



# Prayer for Today

*with Jennifer Hadley*

## Prayer for Dropping the Judgment

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for dropping the judgment - releasing the judgment, the attack thoughts - just dropping them. Drop them like they're hot.



We place our hand upon our heart, and we are truly grateful and thankful to open ourselves to the insight, the wisdom, and the clarity that has always been ours.

We are willing to open our mind to an awareness of the truth, and therefore we no longer need these judgments. So we're relinquishing our attachments to the judgments.

We're dropping the judgments. We're not interested in judging and complaining and attacking anymore.

So grateful to allow ourselves to be peaceful, to be harmonious, to extend Love and compassion, to be patient and to be kind, instead of judging, attacking, complaining.

So grateful and thankful that in our mind there is a river of Love and compassion, and we're dipping into it.

We are grateful to let the old habit of judging and complaining dissolve and resolve permanently back to the root cause, so we never experience it again.

We're releasing everything that blocks an awareness of the truth in our mind, and we're grateful that we can - grateful that we can open our mind to see what's real and true and valuable.

So grateful to be able to go the other way.

So grateful that no matter how intensely we've been judging, attacking, and complaining, we



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can still drop that judgment. We can still go the other way.

So we share the benefits of our path of healing with everyone everywhere because we are eternally one with them.

We allow it to be.

And so it is.

Amen. Amen. Amen.

Oh yes, still so happy for this new year, so happy to turn the page and to launch into this new nine-year cycle.

We're coming into a full moon tomorrow morning, and I'm just so excited for what's unfolding for us. I love welcoming in the new year, and I'm glad we get to do it together.

Thank you for being my prayer partner. Thank you for praying with me today.

And what's coming up tomorrow is my Fresh Start: New Year, New Vision workshop - a four-hour workshop, so we can accomplish a lot and really set the tone for the next nine years.

And then to follow that up and to follow through with what we get from the workshop, a three-part class beginning Monday called A Life Led by Love. And that's what we're gonna focus on, is how do we implement this life led by Love.

And then January 17, I think it is, my Deep Dive Workshop on a Saturday is accountability with self-love, so to anchor everything - that's what the accountability is for.

And all of these are bonuses if you're already enrolled in Masterful Living for this year, and I hope you are. And if not, now is the time, before the workshop tomorrow.

I love you.

Have a powerful day, dropping the judgment, letting it fall away.



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