

**March 27, 2020**



# Accepting the Unacceptable



 *Jennifer Hadley*  
your daily shot of spiritual espresso

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*March 17, 2020*

# Accepting the Unacceptable

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley. Get ready to focus on your intent to be the Love, be the Peace, through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer      Bonjour! Bonjour! Bonjour! And as I say that, I can hear in the sound of my voice that it is a time of concerns. For us here, today is St. Patrick's Day and it's 2020, and the reality, we could say, of our human experience, that version of reality, the illusion, the intensity of density is getting more intensity and this is the time that we were born for, truly.

So, let's begin with a prayer and a blessing.

## *Opening Prayer*

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I place my hand on my heart. I invite you to do the same. I am so grateful and so thankful for the Infinite Love and the pure Intelligence that is our true identity. So grateful and thankful that our magnificence and our greatness is preinstalled and that it is available to each and every one of us. We are grateful and thankful to open ourselves to the unlimited, unprecedented flow of Divine Goodness. We are grateful.

Truly, truly grateful, grateful to know and to recognize that there is Wisdom, there is Freedom, there is Purity, there is Wholeness. Each of these spiritual qualities are omnipresent, omni active, always available and we're choosing them now and all spiritual qualities. Wholeness is our very essence and nature, as God's Nature is to be complete and whole. We are the microcosm and we are grateful that it is our nature to bring forth evidence of Wholeness, expressions of Wholeness. We are grateful and thankful to open ourselves to this awareness fully and completely, right now, and to relinquish any sense of unworthiness.

We are grateful to share the benefits of our healing and our expansion with everyone, because we're One with them. In gratitude, we let it be. And so, it is. Amen. Amen. Amen.

# *A Course in Miracles Weekly Podcast*

## with Jennifer Hadley

### *Spiritual Resources*

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Our topic today is “Accepting the Unacceptable”.

I recognize that we have a library of recordings in this [podcast](#), 440 recordings, something like that at this point. I’ve been doing this for -- good gosh, almighty! -- almost 9 years. No, 10? 9 years, yeah! So that’s quite a bit of time. [laughs] Wow! I hadn’t really thought about that before. That’s quite a bit of time!

Who knows when this will be listened to in the future and how things will look from that vantage point, so I’m pretty much going to stay on topic today, though it’s tempting to comment on things related to the Coronavirus. I will weave in things.

I am reminding everyone that I write daily inspiration. I call it “[My Daily Shot of Spiritual Espresso](#)” and I [record a prayer every day](#). You can get the podcast of the prayers or you can just listen to the prayers at my website where “[My Daily Shot of Spiritual Espresso](#)”, my blog, is published every day. You can subscribe to it.

So, in times of challenge and difficulty, what seems like trouble, it’s good to have resources to fall back on, so this is a free service that I’ve been doing for about a dozen years and it’s there for you if you’d like to subscribe to it. [JenniferHadley.com/blog](http://JenniferHadley.com/blog), I believe is the URL.

[Text messages](#), we’re going to have text messages again very soon. You can sign up for those inspiration from me personally, my thoughts of inspiration, and inspiration from *A Course in Miracles*. It could be very helpful to you at this time. I’m just going to ask that you make a maybe monthly donation of a few dollars to cover our costs, because it’s fairly costly.

### *Accept Only That Which Is True*

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Alright! “Accepting the Unacceptable”. There are two aspects to this. One is what’s unacceptable to Spirit and what is unacceptable to ego, because they are in opposition. They are not the same. [laughs]

What is unacceptable to the ego is God’s unfailing Love, God’s Perfection, our perfection because we’re part of God. *A Course in Miracles* is very clear we’re a **part** of God and God could not be God without us, so we’re part of

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God and God is perfect, so **our** very nature and essence is perfect. That is unacceptable to the ego! Absolutely **unacceptable!**

So, on a spiritual level, we can **really** make advancement by accepting what is unacceptable to the ego. The most potent thing we can accept that's unacceptable to the ego is the Atonement. Right?

What is the Atonement? Accepting the Atonement means accepting that we're One with each other, that we're **not** separate, that we could **not** be separate, we never **have** been separate and we never **will** be separate. We are One with each other, now and forever. This is the truth of our being and so let us accept it, and we can simply say, "I accept the Atonement for myself. I am **willing** to accept that I am One with everyone. I am willing to accept that I am perfect, as my Creator is perfect."

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*The most potent thing we can accept that's unacceptable to the ego is the Atonement.*

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Let us accept these simple facts and truths. Let us be grateful for them -- grateful, grateful, grateful!

And what is acceptable to the ego -- that we're sinners, that we have shortcomings, that there's something wrong with us, that we're unworthy of love and unlovable -- all of these things that are completely acceptable to the ego thought system will not do for Spirit! They are **not** acceptable to Spirit.

This is so important for us to realize. Do **not** accept that which is false. Accept **only** that which is true.

So, that which is unacceptable depends upon your **perspective**. Are you looking at things from Spirit's perspective or ego perspective?

### *To Have, Give All to All*

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Now in this, one of the things that I was guided to, to share about, is there in Chapter 6, Section V, it's called *The Lessons of the Holy Spirit*, and I believe I've done episodes of the [podcast](#) on these things on these lessons.

I know the first one, for sure, which is,

*"To have, give all to all."* [T-6.V.A.5.]

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The second lesson of the Holy Spirit is,

*“To have peace, teach peace to learn it.”* [T-6.V. B.1]

And the third one is,

*“Be vigilant only for God and His Kingdom.”* [T-6.V. C.]

Let’s just start with the first lesson of the Holy Spirit which is,

*“To have, give all to all.”*

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*If you find yourself  
hoarding,  
you know you’re  
in alignment  
with ego.*

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So, what does that mean? It means if you’d like to **have** Love, **give** Love to all. If you’d like to **have** Peace, **give** Peace to all. If you’d like to **have** a sense of Freedom, liberate everyone from **your** prison in your mind. To have some experience and knowledge and awareness of something of value, **share** it, extend it. To **have** compassion, **give** compassion to all. To **be** a compassionate person, **give** compassion to all. To experience compassion **from** other people, **give** compassion to all. It’s a wonderful way that we can practice.

Now that, of course, is **totally** unacceptable to the ego because the ego’s a hoarder. If you find yourself hoarding, you know you’re in alignment with ego and not Spirit. So, it’s we don’t have to make any sacrifices, but we’re here to extend Love and compassion.

### Calling All Miracle Workers

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In fact, I’d like to just share some things that I shared about in my [“Daily Spiritual Espresso”](#) recently. In order to be truly helpful to others, I write this [“Daily Shot of Spiritual Espresso”](#) and if you’re on my e-mail list you may have gotten it on Sunday. I’m just going to read a bit here. I say,

“These interesting times are the ones that we came here for. I know that anyone who is reading this e-mail decided to incarnate at this particular time for the purpose of being able to be a beneficial presence at this time. Let us not shirk from our opportunity. Let’s dive in to holding the high watch of remembering the truth despite ALL appearances.

“Now is the time for spiritual students to commit to being TRULY helpful day in and day out. Spirit will guide us in the HOW of it if we’re willing to

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ALLOW ourselves to be led and guided. Let us step up and be of service to the Light.

“The best way that we can be of service is not to be afraid. How do we do that? We don't judge things, we accept them as they are.

“After all, why wouldn't we when we know that everything works together for good and there are no exceptions? Let us not start making exceptions and finding fault.

“Let us choose Love and answer the cries for Love with compassion.

“The more we practice, the more helpful we are.”

And here's a quote from *A Course in Miracles*,

*“The truly helpful are invulnerable because they are not protecting their egos and so nothing can hurt them.”* [T-4.VII.8]

“Let us be miracle-minded and miracle workers.”

And then, here's another quote from *A Course in Miracles* Principle #18,

*“A miracle is a service. It is the maximal service you can render to another. It is a way of loving your neighbor as yourself. You recognize your own and your neighbor's worth simultaneously.”*

“Look, I know it's challenging to not make the world real when the intensity of density is amping up. But it's for this time that we were born. This is the perfect time for us to REALLY go for it. This is the time of our liberation, and we have everything we need within us to accomplish it when we put the Higher Holy Spirit Self in charge.

“This is **precisely** why every day I write inspiration and record a prayer to go with it. You can join me in cultivating the willingness that raises us ALL up so we can be truly helpful in this world. Please share [my daily prayer](#) with anyone who would find it helpful. The prayers are also available in a [podcast](#).

Today's prayer is for “Rising Above the Battlefield.” Click to listen and pray with me. We shall overcome all forms of resistance to the Light.

We pray for the truth to be revealed in our hearts and in our minds and for Love to prevail on Earth as it is in Heaven. We are united!”

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*The best way  
that we can  
be of service  
is not to be  
afraid.*

---

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Yes! We are One and we are united with a holy purpose. Yes, yes, yes! I added a little bit there on the end. [laughs]

### *This is the Time We Were Born For*

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This, to me, is so important for us to be aware of right now, that this **is** the time that we were born for. I imagine us all in another dimension, and the opportunity to come and experience this now and to incarnate at this time was offered and we were the people jumping up and down, raising our hand going, “Ooh! Ooh! Pick me! Pick me! I’d like to go! Yes! Yes! Ooh, I want to be there when that happens! I want to be there when the virus strikes and people are so frightened and so worried! I definitely want to be there then, because I can be truly helpful! And oh, I’d so love that opportunity!”

This is the time that we **chose**, and there’s a reason why we chose it because it would test us and we wished to grow through the testing.

There’s a lot of talk of testing now and, for me, this is the best way to think of it, that this is a test of where we will put our focus and our attention. Will we hold the truth or will we accept the unacceptable ego thoughts?

This **is** our holy moment, this is our Divine Opportunity.

*“To have, give all to all.”*

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*This is our holy  
moment,  
this is our Divine  
Opportunity.*

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### *Extend Love & Compassion to All*

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So, let’s have compassion for everyone right now, even people that seem to be acting in ways that are strange and silly. We can have compassion **for** them but we don’t have to go **along** with them.

Yesterday I was flying back from Los Angeles. I flew out there last Wednesday and flew back yesterday, Monday. I went for a conference, and as I was going to the airport yesterday morning quite early, heading back to New Jersey, there was a woman who was also going to New Jersey on a different airline and I was just making conversation.

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Oftentimes I do not do that. I don't really like -- I'm an introvert, believe it or not [laughs] and so I tend to avoid that kind of interaction, but I know when I'm called to be helpful, and when times are challenging I feel it's good to just extend and give all to all, extend compassion, extend kindness, extend human connection.

I don't remember -- oh, now it's coming back to me. She wasn't sure what terminal her flight was from, and so somehow we started talking and she mentioned that she thought all this concern about the virus was silly, just silly, just, you know, no need for all of this, just silly.

I didn't have the same feeling about it. I don't feel concerned for my particular health, but I'm still being very cautious because I do not wish to be a transmitter. And I also know that the script is already written, and I also know that the more loving choices we make, the more the script opens up to more loving choices. So, I'm looking for the loving choices in each and every moment.

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*The more  
loving choices  
we make,  
the more the  
script opens  
up to more  
loving choices.*

---

I didn't need to make her wrong, but I did wish to let her know that there was some real concern that people had, and I thought, "Well, she's perhaps not watching the news, or she's watching news that is not accurate," which because there's a lot of that these days.

I remember talking with her, and extending Love and compassion and gentleness, and in a kind way encouraging her to perhaps get informed so she's not unwittingly extending something other than Love and compassion.

I'm being very careful in my words, because I absolutely do know that the script is already written. I don't **worry** about accidental death or anything like that.

### *The Script is Written*

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I was sharing the other day with a friend that years ago I had a friend who had been interviewed for a movie, a documentary, about near-death experiences of a particular kind. I'm sorry, I don't remember the movie at all and I never saw it. But my friend had been in a car accident that was in a very public area. It was in front of the Veteran's building in Los Angeles,

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which is one of the busiest corners in Los Angeles, and there's a hundred cameras, she said, recording the activity on that corner from all angles because it's near a bunch of important public buildings like the Veteran's Administration, and there's a big post office there, and government offices and things like that.

She was driving there when her car was hit, and her car was demolished. It literally burst into flames, exploded. Her car exploded. She was in a little sports car, completely totaled from the explosion.

Now, she was in the car when it exploded. However, she found herself on the street corner and she was not -- she did not **leave** the car, yet somehow she was transported to the corner, the curb. She did not **leave** the car, yet somehow she was transported to the curb and, with a hundred videos, they looked at the video, they saw she did not **exit** the car. She **appeared** on the corner.

To me, that's further evidence that no one can die before their time, that there's actually no such thing as an accidental death. There's no such thing as an accidental death. That is my understanding of how this reality works, so I don't **fear** accidental death because I don't believe it's a thing. Even though it sure looks like it, I don't believe it's a thing. There are many things in this world that could convince you of one thing or another, but that doesn't make them **true**.

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*I do not wish  
to accept the  
unacceptable.  
Let me keep my  
mind stayed  
on Thee.*

---

I do believe the script is already written and it has multi-levels, and we can move from a lower level to a higher level and we do through our loving choices. I've talked about this many times in this broadcast, so I'm going to leave it at that for now.

So, this is one of the reasons why I don't **fear** the pandemic. I choose not to be afraid. Although I recognize that when I'm irritated or frustrated in any way, shape, or form, that is a **sign** that I'm afraid, and that from a spiritual perspective I am **accepting** the unacceptable -- I'm accepting my opinions, my judgments, my beliefs, and that is a challenge to me. It's a challenge to my mental state, and I can change my mind if I **wish** to, and I **do** wish to. Yes! I do not wish to accept the unacceptable." Let me keep my mind stayed on Thee" and one of the best ways to do that is to focus on this principle,

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*“To have, give all to all.”*

Because if I’m extending Love and compassion, if I’m seeing things rightly for my neighbors as well as myself, then I am lining up with the consciousness of all good and I am **not** accepting the ego’s premises.

Whew! Well, I’m going to pause here, because it’s time for me to take a break. I’m Jennifer Hadley. You’re listening to *A Course in Miracles* on Unity Online Radio. We’re living the Love, we’re walking the talk, and I’ll be right back!

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*.

### *A Time for Extra Kindness*

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And we’re back!

It occurred to me on the break that I’ll share just a couple of things related to my experience of traveling to the West Coast and back, that when I went out on Wednesday last week, the plane was probably about 30% full and when I came back yesterday, I would say it was about 5% full, pretty empty. And in both airports -- LAX, one of the world’s biggest airports, Newark Airport, another huge airport, the mood was calm. I didn’t see a lot of masks. I saw some. I didn’t see a lot of gloves. I saw some. I do see that people are cautious and washing their hands. I’ve never washed my hands so much. [laughs] Washing hands, moisturizer. Washing hands, moisturizer.

On the plane yesterday, the staff gave us meals from First Class. They served -- they said, “We’ve got them, so we’re sharing them because we have enough for everybody.” I will say it didn’t speak well of the food in First Class [laughs], but anyway -- I mean, just because it was -- I got the French toast and it really wasn’t very good. But anyway, the fruit was good and that was nice. They were so nice and so peaceful coming and going, the staff on the planes, and that was nice.

And yesterday morning when I checked in my baggage, the gentleman there was very helpful and nice, and I just looked at him and I said, “Thank you for being here!” and I could tell it really touched him. He said, “Well, thank you for saying that!” Because for sure, if the staff wasn’t showing up then I couldn’t travel, and I did wish to return home. And so, now is the time for extra courtesy and being peaceful and harmonious.

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I always -- one of the things I like about traveling -- though I don't really like to travel, I'm totally over it and I would rather stay in one place, but I feel guided to go to places and I go where I'm guided, because if you pray for guidance and then you don't follow it, that's a kind of crazy I don't want to be a part of anymore. I did that for years, and now I pray for guidance and I do my best to follow it. And not that I'm perfect at following it, I aspire to be -- but when one of the things I do actually really enjoy about traveling is being able to be kind and generous and thoughtful with people I may never see again, one-time option. So, I like to tip the maids in the hotels, I like to tip all the drivers and the people who help along the way. I like to give them tips and be generous.

At home, left to my own devices, I prefer to stay in. Like I said, I'm an introvert and cook my own food and just be more quiet, but when I do go out I like to tip generously and to appreciate the people I meet.

This is a time for extra kindness and cordiality, because you never know what people are going through. People can really hide it and mask it. So, this is the time we were born for, to be of service and to be truly helpful and Spirit will always guide us to **how** we can be truly helpful. Our willingness is **all** that's required.

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*Spirit will  
always guide us  
to how we can  
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required.*

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### *Spirit Will Protect Us*

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Sometimes when times are very challenging, it can be that we accept the unacceptable in terms of we collapse under the weight of it. Right? So, people are hoarding things. When we hoard things, we're broadcasting to the world, "I'm anticipating there will not be enough. I need to protect myself and my family because God **will not** do it. I cannot place my trust and faith in God. I must make a way for myself. Spirit does not fully support me, so I have to hoard."

And the case that's been made by people, I'm grateful that people are making the case, if people are hoarding things that other people really need -- you know, like someone who's not immunocompromised, doesn't have respiratory challenges, is hoarding sanitizer and people who really need it can't get it -- that that's not going to protect you. You see? Because your **thoughts** are what make you invulnerable.

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Those who serve are invulnerable. This is the teaching of *A Course in Miracles*. Those who extend Love and compassion, **they** are the ones who are invulnerable. **They** are the ones. *A Course in Miracles* says,

*“The truly helpful are invulnerable because they are not protecting their egos and so nothing can hurt them.”*

If we're hoarding, we're accepting the unacceptable. We're accepting the unacceptable that Spirit will not protect us, that we are not loved.

So, let us not do that. This is a time for trust and faith. Now, trust and faith is different than fantasy or wishful thinking. Those are different things than trust and faith, but we can trust that we are divinely guided, guarded and protected, and I do. I do! I know that everything works together for good and there are no exceptions. Let me make no exceptions today, now, in this instance.

It's tempting when there is a sense of scarcity and lack and fear to buy into it. Right? That's the **real** virus, fear. But those who are truly helpful are invulnerable. If you'd like to **know** it, practice it.

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*Those who  
are truly  
helpful are  
invulnerable.*

*If you'd like to  
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### God's Peace is Already Ours

Let's go back to the lessons of the Holy Spirit, Chapter 6, Section V, first one,  
*“To have, give all to all.”*

We've got that covered. Second one,

*“To have peace, teach peace to learn it.”*

Teach peace to learn it. If you'd like to **have** the Peace of God, then fundamentally there's a recognition that can be helpful here. If you **don't** feel you have the Peace of God, it's because you're blocking it in your awareness. It's **already** been given to us. *A Course in Miracles* says, “Ask and it is given because it's **already** been given.” It's **already** been given. It's already been given. Yes!

The Peace of God is **already** ours, but we're rejecting it by accepting the unacceptable that God doesn't Love us, we're not good enough and we're unworthy.

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To me, it's so helpful to really shine a light on the falsehood that Peace is something we **get**. Because if we think that Peace is something that we get, then what we're doing is, we're affirming that we don't already have it, that it's not ours, and then how do we get it? Do we have to earn it? Is **that** how we get it? Is God withholding the Peace from us because we're bad?

You see, it brings all these thoughts into our consciousness, all these thoughts of separation. "I'm separate from the Peace because I don't deserve it. Something's wrong with me. I'm not good enough," something happening in our awareness that is blocking the experience of Peace.

The Peace of God is already ours. The Love of God is already ours. This is one of the core principles that I teach in [Finding Freedom](#) and in [Masterful Living](#), that these spiritual qualities -- Love, Joy, Freedom, Peace, Harmony, Abundance, Prosperity, Beauty, Wisdom, Clarity, Purity -- all of these spiritual qualities and more are our true identity. They are aspects of our very essence and nature, and so if we're **not** experiencing them we're blocking them with our beliefs.

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*If we think  
that Peace is  
something  
that we get,  
then what we're  
doing is,  
we're affirming  
that we don't  
already have it.*

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### *The Truth is Perfection & Wholeness*

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That's why all we really have to do, and this is core to *A Course in Miracles*, is be **willing** to relinquish our attachment to what we believe. Remember always, what we believe isn't true, because we don't **believe** the truth, we **know** the truth. So, if you hear yourself say, "Well, I **believe** --" that right there is a -- ding, ding, ding, ding, ding! -- an alarm bell going off in your consciousness saying, "Wait a minute! I just said, 'I believe'. Do I want to keep that, whatever comes after that? Or, would I rather **know** the truth? Let me relinquish all the beliefs."

The beliefs that we have **are** the evidence of us accepting the unacceptable, because, when we **know** the truth we **know** it. We **know** it, and underneath our unbelief of the truth, still, is there the awareness of the truth in our mind.

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So, “we can’t add one cubit to our stature.” [Matthew 6:27] We already **have** and **are** the perfect Love of God. Our job is to **recognize** it, and the best tool we have for that is to see it in our brothers and sisters, to see **their** perfection and **their** holiness.

Some people lack compassion, they lack empathy, they lack the ability to care about others, and so that’s **their** learning. “What is life like when I have no empathy and compassion for others?” That’s a learning for them. It’s not an easy learning. I would not wish to be learning that. No! No, I wouldn’t! That does not seem like fun.

So when you see someone, whether it’s on television or in the news or in your family or your workplace, who seems to lack compassion and empathy -- even if it’s you, my friend, in that moment you lack compassion for someone who’s going through a difficult time -- anybody who’s being mean or uncaring to others is going through a difficult time. They’ve lost the thing that makes them **whole** in their experience. They’ll always be whole in truth, but in their experience there’s a block to Love. Extending compassion,

*“To have, give all to all.”*

*“To have peace, teach peace to learn it.”*

If you see people arguing, it’s not that you get involved. Right? But you **can** just pray for them. You can bless them. So, let’s bless everyone who’s having a hard time right now. Let’s bless all the people who work in the financial markets and the hospitals, in the government, all the people who work in the restaurants, all the people who work in the gyms. Right?

My gym is closed. I was planning to go there this morning, before the broadcast. Nope, that’s not happening! Gym is closed here in New Jersey. And I’d like to go visit my family. They got a new puppy over the weekend. But I’m going to wait until I feel that it’s clear I’m not carrying anything from my trip. Right?

So, let’s just extend Love and compassion to everyone. Let’s be mindful of everything and everyone.

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*We already have  
and are  
the perfect  
Love of God.  
Our job is to  
recognize it.*

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# A Course in Miracles Weekly Podcast

## with Jennifer Hadley

### Today is the Day

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Here's another way for us to look at this, because you might be thinking, "Ugh! This is such a burden! It's such a burden!" Let's turn that around. Okay? So, if you're thinking, "Oh, this time is such a burden!" you're accepting the unacceptable.

"Everything works together for good and there are no exceptions, except in the opinion of the ego." [T-4.V.1] Let's not make **any** exceptions.

"So, if everything works together for good and I can't go to work, I can't earn any money, I can't pay my bills, I can't -- somehow, some way, this is for **good** for me. It **has** to be! There are **no** exceptions. I will not start making them in times of trouble. Okay? Now is the time for me to dig in and be **more** committed than ever!"

This is the time for us to be **more** committed than we've ever, **ever** been at working at the level of the mind. "Seek not to change the world, but to change your mind about the world." [T-21.in.1.]

**Today** is the day for **you** to practice. Today is the day for **me** to practice. **We** have practice time!

How can you be of service? Those who are truly helpful are **invulnerable**,

*"The truly helpful are invulnerable because they are not protecting their egos and so nothing can hurt them."*

---

*Those who  
are truly  
helpful are  
invulnerable.*

---

Now sometimes people, their ego is propelling them to be of service. They're doing it to **get** recognition, they're being of service to **feel** good. Let's not do that, because that **is** protecting the ego.

*"The truly helpful are invulnerable because they are not protecting their egos and so nothing can hurt them."*

I was thinking this morning that if I were in a different situation with work and I couldn't work because my place of business -- like, I'm thinking of the personal trainers in the gym. I don't have a personal trainer, but I know personal trainers, and people who -- [laughs] you know what flashed into my mind this morning -- it's so funny! -- of the people who'd be unemployed? Erotic dancers would be unemployed. Right? I was thinking of the Chippendales guys and people, just going through restaurants and places of business and blessing people and that came into my mind.

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So, let's say that I was doing something like that, that's my profession, what could I do **now**? Well, you know what I could do is, I could let everybody in my area know that "I'm willing to go to the store for you. I will run your errands for you, and I'll work for tips," something like that, and I'd figure out how to do that. I would! "I'll walk your dog for you. I'll become a dog-walker."

You know, there may be people in this time that would be afraid to walk their dogs. I have a friend who's shut-in. She's over 65 and she can't -- she doesn't have the Coronavirus, but she's ill. She has got some kind of a cold or something and she is just quarantining herself. She can't get a test. She's in New York City, she can't get a test, so she's kind of stuck in that sense.

So, I called her yesterday. I've been checking in on her every day and I called her yesterday, and she said she was feeling a little worse, that she's made a bunch of calls, there's no way for her to get a test. She doesn't have a fever so she doesn't have symptoms that warrant getting a test. There aren't enough tests for everybody in the New York area because the outbreak is so big there.

I said to her -- because she doesn't have family to take care of her and things like that, and she's older and she's got a little dog and she's in the New York City -- I said, "Just know that if you needed me to, I would come and get you. I would bring you here and I would take care of you. I would! I would happily do that for you, so you don't have to worry about that." And she said, "You know, that **really** means a lot to me, because I've really been thinking about what could I do, what are my resources?" She doesn't have money, she doesn't have these things.

### *Now is the Time*

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And there are a lot of people in situations like that, so if you have time and energy to be truly helpful, one thing you can do if you -- you know, maybe you feel you're compromised, you can call people. You can call everyone you know and just methodically start calling everybody, find out who's worried and who's afraid, and start checking in on them every day.

I have a friend in L.A. whose husband came down with a very bad case of the flu, was home. They have two little boys. They didn't want to have anybody come over to help them because he had the flu so bad, and then he just really took a turn for the worst, and so my friend took him, his

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husband, to the hospital and had to basically just drop him off because they've got two little boys and they can't get anybody else in to help care, because they don't want to transmit that flu.

The husband was tested for Coronavirus. They thought -- he doesn't have flu, he has pneumonia, and it turned out it took a couple days for the test to be processed, because here in the United States we don't have all that quick turnaround and things. We're not set up for that yet. It turned out he does have the Coronavirus, so once he got into -- he got through the worst of it probably at home and is on the mend, but he's quarantined in the hospital for two weeks now, even though he's getting better every day.

The family is in a small apartment -- two little boys, two toddlers, two boys under the age of five, and the father, he can't get anybody to help him. He's just home with the kids. They're going nuts because they can't leave the house, and no one can come in to help and no one can come in to play.

So, what can we do? I started thinking, "What can I do? I can't go be with my nephew right now. What can I do?" Well, I don't know, it just came into my mind, I'm going to get one of those things with the quarters. You can, you know, collect all 50 quarters and put them in a little map in a folder. You have 50 quarters from 50 states. I don't know, that came into my mind. What can I say? Things -- open your mind. You know? Because I'm thinking we could go through the house, you know, pull out everybody's quarters. It might occupy them for an hour, something we could do together.

This weekend we can all play games and stay in the house and watch movies and stuff like that. I've got a movie screen and we could set up the movie screen. We can cook food and we'll be fine. We'll be absolutely fine.

But there's a lot of people who might not have great times with their families and things like that. So, there's all kinds of stuff going on. Look outside yourself, and,

*"To have peace, teach peace to learn it."*

**Now is** the time! You **are** anointed. Don't wait for another time! Now is the time! Start calling people.

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### *Upcoming Online Retreat*

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I'm going to mention briefly, stay tuned to my newsletter and things that I'm doing. I'm going to be offering more in this time, and I am doing an online retreat, "[Recovery from Sexual Abuse](#)" the first weekend in April. How magnificent that God has got me doing an **online** retreat, my first ever? Details at [JenniferHadley.com](http://JenniferHadley.com).

### *Closing Prayer*

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Let's say a prayer here.

So grateful and thankful for the Infinite Love of God shining in our heart and in our mind.

We share the benefits of healing with everyone. We let it be. And so, it is. Amen. Amen. Amen.

I Love you! Mwah!