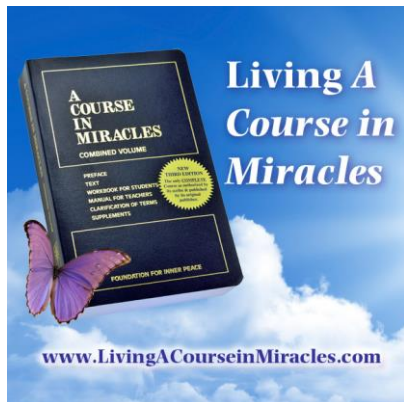


August 13, 2019



Ascended Masters & ACIM



 *Jennifer Hadley*
your daily shot of spiritual espresso

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August 13, 2019

Ascended Masters & ACIM

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour! Bonjour! Oh! It's good to join together! It is, it is, it is!
And I am grateful for this wonderful opportunity we've given ourselves to transcend time and space for the purpose of our awakening, our healing, our transformation.

Opening Prayer

I invite you to place your hand on your heart. Let's bless ourselves and the whole world, right here right now, as we take a holy breath, a breath of gratitude, a breath of expansion, and Clarity, and Freedom, and Joy, and the All-Good shining in our hearts and in our minds.

We are truly grateful and truly thankful to dedicate this time together to our expansion and our healing.

We are grateful to Partner UP with that Higher Holy Spirit Self to welcome and recognize our divinity is real, it is intact. We are grateful to lay upon the Holy Altar Fire of Divine Love any and all sense of lack, attack, limitation, and separation thinking. We are giving it up and over. We are grateful to surrender it, now and forever, and to walk in the Light of Love. We are grateful.

We are grateful to open ourselves to the unprecedented, to the unlimited. We are grateful and thankful to join together to recognize the holiness in our brothers and sisters, as well as ourselves.

We're calling forth holy relationships, healing in the body, healing in the mind, healing in the heart, healing in our life. We are willing to walk the talk and live the Love, and in gratitude we allow it to be. In gratitude, we share the benefits with everyone, because we're One with them, and we say, "And so, it is." Amen. Amen. Amen.

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with Jennifer Hadley

Ah! Wonderful! Yes!

Spiritual Companions On the Journey

I'm in Asheville, North Carolina. I just got here yesterday. I'm visiting my dad and his wife. After my mom passed away in 2008, my dad remarried a few years later, maybe five years later, and yeah. So I'm visiting them in Asheville. I was here once before, for one night. I did not see anything. [laughs] I was just passing through on a drive from Maine to California, and so I'm very happy to be here and to have some precious time with them, and to explore Asheville a little bit. I'm not much of a sight-seer anymore. The sights that I'm interested in seeing are the true Reality. Yes, indeed!

Today's a fun topic requested by my friend Kevin, and so I'm very happy to do this. We're talking about "Ascended Masters and A Course in Miracles".

There are, I feel, some wonderful references that inspire and comfort me, and so I'm going to invite you to look at a section that I recommend very highly that people really

read and study, and that is the *Development of Trust* section in Chapter 4 of the *Manual For Teachers*. It is often quoted, it talks about "Mighty Companions" in Paragraph 6.

In the *Development of Trust* you go through different stages, different periods, and the one that's called "*a period of settling down*" Jesus tells us that when you're ready to go on, you go with Mighty Companions beside you." That's at the end of the "settling down period".

After the "settling down period" is "*a period of unsettling*". Agh! Don't you know it! And so -- but we fear not, because we go with Mighty Companions beside us. Many people interpret that to be our friends, that by this point we now have spiritual friends to go with us, which is certainly true.

But one of the things that I experienced, and I definitely see that in my spiritual friends, as well, is we **recognize** that we are not alone, and we have Mighty Companions in the invisible.

*We fear not,
because we
go with*

*Mighty Companions
beside us.*

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Jesus references this, also, in a number of different ways in the *Text*, and one that many people are familiar with is from Chapter 18, Section III, Paragraph 3, where He says,

“If you knew Who walks beside you on the way that you have chosen, fear would be impossible.”

So here’s another way that we can look at it. We can look at it that not only are we walking with Ascended Masters, angels, these Mighty Companions in the invisible, that really truly our essence and nature, our very beingness, **is** Ascended Master, and that we have chosen to put these veils in our mind that limit and block our awareness of the Truth.

And so, we’re **already** perfect. We’re not **becoming** perfect, we’re **already** perfect. We are not **becoming** free, we’re **already** free. But we have **chosen** to put limits in our awareness that block our remembrance of the Truth.

*“If you knew
Who walks
beside you on
the way that you
have chosen,
fear would be
impossible.”*

A Course in Miracles, the *Workbook*, is actually a program, a mind-training, to help us see that life is indeed far better without the things that we have made. The things that we have made are the veils and blocks to the Truth, the different aspects of the illusion that we hold onto and treasure that cause us pain and suffering.

I really like this perspective on our life, because if we have to earn it, it’s a whole different thing, isn’t it? But if all we have to do is let go of the blocks in our mind to the Truth, we can do that, especially with all this help from the Ascended Masters in the invisible.

We Are Never Alone

Another treasure from the *Text* is where Jesus says to us, and this is in Chapter 7, Section III, Paragraph 1, it’s *The Reality of the Kingdom*, He said,

“When I said, ‘I am with you always,’ I meant it literally. I am not absent to anyone in any situation. Because I am always with you, you are the way, the truth and the life.”

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So what I often feel is part of my job to do, and all of our jobs to do, is first to remember that for ourselves, that we are never alone, it's not possible to be alone, that Jesus is always with us and He's not the only one. We have Mighty Companions, multiple companions, and part of that multiple companionship is also the angels. We must remember that we have the angels among us, around us, and with us, and we're meant to be like earth angels.

Calling All Angels

Another one of my favorite quotes is about angels, and how to heal and get help from the angels. This comes from *Workbook Lesson 183, Paragraph II*, where He's talking about calling on God's Name, and He says,

"God's Name cannot be heard without response, nor said without an echo in the mind that calls you to remember. Say His Name, and you invite the angels to surround the ground on which you stand, and sing to you as they spread out their wings to keep you safe, and shelter you from every worldly thought that would intrude upon your holiness."

Yes! Yes. I'm just going to share it one more time.

"God's Name cannot be heard without response, nor said without an echo in the mind that calls you to remember-"

To remember out divinity.

"Say His Name, and you invite the angels to surround the ground on which you stand, and sing to you as they spread out their wings to keep you safe, and shelter you from every worldly thought that would intrude upon your holiness."

*"Say His Name,
and you invite
the angels
to surround the
ground on
which you
stand"*

In other words, when we call the angels to help us by calling God's Name, I'm calling on God, I'm calling on the angels, I'm calling the Ascended Masters, the Company of Heaven, the Planetary Hierarchy, my beloved brothers and sisters in the invisible. "I'm calling for the maximum healing and support, right here right now. These thoughts that are not true, please take them from my mind so I never think them again. The thoughts I think are the thoughts I think with God, and that's **all** I'm interested in. **I** am choosing healing. **I** am choosing awakening. **I** am choosing to serve the

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Light with my every breath, my every thought, every aspect of my life and Being. Help me now!”

Assistance in Choosing Awakening

This kind of prayer, it's not begging and beseeching. It **is** asking. In the *Course*, Jesus tells us, “Ask and it is given, because it **already has** been given.” [W-290.2] So ask for that mighty assistance, because it's already been given to you.

But, we so often block it out. We so often don't actually **want** to have it. We truly want, at times, to be on our own, to make our own mistakes, to feel bereft, and sad, and limited, and living in lack.

I know I used to do that all the time, feed the fire of my pain and suffering instead of calling upon that precious fire that burns away all sense of lack and limitation, all thoughts of attack.

It's our choice in each and every moment. We get to decide what we'll choose, what serves our life of Love. We are grateful and thankful that we **can** choose higher. “Help me choose higher,” reaching out to the Friend who can see, and know, and feel, clearly everything, all Truth, seeing beyond

time and space, knowing the causality of everything. Reaching up to that Higher Holy Spirit Self, that Mighty I AM Presence, and the Ascended Masters and the angels for Love and support just makes good sense **if** -- big if here -- we're truly **interested** in awakening.

Many are **not** that truly interested in awakening. They're more interested in ending their pain and suffering than they are in remembering their true identity, and I've been in that position, so no judgment for it. But we **can** choose higher.

So that's the practice, is to wake up every morning, “Jesus, help me choose higher today. Angels, help me see the higher choices today. Help me no longer be interested in the lower choices.”

*Reaching up to that
Higher Holy Spirit Self...
for Love
and support
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good sense
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in awakening.*

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I've learned to do things like go into -- you go into a store, like let's say you go into the grocery store. "Help me see only the highest and best choices." You go into a restaurant, "Help me see only the highest and best choices." You go into a room with your family, "Help me see only the highest and best choices. Help me to be that loving place of Infinite Intelligence expressing in, through, and around me. Let me be Your Voice."

This is what the Teachers of God are called to be. They're called to be in the world of form so that people will remember their true identity. This is the role that we've chosen. Let's do it!

Remembering Our Worthiness

I find all of these references to angels, to a Higher Companion, the Mighty Companion, that Jesus is always with us, Spirit is always there for us, so we don't ever have to go it alone. I think, for me, there's so much comfort in that, and I've experienced that healing more times than I could ever remember or count, and this is one of the main things I teach in [Finding Freedom](#) and [Masterful Living](#) is **how** to keep remembering it, **how** to stop forgetting it. Right?

That's why my [Finding Freedom From Fear](#) course is like a boot camp, and that's why my courses have all this group support and [Spiritual Counselors](#), and all these people to walk and talk together so that we remember and don't forget. We build that sacred discipline that comes that fire that burns away the dross that we've allowed to take up residence in our field, because we, of ourselves, are not bad, or wrong, or unworthy, unlovable. No! **But** the thoughts that we think, the choices that we make, are unworthy of our Ascended Mastership. The choices that we make are unworthy of our true identity, and because we make them, we think that **we** are unworthy.

But that's not true. **All** are worthy. When we think someone else is unworthy -- a lot of people I meet right now are so angry at various politicians and workers in the government. Totally understandable, and all of that vitriol that can be directed at those people is not helping them. Of

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course, it's not. **And** it's not helping us. We're not living the Love and walking the talk, so that's **why** we feel unworthy. If we think someone else is unworthy, we will automatically feel that we are, too. So the only way out is to recognize that **all** are worthy.

And sometimes we have such a strong attachment to thinking, "That's wrong! That's bad! That should not be! It should be different! They should not do that!" Totally understandable, **and** when it leads to attack thoughts, when it becomes these weighty judgments, **that's** where our unworthiness emerges because that's where it comes from. It comes from giving ourselves permission to attack. Yes, indeed!

That's why my whole focus for myself, and for the folks in my classes, is to be able to find the support, offer the support, share the support, that we will become trained to see and look for, to know, to actually **desire** the higher choices, to be in a higher conversation again and again and again.

That's a **true** higher conversation, because I've been in spiritual community for a long time, and what we aspire to in [*Finding Freedom*](#), in [*Masterful Living*](#), at the [*Power of Love Ministry*](#) is 100%. I don't see any of us, including myself, being there **yet**, but we can get really close up on 100%.

If we think someone else is unworthy, we will automatically feel that we are, too. So the only way out is to recognize that all are worthy.

Recognizing Different Vibrational Shifts

Myself, even just as I was preparing for the radio show, something was coming into my mind where I was starting to think of thoughts to defend myself and justify my choices. And I noticed those thoughts have a different vibration than the thoughts of Peace and Harmony and Love, and "How can I be truly helpful today?" and "Who is it that I can feel I'm to pray for today?" Those thoughts have a totally different vibration, a tenor, than the thoughts of defending myself. [laughs] Of course, they do!

So I've trained myself to recognize the shift in vibration, and then I say, "Oh! Okay. I fell into some defending thoughts. I must believe that I'm being attacked, if I'm defending myself. So, ah! Yes! I can see that I **do** feel

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I'm being attacked, **and** that's a perception. This is **not** the real world. I **cannot** be attacked in the real world. I can **appear** to be attacked in the illusion, but it's an illusion so the attack is not real. I am invulnerable. Because I'm extending Peace, I'm extending Love, I'm invulnerable. So let me not believe that these attacks are real, that they have any power or validity."

And, I Partner UP! I Partner UP with the Higher Holy Spirit Self, the Mighty I AM Presence. I Partner UP with Jesus to help me to surrender the defensive thoughts and any attacking thoughts that go with them, because the *Course* teaches us that when we're defending ourselves, when we're making a case for ourselves, we're actually gearing up to justify our attack. For many people, they don't realize, and this was me, that much of their life is designed around these defensive thoughts, which are actually, the purpose that they serve, is **not** to defend us but actually it's an **excuse** to attack. It's an excuse to attack.

So we're looking for an excuse to attack -- if we feel attacked, oh, then our attack thoughts are **totally** justified! Except attack is **never** justified. Never, never never, and every time we go into attack thoughts -- ah! There's our unworthiness! There's our regret, our resentment, the guilt, the blame, the shame! Oh! It all comes falling down on top of us and then we feel afraid. Really afraid, because we feel fundamentally unworthy, we feel fundamentally bad, and that's not our true identity and we fell into the ego trap again.

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I am
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It seemed so innocent. "Well, they're attacking me! I am merely saying, 'These attack thoughts are not true, and here's why!'" And now I'm defending myself, and then I'm attacking them, and then here I go down, down, down into the quagmire again.

But we're here with the Ascended Masters and the angels, **really** being present to them. Whether you feel them, sense them, hear them, any of that does not matter. They're still **there**. If you'd like to see them, feel them, hear them, sense them, rely upon them, just start relying upon them, communicating with them with your thoughts. That's what I did, and then

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I began to sense them and feel them, and recognize, “Oh, they are there! Oh, that’s cool! That’s very helpful!” [laughs] Yes, it is!

I love this topic! Thank you, Kevin. If you would like to send me a topic, feel free. Write to me at Admin@JenniferHadley.com.

Also, remember you can go to the LivingACourseInMiracles.com/podcast or you can Google “A Course in Miracles podcast” find the LivingACourseInMiracles.com page, and you can search there for your topic, put in your keyword. You’ll probably find it, because we’ve got so many episodes already.

I’m Jennifer Hadley. You’re listening to *A Course in Miracles* on Unity Online Radio. We’re living the Love, we’re walking the talk. I’ll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

Incredible Support & Healing In the Invisible

Welcome back! I’m Jennifer Hadley. I’m so happy to be talking about this wonderful topic of “Ascended Masters & *A Course in Miracles*”.

I’d like to share with you some of my experiences, because it’s so important to me to let people know that we have this **incredible** support in the invisible. I say incredible, because until you really start to tap into it, it’s hard to believe.

One of the reasons why I teach about prayer is because prayer has transformed my life. People are often very grateful that in [Finding Freedom](#), in [Masterful Living](#), I teach about prayer, the power of prayer and how to use prayer powerfully.

A Course in Miracles talks about that, as well, as “*Prayer is a medium of miracles.*” [T-1.I.11] Prayer is communication with God and our Creator. It is restorative, it is renewing, it is revitalizing. Just like coming together and practicing together, doing it, the work together, in person and online. This communication and connection **together** is what it’s all about. That’s where the restoration comes from, it comes from the **joining** together.

I have such a strong intention with this podcast to join together with you. Most people don’t listen live. Most people listen later, which is fine. But we’re not bound by time and space, so we **can** join together even though

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we're not in person. We can even do it when we're not focused on each other at the same time, and that's why I record "[My Daily Prayer](#)" every day, so that any point during the day, 24/7, you can reach out and pray with me and we are transcending time and space right there, right then in that moment.

Even this, I'll say this because I've learned this from the Masters, that let's say that you forgot something in the past -- you forgot to say hello, you forgot to be kind, you forgot to be patient, you forgot to be generous of heart, you forgot to be the Earth angel the Teacher of God that you're designed to be, and now you're feeling the sting of that memory.

In that moment, you can practice self-forgiveness, relinquishing any judgment or attack thoughts about yourself. Of course, you can do the same thing with other people if you're attacking them after the fact. And then just hand over those judgments and all the consequences.

This is the prayer at the end of Chapter 5, "I must have made a wrong decision because I'm not at Peace, and I can give all the consequences of my wrong decision to the Holy Spirit for healing." [T-5.VII.6]

We can also, because we **are** these masterful Beings not bound by time and space. We can actually get still in our mind, go back to that place, that place in time and space where we were rude or unkind and say, "Holy Spirit, this was the moment of my wrong decision. Please undo all these consequences. My heart intention is to Love and bless this person, and that our relationship is a blessing to ourselves and to the world. Please make our relationship holy. Show me my part in it. Thank You so much for the healing. Amen."

*We discover
we're not alone,
that we are
working with a
team that is
always with us.*

In doing these kinds of practices that I give out constantly, that's how we discover we're **not** alone, that we **are** working with a team that is always with us. I strongly encourage people who maybe didn't have good mothering, or weren't good mothers in their own judgments, to call upon Mother Mary and Quan Yin, that Divine Mother. "Teach me, heal me, requalify everything that I ever chose to attack -- my mother, to attack my children, to attack any mother whatsoever. Please requalify all of that. Heal

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it back to the root cause. Undo all the consequences of my wrong decisions. I am so grateful to call forth this healing **now**.”

One of the greatest gifts that we can give to **ourselves** is the gift that **seems** like we’re giving it to others, which is to release them from any negative karma that they generated in their relationship with us.

Many people have had parents who were unkind and cruel. I’ve talked with a lot of people that have been through that, and the true forgiveness and going that step further, that the karmic ties would be dissolved and resolved permanently, and that all would be free. I’ve done this where I’ve really felt in my Being that these things that happened to me, where these people were cruel, or unkind, or attacking to me, critical of me, blaming me, whatever occurred, that I can say to Spirit,

“Let me harvest all the learning from it. Let me learn and grow from it. Let me be made more loving, more gentle, more kind, more beautiful, more my true Self **because** of it, and let me share all these benefits with the person who helped me attain them. I set them free from any karmic debt they seem to owe to me, and I pray for them to free themselves of any karmic debt that they may feel they owe, any guilt, any shame that they are holding onto.”

We can call the Ascended Masters -- Jesus, Mother Mary, Quan Yin, Buddha, Mohammed and so many more, so many more. Master Kuthumi with St. Francis when he walked the earth. Master Kuthumi is a guide to me. Master Saint Germain, so precious a presence in my life, teaching me to forgive, true forgiveness. Master Saint Germain is that wonderful teacher of forgiveness, alongside Jesus and Mother Mary, Mary Magdalene, all these wonderful Beings. Mm-hmm.

*The first
discipline is
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and recognize
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All-in With the One Will

The first discipline is really to align with Divine Will and recognize it **is** our will. As *A Course in Miracles* says, there aren’t two wills, there’s just one, it’s God’s Will. Our will **is** God’s Will, so we can say, “Thy will be mine.” Then, since we’re part of God, we’re saying, “Let the highest intentions and aspirations be mine, too.” It’s not a surrender of power, it’s not a giving in. It’s a giving **up**. Up, up, up! It’s surrendering the trash, and the pain, and

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the suffering, not our magnificence. It's so that we can express and reveal and **share** our magnificence.

So in my journey of awakening, I am experiencing, I have experienced, that I came to a place after many, many years -- many, many, many years, probably two decades, or maybe a bit more, of studying spirituality -- I came to a place where I really truly, down on my knees, wholeheartedly said, "I'm all-in. I don't want to hold back anymore. I don't want to keep some part of my life separate from Spirit anymore. I'm all-in, and I'm willing to give up whatever must be given up in order for me to be all-in. I'm giving up all attack thoughts directed at anyone, anywhere. I'm giving up the need to be right. I'm giving up and over anything that I think I need, and I'm saying, "Teach me, lead me, guide me, show me the way."

This was right around the time that I started to look at *A Course in Miracles* and became a student of the *Course*, and I was so excited by it, so thrilled by it, that I had to start sharing it with people right away. And so, that's what I did and that's what I've been doing. I've been sharing what I've been learning, although not always talking about my experiences with angels and Ascended Masters.

Tuned In & Receiving Guidance

One thing I'd like to share in this podcast today is that we have four main avenues of intuition -- clairvoyance, clairsentience, claircognizance, clairaudience. Clairaudience is clear hearing, clairsentience is clear feeling, claircognizance is clear knowing, and clairvoyance is clear seeing. We all have these four avenues with which we receive intuition. People ask me about this all the time. Somebody was just asking me about it the other day. It's a very, very common question, "How am I receiving intuition and guidance?" So it's these four ways. Some people are very clairvoyant, some people are very clairaudient, some people are very claircognizant and some people are very clairsentient.

For me, I'm primarily clairsentient, so I **feel** it. At the same time that I feel the shift in vibration and energy, I get thoughts in my mind. Sometimes I'm translating the feelings into thoughts, and sometimes thoughts appear, so there's clairsentience and claircognizance working together.

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Sometimes, not a lot, but sometimes I actually **hear** a voice in my ear. Sometimes it's been outside and it's like I'm looking, there's nobody there. I've had things come through the headphones on top of music I was playing. That was weird [laughs] but that occasion was I was walking in San Francisco and I was listening to music, I was listening -- I remember I was listening to Led Zeppelin's "Whole Lotta Love", a song I love. And it was that great break, and so there were no lyrics coming through. I can't sing that for you, but you may be well aware of it, it's so yummy.

And so, I'm listening to that, I'm totally grooving out, and I'm crossing the street and I hear like a shout come **through** the headphones. It was not somebody on the street, it was coming through the headphones, and it was not part of the Led Zeppelin track, where it said, "Watch out!" And I looked, and there was a car coming right towards me, so I moved. I remember that one. But there have been other times when I have actually heard a voice.

And then, sometimes I get visuals, as we all do. I get images, and I know it's clairvoyant intuitive because they're not **my** images. Just like the claircognizance, the thoughts, it's not -- these are not **my** thoughts. I rely entirely upon my intuition to guide me with my work in the Power of Love Ministry deciding what to do when.

Recognizing the Voice

And sometimes, well a lot of times actually, we're working in classes with tools that I've gotten intuitively, and people will be like, "Wow! This is an amazing tool! I love it!" I'm like, "I love it, too! I'm so glad it was given to me." But I don't feel like it's **mine**. It's mine to **share**, and it's mine to **use**, but I so clearly know I do not come up with these things. [laughs] I know that's not my -- my personality doesn't come up with things like that. But I feel ownership of them in sharing them, and I'm very glad to share them and I do.

And that's the whole thing with my classes is sharing these insights and tools, very specific tools that are given to me, to help undo the mind at a much faster pace.

Just like we have all the tools in *A Course in Miracles*, but many people **read** *A Course in Miracles* without practicing it. That's why I created that [A Course in Miracles app](#), to help us practice. You can set the reminders in your phone. The app is free. It's just called "[A Course in Miracles App with](#)

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[Deluxe Features](#)". "Complete with deluxe features," I think that's the full title. You'll see the book with the butterfly, and you can find it wherever you get your apps for your phones and your tablets.

It's **that** level of practicing. So for me, I consistently am **asking** for Love, support, direction, guidance, insight, Wisdom, Clarity. And if you've been in class with me, and you can see me, even if you can hear me -- and sometimes on this podcast here -- I take pauses. I close my eyes sometimes. I just listen. I'm just waiting, "What am I to say here? What is --? Oh, I can feel there's something more that's coming through." So I **feel**, I get a sense, "Ah! There's something more," and I've just come to learn that sense.

So for instance, as I was sharing with somebody over the weekend, you learn to recognize the sound of your mother's voice or your father's voice. If you have a good relationship with them, you learn to -- or even a bad relationship with them -- but you are familiar with their voice. You learn to recognize their voice in a crowd above all else. You could pick up the phone without looking at it, and the person on the other end of the line could say, "Hey! How are you?" If it's your mom, if it's your dad you would recognize that voice, like you would of your lover, you recognize that voice. Your best friend, you recognize that voice. You recognize the vibration, the tone, the tenor of it.

*How is it that we
can hear the still,
small Voice?
Because we're
interested.*

It's the same with Spirit. Whether it's clairvoyance, clairsentience, clairaudience, claircognizance, all those four avenues of delivering guidance, inspiration, intuition, the vibration is really -- you may not consciously recognize, "Oh, it's the vibration that sets it apart." Many people call it the "still, small Voice". How is it that we can hear the still, small Voice? Because we're interested. So in a cacophony, we can **still** hear the still, small Voice because it is a vibration apart from all the rest and we can learn to recognize that.

Sharing the One Mind

My knowing, of working with the Masters and the angels now for many years, is they're always there to be called upon. And people don't call upon them because they have become -- they've convinced themselves they're

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unworthy of support, so they're trying to go it alone, and therein lies the whole issue of separation. Get it? **We are** the ones who decided we're unworthy. **We're** the ones who decided that someone could be fundamentally bad. And when **we** decided that about someone else, we had to make it true about ourselves **because** there is no other. We cannot think a thing about someone else and not believe it about ourselves. That's just not possible when you share the one life, the One Mind.

We came into this belief system, we forgot to laugh. [laughs] We forgot to laugh! "Oh, no! If only I'd remembered to laugh!" But we can remember to laugh now. So now when we think, "Ugh! What an idiot! What an idiot that guy is! Ah, you moron!" [laughs] When we think these thoughts, we can go, "Ah! It's time to laugh! Ah! There! I'm forgetting to laugh. Okay, Jesus. Help me laugh. Help me remember to laugh." Yeah.

Upcoming Healing & Training Retreats

That's why I love when we do in-person events. People always say, "Oh, my gosh! You're so funny! We laugh so much! I can't believe we laugh so much!" Right now I'm preparing for next month in September, I'm doing the ["Recovery from Sexual Abuse" retreat](#). And I know people are going to say, "I did not expect to laugh so much." We **must** remember to laugh. Yes! We must, and that's why I love doing in-person events, because there's really a lot of laughter that happens to us. Sometimes there's a lot of tears, too, but we're getting it out of the system, and that's deeply healing so we can go home having laid the burdens down and left them there.

One of the -- it's always surprising to me. Last year I did this ["Teacher Training -- How to Lead and Create a Workshop"](#) and the certification to teach my [Forgive & Be Free](#) workshop, and I'm doing it again this October, and people said afterwards, "I did not expect to have all this personal healing and transformation. I really thought I was just going to learn these skills."

Oh, no, no, no! If I can get you in the room with me, we're going to do a lot of healing, because regardless of what kind of a workshop you'd like to teach -- maybe it's on real estate, maybe it's on dog walking, maybe it's on children, taking care of your children or being a better parent, or you'd like to do a workshop on acupuncture and how to improve your eyesight with Kundalini yoga, or whatever it is that you might like to teach about -- if you

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can remove some of the veils and blocks to Love in your mind, you're going to be a better teacher.

So that **always** has to be part of the curriculum. Same with the [*Spiritual Counseling Training Intensive*](#) is an intensive **healing** retreat, because there's a whole bunch of crap that is false and not helpful that you need to let go of in order to be an effective Spiritual Counselor. And many people come anyway, just because they would like to be better communicators, have stronger intuition and all of these things.

Divine Opportunities of Support

And even with my Spiritual Counselor training, and certainly with the teaching, I'm **always** saying, "Include prayer in it. Call upon the Masters and the angels, the Company of Heaven, to walk with you and talk with you each and every moment of every day, because therein lies your expansion, your healing."

We can say to the Masters, we can say to Jesus and the angels, "Lift me up. Lift my vibration up above the battleground. I'm willing to walk above the battleground today. I'd like to have more Clarity about my true identity today. I'd like to know who I am today. Let me see my brothers and sisters as they truly are today."

This is the Divine Opportunity that the Masters are here to support us with in each and every moment, **and** when you train yourself to not go it alone anymore, to get this help from the invisible, you'll be amazed at what a difference it makes in your life.

We're speeding towards the end here, so one quick thing I'd like to share is for me, I am the least clairvoyant. And so, I have friends who can see the Masters standing in front of them, with all their Light and glory and the whole company they bring with them. I don't have that seeing. I have that sense, and I think that one of the reasons I **don't** have that visual yet is so that I would learn to have trust and faith **without** it. And Spirit sent to me

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people who **can** see all of that, but don't have the trust and faith that I have, so I'm very glad for everything just as it is.

Closing Prayer

I'm so grateful and thankful to pray with you today, and to bless our lives together I'm going to say another quick prayer here. And I am blessing everyone who donates to fund the Power of Love Ministry free classes and this podcast.

In gratitude, we harvest all the Wisdom from our experiences. We are grateful and thankful for the Love of God shining in our heart and mind, now and forever.

In gratitude, we share the benefits with all. We let it be. And so, it is. Amen. Amen. Amen.

I Love you! Mwah!