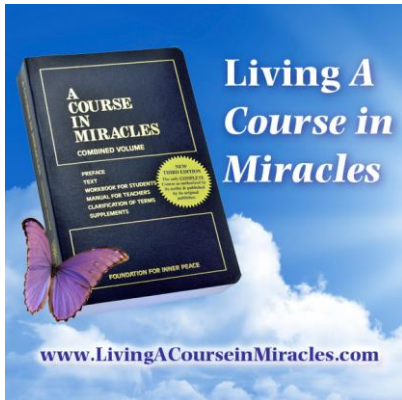


May 29, 2018



Jealous or Victorious?



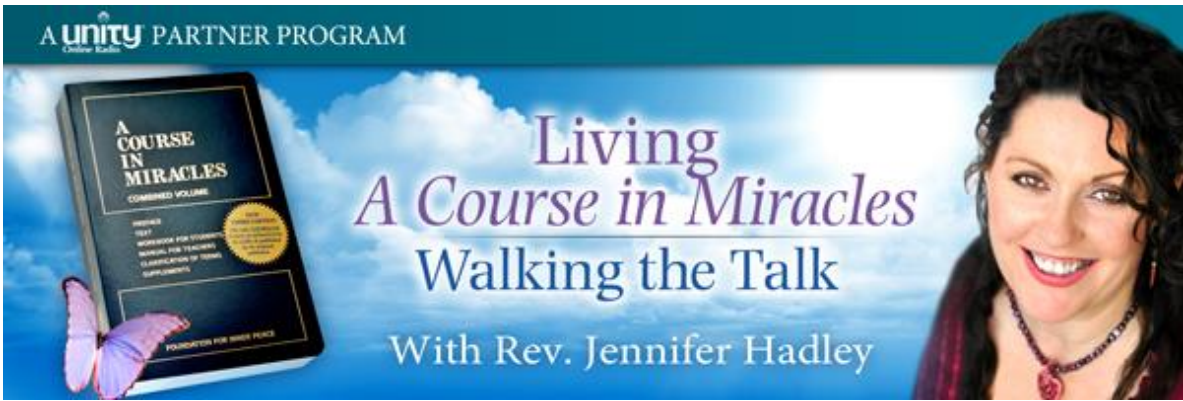
 *Jennifer Hadley*
your daily shot of spiritual espresso

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Published by JenniferHadley.com. Printed in the United States of America.

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May 29, 2018

Jealous or Victorious?

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour! Ah! I'm happy to join with you, although I am joining with you on a pre-recorded episode. Normally I do them live, but today I'm going to be on a plane to the west coast, California. I'm going to go and visit my God-daughter, who's in a talent show at her school, and then she's graduating from sixth grade. Yay, Amelia! I'm excited to have that precious time with her.

Here we go! You can hear the birds in the background. The sun is rising here.

Opening Prayer

I am grateful to place my hand on my heart. Let's do a blessing first.

Mmm! So grateful and so thankful for the power of prayer, the power of Love, awake and alive in our hearts and our minds. So grateful and thankful that we have the power to **choose**, we have the power of decision.

We are grateful and thankful to join together with the Higher Holy Spirit Self for the purpose of our remembering our true identity and recognizing the Pure Thought of God **is** our very nature.

We are grateful and thankful to join together to strengthen ourselves, to have the courage to say, "Yes!" to Love. We are grateful and thankful to place our full attention on the Love activation that we are calling forth.

We are grateful and thankful to bless this time together, knowing that it is extremely fruitful. It is energizing. It is awakening, it is healing, it is nourishing, that we're transcending time and space together to **be** the free-

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flow of Love. The Wholeness, the Beauty, the Truth, the Harmony, this **is** what **is** happening.

In gratitude, we are sharing the benefits with all. We let it be. We know it's done. And so, it is. Amen. Amen. Amen.

“Weapons of Mass Distraction”

Mmm! Beautiful!

I had put out a survey and asked some questions of people. One of the questions I asked was, “Is there a topic that you'd like me to cover in the radio show?” One of the requests was “jealousy”.

Jealousy and envy are not--there's not a specific teaching that I'm aware of in *A Course in Miracles* that talks about these topics. I'll be honest. I haven't had a huge amount of jealousy.

We all have--there are different patterns that we're working on for the good of the whole, and that's not the strongest one. It's not the sharpest tool in my shed. But, I do have an understanding of it, and I'm happy to share that and reference *A Course in Miracles* regarding jealous and envy.

Of course, we know that they are the “weapons of mass distraction” for the ego. But what is the **root** nature of it? Because, let's heal it to the root to have new fruit! That's what I say!

What is the nature of it? When I look deeply into jealousy and envy, there's a simplicity, and I feel grateful for that. The simplicity is, if I am envious of what other people have, what must be operating in my belief system is a belief that I **don't** have. Otherwise, why would I be envious that other people **do** have?

Because when other people have the same good as me, most people are not going to be bothered by **that**. They may, if they feel deeply unworthy, they may feel that anyone having even the same is them is a threat to them. Definitely there are people that have that belief system, because it's built on the foundation of unworthiness.

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Explorers of Our World

A Course in Miracles teaches us that the fundamental cause of **all** our problems is a belief in separation, and the **guilt** that comes along with it, the guilt being formed out of the belief that we have done something **wrong** to **cause** the separation.

In all my understanding, my research, my contemplation and meditation, this belief in separation stems from the “*tiny, mad idea*.” *A Course in Miracles* calls it a “*tiny, mad idea*” at which we forgot to laugh.

The “*tiny, mad idea*” is that we’re **separate**, and from that belief in separation came the idea that there’s “better than” and “less than”, and there comes jealousy and there comes all kinds of belief patterns.

There **is** no “better than”. There **is** no “less than”. If we’re all **One**, how could “better than” or “less than” be, **except** in the illusion? It’s a delusion. It’s an illusion and delusion to believe that we’re separate, and that there’s “better than” and “less than”.

Because even if you have someone who seems to have-- let’s say if you take Buddha. Buddha was born a prince. He had **everything**, and yet he wasn’t satisfied. He had every material offering that it was possible to have, and he was beautiful, and he was loved and adored. He had **everything** everyone could want. But yet, he wasn’t satisfied. He had a curiosity.

That’s us! That’s **us!** He went exploring. He wanted to understand what else was going on beyond his experience of perfection. That’s **us!** That’s the same as Adam and Eve partaking of the apple, in a sense. He left the garden. He left the palace walls.

Do you see how life is--because Buddha’s story is true-- life is teaching us how we’re all the same. We left the garden of our knowledge of perfection and Wholeness and, instead, we decided to try on these beliefs of separation.

Now, one thing I feel very, very strongly is that we weren’t “bad” or “wrong” to do that. That we were explorers. We were **explorers**. I mean, think of people who explore the top of Mt. Everest, and they endure **incredible** physical, mental, emotional challenges in order to have that experience of exploring their own inner reaches, their mental, emotional and physical reaches. And it’s arduous!

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There's no part of it, to me, that seems like fun. The packing. The thinking. The planning. The executing. No part of it seems like fun to **me**. But there are people that find it irresistible, and they must do it, and they do it again and again to best themselves, to challenge themselves, to explore themselves. That is part of our God Nature, is that exploration.

Let us not, when we explore the depths of sadness-- or the depths of illness, or the depths of anger or hatred, or jealousy, or depression, or whatever it might be-- let us **not** think less of ourselves. We're **explorers**.

And we're also at a point in the development of our awareness, the return to Love, that we don't **have** to explore the depths anymore. The depths have been explored.

What's It For?

I often think of the Dark Ages when this topic comes up. I think of the times of torturing people because they had different religious views. Burning witches at the stake. The Holocaust, or many holocausts. I don't think we can go any further to extremes than those. Well, I suppose we **could**.

Individually I used to go to my limits of anger, and resentment, and hurt, and I realized I don't have to do that anymore.

If you **feel** like you're exploring the depths of your pain and suffering, you can ask, "What's it for?" That's one of my favorite questions. "What's it for?"

If you feel like you're exploring the depths of your pain and suffering, you can ask, "What's it for?"

It's like when people are amassing wealth. What's it **for**? When people are dieting, and trying to reach some beautiful perfection of the body, what's it **for**? What **is** the perfection of the body **for**? If you're suffering, and you feel like you're allowing yourself, or you're furthering yourself, into going into the depths of despair, or depression, or illness, or depravity, or something like that, what's it **for**? It's not that it's "wrong" or "bad", necessarily. But what's it **for**?

I've learned that it's not--if it's not **for** the glorification of Spirit and the expression of Spirit as Love, there's **no** benefit to me. I feel like, in all the

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many lifetimes I've lived, I've explored so much, there's no benefit to me to explore negativity anymore. Enough, already!

The "*tiny, mad idea*" of belief in separation, of which we forgot to laugh. Instead, we believed it. We could have laughed through our exploration more.

So now, we can **not** judge ourselves anymore for that. We can **not** judge ourselves for the jealousy, and the envy, and the things that we have done, because we believed that someone else had our good, or they had more than we had/ They had our share.

That belief in jealousy, it **does** come from thinking that we **don't** have. And, when we **allow** ourselves to explore the jealous and envy by making it **real**, then we **are** furthering that cause of separation thinking.

When I've been contemplating jealousy, preparing for this episode here-- and I wrote a bit about this in my "[Daily Spiritual Espresso](#)" today-- it feels **so** toxic. **Extremely** toxic and poisonous. It's not because it's hurtful to anyone else, although anything we do that poisons ourselves **is** poisonous to others, **because** there's only One.

But, for us to feel strongly envious or jealous, or even slightly, it **is** an absolute affirmation that we "**don't have**". It's an affirmation of the belief that we "don't have". It's a collecting of evidence to **support** the belief that we "don't have", that we are fundamentally lacking.

Whenever we do that **to ourselves**, we are igniting a whole host of thoughts, and beliefs, and feelings and energizing an energy that is deeply hurtful. And we're inflicting it on ourselves.

Of course, we're poisoning the water that everybody drinks, because we all drink from the same river of the One Mind. However, **we** are the one who's having the strongest dose of it. It is self-attack. It is self-sabotage.

It's also an exploration of lack and limitation. But we've already explored lack and limitation enough. The time has come for us to **heal** it. As we allow the healing of our own experiences of envy and jealousy, we will not only heal **our** heart and our mind, our physical, emotional, mental bodies, the etheric body, as well. We're going to bring benefit to **all** Beings, because many of the things in life that are horrific, and debilitating, and a drain of resources are **very much** related to jealousy and envy.

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Re-claiming What You Already Have

If you have this as a strong emotional-mental pattern, then give thanks right away, because you **can**, working with the Holy Spirit, you **can** have a healing of it. Then, of course, you'll reclaim all that energy to put into **having**, and recognizing that you **have**, and expressing what you **have**. But you'll also be giving a great, great gift to all of humanity to assist in releasing some of the stickiest, most tar-like negative thought patterns.

As I'm sharing about this, what comes into my mind is O.J. Simpson, and the murder of his wife and her friend. That was **jealousy**, right there. That was envy and jealousy. If you think about all the impact that that had on humanity, if you think of all the people who loved and admired O.J., and then had compassion for him, thinking that some other person had murdered his wife and the mother of his two precious children, and that these poor--well, that's a judgment right there-- but that was the thinking, the "poor children" who have lost their mother. And, of course, the friend, and all the people who loved the friend.

I don't remember a lot of details about it. I was living in L.A. at the time. But you can think about how it captured the nation's attention, watching that trial for so long. There was all the racial tension.

Of course, God used it for good. **Of course**, God used it for good!

One of the things that happened--because God uses everything for good, that is the Nature of God, and that's why it's **all** good, even the Holocaust. Even though it's not fun, it's not loving, it's not kind, and it's **not** the highest and best choice, we can make **low** choices.

All Anger is Anger at Ourselves

But, even if we make our bed in hell, in the hellishness of jealousy, murder and revenge--right? Because O.J. murdered two people. He was thinking **revenge** because he was inflicted with the jealousy. So, he needed to get revenge for how he **felt**, as though **others** were responsible for **how** he felt. They had **caused** how he felt. He was envious and jealous of her being able to live without him, to be happy without him. It ignited that murderous rage that he felt. Yes, it did.

That rage, it comes from attacking the **self**. That's my experience. I have felt a murderous rage many, many times. I felt it **many** times when I was a

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child, when I was a teenager, in my early 20s. There have been many times when I felt a murderous rage where I felt so angry I could kill someone or kill myself. I **did** have those feelings, **many** times.

Now, feeling into it, I can see, I can feel, I can recognize, I can re-cognize, that what was going on there, was I was **believing** my thoughts of “Something’s wrong with me. I’m not enough. I’ll never be enough. There’s **always** going to be something wrong with me. There’s **nothing** I can **do** about it. **I am** a victim in this.”

The rage that I felt! Rage, also, towards **myself** for believing it, for energizing it, for furthering the cause, and punishing myself with the effect.

I was **so** angry at **myself**. The deepest darkest anger, it was at myself, always. Always, always!

God uses everything for good

If you think of O.J.’s murderous rage being inflicted on two people who were murdered, and how it affected his life. The entire rest of his life has been, effectively, thwarted. You could say it was ruined. Certainly, it was thwarted. With no--with the continuous choices that he made, no possibility, he’s not giving himself any possibility of coming back into his right mind, and redemption. He’s not enabled that in his life. He sabotaged himself, again, and again, and again.

Our Original Guilt

That’s what people do when they feel guilty. Remember? The original guilt that we feel that we left God, that we abandoned God, that we gave ourselves this punishment for having walked away from Heaven, the Garden of Eden, and the guilt for all the things that we have done and inflicted on ourselves, and others, as a result of our investments in separation thinking.

Being able to have an example of someone like O.J. Simpson, who took that envy and that jealousy to an **extreme**, and the damage that he did to his children’s’ lives, his own life, all the people who loved Nicole and her friend-- just feeling the energy of that, increasing his sense of guilt, known or unknown, felt or not felt.

In a certain way, this is what **we** do. And so, he took this strong belief he had that he was being **deprived**, that he was the **victim**, and that

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jealousy, that envy and that hatred, and the anger that arose from it, and in not giving up the judgments, not having support to make other choices, not having the inner fortitude, he poisoned his life, and he spread the poison out as far as he could. I mean, internationally, really. **So** many people affected.

And yet, there is the good in it. There **is** the good in it.

We'll take a look at the good in it when we come back. We'll also explore more about alleviating ourselves of these feelings of jealousy and envy, because they are just a thought pattern that's not actually true. We can absolutely dissolve and resolve that thought pattern, and let it go **forever!** It's not something we **need**. We can **let it go!**

Mmm! I'm so grateful.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio, where we are living the Love, we're walking the talk, and I'll be right back!

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*.

Light of Awareness is Healing

We're back! Thanks for coming back! We're talking about turning jealousy to victory.

The good in whole experience with O.J. Simpson. One thing I saw was people started to have a more prevalent conversation about racism. There was a thought, as I recall, that African-American, black people, people of color, thought he was innocent. White people thought he was guilty. I can only say--I just remember there was conversation about all of that then.

I did feel that he did it, most likely, because who else would do it, and what would be their motivation? But I do believe in innocent until proven guilty.

There was a big stirring of the pot there. Remember, we had had the riots in L.A. and there was so much, the earthquake. Of course. L.A., Los Angeles, is where most of the movies and television are made that reach around the world, and really influence.

These issues being raised of racism, and sexism, and all these different kinds of issues are being raised in Los Angeles, and people who **are** more open-

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minded **go** to Los Angeles to participate in that conversation, and to help bring it up **through** the mediums of television and movies.

For me, people joining together to have conversations about negative beliefs, negative thought patterns, and their expressions in this world, that joining together is healing. It's bringing things to the Light of our attention and are awareness, and that's helpful to us.

This is how God turned it to **good**, because there was a lot of conversation. A lot!

There also was a huge expense. It was millions of dollars. I don't know how many millions were spent on it. We can just see how the effects of one person's envy and jealousy, that stems from their own deep sense of not having. If you think of, it's **always** an insanity. It's always an insanity, because if you think of O.J. Simpson, here's a beautiful man, a talented man, and yet this deep sense of "not having" and who was there to support him?

If **we're** feeling this sense of "not having", and a jealousy because we "don't have", and we're feeling this great sense of **lack**, then there's this opportunity for us to have a healing, and to share the benefits with everyone.

Looking Through Darkened Glass

Let's look a little more deeply into this feeling of lack. What I was led to-- and we were talking about this in the episode last week about despair, because that was another topic that came up that someone had requested that I address.

There's a section in Chapter 4--Section IV in Chapter 4, and I've talked about this before. It's so meaningful. It's called *This Need Not Be*. It begins with,

"If you cannot hear the Voice for God, it is because you do not choose to listen. That you do listen to the voice of your ego is demonstrated by your attitudes, your feelings and your behavior."

Again, it comes back to the power of decision. It says you have listened to the voice of ego, and then it says,

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“Yet this is what you want. This is what you are fighting to keep, and what you are vigilant to save. Your mind is filled with schemes to save the face of your ego, and you do not seek the face of Christ. The glass in which the ego seeks to see its face is dark indeed.”

That mirror that we’re looking to see the ego reflected, to **affirm** us, to **validate** us, is dark, indeed.

“How can it maintain the trick of its existence except with mirrors? But where you look to find yourself is up to you.”

Let us look to Heaven to find ourselves and recognize that when we’re fighting to keep the ego thought patterns and thought systems, is when we’re investing in them, and making them **real**.

This is one of the most fundamental patterns of the ego. **All** the ego’s belief systems and **all** beliefs are false. They are **not** True. Everything that’s True is Truth. It’s **not** a **belief**. That is so helpful to me in understanding *A Course in Miracles*, and in understanding how this world works.

Beliefs are false. Truth is True. Truth is True for everyone, and beliefs are **false** for everyone.

All are worthy. **All** are good enough. If we believe that we’re “better than” or “less than”, then the possibility of jealousy and envy will enter our equation, because we’ve poked a hole in the Truth and inserted our belief.

Feeling protected from waves of depression, anger, jealousy, hurt, all of that, the protection comes from making the loving choices. Love is our protector. When we’re aligned with Love, we’re **not** going to travel into the realm of that which is false. We’re going to be focused on the Truth.

This Need Not Be - It is Not True

A Course in Miracles says it so beautifully here in this Section, *This Need Not Be*. In the next paragraph, Paragraph 2, it says,

“I have said that you cannot change your mind by changing your behavior, but I have also said, and many times, that you can change your mind. When your mood tells you that you have chosen wrongly, and this is so whenever you are not joyous, then know this need not be. In every case you have thought wrongly about some brother God created, and are perceiving images your ego makes in a darkened glass. Think honestly what you have thought that God would not have

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thought, and what you have not thought that God would have you think. Search sincerely for what you have done and left undone accordingly, and then change your mind to think with God's. This may seem hard to do, but it is much easier than trying to think against it. Your mind is one with God's. Denying this and thinking otherwise has held your ego together, but has literally split your mind. As a loving brother I am deeply concerned with your mind, and urge you to follow my example as you look at yourself and at your brother, and see in both the glorious creations of a glorious Father."

Then it goes on to say,

"When you are sad, know this need not be. Depression comes from a sense of being deprived of something you want and do not have. Remember that you are deprived of nothing except by your own decisions, and then decide otherwise."

It goes on. It talks about fear, in the form of anxiety. It says,

"When you are anxious, realize that anxiety comes from the capriciousness of the ego, and know this need not be."

The same is true for feelings of envy and jealousy, that we're not feeling envious and jealous **because** of what **other** people have or what other people are experiencing.

And, it's not because of what we're **not** experiencing that we're feeling the way we feel, when we feel jealousy and envy, or **everyone** would feel it.

And, they don't. Some people feel the depression. They just feel the deprivation without real strong feelings of jealousy or envy. They have a deep sense--they're really in touch with their own belief in unworthiness.

There is a **cure**, and it does require some willingness, of course, and some courage.

This really does apply to if you're feeling depressed, you're feeling angry, you're feeling hurt, you're feeling any negative emotion, all the ones that I call the "Divine Alarm Clock". When we're **thinking** upset, when we're **feeling** upset, when our physical body is agitated, our mental body is agitated, our emotional body is agitated-- all of those are like alarm bells going off.

It's what I call the "Divine Alarm Clock" letting us know that our thinking is stinking, and that we don't have to do a research project and analyze the

**Truth is True for everyone,
and beliefs are false for
everyone.**

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data like the **ego** would. We don't have to do that to find what the "stinking thinking" **is**. We don't need that! It's not necessary, because the Higher Holy Spirit knows **precisely** what it is.

All we need do is say, "This need not be! I have another choice. I can choose to think the thoughts that I think with God. Holy Spirit, please remove from my mind, my awareness, my attention, **all** of these thoughts that are causing this upset, known and unknown, felt and not felt, recognized and unrecognized. Take them **all**, and please do the same for **everyone** who has these same thought patterns. Let all minds be healed of these thought patterns. I am **willing** and ready to be free. I am choosing the Freedom **now**. I no longer wish to live in lack, attack, limitation and separation. I'm done! I'm done, I'm done, I'm done! Enough, already!"

Mmm! Powerful! Powerful, powerful, powerful! Yes, yes, yes!

Choosing the Thoughts of God

That's our willingness. Our willingness to Partner UP, and instead of **energizing** the pattern, instead of **thinking** the thoughts, we give them to the Holy Spirit for healing.

There's, I think, a Turkish proverb or something like that, or it's a Persian proverb. I don't remember, that goes something like, "Just because the birds are flying around your head, you don't have to let them nest in your hair." That's the thing! Just because the **thoughts** are being magnetized into our awareness because of our belief system in lack, in "not enough", **does not** mean we have to **think** these thoughts, and give them our attention and our energy. We can **choose** something else. And, we **can** choose to think the thoughts of God.

The lessons in *A Course in Miracles* give us wonderful affirmations. We can say, as I have said many, many times, "Love holds no grievances, nor do I. I am the Light and I choose to focus on the Light."

Remember, jealousy comes from this idea that you "don't have". Many times, it comes from us **not expressing** our gifts and talents, **denying** our gifts and talents, **denying** our magnificence, **denying** our Beauty, **denying** our wondrous spiritual nature. Then, we're jealous of other people who express those things.

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But, just like it says about depression, depression comes from believing you're deprived of something you want. But **no one** can deprive you but yourself. The same is true related to jealousy.

It's feeling that other people have what you want. They have opportunity that you'd like to have. They have gifts, and talents, and opportunities to **express** them that you'd like to have. But **no one** can deprive us of our gifts and talents but ourselves.

We can make up a long line of excuses. I used to have so many excuses for **why** I couldn't be a successful minister, a counselor, a teacher. I had so many excuses for **why** I couldn't do what I wanted to do or live the life that I wanted to live. I had less jealousy, more resentment, towards other people, and lots and lots of fear. **Lots** of fear. And, sadness.

But, instead of trying to figure it all out, instead of trying to **analyze** it

But no one can deprive you but yourself.

and come up with a plan, raise money, and get resources, and people to help me and all of those things, I decided to go to the Holy Spirit. I **know** that that's why I shifted **out** of those patterns. I know it's why you're listening to my voice right now, is because that's what **you're** interested in doing.

I did it **all** through working with the Holy Spirit. **All** of it! I tried, for many years, to find the "secret spiritual information". I tried, for many years, to gather the spiritual teaching and affirmation that would tell me **what** to do and **how** to do it.

Then, I realized that Spirit had been leading me all along, and where I was led to, was the personal practice of nonviolence. I realized that many, many things I was doing in my life-- the thoughts I was choosing to think and the things I was choosing to do, and to say, and to eat, and all of that-- much of it had a violent nature, and I was inflicting a lot of violence on myself, a lot of self-attack.

I made a decision to practice nonviolence in my thinking, and in my choices, in my words, and in every area of my life. I began practicing that. It's why when I came to *A Course in Miracles*, many years later, I realized, "Oh! I have been practicing these Lessons." Realizing that, "Oh, yes. **I've** given it this meaning. **I'm** the judger. **I've** been the attacker, and I'm willing to change my mind about it, and give it over to the Holy Spirit for

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healing.” That practice that’s in the Workbook Lessons, I was already familiar with it through my personal practice of nonviolence for many years.

Walking the Talk

In studying *A Course in Miracles*, in communing with the Spirit, that’s when the deepest part of the healing happened. Truly, right before I came to *A Course in Miracles* in the few years right before, right around in that time, that’s when I said, “I’m going all-in for God. I’m putting all my eggs in the God Basket. I see the more I invest in being loving and nonjudgmental, the happier I am, the better my life is. I’m going to go all-in for that and put my focus and attention on that. “

That’s when I started to be able to share my gifts and talents in more **effective** ways. I was already **beginning** to share my gifts and talents, but I wasn’t reaching that many people. Which now, I know, was a **good** thing, and that’s what I actually was secretly worried about. I was worried about affecting lots of people because I didn’t feel pure and pristine in my thinking. I wasn’t **living** it. There were a lot of areas in my life where I was talking the talk but not walking it. And so, I did not feel worthy of **having** other people listen to me.

So, I cleaned up my act, and I just decided to really walk my talk. Walking the talk **is** living the Love. People think it’s all

“I’m going all-in for God.”

about things like not eating meat, not eating cheese, not drinking alcohol, not having sex, being impeccable with your word and--I don’t know. Not eating sugar, eating organic, all these different things that are **expressions** in the **world** that people thinking **that’s** what walking the talk is. It means, practicing the Lessons every day, and reading all these books, and listening to all these audios.

But that’s **not** walking the talk. What walking the talk really, truly **is**, is being loving and compassionate as much as you possibly can towards yourself and others. It’s about not trying to go it alone, listening to Spirit and following Spirit, and **learning** how to recognize the difference between ego’s voice and Spirit’s Voice.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Donations Create More Gifts

Of course, I have radio shows on that in the archives at LivingACourseInMiracles.com/radio You can get that archive. We are still transcribing the episodes, more and more of them all the time, working on different projects related to sharing those episodes, thanks to the donations of people who appreciate this radio show.

If you **do** appreciate this radio broadcast, I invite you to please make a contribution, a tax-deductible contribution. You can do that at LivingACourseinMiracles.com or JenniferHadley.com. All donations go to the Power of Love Ministry. You can mail in a check. You can pay with a credit card. However, you'd like to make that donation.

One of the things that helps us the **most** is when people make an **ongoing** donation and commit to making a monthly contribution. That helps us to **plan** our resources and what we can build and offer.

Upcoming Retreats & Specials

Speaking of offering, just in the next few days we'll be announcing the teaching retreats with Jon Mundy in New York, near Manhattan, in Nyack, New York. We're teaching how to write inspiration, how to lead a workshop-- including how to lead my [Forgive & Be Free workshop](#)-- and also how to give an inspirational talk. Three retreats, back-to-back, 10 days of teaching retreats. It's all part of the developing curriculum for teachers, ministers, and Prayer Practitioners at the Power of Love Ministry.

Also, the Early Bird specials, the Super Early Bird specials for the [Forgive & Be Free retreat](#) in October are up on June 2nd.

Also, if you're coming to the *Spiritual Counseling Training Intensive*, that Super Early Bird special

The Holy Spirit will do the heavy lifting.

is up on June 2nd. Just letting you know about those things. You can make that decision if you're called intuitively. Just let me know.

Remember, we always have payment plans. We give Early Bird discounts **and** payment plans. We're really doing everything we **can** to support you if you would like to come and share your gifts and talents and do this work with us. So powerful! It's so healing! Yes!

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We can go from jealousy to victory over the ego through simple practices.
The Holy Spirit will do the heavy lifting.

Closing Prayer

I place my hand on my heart in deep gratitude to **let** the healing happen.
We're grateful and thankful for the Love of God shining in our awareness.
In gratitude, we let it be. We know it's done. And so, it is. Amen. Amen.
Amen.
Mwah! Have a great rest of your week! I love you!