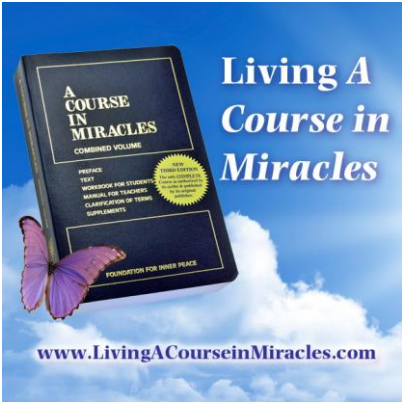


April 23, 2019



# Life Purpose



 *Jennifer Hadley*  
your daily shot of spiritual espresso

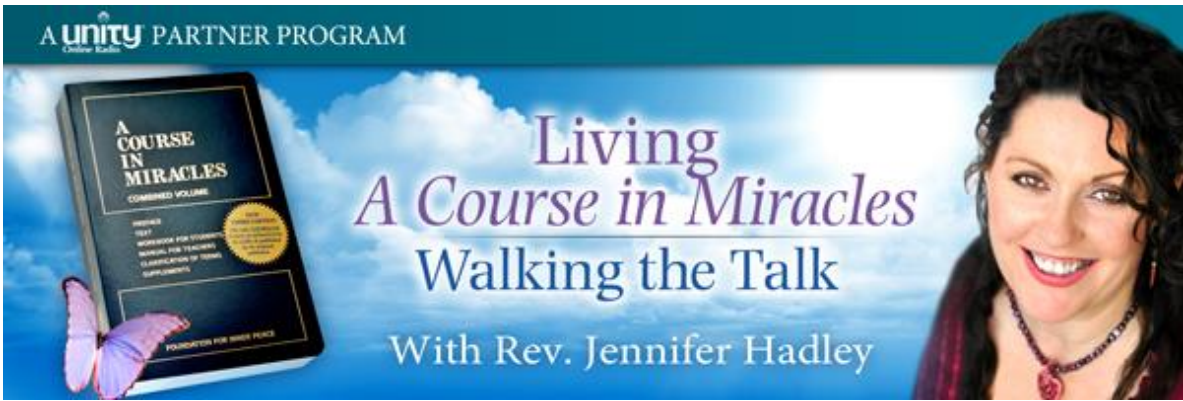


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April 23, 2019

# Life Purpose

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

## Introduction

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Jennifer Bonjour! Bonjour! I know sometimes people, perhaps, wonder why it is I say “Bonjour!” I saw a message from Lauren asking that, and I say it because it’s fun, because it makes me smile and laugh.

I first started saying it when I was in my early 20’s, and that would have been in the early 80s. My best friend, Rosemary McGinn, and I went to the Caribbean, to Martinique, and we are at the -- oh, I’m trying to think of the name of the resort there. It was my first big, adult vacation and, Martinique being a French island, they were speaking French there. I had 4-1/2 of French between high school and college, and we just had so much fun saying, “Ah! Bonjour! Bonjour!” So I started saying, “Bonjour!” to everything. The waiter would bring the appetizers, “Ah! Bonjour!” to the appetizers. [laughs]

And so it’s just a fun playful thing, and I really enjoy this radio show. I feel **so** connected to you, the listener, and I am so grateful for the opportunity that we have to connect together in this place beyond space and time, and it feels very real to me, because there’s a heart connection here.

I feel very, very blessed that people tell me that this radio broadcast is meaningful to them, and that they are inspired by it. That is certainly my intention, is that the inspiration that the Higher Holy Spirit Self shares with all of us would flow through me by means of my willingness, and your willingness, and our willingness. We join together in our willingness, and that creates a flow, a connection, and that the spiritual electricity is flowing between us, and we’re **both** inspired, and then we can take that and share it with others.

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We're the two or more who are gathered. The Christ is here with us, Jesus is here with us, and so we can palpably feel it and know it, and we can rely upon it. I truly believe that this is part of our purpose in this world, to have this connection.

It's my happy place, this connection, and I say, "Bonjour! Hello! Good day!" Right? "Bonjour", the literal translation is "Good day", and so I wish us all a good day, I wish us -- not just **wish** us a good day, **affirming it is** a good day. It is right now, regardless of what time of day you might be listening, it is a good day. It is a good day regardless of what the circumstances are in our life. It is a good day because we are inextricably linked together by Love in the Good of God, and that's what makes it a good day.

What happens this day, what occurs and our feelings about it, our perceptions of it, do not impact whether or not it is a good day. Empirically, it is a good day. Yeah! This is the day the Lord has made for us and so we rejoice to stand in the Light of Christ together within the context of this day. That said, let us pray!

### *Opening Prayer*

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I invite you to place your hand on your heart as I place my hand on my heart, so grateful and thankful for this good day. So grateful and thankful for our joining together in the Love and as the Love, and forgetting any idea of something else, forgetting any idea of lack or limitation.

We join together for the purpose of permanently forgetting any concept of lack, limitation or separation. We're joining together for the full realization of our purpose.

We come together for a holy purpose, and we are grateful and thankful to allow this experience to be **profoundly** healing, expansive, awakening.

We are grateful and thankful to awaken from the dream of separation, and to recognize and remember that our true identity of perfect Love, and Wholeness, and Wisdom, and so much more is intact, undamageable.

We are grateful and thankful to let it be, to know it's done, to share the benefits with everyone. In gratitude, we say "Yes!" And so, it is. Amen. Amen. Amen.

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### *What Is Our Life Purpose?*

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0:07:31 Whew! That “Yes!” is so important! Saying “Yes!” Learning to have trust and faith, and to say “Yes!” even when we don't know what's going to be asked of us or involved. We're saying “Yes!” to living our life purpose.

0:07:50 I shared in my daily inspiration today -- which, in case you don't know, I write inspiration every single day. Sometimes I will recycle a daily inspiration or rewrite something, but pretty much I write something fresh every day. It's my Joy, it's part of my spiritual practice.

0:08:32 Today I wrote about “Life Purpose” and I usually match up on the day of the radio show, the same topic in my [“Daily Shot of Spiritual Espresso”](#) which, also includes a prayer, a freshly recorded prayer. In case you don't know, you can subscribe to my [daily blog](#). It's totally free. If getting it every day seems too much to you, you can get it once a week, you can get it three days a week. We have these options.

Even if you subscribe and you don't read it every day, you can click and listen to that prayer. You can listen to it online or you can call that phonenumber and put it in your speed-dial, so that's a nice thing about it.

And the other thing, too, is my “Prayer for Today”, which is the name of my prayer, the [“Prayer for Today”](#) -- the writing is [“My Spiritual Espresso”](#) - - the “Prayer for Today” is also a [podcast](#) that you can get at iTunes and Stitcher. And then, you have hundreds of prayers right there at your fingertips. So if you're feeling challenged -- let's say your refrigerator just broke and you're thinking, “Ooh! Gosh! I didn't have the money for **that!**” - - a prayer for Prosperity, prayer for Abundance. Go for it! Boom! Right at your fingertips in your podcast app.

Anyway, today I wrote about “Life Purpose” and I was sharing what I came to learn a dozen, 14, 18 years ago. I had a realization of truth, and that my life purpose is the same as everybody else's, and that life purpose is to Love, to Love and be loved, to be the perfect givers and receivers of Love, which is what we're designed to be. It's our **design** to live.

---

*My life purpose is the  
same as  
everybody else's ...  
to Love and be loved,  
to be the  
perfect givers and  
receivers of Love.*

---

## *A Course in Miracles Weekly Radio Show* with Jennifer Hadley

And when we're **not** living in that way, we feel irritated, agitated upset. A *Course in Miracles* tells us we're **never** upset for the reason we think. Usually we're upset because we're labeling something as wrong or bad, and thinking it should be different than it is, and since that's not true, **could** not be true, we upset ourselves for no reason whatsoever.

But we don't need a reason to be upset. We have a cause, and the cause is our misperception, our false belief, and our attachment to the meaning we've made of things, which can always be amended, abandoned, handed over to that Higher Holy Spirit Self.

### *It's How We Be, Not What We Do*

---

Our life purpose is to Love and be loved. It's not what we **do**, it's how we **be**. [laughs] Our life purpose is not about accomplishing things in the world. It's about how we're being in our heart.

That is such a deeply healing realization. It was for me, because the ego thinks, oh, everything is conditional, and that in order to live your purpose, your purpose has to be something in this world, that stays in this world, that commemorates your excellence, your contribution.

People have built the most magnificent structures that no longer exist, have been completely wiped out. You think of the "Seven Wonders of the World" and they're not all in existence anymore, or they're greatly damaged. Think of the great pyramids. They're still there, but they're not how they used to be, not by a long shot, and so that's how things in this world are. They're always going to be changing and degrading.

But when we live our purpose to accomplish something in our heart and in our mind, then it can be shared with everyone throughout eternity. So the spectacular magnificence of, say, the pyramids, we won't see them, we won't appreciate them. Even if we go and visit those pyramids in Egypt -- or, of course, there are pyramids in other places, too, but just thinking of the Great Pyramid -- we know cannot see it as it was **designed** to be in its glory, in its magnificence.

---

*When we live our purpose  
to accomplish something in  
our heart and in our mind,  
then it can be shared with  
everyone throughout  
eternity.*

---

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That's life, because the things in this life degrade, they change, and if we think that's our **purpose** and then it falls away, it's temporal, it's temporary, and our life purpose is **not** that. It is a way of being, which is an eternal gift that we can share with anyone and everyone.

### *What "Should" Our Life Purpose Look Like?*

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And I really loved -- I don't think I've ever done this before, but I'm just going to share that Kristine -- I'm not sure how to pronounce your last name, Kristine? Luise? -- wrote some beautiful words in the comment section of my blog today. I'm just going to share them, because I think they're valuable. She really got what I intended.

Sometimes that's how it is. I can really feel like I'm writing to a particular person. Even though I may not know that person, I can feel that I'm writing to a particular way of thinking, and I feel so guided and directed in my sharing, in whatever way I'm sharing right now, by speaking or by writing.

She writes, "My HUGE takeaway from your blog today is so truly helpful that our life purpose is a way of BEING (not doing). That our purpose is the way we live our life, not what we are doing, i.e. being more loving, coming from the heart." She says, "I found myself stuck and uncertain many times regarding thoughts of my life purpose." Haven't we all?

"What is my life purpose, exactly? As truth be told," she says, "I'm not quite sure. What would it look like? What 'should' it look like? Sometimes imagining that it would likely mean that my entire life will have to change and be turned upside down in order to truly live my life purpose. (a rather overwhelming thought)."

Yes! This is the same for all of us! **All** of us feel this way! It's so true!

She writes, "I'm actually somewhat relieved thinking that maybe I'm already living it." And she says, "I didn't realize quite how much it bothered me that I didn't really feel I knew exactly what my life purpose was/is and that I'm somehow wasting "time. Just like this. Showing up. Being the best version of me that I can be today."

That she's already living it, just like this.

"Showing up. Being the best version of me that I can be today. Being authentic and true to myself in continuing to learn and apply the teachings of *A Course in Miracles*." She says, "Because, for me, the teachings and

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application of *A Course in Miracles* makes my heart smile. This right here may very well be perfectly perfect and completely in line with my life purpose right now. I believe this might be considered an a-ha moment. Thankful and grateful for the opportunities and reveals that the daily prayer and blog provide. Much love, Kristine.”

Yeah! That’s exactly what I was thinking and feeling when I wrote it, and I so appreciate your feedback, Kristine. I don't feel like I **need** validation, but I like knowing that we’re in tune.

That’s the whole thing right there is, our life purpose is to be the perfect givers and receivers of Love that we are designed to be, and *A Course in Miracles* tells us in a number of different ways that this is so.

### ***Our Purpose is Creating, Not Making***

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One way it expresses it in the *Text*, specifically, is Chapter 18, Section IX, Paragraph 14. This is right at the end of Chapter 18 and this is the section called *The Two Worlds*. Jesus tells us,

*“And when the memory of God has come to you in the holy place of forgiveness you will remember nothing else, and memory will be as useless as learning, for your only purpose will be creating. Yet this you cannot know until every perception has been cleansed and purified, and finally removed forever. Forgiveness removes only the untrue, lifting the shadows from the world and carrying it, safe and sure within its gentleness, to the bright world of new and clean perception. There is your purpose now. And it is there that peace awaits you.”*

Our purpose is **creating**. That’s what it talks about in the *Cause and Effect* section in *A Course in Miracles* in the *Text* in Chapter 2, that when we’re aligned with ego identification we’re going to miscreate, and we’ll make things, like the pyramids, that are temporary in this world.

But when our mind is clear, even for a moment, and we’re aligned with Love, and Beauty, and Freedom, and Wholeness, and Purity, and Clarity, and Harmony, and all the spiritual qualities of God, Abundance, Prosperity and on and on, when we are seeking the Kingdom first, and then all of these spiritual qualities and our access them is added unto us, when we’re in **that** alignment, **then** we’re going to create.

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We create with God as God, and we create -- what do we create? We create expressions of eternal Beauty and perfection, and that's what expressions of Love **are**. That's what extending Love **is**. **This** is how we're designed to live our life, extending Love, not finding fault. We're designed to express compassion, and kindness, and generosity of the heart, not to **make** things.

However, while we're making things, we **can** learn and remember how to express that perfect Peace of God, the Truth of God, the Wisdom, the Wholeness, the Harmony of God, the Infinite Intelligence of God.

Just like we could make dinner, or we could create some expression of Beauty, and perfection, and Wholeness, and serve **that** for dinner -- blessing the food, pouring our Love into it -- we have the choice in each moment to pay attention to the opportunity to be a healing, loving, beneficial, truly helpful presence, **or** to be critical, condemning, judgmental, attacking, trying to manage, control and manipulate things because we're afraid that if we don't take control, we will be obliterated. It's the difference between living our life Spirit-identified or ego-identified.

### *Our Purpose is Letting Go of Ego Identification*

---

Our **purpose** is to let go of the ego identification, stand in the Spirit identity, and create expressions of Beauty, Love, perfection, Wholeness, Freedom, Joy. Those expressions, those creations, will not be temporary. They will be eternal, and they may look like something in form, but the energetic they will carry is an eternal energetic, and so we **can** train ourselves to live in this way and that's our purpose.

Just as Kristine was sharing, being kind, loving, generous of heart, patient, willing in the moment, this is the greatest gift that we can possibly give to **all** humanity, because our minds are joined, and when any one person is a little **more** loving, patient, kind, generous of heart, helpful, **all** are lifted. **All** are lifted. This **is** our life purpose, and so we can relax into it, and that Higher Holy Spirit Self will **definitely** show us the way.

Really, this is what my classes are all about, doing this together, because doing it on our own, we get overwhelmed and we give up. But when we can hold somebody's hand and we have encouragement, we have assistance, we have help, and we can go with a friend, a loved one and get some encouragement, it is **so much** easier. And we're all built this way.

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Very few people **really** prefer to go things alone. They go alone because they don't trust, and that's not healing, though it **is** a way to learn.

Oh, my goodness! I am so grateful! So grateful and thankful, and I am Jennifer Hadley! [laughs] You're listening to *A Course in Miracles* on Unity Online Radio. We're living the Love, we're walking the talk, and I'll be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

### *Our Life Purpose is Salvation*

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Welcome back! I'm Jennifer Hadley. We're talking about living our "Life Purpose".

I would like to share with you a section from Chapter 19 of *A Course in Miracles* Text. It's Section IV, which is entitled *The Obstacles to Peace*, and in there it says,

*"Salvation cannot be withheld from you. It is your purpose."*

This is Chapter 19, Section IV A, Paragraph 4.

*"Salvation cannot be withheld from you. It is your purpose."*

We **are** the salvation of the world. This is our purpose.

Also in the *Text* it says, a few chapters later, Chapter 23, Section IV again, entitled *Above the Battleground* -- which, for me, is such a helpful understanding of how our life is. It's a battleground -- in Paragraph 4 Jesus says,

*"The overlooking of the battleground is now your purpose."*

Salvation is our purpose, overlooking the battleground, is our purpose, creating is our purpose. These are all the things that we **can be**. We can overlook the battleground, that's our way of being. Being the salvation of the world, our own salvation, this is, again, a way of being, and creating is a way of being. None of these things are **doing**. They're really all about the way that we are **looking**. It's about having Divine Vision for our life.

---

*We are the  
salvation of the  
world.  
This is  
our purpose.*

---

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Now fortunately, we **do not have to** figure out **how** to have Divine Vision. We **don't** have to figure out, at all. In fact, Divine Vision is our **natural** state, and it's **unnatural** for us to have any other way of looking at the world. This is the truth of it, that it is our natural state to see as God sees, in a sense, to have that vision of God's Vision. This is the opportunity that we have in each and every moment to see clearly, if we're **willing**. Yes!

In fact, one of the sections that is oft quoted, I certainly quote it all the time, is from Chapter 21, Section II, *The Responsibility for Sight*, and it talks about Divine Vision there, and that we can have a complete healing in this, that we can see, and know, and feel clearly the truth, but we have to take responsibility for our perception and our projections.

In fact, right at the beginning of this Section II, *The Responsibility for Sight*, right at the very beginning, Jesus says,

*“We have repeated how little is asked of you to learn this course. It is the same small willingness you need to have your whole relationship transformed to joy; the little gift you offer to the Holy Spirit for which He gives you everything; the very little on which salvation rests; the tiny change of mind by which the crucifixion is changed to resurrection. And being true, it is so simple that it cannot fail to be completely understood. Rejected yes, but not ambiguous. And if you choose against it now it will not be because it is obscure, but rather that this little cost seemed, in your judgment, to be too much to pay for peace.”*

He's saying here that there is a way to have Joy, to have your relationship transformed to Joy, to have Peace no matter what's happening in your life, to move out of the crucifixion into the resurrection. That there is a way, and it's so simple and it's so clear that you **cannot** fail to understand it. You can **reject** it, but it's not confusing, it's not obscured.

---

*Divine Vision is  
our natural state,  
and it's  
unnatural for us  
to have any other  
way of looking at  
the world.*

---

### Our Life Purpose is to Take Responsibility

And then He says,

*“This is the only thing that you need do for vision, happiness, release from pain and the complete escape from sin, all to be given you. Say only this, but mean it with no reservations, for here the power of salvation lies --”*

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Again, He's telling us, He's reminding us, "Your purpose is salvation. **Here** is the way. I'm going to tell you the way right now. You've been asking, 'How can I be happy? How can I be prosperous? How can I be loving? How can I enjoy my life? And,'" He's saying, "Here it all is. You may or may not be **willing** to do what it takes, but at least now you'll **know** what is required, so here it is. It's to --

*"Say only this, but mean it with no reservations ... I am responsible for what I see. I choose the feelings I experience, and I decide upon the goal I would achieve. And everything that seems to happen to me I ask for, and receive as I have asked."*

That's it! So I learned to say that to myself again, and again, and again, and again, and I shortened it up and I said, "I am responsible for what I see, and everything is just as I wish it would be."

So when I would be confronted with an experience that I didn't like and I wished were different, I would say, "Huh! **I'm** responsible for what I see. Everything is just as I **wish** it would be. I wonder why I would wish for **this**. It does contain my good. Of this I am assured and guaranteed, and my true, deep desire to move out of the crucifixion and into the resurrection, to have holy relationships, to have happy relationships, to move into joyful living and to be at Peace."

---

*I am responsible  
for what I see,  
and everything  
is just as I wish  
it would be.*

---

My desire for that life was so strong that I was **willing** to take responsibility for what I saw, to stand back from it, to not judge it or myself for what I was perceiving, what I had **made**. I started to train my mind to stop labeling, and to stop making meaning of it, and to stop interpreting it.

I'm still working at this every day. Just this morning I was thinking of a loved one that sometimes judges me out of habitual judgment. It's not personal, it's just habitual judgment, which I am **so** familiar with and have a lot of compassion for, but I was actually -- I got a little triggered just by memory, and thinking of my loved one, that I started to think of a situation where I would be attacked by the judgment of my loved one, and I would defend myself by making them wrong, by pointing out their unloving judgment, and then I would be right and righteous, and **they** would be wrong. Right? That's a very, very, very strong habit in my mind, and it comes up every day for healing.

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Fortunately, in this moment that I had this thought, there was no emotion, there was no -- or, it was infinitesimal -- there was no attachment. Nothing had actually **occurred**. It was **pure** fantasy, **pure** projection.

So I started to think this thought of how I would defend myself against the attack, and then I realized, "Oh! **There's** that pattern again! It got triggered." It could have been anything that got me triggered.

You know, it's like let's say one time 20 years ago that person, while you were emptying the dishwasher, they said something that you don't even remember now that was sarcastic, and you got hurt by it, and now 20 years later you're emptying the dishwasher, it's not on your mind at all, you don't even remember it, but somehow you get triggered into thinking, "Oh! If they said something sarcastic to me **now**, I would defend myself by saying -- this or doing -- that."

And it could even be as simple as I would walk out of the room to let them know that what they did was unkind and unacceptable. You know, it's **rehearsing** the drama and the trauma that **might** happen, and it's really all, 100%, about reliving the past in the mind, because there is a splinter in the mind of unforgiveness.

---

*Life experience  
is recreating  
that experience  
of the past to  
bring it up for  
healing.*

---

Let's say 20 years ago, in the emptying of the dishwasher-sarcasm exchange, you or I made an interpretation, we made a decision -- which is what interpretations and making meanings of things are -- we made a judgment that that person isn't safe, or being in the kitchen with that person isn't safe, that -- you know, it could be any number of meanings, but let's just say something like that. And so now, in a sense, life experience is recreating that experience of the past to bring it up for healing, to bring our attention so that we will work with the Holy Spirit to **remove** the splinter rather than to put some aspirin on it. Right?

There's a difference between -- like this morning, I could have said, "I don't want to think about that anymore. That's not helpful to me. I'm not thinking about it anymore." But that's not how I responded to it. **Instead**, I responded to it this way -- I thought, "There's that old pattern coming up for healing again, and I am so **grateful** for the **opportunity** to call for a

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healing. This is **not** interesting to me. I do **not** wish to invest in this pattern anymore, and Holy Spirit take it out of my mind forever.”

And I thought, “This pattern of preparing for attack and preparing to defend myself --” and it could be having a good offense, right? Because the best defense is a good offense. I think that’s a football thing, but it’s certainly an ego-life structure thing, [laughs] and it was one I used to live by. The best defense is a good offense. You’ve got to have both.

Seeing that pattern, and realizing I was still working with it, I was **grateful** because I **don't** identify with it. It’s **not** who I am. I **don't** feel bad, I **didn't** feel bad, for having those thoughts. I didn’t make myself **wrong** for it. No, instead I thought, “Oh! I can **share** that!” And I didn’t necessarily think about sharing it on the radio show now, but I’ve *Masterful Living* class tonight, I could share it there. I could share it in a blog. I could share it ten different ways, and I will keep sharing it until Spirit doesn’t direct me to anymore.

So, in this way of living I wasn’t upset. Right? You’re **never** upset for the reason you think, so I wasn’t upset because I had these thoughts, because I didn’t make them real or powerful. I wasn’t **invested** in them. This is my **healing** opportunity. I was **grateful** for my healing opportunity.

---

*Every time we’re  
upset,  
there’s a healing  
opportunity.*

---

Every time we’re upset, there’s a healing opportunity. If we get upset and **stay** upset, without claiming the healing opportunity by working with the Holy Spirit, that One Voice for God that we can always be listening to and following, then I would be repeating the past and making meaning of it.

So this became my healing opportunity, and I can tell you, I felt the healing and the relief in that moment, sharing the benefits with everyone because I’m One with them.

In that section, *Responsibility for Sight*, after it says, “Everything I’ve asked for and receive as I have asked”, it says,

*“Deceive yourself no longer that you are helpless in the face of what is done to you. Acknowledge but that you have been mistaken, and all effects of your mistakes will disappear.”*

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So I was mistaken 20 years ago when I had that experience and the meaning I made of it was painful.

[coughs] They were leaf-blowing today, my least favorite sound. I was meditating and they were leaf-blowing. It didn't disturb my Peace but it stirred up something in the air.

*“Deceive yourself no longer that you are helpless in the face of what is done to you.”*

It's **so** important. We are **not** helpless.

*“Acknowledge but that you have been mistaken --”*

So that's it. I realized **I** was mistaken for the interpretation I made of it, that something was being done to me. This world is an illusion. Things are not being done to me here. That is not how this world works. I am profoundly supported in every moment to the fullness of God's Love and Support. I can accept it, and allow it, and receive it, and experience it, or not, according to my **choice**.

---

*I am profoundly supported in every moment to the fullness of God's Love and Support.*

---

The next paragraph after this says,

*“It is impossible the Son of God be merely driven by events outside of him. It is impossible that happenings that come to him were not his choice.”*

It's impossible!

*“His power of decision is the determiner of every situation in which he seems to find himself by chance or accident. No accident nor chance is possible within the universe as God created it, outside of which is nothing.”*

The Universe created by God does not allow for random, accident or chance. This does not exist in our Universe. It is a real game-changer. It is a completely and totally **life-changing**, and I do not say this lightly, to recognize that everything that **seems** to happen to me I have asked for, and receive as I have asked.

*“It is impossible the Son of God be merely driven by events outside of him. It is impossible that happenings that come to him were not his choice.”*

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It's impossible! The ego thought system cannot accept that, because the ego thought system is one of blame. Our life purpose is to transcend the ego thought system. We've tried it on, we've worn it a very long time, and we've explored it in innumerable ways, and now it's time to move on.

It's just like with my nephews who love their video games. They will play the same game again, and again, and again and again, and again, and again, and they die at the end of each game, I think. Right? Their character in the game, their personality in the game, dies. And whether they die with 10 points or 10 million points does not affect their **real** life.

### *Learning Our Life Purpose Through Joy*

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Just like this illusory world, we can die a thousand times with a billion points or a hundred points, as the world deems point-worthy, and it will not affect our true nature, our true reality, our true being because it's an illusion.

This is the thing that we can **rejoice** in, that all of the unkind things we've done, all of the opportunities that we have turned away from, all of the things we have blamed on God and other people, **all of it**, that is not on our permanent record. It's **not!** [laughs]

And, as soon as we give up the idea that it **is** on our permanent record, we free not only ourselves but everyone that we were blaming and holding responsible and accountable instead of ourselves.

So, again, it is a huge leap in dis-identification with the ego to make this leap, to say "It is impossible the happenings that come to me were not my choice. Somehow, some way this is my choice, so it's come to bless me, it's come to help me, it is for my good, there are no exceptions to this. Therefore, I'm going to stop making exceptions and delaying living my purpose. I'm going to choose to live my purpose right now.

A reminder that is really helpful to me is in Lesson 24. Gosh, I love the early lessons! They are so, so helpful. Lesson 24,

*"I do not perceive my own best interests."*

It starts with,

*"In no situation that arises do you realize the outcome that would make you happy."*

## ***A Course in Miracles Weekly Radio Show*** **with Jennifer Hadley**

**What?!** [laughs] So, why try to make yourself happy?

*“In no situation that arises do you realize the outcome that would make you happy.”*

It is inevitable, then, that you will **not** serve your own best interests because you don't know what they are!

*“If you realized that you do not perceive your own best interests, you could be taught what they are. But in the presence of your conviction that you do know what they are, you cannot learn.”*

Boom! You're blocking your learning.

And then, as you know if you've been listening to this for a while, we can learn through direct realization. We don't have to learn through experience. If we're learning through painful experience, that's our **choice**. We can decide not to do that anymore, and the best way to stop learning through painful experience is to live your life purpose, which is to be loving, to be kind, to be generous, to be patient, to get in the flow of Love, and self-forgiveness is required. It is required, it is required. We avoid it, but that is the requirement.

That is precisely why I'm preparing to offer my [\*Finding Freedom Spiritual Boot Camp\*](#) class again, for that those who really are willing to roll up their spiritual sleeves and do the work. It's not for everybody. It is not for everyone! Not everyone has a willingness to do the work. But if you do, put your name on my waiting list. Go to the [\*Finding Freedom\*](#) page at [\*JenniferHadley.com\*](http://JenniferHadley.com) and together we will get it done. We will do it!

Oh! My time is up! Let us pray.

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*The best way to stop learning through painful experience is to live your life purpose.*

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### *Closing Prayer*

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I'm so grateful and thankful for the Love of God shining in our heart and in our mind, and that we are already free in the Infinite.

In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

Have a great rest of your week! Mwah! I love you!