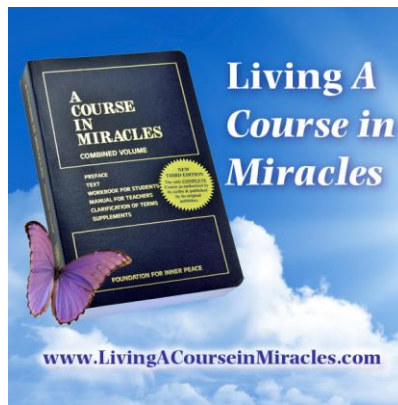


May 8, 2012



## Mother's Day Makeover!

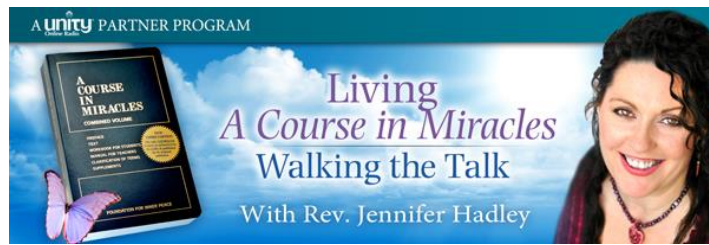


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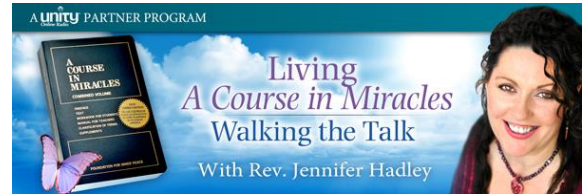
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**May 8, 2012**

## **Mother's Day Makeover!**

Jennifer Here we are! This episode, I am really excited about our topic. It came to me in meditation, in my practice, and the topic is *Mother's Day Makeover*. We've got Mother's Day coming up, if you're listening to the show live. Mother's Day brings up all kinds of things for all kinds of people. We all have different experiences, different beliefs and attitudes, different memories. What I'm going to suggest is that we do a makeover together, and we look at what no longer serves us, and how we can be more focused on Love in regards to Mother's Day and our mothering, whether it's being the mother or being mothered, being the child, being the son or daughter. Let's tune into that. *Mother's Day Makeover*.

### *Opening Prayer*

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I'm going to invite you to pray in with me and place your hand on your heart. Let us call forth a profound blessing for ourselves and for everyone else.

Beginning with a breath of Love and gratitude, we center into our heart and open ourselves to an awareness of perfect Peace and perfect Love and the knowledge of our true identity that we are One with the One, and One with each other, One with all life, and we truly are united with our mother, whether she is still walking in the planet Earth or she's made her transition. We are One with all. For those to have children, we are One with all of the children, as well. Yes, we are! We're One with all.

We are grateful right now to call forth a blessing for everyone, everywhere. We're grateful to open our hearts and minds to the unprecedented, to the awakened life of Love. It's happening right now and we're accepting it, we're revealing it, and we're sharing the benefits with everyone.

In grace and gratitude, we let it be. And so, it is. Amen. Amen. Amen.  
Amen.

### *There Is No Separation*

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Yes!

I'm going to take you on a little bit of a personal journey with me today, because-- let's see, back in 2005, my mom got a terminal cancer diagnosis. It was very challenging for the whole family, as you might imagine. Then, in 2006, 2007 and 2008-- my mom made her transition in March of 2008, so for the three years or so prior-- four years, three- four years-- we were all given an extraordinary opportunity to practice forgiveness.

This is when I became so grateful for the teachings of *A Course in Miracles*, and so grateful for that "big blue book". Yes! It was my constant companion, and it really was that Voice of Jesus, that Voice of the Holy Spirit was with me **all of the time**, and I really made a pact with myself to truly **live** it.

Let me just tell you that my mom and I, we didn't get along well prior to that. We really didn't. We had times when we got along great, and we had a wonderful time together, and a lot of fun. But, there was always a couple of things that would rub each of us the wrong way. One of the patterns that we had-- and, I really believe that the unhealed karma, and the negativity, the unforgiveness, the blame, the shame, all of these things are patterns. They are mental patterns which we can use *A Course in Miracles* to help us dissolve, resolve and clear.

When we no longer cling to the mental patterns of separation, in all their myriad of flavors, then we reach that Atonement. We reach that state of awareness where we recognize, fully and completely, that there **is** no separation, the separation **never** occurred, and this illusion of separation is just that-- it is an illusion, it is a projection of our mind, and we can use our experience in the illusion for good and be in service. We can live as the Boddhi Satva, the Awakened Being, who is dedicated to sharing the benefits of their awakened life with everyone.

## *Waking Up to Untrue Beliefs*

---

For me and my mom, we had another **whole bunch** of patterns that we were confronted by all the time when we were together. Now, it was very uncomfortable for many, many years and it was also **always** a blessing. The discomfort that we felt with each other was a blessing, but we didn't **know** it. Whenever there is discomfort, there **is** something to be healed.

What I didn't know until I started studying *A Course in Miracles*, what I didn't realize, was the discomfort was the wake-up call. It was what I call now the "Divine Alarm Clock" letting me know that there is something for me to heal, something for me to put my attention on, because I have grabbed a hold of some belief, some idea that isn't true, and I am believing it as though it **were** true.

When I believe something that's **not** true, and I think convince myself or **try** to convince myself that it is true, it's **always** going to create discomfort - physical discomfort, emotional discomfort and mental discomfort. So, my mom and I, we had **a lot** of discomfort.

Part of it was that we we really deeply loved each other so much, we had such a profound connection, and yet we **always felt separate**. We always felt, or mostly felt, that we couldn't really connect in the loving way that we both desired, and this kept perpetuating itself.

One of the patterns that we latched on to was, we were looking for **evidence** that our relationship wasn't good. Constantly looking for evidence that our relationship was a disappointment. I know that was a pattern I had in **all** my relationships, and it was something that really created **tremendous** distress in me.

## *Withholding Our Perception & Judgment*

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Now, **because** this was so painful for me and I decided that it was intolerable, and I wanted to heal it, I began to have a makeover in my relationship with my mom **because** she was given an expiration date. In early, I guess it was, 2005, she was told that she had a few months to live, a few moments to live.

Now, I didn't believe that. I didn't believe it, at all. It didn't feel true to me. My intuition said she had at least three years, which she ultimately did. I thought she could have had longer, but some of the choices she made-- I

think she was really, she was complete. She felt complete. She was ready to take off. Not everybody in my family agrees with me about that, but that's my perception. It doesn't matter whether I'm right or not. That's just my perception.

I can tell you that, when we got that terminal cancer diagnosis, and the doctors who were giving that prognosis felt that it was three months or so that she had to live, it was devastating to all of us in the family. It caused a tremendous amount of stress. There's probably a good chance that you know exactly what I'm talking about, and you have been through this as well.

Now, one of the things that happened initially was that my mom was making choices to use allopathic medicine, Western medicine, and I felt that my mom did not have the constitution or the mental ability to **withstand** some of those choices.

I felt that, actually, those so-called “medicines” would be likely the cause of her death. If you've been through the cancer and the chemo, you know that before they can administer that, they have to get your permission, and they have to have you sign off on a waiver saying that there's a good chance that chemo or the radiation could kill you. In the healing of cancer from a Western modality, many times, they are concerned that the medicine will actually be the cause of your death.

But people are afraid, and desperate, and this is what they know, and their expert doctors are suggesting these things, so they go along with it, as my parents decided to do. It was a challenge for me, because I really thought it would be the death of my mother.

I had to work, very hard, not to judge my family for the choices that they were making regarding my mom's health. I disagreed, and my intuition was screaming, in a sense. You know, my intuition was-- not screaming, actually. My intuition was saying, very calmly, that this is not the path of healing, and that she could live much longer, and that there are other modalities that can be more helpful.

I was screaming **inside**, because I believed that she was making a mistake, and that the advice she was getting was not helpful. That was **my** perception, that was **my** opinion and **my** judgment. I had to look at whether or not I was going to make my family uncomfortable by forcing my opinions on them, particularly my mother, at a time of such duress. The

thing that would be the most supportive of her, emotionally and mentally, was to affirm that she was making great decisions, good decisions and that healing was possible, and that I was in prayer.

### *Healing Is an Inside Job*

---

Lots of challenges there. Lots of challenges, and I **really** saw how ego-attached I was to a holistic method of healing. Even **that**, and the need to be right about that, I had to release over, and over, and over again, in order to honor my family and **not** be an additional cause of duress and stress of my family. That forced **me** to do my own inner work, and give up the need to be right, give up cherishing my opinions and my beliefs, and opening to the higher possibility.

What happened was, my mom really went on a journey that lasted several years, and we all went with her. For me, my big prayer was not so much that she wouldn't die-- because I have a strong belief that people don't die before their time, and that there is a Divine Order to each of our deaths, and so I had that going on. I had that Faith in Divine Order going on.

What I was praying also, in addition to my mom having a healing, and being peaceful and harmonious in her physical, emotional and mental bodies, I was also praying that we could resolve any differences before she made her transition, so at the time of her transition, we would both be totally at Peace, and totally in Love, in our relationship.

That seemed like a very tall order, based on our life experience of, oh, I guess 40-some years prior to that date. But I believed it was **possible** with the help of the Holy Spirit, with the help of all the angels in the Universe. I believed it was possible, and I was not settling for anything less. I knew that it was an inside job, it was up to **me** to call it forth, to bring it forth.

### *Releasing Patterns in Relationship*

---

One of the things I began studying at that time is the material on the special relationship and the holy relationship, and I highly recommend that to you. I did several shows about that back in February, and you can listen to those. I'm not going to cover that right now, but one thing it does say in those teachings is that in order to transform the relationship from an ego-based relationship to a God-based relationship-- which is the same as saying

from special to holy-- only **one person** in the relationship needs to invoke the Holy Spirit in for that restoration to Wholeness of the relationship. Only one person has to invoke the Holy Spirit.

However, it does say that when you do that, the experience that you have in the relationship could become excruciating. The reason is because you're attached to the old way, you're attached to your beliefs, you're attached in the sense of those patterns, those mental, emotional patterns that you have, about how it should be, how it shouldn't be. Releasing them, if you have an attachment can be very challenging, and it can feel excruciating.

What I learned was, the constant path of surrender is my best friend to healing any special relationship, any ego-based relationship. It was an experience that I had, over the course of a number of years, where I was literally, constantly brought to my knees. Constantly, because I was so attached to the opinions about myself, and my mother, and all the obstacles that I was clinging to in our relationship. All of those obstacles that I was clinging to in our relationship were judgments and opinions. **My false beliefs** about my mother, and about myself and relationship to her.

I had my work cut out for me! It was like training for a triathlon! It **was not easy**, and, in a very real sense, it was the best thing that ever happened to me, because I became committed to walking the talk and living the Love in my own heart, and in my own mind and being heart and mind congruent. Very challenging!

And yet, I off-loaded, I released, **so much negativity. So many patterns** of blame and shame. It's been a tremendous healing.

I'm going to share more with you when we come back from the break. I'm Jennifer Hadley, and you're listening to *A Course in Miracles* and we are walking the talk and living the Love, together, on Unity Online Radio. I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

*Partnering in Prayer & New Class Coming*

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Jennifer We're back, and we're talking about the *Mother's Day Makeover*. I'll also tell you, during this time of intensity with my mom is when I started to record my daily prayers, because I really began to tap into how much suffering so many people were having. I began to do my weekly *A Course in Miracles* group meeting on the phone.

Let me just tell you, you can become a Prayer Partner with me at [JenniferHadley.com](http://JenniferHadley.com). I've got a free prayer. I record a new one every day. You can dial in and listen on the phone, and you can also sign up for the daily email reminder. Be one of my Prayer Partners and receive my daily message of inspiration which I call my "Spiritual Espresso". All of that is available to you at [JenniferHadley.com](http://JenniferHadley.com).

Also, if you would like support in healing your relationship issues, we are offering another *Living A Course in Miracles* 8-week teleclass. It's 16 classes, 8 weeks, with such great, wonderful, yummy *A Course in Miracles* teachers as Jon Mundy, and David Hoffmeister, and Gary Renard. Rhonda Britten is going to join us, she's the author of *Fearless Loving*, and also the book *Fearless Living*. We have Colin Tipping, *Radical Forgiveness*.

We're going to be talking about relationship forgiveness. We're going to talk about forgiveness in the family. We're going to talk about forgiveness and finances. We have a **great** lineup. It's all **totally free** for you. This is a real 8-week class, 16 classes in all, totally free for you. Please tell your friends.

All you have to do is register at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). That's right. Totally free at [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com). Please share with your friends and make a plan to get together and listen to the classes together. That's what a lot of people do. Some people get the transcripts and the downloads, and they invite their friends and their family to listen together. But you can look also listen live to each of the 16 classes.

People participate **all over** the world. All over the world! It's really wonderful. You can participate on the phone or online. We've got lots of options, so it's a **great** opportunity to go deeper into the application of *Living A Course in Miracles*. [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com)

## *A Time of Healing Together*

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Back to the *Mother's Day Makeover*. I became so **committed** to this belief that my mother and I could heal everything in our relationship before she made her transition. I did aspire that it would be such a healing that she would heal the illness, as well.

Now, I remember in 2007, early 2007, my mother, Gayle Hadley-- she actually wrote a novel in the last few years of her life that's good. It's actually really good, called *Eternal Vigilance*. Gayle A. Hadley. You can get it at [Amazon.com](https://www.amazon.com), if you're interested, and that would certainly make my mother happy.

My mom had a whole bunch of radiation treatments, and you can imagine that was really challenging. She had lung cancer, and the radiation was on her lungs. I can only imagine how that felt for her to have the radiation right there, in the area of her heart chakra.

In the winter, I think it was January of 2007, I went to stay with my parents for, oh, maybe three weeks, to drive my mom back and forth to the radiation treatments five days a week. It was a lot of time that we had together, because it was at least an hour and a half drive each way. So, it was a 3-hour round trip in the car. And that's if there wasn't too much snow, because my parents live on an island off the coast of Maine, Deer Isle, and so it was a long ride to Bangor where the hospital was for the treatments. So, sometimes it took a lot longer than that, because of snow.

But, we had at least three hours a day in the car together, and we listened to different humorous things. One of the things we listened to that was really just **so great** was a program called *Letting Go of God* by Julia Sweeney, who you may know from *Saturday Night Live*. She did a one-woman show. It was a play, and this is the audio recording of the play. It's really very good, *Letting Go of God*. We had a lot of laughs over that. I think we listened to it a couple of times over the weeks of driving back and forth.

In that three weeks with my mom and my dad, but mostly with my mom, I was also really caring for her, because the radiation was not easy for her. It was very debilitating. So, I got to have a lot of extra time caring for her, and being loving with her, which was very helpful for both of us. I remember that she said, at one point, maybe it was towards the end of the trip, that

particular trip that she said, “It was the nicest time we've ever had together.” That's saying a lot, isn't it?

We spent most of the time, for those three weeks, driving back and forth to these debilitating treatments, and she said, “It was the nicest time that we've ever had together.” And the reason was, because we were just loving with each other. We really were, for the most part.

Now, I was still having my challenges every time she wanted to eat some sugar, or something like that. And, I-- you know, I was a very opinionated person, a **very** opinionated person. I had to learn to give all that up in order to have a happy and harmonious relationship with my mom.

The process of her dying to the physical body, it awakened the eternal life in both of us, in **both** of us. It certainly opened my heart and my mind to the possibilities of Love, beyond my opinions and judgments terrorizing myself and my loved ones.

### *Asking for Assistance from the Angels*

---

Now, in the summer of 2007, I had another experience that was very, very meaningful to me. We were visiting my brother's house in New Jersey. The whole family was there, meaning my parents, myself, my brother and his wife, and their kids. My mom was having an experience of, she had to take these steroids to help counteract the side effects from the radiation, and the steroids were creating this experience that they call “moon face”. So, my mom's face was getting very, very distorted, like blowing up. She went through a bad period, trying to remember now, 2006, where that happened, and it was just, it was heartbreaking just to look at her face, and to listen to her voice. There was so much suffering that was going on in the physical body, and it was hard. It was really hard to look at, hard to take, and I really had to do deep practice and prayer.

Then, in the summer of 2007, my parents came to visit my brother, and she had just started a new course of treatment. She was doing pretty well, and then that new course of treatment created another real-- it started to give her brain fog, her face was starting to blow up again, and she was starting to walk very slowly. There were real effects that just came on her very fast, and it was very distressing to me.

She had asked me, could I take her to the mall to get a new comforter for their bed? Where they live, on an island off the coast of Maine, you might imagine there's no mall. There's not really any shopping there. So, while we were in New Jersey, she wants to get a few things, and she wanted to get a summer weight comforter for their beds. She wanted to get a new comforter, and would I take her to the store?

Well, you know, I was being very selfish that day, and I was not really thinking about my mom, and so I waited until we had to rush to get to the store before it closed. I just wasn't paying attention. I wasn't thinking about anyone but myself. Then, I realized, as we're pulling up, that we're going to have to rush to get it done.

I, sometimes, I can make decisions very quickly. I know exactly what I like, and I don't like, and I also always trust that I'll be quickly and easily divinely led to the perfect thing, and that usually works really well for me.

But, that's not how my mom operates, and so I realized that I didn't leave very much time for us to have **her** be able to shop at her comfort level. So, as we pulled into the parking lot she was, not really complaining, but she was **worried** that there wasn't going to be enough time for her to accomplish her task. I really wasn't thinking how difficult it was for her to get around. I was not.

As we were getting out of the car, and I'm thinking, "Okay, we'll just run into the store. Run around the store and come back out. We don't need 15 or 20 minutes to do this." Well, she would like to have an hour, at least, to accomplish this. She couldn't **run** into the store, and walk fast around the store, at all. She was shuffling.

I realized, in that moment as I was helping her out of the car, that I had not been kind or thoughtful in my planning. I had only been thinking about myself. So, I really prayed. I really prayed for all the angels, and all the beings of Love and Light, to assist us in finding the perfect thing, and doing the whole shopping experience with ease and grace.

We went into the store, and I was feeling concerned. But when I feel concerned, **that's** when I **really** drop into my faith that all is well. I could feel my mother's anxiety about how soon the store was closing, and how big the store was, and trying to find the right thing.

As God would have it, we actually **very** quickly located the **perfect** gorgeous, perfect comforter. In every way, it was **perfect**. Perfect colors, perfect weight, perfect everything, and amazingly, it was 40% off, or something like that. It was a really nice expensive thing, and because of the 40 or 50% off, and we had a coupon too, it was just a great, great find. It was, in a sense miraculous, and I was very, very grateful.

We got back home with it, and she was very, very pleased. She's had a very strong sense of design and style, very elegant, and she was very happy.

### *Finding the Divine Order in Situations*

---

That worked well. But, what I would like to really emphasize here, is that I realized that I had been selfish. I had **really** not been thinking of my mother, and I had also been filled with anger prior to going to the store. I was angry at what was happening to my mom, that her face was getting moon-faced again, and that her brain was getting foggy again. That these treatments were so hard on her mentally, emotionally and physically, and that it was hard on the whole family to see her go through this.

I realized that my anger and my upset wasn't helping anyone. It was making things **worse**, because then, on top of everything else, there was that undercurrent of **my** upset that everyone had to deal with. Whether I said anything about it or not, they could **feel it**.

I realized that I knew, as a therapist, as a spiritual counselor, minister, Science of Mind Practitioner, I **knew** that my anger was caused-- or, that anger that I was experiencing, because I don't like to claim as mine-- the anger I was feeling was caused by feelings of **fear**. The feelings of fear were caused by thoughts of separation.

What really was going on for me was, I was feeling afraid and hurt because I was thinking that my mom shouldn't have to go through this, we shouldn't have to go through this. I was "should-ing." Those were my opinions and judgments.

If I can get a wider perspective, then I can see that there is something holy that is happening. There is something in Divine Order that is happening, there is a healing that's happening beyond **my** opinions and judgments, and unless I am willing to look at it, I cannot find it.

In that moment, I found it, and I realized, and I made the decision that I am not going to miss an opportunity to be loving with my loved ones again, to the best of my ability. I made that promise to myself, that I am not going to be so selfish that I do not choose the opportunity to be loving with my loved ones. I don't want to miss another opportunity. It was a profound healing, and part of my Mother's Day makeover. I'm **so happy** to share it with you.

It's time for us to get ready for our break here.

Just a reminder that you can go to [LivingACourseinMiracles.com](http://LivingACourseinMiracles.com) and sign-up for the 8-week tele-class. And, you can go to [JenniferHadley.com](http://JenniferHadley.com) and sign-up to be my Prayer Partner.

I'm working on a series, *Mother's Day Makeover*, and I'm inviting you to participate in it with me. Please join us in all these wonderful opportunities to connect with like-minded individuals around the world and share our experiences of Love and healing.

I'm Jennifer Hadley, and you're listening to *A Course in Miracles*, walking the talk and living the Love, right here on Unity Online Radio. I'll be right back!

You've been listening to *A Course in Miracles: Living the Love, Walking the Talk*, with Reverend Jennifer Hadley. If you have a question or comment about today's program or if you'd like to join the discussion, visit us on Facebook at *A Course in Miracles Pledge* where you can join with the community of like-minded people who have pledged to live *A Course in Miracles* every day, in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

### *Course-Correction Prayer*

---

Jennifer      I really am committed to walking this talk of Love, and believe me, it challenges me every day. I'm **not** a saint, by any stretch of the imagination, although I **aspire** to be saintly. I really do! It is my deep desire and my high aspiration to live the Love and walk the talk in every moment.

How I do that, right where I am, is that when I make a mistake, and I fall down, I course correct. I course correct. That was the thing that I realized, that day with my mom is, I don't want to do this anymore. No. I want to pay attention. If I'm feeling hurt, and I'm feeling afraid, and I'm feeling

angry, I'm feeling grumpy, I'm feeling frustrated and irritable, that right there, in that moment, I will drop into my heart, and I will ask myself-- and I do this:

I place my hand on my heart, and I take a breath, and I Partner UP with the Higher Holy Spirit Self, I Partner UP with Love, I invoke the angels, I invoke the Ancestors, and I ask, "Help me see, and know, and feel, and hear, **clearly**, Divine Guidance. Allow me, please, to see the loving choice. Whatever this irritation is, whatever this frustration is, whatever the upset is, I'm interested in healing it permanently, healing it back to its root source, so that I **never** experience it again. Not only am I choosing Freedom in this way, not only am I choosing to liberate my heart and mind from the upset, I am sharing the benefits with everyone, because I'm One with them. I'm consciously invoking the Divine to share the benefits of my healing with everyone, so that it's a profound blessing for all Beings. That all mothers and daughters, all children and parents, would have a healing." Yes! And, we can do this!

### *Changes Are Up to Me*

---

Now, I also share with you that later that year-- it was Thanksgiving time, so November, I was getting ready to go visit my parents for Thanksgiving, and I knew that this was probably my last Thanksgiving with my mom. So, I was feeling emotional, and I also was looking forward to the time with my family.

I had planned a relatively short trip, because one of the things I was doing was, I was hosting my friend Gary Renard to speak at Agape on the Sunday of Thanksgiving weekend. I had arranged the whole thing, and Gary had never spoken at Agape, so I was going to come back a little early to take care of that. The Sunday **before** Thanksgiving, I was speaking, myself, that evening at Agape.

That night, I was taking a red-eye to go to Maine and be with my family. When I was speaking in the service, that Sunday night before Thanksgiving, I was focused on forgiveness, and forgiveness in the family. What I was sharing with people, as I'm sharing with you right now, is that I realized that if I would like things to be different in **my** relationship with my mother, I would like things to be different in **my** relationship with my

family, it is up to **me!** It is **not** up to anyone else in my family. It's not up to them meeting me halfway. It's not up to them to go first. It is up to **me.**

If I would like to shift the relationship, it is up to **me** to invoke the Higher Holy Spirit Self, to invoke the Divine Presence, and it's up to **me** to relinquish the habit of cherishing the thoughts of separation, the thoughts of disappointment, the thoughts of anger, and resentment, and hurt, and blame, and shame. **I am** the one that must stop cherishing them.

How do I do **that?** I make a commitment to release all judgments, and all opinions, because they are **not true.** They are **my** perception, they are **my** projection, and they are **not true,** and all they do is create suffering.

I was doing that work, and I was vigilant for it, and I was speaking about it that Sunday night. I asked for prayer, for myself and my mom, from everyone in the room.

### *Feeling the Healing*

---

That night, I was on the plane, and the lights were out. It was a red-eye. We were sitting on the tarmac waiting to take off, and I felt this energy moving in my heart chakra, a spinning, and it got stronger and stronger until it felt like it pressed me against the chair. I had the most extraordinary feeling, like I was having some kind of open heart surgery, like I had swallowed to an airplane propeller, and I was having a Roto-Rooter at my heart chakra.

I just asked, intuitively, "What is happening?" What I got as an answer was, "They're praying for you." I literally felt that the people who were there that night, and the angels, were praying for me to be free of all resentments towards my mom. I had made that prayer **so** many thousands of times, and I had been as diligent as I could be.

What I experienced was a truly miraculous healing, because when I arrived at my parents' home, and that Thanksgiving time trip, I felt a **healing.** I felt that every bit of the resentment, and the anger, and the upset had been **healed!** I felt liberated! I felt free! It felt **miraculous** to me!

It was a darn good thing, because I believe it was Wednesday before Thanksgiving that year, my parents asked to speak to my brother and I alone, and they let us know that, just before we arrived, they had decided that my mom was to go into hospice care.

In case you don't know, hospice care means that the kind of care you're receiving is not to **heal** the illness, but to make you comfortable while you are making your transition. And so, it's a different kind of care. It's a different **focus** in the care.

And so, of course, that let us know that my parents were not thinking there **could** be a healing anymore, and that this, in their mind, was indeed the last Thanksgiving that we would have together.

Although I had planned to fly back on Sunday, I told my parents I was going to stay through the end of the year, which I did, and beyond. I actually stayed until April. I stayed for a month after my mom made her transition.

The next few months were extraordinary. They absolutely were profoundly extraordinary. I know many people are caring for loved ones who might be listening to this broadcasting. Many people are caring for, or are concerned about caring for, their loved ones, their parents. Or, maybe you're listening, and someone is caring for you.

### *Love is The Healer*

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What I can tell you is, I made a commitment to **enjoy** the opportunity to love my mom that I had for the next however long it would be. It turned out to be about four and a half months from that Thanksgiving. What I can tell you I experienced was extraordinary, and here's what made it extraordinary. I was choosing Love every minute of every day, and I was focused on being loving, being unconditionally loving, with my mother and with my father.

What I discovered, in that experience, was that even though there was a lot of physical suffering going on, and there was emotional challenge-- my dad was grieving very intensely, and, in a sense, my mom was grieving, too. They were grieving, because in their mind, this was the end of their relationship. My mom was very disturbed that she was going to be leaving my father. She felt that she would have more years with him. She didn't want to leave him to have many years without her, and that she felt that this was not how it should be.

But, we were making the best of it. In this intensity of Love that we had for each other-- and we were really sharing and showing how much we Loved

each other, we were **really** focused on loving each other, and being very kind and gentle with each other-- what I discovered for myself, is that Joy is **unconditional!** Joy **is** unconditional. Joy is a spiritual quality of God that is **always** available, if we are **willing** to experience it.

Because we were so focused on loving each other-- and here we were, in a house on an island off the coast of Maine, in the winter, so we're very isolated, just the three of us, day in and day out, and the hospice workers coming and going every couple of days and things--what I found was that I could love my mom, and she could love me. That we had no barriers to loving each other. We simply **allowed** each other to Love. We accepted it fully.

I found myself constantly putting lotions on my mom's skin, and tending to her, and massaging her feet and her arms, and and even her face, and giving her facials every day. All of these things to support her well-being. Very often, I would be in massaging her face and hands, and she would just be receiving it, fully. It's kind of like when a mother and child are looking at each other, and the child is a little baby, and there's just that happy symbiotic time. Well, we had that as adults, and it was extraordinary. Absolutely extraordinary!

One of the healings that took place, as well, was my mother's challenges with the relationship she had with **her** mother were also being healed. We were healing it **all**, for the whole family and our ancestors. It was a precious and miraculous opportunity that we **fully** took the advantage of.

When my mom made her transition, it was a beautiful sunny winter day in Maine, and there was a sense of Joy, even if there was sadness, and that's because of Love. So, Love is our **healer**.

Right now, I'm inviting you to have a Mother's Day makeover of your own. Live the Love and walk the talk.

### *Closing Prayer*

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Let's take that breathe together and **know** that it's already done in the Mind of God, and we accept it **fully**, and we give thanks for it. And so, it is. Amen.

Thank you! I love you, and I'll be back with you next week! Have a great Mother's Day!

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