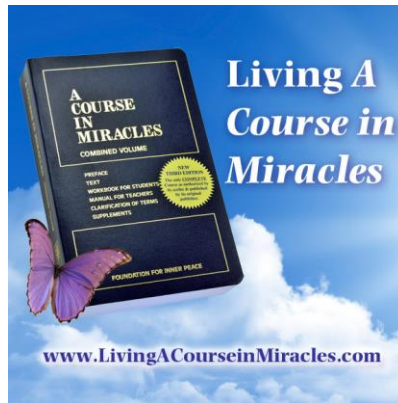


March 14, 2017



## Jon Mundy—Eternal Life

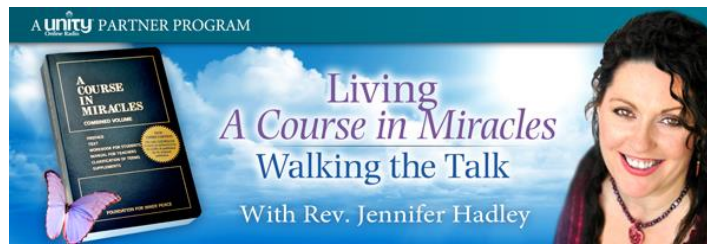


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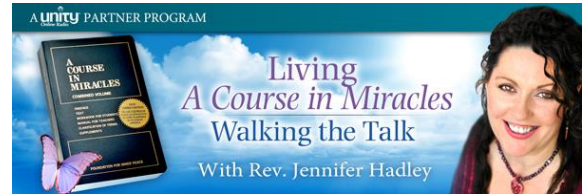
Published by JenniferHadley.com. Printed in the United States of America.

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**March 14, 2017**

## **Jon Mundy—Eternal Life**

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Hey, there! So happy to join with you today. Thank you for joining with me. I know that most people listen to the broadcasts on a download through podcasting and things like that, so we join together transcending time and space for the purpose of our awakening, our healing, our revelation of truth, and being that place of revealing truths in our life, in our heart and mind, our relationships.

So grateful that we get to use technology to support our transcending all limited thoughts. Yay! Yay for technology!

That deep voice laugh you hear is the wonderful Jon Mundy, who's my guest today. I'm going to pray us in, and then I'll introduce Jon. He's in New York. I'm in New Jersey. We've got a snow day. Jon's been out snow-blowing all morning. I've been sitting inside looking out the window all morning, drinking my tea and my coffee, having my hot cereal, and thinking about the snow, and appreciating the snow. Jon's been out working in it. So, we're ready to dive in here.

### *Opening Prayer*

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Let's begin with that prayer. I invite everyone to place their hand on their heart, and let's just give thanks.

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So grateful and so thankful that we're turning our attention to what's real, what's true. So grateful and thankful to join together and to be able to laugh together about the illusion and delusion, and to join together for the holy purpose of remembering our true nature, and our true identity, that we're already as holy as holy can be. We're already free, so we don't have to become more free. We are **already** free.

We're grateful and thankful to Partner UP with the Higher Holy Spirit Self and remember this about ourselves. We join together for this purpose of awakening and healing.

We are grateful to come together and **remember** the truth that sets us free, actively demonstrating it, downloading it, revealing it, and sharing the benefits with everyone, because we're One with them.

In gratitude, we simply say, and so, it is. Amen. Amen, Amen.

### *Welcoming Jon Mundy*

---

Hey, Jon! A question -- just, well, I'll introduce you first.

Jon Okay.

Jennifer I just feel so familiar. Yeah, with everybody in our community, and with all the listeners after all these years-- we're coming up on the 280<sup>th</sup> episode. It's amazing!

Jon Wow!

Jennifer Jon Mundy, if you don't know, if you haven't been paying attention to the *A Course in Miracles* universe or world community, Jon Mundy has written so many beautiful books that are really treasures of helping us to understand, *A Course in Miracles* understand mysticism, to be able to laugh at ourselves, and to be happy.

In fact, one of his favorite books is *Lesson 101: Perfect Happiness, A Path to Joy from A Course in Miracles*. If you're new to *A Course in Miracles* you **may** want to start with *Living a Course in Miracles: An Essential Guide to the Classic Text*. Jon really is an expert at breaking it down for us, seeing how we can apply it to our lives.

What we're going to focus on today is his most recent book, which is *Eternal Life and A Course in Miracles: A Path to Eternity in The Essential Text*.

Jon is a man of many talents, and has many beautiful offerings, and I hope we will speak about many of them. Welcome, Jon!

Jon Nice being with you, Jennifer.

Jennifer Yes, we got to be together on Sunday. Jon does just a wonderful service for *A Course in Miracles* community which is his *Miracles in Manhattan* talks that he does once a month. It's a great opportunity to participate, wherever you are in the world, because he had not only live-streams it, but you can also watch later in the archive. He's been doing it for years.

Before we go any further, why don't you just tell us a little bit about that resource, because it's such a great one, Jon.

Jon Well, I began actually in June of 2013. What we did was, we did an analysis chapter by chapter, one chapter per month, of the 31 Chapters that are in the *Text of the Course*.

Now, there was an introductory session, and there was a session I stepped aside to do a eulogy for Ken Wapnick after he died. Then there was one Chapter that was longer, so we took two months to do that. So, it adds up to about 36 of those. Those are the initials.

Since then, and beginning in June of this past year, I just started approaching things topically. I occasionally have a guest that's on with me. But like the last time we did the topic we're going to talk about today, and I did one called *Manifesting Miracle Mindedness*, and one on *Mysticism and A Course in Miracles*, and so it goes. There's one once a month. They're easy to find. All they do is type my name in on YouTube, and there it is.

### *Opportunities for Spiritual Careers*

---

Jennifer Yeah. I really encourage people who are interested in furthering their understanding of how to really live, and apply, *A Course in Miracles*, to pay attention to Jon's work, because it's really what he helps us with.

I was going to jump the gun there and ask you a question. While I was praying, I had the thought, Jon, that you have a wonderful school. You train ministers.

- Jon We do. It's called Interfaith. It's All Faiths Seminary, so it's an Interfaith program. We do have a track specific to people who want to specialize in becoming a minister, with an emphasis on *A Course in Miracles*.
- We have three tracks. There's general track what we call the Comparative Religion track, which is what we started with, a Rabbinical track, and then *A Course in Miracles*. It's a one-year intensive training program, and classes are the second Saturday of every month in New York City. Those are videoed and they're—well, they're not sent everyone. They're only sent to the students, but it's easy enough for people find out more about it. They just go to [AllFaithsSeminary.org](http://AllFaithsSeminary.org) online. They can read about it. As I said, it's a one-year program. It begins in September, ends in June, and the ordination --the ordination this year is going to be at the United Nations Chapel.
- Jennifer Mm-hmm. Yeah, because one of my things, Jon, is to encourage people who are opening their minds with *A Course in Miracles*, and other pathways, who are interested in becoming professionals, to really support them in doing that. Because we can't have too many. We can't have too many teachers. We can't have too many Spiritual Counselors. We can't have too many ministers. The more the merrier!
- There's such an opportunity, such a growth time for us. I think of it as a growing industry, if you will. As more and more people are realizing, so clearly, and earlier in their lives, they're realizing that, "You know what? The things of this world are **not** going to bring me happiness, so, I need to look elsewhere."
- That** is really a pervasive trend in this world. More and more people have opportunities to become professional helpers, and assistants, in a sense, to people who are going down this path.
- Which, to me, leads us right into our--actually, you know what? I'm going to ask you, while we're on that topic. What do you see as the graduates of All Faiths, what do you see them doing? How do you see them taking things in the world?
- Jon Most of them do not go on become ministers of churches. A few do. There's a few that have gone out and pioneered churches, and we've got a few examples of very successful ones. There's one in Ann Arbor, Michigan, for example. It's a very good example of an Interfaith Center that came out of

this. Most of them are already mature adults. By that, I mean middle-aged or something, and they just want to add this dimension on to their life.

For example, we have one woman who's become a specialist in counseling people who are grieving over the death of the loss of their pets. Adding the Reverend to her front of her name was really helpful in terms of, she was already **doing** this kind of work, but now here's this other dimension. A lot of people want to work with people who are dying in a kind of hospice-related-type programs, et cetera.

It could be a lot of ways. We have a massage therapist coming through. Just people that want to be of service in a deeper way than that have been in the past, That's essentially it.

Jennifer Yeah. That's beautiful. There are so many ways. I see that, also, with people who are doing *Pathways of Light*, people who are doing *Community Miracles Center*, there are lots of options.

Jon Right There are several good programs.

Jennifer Yeah. But there's also lots of options for people to-- because we're all drawn to different teachers, you know. It's just one truth, right? Different teachers, different styles. But, there are many options for people who would like to have these kinds of training, and to take it out into the world, and to live their profession to a smaller or greater degree, according to their interest. I really see that.

I think also in the world we live in, there are more and more people who are interested in having a-- I like to use the word, trans-denominational minister, to perform weddings and ceremonies.

Jon Oh, yeah. That's one of the things that comes out of this. Once you are ordained, and you register with city hall, then you can perform weddings, legally, wherever you are. That's a different law, state by state, but in our case, it's universal, pretty much.

Jennifer Mm-hmm. Mm-hmm. I have a *Spiritual Counseling Training* program, and we're developing a teacher training program that will be teacher/minister training program for people who would like to do workshops, and classes, and things like that. I love that more and more of this is unfolding.

*We Are Already Eternal*

---

Let's go to our promised topic, which is *Eternal Life and A Course in Miracles*. You gave a beautiful talk on Sunday that I was fortunate enough to attend.

The topic of eternal life is such a great one for a book, because in a certain sense, I don't see a lot of *A Course in Miracles* people **focused** on what's happening next. That's how we often think of eternal life, is that we're talking about the **afterlife**. What I love that you're helping us see in *A Course in Miracles* is, the eternal life is **now**.

Jon Right. There is no "next."

Jennifer Right. [laughter]

Jon It's already here. It's already now. You're already living in it, and it's possible to already be living in it if you realize that you are. If you see that you are.

That's essentially what Jesus did. What Jesus did was, He realized He was the Son of God. He realized that He was **already** eternal. He'd accomplished it, I think-- really, if you look at the Jesus' life story, I think the 40 days and 40 nights in the wilderness, that deep soul-searching thing that He went through, was that really the revelation that enabled him to see that He was already there. That's why He could say, in all honesty, "I'm the Son of God," and then come back.

Actually, the *A Course in Miracles* says that we **all are**. But-- or Son of God, or Daughter God, or Child of God. It doesn't make any difference. There's nothing sexual about this at all.

Or, another way to say it, is you're already home. Another way to say it is you're already enlightened. But we don't believe that. We don't we don't buy that because there are just too many heavy-duty problems, sins, things that we call sins, errors, mistakes in our lives.

It takes a lot to be able to. But the *Course* is really trying to help us to transcend that, and to see that the truth about who we really are.

In fact, the way the *Course* works, it's really very simple, in a way. The *Course* is very simple, and it's very difficult, all at the same time.

It's simple, as lot of people have said, but it's not easy. I mean, it's not easy for us to be willing to **do it**. That's the whole thing. You've got to be

**willing.** The *Course* places a lot of emphasis on willingness, to make that leap in order to see what Jesus saw, and to do what He did.

Helen Schucman, who was the scribe the *Course*, at one point said to Jesus, "You know, this stuff isn't working." Jesus said, "Well, why don't you **try** it?" What He actually said was, "Why don't you do what I'm asking you to do, so you can hear My voice even better?"

Now, keep in mind Helen was already hearing a voice and she was already Him pretty clearly, but she could still be judgmental for example. She could still get angry about things. It wasn't a complete process.

I am personally convinced, and I've said so several times, that Dr. Ken Wapnick, who was really our first teacher of teachers of the *Course*, and Dr. Bill Thetford who helped Helen complete the writing of the *Course*, completed the Atonement before they left here. Like, completed the Atonement. I mean, they were done.

### *Realization is the Holy Instant*

---

I think it's important that we realize that **they** did it, and because **they** did it, because Jesus did it, we **all** can do it, too. In fact, it's right **there**. It is **so close** at times. It just takes a little effort. The *Course* actually said it just takes a little effort, a little willingness, to leap on over into the realization.

That's what happens in what the *Course* calls the holy instant, and what I sometimes talk about as a mystical experience. Because in **those moments** you do see it. You see the connectedness. You see the Love. We see it when we fall in love, that's one of the places that we see it.

But, I'm not talking about that just in the romantic context. But Ken found it, initially, in falling in love with classical music. I found it an initial being in love with nature, having grown up as a farm boy in Missouri.

You just know that there's something more, and you just love what you're seeing. And seeing the connectivity that's there. The *Course* is all about sharing. It says at, one point, "*Divine Abstraction--*" which is another name for God, "*Divine Abstraction takes joy in sharing.*"

It's really, that's what makes us **alive**. That is what eternal life **is**. Eternal life is realizing that we do **share**. You can't go the other way. You can't contract into yourself and separate and segregate. Separating, and segregating, and locking ourselves into ourselves, is a thing which really

makes us **miserable**, because we know, somewhere inside, that we're not going in the right direction. Turn it back around and get us going the right way.

Jennifer Yes! Yes! For God's sakes. Go ahead.

### *Removing the Blocks to Love's Presence*

---

Jon There's an analogy I'd like to use, which is Michelangelo said that in order to find David out of a block of marble, what he had to do was simply to take away everything from the block of marble that was **not** David.

Well, that's exactly the process the *A Course in Miracles* is talking about. It says on the very first page, the process is one of ... "removing the blocks to the awareness of Love's presence."

So, imagine those blocks are just chips off of this great marble thing, that inside there is a beautiful **you**, which is God-given and can't help but be good. And that, by the way, is the **you** that God **knows**. This is very different from traditional Christianity. That's the You that God knows. God knows you as the eternal being that you already **are**.

All these other stuff, all this fluff, and all this ego junk, all these stuff, that's on the outside, which we refer to in the *Course* as "specialness"-- all the specialness is just so much garbage, which at one point **will disappear**. It can disappear in our realizations in our own mind.

One of the most obvious dimensions of this is a thing that's going to disappear for **everybody**, because it always has and is always will, is the thing we call the body. In case we hadn't noticed, everybody disappears, which just proves that there is no **reality** in a body, because what's **real cannot disappear**. What's real is that which is eternal, Love is real. Love is eternal. But, the body is not real, and this world is not real for that same reason. There's nothing.

I love--there's a line in the *Course* where it says, there is "*nothing outside of you*." Now, we don't take that **literally**, to mean, in terms the body. There's nothing outside of your **mind**. There's nothing outside of your ability to **see the truth**, and when you **see** it this is not a kind of knowledge of form in anyway. It's a pure--the *Course* draws a distinction between knowledge and perception. It's not what happens with the body's eyes, but it's more

like what the transcendentalists were talking about of the early 19<sup>th</sup> century.

By the way, Transcendentalism feeds into Unity. I think is sort of interesting. It's like, it was around before Unity. It was in the same mode, if you kind of keep following the line of thought. Well, then there was Christian Science. Then out of Christian Science, there came New Thought. It's a natural progression.

### *The Wholly Holy Power of Our Mind*

---

But what all of these have in common is understanding the power of the mind, and the power of the mind to change things by simply making a **choice** to step out of the ego, to step out of an attacking, angry, selfish kind of thinking, which we can do--we think it's very difficult to break that, but it's not difficult to break that-- which we can do, and then begin to see things in a wholly/holy-- you can spell holy or you can spell wholly with an H or a W-- in a wholly/holy new way.

Jennifer Ah! Yes! I always love it when people bring up the history of New Thought, because it's been something that it's been so interesting to me, and to see the progression of how we move into *A Course in Miracles*, that the mind ever expanding can hold these teachings of Jesus and see the Purity of them.

### *Physical & Mental Suffering Need Not Be*

---

You know, Jon, you brought up the topic in your talk on Sunday about when people are experiencing tremendous pain and suffering, physical suffering in the body, and it is so distracting, so debilitating. And we've seen in the history of Christianity, particularly-- but of course in other faiths, as well, there are oftentimes great mystics, and I know this is something you're really interested in, great mystics who have gone through **tremendous** physical suffering. Right?

Jon That's right.

Jennifer And difficulty. So, for **some people** it seems to be part of the script, and part of the curriculum.

Jon Right.

Jennifer I know many people in my life who are going through tremendous physical suffering, and they keep asking, “What's this for?” “How do I transcend it?” “How do I **use** it open my mind?”

What have you learned about that in terms of helping us to open to eternal life when the physical life is so punishing?

Jon Demanding. Yeah.

Jennifer Yeah.

Jon Well, one of my favorite lines in the *Course* is, “*This need not be...*”

Jennifer Right.

Jon Whatever it is, whether it's mental anguish, or physical anguish, “*This need not be...*”

Let's take the mental to start with. Let's say, difficulty in a relationship. Sickness, and then, of course as it becomes as a result of projection that we're either placing onto the world in terms of some sort of condemnation of the world, or we place it on to a body as a kind of condemnation of ourselves, rather than kind of blessing the world, which is moving. The *Course* says you must “*project or extend.*”

So, what it means, you must project-- we only have two choices. We're either finding fault with the world, we're finding problems with the world, we're seeing all the difficulties out there, or we're loving the world.

You can know, there are some people who are in very difficult physical situations, but they're still very loving souls. Let's say they're trapped in a wheelchair, or they're trapped in their homes, or whatever it is. But that doesn't change their outlook on life, and that doesn't change their ability to be the most incredibly loving people that they can be. But that also helps to make them **better**. I mean, it also helps to make the body better.

There's also things that we know that we can **do**, if we would just **do it**, to live a healthier life. I don't need to go into that, I mean, in the sense that there's so much information on the internet about that. Anybody can look into that.

But the main thing is how we **see**, how we see **whatever** it is that's going on.

## *We Are Not a Body*

---

Let me share with you a brief experience that I had. I had cancer. I had cancer back in 2001 and 2002, and I had a tumor about the size of a lemon removed from my insides. I describe this in the in the book, *Eternal Life and A Course in Miracles*. There's a chapter called, "The Classroom Called Cancer."

After I had the operation and the tumor removed, they did an exploratory at the same time, and they found out they took out five lymph nodes, all of which were cancer.

I'll never forget waking up in the bed after the operation. As I wake up, I see the oncologist standing at the foot of my bed, and he's kind of looking at me, "Is this guy waking up?" I could sort of see him.

He looks right at me when he realizes that I'm conscious, and he says, "Mr. Mundy, I have to tell you that the cancer has spread."

Now, these are words you **never, ever** want to hear--

Jennifer Right. Yeah.

Jon --from anyone, "The cancer has spread."

And I am still in drugged state from the operation, so I'm kind of saying, "Oh, that's really sweet. That's really nice."

So, I wake up at 4 o'clock the next morning, wide awake. I'm not going back to sleep, and I just lay there in the dark, and I start thinking, "This is not good news! You could die! You could really die."

I had that experience in '76, but now this was different, because-- well, I won't to explain why it was so different. But the thing which worked for me, that got me out of that, was the realization, not only that I **could** die, but it was **okay**.

What I did was, I eventually said "Okay" to death. I said, "Okay. Come get me. If this is it, if this is my time, then come get me."

The strangest thing happened was, that once I said, "Come get me," I realized I was probably going to **live**. And after that, I just kind of had-- this is hard to explain, but I just never quite **believed** it was going to get me. Well, obviously, that was a number of years ago, and I'm still here, so it didn't.

We don't know. We never know, truly, what's the completion of a life plan. I'm not saying it's the body--if the *Course* is really clear about anything is, is "...you are not a body."

The body is not always fun. It's a limitation in form, and sometimes it can really be hurtful. You know, arthritis or something that doesn't want to go away, and that keeps nagging at us. But again, it's a matter of how we understand what God's Will is, and follow God's Will, and do it just the best we can. The main thing is to continue to be a loving human being throughout the whole **process**, and not be projecting on to other people **your** anguish and pain. And, it works.

As the *Course* says, as we give, so do we receive. So, what we're doing is, we continue to give the Love away, and then we find Love coming **back** our way, whatever that means, whether that means that the body is going to get better, or maybe that the body won't get better.

I went to the funeral for a nine-year-old boy. And I remember, at the time of the funeral, it was so hard. But one of the things I said the funeral is, "We never know what is the completion of a life plan. We just really, really never know."

I had a fellow contact me a couple of weeks ago wanting to know about a passage in the *Course* on "*The script is written.*" because his 21-year old daughter had just committed suicide. I mean--and by the way, when people say, "I feel for you," or when people say "I'm praying for you," what I wrote back to this guy, in the first sentence, was, I said, "I have no idea what you're going through right now. I can't **begin** to imagine the **pain** that you're in right now."

Jennifer      Yeah. No.

Jon            And that was the truth.

Jennifer      Yeah.

Jon            It's not that "I'm praying for you." It's, "I really have no idea. This has got to be incredibly heavy-duty."

But he was asking about "*The script is written.*" Let me explain--can I explain how "*The script is written*" part works for just second?

Jennifer      Sure.

*Being Centered in God*

---

Jon Okay. So, imagine that we got a dot. I've got blackboard here, and I'm drawing. At the top I put a dot, and we'll call that "God." Now, going down in kind of in a triangle form from that, I'll draw two lines. One to the one side, and one to another. In between, I'll draw a straight line going directly to God.

So, God has a plan for us, and that's-- the way Jesus talks about in the Gospels. What it says in the Gospels is, "*Strait is the way and narrow is the path...*" the gate rather "*...the gate which leads unto...*" It's interesting what it leads into. "*... leads unto Life.*" Capital L. Life. God **is** Life. That's one of the definitions of God in *A Course in Miracles* by the way. "*God is life.*" We also know that "*God is Love.*" Every religion in the world says that. But in addition to God being Life, God is also Love.

So, Love is Life. Life is Love. The more alive you are, the more in love you are. The more in love you are, the more alive you are. The whole process is one of just being in Love with **whatever**, and that begins to be the process that enables us to transcend it.

We've got this straight line that goes right down. What the *Course* is trying to help us do, again, is to remove all the blocks, all the stuff on the left and the right which is keeping us from being centered in God. Once we can get more clearly centered **in** God, then we are just **automatically** doing His Will. There's no--you don't even have to think about it.

I'm studying Spanish right now, been doing so for several years.

Jennifer Yeah.

Jon At the class last night, one woman, this is kind of fun, she says-- she works on a job where she needs to be able to speak Spanish some, too. It's in health professions. Sometimes she has to deal with people that are Spanish-speaking. She says, "I suddenly realized, this last week, that I'm beginning to **think** in Spanish. I know when people to talk to me in Spanish, I don't have to think about the translation."

Well, it's kind of the way. When we're getting to learn the *Course*, we have to almost kind of, "Well, what is a translation? I mean, how does this translate into my life?" But the more you do it, the more you don't have to think. You see the need, you respond to the need. There's no thought--

“Should I respond to this need, or shouldn’t I respond to this need?” You just **see** it. You just automatically go the way that God would have you go.

### *God’s GPS for Our Path*

---

It takes **a lot of work**. That’s why we’ve got 365 Lessons, and to do the *Course*, you’ve really got to do the Lessons. You really ought to do the *Workbook*, and you’ve got to hang in there. Don’t worry about how long it takes. There’s only one rule in the whole *Course*, and that’s “Don’t do more than one Lesson a day.” Go as slow as you want to. And I really highly recommend that people could do it again and again, because every time you do it again, it just takes you **so much deeper** in understanding that central path, that plan that is planned for you.

So, there’s a central path, there’s a central plan. That’s God’s plan for salvation. It’s called “GPS”. And I love that it’s GPS. That’s exactly the way GPS works. The way the GPS works is, it just constantly tells us what the right-- you can decide to go **off** GPS and go off and visit a monument somewhere. You can take a look at something here, but it’s always telling you how to get back to the central road, how to get back to the main road.

Well, that’s all God’s saying. Like God is **always** telling us, it’s really just a matter of whether or not we’re willing to pay attention to the direction that we’re being provided for.

What Jesus did, was Jesus got totally tuned in. Bill got totally turned in. Ken got totally turned in. Any one of us can begin to get totally tuned in. And one of the ways you begin to do it, what you should find as you do the *Course*, simply that you’re becoming more, and more, and more, aware. And more, and more, and more, aware. So, you become more, and more, and more aware, then it’s less and less likely that you’re going to go off course, that you’re going to fall into some sort of addictive behavior or some sort of angry behavior, some sort of projective behavior. It’s just **less likely**. That’s the training. The training is I slowly begin to learn that I don’t go that way. There’s actually a line in the *Course*, at one point, where it says, “*Go the other way.*” When you see that you’re off course, just “*go the other way.*” How simple can it get?

But then you’ve got to make decision to do it, to follow that center path. But, in the meantime, if you don’t, you’ll still get home.

Jennifer I love that! Don't you love that? It's like a safety net.

Jon Yeah. It **is** a safety net, in a sense that home is your destiny. You will get home. The *Course* has a thing that's called, "*the attraction of guilt*" and "*the attraction of God*."

So, guilt is like the thing that pulls us down into the body and into the world, and into time, and into drama, and into the soap opera, and into politics, et cetera.

And then there's this other attraction which the mystics have always been seduced by, which is really this attraction of the Love of God, and that's what they want. They just want to give their hearts wholly, wholly to God and in the process of doing so, they find them-Selves, capital S. Selves, which is what everyone is looking for.

Jennifer Yes! What a perfect time for the music to come in here. We're going to take a short break. My guest is Jon Mundy. We're talking about *Eternal Life*, and working with our mind to see our eternal nature.

I'm Jennifer Hadley. You're listening to Unity Online Radio. *A Course in Miracles*. We're living the Love, we're walking the talk, and Jon and I will be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

### *ACIM Easter Conference*

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Jennifer Welcome back. I'm Jennifer Hadley, and my guest today is Jon Mundy, author of many books, including *Eternal Life* and *A Course in Miracles*.

Before we get back into our main topic here. I'd like to bring up that Jon and I are doing a couple of things together, as usual, this year. One of them is the Easter Conference out in Utah that's hosted by Jimmy Twyman.

We've got a lot of our other *A Course in Miracles* friends there. It's an ACIM Easter Conference, Easter weekend out in--not too far from Salt Lake City. Jon and I are going to be there, and I'm sure it's going to be a spiritual hootenanny. We'll have lots of music, and a lot of fun people. We've got Lisa Natoli, Bill Free, and Vicki Poppe, and David Hoffmeister, Maria Felipe, and others. It's going to be a lot of fun. A great time.

One of the nice things about it, too, is during the main part of the conference, everyone's going to be all together in one room. It's not like some of the other conferences, where you have the breakouts, and you have to decide who you want to go listen to. Everybody's in the main room the whole time, which is what I like, to keep us all together. I mean it's all good, but I like when we're all in one big room together. And I love when there's music, and of course, Jimmy is a musician, and so there will be lots of great music.

Anything you want to say about that conference, Jon?

### *Resurrection of Who We Really Are*

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Jon

Well, obviously, the theme is “Resurrection” which is kind of in line with what we’re just talking about. It’s a new birth, but it’s really coming to the same kind of awareness of the truth, the reality, of who we are really. That is **the** Resurrection, that is the transcendence of the body.

What Jesus is doing on the cross is, He's really showing us He's not suffering, dying, and bleeding for our sins. This is a big difference between traditional Christianity and the *Course*. What He's doing is just showing, as that last line of Martin Luther’s hymn, *A Mighty Fortress*,

*“The body they may kill:  
God’s truth abideth still,”*

You can't kill the truth. The body, of course, because the body is terminal, because the body is something which ends, limited to space and time. We’ll be talking about transcendence, and a realization of the truth of the reality of who we **really are**, as opposed to the way that we make ourselves up to be in the world.

Actually, this coming Sunday, I’m going to be speaking at the Unity of Miami on the Bay. Unity on the Bay in Miami. The morning topic is going to be, “I’m Nobody. Who Are You?” which is looking at all the ways that we dress ourselves up as something other than who we really are, with our whatever--our degrees, our titles, our specialness, our DNA, our heritage, our money, our cars, or all the stuff of the world that sort that says, “Hey! look at me! I’ve got something!”

And of course, as Jesus, in the Gospel, says “What does it that benefit you to gain the whole world and lose your own soul?”

Actually, *A Course in Miracles* says, “...you cannot lose your soul” but you can lose your awareness of it.”

The good news on that is it's **temporal**. It doesn't last.

That's what I meant by **eternal** life. There's a big distinction. The definition of eternity in Webster's dictionary, the definition of eternity is “a place or state of timelessness.” So, it's **nothing** to do with time.

There's what I call four great illusions. The *Course* never says “four great illusions,” but what I call four great illusions--

One is that you're a body. You're **not** a body. I love it when you're reading *A Course in Miracles* and you come across the line. After you read a line, you go, “What?!” [laughter]

Well, here's a “what” from *A Course in Miracles*. “Not for a single instant does the body exist at all.”

What?! Not for a single **instant** does it exist **at all**?” That's because it's a dream figure. It's a figure in a dream.

### *Recognizing What We Already Know*

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There's something in us that knows this isn't it. The *Course* says that there's something in you that's “haunting” you, that pulls at you, that tells you this is not your real home. You do not **really** live here. This isn't “it”. But there is an “it” that **is** “**it**” which is the truth of the reality of God, and our being home **with** God.

That's the time we're just getting back to that state of awareness which actually **we never left**. It's really a matter of remembering that truth, or there's a word that I like much better than “remembering” -- although remembering is a good one-- which is to “re-cognize.” To **re-cognize** means you bring back and to the mind what the mind **already knows**. We already know this. We already know the truth, the reality, of who we really are. All we have to do is be. That's like when you have an insight, and you get an insight-- having an insight is always fun. It's a cool a-ha. It's like what I call a “mini-mystical experience” in my life, a little one.

When you have a mini-mystic, the a-ha is you're **seeing** it as though you are seeing for the first time, but then you realize, it's not really. It's **always** been there. It's **always** been true. That's when we **see** reality. All we're

doing is we're just stepping back into the truth of who we always have been.

But, we got lost in a play. Shakespeare's got it right about "Out, out brief candle!"

Jennifer Yes.

Jon "Life's but...a poor player. That struts and frets his hour upon the stage." Just those plays, those dramas, can get **so dramatic**. Well, I'm not going to talk about the current political situation, but if you can temporarily just look at that, it's just a play. It's just a game that's going on, if you want to get caught in it.

My wife, just last week read a book on the Medici's, back at the time of the Renaissance. She was telling me about t. What a play! What a drama! What a soap opera!

Jennifer Yes. What a drama!

Jon I mean those poor people, they were just obsessed with it. It was all about politics, and the church, and they **were** the politics, and they **were** the church. and they were corrupt. They were **very** corrupt, and they could do whatever they want to, and get by with it, because they had the money. They were the bankers. They had the power. It was all in the hands of a very few people, and they made everybody else suffer because of the overburdening egotism that became a part of dominating their lives. That story gets repeated over and over again in history.

Jennifer It does! I was going to say, probably with someone who knew the Medici's personally that said "Absolute power corrupts absolutely."

Jon Oh, absolutely! [laughter] Absolutely!

### *Surrendering to Our Truth*

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Jennifer Hey, I want to take you back to something, Jon. Because we've got about ten minutes left here. It was such a beautiful thing you shared. So, when you were laying in the hospital bed, and you said, "Come get me."

Jon Right.

Jennifer In that moment, can you tell us what you were actually **feeling** that **allowed** you to have that thought.

- Jon When I said, “Come and get me,” I was saying that to death.
- Jennifer I understand.
- Jon I was saying, “Come get me.” But then along with it, there was a realization that you don't die. That you **can't die**. You can lose the body. But, the body was never was alive in the first place, so nothing can be lost. And there was a great **Freedom** in there. I often say, I think the first thing that's going to happen to most folks when they actually do leave their bodies behind forever, is their first thought is going to be, “Well, I'm still here.”
- Jennifer Mm-hmm.
- Jon I don't mean the body. The body's gone, but the **mind**. You **cannot lose your mind**.
- Jennifer Yeah.
- Jon What's interesting about the mind, is the mind is invisible. It doesn't have a **form**. You can't concretize it. It's not a physical kind of thing. But Spirit isn't the physical kind of thing. Love isn't a physical kind of thing. This is-- so we begin to transcend the world, what has begun to transcend the world, and then we see what **has** to be true. That's what's fun!
- Jennifer Mm-hmm. What I felt, when you said that, Jon, was I felt that--and this is just another way to say what you said, which is I felt your **surrender**.
- Jon Mmm.
- Jennifer Like the ego surrender.
- Jon Right.
- Jennifer Yeah. And, stepping into Spirit in that **fearlessness** of the realization that you can have total trust in Spirit. “Come get me. I'm yours.”
- Jon Mmm.
- Jennifer To me, I played in my class recently Stevie Wonder's beautiful song, *Signed, Sealed, Delivered, I'm Yours*, which to me, when I sing it along with Stevie, I sing it to God.
- Jon Mm-hmm.
- Jennifer “*Come get me. Signed, sealed, delivered, I'm yours. Come get me, I'm yours.*” Just total surrender. It's **that kind** of surrender that you can say, “Whatever death holds, the physical death, or the resurrection, however it

plays out. Whether it's crucifixion, resurrection, transcendence, ascendance, however it plays out, I'm yours. Come get me."

Jon Right.

Jennifer The willingness to be able to be in our heart, and actually **mean it**, is that great willingness that *A Course in Miracles* tells us, "That's all you need. You don't need anything more. There **is** nothing more you can do."

I'm so glad you told us that you had that feeling. I want to ask you. When you didn't die, in the physical, and you healed, right? They told you the cancer spreading, and you said, "I surrender. Come get me." And then, you didn't leave. How did it change your life? In two minutes or less.

### *Living the Course*

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Jon In two minutes. Well, one of the things that that's shown with just about everybody who has a near death experience and they come back, like take Anita Moorjani, for example. Everyone has a mission. You know, there's something you have to do. And seeing how there's a mission, there's something you have to do, that's why you come back, because you have to come back to raise a kid or do whatever it is that you have to do in the world. But that was a lot of fun.

There was also just this realization, as I said, that I didn't really **believe it** once I accepted it. I really didn't **believe I would** die.

By the way, I did chemo. I did what the doctors asked me to do, because my wife was afraid for me not to do it, and my doctors were afraid for me not to do it. But, at the same time, I did a natural approach. I drank green. If it was green, it got the juiced. Chlorophyll, chlorophyll, chlorophyll. There was something about that, I think, helped keep me energized, and alive, and going, putting all this alive stuff in me at the same time, that kept me from getting so sick. I got **very** sick before this ended. In the beginning, I thought the chemo was no big deal, but by the time we were up to the 23<sup>rd</sup> session, between the 23<sup>rd</sup> and the 30<sup>th</sup>, I was dying. But, I didn't.

Jennifer Yeah. You probably were like, "**Please**, come get me!" at some point.

Jon Yeah. Well, yeah, that's true. But I still didn't **believe it**. I still didn't believe it was going to happen. It was just an annoyance. It was an inconvenience to get through the chemo.

Jennifer Looking back, what do you feel was the **point** of it, for you? What was the **holy purpose** of it for you?

Jon Well, obviously, in that same sense, this body wasn't done. I have a family. It's wonderful to be able to love my family, and to be here for them for a little bit longer, whatever that means, whether it's 20 years or whatever it is, and to keep-- actually being even more alive than I was prior to that, which I think is what happens if you're living--that's why my book is called **Living** *A Course in Miracles*. If you're **Living** the *Course*, you **literally** become more alive **all the time**, which means that you're more capable of loving, and you're less likely to fall into some sort of ego trap. It's very simple, actually.

Jennifer Mm-hmm. Yeah. Beautifully said. Beautifully said.

### *Podcasts, Transcripts & Events*

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Well, obviously, we could talk for a **whole lot** longer. It is time for us to begin wrapping up here.

One of the things that I'd like to share is that Jon has been a part of a number of *Living a Course in Miracles* class series that we've done, and you can find all of them at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com).

Also, one of the things that we're doing [at LivingACourseinMiracles.com](http://LivingACourseinMiracles.com) now is we're transcribing all the radio shows. It may take us a week or two, once this broadcast is posted to the podcast, which will be a few hours from now. So, maybe in a week or two, say early April, we'll have the transcript of this broadcast available for free download at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). If you'd like to share it with anyone.

We're doing that for people who have issues listening, whether it's English is not their first language, or whether they're hearing impaired, they can still have access to all these radio shows. Anybody who has a favorite episode of the radio show that we haven't transcribed yet, because I think we've got maybe 70 or 80 of them out of 280 done, you can always write to [Admin@JenniferHadley.com](mailto:Admin@JenniferHadley.com). Let us know your request. We'll put it to the top of the list, and we'll get it transcribed for you, and then you can have that.

One of the things that you can do is, you can also join the *A Course in Miracles* radio show page at Facebook. We post announcements of the radio

show, and when the broadcast is available, and the transcripts and different things there. You can find out about that, and get announcements at *A Course in Miracles* radio show at Facebook, that Facebook group there.

Oh, if you would like to attend *A Course in Miracles* Easter Conference, we can help you out with that. I'm sure, Jon, you have a link on your website and let's give everybody your website address there.

Jon Well, it's very simple. It's just [MiraclesMagazine.org](http://MiraclesMagazine.org). We've been doing *Miracles Magazine* for 30 plus years and I'd appreciate people taking a subscription as well.

Jennifer Yes, exactly. Also, at [JenniferHadley.com](http://JenniferHadley.com), on the Events page, you can click through to the Easter Conference info there. It's just about a month from now. So, there you go.

Hey, it's not too late. I've got a retreat this weekend in Garrison, New York. I'm calling it the *Masterful Living* retreat. It's all focused on doing a Spring cleaning right before the first day of Spring, which is on Monday. It's not too late. You can come and join us this weekend. We're going to really have a spiritual throw down, and do a deep cleanse, have a lot of fun, and leave there much refreshed, renewed, and restored and ready for Spring, clearing the mental and emotional clutter.

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Alright, Jon, I'm going to pray us out here. Thank you for joining me today. Thanks for taking a break from your snow-blowing to blow away the cobwebs from our mind.

### *Closing Prayer*

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We are grateful and thankful to turn within here, and know the truth, to Partner UP once again with the Higher Holy Spirit Self for remembering our eternal nature and saying, "Come get me! Come get me and bring me to the Light in my own mind."

We're consciously attuning our willingness to the Spirit. Willingness is everything, and **we are willing**, in this very moment, more willing than ever before.

We share the benefits with everyone, because we're One with them. And in gratitude, we let the healing be. And so, it is. Amen. Amen, Amen.

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While there, we invite you to visit Jennifer's blog, where you can join with the community of like-minded people, who have become Jennifer's Prayer Partners through her daily power prayer. Like them, you can enjoy this extra support, as you come to walk your talk and live *A Course in Miracles* every day, in every way.