

January 1, 2019



Rebirth & Renewal



 *Jennifer Hadley*
your daily shot of spiritual espresso

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Rebirth & Renewal.....	4
Opening Prayer.....	4
Effective Spiritual Practice.....	5
Living In the Holy Instant	7
Saving Time.....	8
The Time of Our Rebirth.....	10
The Power of Love is Our Power!.....	12
Making Our Life an Effective Spiritual Practice	13
Learning to Accept, Stop Trying to Get	14
Living in the Moment	16
Partner UP! We Are Not Alone.....	17
The Gift of Freedom.....	18
Upcoming Classes	19

January 1, 2019

Rebirth & Renewal

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour into a happy new year! Yes! It's January 1, 2019. It's a brand spankin' new year, and I am so grateful to kick it off with you.

I know you'll be joining me, probably, transcending time and space. Who knows when you may listen to this? But some will listen live, and we are grateful.

Ah! So grateful! So grateful to join together. I'm going to begin with prayer, as I always do. I kind of got lost there for just a nanosecond [laughs] in the Peace of God.

So grateful for the turning of the calendar page. Some people don't like getting older or time passing, but I've really learned that time is **nothing**. We are eternal, and the best **use** of time is being loving.

Opening Prayer

Let's place our hand on our heart and declare our willingness to be loving. We consciously attune to the Infinite Intelligence, the Pure Love of God that is **already** preinstalled, already our true nature.

So grateful and so thankful to consciously allow ourselves to experience the fullness of Love. This is what we're calling forth. We're Partnering UP with the Higher Holy Spirit Self, and we're calling for a rebirth, a renewal in the Spirit. We are consciously rebooting into our new year. We're allowing ourselves to begin again, to leave the past behind.

We share the benefits of our inspiration and our intention. Our aspirations are high. We share the benefits of our life of Love and transformation, healing and renewal with everyone, because we are One with them.

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So grateful and so thankful to simply **allow** it to be. We **let** it be. And so, it is. Amen. Amen. Amen.

Effective Spiritual Practice

Mmm! Deep breath for God! I remember reading that Doreen Virtue had said that the angels told her that “Inspiration comes in on the breath”. At least I think that’s where I first read it, and boy, it sure feels true to me! Just pausing to take a couple of breaths is something that I enjoy doing all throughout my day, part of my effective spiritual practice plan. That’s what we’re going to talk about today, because I don’t think there’s anything that can be much more helpful than having a spiritual practice that is **effective**.

Whenever I think about spiritual practice, I think of a conversation I had with David Hoffmeister in Hawaii some years ago, probably about five or six years ago now. It was one of the [Living A Course in Miracles classes](#) that we did. All those classes are available at [LivingACourseInMiracles.com](#). I remember we were sitting together. It was so lovely to do the class sitting together in the same room, and I believe the class was called something like “Spiritual Practice” or “Effective Spiritual Practice”.

*Spiritual practice is 99%
of what we put our
attention on.*

*Success is 99% spiritual
practice and 1%
spiritual study.*

Spiritual practice is 99% of what we put our attention on. Success is 99% spiritual **practice** and 1% spiritual **study**. A lot of people have it the other way around. [laughs] That’s what we were talking about in that class, and we see that a lot with *A Course in Miracles* peeps, because that book is so big and for many people, the book is quite cryptic, challenging. Totally understandable.

And, if you’re new to *A Course in Miracles*, or if you do feel the book is cryptic, and challenging, and hard to understand, here’s a tip for you -- the tip is “Ask the Holy Spirit to make it plain, to show it to you. Ask Jesus to make it **so** clear and **so** vibrant that you realize it’s written in your heart, it’s written in your soul. It’s not even on the page. It’s in the very nature and essence of your being, **because that’s where it really is**. [laughs]

When we’re willing to seek the Kingdom **first**, which is within, then everything about it is added unto us. So, if we’re looking to improve our life

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by making changes in the world, we're doing what I call "pushing density". We're trying to make it happen in the world of form **first**.

But that is not how the world of form **works**. Everything starts at the level of the mind, and that's why *A Course in Miracles* tells us all healing, every single bit of it -- financial healing, creative healing, physical healing, mental healing, emotional healing, all of it happens at the level of the mind, and then it ripples out into the world of form. The world of form is thoughts, words, actions, situations, circumstances, emotions. All of these things are the world of form.

That's why, in my yearlong *Masterful Living Course* -- which, today we have our first class, which is a bonus class. I've been doing a New Year's Day class, I think every year since 2009, and I love doing a New Year's Day Class. It's called *New Year's Reboot*, and it's a bonus class for everyone who's in *Masterful Living*.

Gosh, I **love** this New Year's Day! Mm-hmm. I'm alone up in Maine, at my family's house on Deer Isle, where I love to be. It's a cold, blustery, rainy, snowy, wintry day, and so I am doing spiritual practice and I'm sharing. How perfect! What a great way to start the new year! Mmm! Just feeling those blessings, sharing them with you.

*Spiritual practice,
putting my focus
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completely life-
changing.*

For me, I've definitely proven that spiritual practice, putting my focus and attention there, is good and life-changing, utterly, completely life-changing.

Now, the thing is, of course, **effective** spiritual practice. **Effective** spiritual practice. In fact, I'm going to share with you one of my favorite passages. It's from one of the sections that many people, the words stand out in their mind, but the meaning of it does not, and so people get confused. The section is from Chapter 18, Section VII, and it's entitled *I Need Do Nothing*, and people read that and think, "What?! How's that going to work? Girl, I've got laundry to do! I've got bills to pay! I've got to go to work! I've got to get these kids ready for school! Blah, blah, blah!"

Here's the whole gist of it, is really we don't **need** to do anything. We **can choose** to do all kinds of things, and let's do it from the heart. Let's do it

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because we would love to do it, because it's our delight to do it. Not because we need to or we have to.

Living In the Holy Instant

But, here's the thing about meditation that I'd like to share regarding effective spiritual practice. It's talking about the holy instant, which is what we were talking about last week, so that holy instant is that moment -- but it doesn't have to be a **moment**. We can keep it going, when you really **get** that you're not separate from God, and that all beings, all of life, is part of God and our experience -- the dream, the illusion, the experience -- is a projection of our minds. And, depending on whether we're experiencing Heaven or hell, we're either aligned with Spirit or aligned with ego.

It says here, this is again Chapter 18, Section VII and this is Paragraph 4,

"It is impossible to accept the holy instant without reservation unless, just for an instant, you are willing to see no past or future."

Just **willing**.

"You cannot prepare for it without placing it in the future."

You can't prepare for the holy instant. You just have to be **willing** to see no past or future, so this is something you can practice.

How do you practice it? For me, you can sit in a chair, you can go for a walk in the woods, one of my favorite things, or on the beach, and just -- or you could do this, absolutely you could do, it while you're waiting for your espresso Americano, which is my favorite at Starbucks, and you're standing there just waiting for the barista to make that pure gold liquid for you -- just be willing to see no past or future in that moment, and you can have a holy instant. It says,

"You cannot prepare for it without placing it in the future. Release --"

-- from the past and the future,

"... is given you the instant you desire it."

Ah! A clue!

We don't need to do anything.

We can choose to do all kinds of things, and let's do it from the heart.

Let's do it because we would love to do it.

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“Many have spent a lifetime in preparation, and have indeed achieved their instants of success.”

Saving Time

Think of it. If you’re spending a lifetime in preparation for Enlightenment, it’s always in the **future**. Right?

“This course does not attempt to teach more than they learned in time, but it does aim at saving time.”

He’s going to tell us here how to **save** time. He’s saying, “You can spend your time **preparing** for awakening, **preparing** for the Atonement, **or** you can just do it right now. You can just be willing to see no past or future right now. No preparation is needed. This is what He’s saying.

This course does not attempt to teach more than those people who did it **that** way, learned in time, but, it does aim at **saving** time. This is what the *Course* is about, saving time from suffering. That’s why **studying** it is not going to save time from suffering. **Living** it saves time from suffering. Living it, practicing it. It says, He says,

“You may be attempting to follow a very long road to the goal you have accepted.”

Maybe you have accepted the goal of the Atonement -- the Atonement meaning when we accept the Atonement, we’re accepting that we’re not separate from God, nor **could** we ever be, **have** we ever been, **will** we ever be. It’s not a possible thing. That is accepting the Atonement for ourselves, that we’re not separate from each other or from God. It says,

“You may be attempting to follow a very long road to the goal you have accepted. It is extremely difficult to reach Atonement by fighting against sin.”

It doesn’t sound like any fun, either. If we’re trying to undo our sins, we’re actually **affirming** them. ♪Wah wah wah!♪ [laughs]

“Enormous effort is expended in the attempt to make holy what is hated and despised.”

You can spend your time preparing for awakening, preparing for the Atonement, or you can just do it right now.

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We're trying to make holy our body by eliminating the sins -- so, eliminating the attractions, sexual attractions, sexual inclinations, desire to overeat, overdrink, over-smoke, overwork, over-exercise. All these many, many things, He's saying,

"Enormous effort is expended in the attempt to make holy what is hated and despised."

So, when we're putting in this tremendous effort to stop everything "**bad**", we're actually **affirming** its "badness" in our mind. Then He says,

"Nor is a lifetime of contemplation and long periods of meditation aimed at detachment from the body necessary."

People meditate for different reasons. I like a contemplative meditation, a union meditation with Spirit. The meditations where we're fighting with the mind that's, to me, not effective spiritual practice. Maybe somebody else would feel differently. I don't -- hey! Do as you wish.

However, I like to be in a constant connect with Spirit all day long, and many times it's so helpful just to sit and be quiet with Spirit. But, if it triggers things that "I'm doing it wrong" and if it's triggering me, "Oh, I should be doing more of that, and I'm bad because I'm **not** doing more of that," none of that is helpful to me. None of that is in alignment with my goal, and therefore all my thinking around it, which is also part of my spiritual practice, is not **effective** spiritual practice. He does say,

"All such attempts will ultimately succeed because of their purpose. Yet the means are tedious and very time consuming, for all of them look to the future for release from a state of present unworthiness and inadequacy."

That's the thing. We don't **want** to do that, and that's why He goes on immediately to say,

"Your way will be different, not in purpose but in means. A holy relationship is a means of saving time."

He tells us in the *Course* that relationship is the **greatest** tool that we have for healing our mind, and that healing then ripples out to everyone, everywhere. So, every single trigger that we have -- every upset, every

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A Course in Miracles Weekly Radio Show with Jennifer Hadley

irritation, every disappointment, every relationship “problem” that we think we have -- **all** of it is perfectly designed by One Whose only purpose is our good to help us do the healing at the level of the mind. Every trigger, every relationship, upset and trigger is perfectly designed to support us in choosing the other way, and choosing to relinquish the decisions that **we** have made about pain and suffering that we don't need anymore.

The Time of Our Rebirth

Now, let's step into that time of rebirth that He talks about in Chapter 15, Section X. He begins the Section, which is *The Time of Rebirth*,

“It is in your power, in time, to delay the perfect union of the Father and the Son. For in this world, the attraction of guilt does stand between them. Neither time nor season means anything in eternity. But here --”

In this world,

“... it is the Holy Spirit's function to use them both --”

Time and season,

“... though not as the ego uses them. This is the season when you would celebrate my birth into the world.”

Right? He's talking about Christmas time.

“Yet you know not how to do it. Let the Holy Spirit teach you, and let me celebrate your birth through Him. The only gift I can accept of you is the gift I gave to you. Release me as I choose your own release. The time of Christ we celebrate together, for it has no meaning if we are apart.”

“The holy instant is truly the time of Christ. For in this liberating instant no guilt is laid upon the Son of God, and his unlimited power is thus restored to him. What other gift can you offer me, when only this I choose to offer you? And to see me is to see me in everyone, and offer everyone the gift you offer me.”

That is how to have a holy relationship, to see Jesus in everyone and to see everyone in Jesus, because we are **all** the Christ. What *A Course in Miracles* refers to as the “Son of God”, which is humanity, the Son of God **is** the Christ.

“The holy instant is truly the time of Christ. For in this liberating instant no guilt is laid upon the Son of God, and his unlimited power is thus restored to him.”

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The unlimited power is the power of Love.

Let's just do this here, right now. Let's be **willing** to see no past or future, and let's call upon Jesus and the Holy Spirit to show us the holy instant now. Be willing to practice the holy instant **now**. We can hold in our hearts and in our minds that Jesus is One with every person that bothers us, Every person we feel upset by, they are One with Jesus, just as we are. "What you do to the least of them, you do to Me." He says,

"And to see me is to see me in everyone, and offer everyone the gift you offer me."

What is that gift that we would offer Jesus? Would it be friendship, Love, admiration, respect, to revere? You can see how practicing this would go against every, every, **every** part of the ego thought system.

It's very challenging to practice this on our **own**, and while *A Course in Miracles* is definitely a **self**-study *Course*, the holy relationship is the means of liberation, so it's relationship with **others** that is the means of our liberation. Mm-hmm!

I know that's why I was guided to offer my yearlong [*Masterful Living Course*](#), and this is Year 11 starting today. The first class is not until January 14th, but this is a bonus class, so I think of it as a start. Mmm! Yes! Registration for *Masterful Living* is open until January 14th. I do invite you to consider joining us. It's **so** worth it, and there are many, many components to the class, many, many ways to support, but **nothing** is required.

Ah! I love *A Course in Miracles*! I'm so grateful that it's in my life, that it's in my hand right now. So grateful!

I'm Jennifer Hadley, and you are listening to *A Course in Miracles* Online Radio with Unity. We're walking the talk, we're living the Love, and I'll be right back!

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Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

The Power of Love is Our Power!

We're back! Yes! The Joy continues. **So grateful!** Mm-hmm! **So grateful!**

We're talking about "Rebirth and Renewal" and we are looking at the section in the *Text* that is from Chapter 15, Section X, *The Time of Rebirth*. Yes.

"The holy instant is truly the time of Christ. For in this liberating instant no guilt is laid upon the Son of God, and his unlimited power is thus restored to him. What other gift can you offer me, when only this I choose to offer you?"

A life without guilt. It's so ingrained in the ego thought system, which is **not who** we are, it's **not what** we are, and the ego thought system has **no** power. God is the **only** power. The only power there is, is the power of Love.

*The power of Love,
the Power of God,
that is your power!*

When we take that power of Love and we shine it into the ego thought system, then it all **seems** so real! It all **seems** to have so much power. Just like if you have a puppet that you put your hand into. If you animate that puppet, that puppet **seems** to have life. That's how the ego thought system works. If you put your awareness and attention into it, if you energize it, it **seems** to be powerful, but the power of Love, the Power of God, that is **your** power! That's what He's saying here. He is saying,

"The holy instant is truly the time of Christ. For in this liberating instant no guilt is laid upon the Son of God, and his unlimited power is thus restored to him."

The invitation here is to have a living spiritual practice that is highly **effective**. That living spiritual practice that is so highly effective is interrupting the patterns of the ego thought system that we've become addicted to, that have become habitual, that we've become identified with. It's to interrupt that identification with a small, selfish, separate, lacking, limited, unpowerful self.

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We've learned **so** well to **interpret** what we **think** we see, to affirm and energize what we don't like and what we don't want, and thereby magnifying it and magnetizing more of it **to** us. So, if we believe we are unworthy of Love, that there's something wrong with us, that we are deserving of punishment, we will manifest and demonstrate **experiences** that **seem** to prove it. This is what I was saying before, when I was saying if we're trying to change the **world** in order to improve our lives, we're doing it backwards.

*If we're trying to
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backwards.*

Now, that said, yes, we **do** get inspired and guided to make changes in the world, and that's when we are really tapping into the creative power of Love.

Making Our Life an Effective Spiritual Practice

That's the focus of this Power of Love Ministry that I started some years ago, and that we now offer everything through. I started doing things on my own -- like I started my [Daily Prayer](#) offering in 2007, recording a daily prayer pretty much every day since then. I took a two-week hiatus once, just to see, just to see what I could learn. I love doing the [Daily Prayer](#). I get to pray with thousands of people all over the world who will listen when they listen.

You can also get that prayer podcast, and you can subscribe to getting that prayer in your e-mail. It's my "[Daily Shot of Spiritual Espresso](#)" and it comes with written inspiration I write, a daily blog. Sometimes I re-write them and recycle them, for sure, and I enjoy doing that, too, as part of my spiritual practice, the daily inspiration, the daily prayer.

I'm really interested in having my **whole life** be a spiritual practice that, even if I'm watching Netflix or having dinner with friends, no matter what I'm doing, it's all part of my effective spiritual practice, that I am not putting my spiritual practice to the side, not putting it on hold.

This **does** take discipline, and what I have learned, particularly doing *Masterful Living* and also doing so much on my own -- because, for many years I did a lot on my own, a lot of learning, a lot of discovery, meaning

A Course in Miracles Weekly Radio Show with Jennifer Hadley

not really in community -- I've learned that community definitely makes it so much more **fun** and so much **easier** to not forget.

Also, one of the things I've learned is that -- I love this! Whenever I do a retreat, it really stands out, or when I do my [*Forgive & Be Free*](#) workshop, it really stands out that, after we start doing some work and sharing that work, the inner work that we're doing, always someone will come to me on the side, or maybe they'll say it in the group, they'll say, "Okay, when I walked in here, when I started this class, I really was 100% convinced that I was the **only one** that felt this way or thought this way. I really -- I felt **certain** of it. But now I see, oh, my God! This is everyone! This is how we all are!"

That clear understanding and awareness, when it's **not** intellectual, is deeply healing, because part of the ego thought system that is effective **ego** practice is to look for specialness wherever it can be had. So, specialness because there's special Love or special hate. "Nobody else can love me the way they love me." That's special love, right? "Nobody else bothers me as much as that person bothers me." That's special hate.

The ego is always looking for specialness, and the Spirit is always pointing out the sameness.

The ego is always looking for specialness, and the Spirit is always pointing out the sameness. One of the great benefits of really having a strong and powerful spiritual community to work **with** and together is that we see how alike we are, and we inspire and encourage and Love each other.

Learning to Accept, Stop Trying to Get

And so, in a spiritual community, people are much more willing to **accept** Love, to **accept** compassion, to **accept** kindness, and caring and support. Oftentimes, in families and friendships and workplaces, people do not feel **worthy** of receiving the kindness, the compassion, the Love, the support, the nurturing, the care, so they will **reject** it.

But in a spiritual community, it's part of the spiritual practice to be **receptive** to the Love. If you're in a spiritual community where you give,

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and give, and give but you're not receiving, then there's something out of whack there.

Because I used to see that in spiritual community all the time, that people were giving, giving, giving, giving without receiving, and then what's really going on there is there's a giving in order to get. It's a **manipulation**. So, I am folding the programs, and setting up the chairs, and cleaning up the kitchen, and baking the cookies, and shoveling the driveway, and I'm doing all of this in order to **get** some kind of affirmation. If we're not receiving, really **receiving** from the community, and feeling inspired and uplifted, but we're just giving in order to get, that is actually **not** helpful.

Sometimes in working with counseling clients who over give and overserve because it's part of their identity, they don't know who they are **without** it, they don't feel **valid** without it, I've invited them to just take a fast, take a timeout. "Don't do any service for three months." "Three months!" They get all bothered. "No, no, no, no, no, no! You don't understand!" and they start making all these excuses of why they **have** to do it.

In a spiritual community, it's part of the spiritual practice to be receptive to the Love.

It's just looking deeply -- what are the motivations? You see, this is part of our effective spiritual practice, and this is something we do a lot of in *Masterful Living*. In the beginning of the year in *Masterful Living*, there's more work, because people aren't used to being that introspective and **really** looking at, what do they **think** and what do they **feel**? What are their **motivations**? **Why** are they doing what they're doing?

If they haven't been looking at it, really looking at it can be shocking, it can be upsetting, and it can feel exhausting. But, **it is** a path of liberation. In *Masterful Living* we train ourselves to look at **everything** without judgment, and be in the place of just noticing. Right?

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Living in the Moment

In the first part of this episode, I was talking about -- well, the *Course* was talking about being in the holy instant, not in the **past** and not in the **future**, but just in this moment right now without the **influence** of the past or the future.

Now, **we** don't really know how to do that, but the Holy Spirit knows how to do that **for** us, **with** us, **as** us, so we can join with the Holy Spirit with a high intention to see beyond time and space in this holy instant. And then, we can learn to stay more in that place of not being influenced by the past, and not trying to get something in the future, or be something in the future, but simply to be ourselves right now. In **that** is our Freedom. **That's** where the Peace of God lies. **That's** where Prosperity is. **That's** where healing is.

*I'm just going to
recognize my
holiness now.
Instead of thinking I
have to earn it,
I'm going to be
willing to recognize
it's already here.*

It does seem very difficult to get there **because** we're trying to do it alone, and that's what He tells us in the *I Need Do Nothing* section is, "Yeah. You can spend a lifetime, and you will have **some** success trying to do it alone, because your purpose, your intention is strong and you're energizing it. But, you don't **have** to do it alone. There's no extra points at all!"

This is like Jesus' parable of the day laborers, that no matter what time people arrive to labor in the field, they got the same amount of pay. Right? Whether you labor for lifetime after lifetime, trying to eliminate sin, your "sin-nish" way, and be holy, you're going to get the same Heaven that people get who say, "You know what? I think I'm just going to recognize my holiness now. Instead of thinking I have to **earn** it, I'm going to be willing to recognize it's **already** here, and that everything I think is not holy about me is made up, it's an illusion, it's **not real**. Everything that I think I've done wrong is part of an illusion. It's **not real**, so I've given everything in my life all the meaning that it has for me. I've given everything in my relationship all the meaning that it has for me. I've given everything in my heart all the meaning that it has for me, and I can give **all** of that to the Holy Spirit for healing." **That's** an effective spiritual practice right there. **That's** what I share. **That's** what I do. It works **so** well!

A Course in Miracles Weekly Radio Show with Jennifer Hadley

It does mean giving up everything we **think** we made, meaning all the opinions, all the judgments, all the beliefs, all the attitudes, all the triggers, all the irritations, regrets, all the guilt, all the blame, all the shame, all the hurts. You have to give them **all** to the Holy Spirit for healing.

Partner UP! We Are Not Alone

But see, most people don't want to do that, because they have built their **identity** around these things -- the sinner, the sufferer, the martyr, the victim. It can be healed in an instant.

But you know we have free will, so we can do the slow-drip method. But the **effective** spiritual practice is to Partner UP with the Holy Spirit every moment of every day, and to recognize that if we don't feel good, we've gotten out of the partnership, we've gone rogue, we've gone off the trail. We've gone **rogue!** "Danger, danger, danger, Will Robinson!" Right? Remember *Lost in Space*? Lost in time and space. I used to say that to myself. I still say it occasionally. "Danger! Danger, Will Robinson!" "*That way madness lies.*" Combining *Lost in Space* with *King Lear*! I love it! [laughs]

"We who are one cannot give separately. When you are willing to accept our relationship as real, guilt will hold no attraction for you."

This is what Jesus tells us in *The Time of Rebirth* section, Chapter 15, Section X, Paragraph 3.

"We who are one cannot give separately."

This is what Jesus is saying to us. He says, right here,

"When you are willing to accept our relationship as real, guilt will hold no attraction for you."

In *A Course in Miracles*, Jesus advises us to say to the Holy Spirit, to say to Jesus, Himself, the Ascended Master, Jesus, "**You** decide for me. I'll make no decisions for myself anymore. **You decide for me.**"

So, let's begin this year with being willing to accept that our relationship with Jesus is **real**. Let's make that a daily affirmation. "Jesus, my relationship with You is real. Help me to **know** it. Help me to **feel** it. Help me to **see** it. Help me to always, always **value** it."

*Let's begin this year
with being willing to
accept that our
relationship with
Jesus is real.*

A Course in Miracles Weekly Radio Show with Jennifer Hadley

And then, we can go into a time of stress or strain, fear, worry or doubt and say, “Jesus, I’m feeling strain, and stress, and worry, and doubt. I must be thinking I’m on my own. Help me to remember that my relationship with You is real, and that I can never, ever be alone. I can **think** I’m alone, but I can’t actually **be** alone. This is the teaching of *A Course in Miracles*. Let me truly live it.”

The Gift of Freedom

“When you are willing to accept our relationship as real, guilt will hold no attraction for you.”

It’s the **guilt**, the underlying guilt that causes all problems, all illness. He says,

“For in our union you will accept all of our brothers. The gift of union is the only gift that I was born to give. Give it to me, that you may have it.”

“To have, give all to all,” is another way He says it elsewhere.

“The time of Christ is the time appointed for the gift of freedom, offered to everyone. And by your acceptance of it, you offer it to everyone.”

“It is in your power to make this season holy, for it is in your power to make the time of Christ be now. It is possible to do this all at once because there is but one shift in perception that is necessary, for you made but one mistake. It seems like many, but it is all the same. For though the ego takes many forms, it is always the same idea. What is not love is always fear, and nothing else.”

Every problem that we have and every mistake that we think we made is just an affirmation of separation, and the antidote is to recognize one shift in perception is necessary for the healing.

So, every problem that we have and every mistake that we think we made, every single bit of it, is just an affirmation of **separation**, and the antidote to that is to recognize **one** shift in perception is necessary for the healing. We don't have to know **how** to have a shift in perception. We just have to be **willing** to stand in the holy instant and say, “I no longer value the past. I no longer value the future. I **only** value the Love that is now. Now. And

***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

this relationship with You, Jesus, Holy Spirit, **is** my relationship with everyone. I am willing to have a holy relationship with **all** of life, with **every** being. I am willing to walk in the world as the Holy Love of God **already** made manifest. This is who I **am**. I am **already** as holy as holy can be.”

Whew! That feels so good, doesn't it?

People sometimes ask me, “Where does it say in *A Course in Miracles* “I am already as holy as holy can be.”? It doesn't. It's just my way of saying these many things. I like to just make it short, and sweet, and simple for myself. “I'm already as holy as holy can be.”

Upcoming Classes

Yes! And that's what this year is about. I'm inviting you to join me in [*Masterful Living*](#). We begin January 14th. Registration closes January 14th. It's an **amazing** ride, amazing, amazing experience every single year! It improves the quality of my life. If it calls to you, I know you'll join us. **Don't delay!** Read everything that's written on my webpage at JenniferHadley.com about *Masterful Living*. If you will, **please** consider joining us.

Thank you to all the people who contribute to make this radio show possible. Thank you to all the people who contribute to making it possible for us to transcribe, and offer the [free text messages](#) and the free classes.

I have a new free class that's coming up. It's my [5-Day Challenge](#). I'm doing it anew the week of January 7th to the 11th, so check that out!

I know we're blessed! I know we're a blessing. Have a beautiful rest of your year! Mwah!