



Prayer for Today

with Jennifer Hadley

Prayer for Ending Self-Betrayal

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for ending self-betrayal.



Yes, any of the ways that we've betrayed ourselves in the past - we are willing to let go of those behaviors, those patterns, and the ideas that promote them.

We are grateful to place our hand upon our heart, open our heart, open our mind, take a breath of Love and gratitude, and rise up above that betrayal.

We're willing to forgive ourselves, release the self-judgment, the self-attack, and to know and to remember our wholeness, our perfection, our beauty - the magnificence that is our true identity.

So grateful to give away to the Holy Spirit for healing any need to betray ourselves, any need to repeat the patterns and the habits that are a self-betrayal.

We are rising up to remember our holiness blesses the world. Our holiness is real.

We are grateful to embrace what's real and let go of what's false.

We are grateful to surrender the need to repeat the same punishing behaviors and patterns.



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We are grateful to relinquish whatever the underlying causes are, whatever the belief systems are, whatever the habits are - we're surrendering it all right here and now.

Placing it on the altar - the holy altar of God's infinite Love.

And we are opening ourselves to a healing, a transformation that's unprecedented and unlimited.

We are opening ourselves to receive and to allow the transformation that we desire.

We are grateful to give up the punishing habits of self-betrayal.

So grateful to release the past here and now.

We're allowing the self-betrayal to end here and now.

We share the benefits with everyone everywhere because we are eternally one with them.

We are blessed, and we accept our blessings.

We let it be.

And so it is.

Amen. Amen. Amen.

Yeah, it's so good. Very, very good.

Thank you for making this prayer with me today - amplifying this prayer with me today.

So many people entrenched in self-betrayal - we are assisting ourselves and everyone else.



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Now is the time for us to rise and shine.

Thank you for being my prayer partner today. Thank you for your willingness.

Oh my goodness.

OK, what is going on?

I am doing a wonderful event with Miracles Network on Tuesday, and the details are in today's blog. They're on the website.

This is a time for us to cultivate that peaceful mind and to truly dive in deeper into *A Course in Miracles*. This is a very low-cost event. All are welcome.

Join me on Tuesday live - and it's a Miracle Café, for those in the know.

And then Sundays with Spirit - I'll be there for Easter.

And Easter Monday, two events: free Forgiveness Workshop in the morning, and then in the afternoon is the start of my Prayer Power class series.

Most of the classes are in the evening, but the first one is in the afternoon, so come and join me for that.

I love doing the Prayer Power classes.

And I love you.

Have a powerful day ending self-betrayal.



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