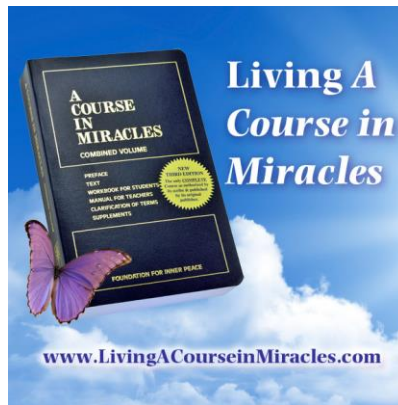


February 27, 2018



When You Fear Losing a Relationship



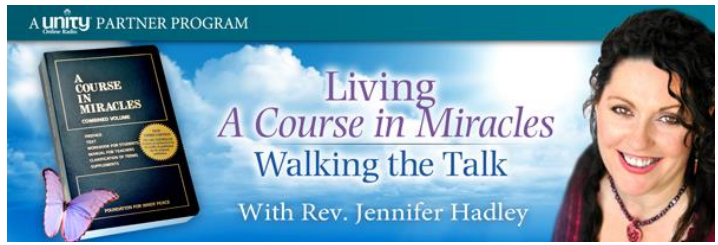


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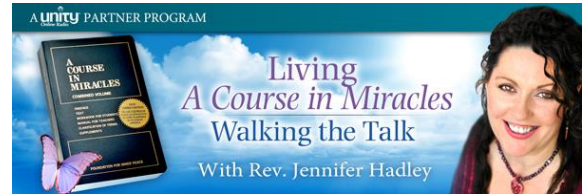
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February 27, 2018

When You Fear Losing a Relationship

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour!

Ah! Well, I am so grateful to join with you today. I know that we're blessed to come together in this way. I love when the rhyming starts. It's fun! For me, sometimes in a class--or on this broadcast, as you may have heard me say, when that unplanned rhyming starts to happen, it feels like the sweet sign of the Holy Spirit.

Our topic today is *When You Fear Losing a Relationship*. Yeah, I think most of us know about that. It could be any way, shape or form. We're going to start there, and then of course, we go to a prayer! Oh, another rhyme!

Ah! I'm just back from the *A Course in Miracles* conference. Actually, I'm still in San Francisco. It was a lovely time together. Just a wonderful time to be with friends, folks from *Finding Freedom*, and *Masterful Living*, and folks who listen to the radio show, my Prayer Partners who participate in my Daily Prayer, and of course my fellow speakers. It was wonderful to be able to hang out with them.

We're going to have another conference, in Boston, next year. I'll tell you a little bit about that later. Let's get to our prayer.

Opening Prayer

Ah! We take a breath, a breath of Love and gratitude. Ah! And we open our heart, we open our mind, to the fullness of Love healing us now. Love is our healer. Love is our guide. Love is our inspiration. Love is our true identity.

We Partner UP with the Higher Holy Spirit Self, and we welcome the guidance of the Higher Self. We open ourselves to lay upon the Holy Altar Fire of Divine Love any relationship that we've been feeling a needing, a wanting, a grasping, a clinging, and we're giving it to the Holy Spirit for healing. We're giving our needing, wanting, grasping, clinging, fear-based thoughts and beliefs to the Holy Spirit for healing.

We're opening ourselves to Dynamic Love, washing clean all specialness, all fear, all doubt, all worry. We're opening our heart to Dynamic Love, here and now. So grateful that Love is indeed our very nature, and it is healing!

We share the benefits with everyone, because we are One with them. In gratitude we allow the healing to be. And so, it is. Amen. Amen. Amen.

Our Identity in Special Relationships

In my life, I've had multiple experiences of fear of losing a relationship, and I have experienced that in all kinds of relationships. With family members who are ill, like my mother. I've talked about that. I've experienced it with my father, when he remarried. I've experienced it with multiple romantic partners and relationships, very intensely. Even with my relationship with my brother. Work relationships. Spiritual community relationships. Friendships. All over the place. I've experienced, as most people I know, if not everyone I know, has had a fear, worry, concern about losing a relationship, or losing a person.

These experiences come into our life as part of our mind training. I see this again and again, and I feel it's so valuable to speak about it.

Because if we are holding a relationship as special, and we have a feeling of we **need** it, because it's part of our identification-- and we all get our identifications wrapped up in our relationships. All of us. Because our identifications are we're mothers, and fathers, and brothers, and sisters, and grandparents, and grandchildren. We are all of these as we walk

through life, and they become part of our identification. The actual connection to a **person** becomes part of our identification.

Many times, I speak with many people who are very challenged, even just because their friendships are not very fulfilling, and they feel somewhat fake, or false, or predicated on things in the world, and not from the heart. People feel that they don't have close intimate friendships. Maybe they are no longer married. Sometimes their children are not very connected to them, and they feel very, very alone.

There's a temptation to fill that void with special relationships-- it's a very, very common thing, and not trust the Holy Spirit to **send** someone that we can have a fulfilling relationship with.

All of this stems from having a fulfilling relationship with ourselves and with God. When our identification, our "Who I Am" is "I am a person in relationship with my spouse, my friends, my relatives, my co-workers, that's who I am. I am this being in relationship with all of these people" it's **very** easy for that to become our identity. And even if those relationships are **very** loving, and fulfilling, and very intimate, and connected, that is still a danger **if** it's really how we identify ourselves.

A Course in Miracles is a mind-training system to help us release false identification, so that we can wake up, and **remember** that our true identity is, as what Jesus says in the *Course*, "*part of the sonship.*" The "Son of God" is **all** humanity. It's the Christ Presence, and that's what humanity is.

We are Healed as We Learn to Heal

In the "Truly Helpful Prayer" on page 28 that we quote so often, "**I am here only** to be truly helpful. I am here to represent Him Who sent me." I like to say the "*One Who sent me.*" That is our message helping us to remember that being truly helpful **is** representing Spirit in this world.

This is an illusory world. It's an illusion, it's a projection of our mind, and we're here to represent Pure Love, so that **others** will wake up as we wake up. "I will learn to heal. I will be healed as I let Spirit teach **me** to heal." "*I will be healed as I let Him teach me to heal.*" I will be healed as I learn to teach to heal." "As I teach others to heal, I will be healed." Lord knows, that's the program I'm in!

And that's exactly, **precisely**, why I love doing this radio show, all the classes that I teach, speaking at the conference last weekend, all the things that I share and do, and offer keep my mind focused on joining with others and healing my mind. Every word I speak is for **me**. I'm remembering **as** I speak it. And that's why, now, I feel so called.

I had a wonderful opportunity yesterday to spend many hours with my pal, Lisa Natoli, and her husband, Bill Free, just sharing my passion for supporting people who would like to be teachers, who would like to be speakers, who would like to be counselors, who would like to be Prayer Practitioners, who would like to be ministers, and to do this work as she and I are doing, as Bill and Lisa and I are all doing. We're all doing it for the same reason, because **we** are remembering our true identity through **sharing**.

And so, knowing the power of that, I'm expanding our *Masterful Living* programs steadily. We've got the spiritual counseling. We've got the ministerial program with those classes being added on, those modules being added on to *Masterful Living*. We've got the next spiritual counseling training coming up at the first week of May. My *Stop Playing Small* retreat coming up at the end of April. We'll have another spiritual counseling retreat--intensive, rather, in October.

Be More Willing Than Unwilling

This fear of losing a person, it is, I feel, it's one of the strongest fears. It really triggers our sense of unworthiness, even when someone is making their transition.

I'll give you an example. Because when I found out that my mother had this terminal cancer diagnosis, and she was going through that experience of illness and healing--healing the mind, healing the heart, while experiencing illness in the body. One of the things that I **learned**, that I grabbed a hold of, and made real, was this idea that sugar feeds cancer. My mom, one of the few things that she had to **enjoy** during her time of illness was she would enjoy, sometimes, a cocktail at night, which is pure sugar. She would enjoy chocolate, a piece of cake, something like that.

The meaning that **I** made of it was, she would **rather** have the cocktail, the cake, the candy than be with me. Yes! That was the meaning I made of it. That if she **didn't** eat the sugar, she would have more life on this earth

with **me**. But because she'd rather have **that**, than be with **me**, I'm **not special enough** for her to stay with me, and to resist the temptation to have those sweets and things.

It took me quite a while to change my mind about that. I really wanted to hold onto that. But then I did have an amazing and miraculous healing in my heart, and I let [go] everything that I held against **myself** in relationship to my mother, as well as anything I was harboring against **her**.

Of course, there was much more that I was holding against myself that I didn't even **recognize**, that was a **bigger** block to Love than the things I held against my mother.

My mother's seeming to be lost to me, that transition journey, the journey of her physical death in this world, the death of her body, all of that helped me **so much** to recognize **my** mental patterns that were blocks to Love and had been blocks to Love in my relationship with my mother since I was a child. With the help of the Holy Spirit, they got completely healed, because **I was truly willing**.

I would like to stress here that one of the things that *A Course in Miracles* says, anybody who has done anything with *A Course in Miracles*, has figured out the teaching says your willingness is all that's required. That, in and of itself, can feel very challenging to actually accept and belief, that our willingness is **all** that's required.

But I can say in my experience, I discovered a little something of Clarity that really has helped me. That is if we are **more** willing than unwilling--so we could still have a **boatload** of resistance and reluctance, but we're just **one percent**, a fraction **more** willing than unwilling. Oh, my goodness! The Holy Spirit can take it all! **All!**

That's why we cultivate that little willingness. 51%. Mostly willing. That's what 51% is. Mostly. Right? A lot of contracts regarding ownership sometimes will be one person owns 49%, the other person owns 51%. 51% **is** the majority. So that's how it works. It's **not** that complicated.

How do we recognize 51%? I have no idea. There's no teaching on that. And there doesn't need to be. It's just "**I am willing to be willing.**" We cultivate that "Holy Spirit, angels, Mother Mary, Company of Heaven, all that is holy, **help me be fully willing** to have these attachments, these

cravings, these longings, these needings, take it out of my mind forever so I never think them again.”

The Courage to Trust

When we have a fear of losing a person, a relationship, in our life, having that relationship **shift** from romantic to friendship, or from business to friendship-- you now, we're losing the client and gaining a friend, we're losing a co-worker and gaining a friend, because you know we've moved on from a job. Or sometimes we're losing a parent and gaining a friend. Sometimes we're losing a child and gaining a friend. When the relationships that we cling to in their specialness are shifting and changing, it can trigger **so many** things related to our self-worth and self-doubt. That's why it's happening. It **must** happen for us to be free.

One of the things that I started to say to myself when I would feel frightened, and triggered and challenged, about loss, and losing a relationship, having a relationship, be transformed, one of the things I would **do** is, I would just speak the truth, and I'd say, "Okay, Spirit. I guess it's pretty crazy for me to pray to be free in my mind, to be happy and harmonious, and think I can cling to **that** which destroys my Peace and happiness. I guess that's insane. So, I'd rather be sane than insane. Therefore, I'm giving you **all** my relationships. I'm giving you the wanting, the needing and the craving to heal."

In those moments, I had to have the **courage**, and it did take courage, I had to have the courage to **trust**, right? Trust, the number one characteristic of God's teachers. I had to have the courage to trust and say, "My relationship with this person is eternal because **we are eternal**. Love is eternal. There is **only** Love. We are connected **forever**. Forever, and I am interested in having an **eternally** peaceful relationship. I do not need to cling to the form of this relationship. Holy Spirit will take all the consequences of my wrong decision if I allow it, and **I do**. I do, I do, I do! I desire Peace for **everyone** I'm in relationship with, all beings on this Earth, the entire Sonship and, of course, including myself."

It's recognizing the specialness is making us unhappy. The clinging, the wanting, the needing. Throughout *A Course in Miracles*, it talks about specialness.

In Chapter 24, which is entitled *The Treachery of Specialness*, it talks about how these special relationships are there to help us to remember the truth. In Chapter 24, and this is Section II, *Treachery of Specialness*, Paragraph 9.

“You have come far along the way of truth; too far to falter now. Just one step more, and every vestige of the fear of God will melt away in love.”

Then it talks about your brother-- and of course your brother, your sister, your mother, your father, you co-worker, we're all brothers in terms of this teaching.

“Your brother's specialness and yours are enemies and bound in hate to kill each other and deny they are the same.”

The Enemy of Love is Specialness

When we make another person special, we're making them our savior in some way, shape or form. Of course, we can have a special hate relationship too. If we make them our savior, if we make them our enemy, they are the enemy of Love. We are the enemy of Love to them through that specialness. It becomes the means by which we have a false idol instead of putting God first, we will protect that specialness, right?

We see it all the time that people make that relationship special above all else. Even above our loving hearts. Because many times when we're in a special relationship, whether it's special Love or special hate-- and this can be true with an animal-- that when we make a special relationship, special Love **or** special hate, we are idolizing that person, and we are edging God out. E. G. O. We are “Edging God Out” through the specialness.

We will start to control and manipulate that relationship to try to make it **be** how we **need** it to **be**. We'll start to, probably, make some kinds of sacrifices through our maintaining that false idol aspect of the special relationship, that our relationship to this person, if it's a special Love relationship, it is part of our identity, it's part of what's saving **us**, that we mean something to this person in a special way. They mean something to us.

When we have a special relationship with someone, if someone is insecure and feels unlovable, if we start loving them, and treating them special, they can become addicted to that. **We** can become addicted to other people's loving us in a special way.

I've done so many radio shows on this. This is my February relationship month, so you can go back through all the archives, if you go to LivingaCourseinMiracles.com/radio. It's easy to search in there with keywords in the archives, and get the transcripts, as well as get the podcast, and all of those things.

Let God Fill Your Needs

When we're intent on maintaining that specialness in the relationship, we're substituting God's Love for something that we've made. And there is no substitute for God's Love. We can make someone else move into that place, and we've seen it. I've certainly experienced it, where someone is needing, wanting, craving me, or my attention, so that they can feel special.

It's very challenging, because it's not something that I encourage, but sometimes people make meaning of things, and that gets triggered. I've seen it many times in my life that someone, they throw their projection on me-- and I've done this to other people. Of course, I have! --where I am projecting onto **them** something that I don't even know, to their answering my prayer, their filling my needs, instead of God filling my needs.

Instead of getting all needs met from God, I'm trying to get it from this other person. There are all these different aspects to specialness, and they all distract us from healing our mind. What I've found is, the more that I let go of the specialness, the more Peace I have, the more Joy I have, the more Freedom I have, and most importantly, the more Love I have.

It's time for me to take a break here. When we come back we're going to dig more into this, about how do we handle it when it seems like we're losing a relationship.

When we're at the break, if you would like to learn more about my Spiritual Counseling Training Intensives, my Spiritual Counseling Certification Program, or the *Stop Playing Small retreat*, you can find all that at JenniferHadley.com.

You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk, and I'll be right back.

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Special Relationships as Blocks to Love

We're back. We're talking about when you fear to lose a relationship. Very, very common thing for many of us. It comes up again and again. It's about our worthiness. It's coming up for healing.

This, to me, is one of the most helpful things for us to **realize**, and actively practice as part of our spiritual practice. It's helped me **so, so** much! It **still** helps me every day.

If I am triggered, if I am bothered, even a little bit, I'm believing something that's **not true**. If I'm bothered, even a little bit, this is an opportunity for me to surrender that belief, so that I can have more Freedom, more Peace, more Love, more Joy. Let me take that opportunity, let me not let it pass me by.

But how do I let my healing opportunity pass me by? Somebody does something, it irritates me, I make it about them, instead of taking it as my healing opportunity. Instead of realizing, "Oh, you know what happened? They just bumped up against a splinter in my mind. a splinter of a false belief, a false identification. Let me have a healing instead."

For me, the greatest healings that I have had in my mind, in my whole life, were all 100% about a fear of losing a person. These, for me, have been the **greatest triggers**, and have brought me the greatest amount of healing in my mind, **because** I Partnered UP with the Holy Spirit.

Every time I felt frightened, and worried, and angry, and not enough, and all of this, I'd say, "Holy Spirit, I will not think these thoughts. I will not entertain them. I am of God. I am a creature of Love and Light. That's **all** I'm interested in. Holy Spirit, take my hand. Lead me through this treachery, this desert. I will **not** succumb." And I **have** been led.

Now, the greatest attachments that I have had, the greatest **mental** attachments I've had, have been around specialness in relationship. The most difficult times of my life were **all** about losing a person, and me being a

little bit willing, me being a lot willing, made the difference between me suffering for a long time-- and I mean years-- versus a shorter time.

The great news is, whenever **any** block to Love is removed from our mind, we have more flow in every area. Seek first the Kingdom, and all else is added unto us.

When I allowed the Holy Spirit to take the blocks to Love that were my special relationships, my clinging to my specialness **in** my relationships, my clinging to my identification as being the one who's **in** this relationship with **that** one, I have experienced dramatically more Peace, more Love, more Joy, more Prosperity, more of a sense of Wholeness, more of a sense of Freedom. The All-Good of God flowing in my life. Everything being added unto me.

Nothing Can Be Lost in God

When we're terrified at the thought of losing a person, it is **so** challenging to remember to be **willing to even accept**, to allow the thought to enter into our mind, that there can be **no** loss **except** in the illusion. The loss **is** part of the illusion **until** we're willing to see truthfully.

When we've made that relationship special, we're going to see the possibility of losing it. When we let the Spirit make the relationship **holy**, then we'll see the truth, which is that it can never be lost.

One of the sayings that I have had for a very long time is, "Nothing can be lost in God, because where's it going to go?" We might not know where it **is** in God, but that doesn't mean it's **lost**.

I have found that where I **thought** something was lost, when I was willing to give the craving, the needing, the wanting-- whatever the version of false identification, and false belief was showing up as-- to Spirit for healing, and when I went from feeling like the answered prayer was **so** far away, so impossible to realizing, "Oh! It's right here!"

It's that Dorothy and the *Wizard of Oz* moment, when she realizes she had the power all along. She has it. It's within her. It is **not** outside of her.

You see, the special relationship keeps us looking for our healing, our redemption, our comfort, our happiness, our goodness, our Wholeness-- "You complete me--that kind of Wholeness-- outside of ourselves.

I love that movie, *Jerry Maguire*. And I love it because it's so helpful to show us. But it does, unfortunately, affirm this egoic idea that other people **complete us**. We're **already** complete. We have never been **incomplete**.

Be Receptive to Love

I feel complete when I'm loving to you, **because** Love is my true nature. You don't complete me. I'm already complete. I feel **more** my true self when I'm extending Love. You **receive** my Love. You **allow** it. You **accept** it.

That's **really** what Jerry was saying to Dorothy--that was her name. I just remembered that, in *Jerry Maguire*. Dorothy was **receptive** to his Love, and so her receptivity gave him the **courage** to extend Love.

If you remember that movie, *Jerry Maguire*, her son is such a lovebug, right? And the son is **so** needing a father-figure, needing that guy. He's got these two women, he's got, in a sense, two moms, and he's really in need of a dad. And so, when Jerry comes along, he just opens himself to Jerry.

But, of course, the boy knows that Jerry really needs to remember to Love, and so that boy's going to help him, because that's what kids--kids can be so loving as we all know. So, Jerry learns to start to **receive** Love. Not just to be able to **give** it, but to receive it.

People who feel terribly unworthy have a very difficult time receiving Love, and so that's why they **settle** for specialness, right? We settle for specialness, because we don't feel **worthy** of Love. Then when there's a threat, that the specialness is going to be taken away, the fear is that we'll have **nothing**. This is a **major** part of our fear of losing a relationship, because of this is gone, what will I have? I can't live if living is without you. Right?

Our **willingness** to realize that specialness **isn't** Love. But it can be **transformed** into Love, because Love is our true nature! **That's** where we can experience a miracle. We have to have the **courage**. What's required is the courage and the willingness.

It's the courage to let the Holy Spirit transform that relationship from special to holy, which means we have to be willing for the form of the relationship to transform.

That's where people get so attached to the **form** of the relationship, they can't allow the holiness to enter. They **need** the relationship to be the way they made it. "This relationship is a marriage, it has to stay a marriage." "This relationship is a partnership it has to stay a partnership." "This relationship is a friendship, it has to stay a friendship." Whatever it is.

Many times, in our relationships when they're being transformed from special to holy, they become friendships. And they may be friendships that are also "You're my brother." "You're my sister." "You're my mom, my dad, my grandparent, my coworker, my lover." There becomes this **core aspect** to it that is unconditional Love that doesn't have any of those flavors - romance, family. It is a brother-sister feeling, even if it's our parents. Even if it's our children, our grandchildren.

I'm going to go back to the *Text* here.

"You have come far along the way of truth. "

Again, this is Chapter 24, Section II, Paragraph 9.

"You have come far along the way of truth; too far to falter now. Just one step more, and every vestige of the fear of God will melt away in love. Your brother's specialness and yours are enemies and bound in hate to kill each other and deny they are the same."

Don't Settle for False Idols

When we're in the special relationship of "You complete me", "I need you", "I want you", "I crave you" then it's not **actual** Love. It is this false identity **fueling** relationship, that "I'm not good enough for Love." That's the undercurrent. "I'm not good enough for Love. I have to settle for **this**. I have to settle for the idol that **I made**, rather than seeing the holiness of my mighty companion, my brother, my sister.

Rather than bask in **their** holiness and **mine**, I've made this false sense of specialness, and I'm going to cling to that instead. **That's** my block to Love. **That's** my false idol. **This** is what I made, and I must **have** it, because I am not worthy of that which is good, and true, and powerful, and beautiful. I don't trust God."

The fear of losing our crutch, right? It's the fear of losing our block to Love. This is the fear that's coming up for healing, when we're afraid to lose a person.

Placing our faith and trust in Spirit-- even though we have **no evidence** that our life will improve, that our heart will heal-- having that level of courage, it is extraordinary, and it is miraculous.

What I have seen in every single case in my life is, that the relationship is transformed for the **better**, and I have **no regret** about giving the relationship to the Holy Spirit to make holy. There's not **one** relationship that's been transformed into holy from special that I wish it were different. Because I'm at Peace. I'm free. And, that Peace and that Freedom is **so much better** than the hell of the special relationship.

But I had to have the courage to trust, and the **intensity** of the discomfort I felt in my **fear** of losing a person, in my fear thinking that had me clinging to the relationship, **that** intensity of pain and suffering is what I apparently chose to push me hard enough to have the courage, to have the strength, to have the Self-Love, not to live in a prison of torture, a torture chamber, any more.

“Holy Spirit, take from me everything that I would place before God, that I would place above God. Take **from** me with ease, with grace, transform all my relationships into holy relationships. I'm **so** willing. Show me the way. Lead me. Guide me.”

Your Savior from Specialness

A little bit further in this section, Chapter 24, Section 2, Paragraph 10, it talks about--actually, I'm going to back up and finish Paragraph 9.

It says, “*Yet it is not illusions that have reached this final obstacle which seems to make God and His Heaven so remote that They cannot be reached.*”

Right? When we're terrified of losing a relationship, it does feel that God and His heaven is so remote that they **cannot** be reached.

“*Here in this holy place--*”

It's a holy place, even though it feels like a torture chamber.

“*Here in this holy place does truth stand waiting to receive you and your brother in silent blessing, and in peace so real and so encompassing that nothing stands outside. Leave all illusions of yourself outside this place, to which you come in hope and honesty.*”

“Here is your savior from your specialness. He is in need of your acceptance of himself as part of you--”

Your brother, your sister, is in **need** of acceptance, **your** acceptance

“...of himself as part of you, as you for his. You are alike to God as God is to Himself. He is not special, for He would not keep one part of what He is unto Himself. God is not special, for God would not keep one part of what He is unto Himself, not given to His Son but kept for Him alone. And it is this you fear, for if He is not special, then He willed His Son to be like Him, and your brother is like you. Not special, but possessed of everything, including you. Give him but what he has, remembering God gave Himself to you and your brother in equal love, that both might share the universe with Him Who chose that love could never be divided, and kept separate from what it is and must forever be.”

“Give him but what he has...”

We Already Have Perfect Love

Give your brothers and sisters what they have, which is **Love**. See them as part of God’s Perfect Love, remembering that God gave Himself to you, and to all your brothers and sisters in equal Love, that **everyone** might share the Universe with God, Who chose **that** Love, could never be divided. This was **God’s choice** that Love could **never** be divided and kept separate from what it is, and must forever be, which is Wholeness.

This is why when we seek the Kingdom first, everything is added unto us, because it’s already been given to us. *A Course in Miracles* says, “*Ask and it shall be given you, because it has already been given.*” If we’re not feeling that we have it, it’s because we’re blocking it. Clinging to someone in that craving, needing, wanting way **only** leads us to **forever** feel that we don’t have. It’s intense, because the intensity of blocking Love is being shown to us, the pain that it causes is being shown to us, so that we can have a healing.

If you are intense fear of losing a person, there’s your salvation, right there. Go to God and **give up** the clinging, the wanting. Ask for the healing in your heart, in your mind, so that you can **Love** this person, fully and completely, without strings, without attachments, without cravings, so that you **both** can experience the Perfect Love.,

And, **be willing** to let the form be transformed. It may stay a marriage. It may not. You have to be willing to give up the specialness. It's worth it. **It's so worth it!**

Well, I'd like to say a special thank you before I pray us out. A special thank-you to, speaking of specialness [laughter]. No.

I'd like to say a deep, heart-felt gratitude to **everyone** who contributes to the Power of Love Ministry. It makes this broadcast possible and makes the transcription possible. The *A Course in Miracles* app, our free app, possible, all of our free classes, the daily prayers and all of our offerings possible. To everyone who contributes, God bless you and thank you!

Closing Prayer

I place my hand on my heart, grateful and thankfully Partnering UP with the Holy Spirit to remember the Perfect Love that we already are.

In gratitude we let go of that which does not serve. In gratitude we open our hearts to true Love.

In gratitude we let the healing be, sharing the benefits with all. we know it's done. And so, it is. Amen. Amen. Amen.

Mwah!

Oh! And I just need to mention my *Prayer Power* class is on right now. Come and get it! *Prayer Power* classes. Mmm!