



Prayer for Today

with Jennifer Hadley

Prayer for Letting the Hurt Go Forever

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for letting go of the hurt forever.

So take that breath of Love and gratitude, and be so, so grateful that we can let go of the hurt forever - that it's possible. We just have to be willing, and right now we're so, so willing to let go, finally, of the hurt.

We are no longer interested in dragging the past with us.

We are grateful to surrender all attachments to the past, all attachments to the grief, all attachments to the pain and the sorrow and the sadness.

We're shifting our vibration higher. We're moving into gratitude with our hand on our heart.

We are grateful and thankful to open ourselves to healing - healing and transformation. That's what we're about.

We're letting go of the sadness, the pain, the hurt forever.

We are grateful that this is the choice that we are making now. We are grateful that we are allowing ourselves to rise above the battlefield, live above the battlefield, and experience true freedom, true wholeness.

The magnificence of God's infinite Love is the story of our life, and we are grateful to let go of any other sad hurt story that we have been holding onto.

We are releasing it here and now, setting ourselves free from the hurts of the past. They're over. We don't have to drag them with us anymore.





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We're surrendering here and now, and sharing the benefits with everyone everywhere because we are eternally one with them.

So grateful to allow this healing to fully be made manifest in our hearts, in our mind.

So grateful to accept the truth that we are already free.

So grateful to allow it to unfold.

We let it be.

And so it is.

Amen. Amen. Amen.

Yes, let go of that hurt. Oh my goodness, so good.

Thank you for praying with me today. I am grateful. Yes. I - yeah, you're the one. Thank you.

And what's going on?

Well today, tomorrow, and Sunday I have Forgiveness Workshops. Not kidding you - I'm going all in for the forgiveness. This is my guidance. I'm glad to do it. I love to do it. I - I hope you love to do it too.

Let's do it together, and remember to laugh together, and take out the trash together.

And then Sunday, I'm also doing Sundays with Spirit, so that'll be wonderful as well.

All the details for everything is at powerofloveministry.net.

Masterful Living registration is open. People are registering and preparing for the best year ever.

You can still jump into my three-part class A Life Led by Love - it's a bonus for Masterful Living, but anybody can sign up for it.

And then I have a workshop next Saturday the 17th - that's my Deep Dive Workshop that I do every month, and this one is about accountability with self-love. Super excited for that.



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I love doing these workshops. I feel so blessed. It's crazy.

And that, my friend, is what is going on.

Have a powerful, beautiful day, letting that hurt go forever.



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