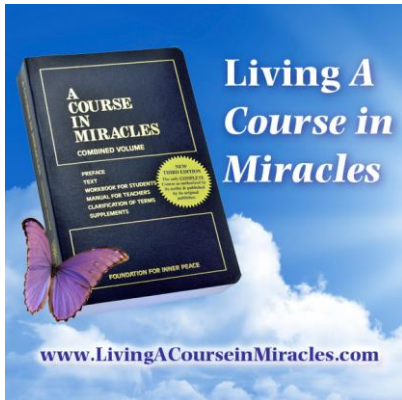


November 19, 2019



Rising Above the Battlefield



 *Jennifer Hadley*
your daily shot of spiritual espresso

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November 19, 2019

Rising Above the Battlefield

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Bonjour! Bonjour! I'm coming to you from sunny California today. I'm in Montecito, very grateful, visiting Oprah and Ellen DeGeneres. No, just kidding! [laughs] I'm visiting the celebrities of my life, my goddaughter's family, and that's a wonderful thing! I'm very grateful to be here.

And, very grateful to share this time with **you!** Yes! This is the time we have set aside for remembering our true identity, remembering our perfection and our Wholeness, and forgetting the battles, forgetting the pain and the suffering, forgetting all our mistakes.

And we are grateful to begin with a blessing, as we always do.

Opening Prayer

So grateful and thankful to place my hand on my heart and wholeheartedly say "Yes!" to the Infinite Love, the pure Intelligence, the Wisdom that is the very nature of our Creator.

We are grateful to join together, to Partner UP with that Higher Holy Spirit Self, and we are grateful to say "Yes!" to the unlimited, the unprecedented, the free flow of Divine Wisdom, Insight and Clarity, Intuition.

We are grateful and thankful to be led and guided above the battleground. We are grateful to rise up in our thinking and open our heart and mind to how we can truly be of service to ourselves and others.

We are grateful that we have choices, and right now we are choosing Love, choosing insight, choosing our holiness.

In gratitude, we share the benefits with all, and we let it be. And so, it is. Amen. Amen. Amen. Amen.

Mmm! Yes! Yes, yes!

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Choosing Miracles Instead of Murder

Our topic today is rising above the battleground, “Rising above the Battlefield”. Sometimes Jesus says “battlefield”, sometimes He says “battleground”.

There is a section in Chapter 23 called *Above the Battleground*, and let’s look at that, because in Paragraph 4 of this section -- it’s Chapter 23, Section IV, and I’m looking at Paragraph 4, Jesus is saying to us, He’s talking about relationships here, and the beauty of the Love in our relationships, and He also talks about how when we have attack thoughts it’s like a murderous thought. He says here, in Paragraph 4,

“Each form of murder and attack that still attracts you and that you do not recognize for what it is, limits the healing and the miracles you have the power to extend to all. Yet does the Holy Spirit understand how to increase your little gifts and make them mighty. Also He understands how your relationship is raised above the battleground, in it no more. This is your part; to realize that murder in any form is not your will. The overlooking of the battleground is now your purpose.”

*When we have
attack thoughts
it’s like a
murderous
thought.*

So, as we move along this practice of *A Course in Miracles*, rising above the battleground, being able to overlook it rather than be in the thick of it, **this** is now our purpose.

“Be lifted up, and from a higher place look down upon it. From there will your perspective be quite different. Here in the midst of it --”

In the midst of the battleground,

“... it does seem real. Here you have chosen to be part of it.”

You’ve **chosen** it.

“Here murder is your choice. Yet from above, the choice is miracles instead of murder.”

Now that’s a wonderful affirmation. “Today I choose miracles **instead** of murder.” [laughs]

“And the perspective coming from this choice shows you the battle is not real, and easily escaped. Bodies may battle, but the clash of forms is meaningless. And it is over when you realize it never was begun. How can a battle be perceived as

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nothingness when you engage in it? How can the truth of miracles be recognized if murder is your choice?"

Habits of Remembering & Allowing

So, let's break down some of the really valuable aspects of this. One of the things He's saying, "*Be lifted up --*". He doesn't say "Lift **yourself** up." He says, "*Be lifted up --*" So, to me, it's always about **allowing**. We don't have to figure out how. Our job is to allow. We **allow** ourselves to be lifted up, and from there our perspective will be quite different. From above, the choice is miracles instead of murder, so let's allow it.

I was just teaching a forgiveness class over the weekend, and one of the questions, one of the really good questions that came up is a very frequent question that I get is, "How do I **remember** to choose Love? How do I **remember** that I can eliminate my suffering with the practice of forgiveness? How do I **remember** to interrupt these patterns? How do I **remember** to choose Self-Love? How do I **remember** to choose compassion? How do I **remember** how to eliminate my suffering?"

*How can I
remember?
I decide it's
important
to me.*

I remember asking myself this question myself, "How can I remember?", and I learned the answer through my own experience, which is I **decide** it's **important** to me.

Just think about your life, okay? What's important to you? I would imagine that certain things are important to you like brushing your teeth, washing your face, having clean clothes to wear, having food to eat. These things are important to you.

How do you remember to make sure you brush your teeth? Now, many times people will say, "Well, it's a **habit**. It's just a habit." But it **became** a habit, but it's still something you **choose** to do.

I know this, because once about every couple of years I'm working late, I'm tired and I, like everybody else, I have my evening rituals of I do my -- I clean my teeth with floss and things like that, and I brush my teeth, and I wash my face, and I do all of these things before I go to bed.

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But sometimes I might do all the cleaning of my teeth but not the brushing. I'll get distracted, something, I think of something, "Oh! I forgot to answer that e-mail! I'm going to run do that right now!" so I'll go run do that and then I'll go back, wash my face. My teeth feel pretty clean, I forget that I didn't brush my teeth, and then I wash my face, I go to bed. I meditate and pray before I go to bed, so I'll do that, get in the bed, and then I realize, "Something's not right! Ah! I didn't brush my teeth!" I can feel it in my mouth, so I get up out of the bed.

So, it's a **habit** but I **can** forget. Okay? And we think certain things in life are -- we're just going to remember them **because** it's a habit, but the truth is, it's because it's **important** to us, it's because it's valuable to us. We have ascribed it some kind of value.

And so, this is why I have learned that to break the habit of our sense of -- oh, waiting for Spirit to provide the next word -- our -- well, what's coming in is "laziness" though that feels judgmental to me, but our lack of attention is really because it's **not** important to us. It's just **not** important to us.

You could ask yourself, "How do I remember to have a cup of coffee in the morning?" for coffee lovers. "How do I remember to have a cup of tea?"

I have a friend who likes to have a Diet Coke first thing in the morning. Ugh! I know a lot of people do that. I don't like cold drinks very much, so that sounds horrible to me! [laughs] And I don't like diet soda, or soda, really, but I get we all have our things.

But how do we **remember** to have that cup of coffee? Well, it's because you would like to experience the effects of the cup of coffee. You like how the coffee feels in your mouth, on your tongue, on your taste buds, in your belly, in your -- the caffeine in your body. You like it. There's something about it you like, and so you're choosing it because it feels good to you.

Well, that's the same thing with choosing forgiveness or choosing kindness, choosing Love, is we're choosing it because it feels good and right to us, not because we have to and not because it's a habit.

Choosing Love & Gratitude As Our Priority

So, this is very important for us just to recognize that if we're forgetting to end our suffering and we just let it continue, in part it's because it's not a priority to us.

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And sometimes it's not a priority because we think that our choices won't really make a difference, there's no point. So, for me, one of the most wonderful lessons that I've learned, in terms of rising above the battleground, is that **every** choice I make adds up.

Just like in Chapter 2 in the *Fear and Conflict* section, Jesus says to us, "There are *no idle thoughts*." [T-2.VI.9] **All** thought creates form. **All** thought generates form. **All** thought produces form.

This is for us to remember, all thought produces form at some level." So, it might produce our emotions, it might produce our experiences, or it might actually produce something that we can touch.

It can also produce our experience in terms of lack and limitation, in terms of **not** having. Many people are focused on thoughts of negativity and experiencing lack and limitation.

*Rising above
the
battleground
is a choice.*

Rising above the battleground is a **choice**, and I'll share with you that for me, one of the fastest ways to get myself above the battleground is to choose gratitude, just go right to something I can be grateful for. It shifts the energy **instantly**, it shifts the vibration **instantly**, if we start looking in our mind for more things to be thankful for.

I remember when I first started practicing this, I was living in L.A. I was driving around in my car. It was a little Honda Civic, and I had a stick shift [laughs] which is not a great idea in L.A. because the traffic is so horrendous. And it was hilly in my neighborhood, too, so that was not fun, either. The Hollywood Hills are serious hills, they're little mountains.

But I learned to practice gratitude, and sometimes I would just be crying in my car naming all the things that I was grateful for, and I'd be crying because I was so grateful that I **remembered** to have a spiritual practice, I was crying because I was grateful that I had things to be grateful for, and I could feel the energy shifting, my vibration shifting, with each gratitude.

A Daily Practice of Prayer

So, how do we **remember** to start our way back to our spiritual practice when we're upset? Well, I really feel that one of the **most** effective things we can do is get out in front of it, and here's what I mean by that -- make a

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prayer before you go to bed so that you're sleeping inside the prayer and the energy of the prayer. Do gratitudes before you go to bed.

Now, if you, you're like, "Prayer? How am I going to do prayer?" Well, this is one of the reasons why I record a [fresh prayer](#) every single day. I have been doing it for 12 years, and I post them at [JenniferHadley.com](#) on the blog page, which is "[My Daily Shot of Spiritual Espresso](#)".

You can also put the number for my prayer into your speed dial on your phone. It is a California number, so some of you might have toll charges, but it's easy enough to that. I'll give you the number right now and you can put it in your speed dial, and you can also find it on the Prayer page at [JenniferHadley.com](#), but the phone number is 760-569-6005. I record a new prayer every day and you can go there and listen to it.

And you can also listen to it on a podcast. Alright? So, there's the "Prayer for Today" podcast and you can find that at [JenniferHadley.com](#) on the [blog](#) or the [prayer page](#), or go to your podcast app and just search for "Prayer for Today, Jennifer Hadley". And you can just search for my name, probably the easiest thing, and see what comes up. You'll get multiple podcasts. So, there's that!

With gratitude, it lifts our vibration up, and that's why being grateful before you go to bed at night, doing a prayer, praying with me or speaking your own word of prayer before you go to sleep at night, that is all going to raise your vibration up. You will sleep more soundly, and you will wake in a different state.

And when you wake, make it your habit before you get out of bed to make another prayer. So, you can again, you can call my prayer line, you can use the podcast app, you can go to the website. You've got opportunities there, different choices. You can pray with me, you can make your own prayer.

And with the [podcast app](#), you can search for a topic. "Oh, today I'd like a prayer about relationship." "Oh, today I'd like a prayer about Abundance." "Oh, today I'd like a prayer about Wholeness, anxiety, fear." I've got, I don't know, hundreds and hundreds of prayers. I've been doing it every day for 12 years. I did miss a few days, I took two weeks off once, but there's a lot of prayers. They're not all in the podcast, but there's a lot of prayers there.

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And, you can also find them at [YouTube](#). If you have a YouTube app, you can find my Prayer for Today, you can find this radio broadcast at YouTube, as well.

Intentions of Finding the Loving Choices

So, rise up with gratitude. Rise up! And what it does is that gratitude shifts your vibration so that you can **hear** more clearly, **see** more clearly, **know** more clearly, **feel** more clearly, and what I mean by “more clearly” is you’ll be able to more clearly **recognize** that still, small Voice of intuition, Divine Guidance and inspiration.

So that’s the other practice that helps us rise up above the battleground is to set the intention each day, at the beginning of the day before we get out of bed, that “Today I am committed to looking for and finding the most loving choices in every moment throughout my day. **This** is what I’m choosing. **This** is what I’m interested in.” This is how we do it.

*All boats rise
on this tide
of Love.*

Jesus said in His human life, “If I be lifted up, I draw all unto Me.” In other words, another way to say it that I love is, “All boats rise on this tide of Love.” When one is lifted, all are lifted, and **that** is our purpose, to rise up above the battleground and stay there, and to help others realize that they can do it, too. This is being **truly, truly** helpful.

Hey! By the way, I’d like to just share with you I am offering again my [“Forgive Me! Here Come the Holidays!”](#) also known as “F- Me! Here Come the Holidays!” [laughs] “F” stands for forgiveness, “Forgive Me!” It’s a free class. It was **awesome** when I did it before, and you can get the details at [JenniferHadley.com](#), sign up for free.

So, rising up above the battlefield, above the battleground, is our purpose now, that doing this we perceive everything differently.

The Sticky Habit of Complaining

One of the things I say in my classes, I’m sure you’ve heard me say it in this podcast, is that when we rise up in our vibration to Fifth Dimensional awareness, so seeing beyond time and space, then we’ll **know** what causality is. Then we know that we can see what everything is for.

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So, until we get to that place where we're consistently **able** to see what everything is for, we **don't** know what it's for. So, for me, it's so helpful not to judge it, not to condemn it, not to complain about it, because that brings my vibration down. There's no way that we can complain about things **and** feel that we are above the battleground.

If you would like to have a hard fall onto the battleground from your higher vibration, the fastest way to get there is to start judging and complaining. Right?

Now, judging and complaining is **definitely** a habit. It is a **very** sticky habit because we have learned to treasure our judgments, our opinions, our complaints, and all that is the **cause** of our suffering.

Being able to recognize that this is a sticky habit, what we can do to help ourselves is, every morning and throughout the day, to call upon the Holy Spirit and say, "I am offering the habit of complaining and judging to You. Please take these thoughts out of my mind so I never think them again. Please do the same for anyone else who has a habit of judging and complaining. Let all minds be free of these thoughts. I do not need them anymore, I do not wish them anymore. I am **so** ready to be done with them. Please take them out of my mind so I never think them again. Let me **only** think the thoughts I think with God. Let me **only** know the truth of my life and being. I am so grateful and so thankful to open myself to the Infinite Love, the pure Light, the Divine Intelligence that is my very nature. Yes, yes, yes!"

Alright! Now we're going to break. [laughs] I am Jennifer Hadley. I AM that I AM, and we're listening to *A Course in Miracles* on Unity Online Radio, living the Love, walking the talk. I'll be right back!

*We have learned
to treasure our
judgments,
our opinions,
our complaints,
and all that is the
cause of our
suffering.*

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

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Pushed By Pain or Pulled By Vision?

Welcome back! Oh, it's good to be back! [laughs]

We're talking about rising above the battleground, the battlefield, and how do we do that? To me, I feel so, so grateful that I finally went all-in for this, exactly this, rising above the battleground.

I see that some people are like me and they're pushed by the pain, and some people are also like me, we're pulled by the vision, and what I see is that most of us have both the push and the pull. So, we're pulled by the vision of God, the vision of Love, the vision of Peace, the vision of Harmony, the vision of Prosperity, the vision of Wholeness and well-being. We're pulled by that in our life and it's pulling us up because we

desire it, because it is our heart's desire to live above the battleground.

And one of the things that is a motivation is the pain and suffering that we feel, so we're pulled by inspiration, we're pushed by motivation, and we can **decide**. Really, if you could think of two different burners on a stove. You've got knobs you're turning, you can dial up the inspiration pulling us and you can dial down the pain pushing you. You can actually **decide**, "Oh, I'm going to go for more inspiration, less motivation," and the Holy Spirit will absolutely lead and guide you. But **you** are the decider, so you are the one who decides, "Do you wish to be pushed by the pain **more** than pulled by the vision?"

So just like you are the one who decides to brush your teeth, and wash your face, and wash your clothes, and have food to eat, and things like that, **you** are the one decides "Are you going to be more pulled by the inspiration and the vision of Love or pushed by the pain and suffering?"

For me, I realized, "Oh! This is what Self-Love is all about!" that it is Self-loving to move out of the habits that have me pushed by the pain.

*We're pulled by
inspiration,
we're pushed by
motivation,
and we can decide.*

Proving Our Beliefs

One of the most -- I think the most challenging thing in life is that we become identified with the false self and we become identified with someone who is unworthy, someone who is not valuable, someone who is not good

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enough, someone who is not smart enough, beautiful enough, successful enough, thin enough or whatever, fat enough. You know? It can be all different persuasions. We decide that we're not enough in a number of ways, and we build that case for it. We start looking for the evidence that proves it.

Now, the evidence that we find doesn't **prove** our case. What it does is, it proves that we **believe** it. So, if we **believe** that we're not worthy of Love, if we **believe** that we can't break out of these old habits and patterns, then we're going to find ourselves succumbing to them again and we **think** it proves the belief that we can't rise up above the battleground.

But it doesn't. What it proves is simply that **we believe** it. So, when we self-sabotage, then we're just proving that we believe we're not able to rise above the battleground. When we choose self-destructive choices, we **think** we're proving that we simply don't have what it takes, but we're not. We're proving that we don't **believe** we have what it takes.

A Course in Miracles tells us, "All are worthy. All are called. All are chosen." No one is left out, but few of us actually **choose** to rise above the battlefield. So, it's that choice, that power of decision that is the most important piece, and that's why in my classes, like [*Finding Freedom*](#) and [*Masterful Living*](#), we are so focused on developing the ability to make the **helpful** choice, to make the **loving** choice, to make the **positive** choice and to lay the weapons down, to lay down the murderous thoughts, the attack thoughts. Yes!

The evidence that we find doesn't prove our case. What it does is, it proves that we believe it.

When Familiar is Comfortable

In Paragraph 6 of this section, *Above the Battleground*, it's Chapter 23, Section IV, Paragraph 6,

"When the temptation to attack rises to make your mind darkened and murderous, remember you can see the battle from above."

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Right? Right there He's saying, "You've got the temptation to think the murderous thoughts, to fly into that murderous rage or to collapse into the sense of deprivation that you don't have what you'd like." You can be **tempted** to collapse into this sense that something is really wrong with you.

I certainly used to do that, and I found a certain comfort in it because it was so familiar. "Yeah, I'm just gonna collapse into self-medication." "Yeah, I'm just gonna isolate and self-medicate. I'm just gonna move into this **very** familiar form of self-sabotage because it **is** familiar. I know my way around it."

And so, this is the most challenging thing I see people go through is the challenge of choosing that which is not familiar, and which doesn't feel comfortable yet **because** it's not familiar. It's **really** tempting to just choose the familiar, even though it's painful.

So that's **why** we put **so** much focus on this in my classes, so that people can **really** build some momentum. And that's also why [Finding Freedom](#) is a 90-day boot camp, and that's why [Masterful Living](#) is a yearlong course, because with a yearlong course you're going to make a new habit. *A Course in Miracles* itself, is a yearlong course, and so in [Masterful Living](#) we're applying the principles of *A Course in Miracles* and really **living** the *Course*.

We start January 1st, so that's the bonus class, my New Year's Reboot class, and then class begins in the middle of January but there's a lot of precursor things. I encourage you to register now, if you're interested. We have a money-back guarantee, and if it calls to you there are so many different pieces. We are going to have a **rocking** 2020, so come join us! I'm very excited for what's unfolding for us. It's really beautiful!

It's really tempting to just choose the familiar, even though it's painful.

The Willingness to be Shown

Alright! Paragraph 6,

"When the temptation to attack rises to make your mind darkened and murderous, remember you can see the battle from above."

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You can **choose** it. You don't have to figure out **how**. Your job is to **allow**. Now, He says here,

“Even in forms you do not recognize, the signs you know. There is a stab of pain, a twinge of guilt, and above all, a loss of peace.”

That’s the temptation, right there, to make those things real and important, and to then move into medicating them in some way, treating the symptoms instead of the cause. These things that He’s describing here are what I call the “Divine Alarm Clock”.

*You don't have to
figure out how.
Your job is to
allow.*

“There is a stab of pain, a twinge of guilt, and above all, a loss of peace.”

It could be irritation, it could be frustration, it could be shame, it could be any emotion that you do not enjoy. That is telling you that you have an opportunity to go the other way, to change your mind, to get up above the battleground.

The way I think of it sometimes is, I’m placing my hand in the Hand of the Holy Spirit. I’m saying “Yes!” to rising up. I’m saying “Yes!” to really not going it **alone** anymore. That’s why I say we don't have to figure out how. We learn to allow.

And one of the most wonderful and miraculous things that I witness, all the time, is the folks in my classes doing just exactly this -- being willing. Being willing to make a different choice. Being willing to ask the Holy Spirit and say, “**Show** me the loving way. **Show** me how to choose Peace. Show me! Show, me, show me, show me!” And if we’re willing, it will be given to us. It may not be instantaneously, but it might be.

I find that I make my request and I turn my attention to something positive and then it arrives -- the support arrives, the insight arrives, the help arrives and it’s beautiful, and then I can accept it, I can receive it, I can say yes to it. Hallelujah!

Is Your Day For Doing Or For Being?

Back to Paragraph 6 here, we notice all these upsets, the --

“... stab of pain, a twinge of guilt, and above all, a loss of peace.”

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He says,

“This you know well. When they occur leave not your place on high, but quickly choose a miracle instead of murder. And God Himself and all the lights of Heaven will gently lean to you, and hold you up. For you have chosen to remain where He would have you, and no illusion can attack the peace of God together with His Son.”

Alright! So, when we join with Spirit, then no illusion can attack us. This is our opportunity and we’re the one. We **always** have the opportunity, so every time we feel that irritation, that frustration, that upset of **any** kind, that is the very moment then that we can choose higher.

And it goes back to, at the beginning of the day, what are we deciding our day is about? What is our day **for**?

I realized that my day is for healing, my day is for remembering and recognizing the Christ of my being, and my day is not for **doing** things. It’s for **being** the answered prayer, it’s for **being** truly helpful, and the more I began to focus on “This is what my day is **for**” that’s what my day **became**.

That’s how I decided to start offering classes and retreats. That’s how I started to start offering the [daily inspiration](#). That’s how I started to offer the [daily prayer](#). It’s how I started to offer the [free classes](#), and how I started to offer the [radio broadcast](#), this podcast you’re listening to now. So, all of these things came because I **decided** to use my day for **how** it is intended, to be truly helpful. I am here **only** to be truly helpful.

Many times, we fill our days with so much to do because we don't **wish** to be with ourselves, we don't **wish** to be with God, because we feel guilty, we feel ashamed, we feel ‘less than’. But the reason we feel all of that is because we’re spending so much of our day attacking -- attacking, attacking, attacking, and that’s what He’s talking about there in Paragraph 6.

“When the temptation to attack rises to make your mind darkened and murderous, remember you can see the battle from above.”

*My day is not
for doing
things.
It’s for being
the answered
prayer.*

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Willingness to Choose Miracles

Remember, in Paragraph 5, He said,

“Be lifted up, and from a higher place look down upon it. From there will your perspective be quite different. Here in the midst of it --”

So, on the battlefield,

“... it does seem real. Here --”

On the battlefield,

“... you have chosen to be part of it. Here --”

On the battlefield,

“... murder is your choice. Yet from above, the choice is miracles instead of murder.”

*All that it
takes to rise
above the
battlefield is
willingness*

All that it takes to rise above the battlefield is willingness. **All** that it takes to have a day of miracles instead of murder is willingness. Our willingness is **all** that is required.

So, we have the same purpose as God because we're part of God. Isn't that cool? Because we're part of God, we have the same purpose as God and we have the same attributes, so our very nature is Peace, Joy, Love, Wisdom, Clarity, Harmony, Abundance, Wholeness, Prosperity, Freedom, Joy, all the spiritual qualities. They are **all** our true identity.

When we choose to see ourselves or someone else as less than perfect, less than whole, then we are going to be throwing ourselves back onto the battlefield. That's how it happens, and it can happen in an instant.

But it can also be that we rise up above the battlefield in an instant. It is **our** choice. **We** have the freedom to choose, and in this world the happy place is to be the follower. Let God be the leader, let Spirit be the leader, let the Higher Holy Self be the leader. We are the followers. **That's** the happy place, that we don't **have** to figure out how. Our job is to allow. We allow ourselves. We're **willing** to be the happy follower, the happy learner, and then by doing that we become the Teacher of God and that's a beautiful thing. Yes, indeed!

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Seeing the Higher Perspective of Perfection

Now, in Paragraph 7,

“See no one from the battleground, for there you look on him from nowhere.”

This is **really** important, especially with our families. This is one of the things we also work on, in [Masterful Living](#) in particular, is seeing our loved ones from above the battleground instead of seeing them as having problems, failing -- failing us, failing themselves. Instead of seeing them as always being defective and [with] division, we learn and train ourselves to see from a higher perspective.

We're holding the high watch above the battleground, knowing that we don't know what anything is for but everything is working together for good, and to really eliminate the judgments that we have for our loved ones, our colleagues, our coworkers, our neighbors. And when we start to see them in our mind's eye, revealing their perfection, then in the human experience they begin to demonstrate it in ways that are very palpable.

One of the most wonderful, wonderful, **wonderful** aspects of my whole life, and particularly my work -- and I don't really separate my work from my life. I do feel like Gandhi who said, “My life is my message.” I say, “My life is my ministry,” that I don't go off the clock. [laughs] I stay on the clock -- but one of the most wonderful aspects of my life, and this ministry, the Power of Love Ministry, and the work we do in [Masterful Living](#), in particular, is with folks and their loved ones. One of the most spectacular things is parents and children, parents who are **really** struggling with their children, or even with their spouses, and they're just at their wits end, and filled with fear and dismay, and even disgust and sometimes hatred, and that that can **all** be transformed through these practices and it actually **works!**

And then, to see, for instance -- because I see it so often, parents who are really struggling with their children. It could be little children, it could be adult children, and sometimes it's even folks who are struggling with their parents, that they're really struggling, that they're **really** afraid for their loved one or they're **really** angry, really hurt, really wounded, and that through doing the practices -- of course, they have to do the practices. You can't just listen to the classes. You have to actually **do** the practices -- those who are doing the practices, they have **miraculous** results. Yes!

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It blows their mind, and the great thing about it is not just all the shifting in the relationships, the shifting in form -- you know, the children stop acting out, their emotional troubles dissolve, their depression, anxiety, these things all get shifted and changed. There's more Peace, more Love, more Joy, more Freedom, more of a sense of Wholeness, all of these things occur.

And -- and -- **and** the great benefit is now the person who did that work and shifted their relationships, their family, their workplace, the person who did it, **now they know** that the power is the power of Love, and the power of Love is within **them**, that they are not separate from the power. The power is within their access, it's within their awareness, and it comes from the renewing and the restoration of their mind through their willingness to practice.

And it's **not** easy. I have to say that many people come into [Masterful Living](#) and find it's very joyful, or do this *A Course in Miracles* work on their own, But many find it very challenging. It's **not** for the timid. A lot of people -- how many people do you know started *A Course in Miracles* and stopped? It's not a failure. It's just their commitment isn't there right **now**, and that's why it's so helpful to get support.

Resources & Thank-You!

And, by the way, we also support, the Power of Love Ministry, through [LivingACourseInMiracles.com](#), we have a lot of resources there to support people. We have resources to support people who'd like to start a [Study Group](#). We have the Study Group Map, we have the [Events map](#) and we're listing more and more events all the time, and so if you know of *A Course in Miracles* events, *A Course in Miracles* Study Group leaders or teachers, they can list their events totally for free on our **global** map. The goal is to have all the *A Course in Miracles* events all around the world listed there so anyone can find an event wherever they are in the world. That's the goal, so please, please make use of that calendar. It's one of the things that your donations support.

And thank you for your [donations](#), because they support the free classes, the "[Forgive Me! Here Come the Holidays!](#)", or "F- Me! Here Come the Holidays!" classes that we've got coming up, **all** supported by donations. So, thank you, thank you, thank you for your donations!

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And if you took one of the classes, the free classes, and you didn't make a donation, it's never too late. If you love this podcast, please consider giving us at the Power of Love Ministry a year-end donation, or set up a monthly contribution. It helps us, because then we can budget to offer **more** free classes, and I thank you for that!

So, we're rising up above the battleground. Gratitude, a morning practice, **this** is how we do it. **This** is what helps us, each and every day, to **remember** so that it doesn't have to be a habit. It's our intention, it's the deep desire of our heart, this is how we're living our life. We are here only to be truly helpful and to represent the One Who sent us. **This** is what we're doing. **This** is what our life is for. **This** is what our day is for.

Closing Prayer

And now I'm all about the prayer! So, let's take a breath of Love and gratitude, hand on our heart, so grateful and thankful to declare our willingness to rise above the battleground.

In gratitude, we share the benefits with all. We let it be. And so, it is. Amen. Amen. Amen.

I Love you! Have a great rest of your week! Mwah!