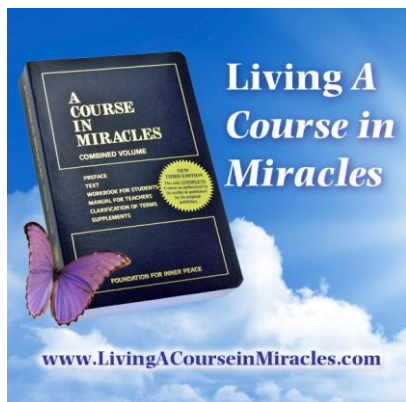


July 31, 2018



Cure for Abandonment Issues



 *Jennifer Hadley*
your daily shot of spiritual espresso

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July 31, 2018

Cure for Abandonment Issues

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Ah! Bonjour! Bonjour! Yes! I am so happy to join with you today! I'm still in gorgeous Vermont, in the beautiful Green Mountains.

This past weekend we had three days celebrating the Wisdom and teachings of indigenous elders from around the world, particularly Native American elders from various tribes. I am of the Cherokee tribe, my ancestors, and it's just a wonderful, wonderful thing! I love that ancient Wisdom. It's so pure and clean, and it's always in congruence with *A Course in Miracles*. They all know this is a dream! Let's not get caught in the dream! Indeed! Let's remember, we're all One! Yes, the truth is the truth! It doesn't matter who says it, it's still the truth, and I'm so grateful that we get to share the truth together, that we get to be uplifted and inspired together, that we get to remember our true nature together. So grateful that **this** is our Divine opportunity! So grateful! Very, very grateful! Mm-hmm! Yes!

Alright! So, let's do as we always do--let's pray!

Opening Prayer

We take a breath of Love and gratitude. I place my hand on my heart. We are grateful and thankful to open ourselves to an unprecedented, unlimited **new experience** of perfect Love, revealing itself in our heart and in our mind. We're taking the lid off! We're willing to live as our true identity. We're willing to live as our true nature and our true Self. We're willing to experience pure Freedom, the Wholeness reverberating through every cell, fiber, and function of our body temple.

So grateful and so thankful that we **can** say, "Yes!" to Infinite insight. We are grateful and thankful to allow ourselves to **recognize** that, right where

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we are, the Wholeness **is**, so we're grateful and thankful to consciously **know** the truth that sets us free.

We share the benefits with **all**. We **let** the healing be. And so, it is. Amen. Amen. Amen. Amen.

Podcasts, Transcripts, Text Messages

Yeah! I'm doing another topic that was asked for. People have written in.

You can write to Admin@JenniferHadley.com and make your requests of what you'd like me to do a show about. I'll do my best. Many times, we already have shows about that, so I'm just going to give you a heads-up tip: at LivingACourseInMiracles.com we have **so** many resources at LivingACourseInMiracles.com. We've got Study Group support. We've got a Study Group map. We've got free classes. We've got text messages. We've got all kinds of stuff.

And, if you're interested in the text messages, text "miracles" to 35227. Oh, now I'm wondering - is it "miracle" or "miracles"? [laughs] I'll have to remember. But, the number is 35227. I think it's "miracles" but I'll look it up later, during the break.

Anyway, at LivingACourseInMiracles.com/radio you can find every episode of this radio show. You can sign up for the podcast. You can download individual episodes. And, we're getting close to having all the transcripts done, so thank you, thank you, thank you to all the people who have contributed and made donations to the Power of Love Ministry! It's a tax-deductible contribution, by the way-- because that's how we're paying for all these transcripts to be produced. It's so helpful, because just think about it--for the deaf, they **only** have the transcripts.

And now, we're moving all the audios and the transcripts together to YouTube. We're almost ready to start posting those at YouTube, so we're going to put all the episodes of the radio show on videos at YouTube, so you can watch and listen at the same time. Because we have people in over 100 countries, well over 100 countries, listening to this radio show, and many of them are not English-speaking as a first language, so they'll be able to listen and read at the same time. **Very**, very helpful to them.

These are big projects that could only be funded by donations, so thank you for contributing, for those of you who have. And, if you can set up a

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monthly contribution, that's a great thing to do! Any amount is helpful. It just helps us to budget and plan, if we know what's going to be coming in, as you might imagine. So, 10 people, \$10 a month, that's \$100 a month. That makes a difference, you know? That'll pay for 1-1/2 transcripts, so there you go!

Having the Wrong Perspective

Our topic today came from a listener who asked about abandonment issues, so the topic today is *Cure for Abandonment Issues*. One of my favorite quotes--and I say "favorite", not because it's so beautiful or poetic, but because it's so powerful, so all-encompassing. When I first read this, it went right through me as such a **powerful** teaching, and it really has been one of the most transformative teachings in the entire *Course* to me. So, I was very happy to get this topic of abandonment issues.

Let's talk here about what abandonment issues are. I'm going to back it way up. My understanding, as I walk through this world and I learn from the Ascended Masters' sharing, and Jesus, of course, being one of the Ascended Masters. Mary Magdalene, Mother Mary, all the wonderful angels and Teachers in the invisible realm that speak to us **all** the time. So, I learn from them as I let go of all the blocks to Love in my mind, in my heart. I have more Clarity, and I can see, and hear, and feel, and know more clearly.

"Pain is a wrong perspective."

Also, I'm evermore grateful all the time. Being grateful lifts my vibration higher, which also gives me the ability to have more Clarity. When there's more Clarity, then we're not struggling with our perception quite so much. So, that's **really** helpful, because we can get so ensnared in our perception, our perspective. Right? Lesson 190,

"Pain is a wrong perspective."

We're interested in living in Joy, not in pain, so we're interested in **having** that perspective of Wisdom, of clear insight, of the truth that sets us free.

As I am traveling this road of awakening-- this Ascension pathway, as I frequently call it-- what I've recognized is that the decisions that I made in the past, doesn't matter when--a past life, a hundred lives ago, I don't know when, but **somewhere** I made decisions about life that weren't true. You

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know, we make decisions, like “Dogs aren’t safe. Dogs will attack you and bite you.” Because you get bitten by a dog, you make that decision about **all** dogs. You have a white person be mean to you, “**All** white people are vicious, selfish, capitalist--whatever.”

This is what we’ve done. You know, “I’m not worthy.” “I don’t deserve.” “Something’s wrong with me.” “I’m bad.” “I’ll never get enough.” “I’ll never be loved.” “I’m unlovable.” “There’s not enough.” “I don’t know how to--blah, blah, blah.” Just endless decisions. Not endless-- it’s definitely finite, but it feels endless sometimes, right?

Relinquishing the Past

But, there are many, many permutations, and we make these decisions, like “The child molester is **not** forgivable,” or “The rapist is **not** forgivable,” or “The one who betrayed me is **not** forgivable.” All kinds of decisions that we make about life, about ourselves, about others, about all manner of concepts and structures. And so, these **then**, when we incarnate, we bring them in as our belief system in order to **heal** them, in order to choose again, and that’s pure *A Course in Miracles*, though it’s condensed and it’s--you put all the pieces together. It’s **always** about relinquishing the past and the decisions we’ve made in the past.

*How do you know
things are true?
Because you can feel it.*

Pain is a wrong decision. It’s fear, upsets, wrong decision. We’re **never** upset for the reason we think. We think we’re upset because someone stole our car, but we’re **not** actually upset for that reason. We’re upset for the meaning we’ve made of it, and our interpretations. That’s why if you’re really living *A Course in Miracles* you’re going to be **extremely** mindful of **every** judgment, **every** opinion, **every** perception that’s not the pure, clear ringing bell of truth.

How do you know things are true? Because you can **feel** it. It’s the vibration of it. You **know** that you **know** that you **know**. Very different from perception. That’s why in this broadcast, week after week, if I don’t know it, I’ll say, “My perception is--” because I don’t need to make any false claims. It may be the truth, but if I don’t feel like I **know** it yet, I’ll still say it’s my perception, or it’s my understanding.

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Understanding and truth, different things. Very different things, and we're going for the truth here, because the truth sets us free from **all** perceptions, projections and limitations.

We bring into our life these abandonment issues in order to **heal** them. And so, what we may find in our life experience is that it **seems** like we're abandoned. Think of all these precious, precious, precious babies --babies! -- who have been taken from their parents and incarcerated, in a sense, and their parents are being deported. We've got, I think close to 1000 children, as of this day, who have not been able to be reunited with their parents. I heard on the news the other day that parents have to pay \$8 a minute to talk with their children, the poor people who are in--anyway, they're helping the world to learn compassion. Yes!

And, to help us decide that these things are not tolerable. We won't participate in them, that we won't fund them, and that we won't support the people whose ideas they are, and who are implementing them, and think that they're a good idea.

We can learn through pain, or we can learn through Joy. More people are more interested in learning through Joy, which is a wonderful thing. But, we're all still learning through pain, myself included! Still do it, here and there, from time to time.

"Pain is a wrong perspective."

Triggers Remind Us to Choose Again

We get triggered into these beliefs, these abandonment issues. We brought them with us for healing. If we **can**, number one, recognize that the abandonment issues we have, not to blame them on people we've known in this lifetime, but to recognize that the people we've known in this lifetime who may have **triggered** them are doing us a favor. Anybody who triggers us is doing us a favor. They're **helping** bring the darkness to the Light. They're helping bring the misperception to the truth. They're helping bring the false beliefs to the Wisdom mind, and it's **our** job to choose again, and they're helping us by triggering us to choose again.

We could have made the decision again, and again, and again, many lifetimes in a row. But **now**, we can fully and completely choose **again** by remembering the truth, valuing the truth. For me, the fastest path of

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healing is **always** going to be to call upon the Spirit to do the heavy lifting of figuring out where--because Spirit already **knows** where that belief came from. Spirit already **knows** how long we've had it, when it got started, and all the permutations and ramifications of our energizing it. Spirit has **all** that tracked in that One Mind of God, so **we** don't have to track it. We just have to be willing to let it go. That's our **only** job, is to be willing--**truly** willing. And even a little bit of willingness is truly willing. Yes! It's like a little bit of water is still water.

Let us open our minds to be **fully willing**, and every time we get triggered or fear we might get triggered or see any kind of abandonment issues on the horizon, or as a possibility, invoke the Higher Holy Spirit Self in to help with healing.

Calling God's Name

Another thing we can do is to call upon the angels, and that's one of my favorite things, is to do that, because it's tremendous. I've done, I think, a couple of radio shows about this over the years. It's about Lesson 183, about calling the name of God. I come back to it--

"I call upon God's Name and my own."

Lesson 183. It says in here, very clearly--and I think a lot of people take this as metaphor, but it's **not** metaphor. It's clear **instruction** from Jesus. He says

"Repeat the Name of God--"

One second here. Uno momento! Yeah. It's right in the beginning, so I'm just going to read this couple of paragraphs here.

"God's Name is holy, but no holier than yours. To call upon His Name is but to call upon your own. A father gives his son his name, and thus identifies the son with him. His brothers share his name, and thus are they united in a bond to which they turn for their identity. Your Father's Name reminds you who you are, even within a world that does not know; even though you have not remembered it."

We call God's Name. "God." That's it! So simple.

"God's Name can not be heard without response, nor said without an echo in the mind that calls you to remember. Say His Name, and you invite the angels to

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surround the ground on which you stand, and sing to you as they spread out their wings to keep you safe, and shelter you from every worldly thought that would intrude upon your holiness.”

Remembering our connection with Spirit, remembering to call God’s Name **whenever** we feel threatened. Whenever we sense that there’s a challenge, whatsoever, let us always call God’s Name, and let us **allow** and **invite** the angels to surround the ground on which we stand, and sing to us as they spread out their wings to keep us safe, and shelter us from every worldly thought, that would intrude upon our holiness. It **works!**

Angels Surround Us

The angels are there to run interference between **our** mind, which is the Mind of God, and the ego thought system. It’s like a firewall in a computer that protects the computer from viruses and attack. Right? So, think of that. Just imagine that in your mind. Just say the Word of God--“God. God be with me. Let me with God. Angels, surround me, sing to me.” Our willingness is all that’s required. This is the way I think of it in terms of the angels, calling upon the angels.

People in *Masterful Living*--there’s always a couple of people that tell me every year, they say, “Oh, Jennifer, when you started talking about the angels, I went ‘Oh, Lordy! Now what have I gotten myself into?’” But then, I just give them simple suggestions to call upon the angels. When you need assistance, when you feel lost, you feel frightened, you feel worried, you feel angry, you feel hurt, call upon the angels for assistance.

Whenever there’s attachments, there’s almost inevitably disappointments.

Don’t tell them what to do! Don’t! They know better! Please! Don’t ever give angels instruction. Just, “Angels, **help** me now! Angels, **show** me now! Angels, **teach** me now! Angels, **be with** me now! Angels, clear my mind of all that’s false!” We don’t need to be more specific than that, because a lot of times if we’re being more specific, we have an attachment to what the answered prayer looks like, and then there’s the **possibility** of disappointment. Right? Whenever there’s attachments, there’s almost inevitably disappointments. We’ve had enough disappointments! No mo’, no mo’, no mo’!”

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Let's just call the angels. "Angels!" Try it! Try it for a week. All day long, say "Angels, I'd love your assistance." "Angels, I'd love even to know that you're there." "Angels, I'd love a sign that everything is working together for my good." "Angels, I'd like more Clarity." "Angels, whatever help you can give me, help me to receive it!"

One I used to ask all the time was, "Angels, help me to know what to ask you for!" [laughs] "I'm just asking for help, because I don't even know what to ask you for. I'm just asking for help!"

And, you may not even feel you **need** help--ask for help, anyway! You may be having the best day of your life, but it could still get better! Because when we're having a great, great day, even if we're all by ourselves, it ripples throughout the Universe. Our Joy ripples throughout the Universe. Angels are on stand-by all the time.

Opportunities to Pray

I used to do a lot of service in the Prayer Ministry at Agape. I'd answer the prayer for hours at a time, and late at night, and early in the morning and stuff like that. I used to like to do early Monday morning. **Early** Monday morning, particularly early Monday morning the first Monday of the month, because a lot of people worried about paying their rent, they don't want to go back to their job, they've had a rough weekend, all kinds of stuff going on. So, that was my--I tried to be of the greatest service, so I liked to do first early Monday mornings.

And, people would call the Prayer Ministry, and at the end of the prayer I would say, "Thank you so much for calling. Please all again, often and soon!" They'd say, "Well, wait! Thank **you** for being there!" I'd say, "Well, but just think--I'm going to be here whether you call or not. You just gave me an opportunity to pray, and I feel better, too! So, please call often!" Yes!

And, we don't have to be in trouble to ask for prayer. I ask for prayer all the time, and I would ask that you include me in your prayers whenever you make prayers. Please include me, because I serve many, many thousands of people, and I do feel lifted and carried by God, and I'd like to be able to give even better to service to those I'm supporting. So, your prayers are very helpful in creating that ease and grace.

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The angels are already there. They're there to help us **all** the time, and they're standing by. Angels are standing by to help you. Like, "Operators are standing by," angels are standing by to help you, and they **really** are. They **really** are. And so, let's not have any unemployed angels anymore. Let's put them to work.

Jesus makes a number of references to angels, and this is one of my favorites, that one in Lesson 183. Call the Name of God, and the angels will surround you and sing that song. They'll open up their wings and sing that song, and they will run interference with the ego thought system, so we don't have to be stuck in that mindset.

I'm Jennifer Hadley. It's time to take a break. We're living the Love, and we'll be right back!

Thank you for tuning in for *A Course in Miracles; Living the Love, Walking the Talk*.

Training Our Mind with Triggers

Bonjour! Welcome back! You're listening to Unity Online Radio, *A Course in Miracles* with me, moi, Jennifer Hadley. We're Living the Love, we're Walking the Talk.

We were talking about angels. I'm going to go back to abandonment. These abandonment issues, I think it's very helpful if we can understand that they didn't come from this lifetime. No. It's the things that are happening in this lifetime are a--

Oh, my gosh! I have a **very** aggressive chipmunk trying to get into something over here, but it's too far for me to reach. [laughs] Dude! I call them all dudes! Hey, we're in the woods, in the mountains. The squirrels and the chipmunks rule here! [laughs]

These beliefs are getting triggered, so they can come up and be brought to the Light for healing. So, rather than react and make it real, we're training our mind, through the use of *A Course in Miracles*--it's a mind-training system that **works**--we're training ourselves **not** to react, to release the trigger.

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I've been training Spiritual Counselors for four years now--we have the next *Spiritual Counseling Intensive Training* in October, and we just have one or two days--two, three days left to the Early Bird special.

Oh, and by the way, I want to say I'm sending out an e-mail today. I've just got to finish writing it. Brilliant, genius spiritual inspiration, so three days--I'm putting out a three-day incentive, so you can check it out and see if it appeals to you.

Anyway, clearing. This is what I teach, fundamentally, because it has **completely** transformed my life and it has helped hundreds and hundreds of people in *Masterful Living*, in *Finding Freedom*. Hundreds and hundreds! A thousand people! **If** they do it. Of course, it only works **if** you do it.

But, it's **don't wrestle with the perception** of the problem! Just give it to the Holy Spirit. Every time you start to feel any little tiny twinge of it, "Holy Spirit, help me now! Angels! I call the Name of God. Surround me. Run interference. Take this pattern out of my mind, so I **never** think it again! Take every semblance of it from every cell, fiber, and structure of my body temple. This doesn't **apply** to me anymore. It has no **power** anymore. I withdraw my investment in it, **here and now!**"

Be very declarative. Remember, recognize, recall your spiritual power, your spiritual sovereignty. You are not **subject** to other people's beliefs unless you choose to. These false beliefs are **not** for you. They are not **yours**. They are not necessary.

We get identified with them, **but** that does not mean that they're **part** of us. I can wear a coat that I love that I feel like, "Oh, this is my brand! This is my style! This is my essence, and I **love** this coat! I love to wear it all the time, everywhere! It's so 'me'!"

But, it's **not** me, and it never **will** be. The same is true with beliefs and thoughts. They're like an old dirty coat that stinks. And just because we've been wearing it a very long time, and just because it helped us get through that winter, just because it kept us warm or dry on a really bad day, does **not** mean that it's **worth** keeping anymore. Give it away to the Holy Spirit.

There's no magic formula. There isn't, and there never will be. There's just us saying, "**No more!** I'm not subject to that anymore! I'm not interested in that anymore! I am **done** with that! I feel complete with that! Holy Spirit,

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take it out of my mind, so I **never** think it again! I am complete! It's over!
The time has come!" [claps hands]

Free to Believe as We Choose

In the *Text*, Chapter 6, Section 5, the--not Section 5. Section **I**. I don't know why I said, "Section V." Section **I**, *The Message of the Crucifixion*. Oh, I know! Paragraph 5. That's what I was thinking of here. Jesus says, and this is vital--

"I have made it perfectly clear that I am like you and you are like me, but our fundamental equality can be demonstrated only through joint decision."

So, we **decide** together. "Jesus, decide for me. Decide **with** me." The power of decision. **Let us decide with Spirit, not with ego!**

Oh, the sky is so great today!

"You are free to perceive yourself as persecuted if you choose."

You're free to think of yourself as **abandoned**, if you choose. Explore it as much as you like! And, you can stop when you choose. You really can. It might not **seem** like you can, but that's a belief. The truth is, you **can end it** when you're ready.

"When you do choose to react that way--"

Upset, hurt, angered, all of it.

"When you do choose to react that way however, you might remember that I was persecuted as the world judges, and did not share this evaluation for myself."

The appearance, as we might perceive it, is that Jesus was persecuted. Right? For **sure**, we would say that! He was hounded, he was attacked, he was murdered! He was crucified! Definitely we could say the Man was persecuted! But, that's not how He **evaluated** it. That's what He says, "I did not share this evaluation for myself."

"And because I did not share it, I did not strengthen it."

He's teaching us here about having dominion over our mind, and not strengthening the false beliefs by sharing them. He says,

"I therefore offered a different interpretation of attack, and one which I want to share with you. If you will believe it, you will help me teach it."

***If you will believe
it, you will help
me teach it.***

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As You Teach You Shall Learn

Let's-- even before we hear it, let's just **agree** we're going to help Him teach it. Right? That's going to be the wise move, to **agree** to help Him teach it. He says,

“As I have said before, ‘As you teach so shall you learn.’ If you react as if you are persecuted, you are teaching persecution.”

So, if you react as if you are abandoned, you are **teaching** abandonment.

“This is not a lesson a Son of God should want to teach if he is to realize his own salvation.”

Right? I'm going to invite you to just turn within here for a moment with me and see if you can think of some recent times when you reacted, feeling hurt, feeling abandoned, feeling attacked, feeling left, feeling-- reacting with guilt, or shame, or resentment, or regret. Just think about a recent time.

He's saying when you do that, and you talk about it with others, and you demonstrate it to others, you huff and puff around, or however you might be reacting, you are **teaching. You are teaching.**

“Teach only love, for that is what you are.”

Let's not teach that anymore. Let's make that--whoa! **Somebody** got that! I can feel that one! Let's not teach that anymore! Let's not teach the world **how** to react. Let's not teach the world **how** to be hurt, or upset, or angry, or resentful. It may **seem** like we don't have any choice, but we **do** have a choice! We can call upon the Spirit, we can call upon the angels, to help us, to support us, to strengthen us, to revive us, to run that interference with the ego thought system. We **have** the power! God is the only Power in this world. Love is the only power in this world. We're Love. That's what we are.

So, we **are** the Power of God in this world. Let's not behave as powerless people, subject to the ego thought system. The ego is **nothing!** It's just a thought system. We don't have to **agree** to it. Tyranny is a thought system. We don't have to agree to it. We don't! So, we can set ourselves free by giving the heavy lifting to the angelic realm, the Ascended Master realm.

Dude! Ah!

I love this part here. He says,

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Anger is Never Justified

“When you do choose to react that way, however, you might remember that I was persecuted as the world judges, and did not share this evaluation for myself. And because I did not share it, I did not strengthen it. I therefore offered a different interpretation of attack, and one which I want to share with you. If you will believe it, you will help me teach it.

“As I have said before, “As you teach so shall you learn.” If you react as if you are persecuted, you are teaching persecution. This is not a lesson a Son of God should want to teach if he is to realize his own salvation. Rather, teach your own perfect immunity, which is the truth in you, and realize that it cannot be assailed.”

It cannot be assailed. Not even possible!

“...teach your own perfect immunity, which is the truth in you, and realize that it cannot be assailed. Do not try to protect it yourself, or you are believing that it is assailable. You are not asked to be crucified, which was part of my own teaching contribution. You are merely asked to follow my example in the face of much less extreme temptations to misperceive, and not to accept them as false justifications for anger. “

Right? Think of the times when you feel **justified** being hurt, you feel **justified** feeling hurt, feeling angry, feeling resentful. You feel **justified**. You're going to withhold Love. You're going to let people know, “Eh! I don't like this! Eh! I don't like you! Eh! This is not good for me! Eh!” We try to punish people with our emotions, and our displays of emotion. This is what He's talking about here.

“You are merely asked to follow my example in the face of much less extreme temptations to misperceive, and not to accept--”

--these temptations to be upset--

“...as false justifications for anger. “

No **anger** is ever justified. This is what He teaches.

Look, I still get annoyed and frustrated, but there's **no** justification for it, and I **know** that, so I cool off very quickly, because I realize, “Oh! I lost my Peace! I'd like it back! Much better to be peaceful! Oh, for a second there, I thought this world was real! Whew! Okay! I'm back!”

But, I don't deny that I feel what I feel, but I also recognize that I can fan the fire of upset by thinking thoughts that are upsetting, and that's the only

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thing that ever upsets me anyway, is the thoughts that I'm thinking. It is never, ever, ever, ever, never, ever, never, never, never, ever, ever, never, never that we're upset because of what's happening in the world, or what's **not** happening in the world. That's not why we're upset. It's because of **our interpretation**, it's because of the meaning we make of it.

We must develop the spiritual maturity and the spiritual sovereignty to be able to recognize that and stop reacting, so that we can teach and learn simultaneously.

So, He says, stop justifying your upsets, basically. And then He goes on to say,

"There can be no justification for the unjustifiable."

Right? There is **no** justification for our upset. Stop thinking that there is! That's his next thought,

"Do not believe there is, and--"

Most, most, most importantly--

Resurrection is Remembering & Reawakening

"...do not teach that there is. Remember always that what you believe you will teach. Believe with me, and we will become equal as teachers. Your resurrection is your reawakening. I am the model for rebirth, but rebirth itself is merely the dawning on your mind of what is already in it."

It's reclaiming your Divinity. Resurrection is reawakening is rebirth. It's renewal. It's restoration of what's **already** been given.

"Seek and ye shall find--" in the heart. Look for the Kingdom within, because **that's** where it is! That's where it's **always** been, and that's the **only** place you can ever find it. There's **no** other location. The Kingdom of God is within us. He says here,

"God placed it there Himself--"

God placed the Wisdom, the Clarity, the Beauty, the truth, the Love--God placed it there Himself.

Resurrection is reawakening is rebirth. It's renewal. It's restoration of what's already been given.

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“...and so it is true forever. I believed in it, and therefore accepted it as true for me. Help me to teach it to our brothers in the name of the Kingdom of God, but first believe that it is true for you, or you will teach amiss.”

This is one of favorite parts here. This is what I was alluding to in the beginning. He says,

“My brothers slept during the so-called ‘agony in the garden,’ but I could not be angry with them because I knew I could not be abandoned.”

If you think of the night He spent in the Garden of Gethsemane there, before He was taken to be crucified, it’s been described that His--the apostles, His friends, slept during Jesus’ agonizing night in the Garden of Gethsemane, and that He was all alone, agonizing. He says,

“... I could not be angry with them because I knew I could not be abandoned.”

He says,

“I am sorry when my brothers do not share my decision to hear only one Voice, because it weakens them as teachers and as learners. Yet I know they cannot really betray themselves or me, and that it is still on them that I must build my church. There is no choice in this, because only you can be the foundation of God's church. A church is where an altar is, and the presence of the altar is what makes the church holy. A church that does not inspire love has a hidden altar that is not serving the purpose for which God intended it. I must found His church on you, because those who accept me as a model are literally my disciples.”

Can you hear that chipmunk that’s been all around me? He’s feeling frustrated. [laughs] Either that, or he’s laughing at me!

Abandonment is Not Possible

“Disciples are followers, and if the model they follow has chosen to save them pain in all respects, they are unwise not to follow him.”

This is the thing--why don’t people follow Jesus closely? Why don’t they follow the teachings of *A Course in Miracles*?

So many people, when I first started out, and started more widely sharing these teachings of *A Course in Miracles*, many people had been studying for a very long time, many years, even decades, and would come to me and say, “Jennifer, I never thought to **apply** these teachings the way you’re talking about!”

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It shocked me! It shocked me so much, because I thought, “Well, how else would you work with them?” I don’t **know!** I’m trying to envision or imagine what you would have been doing. People told me that they had just been reading, and studying, and learning. But the level of practice, **no**. So, that’s something to think about. The healing doesn’t come from reading the book. Healing doesn’t happen in the intellect, because the intellect is part of the ego experience.

We can transform the ego intellect by releasing all the attachments, so that the ego just becomes this device to help us experience manifestation in this world-- but without any divisiveness, without any separation, and that’s a wonderful thing.

That’s what I’m going for, because I’d like to stay here, quite frankly, for forever, if that’s--or, however long it is that I can be of service--hundreds of years, a thousand millennia. It doesn’t matter to me. I’m **happy** to be in this world, because now I know I’m not **of** it. I don’t identify with the world. I identify with Heaven and the Company of Heaven. I still have issues. I’m still letting go of that which is false, the attachments.

But, I don’t have a lot of craving. I’m not needing and wanting. I’m feeling really good about the flow of Love, and life that I’m experiencing, and I’d just like to be more effective at **sharing** it, at really **knowing** it and remembering it. And so, that’s where I place **my** attention. Our fast track is to give it to the Holy Spirit for healing.

This is what this whole thing about being abandoned, He says, “I could not be angry with the apostles for abandoning me, or betraying me, or anything like that, because I knew I could not **be** abandoned.” Likewise, he knew He could not be betrayed. He knew that everything was working together for His good, that everything had been gently planned, and that there **was** a Divine plan. What better way to demonstrate eternal life than to be crucified in public and arise from the dead days later, body totally transmuted, transformed, wounds healed, glowing aura?

It was all part of His mission. There was nothing wrong or out of place. He could not **be** abandoned, and neither can **we**. And, this is the **cure** for all abandonment issues, is recognizing that you **cannot** be abandoned! You can make the meaning that you **have** been abandoned, and you can be very upset and hurt by it and traumatized by it. But you can also give that to healing, to the Holy Spirit, and let it be healed. Yes!

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There you go! There you have it. The cure for abandonment.

Upcoming Retreats

I've just got a minute left here, and I'd like to share with you some things that are coming up. We have the Teacher Trainings with me and Jon Mundy, [Inspired Speaking, Teaching and Writing](#).

As I said, I'm sending out an e-mail today with an amazing offer that Spirit gave me. I've never made an offer like this before.

In the Fall, in October first weekend of October, my [Forgive & Be Free](#) retreat, which is so, so, **so** healing! I'm following it with my [Spiritual Counseling Training Intensive](#) quite purposefully, because I've learned that putting them together is profoundly healing for people. We do **such** deep work for about 10 days.

We're going to do 10 days of deep work, three separate retreats in August in Arizona--Inspired Writing, Inspired Teaching, Inspired Speaking, and you are welcome to join for one, two or three of them. We just have a great rate at a great resort. We have payment plans for the trainings, and we are going to dive deep!

A lot of Light Workers have such great skills and talents, but they don't feel qualified, and they don't feel **confident**, really, shining their Light in this world. That's what these trainings are about. I've had--we've got all kinds of people coming--ministers, and people who have never done anything like this before. It's wonderful mix of people coming, and you can come join us!

Likewise, with the *Spiritual Counseling Training Intensive*. We have all kinds of people come, people who are therapists for decades, and people just starting out.

Closing Prayer

Let's place our hand on our heart and be so grateful and so thankful that the Love of God is shining right where we are. Grateful and thankful to accept the Gifts of God and to teach only Love.

We share the benefits with all. We let it be. And so, it is. Amen!