



Prayer for Today

with Jennifer Hadley

Prayer for Clearing the Criticism

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today's for clearing the criticism - clearing the criticism that circulates in our consciousness, that occupies our attention.



We are grateful to let go of the need to criticize and complain, to judge and attack.

Grateful to clear the criticism and have a spring clearing.

We are grateful to place our hand upon our heart, take a deep breath of gratitude - gratitude - and Love is where we place our focus because it lifts our vibration above the battlefield of complaining.

So grateful to consciously be willing to give up the need to criticize and complain.

So grateful to clear out that habit of constantly finding fault with people and things and situations, and making our life into a long list of disappointments and critiques that really don't help anyone.

We are grateful to substitute that habit of criticism and complaining with appreciation and recognition of the beauty that really is omnipresent, omniactive - that is the very nature of God: infinite Love, pure beauty, pure intelligence.



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We are grateful to acknowledge all the good there is in our life and to surrender the need to complain and criticize.

So grateful to give ourselves over to true happiness, real joy, freedom at the level of the mind.

We're sharing the benefits with everyone everywhere because we are eternally one.

In gratitude, we let it be.

And so it is.

Amen. Amen. Amen.

Oh yes, we are blessed. It is good.

Thank you for praying with me today and being willing to clear out the criticism - yeah, a negative habit if there ever was one.

Thank you.

And what's going on is Friday I am doing a Forgiveness Workshop. It's totally free. You're invited. Bring your friends, loved ones, and we'll do some deep clearing together.

It's wonderful.

I love you.

Have a powerful, beautiful day clearing out the criticism.



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