



Prayer for Today

with Jennifer Hadley

Prayer for Being Patient & Peaceful

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for being patient and peaceful, yes - like our true nature. We're going to live from our true nature.



So grateful to place my hand upon my heart and to choose patience, to choose the peace of God. The peace of God is ours today and every day.

We're opening our awareness to let go of, release anything that disturbs our peace. We're willing to practice a deep patience and a deep kindness.

We are cultivating that willingness to stay so present to the presence of love within us that is always seeking to extend, to share, to express, and to be.

So we're interested in being the love, being the peace, being the patience, being the kindness - being it with our whole heart.

Not because we're denying any other feelings or thoughts, not because we're doing it to impress anyone or to be super spiritual or anything like that - we're simply interested in expressing our true identity, our true nature, because that's the sweet spot, because that's what feels the best.

So we don't have to deny any feelings of irritability or our flashes of unkindness. We don't have to withhold all of that.

We are simply placing our attention on what's real, what's everlasting, what's true.

So grateful that our true identity is peace and loving-kindness, and nothing that we have ever experienced to the contrary is our true identity.



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We are love itself. We're extending the love, sharing the love, and that's being peaceful and kind.

So grateful that we have everything within us. The kingdom is within us, so we're extending and sharing that kingdom with everyone everywhere because we're one with them.

So grateful to share the blessings, so grateful to be the peace.

In gratitude, we allow it to unfold with ease and with grace. We let it be.

And so it is.

Amen, amen, amen.

Thank you, thank you for praying with me today. I am so grateful for our ever-increasing willingness to be the peace, yes.

OK, what's going on today - Sundays with Spirit. Please come join me. Ted Swartz - we're going to offer inspiration in the form of speaking and music.

Then on Thursday is the beginning of the free eight classes for the Living A Course in Miracles series, and I'm excited for that. It's a wonderful topic.

So it's Living A Course in Miracles, and we're going to focus on cultivating a peaceful mind in these distressing times. So much going on, so much agitation. People are really feeling worried and afraid. It's all understandable.

So it's so important that we are being the peace that we'd like to see in the world.

So if that interests you, these classes - all eight of them - are totally free, so I'm inviting you to come and join us.

And again, that starts on Thursday, April 30, so all the details are at powerofloveministry.net.

I love you. Have a powerful day of being peaceful, yes.



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