



Prayer for Today

with Jennifer Hadley

Prayer for Being Truly Helpful

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for being truly helpful. Let's give it all we have.

Yes.

We place our hand upon our heart, take that breath of Love and gratitude, and we are grateful and thankful that we can live a life that is truly helpful.

A life of Love. A life of peace and harmony. A life of demonstrating the power of Love within us. A life of being grateful. A life of being compassionate. A life of being kind and patient. A life of being generous from our heart.

Every bit of effort that we put into letting go of the past — letting go of grievances, grudges, doubts, and complaints — brings benefit to everyone everywhere. It is the most truly helpful thing we can do.

And so we're dedicating ourselves to that. We're dedicating ourselves to being truly helpful.

We are grateful and thankful to open our mind to the infinite possibilities, the ways that we could be truly helpful to our ancestors, to those that come after us.

We are grateful to be truly helpful to every being on the Earth by being loving, compassionate, patient this day and every day.

We're grateful to open our hearts and minds to the truth about ourselves and everyone else.

Oh, so many ways we can be truly helpful.

We're letting go of our attachments to the false beliefs, and this is an extraordinary gift that we give to all humanity. It is powerful. It is life-changing.

We have everything we need, and we are going for it.

So grateful to let the past go. So grateful to anchor ourselves in the power of Love. So grateful that God is for us and never against us.





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We have mighty companions walking with us, talking with us every single day, and we share the benefits of our rising up with everyone everywhere because we are eternally united in the oneness of all life.

And we give thanks for that.

We let it be.

And so it is.

Amen. Amen. Amen.

Oh my gosh, the last few days of the year, and I am excited — very excited — about all the good that's flowing in our life, in our heart, in our mind. It's good. So grateful.

Yes, well what is going on is Saturday, January 3, I'm doing an epic four-hour workshop, and I am so grateful. We are going to anchor into the new year. I'm calling it Fresh Start: New Year, New Vision.

And then we are opening ourselves to really not just talking about it, but living it, and so I'm doing a three-part class the first three Mondays in January, and that is A Life Led by Love. That's what we're doing. That's what's happening in 2026.

And then in a couple weeks into January, this Saturday, January 17, it's my Deep Dive Workshop, and this month topic in January is holding ourselves accountable with self-love — accountability with self-love.

So critical, such a turning point. Oh my goodness.

So I'm doing everything I can — lots of free Forgiveness Workshops in January — doing everything I can to support people in kicking off this nine-year cycle, laying the groundwork for the past nine years, healing nine years, expansive nine years of our life.

I'm so excited for us. I truly am.

And join me. Masterful Living starts a little bit later in January, and all these things I just told you about are bonuses if you're already registered for Masterful Living, so check it out.

All the details at powerofloveministry.net.

I love you. Have an amazing, powerful, beautiful day being truly helpful.



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