



Prayer for Today

with Jennifer Hadley

Prayer for Releasing the Grudge

Hello Beautiful,

This is Jennifer Hadley, and our prayer for today is for releasing the grudges.



We don't need them anymore.

So grateful, so thankful to place our hand upon our heart and to release that grudge - release all the grudges.

We're not interested in carrying those grudges one more minute.

We are ready to let them go and live without them.

We're not interested in investing our energy, our time, our attention, our money - no part of our vitality - in those old grudges.

We do not wish to study war no more.

We are grateful to set ourselves free and bring everybody along with us.

We're consciously turning over all attachments to any and all grudges, surrendering it to the Higher Holy Spirit Self.



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We're allowing ourselves to truly remember that we are born of an infinite Love. Infinite Love is our nature, it's our identity.

And so we're grateful to forget any other false identification, any attachments we've had to making others wrong, to punishing anyone anywhere for any reason at any time.

We are grateful to surrender holding onto the past, living in the past, recreating the past in our consciousness, in our mind.

We are letting go of the pictures of the past and anything related to any grudge, anywhere, anytime.

So grateful to let them all go - even past-life grudges we can't even recall, we're letting them go too.

We're setting ourselves free, sharing the benefits with everyone everywhere because we are eternally one with them.

We're allowing our freedom.

We let it be.

And so it is.

Amen. Amen. Amen.

Grudge-free living - that's what we're interested in.

Yes.



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Thank you for praying with me. Thank you for being my prayer partner. Appreciate you.

And what's coming up?

I am moving the Letting Go of a Person Deep Dive Workshop one week to the equinox. I realized this is gonna be a much better energy for us, so we're gonna do it on Saturday, March 21.

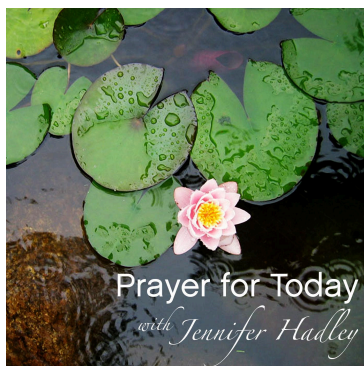
On Sunday, March 15, I have a free Forgiveness Workshop.

So those are the things that are coming up. I hope you'll join me, and I get to see you soon.

That would be lovely.

Have a powerful day releasing all the grudges. Let them fall away.

Love you.



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