



Prayer for Today

with Jennifer Hadley

Prayer for Clear Heart, Clear Mind

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for a clear heart, a clear mind.



Yes, we're taking out the trash. We're taking out the clutter.

We are calling for a renewal - new season, new clearing, new renewal, new insight, new inspiration.

So we place our hand upon our heart, and we say yes to the clearing, yes to the renewal and restoration that we are calling forth.

We're allowing ourselves to experience it, to receive it, to recognize it.

So grateful and thankful that God is endlessly refreshing and renewing itself, ourselves, all of life in the Spirit.

So grateful for the shifting and the changing that brings that refreshment, that restoration.

We are grateful to claim a clear mind and a clear heart.

We are clear that it is our nature to Love and be Loved, so we are interested in being the perfect givers and receivers of Love that we are designed to be.



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So we don't have to get there - we're simply allowing ourselves to let go of anything that blocks the way of our clarity.

Clear heart. Clear mind. Clear purpose.

So grateful and thankful that it is clear that we are here only to be truly helpful.

And that we don't have to wonder what to say or what to do, because the One who sent us will direct us, does direct us.

And we're here to represent that One who sent us with clarity - clear heart, clear mind - clearly choosing Love and being Loved.

So sharing the benefits with everyone everywhere, we allow ourselves to fully be, to fully Love.

Yes.

We let it be. We let ourselves be.

We stop picking on ourselves, and we let ourselves be.

And so it is.

Amen and amen.

Oh, oh my goodness, yes.

And my cat just jumped on the chair with me, and I'm excited for this day.

Thank you for being my prayer partner. Thank you for praying with me.



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And we've had the equinox - we're in that equinox energy - and today I'm offering my Deep Dive Workshop, and the topic today is Letting Go of a Person.

So we're letting go of the attachments, of grievances, of grudges, the needing, wanting, craving.

We can keep the relationship, but we gotta let those attachments go so we can be happy and joyful and clear heart, clear mind.

So if that calls to you, if you're ready to be done with codependency and let go of the needing, wanting, craving - or maybe it's an aversion - come and join me.

I know that you will know if it's right for you, if you feel called.

So I'll be here. I'll be there.

Oh my goodness, thank you again, and I love you.

Have an amazing day - absolute clarity.



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