yes, yes."

Taking that breath of Love and gratitude, we're grateful and thankful to open our hearts to true Abundance, to true Prosperity, to Wisdom, Clarity, Freedom, Joy, Harmony, and all of the spiritual qualities of life. Taking this breath of Love and gratitude, we're anchoring ourselves in the Peace of God, remembering our true nature is already free and we're already as holy as holy can be.

In gratitude, we dedicate ourselves to remembering the truth that sets us free and sharing the benefits with everyone because we're One with them. In gratitude, we allow it to be, we let it be, and so it is. Amen. Amen, Amen.

Teaching in Restoration

Yeah. Well, I'm Jennifer Hadley. If you're new to this offering, next week I'm going to have my teacher, Venerable Dhyani Ywahoo, who's Buddhist and a Cherokee chief. She is the founder of the Tibetan Buddhist Nunnery, the Vajra Dakini Nunnery in Vermont, and also the Peace Village there in Lincoln Vermont, and beautiful Cherokee teachings combined with the Buddhist teachings. I've invited her on the show to talk about the Buddhist and Native American teachings regarding the illusion. I look forward to that. Tune into that.

Remember, too, you can always get this broadcast on podcast. You can sign for the podcast, totally free, and then your iTunes will automatically download each episode as its newly available. Of course, we're live now.

The topic this week is, "Abundance." I was feeling that this is something that a number of people are really feeling they'd like to have a teaching in, and so I certainly have a teaching in it in my life experience, and I'm very happy to share. I'm going to take a sip of my tea.

There are number of references to Abundance in *A Course in Miracles*. In a way, *A Course in Miracles* is a teaching in Abundance, because it's a teaching in restoration. I believe our true nature is Abundance. I believe our true nature is the spiritual qualities of life: Abundance, Prosperity, Wholeness, Freedom, Harmony, Joy, Wisdom, Clarity, and Creativity. All these spiritual qualities are the Kingdom. They are the Abundance which is pre-installed and when we seek the Kingdom first, everything is added unto

us. Our Abundance is returned to us. The only reason we're not experiencing Abundance now is because we're choosing to focus on something else, like lack, limitation, separation. I love *A Course in Miracles* so much.

On Page 13 in my copy which is Chapter 1, Section V. Oops, sorry. The page flipped. Yeah, Page 13, Chapter 1, Section V, *Wholeness and the Spirit*.

It says, "Whatever is true is eternal, and cannot change or be changed. Spirit is therefore unalterable because it is already perfect, but the mind can elect what it chooses to serve."

Choose ye this day whom you will serve, God or the ego. That's what in the Bible we're familiar with. "Choose ye this day whom you will serve, God or mammon." "Mammon" is another word for ego in the material world. The eternal of all these spiritual qualities is our Abundance. It is our inheritance.

Aligning with Spiritual Truth

Now, I'm just flipping over to Section IV in Chapter 1, *The Escape from Darkness*. It says here and I love this.

"The mind that serves Spirit is invulnerable."

That's at the end of Paragraph. *"The mind that serves Spirit is invulnerable."*

When we're in service to the ego, which many of us have been, I certainly used to be, and now not so much. The mind that serves the Spirit is invulnerable. Our invulnerability comes from aligning with spiritual truth and living it. That's our liberation. That's our Freedom. We hear these teachings all the time, but then it's a moment-by-moment choosing.

Think on this for a second because I ponder this. If we choose ego just for a moment, "Oh, I just want to complain about this for a moment. Oh, I just feel like being bad for a moment." Of course, meaning being bad means we think if we choose this behavior, we're a bad person. We're choosing that behavior. We're choosing to judge ourselves as bad.

One of the things that's so clear is that we will frequently judge others differently than we judge ourselves. What we might judge ourselves as being a sinner and bad for doing, we wouldn't necessarily hold that same judgment against someone else.

One of the things that also becomes clear is that one of the purposes of judgment is to keep us in line. We judge ourselves in order to control and manipulate ourselves. So, how is that doing that? Who is really doing that? Who is really in-charge? The ego has such an insidious plan to keep us aligned with it.

On one hand, we will say, “I’m not going to do that again. I’m not going to do that anymore, judge that that is bad. I’m not going to do that. I don’t want to label myself as bad.” We make these proclamations, “I’m not doing that anymore. I won’t do that anymore,” right? Aren’t we all familiar with that? Then what happens? The rebel rears its head and says, “You’re not the boss. I’m going to do what I need to do. I’m going to do what I feel like doing. Right now, I don’t have the strength of will to keep that agreement with myself. I would rather do what I feel like doing now and wear the label of bad.”

Yes. We might say, “Oh, I’m not going to have anymore alcohol,” or “I’m not going to have sex with that person again,” or “I’m not going to...” whatever. It doesn’t really matter at all. Then we say—a moment comes when we say, “The heck with that. I’m going to do what I feel like doing,” or “I need that. Now I need that. I can’t give it up. I need it. I want it. I crave it.”

We go for it knowing that we will then be labeling ourselves as bad and wrong. Here’s a question for you. Is in any way what you’re really craving is that label, the bad and wrong, are you the one who’s craving it or is it the ego and you’re identified with the ego, and therefore, you don’t really know what you’re doing? You’re just identified with the ego in bouncing around in the ego craziness. Because the ego is the one who says, “I’m not going to do that anymore.” Then the ego is the one who says, “I have to do that. I need to do that. I want to do that.” The ego is rebelling against itself. The ego makes the rules and then the ego breaks the rules. When we’re identified with the ego, we just bounce around back and forth, back and forth.

But the Spirit doesn’t need to make those kinds of rules. The Spirit just chooses Love and Love and Love and Love. Has no cravings, has no aversions, has no addictive or compulsive tendencies, whatsoever. This is why what I teach in all my classes is rather than working at the level of form, which is what behavior is, which is what emotions are, we work at the level of Spirit.

We use spiritual practice to support us in identifying with the Spirit, so that we don't get caught in identifying with the ego. We literally wash out of our mental awareness all those identifications with the selfish self, a lower self, a small self, a separate self, and then all that's left is the awareness of our unified Self, our holy Self, our true Self. Then we don't have to go through that battle with demons. Spiritual practice is the cleanser. That's why in all my classes, we focus on creating a spiritual practice that works for you.

By the way, this is the last month. March is the last month that anyone can join *Masterful Living* for 2014. If you'd like to do this work, check out the *Masterful Living* page at JenniferHadley.com. When you read that page, you'll see—you'll know if it's right for you, if you're ready to that work, or if doing it with me interests you.

Now, going back to Abundance. You can begin to see that if we keep choosing to attack ourselves and judge ourselves that the identification is with the ego, but Abundance of the Spirit.

If you're trying to manifest Abundance by working in form, but you're still energizing this identification with the ego, then you're literally cutting off your Abundance, because Abundance is an awareness. When you're aware of your connection to your brother, to your sister as Spirit, when you are in that constant connection with the Spirit, you naturally easily and gracefully are able to manifest whatever is needed when you need it in this world of effects, because your mind is clear. So, your clear mind is your Abundance.

Letting the Darkness Fade

Now, in this Section, which is Page 11 in my book, Chapter 1, Section IV, *The Escape from Darkness*, it starts with:

“The escape from darkness involves two stages: First, the recognition that darkness cannot hide.”

Darkness cannot hide. Darkness cannot hide from the light. Why? Because darkness is the appearance of an absence of light.

Just as when you walk into a dark room and you flipped the switch, you flipped the light switch on, and the light comes on, the darkness can't hide from the light, as nowhere to go, because it's nothing. The light is everything. The light doesn't have to say to the darkness, “Okay, darkness.

I'm going to turn on now, so you have to leave. I'm not going to fight with you, you better go." No, the light is so strong. It's everything. The darkness is nothing. The darkness is pure illusion. The only thing that supports that darkness is a belief in it. That's all the strength that it has.

This is why with *A Course in Miracles*, we're undoing all beliefs because all beliefs are a belief in darkness. We don't believe the truth. The truth sets us free because the truth is Love. Love is the truth. It is our true nature.

Now, "*Second, the recognition that there...*"

So, the next step is, "*The recognition there is nothing you want to hide even if you could.*"

This is the practice of *A Course in Miracles* bringing everything to the light of our loving awareness.

Then, "*The mind that serves Spirit is invulnerable.*"

"Darkness is lack of light as sin is lack of Love. It has no unique properties of its own. It is an example of the 'scarcity' belief..."

That's what darkness is.

"It is an example of the 'scarcity' belief," but there is no scarcity unless we believe in it.

"Darkness is an example of the 'scarcity' belief from which only error can proceed. Truth is always abundant. Those who perceive and acknowledge that they have everything have no needs of any kind."

That's what spiritual practice helps us to do. It helps us to recognize our Abundance, that we already have everything. The Kingdom is pre-installed. When we seek that, everything is added unto us.

"Truth is always abundant. Those who perceive and acknowledge that they have everything have no needs of any kind. The purpose of the Atonement is to restore everything to you."

This is our walk, to choose the Atonement for ourselves. What is the Atonement? It is the full recognition that there's been no separation. Then on Page 12, here in the final Paragraph of Section IV, Chapter 1, it says—let me back up just a smidge here. "*There is no death,*" Jesus is telling us here, "*Why I could demonstrate...*" That He demonstrated death does not exist.

“I came to fulfill the law by reinterpreting it. The law itself, if properly understood, offers only protection. It is those who have not yet changed their minds who brought the ‘hell-fire’ concept into it. I assure you that I will witness for anyone who lets me, and to whatever extent he permits it. Your witnessing demonstrates your belief, and thus strengthens it. Those who witness for me are expressing, through their miracles, that they have abandoned the belief in deprivation in favor of the abundance they have learned belongs to them.”

Abundance belongs to us. Let us not trade it for judgments and opinions, and the belief in lack. There is no lack unless we believe in it. It’s hard to believe that, but we’re doing it together.

I’m Jennifer Hadley and you’re listening to *A Course in Miracles*. Do check out *Masterful Living* at JenniferHadley.com. I’ll be right back. You’re listening to Online Radio at Unity Online Radio.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

To Serve Only Love

We’re back. I’m Jennifer Hadley and we’re talking about Abundance and understanding Abundance as part of our inheritance and letting the darkness fade, opening our heart and mind to true Abundance.

Jesus says to us here at the end of Section IV in Chapter 1,

“Those who witness for me are expressing, through their miracles, that they have abandoned the belief in deprivation in favor of the abundance they have learned belongs to them.”

Then in the next Section, *Wholeness and Spirit*, it says here,

“Ultimately, every member of the family of God must return.” Paragraph 4.

“The miracle calls him to return because it blesses and honors him, even though he may be absent in spirit. ‘God is not mocked’ is not a warning but a reassurance. God would be mocked if any of His creations lacked holiness. The creation is whole, and the mark of the wholeness is holiness. Miracles are affirmations of Sonship, which is a state of completion and abundance.”

So, you see, this is our true nature is Abundance. But if we have a belief in attack, attacking ourselves or others, if we have a belief in holding resentments and regrets and blame, we're literally blocking the flow of Abundance. The big, big block to Abundance is unforgiveness, resentment, regret and blame, judgment.

You see, I focused so much in my teachings on releasing the judgments. In my yearlong *Masterful Living* class and my *Finding Freedom* class, it's all about really how to relax the mind, how to restore using these principles from *A Course in Miracles* and really treasuring the Freedom and retraining the mind. We do it in a group energy and it's wonderful.

"Whatever is true is eternal, and cannot change or be changed. Spirit is therefore unalterable because it is already perfect, but the mind can elect what it chooses to serve."

You see, choose ye this day whom you will serve.

"The only limit..." This is the only limit that we can hold in our awareness, the only limit. *"...put on its choice is that it cannot serve two masters."*

That's it. We can't serve Love and separation simultaneously. We have to choose. We have to choose. This is where it becomes so challenging, right? To serve only Love, to choose only Love. But the wonderful, beautiful teaching of *A Course in Miracles* is that if you forgot to choose Love, forgive yourself, which means do not judge yourself and choose again, and then you are choosing Love.

Let the dead bury the dead. Let the past be the past. It is not worth looking back. Be in the present moment now. How can you choose Love now? How can you be in tuned with Love now? How can you accept the Atonement for yourself now? How can you choose a miracle now? What is a miracle? A miracle is when you align with the truth. Then you may or may not experience something in form.

My greatest miraculous experiences are ones that are happening in my mind when I'm able to let go of a resentment. How do I do that? I Partner UP with the Holy Spirit all day long. I recognize that the Holy Spirit is my Higher Self, Higher Holy Spirit Self. Yes, yes, yes. How grateful I am to know that this is so. How grateful I am to choose Abundance now, too choose Love now. Love is my Abundance.

One of the things that we work with a lot with my classes is cultivating the willingness. So, I am willing to choose my Abundance. I am willing to accept my Abundance. I am willing to allow my Abundance. I am willing to know my Abundance. I am willing to release all judgmental thoughts. I'm willing to release a belief in separation. I'm willing to know my true identity. I'm willing to know my true identity is Abundance.

Hmm. That feels so good. I feel my heart opening. For me, I feel very connected to Mother Mary, also to Guan Yin, Mother Mary and Guan Yin feel so much the same to me in similar ways. Guan Yin, the Buddhist goddess of compassion, boundless compassion. Boundless compassion. That to me is true Abundance.

Can you hear the bell? That's the *A Course in Miracles* app. I set it to go off every 30 minutes and remind me God is the strength in which I trust. Yes, the app is almost ready if you'd like to sign up for my free *A Course in Miracles* app. You can go to ACIMApp.com. ACIMApp.com. ACIMApp.com. We're just about to release it. We're just fine tuning it, little tweaks. I'm hoping no more than a week more. Wouldn't that be lovely to say next week? It's available for download. This first version is for iPhones and iPads, and I believe computers. Yes. It's beautiful. Yes, it is, with one full reminders, alarms you can set. I've really been enjoying it and so is everybody in the retreat. We hear that beautiful bell going off.

For me, one of the things I said while we're on the retreat, let's use the Ho'oponopono and say, "I love you," "Thank you." Also, the teachings of Dr. Emoto and to say, "I love you," "Thank you" to ourselves, to each other, and to raise a glass of water and have a sip. I'm going to have a sip of my tea right now. I love you. Thank you.

God is the strength in which I trust. God is my Abundance.

A Natural Result of Choosing to Follow Christ

Also in this Section V of Chapter 1, it says here—of course, we can elect whom we're going to serve, but we can't serve two masters. It's like if you're going to serve the ego, you're going in the exact opposite direction of the Spirit, so in every moment, we choose and choose again. Choose and choose again, and you know how well your choice was by how you feel. Do you feel prosperous? Do you feel aligned with Love? Do you feel abundant? Then you know you chose Love.

“The miracle is a sign that the mind has chosen to be led by me in Christ service.”

Isn't that wonderful to know we can choose to allow the Master Pastor Jesus to lead us in every single moment, that he is this elder brother who's always available to us, even if we make our bed in hell? Yeah, no matter how depraved or dark we feel, we can always pray to know our elder brothers with us. We can always open our heart and mind to that awareness.

“The Abundance of Christ is the natural result of choosing to follow him.”

“The Abundance of Christ is the natural result of choosing to follow him.” Here's the thing. We don't experience lack and limitation because we're being punished for not following Christ.

Now, think of this, for how long has it been taught that the root of all evil is money, right? Isn't that ingrained into our awareness that the money is the root of all evil is money. But how could it be? How could it be? Money is the symbol. How could the root of all evil be a symbol? Everything in this world is symbolic. What is evil?

I love what Ernest Holmes says that, “evil is the appearance of that which is destructive, that which appears.” That's how we define evil. I love that definition.

Right now, people are being buffeted by winter storms. Winter appears to be destructive, but winter is also what makes possible the spring renewal, the Christ returning.

Let us drop all the meaning that we have made of things.

“The abundance of Christ is the natural result of choosing to follow Christ.”

What does also tells us here is Christ will lead us if we're willing. What is Christ? Christ is that Love that is our true nature. There is that within us that has the ability to lead us. We've experienced that. Haven't we all experienced being led by pure Love, releasing all sense of needing to get anything, wanting lack, deprivation, and being simply filled with the Abundance of Love even in just for a moment? Haven't we all felt that?

A Sense of Fulfillment

It says here, *“All shallow roots must be uprooted, because they are not deep enough to sustain you.”*

Isn't that wonderful? I love every word and sentence so perfect and beautiful. So, the shallow roots can't sustain us, so the shallow roots of the ego, that grasping, the needing, the wanting, the momentary temporary, timed based, temporary means time based, that time based sense of feeling full is so different from the spiritual sense of full-fulfillment. The feeling full, the temporary sense of feeling full is that shallow roots experience. I feel full. I feel satiated because I have a bowl of food. I feel satiated because the thing I want is in my hand. But that can only last for a moment, it can last in time, right? Sometimes, we enter into a special relationship and for a time we feel full. We feel a craving has subsided, but it's temporary. Only the holy relationship can bring the sense of full-fulfillment.

"The abundance of Christ is the natural result of choosing to follow Christ. All shallow roots must be uprooted, because they are not deep enough to sustain you."

We can't be sustained by the shallow roots. We can't be sustained by the special relationship. We can't be sustained by the things of this world, so let us not try. Let us just go cold turkey on that and look for our sustenance to come from heaven which is with the Kingdom within. The mammon from heaven, the Abundance, the true Prosperity comes from that connection to Spirit which is totally free in every moment.

We don't need anyone's help. We don't need anyone's permission. We don't need to pay anyone. It's totally free for us at all time. All we have to do is cultivate that willingness. That's what our spiritual practice is. That communion. There is that within us which knows how to commune and we can gather with others and be the two or more who are gathered.

This is something I was speaking about last week that beautiful analogy that Venerable Dhyani had spoken of a few days before the last broadcast, about one log on a fire. It's not much of a fire, but the second you add that second log, now you can create that experience of the Christ there. The fire has lit. This is why we become the two or more who are gathered. Isn't it wonderful that now we can use technology to that? We can use the phone and the internet to connect and be the two or more who are gathered in the name and the nature of the Christ.

"The abundance of Christ is the natural result of choosing to follow Christ."

So, when we join together with our brothers and sisters and intend a holy relationship, then we experience that Christ, that Christ Light within our

own hearts and we dissolve those shallow roots and we put down deep roots.

“The illusion that shallow roots can be deepened, and thus made to hold, is one of the distortions on which the reverse of the Golden Rule rests.”

What is the Golden Rule? Do unto others as you would have do unto you, right? In that connection with our brothers and sisters, extending Love, we’re opening to an awareness to the Unity of all life. The Unity of all life is our Abundance. When we’re holding on to resentments and judgments, blame and shame, unforgiveness, we’re blocking the flow of Abundance.

There’s so many Prosperity teachings now that have to do with holding intention in your mind, and visioning and manifesting and demonstrating that way, and you can definitely do that, and that will prove to you the power of your mind. You won’t be able to hold on to it. If you don’t do this, we’re releasing all blame, all resentment, all regret, all unforgiveness. At least, I sure couldn’t. I wanted to feel free. I wanted to know my true identity and so I made forgiveness my daily practice in the form of non-judgment. All forgiveness is non-judgment. All forgiveness is self-forgiveness. Let us begin with our self.

Once again, I’m Jennifer Hadley. If you’re interested in joining me in my yearlong *Masterful Living* class, we’re still accepting people through the end of March. The miracles are happening and flowing in *Masterful Living*. So beautifully, come join us. If it calls to you, you’ll know it. You certainly don’t need me to support you, but I am here if you choose it. You’re listening to *A Course in Miracles* on Unity Online Radio where we’re living the Love and we’re walking the talk. I’ll be right back.

You’ve been listening to *A Course in Miracles* living the Love, walking the talk with Reverend Jennifer Hadley.

If you have a question or comment about today’s program or if you’d like to join the discussion, visit us on Facebook at *A Course in Miracles* Pledge, where you can join a community of like-minded people, who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Recognizing Your True Identity

We're back. In this week, we're talking about Abundance and how do we get to that experience of Abundance. Of course, the next Section VI here in Chapter 1, *The Illusions of Needs*. Uh-hmm.

"Lack implies that you would be better off in a state somehow different from the one you are in."

So, if you're experiencing lack, you have a belief that you'd be better off in a state different than what you're in.

"Until the 'separation' which is the meaning of the 'fall,' nothing was lacking. There were no needs at all. Needs arise only when you deprive yourself."

What you deprive yourself of, the Kingdom. The Kingdom. How do you stop depriving yourself of the Kingdom? Your Abundance comes through your recognition of your inheritance, your true identity. Remember the Prodigal Son? You go home again. How do you go home again? Spiritual practice. Yes, spiritual practice. So powerful.

How do we let go the resentment, the regret, the blame, all the things that block our experience of our Abundance? We consciously intend to be aware of all the times when we energize lack and limitation, and we choose again. We choose again. We choose again. We choose again. Oh, what a blessing. What a blessing that we can choose again. Yes, yes, yes. Such a blessing that we can change our minds about being stuck. Yeah.

Abandoning Belief System in Favor of Truth

Let's look here now. Let's go to Page 57, which is in Chapter IV, *The Ego and False Autonomy*. I love this. It says—first of all, we're in the beginning on Page 56, Paragraph 1.

"It is reasonable to ask how the mind could ever have made the ego. In fact, it is the best question you could ask. There is, however, no point in giving an answer in terms of the past because the past does not matter, and history would not exist if the same errors were not being repeated in the present. Abstract thought applies to knowledge because knowledge is completely impersonal, and examples are irrelevant to its understanding. Perception, however, is always specific, and therefore quite concrete."

The key to changing our life is recognizing that it is our belief system that creates our perception, not our experience, because our experience is a projection of our belief system. This is why in all my classes we go to the root in order to have new fruit. We go to the root to change our belief system. How do we change our belief system? We abandon it in favor of the truth. We say, “I don’t believe these beliefs anymore. I’ve got the truth that sets me free. The truth is my Abundance. The truth is my inheritance. We go home again.

One of the things we have—the best tool we have is our relationships, which is why I was talking so much about relationships last month in February, we’re in 2014, if you’re listening to the archive because we have—I think this is 126th episode, so we got all these past episodes and you can download them all very easily. It’ll take a while, but you can download them all through the podcast. You can find the podcast at iTunes if you search for me, Jennifer Hadley in iTunes. I’ve got several free podcasts there and this radio show is one of them.

If you enjoy the show, will you take the time to write a review? It only takes a few minutes there at iTunes to write a review. The more reviews people write, the more iTunes values the show because you’re taking the time to write a review, lets iTunes know. “Aha! People like this.” Therefore, they will share it with more people and call it to their attention.

We are recognizing that we’re looking to see our brothers and sisters in their holiness and that helps us to see our own holiness because projection and perception are the same. Let us learn to perceive our brothers and sisters as they truly are whole, perfect, and complete. Let us not judge our brothers and sisters and in releasing all those judgments against our brothers and sisters whether they’re the leaders, the politicians, on television, in magazines. Wherever we perceive our brothers and sisters, it is an opportunity to have holy relationships and to refresh and reboot our mind to choose again to drop all judgments.

Right now, I’m going to invite you to think of whoever it is in your life that you judge the most. It may be the person you love the most, making a commitment to truly stop judging that one person and have that one relationship be made holy will indeed transform your whole life because all is One. Give the heavy lifting to the Holy Spirit, invoke Jesus to assist you in every moment. Notice how much you value the judgments. Notice how

valuable it is to you to have the right to judge, and notice, too, that you're squandering your inheritance.

Now, that word, "squandering your inheritance," it's really not that, I think I misquote because I quoted that teaching from the Bible. You really can't squander your inheritance, but you can't cut yourself off from it temporarily. You can say, "Oh, right now, I don't care about it. I'd rather judge my brother, my sister, my loved one, my companion. Let us be mighty companions and know the truth about each other, the truth that sets us free."

Yes. Uh-hmm, because this is our—when we love each other, when we extend Love, when we drop the judgments, we are stepping into true Abundance and you will notice it by how you feel. Our judgments are like they're the attachments, the pain, the suffering, the weapons.

I always when I think of judgments and attachments, I think of weapons and it's interesting—I'll make a couple of mystical references that might not—they don't have anything to do with *A Course in Miracles*, but they have to do with my experience of *A Course in Miracles*.

Some of you may have heard of the Ascended Master Saint Germain, who is the Master that works with the Violet Flame which is one of the Great Rays that Jesus talks about. Master Saint Germain is believed to have been made manifest to Shakespeare and written those plays which are so masterful and such beautiful tales of the difference between choosing ego and choosing Love, and the suffering cause by choosing ego.

Well, the in beginning of *Romeo and Juliet*, there is that scene, where the prince breaks up the fight between the Montagues and the Capulets, and he says, "Throw your mistempered weapons to the ground." Whenever I think of releasing the judgments and opinions, I think of, "Throw your mistempered weapons to the ground," literally like drop them. Drop them. Drop the tools and follow me. Come with me. That's what I feel. I feel the Christ Presence saying, "Drop the weapons. Don't even have to figure what to do with them. Just throw them to the ground. Throw the judgments to the ground." Sometimes, I've done ceremony where I lay on the ground and I just release the judgments. Yes, yes, yes.

"Only those who have a real and lasting sense of abundance can be truly charitable."

Let us be truly charitable.

Closing Prayer

Right now, I invite you to place your hand on your heart and take a breath of Love and gratitude with me and let us be so grateful that we don't have to figure out how. All we have to do is allow ourselves to choose Love and let Love do the heavy lifting.

In grace and gratitude, we allow our inheritance to be made manifest in our life, in our heart and in our mind. We choose Love and choose again. In grace and gratitude, we share the benefits with everyone because we're One with them. We allow it to be and so it is. Amen. Amen, Amen, Amen.

Thank you, everybody. Have a great week. I'll be back with you next Tuesday.

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