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Divine Vision or Ego Fantasy?



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Divine Vision or Ego Fantasy?

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour!

So happy to join with you! So grateful for this Divine Opportunity that we're giving ourselves to have more Peace, more Love, more Joy. **So grateful!** Yes!

I am getting ready to go to the beautiful Blue Ridge Mountains of North Carolina for two events. I've been talking about them, and the **days are finally here!** [*Stop Playing Small!*](#) retreat. I haven't done one in a couple years. We're going to have so many breakthroughs! We start on Thursday.

Then, Monday, we start with my [*Spiritual Counseling Training Intensive*](#), which is so great! You know what I love about that *Spiritual Counseling Intensive*, is that even people who have **no** interest in becoming a Spiritual Counselor come. Lawyers, all kinds of different people, come and they have so many personal breakthroughs.

I recently asked people who attended last year to just share an update of how they're doing since the *Intensive*, and a couple of them said that they had healing in the body, right there during that week, and the healing has been maintained. Miraculous healing!

I say this because this is the by-product of doing the work, and people **avoid** doing the work. They have all kinds of excuses. And people always say, "If I had more time." And so, honestly that's the **only** reason I do in-person events. Because it's a lot of fun, but it's also a lot of work. It's a lot of prep. I don't get any days off from my regular teaching schedule, so I do it on top of my teaching schedule. Then, because of my teaching schedule--which I choose, so believe me, I am **not** complaining! --but because of my

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teaching schedule I don't get a week to recover after working 10-11 days straight.

Part of why my schedule is the way it is, it's because doing the teaching is healing to **me**. It's uplifting to **me**. I can think of nothing I'd rather do than join together with my brothers and sisters for our liberation. Inspiration for liberation! That's my thing!

Let's pray! Let's get inspired and choose liberation!

Opening Prayer

I invite you to place your hand on your heart and join with me as we give thanks. Giving thanks for our precious life, giving thanks for the fact that God Is Eternal. God is Always, now and forever, Perfect Love.

We are truly grateful and truly thankful to open our minds, and our hearts, and our life to the fullness of Love shining in our awareness. We are consciously Partnering UP with the Higher Holy Spirit Self to remember the Truth that sets us free.

So grateful that we don't have to set ourselves free in some laborious process. Remembering the Truth, valuing the Truth. This is the way out of all sense of suffering.

We are grateful and thankful to take everybody with us. We're sharing the benefits with all beings, because we are One with them. In deep, deep abiding gratitude, we let it be. And so, it is. Amen. Amen. Amen.

Escaping into The Fantasy

Mmm! Yes! Yes, yes, yes! Yay! Mmm!

Alright!

Our topic this week is about identifying, are we in fantasy or are we in vision? Is it an ego fantasy or a Divine Vision? Let's look at that, and what *A Course in Miracles* has to say about it.

First, I'm just going to share with you, fantasy is something that-- I used to spend a lot of time fantasizing. I started doing that when I was a kid, and it was to escape my reality. What I remember when I was a kid, coming to awareness, I don't remember feeling particularly happy. I do remember feeling confused a lot, angry a lot, and hurt a lot. I can remember at age 11,

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12, and on up feeling that life was surreal. A lot of the time, things felt surreal. I felt like I was watching myself, and I had so many déjà vu experiences.

My teacher once said--
I asked her about déjà vu, my teacher,

Let's get inspired and choose liberation!

Venerable Dhyani Ywahoo. She said that déjà vu is a choice point. It's an important choice point, and that's why it feels that way. I remember saying to her years ago, "it feels like everything is happening **now**. And also, it feels like everything, I'm watching it on a DVD or something. So, it feels like I'm watching the past, the present and the future on DVD now."

She smiled. She said, "Yes. That's it!" And that's really, in a sense-- without the DVD part-- what *A Course in Miracles* is telling us, is that we're reviewing what's already gone by. And that's challenging to comprehend.

There are things in *A Course in Miracles* that seem challenging to comprehend. My way of handling it is not to **try** to comprehend it, so much as to invite the Holy Spirit to make it plain. Show it to me. Teach it to me. Make it clear in my mind. So, rather than trying to figure it out and laboring with it, I just ask the Holy Spirit for the Clarity.

For a long, long time I spent so much time in fantasy, and I did it as a way to escape the reality that I didn't like. What I realized, much, much, later-- and, I was glad to finally realize it--is that fantasy--and this can go for television, and movies, and things like that, where we project our mind into an alternate reality. First of all, it's like a **drug**. It's escapism. It's like a drug.

Learning with Spirit

I love--one of my favorite things to do, like a lot of *Course* students, is to watch a movie, watch a play, watch a television show.

I used to read a lot, but now I spend **so** much of my time reading on the computer and things like that, that I don't read as much as I used to. And, I rarely read fiction at all. Mostly I just read inspiration, and just a few books that I read over, and over again, like the *Course*. I've **so** many e-mails to read in a day. Good Lord! I'm done reading by the end of the day, usually!

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So, my recreational reading, I do it early. I do it first, so it's a treat then early in the day.

When we're watching television, and movies, and things like that--of course, it depends on what you like to watch--but some people really watch things to escape their reality, and there's a part of it that's like a fantasy. You can imagine, let's say, I think of, oh, back in the day, imagine that you have poor children watching T.V. shows about rich kids or, you know, like *Leave it to Beaver*. That family wasn't rich. But hey, they were way better off than other families. People would watch these kinds of fantasy family situations, like the *Cosby's*, and different things like that, projecting themselves into it, so that it's like they have this escape from their reality, and it's a temporary relief.

But what it is, it's
also like a **drug**.
It's escapism. It's

We're reviewing what's already gone by.

self-medication. So, I am mindful about when I might be self-medicating. Or, am I listening to the Voice of the Holy Spirit as I'm watching? Because, many times, I find now, where I used to really **escape** with things, now I'm watching with a different presence. I'm watching to learn, and I'm inviting the Holy Spirit to teach me.

In fact, I know sometimes my family likes to watch T.V. to escape, and things like that, and the things they choose feel like escapism to me, in some ways. I find that I get very bored with it. It's interesting, I just kind of drift off.

I remember back in the--I guess it was the 80s when that T.V. Show *L.A. Law* was on, and people were so into it. For many weeks in a row, seriously, a number of weeks in a row, I'd say, "This week I'm going to watch that *L.A. Law*, so I can talk about it at work tomorrow." I would turn on *L.A. Law*, and I'd watch the first part. The first commercial break, I'd think, "Well, I'm just going to go while the commercials are on. I'm just going to go do something in the kitchen, or something in my bedroom." And I would completely forget to come back! That happened to me week after week, and I just gave up. I just said, "*L.A. Law* is not working. I can't even sit still during the commercial break." I think that was just when the VCR was being invented, so I didn't have any--whatever.

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Who's the "Hero" of Your Dream?

Fantasy is--think of fantasy as a way of escaping your life. Who's *The "Hero" of the Dream?* *A Course in Miracles* always says, "Who is the hero of your dream, the dream that you're thinking you're living?"

It's always, the body is the hero of the dream. So, in your fantasy, always in your fantasy, you're going to find that your body is the hero of the fantasy. That's how you really **know** it's fantasy.

Also, in fantasy, there's usually a lot about other people watching you, perceiving you. It's all about trying to make yourself feel better by fantasizing that you're more special. Fantasy is often very much about specialness, and escaping your problems, escaping your life.

Vision of the Mind, Not Your Eyes

Vision, which is what *A Course in Miracles* talks about, is a different thing. In *A Course in Miracles*, right in the first Chapter, Section VII, is entitled *Distortions of Miracle Impulses*. It says--this is Paragraph 3,

"Fantasy is a distorted form of vision."

Let's look at "vision". Okay? We're cultivating vision. This is something that, again, right in the beginning of the *Course*, Chapter 1, that same Section, *Distortions of Miracle Impulses*, it's Section VII, Jesus says to us, in Paragraph 2,

"Child of God, you were created to create the good, the beautiful and the holy. Do not forget this. The Love of God, for a little while, must still be expressed through one body to another, because vision is still so dim. You can use your body best to help you enlarge your perception, so you can achieve real vision, of which the physical eye is incapable. Learning to do this is the body's only true usefulness."

Jesus does tell us that the body's useful for communication, so I'm using my body right now for communication. That's what He tells us the body is for, communication. Now, what is there to communicate that's worthwhile except vision?

"The Love of God, for a little while, must still be expressed through one body to another, because vision is still so dim."

When we open our minds, really open our minds, when we clear all the clutter from the Altar of God-- which is our very heart. Which is also our

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mind, really. Our heart and mind. Our right mind is in our heart. That's how I think of it-- clearing everything off the altar of our heart, God's Holy Altar, then we can **see**. For those who have eyes to see and ears to hear, the truth is liberating.

Vision is not with the eyes. It's with the mind. It says here,

Perception versus Vision

"You can use your body best to help you enlarge your perception, so you can achieve real vision..."

Perception is-- when we're **perceiving**, we're looking, and there's some evaluation there. Vision, there's no evaluation, is how I experience it. Vision is, it **appears** in our mind. Yeah. It's almost like, I experience it like, remember the old Polaroids, and you'd watch them develop? Vision, to me, is often like that. It starts with the feeling, a thought, a sense, that something is emerging. Then the vision becomes clearer, and clearer, and more distinct, and the colors more vibrant, and the vision becomes clear.

For me, for instance, when I go back to 2010, I remember sitting on my sofa in Los

Our right mind is in our heart.

Angeles, in my home in Los Angeles, and I remember being contemplative. I'm frequently vibrating with my heart's desire, which is to be of service, and to make sure I'm being truly helpful and useful with my actions and choices. To me, that means it brings benefit to everyone, whatever I'm choosing, whatever I'm doing, whatever I'm thinking, whatever I'm talking about, whatever I'm feeling. That my life is about being truly of service, being truly helpful.

I was sitting on my sofa being contemplative, and just opening my mind. Maybe asking the question, "How can I be truly helpful? How can I be of service? What's mine to do?" Just resting and listening.

Because when we're in that communion space with God, it's not about what we're **saying**. It's about our listening ability. It's about our **receiving** ability. Because there's nothing for us to explain to God, or tell God, because the Infinite Mind of God knows **all**. There's nowhere to hide anything. There's no confusion in the Infinite Mind of God.

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Sitting there, just sitting, listening. Listening, listening, always with this intention, “How can I serve? How can I be of service today? How can I be helpful?” What came into my awareness, in my vision, in my mind, I saw the images of the different teachers, an array of teachers, much like we would do it back then, with *Living A Course in Miracles*, eight different teachers. So, I saw that.

Vision, Inspiration, Guidance

And, I felt the energy of it. That, to me, is part of the vision, too, particularly for me, because I’m--it’s one of the main ways I receive intuition and inspiration, is through feeling. I was **feeling** the energetics of these classes, [*Living A Course in Miracles*](#), and them being broadcast around the world, and made free and available to anyone and everyone. And I felt the benefit that **could** come from it.

I felt all this energy
pouring out and being
received by people, and the
gratitude. That’s what I
felt sitting there in that

***The Infinite Mind of God knows all.
There’s nowhere to hide anything.***

moment. All that energetic. That was the vision that I felt was given to me. I don’t recall doing anything to make it happen, but just being contemplative, it arrived in my awareness.

I find that vision like that, it has a certain tenor. It has a certain vibration that feels different than when I’m trying to figure something out or make something up. **And I’m so glad!** Thank You, God! It has a different vibration. It has a different feel, so I recognize, “**Ah! This** is inspiration! This is vision! This is guidance. This is not me wanting something, or needing something, or trying to make something, or even having an idea.” Those are all different experiences to me.

This vision of [*Living A Course in Miracles classes*](#), walking the talk, living the Love, this came. I just **knew**, “Oh, my! This is tremendous! This is so fabulous!” And so, being very naive, I thought, “Oh! This won’t be that hard! I mean, it will be some work.” I had **no** idea!

I also had no idea that it would personally cost me \$35,000. Yikes! As the cost was mounting, and mounting, and mounting, and there was nothing to cover the cost-- I was just owing more, and more, and more at a time

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when I had very little income-- I just thought, "Well, this was not my idea. This is God's Idea, so God will provide."

Ultimately, we did sell, because that was how we recouped part of the investment. We sold the audios and the transcripts, and I think we recouped about \$30,000. Then, later on, more income came that covered the rest. And so, I was glad that I listened and followed, because the financing did show up eventually, and I could carry it on my credit cards for a while.

It did bring huge benefit, and it was a lot of fun, and it was a huge, huge amount of work. O.M.G.! I was just working all the time with all the million little pieces, the moving pieces of a production so epic like that.

And yet, I was so grateful to be of service. I was so grateful to **be able** to bring it to fruition in the way that it was presented to me. Along the way there were stops and starts, but I felt the energy of that vision pulling me forward.

Nowhere in the process do I recall having **any** fantasies at all. **No** fantasies at all. It was just a vision and, in the vision, while I did see the faces of the teachers on the web pages, and the marketing pieces, and things like that, the artwork, I was not seeing **myself** carrying it out like in a fantasy. There was none of that. I was not the hero of the fantasy, or the hero of the vision. It wasn't about me. It had nothing to do with me. I was just being that fulcrum point. I was holding the basket, and asking others to help me hold the basket, and contribute to the basket, and come and enjoy the basket. But nothing in the vision was about the basket-holder, the form-holder, as we say in the Native American teachings, and the Buddhist teachings. I was a form-holder, but it wasn't about that. It wasn't about that, at all.

We can live from this **real vision** of which the physical eye is incapable.

"Learning to do this is the body's only true usefulness."

I love that! And it **is** a skill that we can learn, and develop, and grow into.

The Vision of the Ministry

One of the things that I--one of the reasons why I'm doing this *Stop Playing Small* retreat this coming weekend, and why I'm working with Jon Mundy, and now it looks like Lisa Natoli, too, I'd like to do these teacher trainings. I'm really hoping we can do this, this summer. We had a venue that then

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cancelled on us. I think they double-booked themselves but didn't want to admit it. Anyway! No forgiveness required. No judgment made. I know everything's in Divine Timing. **It has to be.**

Yes. I've got this vision of doing a retreat on writing spiritual inspiration, a retreat on teaching workshops, designing a curriculum, and also teaching my forgiveness workshop, my *Forgive & Be Free* workshop, which I just did in New York, and I hope to do it again in June.

Then also, a weekend on speaking, giving spiritual talks, and sermons, and things like that. It's something Jon and I know a lot about. Lisa knows a lot about. There are so many people, so many Light Workers, who are answering the call. I would **really** love to support them in being successful in this world, in sharing their gifts and talents.

I had very little support when I was doing all of this. I had to build everything from scratch. My friends supported me. My family supported me. But I didn't have support from colleagues and teachers. Not much. In my training at Agape, and at the Ernest Holmes Institute, and things like that, there was **very** little support for ministers and teachers who wished to really practice their gifts and talents. I am **so** interested in helping people find a place where they can teach a class.

We've got Jon Mundy teaching a class starting May 3rd. It's a Thursday. Yeah, he's got a 6-week class that I'm sponsoring, called [*Practicing the Principles*](#)" and he'll be my guest on the radio show next week.

I **love** collaborating with people and helping them share their gifts and talents. What I'm intending, as far as the vision goes, I have a vision that I've received that I'm following the guidance of Spirit to have Power of Love Ministry really move from being, not just a teaching ministry for **me**, but like a spiritual university where there are **many** teachers teaching **many** classes. Most importantly, I feel, training teachers and counselors, and Prayer Practitioners, and then employing them. I love this!

I have my Spiritual Counseling Intensive, which is just one of the modules of my [*Spiritual Counseling Certification Program*](#). I **really** see the people in the Certification Program flourishing, and earning a living doing what they love. That, to me, is the fulfilment of the vision.

I am not the one who needs to do everything. I love giving other people a

***I know everything's
in Divine Timing.***

It has to be.

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chance to shine. To rise and shine and answer the call. So, yeah! Lots of vision coming forward. **No** fantasy in there! Just **vision**.

So, we're going to talk more about this after the break. You can learn about Jon Mundy's class and more, all these things, at JenniferHadley.com. You're listening to *A Course in Miracles* on Unity Online Radio, where we're living the Love, we're walking the talk. I'll be right back.

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace, through practical application, as we return to *A Course in Miracles; Living the Love, Walking the Talk*.

Fantasies are Self-Medication

Ah! Welcome back! I was just fantasizing about--no! I wasn't! Just kidding! I think this is such an important thing. In my [Masterful Living](#) class, I talk about this. In my *Finding Freedom Boot Camp*, I talk about this-- and we're going to be offering [Finding Freedom Boot Camp](#) next month again, in May, early June, something like that. We're figuring those dates out now-- I talk about fantasy. To me, it's one of the things I don't hear other people talking about, but I used to self-medicate with fantasy all the time.

Of course, people are familiar with sexual fantasy, and things like that. But talking with so many of my counseling clients and students, people fantasize about fame, of course. Wealth, of course. Having a great body, of course. Having a fantastic lover, of course. Always, you can see in fantasy, the body is the hero of the fantasy.

One of the things that I recommend in my classes is, if you feel like you're not living your best life, you probably **are** fantasizing at some point. Many people are.

But if you really feel that you're **not** living your best life, and you are playing small, you **know** that you're playing small, you know that you're being called to a greater spiritual expression, you know that you're being called to be more loving, you know that you're being called to drop the self-medication in all its forms, if you know that you're being called to share your gifts and talents in the world in ways that are deeply fulfilling for yourself and others-- if you know these things, let me just make it **plain**. In

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my personal research with my own life, and with the people who are my counseling clients, and folks in my classes, fantasy is an **energy drain!**

What happens is, there is a **seeming** sense of satiation, or a feeling **full**, which is so different than fulfilment. There's a sense of feeling full, feeling satiated, that we get when we're fantasizing. But there's no **nourishment** in it. There's no spiritual **growth** in it. There's no **healing** or awakening in it. It's just a temporary distraction. And it is a way of medicating, just like drinking alcohol **can** be a way of medicating. There's a hangover that happens from fantasy.

When we are cultivating a life of vision, sometimes I do a workshop called *Living from Vision*-- and I love to do that, particularly around the new year. It's what I include in my [*New Year's Reboot*](#) classes-- if you feel like you're **really** living from fantasy, and you're stuck in it, you're addicted to fantasy--because I was totally addicted to fantasy, seriously. My mind would go shut right off of reality. Just like if I have 60 seconds to walk down the hall to take out the trash, my mind would flip into fantasy. I just wanted to **escape** my experience all the time. I was so not happy here, and I would do that as a way of not really, really hurting myself. I'm just feeling it now, the memory of it.

Then, when I would go back out of the fantasy, into my human experience-- you could say human reality. If you're not a *Course* student, you could probably get away with "human reality" --and everything in my human experience paled in comparison to being the hero of the fantasy.

There's always that kind of hangover, like, "Meh! My life is **not** good, and I don't know **how to make it good!**" It was one of the main factors of me playing

small, because I could, in a sense, dull down that burning desire to share my gifts and talents in ways that were profoundly fulfilling for myself and others. Like, it takes that edge off that burning desire.

But that was not useful or helpful to me, because now I experience that burning desire around things, like the way I feel about the ministerial Teacher/Prayer Practitioner/Counselor programs I'm developing. I have **such a passion** for them. I **do not** wish to diminish that passion **at all!** I

***There's a hangover
that happens from fantasy.***

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love experiencing the passion, expressing the passion, and following Divine Guidance about how to fulfill the vision that I've been given. This is great!

Fantasies Distort Real Vision

Let's go back to the *Course* here. Chapter 1, Section VII, Paragraph 3.

"Fantasy is a distorted form of vision. Fantasies of any kind are distortions, because they always involve twisting perception into unreality."

Let's say we have the perception that being famous would be better, if we have the perception that being **rich** would be better, we have the fantasy that, or the perception that, being thinner would be better, or, we have the perception that being married to this person would be better--these are all the fantasy thoughts, right? Then we're twisting that perception **into** unreality, an illusion within the illusion. Then it says,

"Actions that stem from distortions are literally the reactions of those who know not what they do."

That's the thing. Do we want to go through our day not even knowing what we're doing? It says, then,

"Fantasy is an attempt to control reality according to false needs."

False needs. The need to be famous. The need to be liked. The need to be beautiful. The need to be **special!** Always. It's always **that**, right?

Fantasy and the need to be special go hand-in-hand. Fantasy is the drug of the one who **needs** to be special.

Now, when we feel so bad and so wrong, it's totally understandable that this need to be special would arise. But instead of that need--one of the things we can realize is that need to be special is like an **addiction**. I invite you to look for ways where it plays out in your life, the addiction to people noticing you, giving you attention, thinking you're special.

One of the things that I notice in my life is that there are definitely people--and you may be one of them--that really love what I do. And, because I share so personally in my classes, and my daily inspiration that I write, and I share my prayers every day, I share this radio show for so many years now, week

***Fantasy is the drug
of the one who needs
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after week, I do all these free classes, so I'm constantly sharing my stories, my experience, my perceptions, my insights. All of it.

I am pretty transparent. People really appreciate that. People relate to me. I get a wonderful feedback. I'm not able to respond to a lot of it, just for the time factor.

So, sometimes people think I'm special. I don't **feel** special at all. I **have** felt special in the past. I've had boyfriends that made me feel special, and then I realized, "Ew, this is not good. This is not good. Not good at all!"

But there **can** be a strong craving to be special, and I used to have that. It was as though that craving to be special, it came out of a belief that I was so wrong, and so bad, and so despicable, and unworthy of Love and things like that. So, I counter-balanced it with--or, it expressed itself, really, is a better way to say-- it expressed itself as a needing-wanting-craving to be special.

And so, since I wasn't getting that in my life, day-to-day-- my family were not getting with the program. My friends were not getting with the program, and my spiritual community, for sure, was not getting with the program-- so I would go into fantasy, instead.

But, as I healed this idea that "I'm bad, I'm wrong, I'm heinous, I'm fundamentally not good, or evil" healing all of those false beliefs, the **need** for fantasy and the **need** for specialness dissolved.

One of the things I recommend in my classes is to go cold turkey. Like, if you've recognized you're addicted to fantasy, maybe spend a whole day really focusing on the fantasy, really going for it. Just like if you were going to quit drinking, just get falling down drunk.

I occasionally, when I'm on the road and have a very, very long drive, I'll listen to Alec Baldwin's podcast. Occasionally he has something there that's of interest to me. I love listening to his voice, and I admire his turnaround in his life, because I remember seeing him in the 80s in New York, and he seemed like all ego and he was doing coke and all of that back then.

Well, one day he just did way too much coke, I guess, and he hurt himself, and it took him a while to recover from that. Then he didn't do coke for a long time, and he did it one more time, and he was like, "No! I have no capacity to do coke anymore."

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Fantasies Cause Us to Play Small

Sometimes that can actually work **for** us, that we hurt ourselves. Not that I'm advocating that, but maybe spend a whole day in fantasy and just see, is it really how you'd like to spend your life anymore?

If you recognize when you're tempted to go into fantasy, you think, "Oh, I'm just going to sit here and fantasize for five minutes. I'm waiting for the movie to start," or "I'm waiting for the coffee to brew" or whatever it might be, "I'm just going to fantasize about this." What if you **knew** that that's a major contributor to you playing small? **Would** you still choose to fantasize?

It's not a rhetorical question. It's really, **contemplate** that. Contemplate that.

Life Demonstrates God

I've learned, instead of filling that time with fantasy, or checking my phone--it's so funny. I just had a wonderful "Girls-God-Getaway" with my BFF, Lisa Natoli. I just love that woman. I wrote a blog about it on Sunday, April 22, 2018. So fun!

Gosh, I forgot what I was going to say now. We were talking about playing small. Oh, well, God gave me another idea, so maybe that's what happened. I was like, "Take a sharp right turn, here."

Last week on this broadcast I shared about my tow truck experience, I think so. Well, that I was laughing, even though it cost me \$250, it didn't bother me at all! Not even a tiny little bit. I just knew God would provide something, some way, somehow.

So, Lisa and I planned months ago that we were going to go away for the weekend and just hang out, so we could just talk, talk, talk, talk, talk, talk, like we like to do. We're new BFF's, so we were just getting to know each other, and really having fun. We got to spend some quality time in San Francisco.

Oh, I know! I spent some quality time in San Francisco with Bill and Lisa—Bill Free, Lisa's husband. A wonderful man. And so, the three of us were hanging out together some. And Lisa told me this past weekend that Bill had said, "Jennifer's so present! She doesn't check her phone all the time."

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Yeah, I don't check my phone all the time. When I'm working, I do look at my phone for different things. I set timers so I'm not late, because I lose track of time when I'm writing, and different things like that. I check the weather. But I am not checking my e-mail. When I'm with friends, I'm not checking my e-mail. I don't want to even think about e-mail. I can go a whole day without checking text messages and just being off-screen.

To me, it's a useful tool, but I don't like checking it all the time. It's not what I'm interested in. I'm interested, especially when I'm with other people, I'd like to stay connected with other people in the conversation and be joining with them.

Anyway, I will say this about the tow truck experience. When I got to the hotel, Lisa had gotten there a little bit ahead of me. I had forgotten my running shoes and had to go back for them, my walking shoes. So, when she greeted me in the lobby, she said, "Guess what? The room is totally free! Two nights!" We had a two-bedroom suite, so we could sit in our robes in the living room and make our own breakfast and stuff. And she said, "It's totally free! I used my Marriott points. I got us a free room for both nights!"

Which saved **me** \$250. Which is what the tow-truck was. Then, when Lisa unpacked her bag, there was a card in there from Bill, her husband, with \$100 bill in it, saying, "Dinner's on me!"

I'm sharing this because **this is** life demonstrating. I wasn't worried. I knew Spirit would send me back that \$250. I didn't know when or where, and I may not have even **noticed** it. But there it was, right away, in a very noticeable way, I'm sure, so I could share it with you.

Fantasy is a drug we don't really need. Start to pay attention, and instead of going into fantasy, just open your mind to the Holy Spirit, and say, "Holy Spirit, share a vision of Love with me. I don't need fantasy anymore. Share a vision of Love with me. I give You my fantasy. Share a vision of Love with me." You will not be disappointed, and you will stop playing small. **I know it!**

Let's take a breath of Love and gratitude here.

I want to remind you, Jon
Mundy is my guest next week,
and his class, [*Practicing the
Principles of A Course in Miracles*](#)

Share a vision of Love with me.

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starts next week. This is the first time he's taught a class on video, where-- you're going to see. It's going to be a lot of fun. I think you'll love it!

Closing Prayer

I place my hand on my heart. I am **so** grateful, I am so thankful that the Love of God is shining in my awareness, right here, right now.

So grateful that we're joining together to see, and know, and feel **clearly** the Love of God and our true reality.

We are grateful and thankful to open our minds to the fullness of the vision of Love that **our life is.**

In gratitude, we share the benefits with everyone. In gratitude, we **let it be.** And so, it is. Amen. Amen. Amen.

God bless you! I love you! Have a great rest of your week. Mwah!