



# Prayer for Today

*with Jennifer Hadley*

## Prayer for Allowing Our Healing

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for allowing our healing because we're all one.



My healing, your healing is our healing. It's the healing of everyone everywhere.

So we take a breath of Love and gratitude, and place our hand upon our heart, and wholeheartedly declare our willingness to allow our healing - to get out of the way of it, to allow it to unfold, to open our hearts to receive it, to open our minds to allow it.

We are grateful and thankful to give all the blocks to Love, all the blocks to healing to that Higher Holy Spirit Self.

We are no longer interested in trying to manage our healing. We're no longer interested in trying to figure it out or understand it.

We're simply willing to allow our healing.

Our healing at the level of the mind.

Our healing at the level of our emotions.

Our emotional life is healing. Our mental life is healing.

We're allowing it right now.

We're allowing our finances to heal. We're allowing our creativity to heal. We're allowing our relationships to heal.



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We're allowing every aspect of our life and being - our very body - to heal.

We are giving up complaining and regrets and shame and blame and anything that we've put focus on instead of our healing, instead of rising up.

We are grateful and thankful to claim our healing right here, right now.

And we share the benefits with everyone everywhere because we are eternally one with them.

We allow it to unfold with ease and with grace.

We let it be.

And so it most definitely is.

Amen. Amen. Amen.

Yes, it's a time for healing. Yes it is.

Thank you for being my prayer partner today. Thank you for praying with me.

What's going on?

Tomorrow: Valentine's Day. Happy Valentine's Day, almost.

And tomorrow I am offering a workshop, Healing with Self-Love, so come join me on Valentine's Day. Be my valentine. I'll be yours.

And yeah, it's part of my Deep Dive workshop series and a great way to change our mind about everything and anchor into self-love, which is so deeply healing.

I hope to see you there.

And Monday I have a free Forgiveness Workshop on Presidents' Day holiday.

I love you.



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