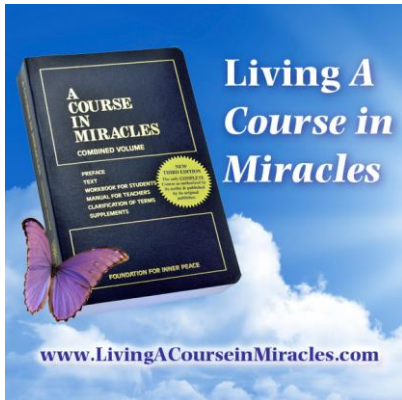


February 23, 2016



How to Have a Happy Relationship



 *Jennifer Hadley*
your daily shot of spiritual espresso

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February 23, 2016

How to Have a Happy Relationship

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the course, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour! The sun is rising here in Kauai. It's quite gorgeous. I'm very happy to join with you today. I'm Jennifer Hadley, and our topic is "How to Have a Happy Relationship." Yes!

I'm so grateful that *A Course in Miracles* gives us **really** clear instruction. We don't have to figure it out and we don't have to figure out **how**. All we have to do is **allow** ourselves to experience it.

This being the month of February, I've been focusing on relationship, as I have done pretty much every year in this radio show. I think all but one year I've focused on relationship in February, and I always come back to relationship several times throughout the year.

This is, I believe, Episode 228. We've been here every week, pretty much, for a number of years, now, and you can receive **all** of these episodes, totally for free, and one of the easiest ways to do that is to sign for the podcast. If you're an Apple/Mac person, you can do it through [iTunes](#) very easily. Of course, you can use iTunes on any PC. If you're an Android person, you have an Android phone, Stitcher is the way to go.

These links are available. You can get them through the radio show on the links on the [Events](#) page at [JenniferHadley.com](#) at [Unity.FM](#) on the show page, and you can go direct to Stitcher, you can go direct to iTunes. Every Tuesday in my blog, "[My Spiritual Espresso](#)", I always put the links to the radio show and how to download.

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Also, I'd like to ask you, if you're a Facebook person, we have a [fan page](#) for this *A Course in Miracles* radio show. If you would become a fan of the [page](#), that would be great! We post old episodes there and other kinds of fun things there, sometimes my videos and my daily blogs. If you'd like to become a fan of the radio show, that can be another resource for you.

I think it's time to pray. I invite you to place your hand on your heart. We're going to bless ourselves as we listen to what the Holy Spirit has to say this week in "How to Have a Happy Relationship".

Opening Prayer

With my hand on my heart, I'm so grateful and thankful to recognize the Holy Spirit as my guide.

Ah! I take a breath of Love and gratitude, and Partner UP with the Higher Holy Spirit Self, placing the Holy Spirit in charge of my life. I am here to be truly helpful, so I am willing to hear, to know, to feel, to sense, to experience the Holy Spirit leading and guiding me in **everything** that I say, everything that I do, every choice that I make, every thought that I think.

I am grateful and thankful to hand my **entire** life and being over to the Higher Holy Spirit Self, the great and mighty I AM that I AM.

Taking this breath of Love and gratitude, we dedicate ourselves to being a loving presence, to being truly helpful in **all** of our relationships. We dedicate ourselves to **allowing** ourselves to have happy relationships, fulfilling relationships, holy relationships.

We let the Holy Spirit do the heavy lifting, and we're grateful and thankful to **allow** our healing to be. We share the benefits with all beings, because we're One with them.

In deep and abiding gratitude, we allow our healing to be. And so, it is. Amen. Amen. Amen.

Recognizing Codependent Relationship

Yes! Alright!

A major thing in having happy relationships is to recognize our codependency. Codependent relationships are special relationships, unholy relationships.

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We're looking, this week at in Chapter 17, which is called *Forgiveness in the Holy Relationship*. We're looking at Section IV, *The Two Pictures*.

It starts off really beautifully and clearly. One of the things to understand is, we are expressions of God, we're emanations of God, we're aspects of God, we're **part** of God. Inseparable and yet, we, in our minds, **chose** to have an experience of separation, and so this world was created for us to **have** that experience of separation.

We **can** make it an experience of expressing God and being fully aligned with God, and that is our holy purpose, which is to choose the Atonement for ourselves. The Atonement is the **full** recognition that there has been and never was, nor **will be**, any **actual** separation -- only the experience, only the **illusion** of separation, which is for our learning, our discovery. In experiencing the pain and suffering of separation, we discover how much we **value** and Love the unification, the Unity of all life.

We're finding our back through **choosing** Love, **extending** Love, compassion, kindness, gentleness, Harmony, Peace, and all the spiritual qualities of God that **are** our true nature.

A Course in Miracles talks about these spiritual qualities, and our expression of them, as being the Great Rays. Our natural state, *A Course in Miracles* tells us, is that we are Light, we are Light Being. We **are** these Great Rays, these expressions of God's Divinity.

The fullness of God's Divinity is what we **already** are, and that can **never** be diminished ever, ever, **ever!** It can **never** be broken. We can **feel** broken, we can **feel** diminished, we can **feel** separate, and we **will** if that's what we're choosing to place our **attention** on. Because in this world, what we **think** about, we **bring** about. What we believe, we **will** experience. It's all about training our mind to remember the truth that sets us free.

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"Sickness is a defense against the truth."

When we are sick in our heart, in our mind, in regard to our relationships, we're **affirming** the separation. We're affirming that we **value** the separation. **The most damaging thing we can do in our path of awakening and Wholeness is to judge other people and ourselves.**

Having holy relationships **requires** us to give up the codependent habits and thinking of lack and attack in regard to ourselves and other people.

The Two Pictures begins this way,

"God established His relationship with you to make you happy, and nothing you do that does not share His purpose can be real."

Anything that we're doing that **doesn't** make us happy, doesn't help us to experience our natural state as pure Joy, **that is unreal**. It's part of the illusion. But everything where we experience Love and happiness is **real** and it's lasting, it's permanent, and that's why Love is our healer, Love is what's real. Love can **never** be harmed, or diminished, or depleted. It says,

"The purpose God ascribed to anything is its only function."

Ego Makes, Spirit Creates

This is our function is to teach only Love, for that is what we are. It says,

"Because of His reason for creating His relationship with you, the function of relationships --"

And it means **all** relationships,

"...became forever 'to make happy.' And nothing else. To fulfill this function, you relate to your creations as God to His. For nothing God created is apart from happiness, and nothing God created but would extend happiness as its Creator did. Whatever does not fulfill this function cannot be real."

Anything we're experiencing, any thought we have that does **not** make us happy is **not** an extension of God. It's **not** part of our function here. It's not part of our **true** reality. It's part of the illusion, and we can **stop** identifying with the illusion. We can stop identifying with the false thoughts. It says here in Paragraph 2,

"In this world it is impossible to create."

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That's one of the tenets of *A Course in Miracles* is, **all** creation is Love, Joy, Peace, Harmony, Beauty, Truth, Wisdom, Clarity, Purity, and Freedom, the spiritual qualities, Abundance, Prosperity. In this world, we can **make** things in form, we can **make** our experiences. It distinguishes between what the **ego makes** and what the Spirit creates.

"In this world, it's impossible to create. Yet it is possible to make happy."

Isn't that the good news? We actually **can** make happy! We can make ourselves happy, **if** we choose, and here's the recipe -- Jesus says,

"I have said repeatedly that the Holy Spirit would not deprive you of your special relationships, but would transform them."

As long as we'd like to have special, unhappy, unfulfilling relationships, we **can** have them, as many as we like. And, as soon as we're ready to have fulfilling holy relationships, the Holy Spirit **will** transform them **for** us. It goes on to say,

"And all that is meant by that is that He will restore to them the function given them by God. The function you have given them is clearly not to make happy. But the holy relationship shares God's purpose, rather than aiming to make a substitute for it. Every special relationship you have made is a substitute for God's Will, and glorifies yours instead of His because of the illusion that they are different.:"

*If it's not making you
happy,
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separate will.
You're using your
free will to
experience
separation.*

One of the most powerful ways to **activate** the Holy Spirit's transformation of your relationship from unhappy to happy is to, **all day** -- seriously! All day -- say this to yourself in regard to **anything** to makes you unhappy -- "Thy Will be done. **Thy** Will be done. Thy Will be done on Earth, as it is in Heaven. Thy Will be done. Thy Will be done."

If it's not making you happy, you're trying to work a separate will. You're using your free will to **experience** separation. You **can** use your free will to align with Divine Will.

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The Illusion of Free Will, the Reality of Oneness

Now, here's the thing -- free will is an **illusion**. The **appearance** of it exists in this world. Only the appearance of your free will exists in this world.

You can use **your** Divine Will, which is your expression of God's Will in this world, to make yourself miserable, and if you **are** miserable, that's **exactly** what you've done. But you can **use your will** to align with Divine Will because, in truth, there's **only** God. There **is no** separation, so there **is** only Divine Will, and this is one of the key messages of *A Course in Miracles*.

"Thy Will be done, " scares a lot of people. "What if God transforms my relationship in a way I don't **like**? What if the holy relationship is something I don't **want**?" Well, **who are** you then? Are you the ego, or are you an expression of God? Because the holy relationship **will** make the ego unhappy, but if you become unidentifed with the ego, you will not experience the unhappiness. The ego, in truth, is **nothing**. It is **not** a being, and it is **certainly** not who you are. The ego is a **thought system** that keeps the **experience** of separation in place. The ego is not a being, but we experience it as the lower, selfish, unhappy, unkind, unloving separate self.

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*It is our best tool in this
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The path to a happy relationship is the holy relationship. It is our **best tool** in this world, is to **allow** our relationships to be made holy.

Now, I can honestly say that I turned all my relationships over to the Holy Spirit, and what I experienced was transformation in **every** single one of those relationships. Some of them transformed in such a way that I'm not in contact with those people anymore. There's just no real sense of connection with them. But my thoughts **toward** them and **about** them are loving and peaceful, so when they **do** come into my mind, I think, "Oh, yes! There is my brother and my sister that I love!" and I feel content and peaceful with the status of our relationship.

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Now, some of those relationships, when I turned them over to the Holy Spirit, I never imagined that it could really happen so quickly or so **thoroughly**. Some of those relationships, I really had an idea of **how** I wanted the relationship to be. I **really** had a strong idea of how I wanted the relationship to be, and I decided to **stop** holding on to that picture of how the **form** of the relationship would be. I'm **so** glad I did! I'm **so** glad I did, because I had **so** much healing! It was **absolutely** the key to the **major** transformation I experienced, was allowing the Holy Spirit to make the relationships holy, which meant me giving up my attachment to the way the relationship looked and how it transpired.

I gave up my **attachment to codependency**. One of the things you can look at in your relationship is the codependency.

In Oneness, in Unity, we're **all** One. We're **not** separate, so our relationships with **anyone** are a relationship that God is having with Itself by means of us. We're having a relationship with our God Self. That's what **every** relationship is for.

That means the relationship that I have with the person at the grocery store, the relationship that I have with my neighbor, the relationship I have with my mother, my father, my brother, my sister, with **every** being in my life, my relationship that I'm having with my lover, my child, whomever it is in my life, that relationship is a relationship that God is having with Itself by **means of us**.

By putting the Holy Spirit in charge of the relationship, and taking **my** ego control out of the relationship, is the **only** way I've ever found to have a happy, holy relationship.

We Cannot Make Others or Ourselves Happy

I've talked to so many people over the years who have done as I have done and they, too, have told me, "You know what? We were married and in an unholy relationship. I decided to have a holy relationship. I gave the relationship to the Holy Spirit, and the relationship transformed. We're no longer married. We're separated. We're divorced, but we're **happy**. We're **happy**, and the relationship feels holy."

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Other people have told me, "I did the same thing, Jennifer. I gave the relationship to the Holy Spirit. We were divorced. We got back together. We were separated. We got back together."

I've seen all kinds of ways. There's **no** guarantee that the ego will get what it wants. In fact, the ego will **not** get what it wants, because the ego does not want a holy relationship.

In order to have a happy relationship, we **must** give up our attachment to the form of it. We have to be wholly willing, completely willing, to let the Holy Spirit do Its holy work.

Codependency is evident when there is a lot of conflict in the relationship, and if you're trying to **avoid** conflict in a relationship, you're just as codependent. A holy, healthy relationship is where two people are **not** looking to make each other happy.

I can say it's **my** job to be my Self, my holy Self, in this relationship, and if I **am** my holy Self in my relationships, other people will likely be at Peace with me, because I'm at Peace with myself.

But if I'm trying to get someone to **make** me happy, or if I think people should appreciate me, or give me more recognition, or people should do things for me, or people should complete me, then I'm in a special, unholy relationship that will **never** satisfy. It just won't, because I am identified with the ego who is **unsatisfiable**.

This is not lightweight, because the ego will **never** believe that the relationship could be made holy and that would make us happy. The ego will **never** believe that because, remember, the unhappy, unholy special relationship is the ego's **best tool** to keep you identified with the body, feeling separate, feeling suffering, feeling lack and limitation. It is the ego's best weapon against the truth that sets you free.

Every **minute** that you continue to try to manage, or manipulate, or control your relationships, you are extending your suffering, and you are extending your experience of separation.

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The **only** way we can do this work of having happy, holy relationships is through trust and faith. There's just **no** other way. We have to actually be willing to make the leap of faith.

Trust -- the Tool of Transformation

How we make the leap of faith is, moment by moment, we exercise our trust muscle. This is one of the characteristics of the Teacher of God because it is -- trust is a muscle we exercise. Trust is the mechanism that we use in the experience of time and space that allows us to discover the faith, the real faith, which is our true experience in connection of God, with God, with our God Self, with our Holy Self, with our Higher Self, with our empowered Self. Trust is the mechanism. Trust is the tool by which we experience faith and transformation.

That means, in a moment-by-moment thing, the thought is, "Ugh! He's **never** going to do it the way I --!" **There's** the ego. So then, we have to go into trust. "I'm placing my trust and faith in the Holy Spirit to transform this relationship and make it holy. Let it be so, now."

Then the thought comes, 10 seconds later, "Well, what if he doesn't --?" Oop!! There it is again, the suffering, the clenching of my teeth and my belly. The fear, the upset, the doubt, the worry, the pain, the suffering. There it is again! "Ah! In **this** moment, I place my trust and faith in the Holy Spirit to transform and heal this relationship into a holy relationship. I am **willing** to have a holy relationship. I am **willing** to experience Wholeness. I am **willing** to have faith. I place my trust and faith in the Holy Spirit. Let it be so! Thy Will be done. Thy Will **is** my will. I am willing to have a holy relationship. Holy Spirit, make it so **now**. I am **grateful** to accept everything that a holy relationship entails. Thy Will be done. Thy Will is my will. Thy Will be done."

We move into this prayerful, beautiful practice all day long, and the **more** that we engage in it, the **more** willing we are, the **more it is** our heart's desire to experience the holy relationship, the **faster** the transformation happens. It's spectacularly amazing, miraculous and beautiful! This is why

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relationship is our best tool to awaken, because how we see our brothers and sisters, the Love that we extend to them, **is** our transformation. This is the tool that we have in this world to get ourselves out of suffering. Our **willingness** to see our brothers and sisters **as** the Christ allows us to see the Christ within our **own** being. It's so powerful! It's so healing! It's so deeply, deeply transformative!

We have everything we need. We don't need any special books, or tools, or classes, or anything! We don't need **anything!** This is why I am such a champion for groups, and for classes where they're not just **studying**, but they're doing the work. That's why, in my classes, we do the **work**. We **don't** just study, because studying is often the spiritualization of the ego. The ego is in charge of many spiritual students' spiritual practice, and they don't even know it! If your spiritual practice is not transforming your life, the ego is probably in charge of it, and you can **change** that by your willingness. Yes!

Right now, in fact, I do have a class called "[Prayer Power](#)" for those who are interested in learning to use their word, **powerfully**, to transform their life. We're just getting started with the "[Prayer Power](#)" class. You can read more about that at [JenniferHadley.com](#). I invite you to check it out.

We're talking about "How to Have a Happy Relationship". I'm Jennifer Hadley. You're listening to *A Course in Miracles*, where we're living the Love, we're walking the talk, and I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Get ready to focus on your intent to be the Love, be the Peace, through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Resources From the Power of Love Ministry

Welcome back! I'm Jennifer Hadley, and our topic this week is "How to Have a Happy Relationship."

Right now, on my [Events](#) page, I do have some free relationship classes. I believe I have a couple there, so go in and grab those, if you haven't already, while they're still there.

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Also, would like to make a plug for all the tools and resources at LivingACourseinMiracles.com. I truly believe that *A Course in Miracles* group is a wonderful thing for having holy relationship **practice** in the Group itself, and if you feel like the Holy Spirit has been nudging you towards starting *A Course in Miracles* Group, then **please** consider it and allow me to support you.

Actually, I am calling for a volunteer to help me with just some administrative things regarding some of the offerings at LivingACourseinMiracles.com. Not a lot of work, but if you'd like to volunteer, you're really good on the computer and you like interacting with people, let me know.

At LivingACourseinMiracles.com, one of the resources we have is, we have a number of free audio downloads of discussions I've had with long-time [Study Group](#) leaders on how to start, run, facilitate and promote *A Course in Miracles* Study Group, and I invite you to please take advantage of those free classes. They're discussion, really, not classes, but they're quite comprehensive. There are several of them, and they're just sitting there waiting for you to come and enjoy them.

If you feel any nudges toward starting *A Course in Miracles* Group, the Holy Spirit will do all the heavy lifting if you're **willing**, and it will bring **you** so much benefit in your life. Trust me on that! Everyone I know of who starts *A Course in Miracles* Group, or takes one over, or participates in one, receives **a lot** of benefit, **a lot** of opportunity. Yes, yes, yes!

Another thing I'd like to mention is, I'm going to be doing a number of forgiveness workshops in the New York area starting in April. If you know of a place where I could come and do a workshop, or you'd like to help host one in the New York area, please let me know. Or even, perhaps in the Northeast, because I'm going to be having a lot of time there the rest of this year after the *A Course in Miracles* Conference in Las Vegas.

By the way, if you don't have your ticket yet for the *A Course in Miracles* Conference in Las Vegas and you'd like to come --it's basically just a big *A Course in Miracles* party. It really is. If you like to meet other *Course* people and get away, go to Las Vegas, maybe see a couple shows, come hang out with me, we can enjoy our meals together. Please, if you're planning to come to the *A Course in Miracles* Conference in Las Vegas, you got to come, say hi!

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If you'd like to get your ticket, you don't have one, there are some tickets left. I invite you to check -- just go to the [Events](#) page at JenniferHadley.com. You'll see the Conference listed there. You can click through from there. If you do decide to register, please tell them that I encouraged you. Please!

Our Inner Work Transforms All

Alright! Let's go back to holy relationship here, "How to Have a Happy Relationship."

Now, I love this here. We're looking at the section, *The Two Pictures* at Section IV in Chapter 17. I'm in Paragraph 3, now. It says,

"You have made very real relationships even in this world."

Real relationships, even in this world.

"Yet you do not recognize them --"

What?!

"...because you have raised their substitutes --"

The special relationships,

"...to such predominance that, when truth calls to you, as it does constantly, you answer with a substitute."

Instead of answering the call of **truth**, we engage in more special relationships. You can think of anyone that you love to hate, or that always irks you, **there's** your special relationship, and you're actually being called to have a holy relationship. That's a **great** place to start. Anybody that just annoys you.

I think one of the best shares from last year in the folks in [Masterful Living](#) last year was, someone said that they had been working in the next cubicle to someone for about four years, and that person was always a "Grumpy Gus" someone -- a complainer and no fun to sit next to.

But because of the inner work that they did last year in [Masterful Living](#), **applying** these *A Course in Miracles* principles, by the end of the year they were having fun together. The person had **totally** transformed. Now, the "Grumpy Gus" was **not** taking a class, was **not** studying *A Course in Miracles*, was not doing anything! It was the [Masterful Living](#) student

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applying the teachings of *A Course in Miracles*, **living** it in their heart. Their neighbor at work was **totally** transformed. In fact, the whole office atmosphere was transformed!

This is a common experience that many people who take [*Finding Freedom*](#), my 7-Week Boot Camp, and my [*Masterful Living Class*](#) have, is that their families are transformed, their work place is transformed. This is what happens when **one person** decides to do **their** inner work.

So often I've talked to folks who've been studying *A Course in Miracles* for **decades** -- studying, studying, and studying, without **really** applying it, without **really** living it. That's why I talk about "walking the talk and **living** it," living *A Course in Miracles*. It's a **totally** different thing from studying it.

What You Trust is Where Your Faith Is

Back to *The Two Pictures* here, it says,

"Every special relationship you have made has, as its fundamental purpose, the aim of occupying your mind so completely that you will not hear the call of truth."

Consider that! Consider, now, a relationship that you're unhappy with, you're dissatisfied with, one that **really** bothers you, one that you have **fear** around, one that you have **doubt** around, a relationship that you're **worried** about. Bring that into your awareness, right now. Can you recognize that the way you hold this relationship in your mind is a **defense** against the truth, because your mind is occupied with the worry, the doubt, the fear, the unhappiness, what you don't like, what you **don't** want? **That's** where your attention is.

Remember, your mind is the Mind of God, and what you **focus** on, you're going to **experience**. When we're worried, when we're afraid, when we're doubtful, it's because we've placed our faith in the ego. When we're happy, when we're harmonious, when we are peaceful, and loving, and kind, and generous, and compassionate, we're placing our faith, our trust, in Spirit.

*Where you've
placed your trust
is where your
faith is.*

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That's how you **know** where you've placed your faith, by how you **feel**. Where you've placed your trust is where your faith is.

If you're doubtful, your trust is in the ego's ability to make you happy, which it **does not** have. Often times we place our trust in other people's egos to make us happy, but that will **not** make us happy. Often times when we're disappointed, our ego is trying to make another person's ego our source of happiness, which will **never happen!** It just **can't** happen! It's crazy! Live the Love. Walk the talk. Have trust. Build your faith. It's a moment-by-moment thing.

This is why *A Course in Miracles* is a **mind training course**. We've trained our mind to place our trust and faith in **our** ego and other people's ego. We already know, it only leads to suffering. And yet, what do we keep doing?

This is why I say that living that way is being in a constant state of trying to rearrange the deck chairs on the Titanic, thinking that if we could just move this pieces around **that** will make us happy, while we're not even noticing the water's getting higher, and higher, and higher, because we don't have faith in the Holy Spirit. We're actually, in a certain sense, in love with the ego. We bought it hook, line, and sinker, so our relationship is with the ego, with other people's egos. It's a gnarly business! It truly is!

The Purpose of the Special Relationship

It says here,

“Every special relationship you have made, as its fundamental purpose is --”

It's fundamental purpose is occupying your mind **so completely** you will not hear the call of truth, the Voice of God. You will **not** recognize Love and the opportunities for Love, Prosperity, Abundance, Wholeness, Freedom, Wisdom, and Clarity. You won't recognize them, because it's not where you're **focus** is -- it's on the managing and controlling. It says,

“In a sense, the special relationship was the ego's answer to the creation of the Holy Spirit, Who was God's Answer to the separation.”

We became interested in separation. God created the Holy Spirit to keep us from getting lost in this matrix, this mind matrix of the ego thought system. The Holy Spirit is **always** there for us. “Even if I make my bed in hell, Thou art with me, always.”

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Jesus tells us in the *Text*, "You're never alone, ever! Ever, ever! All you have to do is call God's Name. The angels will instantly surround you and you will be lifted up."

But you see, if we're trusting in the ego to save us, we'll never be saved. It's like being in a boat where we're taking in water, and we're bailing and bailing and bailing. Well, that's no **solution**! No solution, at all! It says here the Holy Spirit is God's Answer to the separation.

"For although the ego did not understand what had been created, it was aware of threat. The whole defense system the ego evolved to protect the separation --"

And keep it going,

"...separation from the Holy Spirit was in response to the gift with which God blessed it, and by His blessing enabled it to be healed."

The ego is a **response** to the Holy Spirit, and the Holy Spirit's **ability** to completely heal our mind, if we will but **allow** it. This is why I say all the time, we don't have to figure out **how** to have a healing. We only have to **allow** it.

If you're asking yourself these questions like, "Why is everything falling apart?" "Why does this always happen to me?" those are **ego** questions. The ego's trying to figure it out, the ego is trying to understand it. If you're trying to figure out how to have a happy relationship, if you're trying to **understand** the people you're on relationship with, you're identified with the ego.

Because remember, in Spirit, you are One with them, and there are **no** questions because you're One with them. You share the same mind. How could you have any questions? If you're identified with Spirit, you know **all** the answers. That's the truth of it! There **are** no questions.

When you're identified with Spirit, it's only this -- "How can I express more Love today? How can I express more Beauty today? How can I be a revelation of truth today?" You're in such direct connection with inspiration, you're just expressing the inspiration, and revealing the truth,

*How can I express more
Love today?*

*How can I express more
Beauty today?*

*How can I be a revelation
of truth today?*

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and the Beauty, and the Wisdom, and the Clarity, and the Freedom, the Abundance, and the Prosperity **all** of the time. **That's** how we're meant to live in this world. That's what, "Teach only Love " **means**. If we're trying to figure it out, we're identified with the ego, because the Spirit **knows**.

In making this transformation from ego identification to Spirit identification, we just keep giving it to the Holy Spirit. "Holy Spirit, teach me now. Holy Spirit, I am willing. Just show me now. Thy Will be done now. Thy Will be done now. Thy Will be done now. I AM that I AM. Thy Will be done." There **is no** separate will, only the **illusion** of separate will. It says here,

"This blessing --"

The Holy Spirit is the blessing,

"This blessing holds within itself the truth about everything. And the truth is that the Holy Spirit is in close relationship with you, because in Him is your relationship with God restored to you."

The Blessing of the Truth

If you'd like to wake up, if you'd like to attain Enlightenment, if you'd like to have this direct connection with God, the Holy Spirit is the **vehicle** to make it happen. **Nothing** is withheld from you. Only **you** can put up a block to your connection with God, and you can only put up a block to your connection with God in an **illusory** way. It'll **never** be real. There are no **real** blocks to God, because that's what you are, so it's only a fabrication! It's **only** a fantasy.

"The relationship with Him has never been broken, because the Holy Spirit has not been separate from anyone since the separation. And through the Holy Spirit have all your holy relationships been carefully preserved, to serve God's purpose for you."

What is God's purpose? Again, going back to the beginning of this section -- for your **happiness**. You can see, it's **so** clear here, that in order to have happiness you simply have to **allow** it and stop **treasuring** the obstacles to your happiness, which are the special relationships. It says here,

"The ego is always alert to threat, and the part of your mind into which the ego was accepted is very anxious to preserve its reason, as it sees it. It does not realize that it is totally insane. And you must realize just what this means if you would

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be restored to sanity. The insane protect their thought systems, but they do so insanely. And all their defenses are as insane as what they are supposed to protect. The separation has nothing in it, no part, no 'reason,' and no attribute that is not insane."

Same with the special relationship.

"And its 'projection' --"

Which is the special relationship,

"...is part of it, as insane as the whole. The special relationship, which is its chief defense, must therefore be insane."

This why special relationships are crazy-making! This is precisely why, because their foundation is in separation which doesn't **exist**. It's insane.

"You have but little difficulty now in realizing that the thought system, the special relationship protects is but a system of delusions. You recognize, at least in general terms, that the ego is insane. Yet the special relationship still seems somehow to be 'different.'"

The special relationship still seems to be **valuable**.

Remember, one of the things I describe as special relationship as is it's foundationally designed to give you this illusion of shelter against the storm. "You plus me equals shelter against the daily storms of life."

We can have a special relationship with a dog, or a cat, or a horse. We can have a special relationship with the person at the store. We can have a special relationship with **anybody** we think that somehow completes us, or lifts us up, or in any way is a false idol. All of the false idols are substitute for our connection with God. Every single one of them. It says,

"Yet the special relationship still seems to you somehow to be 'different'. Yet we have looked at it far closer than we have at many other aspects of the ego's thought system that you have been more willing to let go. While this one remains, you will not let the others go. For this one is not different. Retain this one, and you have retained the whole."

So, hold on to the special relationship, keep trying to figure out how to **improve** the special relationship, and you're clinging to the ego thought

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system. It is the ego's **best defense** against your happiness, your lasting happiness. The special relationship is the best tool to keep you playing small, in suffering, in pain. Yes.

Oh, my! It goes by so fast! Here we are, it's time to pray! [laughs]

Closing Prayer

I invite you to place your hand on your heart. Let's give the Holy Spirit all of our relationships. Yes! "Thy Will be done."

As I place my hand on my heart, I say with great gratitude, Holy Spirit, Higher Self, please make **all our** relationships whole and Holy.

So grateful and so thankful to allow Thy Will to be done, knowing that Thy Will is God's Will, is my will because I am One with God.

So grateful and so thankful to surrender the special relationships and all the blocks to Love. We open our hearts and minds to the healing. We share the benefits with everyone. We joyfully **allow** it to be. We **let** it be. And so, it is. Amen. Amen. Amen.

Let me just say, too. If you enjoy this radio show and you find it valuable, please consider making a tithe donation offering to support. You can make an offering at JenniferHadley.com on the [Donation](#) page. You can make an offering at LivingACourseInMiracles.com and all the funds go to the nonprofit PowerofLoveMinistry.net that supports this radio show.

We're in the process of preparing to transcribe all the radio shows and make all that transcriptions available, so please make a donation right now if you love this radio show.

God bless you and thank you! Have a **great** week. Mwah!

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