

April 16, 2019



Jackie Lora Jones -- All Peace No Pieces



 *Jennifer Hadley*
your daily shot of spiritual espresso

Copyright © 2019 by Reverend Jennifer Helen Hadley.
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the written permission of the publisher.

Published by JenniferHadley.com. Printed in the United States of America.

For more inspiration to live a life of love,
visit www.JenniferHadley.com.





Jackie Lora Jones -- All Peace No Pieces	4
Introduction - Jackie Lora Jones	4
Opening Prayer.....	5
Prayer -- The Power Tool.....	5
Jackie's Inspiration to Write a Book	7
Jackie's Path to Spiritual Counseling.....	8
The #1 Practice to Help Ourselves	11
Changing Our Purpose From Ego to Holy	13
Transcripts & Highlight E-mail.....	14
ACIM Boston Conference Info	15
Support & Encouragement To Starting Study Groups.....	16
Study Group Events Calendar.....	18
Encouragement to Start a Study Group.....	19
Illusions Disappear When We Look With the Right Mind.....	21
Focusing On the Internal Truth, Not the External World	23
Self-Forgiveness & Changing Our Minds	25
Closing Prayer	26

April 16, 2019

Jackie Lora Jones -- All Peace No Pieces

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Introduction - Jackie Lora Jones

Jennifer Ah! Bonjour! Bonjour! What a beautiful, beautiful, beautiful moment it is in time, and I say that because I feel **so much** healing is happening for us -- **so, so** much healing! -- and sometimes we resist that healing and it feels overwhelming.

Myself in prayer this morning, I felt **huge** blocks were being lifted from the folks who participate in the Power of Love Ministry with me, and oh, my gosh! Just tremendous intensity feeling it lifted, and so grateful for the power of prayer, the power of our minds to accept and to allow our healing, to increase our willingness. So it's from that place that I am so happy to start us off with a prayer.

Just before I go into that prayer, I would like to invite my guest to join us. My guest today is someone I've known I think 10-11-12 years, I'm not sure, exactly. Maybe we can figure that out. My guest is Jackie Lora Jones, and she's the author of the book *All Peace No Pieces*. This is her third appearance on this broadcast.

Jackie, welcome!

Jackie Jennifer! Hi! Thank you so much for having me! It's great to be here!

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jennifer Yeah, it's my pleasure. Jackie's on the west coast, I'm on the east coast. We're transcending time and space and you, the audience, you're listening to this whatever -- could be years from now, could be live with us now, and we're grateful for all of that.

I start every episode, Jackie, with a prayer, as you may recall.

Jackie Yes.

Opening Prayer

And so I invite everyone to place their hand on their heart and let us be grateful that we can have a healing, that we can lay the burdens down and we can rise above the battlefield, and that we are choosing, right now in this moment, to do just that. We are laying the burdens on the Holy Altar Fire of Divine Love. We are rising above the battlefield by holding the hand, metaphorically, of the Higher Holy Spirit Self. Our true identity is perfect Peace, perfect Love, perfect Joy. Joy that **is** unconditional is our natural state.

We are grateful and thankful to claim a healing from all false perceptions right here, right now. We are willing to let **all** belief in that which is false to fall away, to dissolve and resolve permanently, back to the root cause, so we never experience it again.

We are truly grateful and truly thankful, Jackie and Jennifer, to join together for the purpose of remembering the truth that is our Freedom, it is our liberator, and we are grateful and thankful that it is our very essence. Truth is our identity.

We're grateful to share the benefits with all beings, because we're One with them. We let it be. And so, it is. Amen. Amen. Amen.

Jackie Amen!

Prayer -- The Power Tool

Jennifer You know, I'm hard-pressed -- I first met Gary and Cindy in 2006, I think.

Jackie Okay! I was going to say, probably 2006 or 2007, right? Yeah!

Jennifer Yeah. So it was -- yeah, and so I probably would have met you in that next year.

***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

Jackie Yes! I think so!

Jennifer Yeah. I remember some dinners and different events and things, so --

Jackie That's right! That's right!

Jennifer Yeah.

Jackie Because you were here. You were here in California at that time.

Jennifer, let me just say that your opening prayer and joining was just beautiful. Oh, my goodness!

Jennifer Thank you.

Jackie I just feel so grateful. That was just beautifully done.

Jennifer Yeah, well I love to pray. I teach prayer and "*Prayer is the medium of miracles.*" This is the teaching of *A Course in Miracles*, and it has been **the** #1 tool I've used to shift my mind, is prayer.

*"Prayer is the
medium of
miracles,"
and it has been
the
#1 tool I've used
to shift my mind.*

Jackie Wonderful!

Jennifer Yeah. It is just a power tool. It is **the** most powerful tool I know.

So yeah! Oh, this morning -- I don't know if you've been feeling that, but I woke up -- I usually sleep like someone who has actually died, you know?
[laughs]

Jackie [laughs]

Jennifer I just sleep so soundly and deeply.

Jackie Me, too! My gosh! You do, too? That's so funny! My husband is envious of me that I can sleep deeply and stay asleep when he's meandering around.
[laughs]

Jennifer Right! Oh, I know, I know! Yeah, when -- yeah, people have to jump on me to wake me up in the middle of the night. Yeah. Yeah. Well, it's such a gift to be able to sleep so soundly and so well. But I woke up about 3:00-- something this morning and with an imperative to pray and pray and pray, which I did, because I've learned, "Just do what you're told." [laughs]

Jackie [laughs]

A Course in Miracles Weekly Radio Show with Jennifer Hadley

- Jennifer And I felt such a -- oh, just such an intensity of density lifting. It took hours, but then I just was like, "Okay, it's **done**." And I got up and I felt like, "Okay, thank you. Thank you, God. Thank you, Jesus." I don't know if anybody --
- Jackie Wow!
- Jennifer Yeah.
- Jackie Powerful! Powerful!
- Jennifer Yeah. What I sense right now, at this point in time, that there -- you know, we go in cycles, but right now it feels like -- and it's, look -- we've got Easter just days away. We've got --
- Jackie That's right!
- Jennifer -- yeah, Good Friday days away, and that resurrection energy, that crucifixion energy, it is -- it's very powerful in the sense that the opportunity for laying aside the **need** to be crucified anymore, and to allow ourselves to experience the True Peace of God, which is what your book is about.

Jackie's Inspiration to Write a Book

- I would like to ask you -- I feel really called to ask you this, because I work with so many people who aspire to be spiritual teachers and counselors, and to make that step, and it's my favorite thing in the world to do, really, is to support people in stepping into their magnificence and their greatness, and letting it shine. So I'd like to ask you, how dare you write a book!
- Jackie [laughs]
- Jennifer [laughs] How dare you put out your shingle as a Spiritual Counselor! How did you come to feel confident to do that? [laughs]
- Jackie [laughs] That's so funny! You're just cracking me up. You know what? It's so funny, Jennifer. It came to me **years** ago that I was going to do a book series. It popped into my mind and, as we know, our timing is not really the Holy Spirit's timing, or whatever.
- Jennifer Right.
- Jackie You know? So just years ago -- I mean I grew up with *The Wizard of Oz*, like a lot of people did. Right?

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jennifer Uh-huh.

Jackie And I remember in 2000 -- I don't know, 2006 or 2007, I was watching it and I said, "You know what? I'm going to use this metaphor of *The Wizard of Oz*. It's the *Course*! It will help people understand it. And now -- what, 12 years later or something, 11 years later, I wrote my first book.

And Jennifer, to tell you the truth, it was just something that came to me to do this book series. And I didn't know **when** it was going to come, and then all of a sudden I just sat down, I started writing it, I have material for ten books, so this will be a series. I don't know how many I'll write, and I've got to tell you, it just started writing itself.

Jennifer Mmm!

Jackie I just thought, like you, you just said it so beautifully, you want to be **helpful** to people, you want to support people. That's really what this is all about. I mean, I feel like this book comes from the One Mind. I mean, I brought it through, and I'm thrilled with the way it came through, but I just want to be helpful to people.

And so, that was really it, and it started just with this thought. It was like, "Oh, you're going to do a book series?" I'm like, "Oh! Okay! What's for lunch!" You know? Just on to the next thing. [laughs] And here we are with the first book, which came out just at the end of last year.

Jennifer Mm-hmm.

Jackie So that's really it, and it's all about just being helpful, and I think this is just one form that is out there and hopefully people will find it helpful.

Jennifer Oh, I'm sure! I'm sure! It's very clear and very directive, so I think yes, people definitely are finding it helpful.

Jackie Aww, thanks!

Jackie's Path to Spiritual Counseling

Jennifer Here's a question for you -- what was your journey to becoming a Spiritual Counselor?

Jackie Yes, gosh! You know, that is so interesting, too, because I live my life kind of listening to -- I call them these "pings" I get, these little hits in my mind. My mom was a psychologist for 20+ years. My sister is a Spiritual Counselor. I have people in my family in the helping profession.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

And I think that -- my focus in college was broadcast journalism and psychology, and I think it's kind of just always been in me, and I just, again, was sitting here in Los Angeles in, I think, maybe 2000 -- wow! I think around the same period, 2006 or 2007, and I thought, "You know what? I am going to go back to school and I'm going to be a therapist. I feel called to help people."

Probably like you, Jennifer. I mean, I just feel like I've been doing it all my life anyway. I was kind of the go-to person. People would just come for advice or just a shoulder to lean on. It felt very natural.

And then I thought, "Well, I feel blessed to be able to combine both things that I love to do -- broadcast journalism and therapy." So I kind of am using both of those in my life now, and it really was just, again, a kind of a ping in my mind. It seemed so natural that I just followed it. I just went through the motions and here we are, I guess, 12 years later, 13 years later. You know?

Jennifer Wow! So you didn't have any formal training.

Jackie I did, yes. I went back to school and I got my diploma in Clinical Hypnotherapy. I did my residency here in Los Angeles, and then I also went to the International Metaphysical Ministry online and became a reverend through their program, and so combined just with ongoing learning and credits like that, and my psychology courses, that's just kind of how it came to be.

So I help people with the power of the mind through hypnotherapy, choosing the Holy Spirit over the ego and getting their subconscious mind to work with the conscious mind so they can **really** undo the ego and wake up to Spirit. So I think it's just been really -- you know, I've been so interested in the power of the mind all my life, it just occurred to me, so that's why I think I went back, too, because I had just been a student of metaphysics for so long. You know?

Jennifer Mm-hmm.

Jackie So, just again, it just seemed natural to do it. I don't lead with my credentials as a reverend, but I --

Jennifer Sure.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jackie -- I could. I mean, I don't know why. There's no reason not to, it's just I don't know, we just follow the flow of our life. But I just **so** enjoy just helping people wake up. I loved being helped, and I learned from so many people, and it's just we're all in this together, really. One projection.

Jennifer Mm-hmm. It's true. Yeah, and I'm curious to ask you, too, how you view hypnotherapy as an *A Course in Miracles* student.

Jackie Yeah. Well, I think just like anything else, it's a helpful tool that we use here to awaken. We do things here. Everything is magic, right? We drink water for the body, we eat food, we go to counseling. Some people are accountants, they go to their job. Some people have roles as mothers.

So it's just kind of another role here that I'm playing, as a therapist. The *Course* would say nothing, as we know, about **behavior** what we're doing, but rather how we're **looking** at everything, which teacher is in our mind as we are in all of our seeming roles here. Right?

And so, I just look at it, it's something that I scripted out from the decision-making part of the mind, and so it is something that I just -- a role that I'm in here. But as we know, everything here is magic. The mind has made it all up, so what I do is, I just use my therapy practice just to join. I don't see any of my clients as separate than me. I know with the mind there's really no teacher and student, or therapist and client.

*The focus is the
content of Love in my
mind, and then that
extends through
all the roles
we have here.*

Jennifer Right.

Jackie And that's how the *Course* -- and practicing the *Course* is only in thought, and then that directs all my functioning, whether that be my role as a wife, my role as a therapist, my role as a broadcast journalist. It's just an extension, but the focus is the **content** of Love in my mind, and then that extends through **all** the roles, all the roles we have here.

Jennifer Beautifully said, yes! Yeah, and it's so -- you know, it's so valuable for us to really understand that and accept it. It brings so much ease and grace.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

The #1 Practice to Help Ourselves

I find that people -- I was just saying to someone yesterday, or the day before, they were asking, "What is the one practice that could really help me?" and you probably get that question a lot. What do you say is the answer to that question, "What is the #1 practice that can help me?"?

Jackie Forgiveness.

Jennifer Mm-hmm. Yeah.

Jackie Forgiveness, hands down, because the *Course* is teaching us, as we know, that the cause of our upset is never **outside** of us. The ego wants us so much to see the cause as outside of us. When we're in the thought system of the ego, Jennifer, as you know, we think that we're at the mercy of everything here in the world. We **forgot** we peopled our world. We put everything there.

Jennifer Mm-hmm.

Jackie We made that up. So I think when we can walk that back, and we change the purpose of the world and the body to the Holy Spirit's purpose through forgiveness, **that's** how we wake up. Not being taken in by appearances, that's how we wake up! Right? The *Course* says,

*We change the purpose
of the world and the
body to the Holy Spirit's
purpose through
forgiveness, that's how
we wake up.*

"Nothing so blinding as perception of form."

Form is so blinding because we're **seeing** what is not there. We made it up, this projection. So I think that forgiveness is just -- I love the Lessons,

"Forgiveness is the key to happiness."

"Forgiveness offers everything I want."

A quote came to me that I use in my book, "You can believe what you made yourself to be or wake up to what God would have you be."

Jennifer Mmm!

Jackie And that came to me. I just got a chill, because it came to me, that feeling. You know, again, I used to get these pings in my mind. I thought, "You know what?" And I decided a long time ago to wake up to what God would

A Course in Miracles Weekly Radio Show **with Jennifer Hadley**

have me be, and living in the happier dream in the mind of forgiveness is so helpful.

And you know what? Something you said in your prayer at the beginning about “laying the burdens down” --

Jennifer Mm-hmm.

Jackie -- I have to tell you, Jennifer, I had a moment -- for those listeners that don't know, Ralph's is a grocery store chain out here in California, as I'm telling this story, and I was walking across the street with two bags of groceries, and I was thinking about someone that I kind of had to forgive. Something came into my mind, and I had a judgment on this person, and their behavior. They weren't behaving really nicely to my husband and I, because I know that they were in pain. Everything since now has been resolved, but I use this as an example.

And I was thinking of this person, and I'm holding bags of groceries, Jennifer. I'm walking across the street and in my mind -- because as you practice forgiveness, which is still in answer to your question, “What's the most important thing?” -- as the Holy Spirit starts taking over your mind, immediately when I thought of this person I said, “Oh, my gosh! I'm not separate from this person. I just made this real right now.”

*I release myself
from the burden
of judgment.*

And I just looked up at the sky, I said, “I release myself from the burden of judgment.” And I just looked up at the sky and I thought, “Oh, my gosh! I'm so grateful to remember what that thought was for, that attack thought, against this person.” Right?

Jennifer Mm-hmm.

Jackie So it was so interesting, and it can be that **quick** just to remembering because, you know, forgiveness just becomes a part of who you are, becomes an attitude.

I **love** this quote from Martin Luther King. I started it in my Chapter 2 of my book. He said, “Forgiveness is not an occasional act. It is a constant attitude. It is a consistent attitude.” I thought, “Oh, my **gosh!** That's right!” It kind of becomes who you **are**. Right?

Jennifer Mm-hmm.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

- Jackie That's a lot of practice in vigilance, but just that quickly as I was crossing the street, I just remembered, and I thought, "You know what? I'm not going to use this person, this seeming thing outside of me, as an obstacle to Peace. I'm going to use her to facilitate Peace as coming." and I changed the purpose of that situation and, oh! Just the feeling was great.
- And so I walk around now, "I release myself from the burden of judgment!"
[laughs]
- Jennifer [laughs]
- Jackie It's very freeing, isn't it, giving up our attack thoughts?

Changing Our Purpose From Ego to Holy

- Jennifer Yes, exactly! And I can feel some people are asking, can you say something more about changing the purpose of that?
- Jackie Mm-hmm. Oh, sure! Absolutely! You know what? Oh, and that could be a whole show, it's such a great question. It really could be a whole show. Maybe I'll discuss that in my *Course* group tonight, actually.
- Jennifer [laughs]
- Jackie That's a good one, whoever said that! Yeah, changing the purpose, well *A Course in Miracles* is teaching us that there's two purposes for everything -- the ego's purpose and the Holy Spirit's purpose.
- So the ego's purpose is teaching you that you **are** a body, you're in the world, you've sinned, you're guilty, you're going to be punished. Right?
- The *Course* is teaching that we **thought** that we separated from God, the "tiny, mad idea" the *Course* talks about. We thought that we could possibly be separate, so we were so horrified that we thought God was going to come attack us for separating, and choosing individuality and specialness, that we had to project that thought of guilt outside the mind. Okay? So here we have the projection of the world.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

So the purpose of the ego is that you **have** sinned, you're guilty. Right? You either blame yourself as a body for everything or you blame everybody else, or the economy, or the political system.

Well, the purpose of the Holy Spirit is to wake you up from that thought that gave rise to the world, and so the Holy Spirit **changes** the purpose of the body in the world, because we believe so much that we're here, that we can't let the body go. And we're not asked to deny it. We're just asked in the *Course* by Jesus to deny the ego's **interpretation** of it. We're asked to deny the denial of truth, and He says, "Let Me use what you made." Right, Jennifer? "Let Me use these images that you made," and they're just images, "to get you home."

The purpose of the Holy Spirit is to wake you up from that thought that gave rise to the world, and so the Holy Spirit changes the purpose of the body in the world.

And so when we change the **purpose** of what we see to the Holy Spirit's, the Holy Spirit in your mind is going to remind you you're dreaming. What you're seeing is the **outside** picture of an inward condition. What's the inward condition? The **thought** of sin, guilt and fear projected outward.

Transcripts & Highlight E-mail

Jennifer I'm going to put that on pause right now, because we're about to go to our break.

I'd like to let people know that you can get the transcript of this radio broadcast at LivingACourseInMiracles.com. We post all the radio shows there and the transcripts. So, of course, you can get the podcast for the radio show and you can also get the transcripts at LivingACourseInMiracles.com.

Also, I'd like to let you know that if you'd like to get a [weekly e-mail](#) from us with the highlights of the radio show, text "RADIO" to 35227.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio. We're living the Love, we're walking the talk, and we'll be right back!

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

ACIM Boston Conference Info

- Jennifer Welcome back! I'm Jennifer Hadley, and my guest today is Jackie Lora Jones, the author of *All Peace No Pieces*, and we were talking about forgiveness.
- Before we go back to that, I would like to talk a little bit about the *A Course in Miracles* Conference. Jackie, you said you're going to be at the Conference. I know that Gary -- are Gary and Cindy speaking together, do you happen to know? Gary Renard and Cindy Lora?
- Jackie Yes! Yes, they're speaking together, as far as I know, yeah! Yeah. Yeah, they're speaking together as far as I know. I'm going, yeah, just to go, and I know all you guys, and Gary wants me to see Boston, his old stomping grounds. I'm really excited to see everyone there.
- Jennifer Yeah! I think it's going to be a lot of fun. It always is, and I'm looking forward to it, too. Spring in Boston is so beautiful. I used to live in Boston. I went to --
- Jackie You did?! Oh!
- Jennifer Yeah, I went to college in Boston [said in a Boston accent] --
- Jackie [laughs]
- Jennifer -- and I grew up in Rhode Island, and went to college in Boston. And I used to live just a few blocks away from where Gary used to play at that club near the Boston Garden [said in a Boston accent].
- Jackie You're kidding? Oh, my gosh! What a trip! I have to give a shout-out to my sis and my bro-in-law! Love you, Gary and Cin! That is a trip, Jennifer! It's so funny!
- Jennifer I know! It's going to be just a gorgeous time, and I just found out today -- I had thought the Conference was sold out and there are still some tickets, and I think there's a couple more weeks until that price goes up.
- Jackie Okay.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

- Jennifer So right now people can get a discounted ticket, and you can do that by -- I have a website that has the information for the Conference, which I'll tell people, and it's really simple to do that. It's just [ACIM.news](#) and you can see all about the Conference there.
- And, I am doing a special pre-Conference meeting --
- Jackie Yay!
- Jennifer -- on the Thursday, yeah. I'm doing a pre-Conference meeting on the Thursday and Lisa Natoli's doing a post-Conference one on Sunday.
- Jackie Yay!
- Jennifer Yeah! And so the pre-Conference one is about Study Groups --
- Jackie Wonderful!
- Jennifer -- and supporting Study Group leaders, because oftentimes people are hesitant to start a Study Group or to lead a Study Group. They don't feel qualified.

Support & Encouragement To Starting Study Groups

- I started my own Study Group because I just had such a burning desire to talk about *A Course in Miracles* with people, and I actually did mine on the phone because I didn't want to leave the house.
- Jackie [laughs]
- Jennifer I was sick of leaving the house. [laughs]
- Jackie Oh, the luxury of being at home! That's awesome!
- Jennifer Yeah, and Gary actually was a guest in our group one time on the phone.
- Jackie That's right!
- Jennifer Yeah! One time I was -- I'm trying to remember now -- I was going to be on a plane for a family vacation or something, and Gene Bogart subbed for me, and that was sweet, too.
- Jackie Awesome! Shout-out to Gene! Woo!
- Jennifer Yeah! I did it every week for four years, and a bunch of those recordings, they're in a podcast called [Masterful Living Through A Course in Miracles](#).
- Jackie Really?

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jennifer People can get that at iTunes.
Now, you have a Study Group and --

Jackie I do!

Jennifer Yes. Did you start that Study Group?

Jackie Yes, I started it -- okay, there's a lot of repetition in this show because again, I got a ping, Jennifer. I kind of just was sitting around and I just thought, "Hey! You're going to start a Group!" or whatever. I didn't feel pressure or anything. And then I didn't start one until three years later. [laughs]

But yeah, so I have a *Course* Group here in Lost Angeles. Oh! It's a wonderful group! It's been about three years. I started it at the beginning of 2016, so I guess it's over three years now. Boy, it is! It's just a wonderful Group. And again, I don't know how long I'll be doing that, either, but I feel inspired to do it now.

Boy, I hope I make it there on Thursday.
I'm not sure if I'm going to be there for your talk.

Jennifer Well, you don't need to. This is really about supporting people in feeling more confident.

Jackie Gotcha!

Jennifer I'd like to encourage people to **start** Study Groups. I think that they're **so** valuable for us to have as a resource, and a way to connect and talk about our experience of living *A Course in Miracles*. I mean, it's a self-study course, but when we join together it's so, so powerful.

Jackie It sure is. And you're right, it is a self-study course, and hopefully -- you know, I always mention in my Group, "Hey! This is between you and Jesus, between you and the Holy Spirit, or whoever you want to practice it with. But nothing substitutes your own work, and vigilance, and dedication to the *Course*, because the **practice** is what makes the words ring true." You know? The *Course* is geared toward an **experience**, and so it's wonderful.

Nothing substitutes your own work, and vigilance, and dedication to the Course, because the practice is what makes the words ring true.

A Course in Miracles Weekly Radio Show **with Jennifer Hadley**

So I do, I always remind people it is a self-study curriculum. Right? And it's so fun to join together and share our experiences, isn't it?

Jennifer It's powerful, it's healing, it's transformative, it's fun. Sometimes it's challenging, but we can have tremendous growth opportunities, and we can really find our tribe, our spiritual posse that way.

Jackie I love that! Your tribe! Spiritual posse! I love it! [laughs]

Jennifer [laughs] Yeah! It's so important, it's so valuable.

Study Group Events Calendar

I'm just going to make a mention of it again, that go to ACIM.news for the information about the Conference. My program is on Thursday, 1:00-4:30 and it's included with the cost of the Conference. It's only for folks at the Conference. I do think they'd like to know if you're going to be there, so they know how big a room to have for the pre-Conference event with me or with Lisa. I don't remember what Lisa's topic is, but I'd be shocked if it weren't about healing. [laughs]

Jackie [laughs] Awesome!

Jennifer And I'm also going to tell you, Jackie, as well as all of our listeners -- because I realize I don't really talk about this, but at LivingACourseInMiracles.com I have so many resources there that are free for *A Course in Miracles* peeps.

Jackie Wonderful!

Jennifer Yeah, including all the radio show transcripts, and the transcript of this will be there probably later in the week.

And one of the things that you may be interested in is that we have an [Events calendar](#), and any *A Course in Miracles* teacher or Study Group can list their events there for free.

Jackie Oh, wow!

Jennifer I know!

Jackie Nice!

Jennifer Yeah. It's just we're building that [Events calendar](#), and here's one of the reasons why I got the idea to do it, was I just thought -- I remember Gary was going somewhere, or David Hoffmeister, one of my friends was going to

***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

go somewhere that was kind of obscure, and I thought, “Imagine if somebody was a new *A Course in Miracles* student but hadn’t yet heard of Gary Renard, or David Hoffmeister, or Jackie Lora Jones, and they were going to do a workshop in someplace like Louisiana, or Austria, or wherever, and they didn’t know about it because there’s just no general resource where all *A Course in Miracles* events were listed. And I just got, “Create it. Make it.”

Jackie Wow!

Jennifer So it’s there, it’s free, and we’re building listings. So anybody who wants to submit the information, if you’d like to submit your information about your Study Group, or anything there that you’re doing, any events you have, you can just fill out the form.

Jackie Wow! What a wonderful service! That’s **fantastic!** I didn’t even know that. I’m glad you mentioned it. I’m going to keep that in mind. I’ll probably put something up there in a couple of hours.

Jennifer Please! Yeah, please do! Please do!

Encouragement to Start a Study Group

And since we’re on this topic of Study Groups, I’m so glad you brought up that you have a Study Group, do you have any suggestion or advice or encouragement for somebody who is thinking of doing it but feels hesitant?

Jackie Well, yeah. You know what? If you feel like doing it, if you have the idea to do it, that’s enough. That’s kind of your clue.

Jennifer Mmm!

Jackie And just remember that the *Course* says that

“God is not the author of fear. You are.”

Right? So I always remember that line, Jennifer. And anybody that’s listening, we really made up this fear. So in regards to the question you asked, if there’s any fear, trepidation, I always say, “You know what? I’m willing to see this differently.”

So if you’re thinking of starting a Group -- and this could be anything, thinking of doing anything, and there’s the fear there, just remember that **you** placed the fear there, and just remember -- sometimes I say to myself, “You know what? I **must** have pushed away the Love of God today. I’m

A Course in Miracles Weekly Radio Show with Jennifer Hadley

going to remember the Love of God. I don't need to know what to do or what to say in this moment. I don't even know what to decide, but I'm willing to choose Peace."

And so that fear about starting the Group can be transformed through looking and changing purpose for that, as what we were talking about earlier, change the purpose of the fear. So use the fear of starting the *Course* Group to go back to the mind and remember, "Wait a minute! **I put** that there."

And as you walk that back, walking those thoughts back, just remember, "You know what? **I must** have pushed away Love, and I want to use this experience here of wanting to start a *Course* Group for Peace, and not as an obstacle to it."

And then stop. Don't try to -- maybe, what your next move is, be in the Holy Spirit mind, remembering you're the dreamer of this dream. Right? So we can change our mind about the dream, we can change our mind about the fear.

*Be in the Holy Spirit
mind, remembering
you're the dreamer
of this dream.*

And then from that place let it play itself out. If you feel called to do something, there's a **reason** you feel called to do it. Maybe you won't take action on it right away, but try to come to a place of Peace first about it.

You know, forgiveness as we were talking about earlier, is the means by which illusions disappear. It is the means where we can just transform that fear. You know?

Jennifer Mm-hmm.

Jackie And so I would say with anything that you fear, just remember that **you** placed it there. Right? And that you can change your mind about it. And if you feel compelled to start anything, or do anything, there's a reason for that. It's probably in your script, your life script, or you wouldn't have had that idea. See, remember? You scripted that out for yourself, so just use it as an opportunity to experience Peace, and that will direct all your functioning from that point on. See? It'll be coming from your right mind you're functioning then, instead of from the fear.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jennifer Thank you for that. That was **so** beautifully said about coming from the right mind and the functioning, because that's certainly been my experience.

Illusions Disappear When We Look With the Right Mind

I don't know about you, Jackie, but I speak with a lot of people who tell me that they would like to start a Study Group, or they'd like to be a spiritual teacher and share what they're learning and experience, or they'd like to be a counselor or a coach of some kind, and they just are afraid, or they're feeling that, "Oh, is this just ego pushing me?"

I think your answer is so clear and so helpful to those people who are hesitating.

Jackie Aww! I'm so glad! I just would add one more thing, and just remember to **look at** the fear. Jesus is telling us to **look** at it -- not to try to deny it or change the thought, but by looking at it we can dispel it's reality. By looking with the right mind, illusions can disappear.

And, you know, we always have **fear** because we believe that we're unworthy, we're not good enough -- right? -- all to the ego's delight. You can remember to smile away that thought, because we didn't do it in the beginning, did we? The tiny, mad idea we took **very** seriously, the "tiny, mad idea" of separation, the *Course* says.

So now, as we're playing out that guilty sin fearful idea, just remember that. Go back to the mind and say, "Oh, **now** my fear is taking the form of not being good enough to start a *Course* Group, or not being good enough to be a teacher," and the Holy Spirit would say, "**What** Group? **What** body? **What** world?" [laughs] You know?

Honestly, we don't want to leave the metaphysics too far behind. We take ourselves and the body so seriously.

Jennifer Mm-hmm.

*We always have fear
because we believe
that we're unworthy,
we're not
good enough,
all to the ego's
delight.*

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Jackie So while you're looking at that fear, just remember that we **don't need** to further illusion. You can wake up from it by remembering, "Oh, my gosh! I put this unworthiness here. The ego's trying to keep me away from the mind, focused on the body." And the body is never good enough, it's never pretty enough, it's never healthy enough, it's never -- this. We're comparing ourselves to others. And again, the Holy Spirit would say, "**What** others? This is **your** projection."

Jennifer [laughs]

Jackie You know, I've had this on my refrigerator for so long, when I get into fear - - maybe this will help people. I've mentioned it on my podcast -- but any time I feel myself starting to react, or getting in that state in which you're saying you get a lot of questions about, I say, "Wait a minute! **I made** this! I am responding, reacting, to my **own** projection. I could see Peace instead."

Jennifer Mm-hmm.

Jackie And that's just something that helps me, again, just change my mind. Don't deny the fear. I just look at it with a different teacher who **reminds** me that I put it there, that I haven't really sinned. Right? And then I go, "Wait a minute!" [laughs] "I just got sucked in again to the ego's script, the ego's shrieking voice." Right? The *Course* says the ego speaks first. Right? And it is always wrong. It speaks very loudly.

*Wait a minute! I
made this! I am
responding,
reacting, to my
own projection. I
could see Peace
instead.*

But if we remember in our mind that this right-minded gentle smile, nothing has really happened, it gives us a modicum of Peace, and then sometimes a deeper Peace to remember we're loved. We **are** Love, and we are loved, and we don't have to take the body so seriously, do we? Right?

Jennifer [laughs]

Jackie Just keep that as a template in the back of the mind. We take care of the body, we do everything. But Jesus, again going back to purpose -- one of the questions you had earlier -- Jesus first, He's transforming our thought and our **interpretation** of the body and the world from the ego's purpose to the Holy Spirit's purpose.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Focusing On the Internal Truth, Not the External World

So we first have to use the body lovingly, right? We learn to be in the happy dream of forgiveness, which is in the mind, and nothing to do with the world. The happy dream of forgiveness is **looking** on the world and **remembering** that this is your dream. We're happy because we remember the truth. That's why we're happy.

So I hope this is helpful. It's just some of the thoughts that I always keep in mind.

The cause of my upset is never outside of me, but we **use** what's outside of us -- the people, the circumstances, that's the red flag, that's the trigger that says, "Oh, my gosh! I'm focused on the external."

But it's just a projection from the internal. Internal and outer are the same, right? The *Course* says,

"Ideas leave not their source."

The world's never left the mind that's projected it, and so we always want to go back to cause, which is what you mentioned earlier, going to the **cause**. So this is a course in **cause** Jesus is teaching us, **not** effect. Right? So if we change our **mind** about the world, we're going to have a more peaceful experience. Right?

The happy dream of forgiveness is looking on the world and remembering that this is your dream. We're happy because we remember the truth.

Jennifer Beautifully said! Very helpful tools to walk us through making those shifts and changes. As you're talking about them, Jackie, I feel like it's about shifting octaves.

Jackie Mmm! Beautiful!

Jennifer Mm-hmm. I know you know a lot about that, because you've got a lot of music in your family.

Jackie [laughs] Yes! My sister Cindy is, as maybe some of your listeners know, is a **wonderful** singer.

Jennifer Yeah!

***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

- Jackie I grew up singing, as well. I don't do it professionally, like she does, but boy, we all grew up singing, and my aunts and uncles, my mom, they all do 4 and 5-part harmonies.
- Jennifer Oh, my God!
- Jackie Our family reunions, Jennifer, it's so beautiful!
- Jennifer Oh, my God!
- Jackie Yeah, sometimes I've been known to break out into song on my podcasts, or whatever. It just makes me happy, right? Why don't we do the things that feel good? Yeah, but my sister Cindy is a wonderful singer, and has a lot of great music out there. So it's awesome.
- Jennifer Well, and I've had your mom on this show twice, I think --
- Jackie I know!
- Jennifer -- with you.
- Jackie That's right! That's right! You had us all on as a family, because it was really interesting. You had a **great** idea, Jennifer. You're like, "Gosh, it's so weird that so many people in the family practice the *Course*."
- I mean, it was myself, my mom, my husband, Mark; my sister, Cindy; brother-in-law, Gary. Mark's mom has been practicing the *Course* for years. I mean, it's just great, and you had the idea to have all of us on. It was so fun! You had us on twice!
- Jennifer Yeah! Yep.
- Jackie 2013 and maybe 2014 or 2015, but a while back. That was so fun! I think I still have one of those links on my website or whatever, so I'm going to check on that, actually, because that's fun!
- Jennifer Yeah!
- Jackie Make sure that's still up there.
- Jennifer Yeah, they're in the [archive](#).
- Jackie Awesome!
- Jennifer Yeah! So, so great to have those conversations, and listening to your mom. I remember that, as well.

A Course in Miracles Weekly Radio Show with Jennifer Hadley

Self-Forgiveness & Changing Our Minds

Let me ask you another question about forgiveness. We don't have a lot of time left, but where do you feel like people get off track and lost when it comes to forgiveness? Like, what are the common misunderstandings that you see as a Spiritual Counselor? How do people get hung up on forgiveness?

Jackie Right. Well, again, it can be a whole show, but I'll say quickly, I think people -- Jesus, in the *Course*, is having us practice a different type of forgiveness than we grew up with, or maybe that we're used to. He's asking us to forgive what has **not** happened, because **we** made it up.

So instead of forgiving people because they've **really** done something, we're forgiving them because they **haven't**, because they're a projection coming from **our** dreaming mind.

And so it's really hard to practice the *Course* when we're not going back to the mind and **remembering** that we're forgiving our **projection**, we're forgiving our projected images, first step, and **then** we're forgiving ourselves for **projecting** the whole thing in the first place, right? Because we're innocent, right? So we go back to that.

And then the third step is just letting the Holy Spirit replace the ego thought system, letting go.

So the biggest misperception is people still thinking that it's real out there, and that's understandable. Everybody needs to be where they are and start integrating this as best they can. If they try to remember that it's **their** projection, so you're forgiving something that has **not** occurred because it's come from you, so we always want to bring it **back** to the dreaming mind.

Jennifer Yeah, it's so helpful to me that *A Course in Miracles* teaches us that really, truly, all forgiveness is self-forgiveness.

Jackie Yes! Beautiful! There's only One of us.

*Instead of forgiving
people because
they've really
done something,
we're forgiving them
because they haven't,
because they're a
projection coming
from our dreaming
mind.*

A Course in Miracles Weekly Radio Show with Jennifer Hadley

- Jennifer Yeah. Remembering that.
And I'll just share real quick here that you talked about responsibility, and I say -- the way I say it, like you with your thing on the fridge, "I am responsible for what I see, and everything is just as I wish it to be."
- Jackie Oh! Beautiful!
- Jennifer Yeah, and so if I don't like it, I have to remember that, no, this is what I wished for based on the thoughts that I was holding in my mind. So if I really want it to change, I have to change my mind.
- Jackie Beautiful!

- Jennifer Mm-hmm. *This is what I wished for*
- Jackie That's true! It's all about changing the *based on the thoughts*
mind. So Jesus is saying what -- yes? Go *that I was holding*
ahead. *in my mind.*
- Jennifer I have to interrupt you, because we have *So if I really want it to*
to close out now. Gosh! It does go so fast, *change, I have to*
as you said during the break. *change my mind.*
- Jackie It does!
- Jennifer I'm so glad you were here.

- I'd like to say a big thank-you to everybody who contributes, makes donations, so that we can transcribe these episodes, and we can produce this broadcast every week. Thank you **so much** for your contribution.

Closing Prayer

- I'm going to invite everybody to place their hand on their heart and take that breath with me as we give thanks, and we call upon the Higher Holy Spirit Self to release us from all unforgiveness. We are willing, and we are grateful for our willingness.
- In gratitude, we let the healing be. And so, it is. Amen. Amen. Amen.
- Jackie Amen!
Thank you, Jackie! Have a great week, everybody! Mwah!