



Prayer for Today

with Jennifer Hadley

Prayer for Choosing Love and Freedom

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for choosing Love and freedom.

Yes, they go together.

Yes.

We place our hand upon our heart, and we are grateful and thankful that we are making this choice for Love and freedom.

Grateful to choose to be free in our mind, free in our heart, free of regret and resentment, free of any hurts, any worries, any fears and doubts.

We're choosing to be free of living in the past or living in a future fantasy.

We're choosing to be free of any kind of self-harm.

We are grateful to open our heart, open our mind to the Love that liberates us, to the Love that heals.

Yes, we're welcoming every opportunity to choose Love throughout our day.

Our practice is deepening. Our practice is healing. Our practice is liberating.





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And we are so, so grateful that we are cultivating a strong practice of going the other way, a strong practice of leaving the past behind and recognizing the patterns of pain, interrupting the patterns of pain, and not allowing ourselves to spiral downward.

We're grateful to lift ourselves up with Love and gratitude, and Love and freedom is what follows.

We're consciously sharing the benefits of our spiritual healing, our spiritual practices, and all the benefits of our life of Love with everyone everywhere because we are eternally one with them.

We're grateful for the unity of all life, and we allow our mind to rest in peace.

And so it is.

Amen. Amen.

Yes.

I had such a great time at the Forgiveness Workshop yesterday. I'm so glad that I get to do these.

I am doing two more coming up - Friday the 6th and then Sunday the 8th.

So all the details at powerofloveministry.net.

Also, I'm doing a Healing with Self-Love workshop in February on Valentine's Day, and I'm so grateful for your prayer partnership, your prayer fellowship.

And for Sundays with Spirit - so that is today. Sundays with Spirit. I'll be there.

I'll be sharing a message of expansion and peace and harmony, so please come and join us.

I love you.



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Have an amazing day choosing Love and freedom.



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