



Prayer for Today

with Jennifer Hadley

Prayer for Choosing Liberation

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for choosing liberation.

Oh my goodness - and don't forget to change the clocks.

Oh my goodness.

We are choosing liberation. No matter what it looks like in the world, in our hearts, we are choosing liberation.

So we place our hand upon our heart, and we open our mind to the fact that we are free.

We are always eternally free - free to choose Love, free to choose peace, free to choose wisdom and clarity and dynamic goodness.

We are free to choose to live in our true identity.

We are grateful and thankful that in our mind we are already perfect Love. We are already dynamic wisdom, intelligence.

So we are consciously choosing to liberate from misperception, from forgetting who we really are.

We are grateful to remember that our life is the life of God. Our mind is the Mind of God. Our heart is the Heart of God, always and forever.

We're remembering every minute of this day and every day that we are here to represent the One who sent us.

We are here only to be truly helpful. That is our purpose, and we remember our purpose.

Our purpose is not to hold a grudge or a grievance, and to cling to the pain, to the misperceptions and projections.





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Our purpose is to say yes to the fullness of Love.

Our purpose is to open our hearts to ourselves, as well as our brothers and sisters.

And we are fulfilling that purpose, sharing the benefits with everyone everywhere because we are eternally one.

In gratitude, we let it be.

And so it is.

Amen. Amen. Amen.

Thank you for praying with me today. Thank you for being my prayer partner.

I love and appreciate you. I really do. So grateful, and so grateful that we turn the blocks.

Today is Sundays with Spirit day, and that's free. You can always join if you haven't before - check it out. We offer music and inspiration to lift us high.

And what else is going on?

Upcoming - next Sunday, a week from today - my free Forgiveness Workshop. I haven't done one in a while, so I look forward to that.

And then the following weekend, on the equinox - Saturday the 21st - I'm offering a workshop on Letting Go of a Person, letting go of the attachment, craving, needing, wanting, aversion - whatever that attachment looks like.

That's my Deep Dive topic for March, and the workshop is on the equinox, March 21.

Have a beautiful, blessed day choosing liberation.



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