

*January 7, 2020*



# Speed Up Your Spiritual Awakening



 *Jennifer Hadley*  
your daily shot of spiritual espresso

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# Speed Up Your Spiritual Awakening

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Bonjour! Bonjour and Happy New Year! First broadcast of the year, and I'm so grateful! So grateful! Oh, my goodness! New year, new decade, and it feels **so** powerful to me! I feel so blessed and so grateful! Mmm!

Thank you for joining with me in this moment as we transcend time and space together, to remember and recognize our holiness. I invite you to join me in prayer as I speak a word of blessing for our healing, for our remembering.

## *Opening Prayer*

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Taking this breath of gratitude, so grateful and thankful that God Is, that we are part of God, now and forever, inextricably part of an Infinite Flow of Love and Light.

Taking this breath of gratitude together, we Partner UP with that Higher Holy Spirit Self to remember and recognize our holiness and the holiness of our brothers and sisters. So grateful for that Light and that holiness within each one of us that is intact.

So grateful to call forth healing, transformation, releasing of that which no longer serves, all false beliefs, all patterns of lack, attack, limitation and separation.

We are grateful to open ourselves to unprecedented Clarity, right here, right now.

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In gratitude, we share the benefits of our healing and our Clarity with everyone, because we're One with them. So grateful to let it be. And so, it is. Amen. Amen. Amen.

### *Recognize All is For Our Good*

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Our topic today is a sweet one, "Speed Up Your Spiritual Awakening" and I'm so grateful for the Gifts of God that we are given, permanently, and we can explore them each and every day.

There are many, many, many ways that we can speed up our spiritual awakening, and I'm sure many of them will come through today. I don't plan ahead, I don't have a lot of notes -- or I don't have any notes! That's not how I do this. I really open myself to the awareness of Spirit and that's so valuable to me. It's fresh to me, it's a healing experience for me to be able to share.

This is one of the things in Lesson 169, *Workbook Lesson 169*, which is,

*"By grace I live. By grace I am released."*

This is the way I've been learning to live -- by faith, by grace, by putting my faith and trust in Spirit. So, living by the prayer of "I am here only to be truly helpful, and the One Who sent me will guide me."

So, I don't have to ever wonder or worry or be afraid of how it's going to go, because it's going to go perfectly each and every time, in each and every moment.

On my Facebook page this morning I posted the quote that:

"Everything works together for good," and that is the truth of it, and it's beautiful to be able to stand in that place of --

*"All things work together for good. There are no exceptions except in the ego's judgment."*

That's from the *Text*, Chapter 4, Section V, Paragraph 1, and it is one of the things that I hold most dear, because things happen all the time. Every single moment, every day there's stuff that happens and it's challenging! It's quite challenging, so when things happen to me that I prefer didn't

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happen, because I have a point of view, I have a perspective, I have an opinion about it, like I drop something and break it, in that moment I can say “All things work together for good. There are **no** exceptions! Let me make **no** exceptions!”

So that’s part of my prayer, that place from my mind day in and day out, “Let me make **no** exceptions. Let me make **no** exceptions.” Making exceptions slows down our spiritual growth. It derails us. It turns us in a different direction.

*A Course in Miracles* makes it very clear to us that we can learn through pain or Joy, and it is **our** choice. We have freewill choice. We have the power of decision to learn through pain or through Joy, and every day I certainly experience both! [laughs] I do, I do, I do! And the learning through Joy is what I’m focused on.

So being very grateful for the ways in which I can learn through Joy, so that was part of my post on Facebook this morning I wrote.

*“All things work together for good. There are no exceptions except in the ego’s judgment. To live this truth and be happy, we must practice gratitude for the goodness in all things. Without gratitude, Joy cannot be felt. There is **no** other way.”*

Mm-hmm! And then I asked people to join with me and express gratitude.

It’s a powerful and healing practice. Gratitude lifts our vibration, which then helps us to see, and know, and feel, and hear, more clearly what the truth is, and that’s what I’m interested in, because the truth is liberating, it’s freeing. It frees us from that which is false, right?

So, everything that’s false is what **we** have made, it’s the interpretation and the meaning that we’ve made, and we always can know that we are attached to something that’s false when we feel pain. You see how simple it really is? Not saying it’s easy, I’m just saying it’s **simple**.

I like the simplicity of that, that if I feel distressed, I can immediately say, “Oh, Jennifer! You’re making an exception! You can liberate, right in this very moment with the help of Jesus, with the help of Heaven, the Company

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of Heaven and the angels!” And it’s so beautiful it can happen in this moment. I don’t have to wait for something to happen in the future.

But -- if I’m **less** willing, it might seem like a process. It might seem like something that’s going to take time.

But as Ernest Holmes said, and I’ve quoted many times, “The only time that it takes to have a healing is the time that it takes to have a realization.”

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### *Make the Decision for Awakening*

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I just did this wonderful [“Undoing Unworthiness”](#) class series and when we believe we’re not worthy of direct insight, we won’t be available for it because that’s the amazing truth of this world is that we get to experience our thoughts and beliefs. We can experience truth, which is miraculous, and healing, and nourishing, and sustaining, and prospering. **Or**, we can experience our beliefs, our opinions, our judgments, our attachments. And we can experience a combination of both. **We** actually are the ones who decide. **We** are the deciders.

The fastest way to quicken our spiritual awakening is to use that power of decision and to make the decision that we’re interested in awakening above all else. I can see, I can look back and see that this was a key turning point to me, and I’m very grateful for this awareness that I **could** decide and I made that decision.

We all have things in our life that we decide that we’re going to do or not do, and that decision holds sway, because we make it important, and we can invoke the power of decision in any area of our life, but most of us don’t. We **can**, but we **don’t**. And so, the opportunity that we have is for this decision to be at Peace, decision to be in Love, to live in Love.

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### *Release Your False Idols*

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Now in the *Course*, in this Workbook Lesson 169, in the about

*“By grace I live. By grace I am released”* it starts with:

*“Grace is an aspect of the Love of God which is most like the state prevailing in the unity of truth.”*

And then later it says,

*“Grace becomes inevitable instantly in those who have prepared a table where it can be gently laid and willingly received; an altar clean and holy for the gift.”*

This is certainly part of that decision to awaken, is that we then must prepare the table where the gifts of God can be gently laid and willingly received. We must **prepare** the table to be that altar, clean and holy for the gift.

*A Course in Miracles* tells us that our **heart** is the altar of God, and that altar is the treasure of God. We are the Treasure of God, because in our heart -- and, of course this is our spiritual heart, not our physical heart -- in our heart, in our heart center, you could say our heart chakra, it's in the very essence of our being is the Treasure of God. This has already been given to us and cannot be taken away. And so, this treasure is this altar where the Gifts of God can be laid.

But if we're holding onto false idols and we've cluttered up all our altar with false idols, there's no room for the Gifts of God. Nothing has been prepared for the Gifts of God.

This is the thing -- we don't have to **earn** the Gifts of God. We just have to make **room** for them, and make them **valuable** to us, that we will value them.

False idols, what are the false idols? Well, if I believed that “This one is better than that one,” “This person is better than that person,” because I judged this person's actions, or this person's intelligence, or this person's race, creed, color, anything about them, that this person is better than or less than another person, including myself, that this person deserves punishment or is not worthy of Love, then I've cluttered my altar with false

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## **A Course in Miracles Weekly Radio Show** with Jennifer Hadley

idols of my opinions, my judgments, and there's no room for the Gifts of God.

Not complicated! Very simple!

So, to quicken our spiritual awakening, we must clear the altar, and I will say, quite honestly and directly, that when I first truly embarked on this clearing of the altar, my own heart, it was **the hardest** thing I had ever done! **Yet**, it brought me the greatest **benefits** of anything I had ever done, and it continues to bring me the greatest benefits of anything I've ever done.

I'm quite certain that it is my own continual work of clearing the altar of my heart of all false idols that gave me the inspiration to offer my [Finding Freedom Boot Camp](#) and my [Masterful Living](#) yearlong course. And, as often happens, when we are graced with the Gifts of God, like the inspiration to do something, many times we think, "Ugh! I can't do that! Ugh! That's too hard! Ugh! That's too much! I can't do it!"

And when I talk, sometimes, with people about giving up all judgments and opinions, they initially will be like, "Uh -- yeah! That's not even possible! What else do you have in your bag of tricks there, girl?" [laughs]

Well, that's the **greatest** gift that we can give ourselves, and it is the greatest gift that we can share with others.

### Recognizing Who We Are

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And so, here in this Lesson 169, it says here in Paragraph 4,

*"And yet we urge you to bear witness to the Word of God to hasten the experience of truth, and speed its advent into every mind that recognizes truth's effects on you."*

*Oeness is simply the idea God is. And in His Being, He encompasses all things. No mind holds anything but Him. We say 'God is,' and then we cease to speak, for in that knowledge words are meaningless."*

Many times, people ask, "Well, what can I be grateful for? I don't feel very grateful!" Let's just be grateful God Is! Yes! And we're part of that God Is!

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## ***A Course in Miracles* Weekly Radio Show** with Jennifer Hadley

*“We urge you to bear witness to the Word of God to hasten this experience of truth --”*

to quicken the experience of truth --

*“... and speed its advent --”*

Truth’s advent,

*“... into every mind that recognizes truth’s effects on you.”*

So, let’s look at this even more closely.

*“We urge you to bear witness to the Word of God to hasten -- “*

-- to quicken,

*“... the experience of truth and speed its advent --*

To speed truth’s advent,

*“... into every mind that recognizes truth’s effects on you.”*

So, “*speed its advent*” -- what is “advent”? Think of an Advent calendar, right? The Advent calendar is that Christmas calendar.

I love to get Advent calendars for kids. There are so many cool ones -- ones with chocolate, ones with toys and things like that, and it makes that countdown to Christmas special little just beautiful treasure with all the little treasures of each day of Advent. Advent begins, the Advent calendar begins, four Sundays before Christmas.

And so, what is it about? It’s about the Coming of Christ in our hearts, in our minds, and into incarnation. Right? It’s also can be thought of to be about the Second Coming of Christ. Right? So, we **are** the Christ. This is what *A Course in Miracles* teaches us, that God has One Son and It **is** the Christ, and we **are** the Son of God, we are the Christ.

*“We urge you to bear witness to the Word of God to quicken the experience of truth and speed truth’s advent --”*

-- that Christ-awakening into every mind that recognizes **you** are having an experience of truth.

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*God has One Son  
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This is why *A Course in Miracles* tells us that anyone who has had a realization, however briefly, that they are not separate from another, that **instantly** makes them a Teacher of God. And so, we **are** Teachers of God because we've had that realization, however briefly. We've had that insight.

*A Course in Miracles* is **very** much about letting us, leading us to recognize that we are to be truly helpful in this world by walking in this world demonstrating the Love of Christ, the ministration of Christ, being a minister of God, a Teacher of God, a minister of Christ, because the Christ is in our awareness, and even if we don't express it in every moment, even if we're not tuned into it in every moment, if we are even occasionally tuned into it, and we can walk in this world living it, sharing it, demonstrating it, that people can recognize it in us, this is us living our **purpose**.

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*"I am here  
only to be  
truly helpful.  
This is my only  
purpose."*

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That's why I call that "Truly Helpful Prayer" the "Purpose Prayer" the "My Purpose Prayer." "I am here **only** to be truly helpful. This is my **only** purpose."

So often people get distracted and caught up in this idea of "I want to live my purpose. I don't know what my purpose is." **This** is the purpose -- to live the Love, to walk the talk, to be the living demonstration, and in order to walk the talk, and live the Love, and be a living demonstration, we cannot judge ourselves, we cannot attack ourselves. We **must** relinquish **all** desire to attack and to defend. Right? Because attack and defend, attack and defend.

If you really decide to pay attention, and you make a true commitment to this practice of being aware every time you have an attack thought and every time you are defending yourself, and you take that awareness and you realize, "Oop! I did it again! Oops! I did it again!" [laughs] Right? A Britney Spears song -- you have that realization "Oops!" then -- and you can just say to yourself -- I love little things that we can do, just say, "Oops!" Touch your heart. "Oops! I'm choosing again. I'm offering these thoughts of lack and attack to Spirit for healing. There is **no** separation. I am One with the Infinite, and **I** choose to speed the advent of Christ awareness into every mind, here and now. Holy Spirit, make it so."

## ***A Course in Miracles Weekly Radio Show*** with Jennifer Hadley

### *Masterful Living & Classes*

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That's a **powerful** practice! Your whole life will be transformed by it!

Now, I mentioned about [Masterful Living](#). It's very much on my mind, because I'm preparing for our year. We've already started the bonus classes, the [New Year's Reboot](#), which you can join us in that, you can get the replay. And we're doing the "[6-Day Challenge to End My Self-sabotage](#)" and you can join us in that, as well. Powerful experiences of healing, people are having!

[Masterful Living](#) classes actually begin January 20<sup>th</sup>, and so as people are registering now, they're doing the Group Goal Setting Sessions, and they're having their Activation counseling Sessions, and all these different components of the class. So, if you're thinking you're going to join us this year, register as soon as you can so we can get you launched into this amazing year!

When I first got the idea for [Masterful Living](#) back in 2008, it overwhelmed me, the thought of doing a yearlong class. I **didn't** want to do it! I really didn't, but I decided to listen to Spirit. We resist until we say "Yes!" [laughs]

**And** I am excited for this year!

It's time for me to take a break -- oh, my gosh! -- and I'll return with more quickening. You're listening to *A Course in Miracles* on Unity Online Radio. We're living the Love, we're walking the talk, and I will be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

### *Recognize Your Worthiness*

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Welcome back! We're talking about quickening our awakening, and just to finish the story I was going to share with you, it's very much on my mind.

I had the good fortune of having dinner in New York City with a couple of folks on Sunday, folks who are in [Masterful Living](#), and there was a sharing of gratitude for what I offer. And I certainly appreciate the gratitude. I do, I do!

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**And**, as I said then, I really don't take credit for all these beautiful teachings, because they're given to **all** of us, they're given to everyone, and I feel absolutely **compelled** to share them, absolutely 100% compelled to share them.

That's my experience with people who open their heart and clear off the Holy Altar Fire of Divine Love, is that we feel compelled to share this, and that's that message of *A Course in Miracles*, sharing is **so** imperative, that this what Jesus is saying to us here in Lesson 169,

*"... we urge you to bear witness to the Word of God to hasten the experience of truth --*

*-- to support people having an experience of truth*

*--*

*"-- to bear witness to the Word of God --"*

Be the living Word of God. And with this unworthiness factor, we think, "Ugh! I'm unworthy! It's too lofty! I cannot attain to it! It's too much!" Right? And I used to have those thoughts, too, like, "Who am I?"

This was one of the things with the [Spiritual Counselors](#) in training, when we begin the

training, I **always** share "You are --" the first order of business for every Spiritual Counselor, every spiritual teacher, every spiritual student, the first order of business is to clear out this thought pattern of "Who am **I** to share these teachings? Who am **I** to sit and be a counselor with someone? Who am **I** to offer this truth to someone? Who am **I**?"

And there is an **answer** to that, and the answer is "**You** are borne of the Christ. **That's** who you are. **That's** who I am! I AM that I AM, and that is the answer."

It takes **humility** to hold that answer in our mind and to not be deterred.

So as long as hold on our altar, on the altar of our heart, this thought of "better than" and "less than" when it comes to other beings, as long as **that's** where we're placing some large portion of our attention, our altar's cluttered with these false idols, because **that's** what those thoughts are, false idols. Simply the truth of it!

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*You are borne  
of the Christ.  
That's who  
you are.  
That's who  
I am!*

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That's why my programs are about cultivating relationships with each other in this community, to Love each other, to support each other, to be there for each other, and most importantly -- **most importantly!** -- to open to **receive** the Love that **will** be poured out upon us.

People do pour out Love upon me, and I have **really** come to know that this is the Love of God pouring out upon me, and that **all** are worthy of the **same** Love and the **same** outpouring. **All** are worthy, and we are being called to let go of the opinions and judgments that some are **not** worthy. **All** are worthy! Just like Jesus tells us in the *Course*,

*"All are called but few choose to listen."* [T-3.IV.7]

Few choose to answer, so this is why it's so important for us to bear witness to the Word of God by **choosing** to answer the Call that everyone has.

So, who are we? We are borne of the Christ. We are the living Christ Presence. We are not just God's mouthpiece -- no! So much more than that! It's embodying it. Right?

Many people will **repeat** things, and I used to do that, repeat all kinds of words and truths, and things like that, but that actually is -- it creates a lot of discordancy if we're not embodying it. At least, it sure did in me, because I felt so strongly my mind is split, and I was **constantly** judging myself for **not** being more loving, for **not** being more kind, for **not** being more dedicated, for **not** being more this and more that, and every day, a constant failure.

But once I made that decision, I used and employed the power of decision to make the decision to embody it, to re-present it, to represent the One Who sent me, then **any** amount of time that I could do that -- 5 minutes a day, 1 minute a day, 30 seconds a day -- I was doing it! Yep!

If you do it for 5 seconds a day, my friend, you're doing it! Truly! [laughs] Let's not make it more complicated than that. Doing it for 5 seconds a day, perfectly doing it, embodying the Christ, because in **this** moment you're choosing Love -- boom! The whole world is shifted, and that's what we're here to do, and **only** this, to re-present, to represent, the One Who sent us, and everything we need in order to do that **will** be given to us.

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That is what my year is about, and I invite you to come join me in [Masterful Living](#). What could you do that would be more important?

### *Turn Challenges Into Blessings*

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You know, I used to spend so much time listening, just listening and listening and listening, to all kinds of classes and CD's and audios, and back in the day I had a huge bag of tapes [laughs]. When I lived in L.A. I had this huge bag, big shopping bag, one of those large cloth shopping bags filled with tapes, cassette tapes, because I had a cassette tape player in my car. I hadn't upgraded to CD's. CD's were still new-ish, and so I was a tape girl, and I made my own tapes [laughs] and mix tapes and all kinds of things like that, like we used to do back in the day.

I had this huge bag of tapes and I -- it's bizarre, but what happened is I was at a play in downtown Los Angeles, I don't know, Mark Taper [Forum] or someplace like that, and I came back to my car at night after the show.

I had parked in the neighborhood, and someone had broken my window to get into my little Honda hatchback, and they had taken the two bags that were in my hatchback, and one of them was my "earthquake preparedness kit", which had water, and maybe a flare, and some diapers and things to use for bandages, because I was there.

I had just arrived in L.A. the week before the big '94 quake, in 1994, and so I had my little "earthquake preparedness kit". And then I had this big bag of tapes, all spiritual tapes -- **all** spiritual tapes!

And I had to laugh, because whoever ended up with that bag of tapes, they didn't get what they were looking for. Not really! [laughs] But perhaps they would listen to the tapes, and that would be helpful to them, so I prayed for them to, in some way, shape or form, be blessed by the entire experience. "Let us all **be** blessed by the breaking into the car and the breaking of the window."

You know, one of the things I've learned in my life is that the Universe will get its tithe in all kinds of ways, so sometimes the Universe will take its tithe in -- like if we don't -- if we're not tithers, if we're not giving from the overflow, then we'll have things like a broken car window or something like that, and we'll see it as a burden.

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But if we are actively giving back, and circulating, and being in the flow, and not hoarding, and we're sharing, and tithing, and do all of those things, tithing our money, our time, our energy, and our Love, and all the wonderful gifts that we receive in this world, if we're doing that, then when something like this happens, we can turn it into a blessing.

"Okay! My car was assaulted. I have to pay to fix the window. I don't want to put in my insurance, this old little beat-up car. It's 14 years old," or whatever it is. [laughs] "Why put in on insurance, and I'll just pay for it? So, well, now my mechanic will have -- who I love -- will have money to feed his family and pay his workers, and so some of it goes there, and some of it goes to the people who manufacture the window, and supply all the things that go into manufacturing the window, and so I'm circulating."

And that's fine, because **nothing** is lost in Spirit. That's one of the things I know for sure, **nothing** is lost in Spirit. It's not possible. **Not** possible! Everything works together for good, and there are no exceptions. So, if God is all there is, how can anything be lost in Spirit? Everything is perfect. Let me see the perfection in it.

Twice I've had my car window broken, and so both times I thought, "Oh, this is a call to prayer." So, I can still, even now, how, decades later, remembering this broken window and the one before that, bless those people right here, right now. Bless their lives. Let their cry for Love, their call for prayer be answered by me as it's **meant** to be answered, with blessings, with prayers.

Because if I am breaking down, and I'm doing something that's attacking someone else, gosh, I hope people would pray for me! Gosh, I hope people would have compassion for me!

So, let us **live** in the embodiment of it. it's joyful, it's happy-making. There's no loss in that. There's only **more** added unto us.

"To them that have, even more shall be given." Right? "To them that have the capacity to be compassionate, to be loving, to them that have the awareness of the purpose, the holy purpose of their presence on this planet,

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even **more** shall be given. To them that have **not**, even what they have will be taken away,” meaning that you will have a sense of loss, a constant stream of sense of loss, and lack, and limitation.

### *Live the Truth*

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The quickening of our awakening comes from this great willingness to remember the truth, to live the truth, to embody the truth and stop perpetuating myths and made-up illusions and delusions. So, it's that commitment to the truth that does, indeed, liberate us, and it's super challenging. It's **super** challenging.

I notice I have been saying a lot lately to people who have been thanking me, I say to them, “There's a **reason** why I teach these classes, and I'm so focused on this community, the Power of Love community, the *Masterful Living* community. It's because it keeps my attention on Love, it keeps my heart open to Love, it keeps my focus on my awakening.” And that is the purpose of my life, so it keeps my attention on my purpose every day.

So I was sharing at dinner the other night, every day I **still** find myself judging or complaining about something, but the U-turn back to Love, back to compassion, is quick and quicker all the time, and I'm grateful. I'm **really** grateful for that!

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*The U-turn back  
to Love,  
back to compassion,  
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and I'm grateful.*

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The results that we see when we are living it are tremendous! They're just **tremendous**! I love this time of year, because people who have been in *Masterful Living* with me all the previous year are writing to me and sharing with me their evaluation of their year, and the breakthroughs, and everybody says, you know, “I feel a bit guilty, I feel a bit like a sense of lack that I didn't do everything that was offered.”

I'm like, “Nobody can do everything that I offer in *Masterful Living*! [laughs] It's so comprehensive, there are so many components. Don't even think about doing all of it! It's not possible. Just do what you can. Do a little bit every day, and you will find that your life is transformed,” and that's the truth of walking the talk and living the Love.

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The most powerful aspect of, I think, this community is the comradeship, the Prayer Partners, the small groups, the support, the **tremendous** Love and friendships that people have for each other.

### *Walk Your Talk & Live the Love*

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I'd like to speak a word in terms of quickening your awakening. Instead of sharing with people who aren't that interested -- this is one of the things I talk about in [Masterful Living](#) to encourage people to stop trying to get their friends to listen to this thing, or do that thing, or read this thing.

Instead of trying to convince friends, and family members, and coworkers to pay attention to these spiritual teachings, or to listen to something, instead of doing that, instead of sharing that and coming at people from a place of "They should do this," or "Gosh, their life would be so much better if they could see what I see, if they could do what I do, if they could value what I value!" instead of coming at people with that, just joyfully living the Love and instead, telling Spirit you would like to have a **powerful** group of friends and community that **share** your interest.

And that's what we have in [Masterful Living](#) is people all over the world, you know, on every continent, it seems. All over the world, people coming together to share and practice, and then we don't have to tell everybody in our life. We're broadcasting it **constantly**, and then people **will** ask, "So what is that thing you're doing?"

I remember my brother had these kidney stones, I don't know, 25-30 years ago or whenever it was. He doesn't believe in God, so I asked, "Would you like me to pray on this?" and I did, and the kidney stones and the pain just stopped immediately after the prayer, which was wonderful demonstration for me, like, "Oh! Okay! I just learned something there!" [laughs]

Because I didn't have the power to dissolve a kidney stone. I don't have that power, **but** I have access to the One Who does, and we **all** do. That's why teaching about prayer, learning the powerful practice of prayer is so fundamental to what I teach in classes, that *A Course in Miracles* says,

*"Prayer is the medium of miracles."* [T-1.I.11]

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And I've learned that that is so. But rather than trying to convince my brother to think about God, or look at God, or be open-minded about God, Spirit gave him kidney stones, he gave himself kidney stones, however we'd like to look at it.

Then from there, after the prayer and the physical healing, my brother said, "So what is it you believe about God?" and he was open to a conversation about God, which was perfect, because, you know, this was a time when he was -- he had married someone who was Catholic, and wanted to raise their children Catholic, so opening his mind to a new understanding of God was important on many levels, I'm sure, although we never talked about that.

You see, the Lord works in mysterious ways, but the Lord is always working, and the Lord is the Great Law of Life, which is Love, that Love rules, that Love is **always** the ground of our being, that --  
*"By grace I live."*

Right? Lesson 169,

*"By grace I live. By grace I am released."*

So, we can be released from **all** pain and suffering by grace. What does it require? It requires our willingness, because **all** of the causes of suffering are things that **we** have made up, and whether we're conscious or unconscious to those causes of our suffering, they **can** be dissolved and resolved, permanently, back to the root cause.

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*All of the causes  
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have made up.*

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### ***Do the Spiritual Work Together***

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It's one of the reasons why I like to share testimonials of people who have had relief of physical pain, and chronic illness, and chronic depression, and things like that, through the spiritual practices that we do together in [\*Masterful Living\*](#), through the comradeship, the friendship, the deep spiritual connections that people have.

Because in [\*Masterful Living\*](#), one of the things that everybody who is fully participating, or even really substantially participating, one of the things they have to do is, they have to give up hiding, and they have to give up feeling ashamed, they have to give up feeling unworthy, they have to give

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up the patterns of lack, attack, limitation and separation in order to **really** experience the healing.

And by working together, we create this vortex of energy that really **inspires** people to **finally** give up clinging to the attachments that cause our pain and suffering. It's such a deep and powerful practice that it really requires a tremendous amount of support.

I notice that people are having **much** quicker success than I **ever** did **because** of the levels of support. So, it's so much more than just listening on your own, and that's what we can offer to each other, and that is the thing that we **are** to do, to be truly helpful, to --

*"...bear witness to the Word of God, to hasten the experience of truth and speed its advent into every mind that recognizes truth's effects on you."*

On me. On us.

### ***Stop Playing Small***

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So **never** doubt that you are perfectly designed to re-present the One Who sent you, to represent, and that while you may spend 23 hours a day complaining and only 1 hour a day being grateful, 1 hour, or even 1 minute, a day being kind and loving, you are **perfectly** designed to represent the One Who sent you, and your purpose is to broadcast the Love. And if we're willing, we **will** be guided and directed in each and every moment, and we cannot fail because Spirit cannot fail.

This is one of the things I see many, many Light Workers playing small, thinking that they can fail, playing small thinking that they don't have what it takes, and that was **me!** Oh, I so believed I didn't have what it took, that these things worked for other people but not for me.

And that's one of my favorite things to hear people give up. "Oh, I realized it can work even for **me**, that these practices can work **even** for me!"

And that's the Beauty of *A Course in Miracles*, that's the Beauty of practicing these Lessons, living these truths. It's not about reading the book. It's about embodying it, walking in this world as the living

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embodiment of Christ, even for a nanosecond, a moment here and there, that we could see someone standing at a bus stop and go from thinking, “Ugh! That person looks like a loser!” to “Oh! There’s my brother, and I Love him!”

### *Closing Prayer*

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I’d like to say, as the new year begins, thank you for all the Love and the donations and everything, all the wonderful support.

Let’s pray!

So grateful and thankful that our life is a life of Love. We share the benefits with all. We let it be. And so, it is. Amen. Amen. Amen.

I Love you! Mwah!