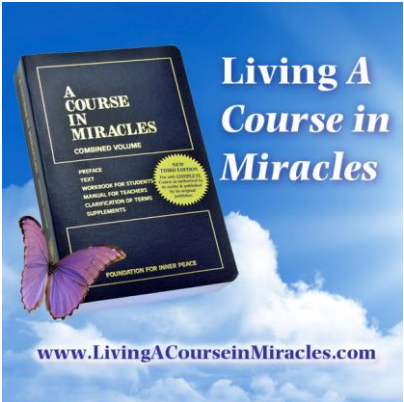


April 17, 2018



# Another Way to See the World



 *Jennifer Hadley*  
your daily shot of spiritual espresso

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*April 17, 2018*

# Another Way to See the World

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Bonjour! Bonjour!

Ah! Happy Day! I'm so glad we get to join together, transcending time and space in order to connect in the Love of God and remember our true identity. We are so blessed! We are so, so blessed! Mmm!

## *Opening Prayer*

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Let's take that breath and ride it all the way into a prayer and a blessing here, as we're choosing *Another Way to See the World*. Yes!

We take a breath of Love and gratitude. We are grateful and thankful to open our hearts, and open our minds, to the Power and the Presence of God.

We are grateful and thankful to open ourselves to the unlimited, unprecedented free flow of Divine Love and Wisdom. Divine Intelligence is our very nature. It is the very essence of our being, and we are grateful and thankful that we can choose to forgive, to release the past, and to step into the unprecedented flow of Harmony happening in our life.

We are grateful, and we are thankful, to allow ourselves to remember the Truth that sets us free.

We are grateful and thankful that the Fullness of God's Love is our true identity.

In gratitude, we share the benefits with everyone. In gratitude, we allow this time to be a time of profound healing and awakening.

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We are grateful, we are thankful, to **let it be**. In gratitude, we know it's done. And so, it is. Amen. Amen. Amen.

### *Transformation in Our World*

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Mmm! We are grateful! Yes, we are!

The topic, to me, became *Another Way to See the World*. Because one of the things I've started to really notice as I walk through my life is that, I'm really starting to see things so much differently from the other people around me. And, depending on who I'm talking with, people will either look at me as though I've lost my mind, or sometimes what I notice is that I see the tension in their body release. Literally, I see their shoulders drop, and I can feel them go, "Right. Okay. Well, you're probably right about that," or something to that effect.

I'm seeing these results happening just all the time now. All the time now. And one of the things that I see, is the political situation is deeply traumatizing and upsetting to many people. Other people are just inured to it. They don't pay attention, and it doesn't matter. They're not--they don't have a sense of **ownership** in this democracy, so they're just, "You know, whatever. What are you going to do?" Maybe it's a victim mentality. I don't need to assess that.

However, what I **really** am seeing, from **my** perspective, is that there is a transformation that is happening on such a deep and fundamental level. And what is transpiring in the political scene is reflecting that, and it's supporting it.

While I would **prefer** that our president be a truth-teller, and be in a position of inspired leadership, leading from the heart, that's not the case. And the drama of what we're seeing helps us to say, "Okay, so what are **my** values? What's important to me?"

My high, high value is Harmony. Harmony is **so** important to me, and I really understand why. It's because Harmony and Peace, Peace and Harmony, they go together. I have come to see, unequivocally, without exception, that when I'm aligned with the Truth, I'm at Peace. And when I'm in my opinions and judgments, my story of things, then I'm **not** at Peace. And I like being at Peace.

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I really find that Peace is my true nature, and so the disturbance that I sometimes feel is of my own making. It's a false perspective. As it says, Lesson 190, "*Pain is a wrong perspective.*" So, when I'm in pain, it's my perspective that's not correct.

When I had that excruciating back pain in 2015, it was so debilitating. I would just cry in my very slow walk to the bathroom, just tears running down my face, because it hurt so much. I couldn't help but cry. All the way to the bathroom, I'd be saying, "I am the Love of God! I am the Peace of God!" It really was a tremendous opportunity for me to recognize, "I am **not** a body!"

What I very much noticed was, that when I was teaching--because I kept on teaching. I may have cancelled one class, I don't remember. And I was teaching from my bed! I really was. I was doing the radio show from my bed, because that's the only place I could get comfort. I didn't have a sofa I could lay down on that was a full-size sofa. I only had a little loveseat in that apartment in Hawaii. Big apartment, small sofa.

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***Transformation is  
happening  
on such a deep and  
fundamental level.***

I had this king-sized bed, so I just was on the bed, and I had the most beautiful views from the windows. It really taught me that when I was teaching, I was not really paying attention to the pain. "*Pain is a wrong perspective.*"

I have many people in my life who have chronic pain, and I have many people in my life who have **healed** chronic pain through the practice of *A Course in Miracles*. Through the true **practice** of it. Not **reading** it. That's **not** the practice. Reading can be a small **portion** of your practice, but our practice is **all day long**. That's what makes for a happy life.

I had an experience, and I shared in *Masterful Living* class yesterday, that bears repeating. One of the things I'm doing is, I'm taking a Kundalini yoga teacher training. I've been a yogini, a yoga student, on and off for 20-some years.

When I first started taking yoga, I would mix in some occasional Kundalini yoga classes. I **love** Kundalini yoga, because it's not--the focus is not as an exercise program. The focus is your awakening and Enlightenment, your remembering your true identity.

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### *Seeing a New Experience in Situations*

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In Kundalini yoga, one of the things that we say, and mentally chant, and vocally chant at times--because there's a lot of chanting in Kundalini yoga-- is "Sat Nam" which means "Truth is my identity." So, through our yoga class, we're chanting inwardly, silently, "Sat Nam, Sat Nam," while our eyes are turned up to our Crown chakra, or our Third Eye chakra. I really love it. To me, it is right in line with my *A Course in Miracles* practice, and it's a "physicali-zation" of it. And it's also a wonderful opportunity to come together with other spiritual students and be in practice together.

One of the aspects of Kundalini yoga is what they call a "sadhana". Some people do it every day. Some people do it every now and then. Sadhana is a morning practice. You do it at 3:30, 4:30, 5:00, some time in there, early morning, before the sun comes up, or as the sun is coming up. It's about a 2 to 2-1/2 hour practice of prayer and meditation, including chanting which, to me, is also prayer. It's a wonderful thing to do.

And so, this past Sunday, this past weekend, was part of my yoga teacher training, and we did a sadhana on Sunday morning. We went to this friend of mine. KiMani Divine is

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***"I am not a body!"***

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her name. She's here in Montclair, Jersey, and she has an office called the "Women Healing Zone". She does Reiki work there. She's a **wonderful** practitioner. I highly recommend her. She invited us to do our sadhana in her office space, because the yoga studio was being used for a yoga class. So, we went to her office for sadhana.

We were parking our cars at 5:15 in the morning, and as I came down the street, I saw a couple of my friends had parked on the other side of the street, closer to the Healing Zone, Women Healing Zone. So, I pulled a u-ey and parked behind them.

Then, after our sadhana, we went to breakfast right at a restaurant nearby. We came out of there at around 9 o'clock and walked towards our cars. Our cars were being towed! What?! Why?! I thought, "We have to feed the meter at this time of the --what?! Why would it be towed, and not ticketed? What's happening?"

We found out that that one block there was a one-way. The next block-- like, I drove down the block, the street. One block, two-way. The whole rest of the street, two-way. This part here, one-way. I didn't see the sign, and I

## *A Course in Miracles Weekly Radio Show* with Jennifer Hadley

just saw my friends parked there. They had pulled U-eyes and parked there, so I did what they did. And so, that's why we were getting tickets.

When we got there, my car had already been towed. Another car was being towed, and another couple cars were being towed.

My friends had gotten there 30 seconds ahead of me, and so I said, "Oh, I don't see my car."

The cop said, "Was your car the white car?"

"Yes."

"Oh, you were towed first." "Excellent! Thank you very much."

I didn't feel badly about it at all. It's just life, the stuff of life. I really, really--it didn't bother me at all. But a couple of my friends were upset, particularly the one whose car was **on** the truck. Which, it's understandable. The car's right there. They won't let it down. That kind of thing. And, she needed to go home to get some medication she forgot to bring. You know, so she had extenuating circumstances.

Anyway, I said to the cop, who seemed a little bit defensive--you know, he's got six women bearing down on him, and we're all--we just had coffee, and people had pancakes and things like that, and we were all revved up from the sadhana, too. He seemed a little bit defensive.

But I just looked him in the eye, and I said, "You know what? I'm 58 years old. I've **never** had my car towed. So, there's a first for everything! I think I've been doing pretty well until now, and I'm doing okay. We've got a number of people here who's cars haven't been towed. They didn't park right here. We can get rides with them to go onto our yoga teacher training. How do I pick up my car?"

He gave me the instructions. I could see he was watching me as I was saying, "Wow! You know? Just think of that 58 years, never been towed. This is the first time. I'm feeling pretty good about this, actually." He was watching me, like, "What? What's happening here?"

This is another way to see the world. I really was looking at it as, "Hey! This is a new experience. I've never had this before." I really, genuinely was. I knew it was going to be a few hundred dollars, because I know what it costs. I know other people who have had their cars towed.

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### *Remembering Our Source*

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And I just--I've learned that my Source of financial Abundance comes only from one place. It comes from God. I had to learn that when I was studying to be a minister, because a minister who will not **receive** donations, and contributions, and help, and support is not a good minister. Because it takes a lot of support for a minister to be able to give so much.

I really like being generous and giving. I really do. I enjoy it. However, I don't like being depleted, and I don't like feeling that I've over-given. I've learned that's not a good place for me to be. I need to keep the well full.

So, a lot of times when people say, "Would you like to do this?" "Would you like to do that?"

"No, I'm not going to be able to do that."

Sometimes people say, "Why? What are you going to do, instead?"

I just think, "Well, I don't know, yet, but I'm not going to do that, because I can feel I'm going to need to be more restful on that Saturday," or whatever. "I can tell by my schedule this week." I just take good care of myself.

I used to have a lot of debt, and I struggled under the weight of it. I don't have that anymore. I really have changed my life by finding another way to see the world.

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***"Hey! This is a new experience.  
I've never had this before."***

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The way that I see the world now comes from *A Course in Miracles*, which says "Everything works together for good. There are no exceptions."

When your car's been towed, and now--what actually transpired was, we couldn't get them that day, on Sunday. My friend was like, "Oh! I have to go to work at--I have to be at work at 8:30 in the morning! Now I've got to go to the police station and get my car. I have to get the paperwork from the police station, and then I have to go to the tow place, and I have to do all of that before work on Monday morning."

After a long weekend, a very full, full, full weekend of yoga teacher training with, like, four yoga classes a day and teaching in between.

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Understandably, she was put out. I thought, “Well, this is going to cut into my writing time, but I’ll go with you, and we’ll do it together.”

Wouldn’t you know, yesterday morning when we went to get our cars, it was pouring rain. I mean, we were literally getting those warning messages, those [siren sound] really loud warning messages on our phone about flood warnings, and things like this. Pouring down rain!

### *We Are Never Upset for the Reasons We Think*

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I’m going to tell you, though. Back when we were with the cars being towed, and the police officer, he listened to all of us for a little while. He watched us all for a little while. Then he said, “You know what? I haven’t written your tickets yet. It’s a \$60 ticket, and I haven’t written them yet. I’m not going to write them, so you don’t have to pay the ticket. But you do have to go down to the station to get the paperwork to get the tow place to release your car.”

I was just like, “Yay! That’s great! We don’t have to pay the ticket!”

I know, for a fact, of course, he did that because he had compassion for us. **That’s** the other way to see the world, with compassion rather than with judgment. When we see the world with judgment, we’re always going to be upset. We’re never upset for the reason we think we are. We’re always upset because of our judgments. **Always.**

For me, that Lesson 5, “*I am never upset for the reason I think,*” is **so** helpful! It’s so helpful in letting us

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***“Everything works together for good.  
There are no exceptions.”***

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realize, “Wait a minute! **I** think I’m upset because my car’s been towed. **I** think I’m upset because I might be late to work. **I** think I’m upset because of having to pay this money. I think I’m upset because of all these different things.” Lesson 5. “*I am never upset for the reason I think.*” “I’m upset for all these reasons.”

My sweet friend was still bothered later in the day. Not giving her advice, but we help each other in our yoga training. She had said she was going to come to my forgiveness workshop--which, by the way, I’m teaching

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forgiveness workshops. I'm trying to do one almost every month in Manhattan, in New York, as much as possible. I'm doing one April 22<sup>nd</sup>.

I think the next one might be the first Sunday in June. I'm working on it.

If you'd like to come and join. Bring your friends! Let's forgive together and make it a forgiveness party!

I said to my friend, "I'm just going to share with you that I really think that if you stop judging yourself for having parked the wrong way--" because she was the lead car, and so we followed **her**. I mean, I probably wouldn't have parked on that side of the street and pulled that U-ey, had I not seen those other cars there.

But, it doesn't matter! I don't blame **her**! It's not **her** fault that I parked there. The signage is not great. It's weird. The street goes from two-way to one-way, and there's not really much indication.

The reason why the cop towed our cars, rather than just giving us tickets, is he thought we were drunk when we

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***When we see the world with judgment,  
we're always going to be upset.***

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parked, and we were in the Starbucks or something like that, because there was a Starbucks nearby. That's what he told us.

*"I am never upset for the reason I think."* This is Lesson 5. It says,

*"This idea, like the preceding one, can be used with any person, situation or event you think is causing you pain."*

It goes on to say,

*"Apply it specifically to whatever you believe is the cause of your upset, using the description of the feeling in whatever term seems accurate to you."*

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### ***Our Upsets are Fear***

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For my friend, she could say, "I am not **angry** at the tow truck driver for the reason I think. I am not **afraid** of having to pay this money for the reason I think." Doing this practice is really, really helpful. It goes on to say,

*"There are no small upsets. They are all equally disturbing to my peace of mind."*

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*“I cannot keep this form of upset and let the others go. For the purposes of these exercises, then, I will regard them all as the same.”*

“I am not worried about being late to work for the reason I think.”

“I am not depressed about having led my friends to park the wrong way, too, for the reason I think.”

Let’s just look at this here for a minute, about what is the reason we’re thinking? What is the reason that we’re thinking?

Well, the anger really comes from fear. Notice in the Book, the next one is, *“I am not afraid...for the reason I think.”*

So, what’s the fear about? Well, we could say the fear is that “I don’t have enough money to pay the tow truck.” Or, “This is going to blow a hole in my budget for the month.”

But that’s really **not** it. It’s really that “I’m afraid that I’m not supported by the Universe, and that I have a limited supply. And, that my limited supply is being depleted, and I’m **not** in the flow of Abundance and Prosperity. I’m **outside** of it. I’m **outside** of the flow of Love, Prosperity and Abundance, and so now these people are demanding money from me, and I **have** to pay it. I **have** no choice. And the only reason I have to pay it is because I did something **wrong**.

I’m not worried about being late for work for the reason I think. I might think I’m worried about being late to work because my boss just needs one more excuse to get rid of me, or my boss doesn’t like me.”

But really, it’s because we have this belief that we’re “bad” and we’re “wrong” and here’s evidence. “Oh, now I did something stupid.” There’s a judgment. “And, it cost all this money. It caused this hassle for my friends, and now I’m going to be late, and my boss is going to be upset, and I’m a bad person for all of these things.”

“I’m not depressed about what’s going on for the reason I think. It’s really because I think I’m bad. And here’s the proof. All these different things, emanating from one situation, so much proof that I’m bad. I’m wrong. I’m stupid. I’m foolish. All of these different reasons.” Yes.

*“I am never upset for the reason I think.”* But when we’re upset, don’t we often start listing the details of it, and going, “Oh, and here’s another one! Then the tow truck guy was really rude to me, and he wouldn’t take my car off

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the truck, even though I'm standing right there!" You know, we get into this kind of a righteous anger judgment.

I have--oh, my God, I have done that a million times! I won't say that I don't do it anymore, because I find myself still feeling that way, sometimes. Then I can relax into gratitude that I can **practice**, I can change my mind. Because, the truth **I** have come to see and know, **absolutely**, is that I am never upset for the reason that I think. This is how we can see the world differently.

The President of the United States seems to be angry and upset about things. But **he's** not upset for the reason **he** thinks, either. He doesn't realize he is the Perfect Love of God, and he doesn't realize that everyone around him is. So, because of the way he feels about himself, he's bullying and attacking others.

We can look at that as the cry for Love. Then we can enter into our loving heart and bring benefit, and bring prayer, and bring right vision. Then the world **will** change. The world **does** change.

This is our spiritual responsibility, to maintain our spiritual sovereignty over our mind and our heart, our choices, and our action, so that we can actually **actively choose** to see the world **correctly**, and see it for what it is, which is it's an opportunity for us to recognize our wrong-thinking, and to change our mind, and see it correctly, and bring benefit to everyone.

**Yes!**

### *Upcoming Events*

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I'm going to take a break here. When I go into the break, I like to share something here with you. I've got some events coming up. My [\*Stop Playing Small!\*](#) retreat is the first one I've done on this topic for a couple of years. If you'd like to do this topic, come now. Come one, come all!

We do something in the Power of Love Ministry that other people don't do--we do long-term payment plans for retreats. That's a pretty miraculous thing. We're really all-in, if people would like to come. It's in beautiful Blue Ridge Mountains of North Carolina, at the Art of Living Retreat Center there. How to [\*Stop Playing Small!\*](#) Come and join us!

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Then, I'm also doing my [\*Spiritual Counseling Training Intensive\*](#). You might not know it's a professional training, but all kinds of people take it. Even those who are not interested in being a Spiritual Counselor. I've had attorneys, and business people take it. Teachers, and grandparents, and all kinds of people. People have literally told me that their body healed chronic issues during the training, because we do **so much** deep work during the training. I just invite you to consider it might be the right thing for you.

I'd also like to let you know that I'm putting together teacher trainings. How to write inspiration, how to design and give a workshop, including how to give my [\*Forgive & Be Free\*](#) workshop. I'd love to see people all over the world offering that workshop.

Then we're also doing how to give a sermon or a spiritual talk. I'm partnering with Jon Mundy. I'm also, perhaps, partnering with another spiritual teacher that you know and love-- I'm not going to say who, yet-- to do back-to-back trainings to one, two or all three. We're looking for a home for our retreats this summer. We've had trouble finding a place.

I'm Jennifer Hadley. We're taking a break here. You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk, and I'll be right back!

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***Actively choose to see  
the world correctly,  
and see it for what it is.***

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Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

### ***Willingness to Pause***

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Welcome back! We're talking about how to see the world differently, another way to see the world, and to be able to see it as something that's working **for** you, **all** the time. Always working for you. **Nothing** is against you. This is how we'd like to see the world, so that we can truly be a beneficial, helpful presence. We can truly be the teacher of God that we're designed to be.

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It does take a great willingness to pause. As my dear friend Mary Lenihan would say, we have to pause to take that breath and see things differently. In this way, we can save the world.

In the *Manual for Teachers* it says, Chapter 12,

*“How Many Teachers of God Are Needed to Save the World?” “The answer to this question is-one. One wholly perfect teacher, whose learning is complete, suffices. This one, sanctified and redeemed, becomes the Self Who is the Son of God.”*

Remember, we’re all One.

This is our Divine Opportunity, and we are taking these pauses so that we can hear the Voice for God, so that we can **feel** the Voice for God, the messages of the Higher Holy Spirit Self. The still, small Voice for God is **always** speaking. But when we’re upset, we can’t hear it over the noise of our upset.

This is our Divine Opportunity that allows us, every day, to see the world in another way.

Now, another thing that I think is a recent event experience that can help us to see the world in another way, and to see it with more Clarity, with less fear. When there’s fear, there’s lack of Clarity, because when there is fear, we’re believing our projections.

We’ve had these recent events with--we’ve had them for a number of years now, where there are these massacres in the school,

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***We can truly be the teacher of God  
that we’re designed to be.***

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and the children are being killed. Recently, we had the one in Florida, in the high school where a bunch of children were killed, and teenagers. On a certain level, I know when I was a teenager, I still felt like a child.

**So much** upset around this. Understandable. Whenever children are killed, it’s deeply upsetting for many people. This tremendous upset is actually because we’re not seeing things correctly. *“I am never upset for the reason I think.”* Also, because we’re empathic, and empathetic, and we’re feeling other people’s pain and upset.

But the intensity of the upset does involve our projections and our judgments, which aren’t helpful, which aren’t healing. When there is a

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situation like this, there's an opportunity to pour out Love and compassion, and that's the thing for us to do--to pour out Love and compassion.

When we start going "This is wrong," "This is bad," we've forgotten Lesson 25, "I don't know what anything is for." It's one of the most helpful Lessons to me in changing my mind. *"I do not know what anything is for."*

### *Everything is Helpful to Our Learning*

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In Lesson 25, it says,

*"Purpose is meaning. Today's idea explains why nothing you see means anything. You do not know what it is for. Therefore, it is meaningless to you. Everything is for your own best interests. That is what it is for; that is its purpose; that is what it means. It is in recognizing this that your goals become unified. It is in recognizing this that what you see is given meaning."*

One of the challenges we have in our human experience is that we have conflicting goals. We want to be right. We want to make others wrong. We want to be the *A Course in Miracles* police of our world. And, we want to have Peace of mind, and we'd like to be loving. These are conflicting goals. Yes.

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***When there's fear, there's  
lack of Clarity.***

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Because I've encountered, at times, what I would call the *A Course in Miracles* "police". People who go around judging other *A Course in Miracles* students, and telling them what they should and shouldn't do, and how wrong and bad they are. It sometimes seems that they'd rather beat you to death with the Book than sit and be loving with you.

I understand that. I understand that. It's the zealot, the particular expression of the ego that is that way, in that kind of fundamentalist, dogmatic way. And so, we're on this path of healing together, and we help each other. But to be angry about how people are practicing *A Course in Miracles*—

### *The Conflict of Goals*

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I remember when I first started doing the [\*Living A Course in Miracles\*](#) classes, somebody wrote to me--the free classes--and somebody wrote to me and

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said, “It pains me so much to see what you’re doing to *A Course in Miracles*.” I thought, “What am I doing to *A Course in Miracles*? I don’t know what I’m doing. I don’t know how that could be.”

But I did know that “*Pain is a wrong perspective*”, so the fact that the person told me “It pains me so much to see what you’re doing,” I knew the pain was in their **view**. Not in what **I** was doing, but in how they were holding it in their **mind**, because I was getting 100 messages of gratitude and thanksgiving for what I was doing, offering those free classes. Certainly, at least 100 positive messages to every one attacking.

You wouldn’t think that *A Course in Miracles* students or teachers would attack each other. But, we’re having a human experience! **Yes, we are!** And so, a cry for Love happens, and I don’t know what anything is for. **But** I’d like to, and how I learn what things are for is, I can see that everything is **helpful** to me. When I can see that everything is helpful to me, then I can find the meaning in it. I can discover what it’s for.

When I don’t have conflicting goals, then I can see clearly, and when I’m willing to drop the meaning I’ve made of things, then I can see that everything works together for my good. There are no exceptions, except in the judgment of the ego.

So, it goes on to say in Lesson 25,

*“You perceive the world and everything in it as meaningful in terms of ego goals. These goals have nothing to do with your own best interests, because the ego is not you. This false identification makes you incapable of understanding what anything is for. As a result, you are bound to misuse it. When you believe this, you will try to withdraw the goals you have assigned to the world, instead of attempting to reinforce them.”*

*“Another way of describing the goals you now perceive is to say that they are all concerned with ‘personal’ interests. Since you have no personal interests, your goals are really concerned with nothing. In cherishing them, therefore, you have no goals at all. And thus you do not know what anything is for.”*

*Before you can make any sense out of the exercises for today, one more thought is necessary. At the most superficial levels, you do recognize purpose. Yet purpose cannot be understood at these levels. For example, you do understand that a telephone is for the purpose of talking to someone who is not physically in your*

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*immediate vicinity. What you do not understand is what you want to reach him for. And it is this that makes your contact with him meaningful or not."*

Right? That's such a beautiful way of expressing it. You know what your phone is **for**. It's for contacting someone. However, you don't know **why** you want to contact them.

You think you want to contact them, so they remember to get some eggs on the way home. But is that **really** what you're contacting them for?

If you're saying, "I'm going to call them about the eggs, because I love them, and because we're connected with each other, and we're supporting each other, and loving each other.

And so, I know they'd like to have eggs for breakfast, or they know I'd like to have eggs for breakfast. Or the children would like to have eggs for

breakfast, or something like that. And so, we're going to get the eggs. And I'm going to communicate that about the eggs **with** Love, **out** of Love, **from** Love, **as** Love."

Then it's a meaningful conversation, even though it's about getting eggs.

*"It is crucial to your learning to be willing to give up the goals you have established for everything."*

### **Everything!**

*"The recognition that they are meaningless, rather than "good" or "bad," is the only way to accomplish this. The idea for today is a step in this direction."*

The practice is to look around the room, and just whatever you happen to land your eyes on, to say, "I don't know what it's for."

"I do not know what this chair is for."

"I do not know what this pencil is for."

"I do not know what this hand is for."

"I do not know what this cup is for."

"I do not know what anything is for."

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***When I can see that  
everything is helpful to  
me,  
then I can find the  
meaning in it.***

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**But I'd like to!** That's what I always say. "But I'd like to. I'm willing! I am a willing student. Holy Spirit, teach me!"

### *Be Willing to Learn Through Joy*

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This is my approach, and this is how I'm learning to see the world in another way. Another way to see the world is to see everything in the world as being truly helpful. Even a massacre in a school is not without purpose, and meaning, and value.

We might not like learning this way. I certainly don't. I would prefer to learn through Joy, as *A Course in Miracles* is consistently instructing us how to do. We **can** learn through Joy. But until we're really **willing** to learn through Joy, we are going to learn through pain, because that's what we're **choosing**. We're choosing to learn through pain.

But everything works together for good, and there is no exception, **whatsoever**. None! Not a one!

So, to make an exception for the massacre is to, then, really say, "This event was meaningless."

It's like the tow truck experience I had on the weekend. I could say it was meaningless, but it **wasn't**. It was meaningful. It could have been avoided, but it happened. It was an experience that happened.

I don't know, really, what my part was in all of it. Maybe it was just to accompany my friends and share with them a different perspective.

Because what I said to my friend about really releasing any idea that she did something wrong, I said, "I sure don't blame you for my car being towed. I don't feel bad about it. I'm not upset about it. It's nothing to me."

For me, it was just, well, another experience with my friends, an opportunity to be with my friends. And when we went to the police station, there was a whole thing about the paperwork, which didn't bother me at all, and I was able to just be a "chill pill" and to support my friend, and the police officer there, saying, "Well, what about this? Could we do this? Oh, okay. That can be worked out? Great!" Just maintaining a peaceful countenance, and a peaceful heart in the situation.

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And, really feeling and being un-botherable. It's a great goal to set, to be un-botherable. How we get to be un-botherable is, we're not making meaning of it interpreted through the ego.

### *Divine Opportunity to See Our Good*

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This is how we learn to see an entirely different world, and we start to really realize what the world is for. It's for us to express, and to reveal, our inner thoughts, and to broadcast them on the screen of our life, so we can see what's wonderful, and where we can change our mind about things.

That's the whole thing with this world. Everything works together for our good. Let's **receive** our good in every moment! Then we can see the world as just a Niagara Falls of good pouring **over** us, **even when** it includes children being massacred, cars being towed, cancer, excruciating pain. Whatever it might include, we really **can** begin to see it all as being so beneficial to us.

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***Until we're really willing  
to learn through Joy,  
we are going to learn  
through pain,  
because that's what  
we're choosing.***

---

This is our Divine Opportunity, and that's what *A Course in Miracles* is all about--cultivating the ability to see correctly, see with Divine Vision.

### *Gratitude & Free Gifts*

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You know, I'd just like to mention something. One of the things I do every day, as part of my spiritual practice, is I write inspiration and I record a prayer. I call it my "[Daily Shot of Spiritual Espresso](#)" You can put the phone number for the prayer line into your speed-dial, and you can call it whenever you'd like to have a prayer. You can call it 24-7.

The other thing is, you can subscribe to my "Daily Spiritual Espresso" and you can get it delivered into your e-mail, and you can also go and read and listen on the website.

You can download the prayers. They're a podcast. And I really like that, because let's say you're feeling out of sorts, and you just want a prayer for that particular thing, for releasing hurt, or for seeing correctly, or for

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forgiveness. There's hundreds of prayers there, and you can choose one that suits you in that moment with the prayer podcast.

Those things are available to you **for free**. There's a lot more at [Jenniferhadley.com](http://Jenniferhadley.com) and [LivingaCourseinMiracles.com](http://LivingaCourseinMiracles.com).

Let's also say a word of gratitude here for all the people that contribute \$5, \$10, \$20 or more to support this ministry offering the transcripts, and the free classes, and the prayers, and all the many things that we do. Thank you! Thank you! Thank you!

### *Closing Prayer*

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We take our breath of Love and gratitude here.

So grateful and so thankful for the Love of God shining in our heart and in our mind.

In gratitude, we bless everyone, because we are One with them.

In gratitude, we let it be. We know it's done. And so, it is. Amen. Amen. Amen.

God bless you! Have a great rest of your week! Mwah!