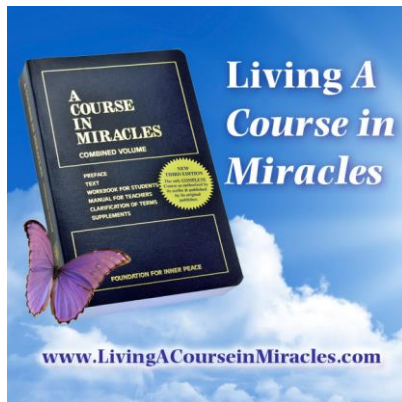


June 11, 2019



Healers & Healing



 *Jennifer Hadley*
your daily shot of spiritual espresso

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June 11, 2019

Healers & Healing

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Ah! Bonjour! Bonjour! Coming to you from the West Coast today. I don't think I've been in California for a whole year! I'm out here visiting my goddaughter, which is lovely, so precious to me. Yeah! Life is good! Very, very good!

Let us begin with a prayer, as we always do.

Opening Prayer

Deeply grateful, deeply thankful, that Infinite Intelligence, perfect Love and Light is our true identity, and we accept no other. We join together with the Higher Holy Spirit Self for this purpose of remembering and recognizing the truth. We are choosing liberation, separation no more, joining together for the holy purpose of recognizing our holiness, our perfection, the Beauty and the truth that we **already** are.

We're giving up all the false ideas and identities, laying them on the Holy Altar Fire of Divine Love and accepting the fullness of Love as our life, our walk and our talk.

We are grateful and thankful to dedicate this time together for our healing, for our awakening, and sharing the benefits with everyone, because we're One with them.

In gratitude, we let it be. We know it's done. And so, it is. Amen. Amen. Amen.

Yeah, baby! [laughs]

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We Can All Be a Healer

Oh! Life is really good, and it's really good whether we recognize it or not. This I have come to see, to know, to feel. Ugh! If I could tell you with how much vehemence I used to feel that I **hated** this life, and how grateful I am now **for** it, for the adventure of it, for the experience of it. I'm so grateful to know and discover that we **can** change our minds, and that Freedom is our natural state. Oh, my gosh! What a blessing! Ah!

Now, *A Course in Miracles* tells us that we're here to be truly helpful, and sometimes I've said things like that and people say, "Yes, but if time and space aren't real, where is 'here', Jennifer?" I'll say, "Well, ask the Holy Spirit where you are, if you'd like to know the answer." [laughs]

We are, according to *A Course in Miracles*, we are **here** only to be truly, truly helpful and -- something in my throat here. Let's see. I can take a sip of my spiritual espresso. Maybe somebody's having a healing already!

Our topic this week is "Healers and Healing." *A Course in Miracles* tells us that we're here to be truly helpful by recognizing our brothers and sisters as our salvation. Not one of our brothers or sisters is here to **not** be truly helpful. Think of that. Every single one of us is here to be truly helpful to ourselves and the others because we're all One.

Every single one of us is here to be truly helpful to ourselves and the others because we're all One.

Maybe it was because I read *Power Versus Force* 20-some years ago, back in the 90s, David Hawkins' book, *Power Versus Force*, and he talks in there about how one person with the awareness of the Christ, like Jesus, can counterbalance every other person on the planet -- **wow!** -- and can be a healing and beneficial presence of **real** impact to every other person on the planet. I read that, and it ignited something in me.

I can take you back then to -- so I don't know exactly when that might have been, '97, '98, I just don't remember exactly what year that was when I read *Power Versus Force*. If you haven't read *Power Versus Force*, and you

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feel called to, I'm not going to say I recommend it or don't recommend it. A lot of people have read it. Some people try to read it and had to put it down.

But if you're going to read *Power Versus Force* by David Hawkins, I recommend that you begin with the *About the Author* section in the back of the book. It might be 10 pages -- fascinating reading -- to learn about him, because what an amazing being of incredible consciousness, plus he had a lot -- he was a psychiatrist, and he helped to liberate his own consciousness and many other people.

Then I would suggest if you know anything at all about kinesiology, skim that first chapter and don't get stuck on it. That first chapter is extremely technical. It's very off-putting, and so just skip it all together -- you don't really need it -- and go right into the more meat of the book.

Hawkins was an *A Course in Miracles* student, and in our awareness that we're One with each other, One with all life, we can be a **conscious** healing presence.

The Ego's Illusion of Power

So back -- now I'm going to go back to -- let's see if I can put a year on it -- maybe 10 years before I read *Power Versus Force* back in the 80s, I was living in Manhattan, and it was around the time that I was the most miserable that I've ever been, and it was in the neighborhood of the time when I was feeling life was not worth living. I went through a period, not a long one, but I did go through a period where I thought that I didn't really want to be on this planet. "Stop the world, I want to get off. Or, don't stop it. Do whatever you want to do, but I'd like to get out of here!" [laughs]

But what stopped me was the love of my family. My love for **them** stopped me, and it's one of the reasons why a lot of people don't take their lives, as they have a pet or some being that they love and care for. And then that's what makes it so, so hard when people do take their own life, and their loved ones feel like, "Oh, they didn't love me enough to stick around."

I remember feeling that way about my mom when she had her terminal cancer diagnosis, and in my mind, when she would do things like have a cocktail, a little scotch on the rocks, or she'd have a piece of cake, or she'd do something that I felt was contributing to her illness, I'd think, "Oh, see! She'd rather have a piece of cake or a glass of scotch than stick around to be

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my mom!” You know, that’s how the ego is. It’s always divisive, destructive, name-calling, labeling, looking at things as half-empty -- loss, loss, loss.

So back when I was in that neighborhood of feeling suicidal and waking up to the awareness that I really had this deep, deep self-hatred, because I had heard, in my mind, the ego thought, “I hate you!”

A Course in Miracles talks about the ego hates us. Gary Renard, whom I truly love, he talks about that, as well, that the ego -- don't try to make friends with the ego. The ego is not your friend, the ego's trying to kill you, the ego hates you.

*Now I'm interested
in liberation.*

*Now I'm interested
in true healing.*

And I'll just say, let's not **personify** the ego, for me. That's what's worked well for me for the last bunch of years is just let's not give the ego a personality. Let's not let it usurp **our** personality. The ego is a divisive thought system to keep us in a place of feeling separate. Enough said! The ego has no power. It does not have the power to kill me. If I give my power to the ego, then I can self-destruct, if I so choose.

And let's also say, “Well, it's an illusion. If I choose to experience self-destruction, I will learn and grow from that, reincarnate, and take that learning with me.”

But that's not what I'm interested in anymore. Now I'm interested in liberation. Now I'm interested in true healing. Healers, we all are -- or **can** be, if we so **choose** to be.

All Are Called, Few Answer

Now the great thing *A Course in Miracles* also tells us is **all** are called, but not everybody chooses to answer. But **all** are called. [T-3.IV.7]

As I started to say, back in the '90s, in the darkest time of my life, I had a very helpful realization, which was there's a **choice**. I can seem to walk towards the darkness, mentally in my awareness. I can face the darkness, look at the darkness, explore the darkness, believe in the darkness, make the darkness real -- or not. That's a choice that I have.

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At the time, I was reading Eric Butterworth's work. I was going to Sunday services in Manhattan at Lincoln Center with Eric Butterworth really helping me so, so much, and I started reading *Living In the Light* by Shakti Gawain. So I started to really look at things in terms of light and dark.

I decided, I made a decision -- actually, I remember when I made that decision, it was in the Spring of 1986. I decided to start **consciously** moving towards the Light, and I made the decision -- remember, *A Course in Miracles* talks about the power of decision. I did three episodes on that, I think it was late 2017, *Power of Decision*, a very powerful section, *The Power of Decision*, so important, so helpful, so valuable.

I made that decision to work and live towards the Light, and at that time I had this belief that for me, Jennifer Hadley -- because I was so, so ugly inside, so mean, so depraved, so bad, so wrong -- that it would take me, likely, 100 lifetimes of concerted effort to begin, to really **be** the Light Being that I could feel was my potential. Or maybe I couldn't feel it, actually. Maybe I could just **believe** it based on listening to Eric Butterworth and reading Shakti Gawain.

*Make that choice to
consciously walk
towards the Light,
instead of exploring
the darkness
anymore.*

I remember going to a couple of long weekends, like 4-day weekend workshop retreat-type things she did in Manhattan, I think, at the Open Center, which is still around. I've taught at the Open Center, though not in a long time. Those -- which, I'll tell you, talk about coming full circle, being at the Open Center and feeling like my life **wasn't** worth living in '86 or '85 and then -- yeah, however many years later, 20 years later, 20-some years later, teaching a workshop there on forgiveness. [laughs] Oh, don't give up before the miracle happens!

Making that choice to consciously walk **towards** the Light, instead of exploring the darkness anymore, "Enough already!" I said. "Okay, maybe it's going to take me a hundred lifetimes to really become Light-filled. But what else am I going to do? I don't want to explore the darkness anymore. It's not interesting to me anymore. It's not -- it's painful. There's no part of it that I really, really would like to revel in anymore. Enough! It disgusts me."

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So I started to work towards having some compassion for other people, because I didn't have much back then. I really thought other people were the **cause** of my problems, and I was drowning in judgment against all the people who were causing my problems, and myself. And everywhere I went, every day, I was getting angry, and annoyed, and frustrated, for which I'm so **grateful**, because it was that constant feeling of anger, and upset.

Some people experience it as depression, they implode. I was constantly exploding, and all that volatility was just exhausting, and I couldn't stand it anymore. And so I made this turn towards the Light. I looked at killing myself. I decided, "Nope, I'm not going to do that. So since that's not going to be my solution, what am I going to do now?"

Reclaiming Our True Identity

As I've said in this broadcast before, I felt like I was an extremely slow learner. I mean, from '86 to '96, I definitely made some movement, and I took several years in that time where I actually lived at our family's house on Deer Isle, Maine. So I was away in the woods, isolated a lot of the time, by myself, doing inner work, and that was very helpful to me to do all that inner work.

But I now **know** that it's actually much, much faster to do the work with other people. They are like sandpaper on our consciousness helping us to refine, **if** we have that intention, **if** we've enabled ourselves with the power of decision to say, "This is what I'm truly interested in. I'm truly interested in the Peace, the Love, the Joy, the Freedom, the Wholeness, the Harmony, the Wisdom, the Clarity that is my true identity." But if you don't believe that's part of your true identity, and no one's working with you -- I was working in isolation, no therapist, no counselor.

You know, I can see now from this vantage point, that's precisely why I feel so compelled -- of course, it's my guidance, as well -- to support others in supporting others. Because we are **all** here to be truly helpful, and we can all **be** a healing presence in our own life, in our family, in our neighborhood, in our workplace. And it is hubris, it is pure ego, to think that we cannot.

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A Course in Miracles tells us this, over and over again, if we think that we are not capable of being a healing presence, because we're so messed up, we're trying to do everything on our own, then. We're not working with the Holy Spirit. We're not working with that Higher Self. We're not working with Jesus and the angels, and everything in the invisible field of perfect Love to **reclaim** our true identity. We're trying to do it on our own. That's why it takes so long, and that's why it feels so gut-wrenching and so difficult.

Ah! Just thinking about it [laughs] I can feel how difficult it is.

Grow Your Own Consciousness With Willingness

I love that *A Course in Miracles* really is so clear -- make that decision that you're going to answer the call to be a healing presence in this world, to be truly helpful. Make that decision to answer that call, and then be willing to recognize you **will** be led and guided in every moment, if you're **willing**.

See, it always comes back to that willingness. That's one thing I've been sharing about lately is, we can't develop the trust that is the #1 characteristic of the Teachers of God **without** willingness. Willingness is the foundation, so that's why Jesus tells us, "Your willingness is all that's required."

And if we have a little bit of willingness, that's great. But we can have a lot. How do we have a lot? We make decisions, and we hold those decisions as valuable and important.

Now going back to that time in the late '90s when I finished my Masters Degree, I was at USC in the Screenwriting program, I finished that Masters Degree. I was working full time in an entertainment company as an admin, and I was writing screenplays and not selling them, [laughs] which surprised me. And so at that point I was enough of a spiritual student to say, "Okay, what's **really** going on here? What am I to do? I am willing to follow the guidance. I do not wish to try and do things on my own, anymore. I'd rather find the guidance and follow the guidance."

And my guidance was to switch tracks and now become a minister. [laughs] I was like, "Oh, my God! I just paid all this money to get a Masters Degree in Screenwriting. I've been working on this for years and years.

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Okay! Well, that was the message I got. ‘Go grow your consciousness and then come back to writing.’”

So that’s what I did, and when I made that turn towards growing my consciousness, that’s about the time that I read *Power Versus Force* and I got that clear insight from the Hawkins’ work, and from Ernest Holmes’ work, that I could be a healing presence in the world, and so I made that decision to answer that call.

I wasn’t 100% committed, but I had some real authentic willingness, and I set the intention, I made the decision, that I’d like to be loving enough that I could walk into a room that was filled with discord, upset people, and I could shift the consciousness to Love **simply** by being in the room, without having to say anything or do anything except simply be.

I believed that that was possible, and that everyone could learn to do that, and I made the decision to learn to do that, and that was another life-changing decision for me. Yes! And that’s why -- because it didn’t happen right away. God, no! No, no, no! It took me a long time to really feel like I **could** be that loving presence.

But now I love, so much, to be able to hold that for people. People come into [Masterful Living](#) sometimes and their life is really hard and painful, and it’s amazing to see, within a year to two years, they can be a really loving presence in their life, and a healing presence to those around them.

Yes. Our brothers and sisters are our salvation, because we can turn and face the Light and hold out a hand to them, and we’re all lifted up. This is the truth of our Being, so we help each other so, so much.

This has been the experience of my life, and it’s what compels me to share, because where once there was an ancient hatred in my heart, now there is holy ground and we can stand in it together. It’s beautiful.

Ah! Yes! Well, if you’re interested in next steps, you can always go to [JenniferHadley.com](#) or [LivingACourseInMiracles.com](#) to learn more.

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A Course in Miracles Weekly Radio Show **with Jennifer Hadley**

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio. We're living the Love, we're walking the talk and I'll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Teach Only Love

Welcome back! We're talking about "Healers & Healing" and it's something I know a fair amount about.

Years ago, I was interviewed for something, and somebody asked me, the interviewer asked me, "What is your take on charging money for healing?" And I said, "Well, that would be interesting, because the only person I can heal is myself, so why would I charge myself for healing?" [laughs]

However, I do work with other people. I've been a Spiritual Counselor now for coming up on 20 years, 19 years, so I do charge people for my **time**, but I don't charge people for healing. And I'm not saying what others should do or not do, but I truly believe that healing is a self-healing, that all healing is really about healing ourselves in our consciousness, and that's **true** healing, and that Love is our redeemer, our restorer. Love is everything, and there is no other healer, just Love.

Why is Love the healer? Because is what we **are**.

"Teach only love, for that is what you are."
[T-6.I.13.]

If we're teaching any other thing, which sometimes we do -- we teach sarcasm, we teach depression, we teach loneliness, we teach anger and resentment, and so in those moments we're not teaching Love, and so we'll experience the effects of teaching something other than Love.

We can train ourselves to be truly helpful by being willing to forgive ourselves when we're **not** teaching Love. We don't have to make amends for it, we don't have to prostrate ourselves, we don't have to be crucified. None of that. We just release any judgment that we hold against ourselves

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for not being loving, and then we do a 180, we decide once again to be truly helpful, and we allow ourselves to be led and guided to what that might include in that particular moment -- but it **always** includes extending Love and being loving. That's the thing for us to do.

Ingratitude Brings Sickness, Gratitude Brings Peace & Healing

I'm going to share a quote here from *A Course in Miracles*, of course, from Chapter 7, Section V, and this section is called *Healing and the Changelessness of Mind* where it says, in Paragraph 7,

"The unhealed healer wants gratitude from his brothers, but he is not grateful to them. That is because he thinks he is giving something to them, and is not receiving something equally desirable in return. His teaching is limited because he is learning so little. His healing lesson is limited by his own ingratitude, which is a lesson in sickness."

Let's just stop there for a moment, pause there. Ingratitude is a lesson in sickness.

I know in [*Finding Freedom*](#), in [*Masterful Living*](#), one of the things that is foundational to what I share, based on my own learning about healing, is that Love and gratitude are our **foundational** spiritual practices, and that's **why** one of the things that I recommend, and support people in doing, is every day, in every way, practicing Love and gratitude as the foundational spiritual practice that is so deeply healing.

Practicing Love and gratitude as the foundational spiritual practice is so deeply healing.

And when people are **willing** to really get on board with that -- again, there's the willingness that is required. Willingness is required, and willingness -- you know, *A Course in Miracles* talks about a **little** willingness, but it's really, it's I'll call it true willingness, authentic willingness. We could call it great willingness. It's **actual** willingness, and it's the willingness to make a difference, it's the willingness to change your mind and go the other way in that moment.

So, let's say in the moment -- you know, a common thing that happens is somebody's watching the news, and instead of treating it as a prayer request, people are -- these things are happening in the world and it's a

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prayer request, and we've made that commitment, that *A Course in Miracles* invites us to make, which is to "Seek **not** to change the world, but to change our mind **about** the world." [T-21.in.1]

Instead of doing that, we're complaining. Well, where's the gratitude if we're complaining?

That's why in [Finding Freedom](#), in [Masterful Living](#), in my courses, I'm supporting people in **giving up** complaining. Right? So I say, I got it from Harve Ecker who said, "Complaining makes you a crap magnet." Maybe he got it from somewhere else. But do I **want** to be a crap magnet? No! I would rather be a Love magnet.

So, teach what you would like to experience more of.

It's so funny right now. I don't know if you can hear this, Louie, but all around me there are jackhammers. [laughs] I'm in a room with windows on both sides, and I've got jackhammers on both sides. It's like an alarm going off saying, "Yes! Yes! Yes!" [laughs]

The changing our mind leaves us peaceful, so I can be peaceful in the midst of this, which is wonderful. **That's** what we're cultivating, is that opportunity be peaceful in the midst of it, and to remember and to recognize that **we choose**.

If we don't have gratitude for our brothers and sisters, even for their cry for Love, then our ungratefulness, what it's saying right here, is a **cause** of sickness.

We Have All We Need to Be a Healer

Now, this is tricky.

"The unhealed healer wants gratitude from his brothers, but he is not grateful to them. That is because he thinks he is giving something to them, and is not receiving something equally desirable in return. His teaching is limited because he is learning so little."

Now, remember that in that section which I call our "Purpose Prayer" that begins with

"I am here only to be truly helpful." [T-2.V.A.18. (8)]

It ends with, "I will learn as he teaches me to heal."

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“I will be healed as I let Him teach me to heal.”

It’s so powerful! So, so powerful, and this is the opportunity that we have to make that decision to walk in the world as a healing presence.

Now, it can seem like arrogance, but we’re here to be truly helpful. We’re here to **be** teachers of God, and we have everything we need preinstalled, and we have all the assistance from the invisible that A) we would need, and B) that we can handle. So it **is** about making that decision to be truly willing and truly available to answer the call.

I feel like that’s part of what I am called to do, is to support people who would like to answer the call but feel afraid, who feel unworthy, who feel confused. We **can** answer this call. Yes!

We open ourselves to the Infinite, unlimited flow of Love that is our healer. This is our Divine Opportunity in each and every moment.

Ingratitude, which is complaining, it’s criticism, it’s judgment, all the different forms of ingratitude, it **leads** to sickness. It could be emotional sickness, physical sickness, mental sickness.

And the thing is, we’ll learn from **whatever** we choose, eventually. We could start learning right now. We can be the happy learner right now, and Love and gratitude is our most basic spiritual practice that helps us to do that.

In this section that I’ve been reading from, in Chapter 7, Section V, Paragraph 7, it says that ingratitude is a lesson in sickness.

“True learning is constant, and so vital in its power for change that a Son of God can recognize his power in one instant and change the world in the next. That is because, by changing his mind, he has changed the most powerful device that was ever given him for change. This in no way contradicts the changelessness of mind as God created it, but you think that you have changed it as long as you learn through the ego.”

We can be the happy learner right now, and Love and gratitude is our most basic spiritual practice that helps us to do that.

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I've worked with people that have experienced, let's say, some kind of a threat in their body, in their mind, in their life, in their relationships, in their finances, in their world, and through changing their mind, through answering the call, through being truly willing, in a very short period of time -- sometimes it's hours, sometimes it's weeks -- but in a very short period of time the appearance of the disturbance -- it could be a tumor, it could be a diagnosis, it could be a financial issue -- it is **healed**, it is transformed.

It happens with amazing quickness, because time is not something that is real, and it has no place in healing. Healing does not require time nor take time. It is about the **decision** in the mind, our mind, in **our** heart, in **our** life.

I'm going to take a sip of my tea here.

We can be a healing presence. We can **decide** to be a healing presence, even if we don't know how.

Believing Our God-Energy Power

A Course in Miracles, in many places, talks about the "unhealed healer". I'd like to address this specifically, because I think it's a real issue. I meet many people who are ministers. I love to work with ministers, being a minister myself and knowing what a difference a minister can make. I love to work with counselors, and therapists, and teachers, and people in all kinds of healing professions. I work with a lot of nurses, doctors, lots and lots of people who are in a variety of healing professions, helpful professions.

Most of us start with this feeling of inadequacy. We start with this feeling that there's something wrong with us, we're bad, we're failing, we **don't** have what it takes, that even though we're in a healing profession, like counseling, teaching, doctoring, nursing, whatever it might be, that we are so wrong and so bad it **doesn't** work for us. It works for **others**, but not for us, and we can't figure out why.

I certainly started -- well, I didn't start at that place. [laughs] It took me a long time to **get** to that place because I felt so unworthy, and so hateful, and so evil, actually.

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However, wherever we **start** it doesn't matter. It's like the parable of the day laborers -- let's just **start**, rather than think, "Ooh! I'm starting at such a low, low place, it's going to take me longer." Forget that thought! That thought has no power unless you **believe** it. The thought that you can't answer the call, you don't have what it takes, has no power **unless** you believe it.

A thought has no power, in and of itself. We have to **believe** it. We have to place our God-energy, if you will -- our awareness, our inheritance, which is our awareness. We have to take our mind and energize that thought, hold it in our mind with belief in order for it to become made manifest. That's what it requires.

In Chapter 2, in the section *Fear and Conflict* -- which I'm always suggesting that people read again and again -- It says in there some of my favorite quotes from the *Course*. "All thought has power. There are no idle thoughts, and thought combined with belief is a power that can literally move mountains." [T-2.VI.9]

It's difficult to comprehend that, to understand that. But when we hold a thought with great belief, like "I am a totally loser!" or "This is easier for other people than it is for me. This work's for other people but not for me," when we think **that** thought, and we really **believe** it, we're going to keep seeing it again, and again, and again. It's going to reinforce that belief.

But the fact is that, when we experience our thoughts and beliefs in the world of form -- for instance, someone saying to us, "You're never going to be able to do that." -- or we're trying and trying, as I used to do, to let's say develop my ministry and my practice as a therapist, I'm **trying** to do that, and I'm barely succeeding and feeling like a failure, well, at that time -- when that was my life experience, I was broadcasting with my thoughts and beliefs, "This is easier for other people than it is for me. I don't actually deserve to have clients."

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The Healing Solution Through Gratitude

But my decision and my commitment to love my clients, and to love the people I was working with, to let **them** be **my** teacher, to have the humility to let **them** be **my** teacher, and to be grateful for them, **this** is what helped me to heal my mind, and I developed humility, I developed a true, authentic gratitude.

When I started doing this counseling work, it would be a regular thing for me that I would end the session on the phone and literally drop to my knees and weep with gratitude that I could just hold the space for another human being to learn to love themselves.

Sometimes, after a counseling client would leave my session, my home, and they had some greater inkling now that they were lovable, that there could be healing in their life, in their relationship, in their body, in their mind, I sometimes would do the same thing. I'd say, "See you next time!" or "See you later!" or whatever, because I never **needed** them to come back to me. I always thought, "One session, total healing. I'm in, and my job is to support them in **also** being all-in for total healing in one session." They would make a real movement in that session. I would shut the door, and again, drop to my knees and weep with gratitude. So I understand, this section here that says,

"The unhealed healer wants gratitude from his brothers, but he is not grateful to them."

When I was having that experience of falling to my knees in gratitude **for them**, I was not an *A Course in Miracles* student. I didn't **know** this then. I just spontaneously was so, so grateful that I could experience healing, and be a part of it, that I was no longer just being a drag on the system. Yeah.

Being The Healing Presence

I write inspiration every single day, pretty much, and I publish it as "[My Daily Shot of Spiritual Espresso](#)". What I wrote yesterday is, I quoted from Eldridge Cleaver who said, "You either have to be part of the solution or you're going to be part of the problem."

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Now, as *A Course in Miracles* students, we know all our problems have been solved, because every experience that we have that **seems** like a problem is simply a manifestation of the belief that we're separate. The only real problem we have is the belief that we're separate, so we have no problem.

But if we're not contributing to eliminating the problem from our mind, getting that splinter out of our mind, then we **are** going to believe there **is** a real problem, and we're going to contribute to it.

So, we can contribute to the healing by teaching only Love and gratitude, **or** we can contribute to the belief that there's a problem.

When I see people who would like to answer the call but don't feel worthy, or people who don't feel confident, they don't feel qualified, these are the major issues that I see with so many people, we can **all** be teachers of God, we can **all** be a healing presence, we can **all** contribute something magnificent every single day, in every moment of every day.

It is not hubris to aspire to be like our Teacher, Jesus. He, through the vehicle of *A Course in Miracles* and through all of life, through our own consciousness, He is imploring us in every moment to metaphorically take His hand to join with Him, to join with that Higher Holy Spirit Self, and to make that powerful decision to **be** a healing presence.

A healing presence is continuously coming back into their right mind through the spiritual practice of extending Love, marinating in Love, looking for the opportunities to **choose** Love, to express Love and to be loving with ourselves and others, to be grateful for things just as they are.

So when we **can** be grateful, it's true from our heart, it's not false, and for most of us that takes real practice, it takes real dedication. It takes a huge big bucket of willingness. But we **can** do it.

We can -- that's what I see, is people don't even realize when they start in class with me, very often they have no concept of how intensely negative and judgmental they are. They think, "Oh, no! I'm the most positive person

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I know!" I get that. I really do. I'm not saying that's not true, but most people **don't** have an awareness of how their consciousness has been structured to look for the complaints and the negativity, what's not working.

That was me. I walked into every single situation, all day long, looking for what were the things that were a problem, because I was so attached to "Everything is not good." [laughs]

Oh! Let's be the healed healer. Let's be a loving, grateful presence in this world, and we can do it whether anybody's watching or not. I would close that door, hang up that phone and drop to my knees in the privacy of my own home and weep with gratitude that I could be a loving presence. Powerful stuff! We **all** have that within us.

Oh, my gosh! If you're interested in any of this work, that's what I'm interested in sharing with you, these opportunities. I've got my [Fall events](#) in October, Early Bird specials right now, teaching and counseling. Check it out at JenniferHadley.com.

Closing Prayer

Let's place our hand on our heart and be grateful and thankful for the opportunity to be a healing presence. It's with us every moment of every day. We accept it, and we share the benefits with all.

In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

I Love you! Have a great rest of your week! Mwah!