



Prayer for Today

with Jennifer Hadley

Prayer for Forgiving Self-Betrayal

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for forgiving our self-betrayal.



So we place our hand upon our heart, and we are grateful and thankful to turn the regret, the resentment, the judgment related to self-betrayal over to that Higher Holy Spirit Self.

We open ourselves to healing, to transformation, to all manner of renewal and restoration.

We are grateful to allow ourselves to be free of the past and be free of any and all condemnation.

We are grateful to give up punishing ourselves for self-betrayal.

We are grateful to open ourselves to a recognition of compassion, of kindness, of caring, of self-love.

We are grateful to allow the Love to flow in our heart, in our mind, and in our conversations.

We are grateful to recognize that we have learned from our choices, and we can Love ourselves free of all the limiting thoughts and judgments that we have attacked ourselves with.

We're rising up above the battlefield.



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We're letting the Holy Spirit into our consciousness to heal, to transform, and to allow that powerful letting go of the past.

We truly share the benefits with everyone everywhere because we are eternally one with them.

And we allow this healing to fully be made manifest.

And so it is.

Amen. Amen. Amen.

Yes.

Thank you so much for praying with me today. Thank you for being willing to forgive all self-betrayal - so powerful, so valuable, so important.

Yes, thank you. Ha ha ha ha ha ha.

And what's coming?

Today: Sundays with Spirit.

And then next week - Sundays with Spirit on Easter - I'll be there today and next Sunday also.

And next Monday, Easter Monday, two things going on:

- Free Forgiveness Workshop in the morning
- And then in the afternoon, I have the first of a four-part series, Prayer Power

Come and join me for any of these events. I hope to see you soon.



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And I love you.

Have a powerful healing day, letting go of self-betrayal.



Read my blog related to this prayer **HERE**

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